



**Blackheath  
& Bromley**

# **Blackheath & Bromley Harriers AC**

## **SUMMER OPEN GRADED MEETING – NORMAN PARK**

**Monday 15<sup>th</sup> August – First event at 7.15 pm**

This open meeting is hosted by Blackheath and Bromley Harriers AC and will be held at Norman Park, Bromley. **ELECTRONIC** timing will be used. **EDM** for long throws.

7.15	75m	Under 13	7.15	Long Jump	All ages
7.30	100m	All ages	7.15	Discus	U13/U15
8.00	400m*	All ages	7.15	Shot	U17/U20/Sen
8.15	800m	All ages	8.15	Discus	U17/U20/Sen
8.40	200m	All ages	8.15	Shot	U13/U15
9.00	1 Mile	All ages			

**The timing of events is subject to change, depending on the number of entries.**

**ADVANCE ENTRIES** (inc. payment) to:

**Mark Purser 14 Purley Park Road, Purley, Surrey, CR8 2BS**  
**mob: 07932 111912 email: bbhopen@gmail.com**

**ENTRY FEE:** £4.00 per event (in advance)  
£6.00 Track / £4 Field (entries on the day)  
Cheques payable to: **Blackheath & Bromley Harriers AC.** (no cash in post)

**CLOSING DATE:** The last date for postal entries is: **Friday 12<sup>th</sup> August**  
Entries on the day will close 30 mins before event time for track events to allow for seeding

Further details can be found at <http://www.bandbhac.org.uk/> and  
<http://www.nptm.co.uk/> or contact Ken Daniel 020 8462 5134



**ENTRY FORM** for Blackheath & Bromley Harriers Open meeting 15<sup>th</sup> August 2016

FIRST NAME \_\_\_\_\_ SURNAME \_\_\_\_\_

AGE GROUP \_\_\_\_\_ M / F CLUB \_\_\_\_\_

EVENTS (Include seasons best) \_\_\_\_\_

TEL \_\_\_\_\_ Email \_\_\_\_\_

AMOUNT ENCLOSED \_\_\_\_\_

Check website for details