## http://www.bandbhac.org.uk/



## Blackheath & Bromley Harriers AC SUMMER OPEN GRADED MEETING – NORMAN PARK

Monday 11<sup>th</sup> July – First event at 6.30 pm

This open meeting is hosted by Blackheath and Bromley Harriers AC and will be held at Norman Park, Bromley. **ELECTRONIC** timing will be used. **EDM** for long throws.

7.15	150m/200m	All ages	6.30	Pole Vault	Under 2.50m start
7.45	800m	All ages	7.15	Javelin	All ages
8.15	100m	All ages	7.45	Triple Jump*	All ages
8.45	400m*	All ages	7.30	Pole Vault	Over 2.50m start
9.00	1500m	All ages			

<sup>\*</sup> No U13 athletes

The timing of events is subject to change, depending on the number of entries.

**ADVANCE ENTRIES** (inc. payment) to:

Mark Purser 14 Purley Park Road, Purley, Surrey, CR8 2BS mob: 07932 111912 email: bbhopen@gmail.com

**ENTRY FEE:** £4.00 per event (in advance)

£6.00 Track / £4 Field (entries on the day)

Cheques payable to: Blackheath & Bromley Harriers AC. (no cash in post)

CLOSING DATE: The last date for postal entries is: Friday 8<sup>th</sup> July

Entries on the day will close 30 mins before event time for track events to allow for seeding

Further details can be found at <a href="http://www.bandbhac.org.uk/">http://www.nptm.co.uk/</a> or contact Ken Daniel 020 8462 5134

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	ENTRY FORM for Blackheath & l	Bromley H	arriers Open mee	eting 11 <sup>th</sup> July 2016	
	FIRST NAME		SURNAME		
	AGE GROUP	M/F	CLUB		
	EVENTS (Include seasons best)				
	TEL		Email		
	AMOUNT ENCLOSED				

Check website for details

http://www.bandbhac.org.uk/