http://www.bandbhac.org.uk/



Blackheath & Bromley Harriers AC

SUMMER OPEN GRADED MEETING – NORMAN PARK

Monday 18th May – First event at 7.15 pm

This open meeting is hosted by Blackheath and Bromley Harriers AC and will be held at Norman Park, Bromley. **ELECTRONIC** timing will be used. **EDM** for long throws.

| Monday 18 th May | | | | | | |
|-----------------------------|-----------------|----------|------|------------|-------------|--|
| 7.15 | 100m (R1) | All ages | 7.15 | Shot | U17/U20/Sen | |
| 7.55 | 800m | All ages | 7.15 | Pole Vault | All ages | |
| 8.15 | 100m (R2) | All ages | 7.15 | Discus | U13/U15 | |
| 8.45 | 400m (no U13's) | All ages | 8.15 | Shot | U13/U15 | |
| 9.00 | 1500m | All ages | 8.15 | Discus | U17/U20/Sen | |

The timing of events is subject to change, depending on the number of entries.

ADVANCE ENTRIES (inc. payment) to:
Mark Purser 14 Purley Park Road, Purley, Surrey, CR8 2BS
mob: 07932 111912 email: bbhopen@gmail.com

ENTRY FEE: £4.00 per event (in advance)

£6.00 Track / £4 Field (entries on the day)

Cheques payable to: Blackheath & Bromley Harriers AC. (no cash in post)

CLOSING DATE: The last date for postal entries is: **Friday 15th May 2015** Entries on the day will close 30 mins before event time for track events to allow for seeding

Further details can be found at http://www.nptm.co.uk/ or contact Ken Daniel 020 8462 5134

| ENTRY FORM for Blackheath & l | Bromley Ηε | urriers Open mee | eting 18 th May 2015 |
|-------------------------------|------------|------------------|---------------------------------|
| FIRST NAME | | SURNAME | |
| AGE GROUP | M/F | CLUB | |
| EVENTS (Include seasons best) | | | |
| TEL | | Email | |
| AMOUNT ENCLOSED | | | |