

Blackheath & Bromley Courier

December 2019.

President 2019-20. Julian Golding.

Editor. Pat Calnan (p.calnan@btinternet.com)



Another month, another World Championship medal, and it's gold.

Hollie Arnold wins the F46 Javelin at the World Para Championships in Doha with a Championship, European and British record of 44.73. This is her 4th consecutive World title.

Dina's had a busy month. She is 2019 Sunday Times Sportswoman of the year; and Sports Journalists Association British Sports Awards Sportswoman of the year, both for the second year in a row. She has also reopened Norman Park track and started the Bromley Primary Schools Cross Country races which means standing in a field and having hundreds of youngsters run towards you. She's also done some training.





And at the SJA Sports Awards, John Blackie receives The President's Award from Patrick Collins and gets interviewed by Jim Rosenthal, while Adam is the British Athletics Writers Association's Male Athlete of The Year.

And then there was the Club Dinner, a memorable occasion at the House Of Commons. We are indebted to Chris Haines for all his work in making this happen. He was ably assisted by David Appleton.



At the end of the month plans for a redeveloped community multi-sports facility at Norman Park were approved. It is unlikely that construction will begin before the end of the 2020 track and field season.

We have also been awarded Clubmark.

There was some frustration for Paul Ross Davies who was selected to compete in the British Masters Home International in Liverpool. He picked up an injury which he thought would keep him out of the race and so withdrew. However, the problem proved to be not as serious as first thought. He had to act as a reserve but did get to run in the Open Race.

Rest In Peace.

Sadly two of our members have passed away recently.

David Johnson was 89. As well as running, he was a keen Historian and author. At his funeral his daughter suggested he would be delighted if people rushed to buy any of his books as a tribute. They would make an ideal Christmas present

John Philip was a Life Member who died at the age of 72.

Our condolences to their families.

All Change.

At their AGMs both the British Athletics League and the UK Womens Leagues voted to dispand and to compete in the National Athletics League as a joint scoring men and womens competition. So next Summer our senior men and women are one team and they compete in the highest division in the League. It looks like the matches will be at Cardiff, Eton, Derby and Bedford.

The British Athletics League celebrated its 50 years of existence this year and a small publication has been produced to celebrate this landmark. It is a good read and the Club is featured prominently. A copy will be available to view at the Clubhouse and can be found in the Peter Stenning bookcase.

Club 150 Celebrations

Club 150 Leaderboard – Full details and latest standing are on the Club website. "A year long running challenge to get all members to run an officially timed mile".

Forthcoming Fixtures

December

Sat 7 – Intercounties Cross Country and National Masters Cross Country Championships, Horspath, Oxford.

Sat 14 – Kent League, Foots Cray Meadows.

Sat 14 – Sun 15 Southern Indoor Combined Events Championships, Lee Valley.

Sun 15 – Christmas Yacht Handicap, Hayes. (B5)

Sat 21 – South Of The Thames Senior Champs. (7.5 miles) Lloyd Park.

Weds 26 – Fancy Dress Paperchase, Hayes.

January

Sat 4 – Kent Cross Country Championships, Brands Hatch, West Kingsdown.

Sat 11 – Sun 12 – Southern Indoor Championships U17/U15/U13.

Sun 12 – Open 10km Cross Country (inc Vets Championships) and Mob Match v Beckenham Road Runners and Croydon Striders, 10.30 Hayes. (B6)

Sat 25 – SEAA Cross Country Championships, Parliament Hill.

Social Events

Sunday 15th December. Christmas Lunch, Hayes. For the young and the not quite so young.





Wednesday 18th December. Wednesday Nighters Christmas Supper.



Results

1/11/19

Lexington KY. USA. SEC Championships. 17. Katy Ann McDonald 20.49. **Southland Conference Championships, Conway AR. USA.** 14. Declan Neary 24.46. **2/11/19**

ECCA Saucony England National Cross Country Relays, Mansfield. Senior Men. 1. Leeds City 1.05.14 inc Phil Sesemann 16.09 and Graham Rush 16.22. 27. B&B "A" 1.11.15 (Charlie Davis 17.17 (38), Josh Schofield 16.52 (18), James Habergham 17.22 (17), Dan Kennedy 19.41 (27)). Inc. (Tom Desborough 18.37 (69), Mark Cage 19.36 (74), Ian Firla 20.06 (69)). Senior Women. -. Under 20 Men. 10. City Of York 28.18 (inc Alex Botterill 9.32). 41. B&B "A" 32.06 (Callum Myatt 9.46 (42), Ben Gardiner 9.54 (35), Harry Fisher 12.25 (41)) Under 20 Women. 16. B&B "A" 29.58 (Yasmin Austridge 9.45 (28), Millie Smith 10.04 (18), Amy Leach 10.08 (16)). Under 17 Men. 8. B&B "A" 29.28. (Ollie Bright 9.20 (5), Tom Brash 10.01 (5), Sam Reardon 10.06 (8)). Inc. (Will Andrews 10.45 (84), Frederick Georgiou 10.59 (72)). Under 17 Women. 10. B&B "A" 29.33 (Tola Pearce 9.21 (11), Ailbhe Barnes 9.44 (1), Zakia Mossi 10.26 (10)), 13 B&B "B" 29.46. (Ava White 9.38 (22), Zoe White 9.52 (10), Jessica Neal 10.15 (13), Inc. Lucrezia Polloni 9.27 (16)). Under 15 Boys. 30. B&B "A" 22.42 (Matthew Smith 6.55 (8), Ted Marston 7.55 (31), Thomas Sugden 7.51 (30)). Inc. Nathan Firla 7.41 (74). Under 15 Girls. 8. B&B "A" 24.08 (Hannah Clark 7.52 (20), Lara Mannes 8.01 (8), Lily Meers 8.14 (8)). 43. B&B "B" 25.51 (Imogen Hadley 8.13 (44), Amelia Middleton 9.11 (59), Carys Firth 8.26 (43)). 47. B&B "C" 26.02 (Isabella Louth 8.31 (62), Oliia Wauters 8.33 (46), Cara Gould 8.57 (47)). Under 13 Boys. 43. B&B "A" 24.28 (Alexander Middleton 7.28 (22), Hendri Verster 8.11 (27), Harry Fage 8.48 (43)). Under 13

Girls. 17. B&B "A" 25.05 (Megan Barlow 8.18 (37), Amie Gould 8.29 (21), Francesca Middleton 8.17 (17)). 21. B&B "A" 25.15 (India Blakey 8.32 (52), Lara Tunali-Flynn 8.31 (29), Megan Slattery 8.12 (21)). 23. B&B "C" 25.29 (Maria Salamanca 8.25 (44), Alyssa Firla 8.47 (36), Luciana Smith 8.16 (23)).

Oxford V Cambridge Freshers Varsity Match, Cambridge. Men. 800. 1. Angus Harrington 2.09.2. JT. 1. Angus Harrington 42.42.

Parkruns. Greenwich. 15 Steve Pairman 21.17, 174 Julia Pairman 30.24. Beckenham Place park. 6 Clayton Aves 19.30, 36 Sally Haffenden 23.48, 51 James Unwin 25.12, 96 Leszek Malynicz 28.07, 110 Bernard Wilson 29.09. Beckton. 30 James Perry 31.08. Burgess park. 58 James Morris 22.47. Orpington. 55 Mick Keene 30.31, 94 Karen Desborough 36.08. Tonbridge. 40 Mark Williams 22.55. Peckham Rye. 159 Maz Turner 33.50. Lullingstone. 5 Nick Barber 23.43. Heslington. 60 Dylan Reees-Fellows 22.58. Dartford Heath. 26 George Collins 23.49. Catford. 14 Andrew Lawes 22.06. Coldham's Common. 53 Rod Harrington 23.09. Bethlem Royal Hospital. 5 Ellie Osmond 20.48 (1st woman). 8 Daniella Harper 21.52, 15 Ian Montgomery 23.37, 24 Holly Kibblewhite 25.02, 44 Madeleine Marston 28.17, 45 Mike Simms 28.21, 59 Jackie Montgomery 30.47. Squerryes Winery. 34 Anne Cilia 31.03, 77 Graham Smith 38.31.

7-15/11/19

World Para Athletics Championships, Doha. F46. JT. 1. Hollie Arnold 44.73. 9/11/19

Chiltern League inc British Athletics Cross Challenge, Milton Keynes. Senior Men. 19. Charlie Davis 31.09, 22. Josh Schofield 31.19, 26. James Habergham 31.28.

Kent Cross Country League, Danson Park. Senior Women. 13. Amy Leach 20.03, 54. Sally Haffenden 22.36, 55. Jenny Leng 22.37. Team 7th. Overall 18th. Under 20 Men. 5. Joseph Georgiadis 17.21. Team. -. Overall 2nd. Under 20 Women. 2. Amy Leach 20.03. Team. -. Overall. -. Under 17 Men. 7. Sam Reardon 17.01, 15. Jake Leng 18.02, 19. Justin Stover 18.20, 21. William Andrews 18.27, 25. Callum Horton 19.06. Team 3rd. Overall 2nd. Under 17 Women. 1. Zoe White 19.15, 2. Ailbhe Barnes 19.26, 5. Ellie Osmond 19.54, 7. Isabelle Stoneham 20.17, 12. Olivia Berry 21.18. Team 1st. Overall 1st. Under 15 Boys. 4. Matthew Smith 13.47, 7. Alessio Tutt 13.50, 19. Arthur Starvis 14.35, 22. Thomas Sugden 15.03, 25. Ted Marston 15.09, 41. Nathaniel Brunner 16.31. Team 3rd. Overall 2nd. Under 15 Girls. 1. Hannah Clark 15.43, 2. Carys Firth 15.44, 5. Lily Meers 16.08, 8. Cara Gould 16.30, 9. Cameron Kelly Gordon 16.35, 12. Isabella Louth 16.41, 18. Olivia Wauters 16.55, 21. Sofia Plum Maher 17.14, 35. Abigail Smith 18.18, 41. Liberty Whyte 18.51, 46. Amelie Willars 19.39. Under 13 Boys. 7. Joshua Healey 10.58, 9. Jasper Brooks 11.02, 16. Hendri Verster 11.38, 18. Harry Fage 11.44. Team 4th. Overall 4th. Under 13 Girls. 2. Molly May Mooney Clarke 11.17, 4. Amie Gould 11.34, 6. Luciana Smith 11.38, 10. Maria Salamanca 11.53, 14. Lydia Witcombe 12.03, 16. Tallulah Ndikanwu 12.10, 23. Alyssa Firla 12.27, 35. Madeleine Marston 13.15, 36. Lydia Marston 13.17, 54. Lola Bischoff 18.12. Team 1st. Overall 1st.

Alton Sports Hampshire League, Sparsholt College. Senior Men. 10. Alex Bruce Littlewood 32.16.

Start Fitness Metropolitan League, Welwyn Garden City. Men. 89. Angus Harrington (Cambridge Uni) 27.48

Sport Systems Surrey Mens League, Div One, Wimbledon Common. 2. Ross Braden (Kent AC) 26.55.

Sport Systems Surrey Ladies League Div One, Mitcham Common. 103. Jane Bradshaw (Dulwich Runners) 25.39.

Enfield Open 7 Mile Race Walk. 29. David Hoben 80.08. 5 Mile race walk. 3. Peter Hannell 62.45.

Parkruns. Bromley. 1 Daniel Kennedy 17.01, 7 Roger Beswick 18.06, 20 Steve Evenden 19.44, 22 Paul Kerekgyarto 19.48, 24 Steve Pairman 19.52, 37 Stuart Cullum 20.29, 38 Adrian Stocks 20.30, 42 Daniella Harper 20.37, 87 Mark Williams 22.10, 106 James Unwin 22.32, 152 Iain Swatton 23.36, 224 Jamie Muir 25.27, 274 John Leeson 26.43, 314 Bernard Wilson 27.34, 329 Tom Leeson 27.43, 541 Graham Smith 33.57. Hampstead Heath. 6 Richard Daniels 19.08. Maidstone. 275 Tom Phillips 34.35. Beckenham Place park. 5 Clayton Aves 19.07, 71 Nigel Wood 24.05, 125 Leszek Malynicz 27.33. Nonsuch. 7 Jessica Keene 18.58 (1st woman), 328 Mick Keene 28.11. Crystal Palace. 21 Nick Barber 20.52, 171 Rod Harrington 26.45. Lloyd park. 52 Sarah Belaon 26.51. Billericay. 173 James Perry 30.22. Hoblingwell. 5 Nigel Haffenden 23.53. Dulwich. 150 Peter Hamilton 23.31. Orpington. 158 Karen Desborough 34.30, 182 Andrew Kingsmell 37.55. Yeovil Montacute park. 223 Adrian Perry 36.36. Peckham Rye. 151 Peter Rogers 26.03. Exmouth. 46 Bob Minting 23.42. Clapham Common. 223 James Cunningham 24.22. Catford. 21 Andrew Lawes 21.55. Inch Beach. 2 Mike Simms 23.15. Foots Cray Meadows. 20 John Turner 26.38, 52 Maz Turner 35.50, 57 Zoe Kingsmell 37.09. Bethlem Royal Hospital. 4 Richard Webb 20.26, 22 Ian Montgomery 24.15, 55 Jackie Montgomery 30.01.

13/11/19

London Universities and Colleges League, Wimbledon Common. Women. 17. Amy Leach (SMU) 19.54.

15/11/19

NCAA Div 1 South Central Regional Championships, Fayetville, AR. Men. 49. Declan Neary 31.43. Women. 14. Katy-Ann McDonald 21.22.

16/11/19

London Championships, Parliament Hill. Men. 41. Danny Brewer 40.27, 59. Dan Kennedy 41.09, 98. Luca Ercolani 42.34, 158. Fintan Parkinson 45.02, 172. Joshua Dowling 45.27, 218. Jon Vintner 46.46, 239. Heath Anthony 47.20, 296. Darren Corneille 49.09, 409. Richard Byford 54.54. Team. 13th B&B. **Women**. 40. Amy Leach 25.49 (2nd U20).

London Youth Games, Parliament Hill. Under 17 Men. 2. Oliver Bright 16.56, 6. Tom Brash 17.33, 26. Sam Reardon 18.26, 29. Joel Rooney 18.28, 38. Jake Leng 18.55, 45. Will A 19.15, 72. Justin Stover 20.29. Under 17 Women. 6. Ailbhe Barnes 12.08, 7. Zoe White 12.12, 8. Naomi Toft 12.13, 10. Ava White 12.17, 14. Amy Miller 12.37, 15. Isabelle Stoneham 12.39, 16. Tola Pearse 12.41, 17. Zakia Mossi 12.42, 24. Livvy Berry 12.55, 31. Daniella Harper 13.20, 40. Jessica Neal 13.47. Under 15 Boys. 6. Matthew Smith 10.45, 12. Alessio Tutt 11.13, 19. Arthur Starvis 11.29, 29. Thomas Sugden 11.44, 31. Jake Anthony 11.44, 55. Ted Marston 12.13, 126. Nathaniel Brunner 13.12. Under 15 Girls. 1. Lara Mannes 7.53, 7. Lily Meers 8.16, 14. Carys Firth 8.23, 18. Kate Price 8.26, 20. Hannah Clark 8.27, 22. Cameron Kelly Gordon 8.28, 24. Gabriella Martin 8.31, 31. Olivia Wauters 8.39, 37. Cara Gould 8.45, 40. Isabella Louth 8.48, 46. Amelia Middleton 8.51, 54. Sofia Plum Maher 9.01, 132. Emily De Backer 9.51. Under 13 Boys. 4. Alexander Middleton 7.41, 10. Joshua Healey 7.53, 13. Jasper Brooks 7.58, 14. Franco Hillier 7.59, 37. Jed Starvis 8.21, 40. Hendri Verster 8.21, 64. Harry Fage 8.33. Under 13 Girls. 9. Molly-May Mooney-Clark 8.22, 10. Megan Slattery 8.23, 11. Lara Tunali-Flynn 8.25, 12. Francesca Middleton 8.25, 14. Emily Deveney 8.26, 22. Megan Barlow 8.30, 25. Tallulah Ndikanwu 8.36, 26. Amie Gould 8.36, 36. Maria Salamanca 8.48, 38. India Blakey 8.49, 57. Lydia Witcombe 9.09, 74. Alyssa Firla 9.17, 107. Erin Simpson 9.42. Under 11 Girls. 7. Naimah Mossi 7.03.

Cambridge University Cuppers, Gogmagog Hills. Men. 19. Angus Harrington 34.35, 23. Robert Perry 35.36. Women. 2. Niamh Bridson Hubbard 22.31.

Edinburgh University Braid Hills Open. 76. Marco Arcuri 37.36.

Parkruns. Bromley. 24 Paul Kerekgyarto 19.58, 28 Steve Pairman 20.11, 39 Nigel Haffenden 20.45, 58 Mark Williams 21.29, 61 Sally Haffenden 21.33, 120 Iain Swatton 23.06, 226 Graham Coates 25.46, 296 Bernard Wilson 27.42, 306 Tom Leeson 28.02, 307 John Leeson 28.03, 313 Julia Pairman 28.19. Bexley. 270 Andrew Kingsmell 33.31, 281 George Collins 34.05. Greenwich. 1 Matthew Francis 16.56, 47 Charlotte Stickngs 23.53. Maidstone. 266 Tom Phillips 34.14. Beckenham Place park. 5 Clayton Aves 19.29, 15 Tim Nash 20.20, 18 David Beadle 20.30, 117 Leszek Malynicz 27.11, 119 Zoe Kingsmell 27.14. Highbury Fields. 314 Graham Smith 33.20. Hoblingwell. 7 Adrian Perry 24.32. Mile End. 253 Mick Keene 27.46. Dulwich. 72 Nick Barber 20.21, 163 James Morris 22.57. Orpington. 123 Karen Desborough 35.30. Homewood. 38 Zoe Wood 26.38. Brentwood. 15 Adrian Stocks 22.27. Peckham Rye. 141 Peter Rogers 26.09. Whinlatter Forest. 61 Andrew Riches 32.33. Dartford. 44 John Turner 25.13. Worthing. 301 James Perry 30.53. Castle Park. 37 Mike Simms 21.49. Exmouth. 63 Bob Minting 23.30. Catford. 65 Barry Wetherilt 24.26. Littlehampton Prom. 14 Rob Brown 21.37. Bethlem Royal Hospital. 3 Jennie Butler 21.22 (1st woman), 10 James Unwin 23.30, 20 Ian Montgomery 25.00, 45 Jackie Montgomery 30.04, 49 Agata Kuszneruk 31.30. Jesmond Dene. 9 Bertie Harrington 21.07.

17/11/19

Brampton To Carlisle 10. 2. Phil Sesemann (Leeds City – 2nd claim) 47.45.

West Yorkshire League, West Park. Senior Men. 1. Graham Rush (Leeds City – 2nd claim) 27.52.

23/11/19

British Athletics Cross Challenge (inc European Trials, Liverpool & District and Mid Lancs League), Sefton Park. Senior Men. 42. Ross Braden 32.44, 53. Josh Schofield 32.58, 64. Charlie Davis 33.20, 89. James Habergham 34.37. Senior Women. 19. Niamh Bridson Hubbard 29.48. Under20/Under 17 Women. 44. Maddy Mastrolonardo 17.12, 82. Naomi Toft 17.50, 92. Lucrezia Polloni 18.01.

Surrey Walking Club Christmas Cup. U15B 3000. 1. Jonathan Ellerton 19.06.6. Seniors. 8. David Hoben 36.24.7. Parkruns. Bromley. 8 Arthur Starvis 18.08, 11 Thomas Sugden 18.37, 12 Ted Marston 18.40, 13 Hannah Clark 18.46 (1st woman), 32 Franco Hillier 19.39, 36 Steve Evenden 19.50, 55 Nick Barber 20.26, 58 Paul Keregyarto 20.36, 61 Jed Starvis 20.48, 88 Nigel Haffenden 21.33, 90 Chris Swinfen 21.38, 95 Sally Haffenden 21.44, 115 Mark Williams 22.14, 233 Andy Tucker 25.01, 264 Graham Coates 25.42, 277 Yasmeen Islam-Medeaux 25.56, 313 Austin Adams 26.33, 319 Iain Swatton 26.36, 366 John Leeson 27.44, 376 Tom Leeson 27.54, 395 Sally Smith 28.31, 435 Agata Kuszneruk 29.39, 499 Graham Smith 31.39. Bexley. 10 Darren Corneille 20.27. Maidstone. 279 Tom Phillips 33.28. Beckenham Place park. 2 Luca Ercolani 18.14, 6 Clayton Aves 19.34, 10 David Beadle 20.26, 92 William Slack 26.24, 99 Leszek Malynicz 27.08. Crystal Palace. 83 Glen Read 23.10. Warrington. 211 Mick Keene 28.19, 212 Jessica Keene 28.20. Dulwich. 27 Tony Crowder 17.48. Burgess park. 144 James Morris 22.49. Orpington. 1 Joseph Georgiadis 19.08, 12 Cameron Kelly-Gordon 22.23, 18 Tim Ayres 23.03, 41 Gareth Griffin 26.08, 48 Dave Leal 27.00, 136 Karen Desborough 35.01. Homewood. 26 Zoe Wood 25.51. Fulham Palace. 29 Nick Perry 19.28. Peckham Rye. 121 John Turner 24.53, 275 Maz Turner 32.43. Portobello park, Edinburgh. 39 Steve Pairman 20.54, 216 Julia Pairman 28.41. Hockley Woods. 93 James Perry 28.22, 94 Adrian Perry 28.25. Exmouth. 69 Bob Minting 23.47. Catford. 48 Barry Wetherilt 23.20. Foots Cray Meadows. 4 Jason Meers 22.16, 7 Lily Meers 23.31 (1st woman). Bethlem Royal Hospital. 4 Ellie Osmond 20.25 (1st woman), 16 Heidi Forsyth 23.42, 20 Ian Montgomery 24.27, 56 Mike

Simms 29.58, 57 Jackie Montgomery 29.59. **Squerryes Winery**. 9 Mark Ellison 25.08, 10 George Collins 25.11, 41 Zoe Kingsmell 31.11, 42 Anne Cilia 31.13, 62 Andrew Kingsmell 39.21.

30/11/19

Kent County Masters Championships, Dartford. M40. 15. Luca Ercolani 31.44, 22. Tony Crowder 32.33, 37. Gareth Evans 34.24, 54. Steve Evenden 36.16, 60. Paul Kerekgyarto 37.08, 76. Nic Corry 40.57. M50. 9. Heath Anthony 32.48, 16. Roger Beswick 33.30, 34. Clayton Aves 35.28, 38. Dave Beadle 36.13, 42. Steve Pairman 36.38, 47. Nick Barber 37.12, 70. James Unwin 39.56, 71. Mark Ellison 40.12, 75. Sheridan Morris 41.00. M60. 26. Luigi Arcuri 25.02, 37. John Turner 27.04, 39. Dave Leal 27.45. M70. 3. Peter Hamilton 25.16, 10. Jim Phelan 27.18. W45. 13. Jane Bradshaw 22.50, 19. Sally Haffenden 23.35. W65. 3. Maz Turner 37.03.

Alton Sports Hampshire League, Wellesley Woodlands. Senior Men. 7. Alex Bruce Littlewood 32.45 (Southampton). **Self Transcendence 10km, Battersea Park**. 8. Dan Kennedy 34.27, 87. Simon Harris

Parkruns. Wimbledon Common. 30 Tola Pearse 20.53. Bromley. 14 Amy Leach 19.30 (1st woman), 21 Thomas Sugden 20.16, 32 Tim Ayres 20.48, 42 Luciana Smith 20.59, 98 Iain Swatton 22.58, 143 Yasmeen Islam-Medeaux 24.10, 172 Andy Tucker 25.01, 259 Graham Coates 27.12, 264 Tom Leeson 27.21, 265 John Leeson 27.24, 284 Bernard Wilson 27.44. Bexley. 261 George Collins 33.26. Hackney Marshes. 217 Mick Keene 27.22. Brockwell Park. 172 Jason Short 25.43. Maidstone. 268 Tom Phillips 34.32. Beckenham Place Park. 57 Nigel Wood 24.47, 73 Will Slack 26.11, 85 Zoe Kingsmell 27.43. Torbay Velopark. 1 Ross Braden 15.31. Crystal Palace. 80 Glen Read 23.38, 93 Rod Harrington 24.10. Orpington. 12 Cameron Kelly-Gordon 21.48 (1st woman), 14 Carys Firth 22.05, 26 Austin Adams 23.32, 135 Karen Desborough 34.29. Homewood. 54 Zoe Wood 25.52. Lanhydrock. 2 Richard Daniels 21.39. Peckham Rye. 286 Peter Rogers 1.04.58. Dartford. 41 John Turner 25.20. Dartford Heath. 25 Gareth Griffin 25.57. Catford. 74 Barry Wetherilt 26.11. Lancing Beach Green. 74 James Perry 32.15, 82 Adrian Perry 34.21. Littlehampton Prom. 20 Rob Brown 22.10. Bethlem Royal Hospital. 44 Ian Montgomery 25.07, 81 Sally Smith 28.29, 104 Jackie Montgomery 29.55, 151 Graham Smith 35.23. Leazes. 8 Bertie Harrington 20.36. Squerryes Winery. 25 Anne Cilia 30.43.

100 years ago in 1919

"Nicholls' Cup Day. – And what a day! Fog and darkness! We didn't regain the cup, but we certainly have the satisfaction of being pretty certain that had the three gentleman who saw their train go out at London Bridge (through the stupidity of the railway official, who told them it was not the West Wickham train) been running we should have been the winners." "Fairy" tells us he came across C. N. Seedhouse in the City the other day. Afraid he won't be able to run again, but his son is to be trained for the 1940 Olympics" (Cyril Norman Seedhouse was the AAA's 440 yard champion in 1912 and 1914. He won a bronze medal, along with fellow Club man James Soutter, in the 4x440 yards at the Stockholm Olympics in 1912. Along with W. D. Lancefield, J T. Soutter and F T Browne, he formed the Blackheath team who won the AAA Mile Medley Championship in 1911 in a world record time. In 1913 he equalled the World record for 500 yards). "In addition to the evening runs from our own headquarters on Wednesdays, the Woodside Swimming Club have kindly invited us to run from the Norwood Swimming Baths, Birchanger Road, South Norwood (Norwood Junction L.B. & S. C. Railway) at 7.45 p.m. on Tuesdays".

75 years ago in 1944.

The Club host the second of the SCCCA 5 mile Team races at Hayes, with 14 teams taking part and 104 starters. The race was started by the President A. D. Thwaites, who is also President of the S.C.C.C.A. this year. The Club finish 10th of the 14 teams... After the crowds had dispersed there was a committee meeting and those attending this stayed on to supper". A journey to Godalming for a match at against Charterhouse School. The Club enjoy a comfortable win. "Mention must be made of the enthusiasm of S. J. Clayton who made the long journey from Norwich to run for the Club.... After excellent hot baths and a substantial tea we began the homeward journey and found time and reason to debate on the advantages of a slow train in the hand over a fast train in the bush"

Next up a winning match against Oxford University "the University came to us for the first time since the commencement of the war, and very kindly saved us the tedious journey to Oxford, which very often precludes our fielding the best side possible"

50 years ago in 1969

The Club Centenary Dinner takes place at the Mansion House. Speakers include the Lord Mayor and "the President's chief guest Dr. Roger Bannister. "If the Lord Mayor was anywhere near, as he surmised, his 742nd speech in office, the practice had neither impaired the performance nor the sense of vitality and wit, and as for Dr. Bannister he endeared himself to the audience by his owning to be a hero-worshipper of our President … Had the eleven founder members been able to foresee the future they would have been astounded not only by the survival of the Club for 100 years but at the style in which this milestone was celebrated."



The Club Centenary Cross Country Race takes place at Sparrows Den.

THE

Blackheath Harriers' Gazette

AND

Club



Record

"Perfer et Obdura"

CENTENARY CROSS-COUNTRY RACE

SATURDAY, 29th NOVEMBER, 1969, AT SPARROWS DEN



First three home: L. to R .- Dai Francis (3rd), Bob Richardson (1st) and Bob Holt (2nd).

(Photo by courtesy of Ed Lacey and Athletics Weekly)

The Club, probably best remembered by many as a cross-country club, decided to put its 100 years of experience to good use by staging an invitation crosscountry race as part of the Centenary celebrations.

In order to stimulate public interest and to dispel the idea that all cross-country races start with clean runners rushing off into the nearest forest not to be seen until they reappear some time later covered in mud, the race was to be held in Sparrows Den over a course of one small and three large laps. The total length of the course measured 11 kilometres, and spectators would be able to see the race over a great proportion of its length.

The Club faced, on paper, some formidable opposition. Teams from the E.C.C.U., the representative team of the strongest cross-country nation in the world, and six of our traditional rivals were invited to compete. In addition, due to the generosity of Dunlops and the Montague Memorial Fund, the Club was able to invite two foreign teams. One was Louise A.V. from Brussels, who were second in the Belgian Championships in 1969, and their team included two Belgian Internationals, J. Peeters and J. Laureyns (only Laureyns actually ran). The other foreign team was Stade Francais de Paris, who are mainly a track club, but still managed to finish sixth in the French Championships. There was some doubt as to whether the French team would be able to compete as many of their athletes were unavailable, but fortunately, Past-President Harold Thompson, who was in Paris on business, spent the day before the race chasing around the city persuading the club's officials to muster a team. His efforts were not in vain, for a party from Stade Francais travelled over by air on the Saturday morning just in time for the race.

Continued overleaf

BLACKHEATH HARRIERS

101st SEASON, 1969-70

President:

S. C. WOODERSON,

"Metland," Raglan Road, Reigate, Surrey

Hon. Secretary: B. G. STONE, 8 Iona Road, Loose Court Estate, Maidstone, Kent.

Hon. Treasurer: R. J. EDMONDS, 60 Brabourne Rise, Beckenham, Kent.

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The morning of the race dawned bright and sunny, Mother Nature but with a slight ground frost, decided, at about mid-day, to test Blackheath's powers of organisation by producing a two-hour blizzard which transformed the roads in and around London to a shining white nightmare for drivers, and Sparrows Den to a virgin white Christmas card scene. For a period, everything seemed disrupted; competitors were slow to arrive, officials were feared lost, and the course markers buried in the snow.

With snow still falling, runners were warming up, and there were a surprising number of hardy spec-tators waiting in the tea room. By 3.45 all but the Oxbridge team had arrived, and as the runners were called to their marks, much to their relief, the snow had more or less stopped. Our President, Sydney Wooderson, had unfortunately failed to make the journey from his home at Redhill to Hayes due to the weather, and hard-working Past-President Alan

Brent set the race under way.

The 61 runners set off through the six inches of snow at a steady pace, the early leaders being the E.C.C.U. team. After the small lap of 2 kilometres, the field was sorting itself out, and as the fast men got used to the snow, so the pace quickened, Dai Francis, of Westbury Harriers, representing the E.C.C.U., setting the pace with Bob Richardson on his heels. The Club team were well placed, Peter Horwood and Ian Wilson being well in contact with the leaders as the race disappeared up the hill into the woods for the first time. On the helter skelter descent from the woods, Francis was still leading from Richardson, who was closely followed by R. Holt and D. Fownes, both of the E.C.C.U. The rest of the Club team were all closely bunched in the lead-ing sixteen positions. Further down the field the Bel-gian club was getting the better of the French team.

Dai Francis continued to force the pace, drawing Richardson and Holt away from the rest of the field. Peter Horwood came through in about 10th position, closely followed by Ian Wilson. Chris Woodcock, Bob Hawtin and Mike Willis came in the mid-teens: next came Tony Dunnett, having one of his best runs to date just in front of captain Nick Mande-

Emerging from the woods for the last time, the race was really on; Bob Holt was leading, very closely followed by Bob Richardson, with Dai Francis still in contention. The two Bobs continued their battle for the lead all the way round the final field with Holt having the edge. However, with only 200 yards to go, Bob Richardson, appropriately wearing the number 100, powered his way past Holt to gain the lead by about one yard, which he was able to hold until the finish.

Dai Francis finished strongly to take third spot, and Ian Wilson moved through the field well on the

last lap to finish in 7th place. Peter Horwood recovered a little from his bad patch and got back to 10th position. Chris Woodcock produced a storming finish to fill 13th position, and Mike Willis just got the better of Bob Hawtin, to close in the Club's scoring team. Tony Dunnett, still only a youth, finished 22nd, beating many good names; Nick Mandeville completed the Club representatives, finishing in 24th

The team race was very close with the E.C.C.U. beating the Club by 50 points to 66, and S.L.H. third. Our Continental guests faired quite well in spite of the hilly nature of the course, Louise A.V. finishing 4th, and Stade Français 7th.

The resounding success of the event was the result of much hard work by a number of organisers and officials, but special mention should be made of the efforts of Alan Brent, George Brooks and Jack Sims. One other popular feature which helped to keep alive spectators' interest during the time before the delayed start was the loudspeaker commentary from Ian Smith. Both at this time and during the course of the race everyone was kept up-to-date with the latest developments.

After the race all the teams and some of the supporters had an excellent high tea, which was followed by the presentation of the awards by Past-President Dudley Child. In addition, each competitor was presented with a handsome china tankard, suitably in-scribed, as a memento of the occasion.

RESULT—1, R. Richardson, 34:10; 2, R. Holt (E.C.C.U.), 34:10; 3, D. Francis (E.C.C.U.), 34:18; 4, D. Fownes (E.C.C.U.), 35:24; 5, R. Gevers (S.L.H.); 35:28; 6, P. Braithwaite (T.H. & H.), 35:34; 7, I. P. Baker (E.C.C.U.), 36:08; 15, M. Barratt (E.C.C.U.), 36:15; 16, F. Gilson (S.L.H.), 36:31; 17, M. Willis, 36:38; 18, R. Hawtin, 36:44; 19, A. Avila (S.L.H.), 36:48; 20, A. Pryor (S.L.H.), 36:50; 21, L. Duke (Ran.), 36:57; 22, A. Dunnett, 37:06; 23, R. Janssens (L.A.V.), 37:11; 24, A. Mandeville, 37:18; 25, G. Goos (L.A.V.), 37:28; 26, F. Cools (L.A.V.), 37:28; 27, J. Laureyns (L.A.V.), 37:33; 28, R. O'Mahoney (S.L.H.), 37:42; 29, C. Harvey (S.L.H.), 37:48; 30, M. Gowan (H.H.H.), 37:58; 31, P. Thomas (H.H.H.), 38:07; 32, A. Goetschalks (L.A.V.), 38:11; 33, G. Hutchinson (T.H. & H.), 38:12; 34, M. Hanahoe (H.H.H.), 38:18; 35, J. Bull (Ran.), 38:22; 36, D. Card (H.H.H.), 38:31; 37, Bull (St. F.), 38:47; 38, Quillevéré (St. F.), 38:56; 39, A. Horne (Ran.), 39:02; 40, K. Hylands (H.H.H.), 39:25; 41, D. Evans (H.H.H.), 39:48; 42, P. Honniball (T.H. & H.), 40:14; 43, T. Morcem (L.A.V.), 40:41; 44, S. Allen (H.H.H.) 39:48; 42, P. Honniball (T.H. & H.), 40:14; 43, T. Moreem (L.A.V.), 40:41; 44, S. Allen (H.H.H.), 41:02; 45, Steel (St. F.), 41:04; 46, J. Webb (Orion), 41:07; 47, F. Vawdenbroeck (L.A.V.), 41:41; 48, G. MacHorton (R.M.A.), 41:49; 49, M. Southworth (R.M.A.), 41:49; 50, K. Evans (T.H. & H.), 42:05; 51, Biackmore (H.H.H.), 42:08; 52, Sacau (St. F.), 43:11; 53, E. Escritt (T.H. & H.), 43:12; 54, P. Vatterlein (Orion), 43:14; 55, Pelgas (St. F.), 44:12; 56, A. Wood (R.M.A.), 44:35; 57, Veysseyie (St. F.), 45:01; 58, C. Watkins (R.M.A.), 45:08; 59, S. Graham (R.M.A.), 48:04; 60, L. Hughes (R.M.A.), 48:04; 61, M. Edwards (R.M.A.), 54:45.

TEAM RESULT—1, E.C.C.U., 50; 2, Blackheath H., 66; 3, South London H., 117; 4, Louise A.V., 141; 5. Thames H. & H., 151; 6, Herne Hill H., 212; 7, Stade Francais, 284; 8, Royal Military Academy,

Stade Français, 284; 8, Royal Military Academy, Sandhurst, 330,

Ranelagh H. and Orion H. did not close in.

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Again at Sparrows Den the Club win the South of Thames Junior Championship for the first time. First home is Bob Hawtin in 4th with Chris Woodcock 7th, Bob Falconer 8th and Mike Willis 9th.

In the Nicholls Cup Mob Match against South London Harriers the Club field 85 runners a little down on the target of 100. "Splendid efforts had been made by a number of runners too seldom seen, alas, at Hayes. Dick Choat...made his first

appearance since 1954. David Fiddes was there, his lean body shivering somewhat after three year in Kenya. Pride of place, in respect of distance, travelled to attend the fixture, must be granted to Alan Stevens, who flew in from New Zealand." Bob Richardson was first home and the match was won. "The evening passed convivially, and a number of South London Harriers stayed to consume an excellent supper. The Nicholl's Cup was filled with what could be charitably described as "Blackheath bubbly", and was passed round the assembled company."

Bob Richardson wins the GLC Cross Country Championships at Parliament Hill.

"The proposed 200 Club is now being formed"

25 years ago in 1994.

Tanya Blake finishes 2nd in the SEAA International in Margate. She is subsequently selected to represent Great Britain in the inaugural European Cross Country Championships at Alnwick. Following her selection she is knocked down by a cyclist while on a training run but after a hospital visit and physio she is back running in three days. (Find out how she gets on next month!)

James Harrison is second and Tim Dickinson third in the Lord Mayors Challenge race. The Club finish second in the team race with Mark Colpus 11th.

James is also second in the AAA 10km which is incorporated in the Brighton 10km. His train arrives just ten minutes before the race is due to start and he has to run over a mile to reach the start line. He arrives just 20 seconds before the gun goes. The Club finish second behind Cardiff and finish first in the Southern Championship.

Dave Taylor is first in the Orion Mob Match at Hayes. With eight in the top 10 and 16 in 20 the Club enjoy a comfortable victory.

Spencer Newport represents Great Britain in an Ekiden Relay in Japan.

Frank Dick is the Club's guest of honour at the Club Dinner, his first engagement with a club since resigning as head of UK coaching in March. He offers to give two lectures to the Club's coaches.

The Blackheath under 13 girls team finishes third in the National Road Relays in Sutton Coldfield. Gemma Viney runs the equal fastest leg of the day. This is the first time the womens section have won National medals.

The Sevenoaks Chronicle features an item on Club Member Fergus Anckorn and his visit to Japan. He was in a Japanese POW camp in the 2nd World War. "Now I have seen the Japanese at their worst and their best, nothing was too much trouble for them." While being treated in hospital in the war, the Japanese massacred all the doctors, nurses and patients but he survived as they thought he was already dead.

20 years ago in 1999.

Dave Heath represents England in the Cross Cup in Ghent where he places 5th.

Dave Taylor times 2.18.57 at the Frankfurt Marathon but is adrift of the Olympic qualifying time of 2.14.00.

At the ECCA relays in Mansfield, the senior men finish fifth but are only five seconds off the silver medallists. Last leg runner Spencer Newport only comes along to watch his wife Angela race but comes in at very short notice. Andy Arrand, Joe Mills and Dave Lee complete the team.

Tim Hutchings is the principal guest at the Club Dinner.

15 years ago in 2004

The Senior Mens team of Michael Skinner, Andy Rayner, Russell Bentley and Barry Stephenson finish in 5th place in the ECCA National Cross Country Relays in Mansfield. Michael Skinner's leg of 14.42 is the second quickest of the day. Michael Skinner just misses out on a place in the GB team for the European Cross Country Championships when he finishes 6th in the Trials at Parliament Hill.

At the age of 40, Dave Taylor wins the Brighton 10km in 30.12.

The Club lose the Orion Mob match. Anthony Draper wins the Club 7.5 mile race with Jennie Butler taking the womens title. The Club have six winners in the latest Kent League Fixture, Chris Daniel, Ella Fisher, Katie Murray, Amy Smith, Steve Cavey and Amy DeMatos.

There are changes in the Club coaching programme with the introduction of sessions for 9 and 10 year olds on Monday night at Norman Park.

10 years ago in 2009

Michael Skinner wins the Senior Mens race at the European Cross Country Trials in Liverpool. This secures his place in the GB team for the European Championships for the fifth year in a row. Earlier in the month Michael wins the Gateshead International as well with Scott third.

After a Summer in which she breaks Club records for 100 and 200 metres Dina Asher Smith has her foot in plaster after breaking a bone in her foot while playing hockey.

Ian Stewart, Head Of Endurance at UKA is the principal guest at the Club Dinner



Oh no! Ken Daniel is now back from the States. Is there a caption to go with this?

