



Blackheath & Bromley Courier

November 2025.

President 2025-26. Steve Pairman.

Editor. Pat Calnan



Yes it is!

There is a long tradition of gaps in editions of the Courier... and now we have another one. Perhaps the missing months will appear at some point, as some are work in progress, and who knows what modern technology might enable us to do in documenting the History of our Club. Work is taking place on a database of results, so, the Courier may become redundant in time. In the meantime, we crack on.

Club Records

The end of September marked the close of the competition year. The 2025-26 year has begun and the youngsters age groups are changing. Over the Winter for track and field the Under 17, 15 and 13 age groups will continue but from the 1st of April, Under 18, 16 and 14 categories commence, plus under 12s and under 10s.

Club records for Under 18s, 16s and 14s have been put together and appear on the Club website of your choice. Data for these has been retrieved from various sources, including old Couriers. The records will be reviewed and added to, but, there are likely to be errors, so feedback will be welcomed to get them up to spec.

We will continue to show the U17, U15 and U13 records, not least because they will remain of interest but, also, because it appears the English Schools will not be changing their track and field rules of competition until the end of the Summer, but have now indicated they will review this decision in relation to hurdles and throws with feedback in January. Additionally, at the National Championships next Summer, medals will be awarded to the top under 17s and under 15s as well as the under 18s and under 16s.

There is plenty of information about the changes on the England Athletics website.

Back in the day, Blackheath Harriers only had Masters records for over 40 and over 50 men. Now we have them for men and women every five years from the age of 35 and we are still spotting errors and omissions. For example, Joe Mills had the over 35s 800 metre record, but, on closer inspection B&B Verify noted the performance was achieved at the Under 23 Championships. His data and that of James Mills of Wrexham had got confused on the Power of 10, presumably because they share the same surname and Christian name initial, and have a Welsh qualification. It's not always this exciting.

There are some records that might be considered weak and are under review, and there are records that should be included.

Records for the Masters multi events have been adjusted to reflect new scoring tables which were introduced in 2023 and, in the process, more records were unearthed.

We easily have more Club Records than Club Members. Helen Godsell is out top record breaker with 47. Will she make it a half century? Add all this to John Turner and Ken Daniel's pioneering performances in the M75 age group last Summer, and we can expect plenty of material for the Presidents News in the coming months.

News and Results.

Some big performances this month, starting at the top (although it was actually on the 27th of September). Hollie Arnold wins a bronze at her **eighth** World Championships. Three golds for Helen Godsell at the European Masters including a British Record in the 4x100, and relay gold also for Duayne Bovell. Team gold for the under 13 boys at the National road relays with bronze for the under 17 men.

So for the Club that never sleeps, from Bethlehem to Bethlem Royal Hospital, from Morecambe Prom to Etna, from New Delhi to Darlington South, from Hikarigaoka koen to Hilly Fields, from Budapest to Bromley, from...

27/9 – 5/10/25

World Para Athletics Championships, New Delhi, Ind. JT. 3. Hollie Arnold (F46) 41.94.

3/10/25

Paul Short Run, Bethlehem, PA, USA. SW. G. 87. Lara Mannes 21.13, 208. Gabriella Martin 23.56.

Sean Earl Loyola Lakefront Invitational, Chicago, IL, USA. SW. C. 3. Eliza Nicholson 20.27.

4/10/25

ERRA Road Relays, Sutton Park. SW. B&B "A" inc (Hannah Clark 18.50, Liberty Whyte 21.47, Ailbhe Barnes 19.30). **U17M.** 3. B&B "A" 35.28 (Joseph Hill 11.46, Oliver Ward 12.05, Joe Scanes 11.37), 26. B&B "B" 38.99 (Ben O Grady 12.22, Daniel Horgan 12.55, James Shaw 12.52), 46. 3. B&B "C" 39.06 (Nathan Clark 12.44, M Valemamwanza 13.28, Kian Farrell 12.54). **U17W.** 24. B&B "A" 46.30 (Naimah Mossi 14.48, Luciana Smith 15.08, Charlotte Stevens 16.34), B Inc (Paloma Res Dominguez 15.40, Lily Bridgeman 17.18). **U15B.** 17. B&B "A" 39.40 (Jack Barlow 13.25, Johnny Lee 13.13, Zaccaeus Kelman 13.02), 40. B&B "B" 42.06 (R Cerveratomlins 13.21, Finn Gotkine 14.50, Alex Smith 13.56), 59. B&B "C" 44.39 (Bily Pharaoh 14.42, Patrick Doyle 14.44, Teddy Hughes 15.12). **U15G.** 21. B&B "A" (Sofia Mossi 15.14, Harriet Hughes 14.41, Alba Homans Yau 15.11), 49. B&B "B" 49.16 (Evie De Bruyn 15.28, Aoife Stanley 16.53, Isabella Jenkins 16.55), 62. B&B "C" 51.35 (Chloe Morez 17.36, Stella Garvey 16.16, Leela Bhadeshia 17.42). **U13B.** 1. B&B "A". 40.12. (Harry Beeraje 13.39, Zachary Evans 13.36, Emery Aldridge 12.56), 13. B&B "B". 44.49 (George De Bruyn 15.06, Luc Jones 14.45, Alexander Coe 14.58), "C" inc. Hayden Kenny 15.35. **U13G.** 15. B&B "A" 47.22 (Jasmine Stephens 14.54, Holly Tallack 16.09, Lucy Beeraje 16.18), 44. B&B "B" 53.28 (Olivia King 17.08, Arianne Paranjpe 17.18, Ella Nickson 19.02).

Veterans AC 10,000 Track Race Walk. 8. Matthew Ellerton (M50) 64.57.7. 2000 Walk. 1. Florence Watson (U17W) 11.17.3, 3. Ethan Hunstone (U13B) 12.42.7.

Parkruns. Bromley. 1. Leonardus De Bruyn 16.40, 3. Graeme Lugar 17.19, 9. Nick Kibblewhite 17.50, 15. Clayton Aves 18.54, 24. Chris Fishlock 19.28, 28. Steve Evenden 19.41, 36. Jon Pairman 20.08, 48. Harry Schmidt 20.36, 51. Matthew Maddocks 20.39, 57. Douglas Varney 20.50, 67. Jessica Sellar 21.15, 76. Steven Pairman 21.29, 104. Jason Meers 22.17, 120. Cornelius Griffin 22.36, 133. Damian Hayes 22.47, 165. Gareth Griffin 23.39, 184. Austin Adams 23.58, 748. Louisa Ball 56.44. **Bexley.** 94. George Collins 26.30. **Beckenham Place park.** 22. Cameron Swatton 21.43, 171. Neil Roberts 28.31, 188. Rod Harrington 29.04. **Lloyd park.** 24. Chris Martin 23.53. **South Norwood.** 4. Gareth Evans 19.18, 181. David Appleton 44.38, 182. John Isaacs 44.40. **Hoblingwell.** 2. Akul Gurunathan 20.39. **Hilly Fields.** 46. Andrew Lawes 23.17. **Orpington.** 7. Gregory Firth 21.41, 144. Karen Desborough 35.56. **Tonbridge.** 78. Mark Ellison 24.21, 196. Mick Keene 27.43, 239. Anne Cilia 29.06. **Great Notley.** 152. Bob Thomas 35.14, 184. Richard Griffin 41.22. **Hove Promenade.** 30. Jessica Keene 21.00. **Tooting Common.** 41. Eloise O Shaughnessy 21.29. **Stratford-upon-Avon.** 44. Katy Sugden 22.21. **Hasenheide.** 452. Zoe Kingsmill 32.07, 470. Andrew Kingsmill 33.04. **Foro Italico.** 6. James Cunningham 23.08. **Foots Cray Meadows.** 7. Colin Pearson 23.09, 24. Elizabeth Bunn 26.01, 31. Alice Bunn 28.07, 32. Philip Bunn 28.08. **Bethlem Royal Hospital.** 1. Nathan Crossan 19.04, 2. Aaron Crossan 19.51, 28. Ian Montgomery 26.01, 29. Iain Swatton 26.02, 41. Jackie Montgomery 28.00. **Hikarigaoka koen.** 121. Barry Wetherilt 34.34. **Charlton.** 18. Adrian Stocks 21.38. **Battersea.** 782. Renee Toft 31.46.

5/10/25

Dulwich 5. 2. Matthew Draper 28.42.

Hastings Half Marathon. 14. Nick Clegg 77.54.

Altra Kelder Half Marathon. 29. Chris Holmes 94.29 (94.25).

Tonbridge Half Marathon. 53. Trang Nguyen 90.57 (90.55), 287. James Tootell 1.47.28 (1.47.06), 634. Dave Leal 2.04.09 (2.03.27).

9-19/10/25

European Masters Championships, Ribeira Brava, POR. **M35.** 100. 4. Duayne Bovell 11.19 0.0. SF2. 3. Duayne Bovell 11.30 - 1.6. Ht5. 1. Duayne Bovell 11.45 -0.1. 200. Ht3. 2. Duayne Bovell 23.67 -1.2. 4X100. 1. GB (Including Duayne Bovell) 43.17. **M40.** 100. SF2. 7. Ashley Reid 12.35 -1.8. Ht7. 3. Ashley Reid 12.31 -1.3. 200. Ht5. 3. Ashley Reid 25.05 -1.1. 4x100. 5. GB (Including Ashley Reid) 46.98. **W45.** 100. 8. Louisa Vallins 13.70 -3.3. SF2. 4. Louisa Vallins 13.50 -1.9. Ht2. 2. Louisa Vallins 13.29 1.1. 4x100. 2. GB (Including Louisa Vallins) 52.45. **W70.** 100. 1. Helen Godsall 15.34 -2.0. Ht3. 1. Helen Godsall 15.41 - 2.5. 200. 1. Helen Godsall 32.29 -1.3. Ht1. 1. Helen Godsall 31.94 1.0. 4x100. 1. GB (including Helen Godsall) 65.02 (British Record). Mixed 4x400. 2. GB (inc Helen Godsall) 5.06.70.

11/10/25

Kent League, Foothills Cray Meadows. SM. 3. Jack Shayler 26.02, 9. Sam Parsons 26.54, 25. Leonardus De Bruyn (M45) 28.23, 37. Micah Evans (M40) 29.15, 40. David Adams (M35) 29.23, 46. William Reedman-White 29.49, 55. Martin Richardson (M40) 30.22, 66. Scott Poulter (M40) 31.20, 69. Christian Clement (M40) 31.23, 74. Paolo Lancini 31.38, 78. Gareth Evans (M45) 31.57, 85. Paul Sharpe (M45) 32.14, 95. Philip Bunn (M45) 32.48, 114. Gregory Firth (M45) 33.58, 133. Darren Corneille (M45) 34.38, 136. Jonathan Pairman 34.44, 168. Barry Horgan (M50) 36.45, 172. Jason Meers (M55) 37.07, 181. Colin Pearson (M55) 37.42, 194. Chris Martin (M50) 38.27. Teams. 4 to score. 4. B&B 74. 12 to score. 3. B&B 587. **SW.** 1. Chloe Taylor-Costin 29.52, 2. Hannah Clark 30.38, 12. Jennie Butler (W50) 35.07, 13. Trang Nguyen (W40) 35.34, 17. Gracie Horton 36.11, 31. Sarah Belaon (W40) 38.33, 60. Angelina Stephens (W45) 40.49, 74. Elizabeth Bunn (W45) 42.12. Teams. 3 to score. 1. B&B 15. 6 to score. 1. B&B 76. **U20M.** 3. Harry Fage 17.17, 4. Mark Constable 17.37. **U20W.** 4. Kyla Dervish 19.56. **U17M.** 1. Joseph Scanes 15.49, 4. Joseph Hill 16.12, 5. Alex Martin 16.46, 8. Nathan Clark 17.00, 9. Aniket Iyengar 17.01, 10. Kian Farrell 17.12, 11. Daniel Horgan 17.18, 18. Madalitso Valema-Mwanza 17.51. Teams. 1. B&B 10. **U17W.** 10. Aoife McDonagh 20.55, 11. Naimah Mossi 21.04, 16. Hannah Carter 21.56, 17. Jasmine Mahoney 22.01, 18. Charlotte Stevens 22.10, 19. Aida Palomares-Dominguez 22.19, 21. Rowan Pearson 22.41, 22. Freya Dinwiddie 22.59, 26. Niamh Stanley 23.41, 28. Caitlin Hough 24.22, 30. Lily Bridgeman 24.40. Teams. 4. B&B 37. **U15B.** 4. Johnny Lee 14.02, 6. Ricardo Cervera-Tomlins 14.18, 12. Jack Barlow 14.30, 18. Alex Smith 14.53, 20. Nathan Crossan 14.55, 23. Patrick Doyle 14.59, 30. Dexter Mein 15.11, 31. Billy Pharoah 15.12, 33. Benjamin Evans 15.16, 40. Aaron Crossan 15.25, 43. Zach Poulter 15.33, 51. Matthew Tootell 15.44, 52. Teddy Hughes 15.46, 54. Edward Ruth 15.57, 59. Finn Gotkine 16.15, 63. Joshua Bentley 16.23, 65. Luke Eperon 16.34, 66. Jesse Williams 16.39, 68. Lewis Crick 16.50, 72. Akin Adeyemo 16.59. Teams. 2. B&B 22. **U15G.** 4. Harriet Hughes 15.37, 5. Alba Homans-Yau 15.56, 6. Evie De Bruyn 16.07, 10. Sofia Mossi 16.21, 11. Ella Rae 16.34, 16. Melody Lindsey 17.14, 18. Holly Alford-Smith 17.20, 22. Aoife Stanley 17.38, 26. Stella Garvey 17.48, 28. Chloe Morez 18.07, 29. Eva John 18.21, 31. Lily Day 18.22, 37. Elliott Amos 18.43, 38. Imogen Jenner-Heard 19.00, 46. Clemence Ducep 20.10, 50. Nancie Cox 20.47. Teams. 1. B&B 15. **U13B.** 1. Emery Aldridge 10.16, 3. Zachary Evans 10.22, 9. Akul Gurunathan 10.55, 10. Anthony Streich 10.57, 12. George De Bruyn 10.59, 45. Haydn Kenny 12.07, 49. Fletcher Kelly 12.13, 64. Frederick Mooney 13.16, 67. Ethan Hunstone 13.35. Teams. 1. B&B 13. **U13G.** 2. Jasmine Stephens 11.49, 6. Elsa Matthews 12.23, 8. Holly Tallack 12.25, 10. Lucy Beeraje 12.32, 13. Zara Lett 12.50, 14. Arianne Paranjpe 12.52, 16. Olivia King 12.58, 17. Lena Aldridge 12.59, 18. Ella Nickson 13.08, 19. Louisa Ball 13.14, 21. Mollie Sedgwick 13.18, 25. Alice Bunn 13.33. Teams. 1. B&B 16.

Parkruns. Bromley. 3. Nick Kibblewhite 17.04, 11. Clayton Aves 18.21, 17. Steve Evenden 18.50, 25. Damian Hayes 19.16, 26. Harry Schmidt 19.26, 87. Cornelius Griffin 21.43, 139. Matthew Maddocks 23.23, 155. Gareth Griffin 23.43, 178. Austin Adams 24.16, 276. Florence Watson 26.27. **Endcliffe.** 111. Abigail Kingston 22.52. **Beckenham Place park.** 337. Anthony Pontifex 56.59. **Whitstable.** 177. Chris Pike 28.36. **South Norwood.** 63. Angela Powell 25.48. **Newport.** 103. Dave Leal 26.54. **Pymmes.** 94. Bob Thomas 32.15, 118. Richard Griffin 39.28. **Eden Project.** 7. James Webber 19.13. **Margate.** 11. Cameron Swatton 20.49. **Tonbridge.** 29. Jessica Keene 21.01, 104. Mark Ellison 23.45, 255. Mick Keene 26.57, 310. Anne Cilia 28.19. **Dartford Heath.** 23. Robert Whyte 24.10. **Tooting Common.** 58. Eloise O Shaughnessy 22.01. **Etna.** 12. James Cunningham 26.26. Bethlem Royal Hospital. 12. Katy Sugden 22.45, 33. Mike Simms 26.04, 40. Jackie Montgomery 27.11. **Hikarigaoka koen.** 100. Barry Wetherilt 33.18. **Sutcliffe.** 3. Douglas Varney 17.47. **Swanley.** 51. John Isaacs 46.26, 52. David Appleton 46.26. **Rendlesham Forest.** 4. Steve Cooper 20.32, 68. Zoe Kingsmill 32.54, 76. Andrew Kingsmill 34.20.

Surrey League Div One, Hurst Green. 156. Jane Bradshaw 27.54.

Everton 10km. 35. Jasper Brooks 37.52 (37.46).

12/10/25

Petts Wood 10km. 1. Nicholas Clegg 34.14, 2. Oliver Ward 35.01, 3. Justin Strover 35.04, 4. Jake Leng 35.28, 7. Graeme Lugar 36.14, 9. David Adams 36.54, 29. Ryan Alford Smith 40.54, 59. Chris Fishlock 43.56, 77. Gareth Evans 45.00, 147. James Tootell 47.40, 170. Florent Marrou 48.31, 266. Danny Freeman 51.45, 288. Austin Adams 52.40, 473. Neil Roberts 58.07, 764. Ben Read 68.52.

Bank Of America Chicago Marathon. 264. Dylan Mitchard 2.32.29, Matt Bullen 3.26.23, Steve Pairman 3.33.53.

Manchester Half Marathon. 59. James Meader 69.37, 277. Alistair Love 77.11.

SPAR Budapest Marathon. 4314. George Collins 5.04.29 (4.41.23), 5125. John Turner 5.36.01 (5.12.54)

17/10/25

Nuttycombe Invitational, Madison, WI, USA. SW. C. 65. Eliza Nicholson 20.51.

18/10/25

Kent League, Somerhill School, Tonbridge. Senior Men. 8. Sam Parsons 26.55, 20. Micah Evans (M40) 28.09, 27. Leonardus De Bruyn (M45) 28.46, 29. Justin Strover 28.56, 31. David Adams (M35) 29.05, 33. Graeme Lugar 29.09, 44. William Reedman-White 29.47, 50. Sam Aldridge (M45) 30.07, 55. Martin Richardson (M40) 30.39, 64. Douglas Varney (M50) 31.11, 81. Gareth Evans (M45) 32.01, 84. Paul Sharpe (M45) 32.20, 92. Gregory Firth (M45) 32.52, 94. Philip Bunn (M45) 32.58, 98. Jonathan Pairman 33.13, 113 James Webber (M50) 34.03, 138. Darren Corneille (M45) 35.24, 165. Barry Horgan (M50) 37.11, 188. Chris Martin (M50) 38.37, 202. James Olav Breen Norris 40.16, 218. Mark Ellison (M65) 43.20. Teams. 4 to score. 3. B&B 84. 12 to score. 2. B&B 526. **Senior Women.** 2. Chloe Taylor-Costin 29.41, 3. Hannah Clark 30.16, 15. Jennie Butler (W50) 34.45, 23. Gracie Horton 36.14, 35. Sarah Belaon (W40) 38.23, 51. Angelina Stephens (W45) 39.43, 78. Elizabeth Bunn (W45) 42.30. Teams. 3 to score. B&B 20. 6 to score. 3.B&B 129. **U20M.** 2. Jed Starvis 16.56. **U20W.** 4. Kyla Dervish 20.47, 7. Liberty Whyte 21.31. **U17M.** 1. Joseph Scanes 16.18, 2. Joseph Hill 16.24, 6. Alex Martin 17.17, 8. Aniket Iyengar 17.21, 9. Nathan Clark 17.25, 11. Daniel Horgan 17.48, 15. James Shaw 18.07, 16. Kian Farrell 18.09, 20. Madalitso Valema-Mwanza 18.21. Teams. 1. B&B 9. **U17W.** 12. Jasmine Mahoney 22.38, 14. Rowan Pearson 22.50, 16. Aida Palomares-Dominguez 22.55, 17. Niamh Stanley 23.23, 23. Caitlin Hough 25.37. Teams. 4. B&B 42. **U15B.** 7. Johnny Lee 14.08, 11. Jack Barlow 14.20, 19. Alex Smith 14.43, 24. Benjamin Evans 14.52, 25. Billy Pharoah 15.00, 26. Dexter Mein 15.09, 32. Juan Tabares Vicente 15.21, 33. Zach Poulter 15.22, 42. Matthew Tootell 15.52, 48. Jesse Williams 16.16, 52. Akin Adeyemo 16.38, 55. Lewis Crick 16.43. Teams. 3. B&B 37. **U15G.** 4. Harriet Hughes 15.34, 5. Evie De Bruyn 15.37, 6. Alba Homans-Yau 15.46, 7. Sofia Mossi 15.52, 11. Ella Rae 16.17, 18. Stella Garvey 17.23, 22. Eva John 17.35, 24. Isabella Jenkins 17.43, 25. Chloe Morez 17.46, 33. Aoife Stanley 18.31, 36. Elliott Amos 18.45, 39. Imogen Jenner-Heard 18.55, 44. Clemence Ducep 20.06. Teams. 1. B&B 15. **U13 Boys.** 1. Emery Aldridge 9.49, 2. Zachary Evans 10.03, 7. Akul Gurunathan 10.31, 9. George De Bruyn 10.33, 10. Anthony Streich 10.36, 11. Luc Jones 10.41, 21. Harry Beeraje 10.58, 31. Fletcher Kelly 11.31, 45. Haydn Kenny 12.04, 52. Frederick Mooney 12.20, 59. Ethan Hunstone 12.46. Teams. 1. B&B 10. **U13G.** 1. Lucy Junginger 11.14, 2. Jasmine Stephens 11.17, 8. Olivia King 12.11, 10. Lucy Beeraje 12.12, 11. Lena Aldridge 12.24, 12. Arianne Paranjpe 12.26, 13. Mollie Sedgwick 12.29, 15. Zara Lett 12.36, 20. Alice Bunn 13.12. Teams. 1. B&B 11. **Parkruns.** Bromley. 7. Nick Kibblewhite 17.22, 27. Cameron Swatton 19.02, 41. Steve Evenden 19.44, 46. Harry Schmidt 19.54, 104. James Tootell 21.44, 119. Robert Whyte 22.09. 121. Damian Hayes 22.11, 161. Matthew Maddocks 22.58, 181. Austin Adams 23.22. Avery Hill. 2. Douglas Varney 18.39. Maidstone River Park. 309. Tom Phillips 43.25. Beckenham Place park. 12. Bertie Harrington 20.32, 40. Carlotta Weitzel 22.04, 54. Rod Harrington 22.52, 72. Cornelius Griffin 23.41. Whitstable. 141. Chris Pike 28.25. Durham. 73. Olivia Berry 22.39. Hoblingwell. 1. Oliver Knowles 20.06, 82. John Isaacs 45.19, 81. David Appleton 45.19. Burgess. 62. Trang Nguyen 20.13. Orpington. 148. Karen Desborough 35.53. Osterley. 277. Bob Thomas 32.38, 338. Richard Griffin 42.13. Tonbridge. 197. Mick Keene 26.49. Tooting Common. 47. Eloise O Shaughnessy 21.10. South Boulder Creek. 19. Steven Pairman 24.00, 50. Julia Pairman 30.13. Felixstowe. 9. Steve Cooper 19.14. Walmer and Deal Seafront. 10. Ryan Alford-Smith 20.13. Bethlehem Royal Hospital. 9. David Beadle 22.01, 38. Jackie Montgomery 26.57. Charlton. 48. George Collins 23.54, 165. Zoe Kingsmell 30.24.

19/10/25

Lightning Bolt 10km, Langley Burrell. Race 5. 9. Dan Kennedy 33.27.

Maidstone Half Marathon. 37. Trang Nguyen 94.94.

25/10/25

Club 5. 1. Micah Evans 28.03, 2. Graeme Lugar 28.43, 3. Kevin Fini 28.48, 4. William Reedman-White 29.07 (1st HCAP), 5. David Adams 29.37, 6. Douglas Varney 30.34 (2nd HCAP), 7. Johnny Lee 32.09, 8. Benjamin Evans 32.12, 9. Gregory Firth 33.28, 10. James Naylor 34.02, 11. Jennie Butler 34.18, 12. Trang Nguyen 35.28, 13. Aoife McDonagh 37.02, 14. Evie De Bruyn 37.11, 15. Billy Pharoah 37.16, 16. Andrew Lawes 38.09 (3rd HCAP), 17. Chris Martin 38.52, 18. Cornelius Griffin 40.00, 19. Angelina Stephens 41.03, 20. Jasmine Stephens 41.04, 21. Mark Ellison 41.32.

Parkruns. Bromley. 6. Zachary Evans 16.59, 12. Akul Gurunathan 17.56, 35. Harry Schmidt 19.43, 37. Harriet Hughes 19.46 (1st woman), 77. Lewis Crick 21.23, 147. Damian Hayes 23.10, 156. Austin Adams 23.28, 182. Gareth Griffin 24.12, 234. Justin Strover 25.23, 338. Helen Godsell 27.45, 509. Reynaldo Guevara 31.25. **Grovelands, Enfield.** 215. Bob Thomas 33.12, 255. Richard Griffin 42.55. **Maidstone River Park.** 300. Tom Phillips 43.25. **Beckenham Place park.** 1. Leonardus DeBruyn 17.09, 54. David Beadle 22.47, 66. Rod Harrington 23.17, 256. Zoe Kingsmell 31.35, 337. Anthony Pontifex 58.11. **Nonsuch.** 111. Robert Whyte 23.15. **Lloyd park.** 6. Billy Pharoah 20.42, 227. John Isaacs 46.09, 228. David Appleton 46.10. **Poole.** 36. Ryan Alford-Smith 19.00, 116. Holly Alford-Smith 21.21, 571. Mick Keene 28.51. **Hoblingwell.** 2. Oliver Knowles 19.54.

Vogrie. 19. Stella Garvey 23.01. **Darlington South.** 1. Jed Starvis 16.53. **Orpington.** 148. Karen Desborough 36.07. Margate. 43. Eva Denbow 25.22. **Lanhydrock.** 27. Rowan Pearson 25.26, 38. Freya Pearson 27.21, 39. Colin Pearson 27.25. Colby. 38.

Mick Jones 24.27. **Kesgrave**. 8. Steve Cooper 19.44. **Leybourne Lakes**. 52. Cameron Swatton 24.17. **Tooting Common**. 32. Eloise O Shaughnessy 20.16. **Dalby Forest**. 4. Philip Bunn 19.11, 81. Alice Bunn 27.09, 82. Elizabeth Bunn 27.10. **Hasenheide**. 70. James Cunningham 23.32. **Foots Cray Meadows**. 2. Douglas Varney 19.22. **Morecambe Prom**. 4. Kian Farrell 17.51. **Kingdom**. 83. Anne Cilia 31.50. **Bethlem Royal Hospital**. 2. Nick Kibblewhite 19.30, 13. Katy Sugden 23.09, 29. Ian Montgomery 25.07, 48. Jackie Montgomery 27.46. **Clevedon Salthouse Fields**. 24. Alba Homans- Yau 20.27. **Seven Fields**. 69. Scott Bulmer 27.43. **Central parkrun, Plymouth**. 37.34 Steve Evenden 22.52. **Sunshine Beach**. 53. Barry Wetherilt 32.42. **Abbey Park**. 197. George Collins 37.17. **Morden**. 60. Mike Simms 26.31. **Coal Creek Trail**. 4. Steven Pairman 23.55, 6. Julia Pairman 31.57 (1st woman). **Queen Elizabeth's Grammar School**. 27. Iain Swatton 24.49.

26/10/25

RunThrough Maidenhead Half Marathon. 10. Sam Douglass 72.25 (72.20)

31/10/25

ACC Cross Country Championships, Louisville, KY, USA. SW. 48. Eliza Nicholson 20.29.

150 Years ago in October 1875

At the Peckham Athletics Club Sports “considerably more than a capful of wind swept bitterly across Kennington Oval making the competitors in their brilliant but frail costumes, exquisitely uncomfortable, and the numerous spectators dismal and defiant” Races are all handicaps ranging from 100 yards up to two miles. The band of the 10th Surrey Rifles Volunteers play at intervals during the afternoon

125 Years ago in October 1900

Some 40 members take part in the Opening Run. “two of our wounded warriors from the front, Ballardie and Sturgeon, were sufficiently recovered to take part in the run” In the evening a very successful smoking concert was held.

There are 18 starters in the annual seven and a half mile walk from the Imperial Arms at Chislehurst to HQ. A huge and enthusiastic crowd witnessed the start.

There is a water polo match against Otter Swimming Club.

100 Years ago in October 1925

1st. St John Matthews Cup. Blackheath defeat South London Harriers in the rowing race.

3rd. Opening Day. The Club opens it’s the 57th Cross Country season... “85 members mark the occasion – surely a record in the history of the Club... In the evening a large party gathered in the Club Room for supper and a “smoker”

10th. Novices Race.

19th. “A departure from recent custom was taken in holding the AGM in town and on a weekday at the Devereux Hotel in the Strand. The experiment was justified by the result. The new President is T. K Grant*, taking over from H. A. Munro**.

24th. Match v RMC (Sandhurst) including Five Mile Championship and Sealed Handicap. First in the Club 5 is R. D. Bell with G. N. Bridgman second and D. J. Mobbs third. In the team race RMC win by 24 points. “After the running, the visitors were borne off to the Club-room for the customary festivities”

28th Bohemian Concert at the Stadium Club, Holborn. “Everybody was unanimous in agreeing that it was a jolly good show, especially when taking into consideration the low cost of admission... The poor attendance at the concert was a great disappointment to the Entertainments Committee only about 330 being present.”

31st Ordinary Run. A seven mile run with 50 members taking part. “Smitho...gleefully laid the trail over a field of rotting cabbages which literally buzzed. Groaning pathetically for gas-masks, we choked and spluttered, and cursed all trail-layers in general and Smitho in particular.”

**It was apparently T. K. Grant who Columbus-like, spied out the building which at the present day is our Clubhouse and Headquarters and which is not only our own property but where we have been for as long as we were at “The Green Man” (p119 the Centenary History Of Blackheath Harriers, Second Edition).

** H A Munro was the AAAs four mile champion in 1895, though he was not a Club member at the time.

75 years ago in October 1950

Roy Morley wins the Club 5 Mile Championship in his first race as a Blackheath Harrier. Second is Alan Brent and third L Fletcher in a field of 70 runners.

New President is F W Parker taking over from S D Taylor.

50 years ago in October 1975

At the AGM the new President John Baldwin is introduced and the Courier at the time (then known as the Newsheet) states "John is of course still very active on the track, the road and across the country though it was as a Long Jump/Hurdle specialist that he joined the Club in April 1955. Indeed, he first competed for the Club in the long jump; the hurdles stood him in good stead later for what became possibly his best track event though he is among the top few members at all disciplines from two miles up. Over the country he was a Kent title holder, had a 5th and 7th place in successive years in the Southern and a 17th in the National, he has represented the ECCU."

New Vice Presidents are Fred Dyer, Chris Haines and Gordon Hickey.

Peter Shepheard is the new Club Treasurer. "the track stays much as it was with Peter Horwood, John Fenton and Mike Mahoney, and Andy (Frankish) as track secretary"

The 200 Club shows a profit of £734 for 1974/75 and numbers have increased to 159 members. Memberships is £1 a month. The Bumper September prize was £194.

In the afternoon Peter Hamilton wins the Club 5 by one second from Bob Richardson with Ted Pepper in third. Blackheath beat London University in a Mob Match scoring 23 a side, with Richard Coles winning the race.

25 years ago in October 2000

Mark Steinle finishes in 56th place in the Olympic Marathon in Sydney in a time of 2.24.42.

Dwayne Grant is part of the winning Great Britain 4x100 metres relay team at the World Junior Championships in Santiago, Chile. They set a new Championship record of 39.05. It is only 0.05 seconds outside the World Junior record set by the USA in 1983. He is 7th in the 200 in 21.33. He breaks Julian Golding's Club Junior 200 metre record in the semi final with 20.88. Earlier in the month Dwayne wins the 200 metres for the GB Under 20 team in a match against Italy, France and Spain at Grosetto in Italy. His time is 21.27. He is part of the 4x100 team who finish second in 39.74. Nange Ursell is 7th in the 400 hurdles.

At the Cross Challenge in Liverpool, Dan Ayrton is eighth in the under 20 mens race with Peter Tucker eleventh.

Dave Taylor wins the opening race of the season in the Surrey Mens Cross Country League

Andy Arrand finishes second in the Manchester Marathon in 2.24.40.

Anthony Draper wins the Club 5 with John Morland second and Steve Cooper third. Natalie Brightwell is first in the womens race with Alison Jelly 2nd and Anne Cilia 3rd.

John Morland wins the Forbanks 10km in 35.23 with Terry Brightwell first M50 IN 36.33. Together with Will Slack they win the team race.

After finishing 8th in the Southern Road Relays, Blackheath finish 32nd in the National 6 stage road relay at Sutton Coldfield. "Very well done and thank you the BH team, and supporters that turned out for this event. It was run in the wettest conditions that I can remember for any 6 or 12 stage road relay", Team manager Ian Wilson reports, "Basically it rained, and the wind blew throughout the whole race, making the course treacherous for the runners with large puddles and lots of wet leaves everywhere. It was a testing day for supporters too, very little shelter. Thanks, Granddad Ayrton for bringing the Juniors up, in good time for the race. The team on the day was a mix of youth and experience and they each gained something from the day. Be it experience of relay racing at this level or how much work needs to be done for good results later in the season. Particular thanks must go to Pat Calnan, who did not really want to run, but did, and I think enjoy it, and he was the last person available to run from our entry of 18 names! The results were:- leg 1 35 Bill Foster 18:21, leg 2 30 Dan Ayrton 18:05, leg 3 32 Tim Dickinson 19:06, leg 4 30 Russell Bentley 18:53, leg 5 26 Peter Tucker 18:53, leg 6 32 Pat Calnan 21:08. 61 teams finished." Your editor had forgotten about this race, but now has some vague recollections. It's no fun racing when you aren't fit but if it means the Club complete a team at a National Championship it's worth it.

It's the London to Brighton race... "Leading the Heathens home in an international field was Will Slack who timed 8 hours 56 minutes and 24 seconds. Second for the Club was John Turner, the 12th time the 50 year old has completed the course. With Bernie Bater the 3rd counter, they finished 4th in the overall team race and were 3rd in the South of England Ultra Distance Championships which were incorporated in the event.

Further down the field 21 year old Gareth Griffin reached the finish but then waited over half an hour for his father Dick and Colin Poole so that they could cross the line together. In pausing before the finish he missed the cut off time for a medal but as he said "it's only a bit of metal. I said to my dad I'd finish with him." Three years ago Gareth ran the race for the first time after making a full recovery from cancer.

If you think running to Brighton is extreme, how about running there and back? Derek Reynolds did this in 1954 except it was from Brighton to London and back. His time was 14.54.59.

Derek won the London To Brighton race in 1952 and fellow Club member Lew Piper was victorious in 1951.