

# SOUTHERN LEAGUE - Results Form (Four club matches - Division 3)

1. Try to ensure that your meeting runs to time.
2. Announce the team scores frequently to create interest in the fixtures.
3. Ensure the total points allocated + waste total 360 before confirming the result.
4. **Immediately** the match is finished, telephone the result to your Divisional Secretary listed below. He should not have to chase you.
5. After the match, as well as seeing that each competing club receives a copy of the results, copies should be sent to *Athletics Weekly*, 83 Park Road, Peterborough, Cambs PE1 2TN and to Power of 10, Umbra Athletics Ltd, Unit 1 Bredbury Business Park, Bredbury, Stockport SK6 2SN
6. Please do carry out these tasks especially phoning the result to the Divisional Secretary before you go out for the evening.

## Divisional Secretaries

- Division 1 - Graham Berry, 30 Kings Park, Chulmleigh, Devon, EX18 7DJ. (01769-580160) - use normal 5 club results form  
 Division 2 - Don Turner, 40 Rosedale Road, Stoneleigh, Epsom, Surrey KT17 2JH (020-8393-8950) - use normal 5 club results form  
 Division 3N - John Denford, 104 Carnarvon Avenue, Enfield, Middlesex, EN1 3DS. (020-8367-5403)  
 Division 3S - Joe Camacho, 29 Cheltenham Road, Orpington, Kent, BR6 9HL (01689 835245)  
 Division 3W - Terry Burbidge, 91 Khasiaberry, Walnut Tree, Milton Keynes, Bucks, MK7 7DS. (01908-608269)  
 Division 4E - David Barrington, The Kraal, Wheatley's Eyot, Lower Sunbury, Middlesex TW16 6BU (01932-789758) - separate results form  
 Division 4W - Don Turner, 40 Rosedale Road, Stoneleigh, Epsom, Surrey KT17 2JH (020-8393-8950) - separate results form

## RESULT

	<u>Team</u>	<u>Points</u>	<u>Division</u>
1	<u>BLACKHEATH</u>	<u>115</u>	<u>Southern Mens Div 3</u>
2	<u>T. WELLS + LAMTON</u>	<u>96</u>	<u>Tonbridge</u>
3	<u>CRANLEY</u>	<u>94</u>	
4	<u>KINGSTON + P</u>	<u>19</u>	<u>01/08/09</u>

# TRACK EVENTS

## Clubs & Letters

	String	1st 4	2nd 3	3rd 2	4th 1	T	C	B	R	Waste
400m Hlds (58.0)	A	JAMES POWELL BLACKHEATH 61.9	SIMON CULLER Tiwells 68.3	ROB CREED CRAWLEY 73.0	N/A	3	2	4	0	1
	B	DAVE MCKINLEY BLACKHEATH 65.0	SIMON HOLLAND Tiwells 70.4	KEV HOLLAND CRAWLEY 73.0	N/A	3	2	4	0	1
100m (11.1)	A	DOMINIC DUBRELL CRAWLEY 11.5	SANDRO CHARMAN Tiwells 11.7	NEIL FRANCIS BLACKHEATH 11.7	N/A	3	4	2	0	1
	B	GRAHAM STIRLING Tiwells 11.8	SUFFIAN SULTAN Blackheath 12.0	STEVE HOFFMAN CRAWLEY 12.1	N/A	4	3	3	0	1
800m (1-55.0)	A	MATT PEEL CRAWLEY 159.4	BANKYAN BLACKHEATH 2:00.2	BENJAMIN STONE Tiwells 2:16.8	N/A	2	4	3	0	1
	B	RICHARD DAVIS Blackheath 2:01.8	CARL JAMES CRAWLEY 2:09.6	SIMON CULLER Tiwells 2:55.4	N/A	2	3	4	0	1
5000m (14-55.0)	A	JOHN THORPE Blackheath 16:04.3	DAVE DREAGER CRAWLEY 16:57.9	SIMON NORRIS TURBROUGE WELLS 18:15.2	N/A	2	3	4	0	1
	B	KEV HOLLAND CRAWLEY 17:09.5	A. CLIFF Blackheath 17:19.1	STUART SMYTH TURBROUGE WELLS 20:30	N/A	2	4	3	0	1
400m (50.5)	A	PICKED DAVIS Blackheath 52.5	MATT PEEL CRAWLEY 52.8	EMILIE SMYTH Tiwells 54.6	N/A	2	3	4	0	1
	B	RICHARD DAVIS Blackheath 52.7	DOMINIC DUBRELL CRAWLEY 56.4	HENRY SHINE Tiwells 60.0	N/A	2	3	4	0	1
110m Hlds (16.0)	A	SCOTT STIRLING Tiwells 17.2	IAN HADJIO Blackheath 21.0	N/A	N/A	4	0	3	0	3
	B	SIMON NORRIS Tiwells 21.9	DAVE MCKINLEY Blackheath 24.8	N/A	N/A	4	0	3	0	3
					Totals C/F (Aggregate 120)	33	30	41	0	16

# TRACK EVENTS - Continued

## Clubs & Letters

Event	String	1st	2nd	3rd	4th	T	C	B	R	Waste
200m	A	Chris Brownlee Crawley 23.6	Ronnie Parkinson Blackheath 23.8	James Chaman Tilwells 24.0	N/A	2	4	3	0	1
(22.5)	B	Steve Hoffman Blackheath 23.4	Steve Hoffman Crawley 24.2	James Smith Tilwells 24.7	N/A	2	3	4	0	1
1500m	A	Ben Rye Blackheath 4:14.9	Paul Stone Crawley 4:18.5	Herby Stone Tilwells 5:11.2	N/A	2	3	4	0	1
(3-55.0)	B	Andrew Conway Blackheath 4:18.0	Adrian Payne Crawley 4:24.7	Grant Smith Tilwells 5:34.7	N/A	2	3	4	0	1
4 x 100m (44.0)		Blackheath 4:5.5	Crawley 4:5.8	Tunbridge wells 4:6.3	N/A	2	3	4	0	1
3000M Sitch	A	Rob Creed Crawley 10:23.8	Dave McKinley Blackheath 10:36.1	Simon Havel Tunbridge wells 11:36.7	N/A	2	4	3	0	1
(9-50.0)	B	Tim Ellis Crawley 10:57.5	Richard Hall Blackheath 11:52.1	Simon Cullen Tunbridge wells 14:25.2	N/A	2	4	3	0	1
4 x 400m (3-26.0)		Blackheath 3:37.5	Crawley 3:47.4	Tunbridge wells 3:52.6	N/A	2	3	4	0	1
Total This Page (Aggregate 80)						16	27	29	0	8
Brought Forward (Aggregate 120)						33	30	41	0	16
Total Track Events (Aggregate 200)						49	57	70	0	24

70  
57  
49

# FIELD EVENTS - Jumps

## Clubs & Letters

String	1st	2nd	3rd	4th	T	C	B	R	Waste
Long Jump (6.80)	A GRANT STIRLING T.WELLS 6.16 JAMIE SMITH T.WELLS 5.02	B COURTNEY YUBANK BLACKHEATH ADRIAN HAINES BLACKHEATH 5.33	C GEORGE SIMPKINS CRAWLEY 5.85 DAN MCKEOWN BLACKHEATH 5.28	D PIERS SIMPKINS KINGSTON 5.04	4	2	3	1	0
High Jump (1.90)	A GEORGE SIMPKINS CRAWLEY 1.80 GREG HULLOC BLACKHEATH 1.60	B GRANT STIRLING T.WELLS 1.60 CARL DENNICE CRAWLEY 1.55	C JAMES POWELL BLACKHEATH 1.60 JAMES CHAMIN T.WELLS 1.40	D N/A	3	4	2	0	1
Pole Vault (3.70)	A PIERS SIMPKINS KINGSTON 3.00 SIMON HART T.WELLS 2.00	B ALAN HADY BLACKHEATH 3.00 RICHARD DANIEL BLACKHEATH 1.15	C GREG STIRLING T.WELLS 2.60	D GEORGE SIMPKINS CRAWLEY 2.40	2	1	3	4	0
Triple Jump (13.50)	A GREG STIRLING TUMBERG 12.91 GEORGE SIMPKINS CRAWLEY 10.88	B TARA SHEITH KINGSTON 12.52 JAMES POWELL BLACKHEATH 10.57	C N/A COURTNEY YUBANK BLACKHEATH 12.05 SIMON GULLER TUMBERG 11.99	D ADRIAN HAINES CRAWLEY 11.81	4	0	3	0	3
					2	4	3	0	1
					25	18	22	8	7

Totals C/F (Aggregate 80)

# FIELD EVENTS - THROWS

## Clubs & Letters

	String	1st A	2nd B	3rd C	4th L
Hammer (42.00)	A	JAKE HAYLOCK BLACKHEATH 22.14	ADAM SHARPE T.WELLS 21.10	KEVIN ASTON CRAWLEY 15.33	N/A
	B	MEHMET TAPPAK BLACKHEATH 27.68	SIMON HOLLER T.WELLS 10.35	TORRY BARRS T.WELLS 15.25	N/A
Javelin (52.00)	A	M. VAN DER BLACKHEATH 50.91	MIKE CLARKE KINGSTON 44.82	KEVIN HOLLAND CRAWLEY 30.41	GRANT STIRLING T.WELLS 36.36
	B	PIERS STAMMUS KINGSTON 37.78	JAMES CHARLTON T.WELLS 25.81	KEVIN ASTON CRAWLEY 31.48	Sonathar Pelt Blackheath 26.15
Shot (12.75)	A	PIERS STAMMUS KINGSTON 9.68	ADAM SHARPE T.WELLS 9.31	KEVIN ASTON CRAWLEY 8.93	DAN MCKEOWN BLACKHEATH 6.37
	B	GRANT STIRLING T.WELLS 8.84	CHRIS BRANLEE CRAWLEY 8.42	NEIL FRANCIS BLACKHEATH 6.37	N/A
Discus (38.00)	A	KEVIN ASTON CRAWLEY 28.25	MIKE V.D. JOSTER BLACKHEATH 26.86	GRANT STIRLING T.WELLS 24.71	-
	B	GREG MELLOSA BLACKHEATH 23.53	ADAM SHARPE T.WELLS 22.51	STEPHEN MCKEOWN CRAWLEY 21.08	-

Totals This Page (Aggregate 80)

Clubs	Letters
BLACKHEATH	B
T.WELLS + L	T
CRAWLEY	C
KINGSTON + P	R

25	18	22	8	7
49	57	70	0	24
96	94	115	19	36
2	3	1	4	

770  
1000