

Southern Premier Norman Park, Bromley  
Sunday, June 04 2006

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FINAL MATCH SCORES AND POSITIONS

Points Summary	B'wth & B	Herts P	Hav M	WG&EL				
Boys	257.0	157.0	200.0	129.0				
Girls	245.0	154.0	148.0	144.0				
Officials	25.0	16.0	12.0	25.0				
Total	<b>527.0</b>	<b>327.0</b>	<b>360.0</b>	<b>298.0</b>				
Position	<b>1</b>	<b>3</b>	<b>2</b>	<b>4</b>	<b>5</b>	<b>5</b>	<b>5</b>	<b>5</b>

ATHLETES OF THE MATCH				
	Name	Club	Age Group/Event	Performance
MALE TRACK	Matt Bloy	Hav Mays	U17M 800	1min 58.6
MALE FIELD	Bradley Armorgie	Herts	U17M HJ	1.86 m
FEMALE TRACK	Kitty Eleyae	WGEL	U15G 100	12.2 sec
FEMALE FIELD	Sarah Smith	WGEL	U17W HT	38.08 m

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Wind

Records  
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Grades

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	Perf	Wind	Records Grades		Perf	Grades	
T32	U17 Men's 100m 'A'	Wind=		U17 Men's 100m 'B'	Wind=		
1	J Kenny Howard	Herts Phoenix AC	11.4	G2*	1	JJ Ian Tobin	Herts Phoenix AC 11.6 G2*
2	C Marcus Morrison	Blackheath & Bromley	11.6	G2*	2	CC Jidi Muji	Blackheath & Bromley 11.9 G3
3	P Ashley Thomas	Woodford Green / EL	11.8	G3	3	PP David Farrugia	Woodford Green / EL 12.3
4	H Daniel McDowell	Havering Mayesbrook	12.1	G4	4	HH Joseph Ramie	Havering Mayesbrook 12.8
T8	U17 Men's 200m 'A'	Wind=		U17 Men's 200m 'B'	Wind=		
1	J Kenny Howard	Herts Phoenix AC	23.2	G2*	1	JJ Ian Tobin	Herts Phoenix AC 23.3 G2*
2	P Ashley Thomas	Woodford Green / EL	23.6	G3*	2	CC Jidi Muji	Blackheath & Bromley 24.5 G4
3	C Aston Stockdale	Blackheath & Bromley	24.0	G4*	3	PP David Farrugia	Woodford Green / EL 24.9
4	H Daniel McDowell	Havering Mayesbrook	24.6	G4	4	HH Grant Twist	Havering Mayesbrook 26.4
T25	U17 Men's 400m 'A'			U17 Men's 400m 'B'			
1	C Aston Stockdale	Blackheath & Bromley	53.3	G3*	1	CC Alex Blair	Blackheath & Bromley 54.3 G3
2	J Bradley Armorgie	Herts Phoenix AC	55.5	G4	2	HH Daniel Winters	Havering Mayesbrook 59.3
3	P Lee Lovelock-Jemcott	Woodford Green / EL	56.9		3	JJ Alex Moore	Herts Phoenix AC 63.8
4	H Craig Moore	Havering Mayesbrook	57.3		4		
T14	U17 Men's 800m 'A'			U17 Men's 800m 'B'			
1	H Matt Bloy	Havering Mayesbrook	01:58.6	G1*	1	P Omar Mansour	Woodford Green / EL 02:05.0 G3*
2	PP James Meadows	Woodford Green / EL	02:00.1	G2*	2	HH Daniel Winters	Havering Mayesbrook 02:09.7 G4
3	J Louis Walshe	Herts Phoenix AC	02:03.6	G3*	3	CC Edward Martin	Blackheath & Bromley 02:16.8
4	C Martyn Payne	Blackheath & Bromley	02:11.6	G4	4		
T37	U17 Men's 1500m 'A'			U17 Men's 1500m 'B'			
1	H Matt Bloy	Havering Mayesbrook	04:16.9	G3*	1	HH Robert Jones	Havering Mayesbrook 04:29.1 G4
2	J Max Thaddeus	Herts Phoenix AC	04:26.6	G4	2	JJ Louis Walshe	Herts Phoenix AC 04:43.3
3	P Ronny Spark	Woodford Green / EL	04:30.0	G4	3	CC Danny Piggott	Blackheath & Bromley 05:38.5
4	C Cameron Ward	Blackheath & Bromley	04:39.7		4	PP Mitchell Burns	Woodford Green / EL 06:42.7
T16	U17 Men's 3000m 'A'			U17 Men's 3000m 'B'			
1	H Grant Twist	Havering Mayesbrook	09:42.9	G4	1	CC Alistair Cliff	Blackheath & Bromley 09:59.5 G4
2	C Beau Szczepanski	Blackheath & Bromley	09:50.7	G4	2		
3	PP Mitchell Burns	Woodford Green / EL	13:56.0		3		
4					4		
T2	U17 Men's 400m Hurdles 'A'			U17 Men's 400m Hurdles 'B'			
1	H Chris Walden	Havering Mayesbrook	60.5	G2*	1	CC Simon Lloyd	Blackheath & Bromley 64.5 G4
2	J Alec Wing	Herts Phoenix AC	61.2	G3	2	HH Daniel Loynes	Havering Mayesbrook 65.4 G4
3	P Jayesh Sidhar	Woodford Green / EL	62.6	G3	3	PP Tom Hollis	Woodford Green / EL 74.5
4	C Beau Szczepanski	Blackheath & Bromley	63.1	G4	4		
T23	U17 Men's 100m Hurdles 'A'	Wind=		U17 Men's 100m Hurdles 'B'	Wind=		
1	H Chris Walden	Havering Mayesbrook	14.9	G3*	1	C Jared Fortune	Blackheath & Bromley 15.7 G4
2	J Alec Wing	Herts Phoenix AC	15.2	G3	2	HH Daniel Loynes	Havering Mayesbrook 18.8
3	CC Simon Lloyd	Blackheath & Bromley	15.3	G4	3		
4	P Jayesh Sidhar	Woodford Green / EL	15.3	G4	4		
T44	U17 Men's 1500m S/Chase 'A'			U17 Men's 1500m S/Chase 'B'			
1	C Alex Littlewood	Blackheath & Bromley	04:35.9	G2*	1	CC Sam Simpson	Blackheath & Bromley 05:09.9 G4
2	H Daniel Winters	Havering Mayesbrook	05:12.8		2	PP Tom Hollis	Woodford Green / EL 05:31.2
3	P Ronny Spark	Woodford Green / EL	05:14.8		3	HH Daniel Loynes	Havering Mayesbrook 05:45.1
4	J Peter Townsend	Herts Phoenix AC	05:24.8		4		
F2	U17 Men's Hammer (5k) 'A'			U17 Men's Hammer (5k) 'B'			
1	C Richard Al-Ameen	Blackheath & Bromley	54.73	G1*	1	CC Joe Stockton	Blackheath & Bromley 51.97 G2*
2	H Bradley Reece	Havering Mayesbrook	30.14	G4	2	HH Vincent Lazaro	Havering Mayesbrook 19.46
3	PP Lee Matherin	Woodford Green / EL	23.76		3	JJ Jon Shaw	Herts Phoenix AC 14.41
4	J Nicholas Dean	Herts Phoenix AC	22.94		4		

\*=AW Standards

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F9 U17 Men's Discus (1.5k) 'A'

1	P	Lee Matherin	Woodford Green / EL	42.60	G2*
2	HH	Craig Moore	Havering Mayesbrook	32.02	G4
3	C	Richard Al-Ameen	Blackheath & Bromley	29.25	G4
4	J	Nicholas Dean	Herts Phoenix AC	24.69	

U17 Men's Discus (1.5k) 'B'

1	H	Bradley Reece	Havering Mayesbrook	28.64
2	CC	Matt Jenkins	Blackheath & Bromley	26.40
3	JJ	Jack McKenzie	Herts Phoenix AC	23.60
4	PP	Peter Clark	Woodford Green / EL	16.54

F21 U17 Men's Shot Putt (5k) 'A'

1	CC	Joe Stockton	Blackheath & Bromley	12.42	G3*
2	JJ	Jack McKenzie	Herts Phoenix AC	9.85	
3	PP	Lee Matherin	Woodford Green / EL	9.70	
4	H	Bradley Reece	Havering Mayesbrook	9.61	

U17 Men's Shot Putt (5k) 'B'

1	C	Richard Al-Ameen	Blackheath & Bromley	10.44
2	P	Peter Clark	Woodford Green / EL	8.52
3	HH	Matt Bloy	Havering Mayesbrook	7.52
4	J	Ian Tobin	Herts Phoenix AC	6.20

F31 U17 Men's Javelin (700g) 'A'

1	P	Lee Lovelock-Jemmott	Woodford Green / EL	50.15	G2*
2	J	Nicholas Dean	Herts Phoenix AC	37.63	G4
3	H	Bonefasi Buwenro	Havering Mayesbrook	36.92	G4
4	C	Shaun Pease	Blackheath & Bromley	30.12	

U17 Men's Javelin (700g) 'B'

1	JJ	John Shaw	Herts Phoenix AC	29.23
2	PP	Tom Hollis	Woodford Green / EL	23.47
3	CC	Danny Piggott	Blackheath & Bromley	15.43
4	HH	Grant Twist	Havering Mayesbrook	11.10

F12 U17 Men's Pole Vault 'A'

1	C	Beau Szczepanski	Blackheath & Bromley	2.00
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U17 Men's Pole Vault 'B'

F28 U17 Men's High Jump 'A'

1	J	Bradley Armorgie	Herts Phoenix AC	1.86	G2*
2	H	Chris Walden	Havering Mayesbrook	1.68	G4
3	CC	Sam Peacock	Blackheath & Bromley	1.60	

U17 Men's High Jump 'B'

1	C	Shaun Pease	Blackheath & Bromley	1.45
2	HH	Craig Moore	Havering Mayesbrook	1.35
3	JJ	Max Thaddeus	Herts Phoenix AC	1.35

F16 U17 Men's Long Jump 'A'

1	H	Vincent Lazaro	Havering Mayesbrook	5.83	G3
2	C	Marcus Morrison	Blackheath & Bromley	5.57	G4
3	PP	Omar Mansour	Woodford Green / EL	5.53	G4
4	J	Alex Moore	Herts Phoenix AC	5.34	

U17 Men's Long Jump 'B'

1	P	Ashley Thomas	Woodford Green / EL	4.98
2	HH	Joseph Ramie	Havering Mayesbrook	4.93
3	CC	Jidi Muji	Blackheath & Bromley	4.49
4				

F33 U17 Men's Triple Jump 'A'

1	C	Marcus Morrison	Blackheath & Bromley	12.78	G2*
2	HH	Vincent Lazaro	Havering Mayesbrook	11.89	G4
3	JJ	Alex Moore	Herts Phoenix AC	11.02	
4	P	Jayesh Sidhar	Woodford Green / EL	10.54	

U17 Men's Triple Jump 'B'

1	H	Joseph Ramie	Havering Mayesbrook	11.48
2	J	Bradley Armorgie	Herts Phoenix AC	11.00
3	PP	Lee Lovelock-Jemmott	Woodford Green / EL	9.45
4				

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T30	U15 Boy's 100m 'A'		Wind=			U15 Boy's 100m 'B'	Wind=
1	C Elliott Cox	Blackheath & Bromley	11.7	G1*		1 PP Carl Rendorra	Woodford Green / EL 12.3 G3*
2	P Charlie Moss	Woodford Green / EL	11.9	G1*		2 HH Liam Hughes	Havering Mayesbrook 12.6 G3*
3	H Scott Daws	Havering Mayesbrook	12.3	G3*		3 CC Dominic Coelho	Blackheath & Bromley 12.9 G4*
4	J Aaron Martinson	Herts Phoenix AC	14.0			4 JJ Alex Veitch	Herts Phoenix AC 14.9
T6	U15 Boy's 200m 'A'		Wind=			U15 Boy's 200m 'B'	Wind=
1	C Dan Putnam	Blackheath & Bromley	23.7	G1*		1 CC Elliott Cox	Blackheath & Bromley 23.9 G1*
2	P Charlie Moss	Woodford Green / EL	24.4	G2*		2 HH Liam Hughes	Havering Mayesbrook 25.2 G3*
3	H Scott Daws	Havering Mayesbrook	25.1	G3*		3 PP Iain Meads	Woodford Green / EL 25.5 G3
4	J George Smith	Herts Phoenix AC	25.6	G3		4 JJ Ross Armorgie	Herts Phoenix AC 27.1
T24	U15 Boy's 400m 'A'					U15 Boy's 400m 'B'	
1	C Dan Putnam	Blackheath & Bromley	53.2	G1*		1 CC Sanchez Palmer	Blackheath & Bromley 56.4 G3*
2	J Nathan Wake	Herts Phoenix AC	54.8	G2*		2 JJ George Smith	Herts Phoenix AC 58.7 G4
3	H Michael Jones	Havering Mayesbrook	57.6	G3		3 PP Flynn Spence	Woodford Green / EL 59.5 G4
4	P Alex Cornwell	Woodford Green / EL	65.0			4	
T12	U15 Boy's 800m 'A'					U15 Boy's 800m 'B'	
1	J Alex Veitch	Herts Phoenix AC	02:11.4	G2*		1 JJ Tom Gough	Herts Phoenix AC 02:19.9 G4
2	H Michael Jones	Havering Mayesbrook	02:15.9	G3		2 CC Phillip Sesemann	Blackheath & Bromley 02:24.8 G4
3	C Julian Ayisi	Blackheath & Bromley	02:17.9	G3		3 HH John Whitehead	Havering Mayesbrook 02:25.9
4	P Paul Scanlan	Woodford Green / EL	02:44.1			4	
T35	U15 Boy's 1500m 'A'					U15 Boy's 1500m 'B'	
1	C Steven Cavey	Blackheath & Bromley	04:27.6	G2*		1 CC Justin Warren	Blackheath & Bromley 04:36.7 G3
2	P Alex Cornwell	Woodford Green / EL	04:28.5	G2*		2 HH Callum Sutton	Havering Mayesbrook 04:37.4 G3
3	H Simon Brown	Havering Mayesbrook	04:35.0	G3*		3 J David Wilson	Herts Phoenix AC 05:21.9
4	JJ George Smith	Herts Phoenix AC	05:16.5			4	
T21	U15 Boy's 80m Hurdles 'A'		Wind=			U15 Boy's 80m Hurdles 'B'	Wind=
1	C Ben Hopkins	Blackheath & Bromley	12.7	G3*		1 CC Joshua Clarke	Blackheath & Bromley 12.8 G3*
2	H Gabriel Makiwawa	Havering Mayesbrook	15.7			2 HH Chuke Omyieke	Havering Mayesbrook 15.8
3	J Tom Clark	Herts Phoenix AC	18.0			3 JJ David Wilson	Herts Phoenix AC 19.1
4	P Carl Rendorra	Woodford Green / EL	21.6			4	
F1	U15 Boy's Hammer (4k) 'A'					U15 Boy's Hammer (4k) 'B'	
1	C Andrew Jordon	Blackheath & Bromley	56.79	G1*		1 CC Jake Haylock	Blackheath & Bromley 42.74 G1*
2	J Christopher Ashworth	Herts Phoenix AC	24.93	G4		2 HH Bradley Burr	Havering Mayesbrook 19.55
3	H Lewis Williams	Havering Mayesbrook	20.58			3	
4						4	
F8	U15 Boy's Discus (1.25k) 'A'					U15 Boy's Discus (1.25k) 'B'	
1	C Andrew Jordon	Blackheath & Bromley	33.02	G2*		1 HH Bradley Burr	Havering Mayesbrook 23.57 G4
2	P Omar Liyas	Woodford Green / EL	31.39	G3*		2 CC Charlie Hine	Blackheath & Bromley 22.29
3	H Michael Jones	Havering Mayesbrook	24.02	G4		3 J Christopher Ashworth	Herts Phoenix AC 18.71
4	JJ Ross Armorgie	Herts Phoenix AC	19.77			4	
F22	U15 Boy's Shot Putt (4k) 'A'					U15 Boy's Shot Putt (4k) 'B'	
1	C Andrew Jordon	Blackheath & Bromley	11.00	G3*		1 CC Danny Duffin	Blackheath & Bromley 10.52 G3
2	PP Omar Liyas	Woodford Green / EL	8.47			2 P Alex Cornwell	Woodford Green / EL 5.99
3	J Christopher Ashworth	Herts Phoenix AC	8.06			3 JJ Aaron Martinson	Herts Phoenix AC 5.94
4	H Chuke Omyieke	Havering Mayesbrook	5.94			4 HH Lewis Williams	Havering Mayesbrook 5.06
F32	U15 Boy's Javelin (600g) 'A'					U15 Boy's Javelin (600g) 'B'	
1	H Georgie Bean	Havering Mayesbrook	44.98	G1*		1 HH Bradley Burr	Havering Mayesbrook 29.05
2	C Danny Duffin	Blackheath & Bromley	40.05	G3*		2 CC Jake Haylock	Blackheath & Bromley 26.89
3	J Nathan Wake	Herts Phoenix AC	34.75	G4		3 JJ Richard Parker	Herts Phoenix AC 19.12
4	P Flynn Spence	Woodford Green / EL	24.80			4	

\* = AW Standards

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F15 U15 Boy's Long Jump 'A'

1	C	Matthew Fletcher	Blackheath & Bromley	5.50	G2*
2	H	Liam Hughes	Havering Mayesbrook	5.08	G4
3	P	Carl Rendorra	Woodford Green / EL	4.70	
4	J	Aaron Martinson	Herts Phoenix AC	4.49	

U15 Boy's Long Jump 'B'

1	HH	Gabriel Makiwawa	Havering Mayesbrook	4.22
2	PP	Casey O'Riordan	Woodford Green / EL	4.18
3	JJ	Tom Gough	Herts Phoenix AC	3.83
4	CC	Kieran Daly	Blackheath & Bromley	3.73

F27 U15 Boy's High Jump 'A'

1	CC	Danny Duffin	Blackheath & Bromley	1.60	G3*
2	J	Ross Armorgie	Herts Phoenix AC	1.55	G3
3	H	Gabriel Makiwawa	Havering Mayesbrook	1.35	
4	P	Iain Meads	Woodford Green / EL	1.25	

U15 Boy's High Jump 'B'

1	C	Matthew Fletcher	Blackheath & Bromley	1.60	G3*
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F10 U15 Boy's Pole Vault 'A'

1	J	Nathan Wake	Herts Phoenix AC	2.00
2	CC	Erman Salih	Blackheath & Bromley	2.00

U15 Boy's Pole Vault 'B'

1	C	Izzy Ukoko	Blackheath & Bromley	1.90
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<b>T28 U13 Boy's 100m 'A'</b>					<b>Sunday, June 04 2006</b>			
		<i>Wind=</i>			<b>U13 Boy's 100m 'B'</b>			
1	C Anton Daly	Blackheath & Bromley	13.3	G2*	1	HH Harry Pickering	Havering Mayesbrook	14.0 G3
2	H Ben Weston	Havering Mayesbrook	13.4	G2*	2	P Colin Wint	Woodford Green / EL	14.0 G3
3	PP Antonio Deslondes	Woodford Green / EL	14.0	G3	3	CC Tunde Saluadeen	Blackheath & Bromley	14.2 G3
4	J Elliott Hurrell	Herts Phoenix AC	14.2	G3	4	JJ Edward Shepherd	Herts Phoenix AC	15.3
<b>T4 U13 Boy's 200m 'A'</b>					<b>U13 Boy's 200m 'B'</b>			
		<i>Wind=</i>					<i>Wind=</i>	
1	C Anton Daly	Blackheath & Bromley	27.6	G2*	1	CC Raphael Maloney	Blackheath & Bromley	28.0 G3*
2	H Ben Weston	Havering Mayesbrook	28.5	G3	2	HH Harry Pickering	Havering Mayesbrook	28.5 G3
3	P Colin Wint	Woodford Green / EL	28.5	G3	3	PP Antonio Deslondes	Woodford Green / EL	28.6 G3
4	J Tim Warner	Herts Phoenix AC	30.4		4	JJ Elliott Hurrell	Herts Phoenix AC	29.4 G4
<b>T10 U13 Boy's 800m 'A'</b>					<b>U13 Boy's 800m 'B'</b>			
1	CC Oliver Taylor	Blackheath & Bromley	02:24.7	G2*	1	C George Gregory	Blackheath & Bromley	02:30.5 G3
2	J Andrew Walshe	Herts Phoenix AC	02:28.5	G2	2	JJ Tim Warner	Herts Phoenix AC	02:41.6 G4
3	H Tyler Bennet	Havering Mayesbrook	02:40.4	G4	3	HH Luke Overton	Havering Mayesbrook	02:48.7
4	P Liam Blaikie	Woodford Green / EL	03:05.1		4			
<b>T33 U13 Boy's 1500m 'A'</b>					<b>U13 Boy's 1500m 'B'</b>			
1	J Edward Shepherd	Herts Phoenix AC	04:45.8	G1*	1	C Greg Proctor	Blackheath & Bromley	05:23.7 G4
2	H Charlie Hazlewood	Havering Mayesbrook	05:05.8	G3	2	HH Jonathan Seeking	Havering Mayesbrook	05:32.9
3	CC Rob Yates	Blackheath & Bromley	05:07.3	G3	3	JJ Alfie Hudson-Sewell	Herts Phoenix AC	06:23.7
4	P James Stockings	Woodford Green / EL	05:17.5	G4	4			
<b>T17 U13 Boy's 75m Hurdles 'A'</b>					<b>U13 Boy's 75m Hurdles 'B'</b>			
		<i>Wind=</i>					<i>Wind=</i>	
1	H Fred Mokoso	Havering Mayesbrook	14.0	G4	1	C George Gregory	Blackheath & Bromley	14.3 G4
2	CC Aaron Lloyd	Blackheath & Bromley	14.1	G4	2	PP Ollie Plowe	Woodford Green / EL	16.7
3	P Conner Ives	Woodford Green / EL	16.4		3	HH Conner Mullen	Havering Mayesbrook	17.2
4	J Alfie Hudson-Sewell	Herts Phoenix AC	17.9		4			
<b>F14 U13 Boy's Shot Putt (3.25k) 'A'</b>					<b>U13 Boy's Shot Putt (3.25k) 'B'</b>			
1	C Stephen Dalston	Blackheath & Bromley	6.79	G4	1	PP Aqib Sharif	Woodford Green / EL	5.86
2	P James Smith	Woodford Green / EL	6.22	G4	2	HH Luke Overton	Havering Mayesbrook	4.82
3	J Andrew Walshe	Herts Phoenix AC	5.91		3	CC Matthew Liston	Blackheath & Bromley	4.41
4	H Jake Nelson	Havering Mayesbrook	5.49		4	JJ Alfie Hudson-Sewell	Herts Phoenix AC	4.03
<b>F24 U13 Boy's Long Jump 'A'</b>					<b>U13 Boy's Long Jump 'B'</b>			
1	H Ben Weston	Havering Mayesbrook	4.53	G2*	1	HH Fred Mokoso	Havering Mayesbrook	4.18 G3
2	JJ Edward Shepherd	Herts Phoenix AC	3.88	G4	2	CC Jake McQueen	Blackheath & Bromley	3.63
3	C Raphael Maloney	Blackheath & Bromley	3.83	G4	3	J Tim Warner	Herts Phoenix AC	3.62
4	PP Antonio Deslondes	Woodford Green / EL	3.80	G4	4	P Oliver Blower	Woodford Green / EL	3.13
<b>F6 U13 Boy's High Jump 'A'</b>					<b>U13 Boy's High Jump 'B'</b>			
				MR				MR
1	H Jake Nelson	Havering Mayesbrook	1.31	G3	1	CC Tunde Saluadeen	Blackheath & Bromley	1.20 G4
2	C Aaron Lloyd	Blackheath & Bromley	1.25	G4	2	J Andrew Walshe	Herts Phoenix AC	1.20 G4
3	JJ Elliott Hurrell	Herts Phoenix AC	1.20	G4	3	HH Charlie Hazlewood	Havering Mayesbrook	1.15
4	P Colin Wint	Woodford Green / EL	1.20	G4				

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T31	U17 Women's 100m 'A'							U17 Women's 100m 'B'					
	1	CC	Lauren Blackie	Blackheath & Bromley	13.0	G3*		1	C	Sarah Harrison	Blackheath & Bromley	13.2	G3
	2	J	Helen Van Kempen	Herts Phoenix AC	13.4	G4		2	JJ	Danielle Cracknell	Herts Phoenix AC	13.7	
	3	P	Melissa Whiston	Woodford Green / EL	13.4	G4		3	PP	Leanne Gustave	Woodford Green / EL	14.3	
	4	H	Louisa Wood	Havering Mayesbrook	14.4			4	HH	Rebecca Owen	Havering Mayesbrook	15.8	
T7	U17 Women's 200m 'A'							U17 Women's 200m 'B'					
	1	C	Katrina Cosby	Blackheath & Bromley	26.3	G3*		1	CC	Sarah Harrison	Blackheath & Bromley	27.6	G4
	2	J	Helen Van Kempen	Herts Phoenix AC	27.5	G4		2	PP	Leanne Gustave	Woodford Green / EL	28.3	
	3	P	Melissa Whiston	Woodford Green / EL	28.8			3	HH	Carla Schofield	Havering Mayesbrook	34.2	
	4	H	Louisa Wood	Havering Mayesbrook	29.5			4					
T26	U17 Women's 300m 'A'							U17 Women's 300m 'B'					
	1	H	Frankie Calder	Havering Mayesbrook	42.3	G2*		1	CC	Sarah McLellan	Blackheath & Bromley	45.3	G4
	2	C	Katrina Cosby	Blackheath & Bromley	44.4	G4*		2	HH	Alexandra Beard	Havering Mayesbrook	46.8	
	3	P	Katherine Foy	Woodford Green / EL	45.0	G4*		3	JJ	Charlotte Davies	Herts Phoenix AC	48.1	
	4	J	Danielle Cracknell	Herts Phoenix AC	45.4	G4		4					
T13	U17 Women's 800m 'A'							U17 Women's 800m 'B'					
	1	P	Katherine Foy	Woodford Green / EL	02:22.6	G3*		1	CC	Stacey Crocker	Blackheath & Bromley	02:35.6	
	2	C	Rebecca Taylor	Blackheath & Bromley	02:25.6	G3		2	JJ	Jodie Moore	Herts Phoenix AC	02:36.5	
	3	J	Tanya Cubric	Herts Phoenix AC	02:33.8	G4		3	H	Alexandra Beard	Havering Mayesbrook	02:47.5	
	4	HH	Rebecca Owen	Havering Mayesbrook	02:40.5			4	PP	Amanda Ali	Woodford Green / EL	03:13.4	
T36	U17 Women's 1500m 'A'							U17 Women's 1500m 'B'					
	1	C	Amy Smith	Blackheath & Bromley	04:54.2	G3*		1	HH	Jade Edwards	Havering Mayesbrook	05:13.4	G4
	2	H	Ingrid Dean	Havering Mayesbrook	05:09.4	G4		2	J	Jodie Moore	Herts Phoenix AC	05:32.3	
	3	JJ	Charlotte Davies	Herts Phoenix AC	05:24.4			3	CC	Catherine Chambers	Blackheath & Bromley	05:36.2	
	4	P	Amelia Holford	Woodford Green / EL	05:50.0			4	PP	Amanda Ali	Woodford Green / EL	06:56.7	
T19	U17 Women's 3000m 'A'							U17 Women's 3000m 'B'					
	1	H	Georgie Sales	Havering Mayesbrook	11:43.3	G4		1	C	Lauren Smith	Blackheath & Bromley	13:00.1	
	2	CC	Laura Kastoryano	Blackheath & Bromley	12:18.7	G4		2	HH	Rebecca Owen	Havering Mayesbrook	13:59.3	
	3	P	Amelia Holford	Woodford Green / EL	12:50.3			3					
	4							4					
T20	U17 Women's 80m Hurdles 'A'							U17 Women's 80m Hurdles 'B'					
	1	JJ	Helen Van Kempen	Herts Phoenix AC	12.0	G2*		1	J	Stephanie Gaynor	Herts Phoenix AC	12.3	G3*
	2	H	Nicola Hill	Havering Mayesbrook	12.1	G2*		2	C	Sarah McLellan	Blackheath & Bromley	13.1	G4
	3	CC	Rebecca Haywood	Blackheath & Bromley	13.1	G4		3	P	Laura Granapragasam	Woodford Green / EL	13.5	
	4	PP	Eloise Wyre	Woodford Green / EL	13.3	G4		4	HH	Catrina McAliffe	Havering Mayesbrook	13.6	
T1	U17 Women's 300m Hurdles 'A'							U17 Women's 300m Hurdles 'B'					
	1	H	Nicola Hill	Havering Mayesbrook	45.5	G1*		1	HH	Frankie Calder	Havering Mayesbrook	46.3	G2*
	2	C	Sarah McLellan	Blackheath & Bromley	45.6	G1*		2	CC	Rebecca Haywood	Blackheath & Bromley	49.2	G3*
	3	P	Laura Granapragasam	Woodford Green / EL	49.8	G3*		3					
	4	J	Danielle Cracknell	Herts Phoenix AC	51.8	G4		4					
F3	U17 Women's Hammer (4k) 'A'					LR	MR	U17 Women's Hammer (4k) 'B'					
	1	P	Sarah Smith	Woodford Green / EL	38.08	G1*		1	PP	Clare Bond	Woodford Green / EL	23.03	G4
	2	C	Oyebanke Jemiyo	Blackheath & Bromley	37.68	G1*		2	CC	Anna-Louise Barrett	Blackheath & Bromley	17.11	
	3	J	Katie Parker	Herts Phoenix AC	34.27	G1*		3	JJ	Charlotte Davies	Herts Phoenix AC	12.35	
	4	H	Lauren Newton	Havering Mayesbrook	14.77			4	HH	Carla Schofield	Havering Mayesbrook	5.82	
F20	U17 Women's Discus (1.0k) 'A'							U17 Women's Discus (1.0k) 'B'					
	1	C	Sarah McGuire	Blackheath & Bromley	28.27	G3*		1	CC	Oyebanke Jemiyo	Blackheath & Bromley	25.65	G4
	2	H	Catrina McAliffe	Havering Mayesbrook	27.73	G3*		2	HH	Lauren Newton	Havering Mayesbrook	24.81	G4
	3	J	Katie Parker	Herts Phoenix AC	22.36	G4		3	JJ	Peta Lungren	Herts Phoenix AC	21.86	
	4	P	Clare Bond	Woodford Green / EL	18.76			4	PP	Leanne Gustave	Woodford Green / EL	10.36	

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F30 U17 Women's Shot Putt (4k) 'A'

1	P	Sarah Smith	Woodford Green / EL	10.36	G2*
2	C	Sarah McGuire	Blackheath & Bromley	9.72	G3*
3	J	Peta Lungren	Herts Phoenix AC	9.34	G3*
4	H	Frankie Calder	Havering Mayesbrook	7.84	

U17 Women's Shot Putt (4k) 'B'

1	PP	Clare Bond	Woodford Green / EL	8.51	G4
2	CC	Oyebanke Jemiyo	Blackheath & Bromley	7.52	
3	JJ	Katie Parker	Herts Phoenix AC	7.26	
4	HH	Carla Schofield	Havering Mayesbrook	5.34	

F25 U17 Women's Javelin (600g) 'A'

1	J	Peta Lungren	Herts Phoenix AC	36.42	G2*
2	C	Sarah McGuire	Blackheath & Bromley	30.38	G3*
3	H	Georgie Sales	Havering Mayesbrook	24.43	G4
4	P	Katherine Foy	Woodford Green / EL	12.29	

U17 Women's Javelin (600g) 'B'

1	HH	Lauren Newton	Havering Mayesbrook	20.16	
2	CC	Chloe Shaw	Blackheath & Bromley	14.47	
3	JJ	Tanya Cubric	Herts Phoenix AC	8.99	
4	PP	Amanda Ali	Woodford Green / EL	5.75	

F5 U17 Women's Long Jump 'A'

1	CC	Isobel Ivy	Blackheath & Bromley	5.08	G3*
2	J	Stephanie Gaynor	Herts Phoenix AC	4.70	G4
3	H	Nicola Hill	Havering Mayesbrook	4.70	G4
4	P	Eloise Wyre	Woodford Green / EL	4.38	

U17 Women's Long Jump 'B'

1	C	Lauren Blackie	Blackheath & Bromley	4.99	G3*
2	HH	Catrina McAliffe	Havering Mayesbrook	4.05	
3	JJ	Danielle Currie	Herts Phoenix AC	4.05	
4	PP	Melissa Whiston	Woodford Green / EL	3.50	

F34 U17 Women's Triple Jump 'A'

1	CC	Isobel Ivy	Blackheath & Bromley	10.90	G1*
2	J	Amy Lunnis	Herts Phoenix AC	8.84	G3
3	H	Louisa Wood	Havering Mayesbrook	8.22	G4
4	P	Amelia Holford	Woodford Green / EL	8.18	G4

U17 Women's Triple Jump 'B'

1	C	Lauren Blackie	Blackheath & Bromley	10.60	G2*
2					
3					
4					

F18 U17 Women's High Jump 'A'

1	H	Bethan Siddons	Havering Mayesbrook	1.59	G2*
2	J	Stephanie Gaynor	Herts Phoenix AC	1.40	
3	C	Rebecca Haywood	Blackheath & Bromley	1.40	
4	PP	Hannah Downs	Woodford Green / EL	1.35	

U17 Women's High Jump 'B'

1	JJ	Jodie Moore	Herts Phoenix AC	1.35	
2	CC	Isobel Ivy	Blackheath & Bromley	1.35	
3	P	Laura Granapragasam	Woodford Green / EL	1.25	

F11 U17 Women's Pole Vault 'A'

1	CC	Emily Godley	Blackheath & Bromley	3.15	G1*
2	P	Eloise Wyre	Woodford Green / EL	2.10	G3
3	J	Danielle Currie	Herts Phoenix AC	1.80	
4					

U17 Women's Pole Vault 'B'

1	C	Rachel Arnheim	Blackheath & Bromley	3.00	G1*
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T29	U15 Girls' 100m 'A'			Wind=			U15 Girls' 100m 'B'		Wind=	
1	P Kitty Eleyae	Woodford Green / EL	12.2		G1*		1 PP Josie Wyre	Woodford Green / EL	13.3	G3*
2	C Daniella Annon	Blackheath & Bromley	12.8		G2*		2 CC Rebecca Cook	Blackheath & Bromley	13.5	G3
3	J Clare Humphries	Herts Phoenix AC	13.3		G3*		3 JJ Emily Hatch	Herts Phoenix AC	13.8	G4
4	HH Alex Edwards	Havering Mayesbrook	13.8		G4		4 H Lilla Jacks	Havering Mayesbrook	14.1	G4
T5	U15 Girls' 200m 'A'			Wind=			U15 Girls' 200m 'B'		Wind=	
1	P Kitty Eleyae	Woodford Green / EL	25.4		G1*		1 CC Sheridan Pritchard-Lewis	Blackheath & Bromley	27.2	G3*
2	C Grace Sheppard	Blackheath & Bromley	26.8		G2*		2 JJ Emily Hatch	Herts Phoenix AC	27.8	G3
3	J Deborah Willis	Herts Phoenix AC	27.4		G3*		3 HH Leah Summers	Havering Mayesbrook	28.2	G4
4	H Rebecca Clements	Havering Mayesbrook	27.9		G4		4 PP Gemma Murray	Woodford Green / EL	28.5	G4
T11	U15 Girls' 800m 'A'						U15 Girls' 800m 'B'			
1	C Amy De Matos	Blackheath & Bromley	02:20.4		G1*		1 CC Jessica Saville	Blackheath & Bromley	02:25.5	G2*
2	P Lara Tembey	Woodford Green / EL	02:27.3		G3*		2 JJ Stephanie Sattin	Herts Phoenix AC	02:31.1	G3
3	J Nina Edwards	Herts Phoenix AC	02:28.7		G3		3 PP Rebecca Samuels	Woodford Green / EL	02:41.0	G4
4	H Emma Fox	Havering Mayesbrook	02:36.3		G4		4 HH Georgia Davies	Havering Mayesbrook	02:50.0	
T34	U15 Girls' 1500m 'A'						U15 Girls' 1500m 'B'			
1	C Michelle Fewster	Blackheath & Bromley	05:04.6		G3*		1 CC Rebecca Smith	Blackheath & Bromley	05:17.0	G4
2	J Ella Fuller	Herts Phoenix AC	05:13.4		G3		2 JJ Ashleigh Cattle	Herts Phoenix AC	05:22.1	G4
3	H Sidnie Sales	Havering Mayesbrook	05:20.2		G4		3 HH Jennifer Holland	Havering Mayesbrook	05:34.4	
4	P Becky Hewitt	Woodford Green / EL	05:21.8		G4		4 PP Kate Stockings	Woodford Green / EL	05:50.8	
T18	U15 Girls' 75m Hurdles 'A'			Wind=			U15 Girls' 75m Hurdles 'B'		Wind=	
1	P Chloe Galloway	Woodford Green / EL	11.5		G1*		1 CC Nenisha Nelson-Roberts	Blackheath & Bromley	13.0	G3
2	J Clare Humphries	Herts Phoenix AC	11.7		G1*		2 JJ Deborah Willis	Herts Phoenix AC	13.2	G4
3	C Estelle Patten	Blackheath & Bromley	12.8		G3*		3 PP Natasha Clulow	Woodford Green / EL	13.8	
4	HH Sam Hill	Havering Mayesbrook	15.5				4 H Emma Fox	Havering Mayesbrook	16.5	
F4	U15 Girls' Long Jump 'A'						U15 Girls' Long Jump 'B'			
1	C Leah Forbes-Morris	Blackheath & Bromley	4.64		G3*		1 PP Kitty Eleyae	Woodford Green / EL	4.54	G4
2	P Chloe Galloway	Woodford Green / EL	4.55		G4		2 JJ Katie Caulfield	Herts Phoenix AC	4.38	G4
3	J Clare Humphries	Herts Phoenix AC	4.46		G4		3 CC Rebecca Cook	Blackheath & Bromley	4.21	
4	H Rebecca Luck	Havering Mayesbrook	3.59				4 HH Nicole Dalton	Havering Mayesbrook	3.52	
F17	U15 Girls' High Jump 'A'						U15 Girls' High Jump 'B'			
1	J Katie Caulfield	Herts Phoenix AC	1.53		G2*		1 CC Nenisha Nelson-Roberts	Blackheath & Bromley	1.40	G4
2	C Emma Armstrong	Blackheath & Bromley	1.40		G4		2 JJ Jennie Hutchings	Herts Phoenix AC	1.35	G4
3	PP Natasha Matthews	Woodford Green / EL	1.40		G4		3 P Chloe Galloway	Woodford Green / EL	1.25	
4	H Jennifer Holland	Havering Mayesbrook	1.35		G4		4 HH Rebecca Clements	Havering Mayesbrook	1.25	
F19	U15 Girls' Discus (1.0k) 'A'						U15 Girls' Discus (1.0k) 'B'			
1	H Jessica Humphreys	Havering Mayesbrook	24.80		G3*		1 C Estelle Patten	Blackheath & Bromley	22.01	G4
2	CC Katherine Jones	Blackheath & Bromley	22.93		G4		2 HH Rebecca Luck	Havering Mayesbrook	19.34	G4
3	J Millie Lungren	Herts Phoenix AC	19.67		G4		3 JJ Deborah Willis	Herts Phoenix AC	15.87	
4	P Josie Wyre	Woodford Green / EL	19.20		G4		4 PP Gemma Murray	Woodford Green / EL	12.95	
F26	U15 Girls' Javelin (600g) 'A'						U15 Girls' Javelin (600g) 'B'			
1	C Helen Silvester	Blackheath & Bromley	26.39		G3*		1 CC Nicole George	Blackheath & Bromley	18.41	
2	H Jessica Humphreys	Havering Mayesbrook	19.06		G4		2 HH Nicole Dalton	Havering Mayesbrook	15.73	
3	JJ Stephanie Sattin	Herts Phoenix AC	17.37				3 PP Josie Wyre	Woodford Green / EL	12.21	
4	P Natasha Clulow	Woodford Green / EL	13.21				4			
F29	U15 Girls' Shot Putt (3.25k) 'A'						U15 Girls' Shot Putt (3.25k) 'B'			
1	C Katherine Jones	Blackheath & Bromley	9.15		G3*		1 CC Estelle Patten	Blackheath & Bromley	7.75	G4
2	P Lara Tembey	Woodford Green / EL	8.15		G4		2 HH Nicole Dalton	Havering Mayesbrook	7.09	
3	H Sam Hill	Havering Mayesbrook	7.31				3 PP Chelsea Ives	Woodford Green / EL	6.36	
4	J Millie Lungren	Herts Phoenix AC	7.23				4 JJ Jennie Hutchings	Herts Phoenix AC	5.87	

\* = AW Standards

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T27	U13 Girls' 75m 'A'			<i>Wind=</i>			U13 Girls' 75m 'B'			<i>Wind=</i>		
1	J	Jodie Williams	Herts Phoenix AC	9.9		G1*	1	CC	Julia McHale	Blackheath & Bromley	10.7	G2*
2	C	Sian Duffy	Blackheath & Bromley	10.6		G2*	2	HH	Chelsey Walker	Havering Mayesbrook	11.4	G4
3	P	Nicole Hawkins	Woodford Green / EL	10.7		G2*	3	PP	Amber Mendy	Woodford Green / EL	11.8	G4
4	H	Emma Washbourne	Havering Mayesbrook	11.2		G3*	4	JJ	Evie Williams	Herts Phoenix AC	12.2	
T3	U13 Girls' 150m 'A'			<i>Wind=</i>			U13 Girls' 150m 'B'			<i>Wind=</i>		
1	J	Jodie Williams	Herts Phoenix AC	19.5		G1*	1	CC	Amara Jacobs	Blackheath & Bromley	21.5	G3*
2	C	Letitia Noel	Blackheath & Bromley	20.4		G1*	2	HH	Rebecca O'Neill	Havering Mayesbrook	22.5	G4
3	P	Nicole Hawkins	Woodford Green / EL	21.4		G3*	3	JJ	Bethany Carr	Herts Phoenix AC	22.8	G4
4	H	Emma Washbourne	Havering Mayesbrook	21.7		G3*	4	PP	Amber Mendy	Woodford Green / EL	23.4	
T9	U13 Girls' 800m 'A'						U13 Girls' 800m 'B'					
1	H	Eleanor Bounds	Havering Mayesbrook	02:35.2		G2*	1	HH	Nicola Peachey	Havering Mayesbrook	02:37.1	G2*
2	C	Nancy Carney-Holland	Blackheath & Bromley	02:37.8		G2*	2	CC	Georgina Chew	Blackheath & Bromley	02:42.6	G3
3	P	Kim Francis	Woodford Green / EL	02:37.8		G2*	3					
4	J	Eve Williams	Herts Phoenix AC	02:38.6		G3*	4					
T22	U13 Girls' 1200m 'A'						U13 Girls' 1200m 'B'					
1	H	Rebecca O'Neill	Havering Mayesbrook	04:13.6		G3*	1	PP	Holly Patie-Belleli	Woodford Green / EL	04:20.4	G3
2	P	Georgina Ferrari	Woodford Green / EL	04:18.2		G3*	2	CC	Jessica Jones	Blackheath & Bromley	04:37.0	G4
3	C	Hannah Cook	Blackheath & Bromley	04:30.8		G4	3	HH	Jessica Seekings	Havering Mayesbrook	05:21.7	
4	JJ	Billie Warner	Herts Phoenix AC	05:14.9			4					
T15	U13 Girls' 70m Hurdles 'A'			<i>Wind=</i>			U13 Girls' 70m Hurdles 'B'			<i>Wind=</i>		
1	J	Bethany Carr	Herts Phoenix AC	12.6		G2*	1	JJ	Gemma Armorgie	Herts Phoenix AC	13.8	G3
2	C	Sian Duffy	Blackheath & Bromley	12.6		G2*	2	CC	Ellie Duffy-Penny	Blackheath & Bromley	14.7	G4
3	P	Holly Patie-Belleli	Woodford Green / EL	12.9		G3*	3	PP	Tasmin Wint	Woodford Green / EL	15.3	
4	H	Nicola Peachey	Havering Mayesbrook	12.9		G3*	4	HH	Jessica Seekings	Havering Mayesbrook	15.4	
F7	U13 Girls' High Jump 'A'						U13 Girls' High Jump 'B'					
1	J	Gemma Armorgie	Herts Phoenix AC	1.37		G2*	1	JJ	Bethany Carr	Herts Phoenix AC	1.20	G4
2	P	Holly Patie-Belleli	Woodford Green / EL	1.20		G4	2	CC	Christine Lyston	Blackheath & Bromley	1.20	G4
3	C	Diandra Beckles	Blackheath & Bromley	1.20		G4	3	PP	Amber Mendy	Woodford Green / EL	1.15	
4	H	Jessica Seekings	Havering Mayesbrook	1.10								
F23	U13 Girls' Long Jump 'A'						U13 Girls' Long Jump 'B'					
1	C	Letitia Noel	Blackheath & Bromley	4.18		G3*	1	H	Nicola Peachey	Havering Mayesbrook	3.82	G4
2	J	Jodie Williams	Herts Phoenix AC	4.11		G3	2	CC	Jessica Moore	Blackheath & Bromley	3.82	G4
3	HH	Chelsey Walker	Havering Mayesbrook	3.89		G4	3	JJ	Gemma Armorgie	Herts Phoenix AC	3.53	G4
4	PP	Harley Vaughan	Woodford Green / EL	2.55			4	P	Tasmin Wint	Woodford Green / EL	1.94	
F13	U13 Girls' Shot Putt (2.72k) 'A'						U13 Girls' Shot Putt (2.72k) 'B'					
1	P	Rhianna Stewart	Woodford Green / EL	9.01		G1*	1	C	Mollie Morris	Blackheath & Bromley	6.72	G3
2	CC	Kelly Davey	Blackheath & Bromley	7.20		G3	2	PP	Harley Vaughan	Woodford Green / EL	6.41	G4
3	H	Rebecca O'Neill	Havering Mayesbrook	5.62		G4	3	HH	Eleanor Bounds	Havering Mayesbrook	5.27	
4	J	Evie Williams	Herts Phoenix AC	5.50		G4	4	JJ	Billie Warner	Herts Phoenix AC	4.65	

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<b>T43 U17 Men's 4 x 100m Relay</b>							
1	J	Herts Phoenix AC	Kenny Howard	Ian Tobin	Alec Moore	Alec Wing	46.1
2	C	Blackheath & Bromley	Simon Lloyd	Jidi Muji	Marcus Morrison	Aston Stockdale	46.2 *
3	P	Woodford Green / EL	Omar Mansour	Jayesh Sidhar	Ashley Thomas	David Farrugia	46.9 *
4	H	Havering Mayesbrook	Chris Walden	Daniel McDowell	Joseph Ramie	Craig Moore	DISQ
<b>T47 U17 Men's 4 x 400m Relay</b>							
1	C	Blackheath & Bromley	Martyn Payne	Alex Blair	Beau Szczepanski	Aston Stockdale	03:38.2 *
2	J	Herts Phoenix AC	Bradley Armorgie	Alex Moore	Kenny Howard	Max Thaddeus	03:41.4 *
3	P	Woodford Green / EL	Alex Brown	Lee Lovelock-Jemmott	Omar Mansour	David Farrugia	03:47.9 *
4	H	Havering Mayesbrook	Daniel Winters	Grant Twist	Bonefasi Buwenro	Robert Jones	03:58.1 *
<b>T41 U15 Boy's 4 x 100m Relay</b>							
1	C	Blackheath & Bromley	Matthew Fletcher	Dan Putnam	Izzy Ukoko	Elliott Cox	46.9 *
2	H	Havering Mayesbrook	Gabriel Makiwawa	Scott Daws	Liam Hughes	Georgie Bean	50.5
3	J	Herts Phoenix AC	Aaron Martinson	Tom Clark	Alex Veitch	George Smith	58.0
4	P	Woodford Green / EL	Charlie Moss	Carl Rendorra	Iain Meads	Jayesh Sidhour	DISQ
<b>T46 U15 Boy's 4 x 400m Relay</b>							
1	C	Blackheath & Bromley	Sanchez Palmer	Teddy Cascarino	Steven Cavey	Dan Putnam	03:57.1 *
2	J	Herts Phoenix AC	Tom Gough	Nathan Wake	Ross Armorgie	Alex Veitch	04:02.9
3	H	Havering Mayesbrook	Chuke Omyieke	Michael Jones	Simon Brown	Callum Sutton	04:21.6
4							
<b>T39 U13 Boy's 4 x 100m Relay</b>							
1	H	Havering Mayesbrook	Charlie Hazlewood	Ben Weston	Harry Pickering	Conner Mullen	54.7 *
2	C	Blackheath & Bromley	Aaron Lloyd	Anton Daly	Raphael Maloney	Greg Proctor	54.7 *
3	P	Woodford Green / EL	Colin Wint	Antonio Deslondes	Hasif Bedford	Mark Davies	56.8
4	J	Herts Phoenix AC	Tim Warner	Elliott Hurrell	Alistair Cooper	Aaron Golledge	58.2
<b>T42 U17 Women's 4 x 100m Relay</b>							
1	C	Blackheath & Bromley	Sarah Harrison	Katrina Cosby	Rachel Arnheim	Lauren Blackie	51.1 *
2	H	Havering Mayesbrook	Louisa Wood	Nicola Hill	Frankie Calder	Catrina McAliffe	53.7
3	P	Woodford Green / EL	Clare Bond	Leanne Gustave	Marion Oguntula	Melissa Whiston	53.8
4	J	Herts Phoenix AC	Helen Van Kempen	Stephanie Gaynor	Danielle Currie	Peta Lungren	58.3
<b>T45 U17 Women's 4 x 300m Relay</b>							
1	C	Blackheath & Bromley	Sarah McLellan	Isobel Ivy	Amy Smith	Katrina Cosby	02:56.9
2	H	Havering Mayesbrook	Jade Edwards	Georgie Sales	Alexandra Beard	Ingrid Dean	03:11.5
3	J	Herts Phoenix AC	Charlotte Davies	Jodie Moore	Tanya Cubric	Danielle Cracknell	03:13.8
4	P	Woodford Green / EL	Katherine Foy	Hannah Downs	Eloise Wyre	Laura Granapragasam	03:14.6
<b>T40 U15 Girls' 4 x 100m Relay</b>							
1	P	Woodford Green / EL	Lara Tembey	Natasha Matthews	Chloe Galloway	Kitty Eleyae	51.2 *
2	C	Blackheath & Bromley	Grace Sheppard	Jazmyn Raikes	Katie Vistuer	Sian Hurlock	51.7 *
3	J	Herts Phoenix AC	Jennie Hutchings	Deborah Willis	Nina Edwards	Clare Humphries	53.4 *
4	H	Havering Mayesbrook	Lilla Jacks	Rebecca Clements	Alex Edwards	Leah Summers	54.3
<b>T38 U13 Girls' 4 x 100m Relay</b>							
1	C	Blackheath & Bromley	Sian Duffy	Christine Lyston	Amara Jacobs	Letitia Noel	56.3 *
2	H	Havering Mayesbrook	Emma Washbourne	Eleanor Bounds	Chelsey Walker	Rebecca O'Neill	58.8
3	P	Woodford Green / EL	Tasmin Wint	Amber Mendy	Harley Vaughan	Holly Patie-Belleli	58.9
4	J	Herts Phoenix AC	Gemma Armorgie	Bethany Carr	Billie Warner	Jodie Williams	58.9

\* = AW Standards

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Southern Premier Norman Park, Bromley

Sunday, June 04 2006

Events	B'htb & B		Herts P		Hav M		WG&EL						Unused		T
	C		J		H		P								
17 Men's 100m	3.0	3.0	4.0	4.0	1.0	1.0	2.0	2.0							20
17 Men's 200m	2.0	3.0	4.0	4.0	1.0	1.0	3.0	2.0							20
17 Men's 400m	4.0	4.0	3.0	2.0	1.0	3.0	2.0							1	20
17 Men's 800m	1.0	2.0	2.0		4.0	3.0	3.0	4.0						1	20
17 Men's 1500m	1.0	2.0	3.0	3.0	4.0	4.0	2.0	1.0							20
17 Men's 3000m	3.0	4.0			4.0		2.0						1	6	20
17 Men's 400m Hu	1.0	4.0	3.0		4.0	3.0	2.0	2.0						1	20
17 Men's 100m Hu	2.0	4.0	3.0		4.0	3.0	1.0							3	20
17 Men's 1500m S	4.0	4.0	1.0		3.0	2.0	2.0	3.0						1	20
17 Men's Hammer	4.0	4.0	1.0	2.0	3.0	3.0	2.0							1	20
17 Men's Discus (1	2.0	3.0	1.0	2.0	3.0	4.0	4.0	1.0							20
17 Men's Shot Putt	4.0	4.0	3.0	1.0	1.0	2.0	2.0	3.0							20
17 Men's Javelin (7	1.0	2.0	3.0	4.0	2.0	1.0	4.0	3.0							20
17 Men's Pole Vault	4.0												6	10	20
17 Men's High Jump	2.0	4.0	4.0	2.0	3.0	3.0							1	1	20
17 Men's Long Jump	3.0	2.0	1.0		4.0	3.0	2.0	4.0						1	20
17 Men's Triple Jump	4.0		2.0	3.0	3.0	4.0	1.0	2.0						1	20
17 Men's 4 x 100m	3.0		4.0				2.0						1		10
17 Men's 4 x 400m	4.0		3.0		1.0		2.0								10
	<b>52.0</b>	<b>49.0</b>	<b>45.0</b>	<b>27.0</b>	<b>46.0</b>	<b>40.0</b>	<b>38.0</b>	<b>27.0</b>					<b>9</b>	<b>27</b>	<b>360</b>

15 Boy's 100m	4.0	2.0	1.0	1.0	2.0	3.0	3.0	4.0							20
15 Boy's 200m	4.0	4.0	1.0	1.0	2.0	3.0	3.0	2.0							20
15 Boy's 400m	4.0	4.0	3.0	3.0	2.0		1.0	2.0						1	20
15 Boy's 800m	2.0	3.0	4.0	4.0	3.0	2.0	1.0							1	20
15 Boy's 1500m	4.0	4.0	1.0	2.0	2.0	3.0	3.0							1	20
15 Boy's 80m Hurc	4.0	4.0	2.0	2.0	3.0	3.0	1.0							1	20
15 Boy's Hammer	4.0	4.0	3.0		2.0	3.0							1	3	20
15 Boy's Discus (1	4.0	3.0	1.0	2.0	2.0	4.0	3.0							1	20
15 Boy's Shot Putt	4.0	4.0	2.0	2.0	1.0	1.0	3.0	3.0							20
15 Boy's Javelin (6	3.0	3.0	2.0	2.0	4.0	4.0	1.0							1	20
15 Boy's Long Jump	4.0	1.0	1.0	2.0	3.0	4.0	2.0	3.0							20
15 Boy's High Jump	4.0	4.0	3.0		2.0		1.0							6	20
15 Boy's Pole Vault	3.0	4.0	4.0										3	6	20
15 Boy's 4 x 100m	4.0		2.0		3.0								1		10
15 Boy's 4 x 400m	4.0		3.0		2.0								1		10
	<b>56.0</b>	<b>44.0</b>	<b>33.0</b>	<b>21.0</b>	<b>33.0</b>	<b>30.0</b>	<b>22.0</b>	<b>14.0</b>					<b>6</b>	<b>21</b>	<b>280</b>

13 Boy's 100m	4.0	2.0	1.0	1.0	3.0	4.0	2.0	3.0							20
13 Boy's 200m	4.0	4.0	1.0	1.0	3.0	3.0	2.0	2.0							20
13 Boy's 800m	4.0	4.0	3.0	3.0	2.0	2.0	1.0							1	20
13 Boy's 1500m	2.0	4.0	4.0	2.0	3.0	3.0	1.0							1	20
13 Boy's 75m Hurc	3.0	4.0	1.0		4.0	2.0	2.0	3.0						1	20
13 Boy's Shot Putt	4.0	2.0	2.0	1.0	1.0	3.0	3.0	4.0							20
13 Boy's Long Jump	2.0	3.0	3.0	2.0	4.0	4.0	1.0	1.0							20
13 Boy's High Jump	3.0	4.0	2.0	3.0	4.0	2.0	1.0							1	20
13 Boy's 4 x 100m	3.0		1.0		4.0		2.0								10
	<b>29.0</b>	<b>27.0</b>	<b>18.0</b>	<b>13.0</b>	<b>28.0</b>	<b>23.0</b>	<b>15.0</b>	<b>13.0</b>					<b>4</b>	<b>170</b>	

## ATHLETES OF THE MATCH

### MALE ATHLETES

### MALE ATHLETES

TRACK	Matt Bloy	U17M 800
	Hav Mays	1min 58.6
FIELD	Bradley Armorgie	U17M HJ
	Herts	1.86 m

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Events	B'ht & B		Herts P		Hav M		WG&EL						Unused		T
	C		J		H		P								
17 Women's 100m	4.0	4.0	3.0	3.0	1.0	1.0	2.0	2.0							20
17 Women's 200m	4.0	4.0	3.0		1.0	2.0	2.0	3.0						1	20
17 Women's 300m	3.0	4.0	1.0	2.0	4.0	3.0	2.0							1	20
17 Women's 800m	3.0	4.0	2.0	3.0	1.0	2.0	4.0	1.0							20
17 Women's 1500m	4.0	2.0	2.0	3.0	3.0	4.0	1.0	1.0							20
17 Women's 3000m	3.0	4.0			4.0	3.0	2.0						1	3	20
17 Women's 80m H	2.0	3.0	4.0	4.0	3.0	1.0	1.0	2.0							20
17 Women's 300m H	3.0	3.0	1.0		4.0	4.0	2.0							3	20
17 Women's Hamm	3.0	3.0	2.0	2.0	1.0	1.0	4.0	4.0							20
17 Women's Discus	4.0	4.0	2.0	2.0	3.0	3.0	1.0	1.0							20
17 Women's Shot P	3.0	3.0	2.0	2.0	1.0	1.0	4.0	4.0							20
17 Women's Javelin	3.0	3.0	4.0	2.0	2.0	4.0	1.0	1.0							20
17 Women's Long J	4.0	4.0	3.0	2.0	2.0	3.0	1.0	1.0							20
17 Women's Triple	4.0	4.0	3.0		2.0		1.0							6	20
17 Women's High J	2.0	3.0	3.0	4.0	4.0		1.0	2.0						1	20
17 Women's Pole V	4.0	4.0	2.0				3.0						1	6	20
17 Women's 4 x 100m	4.0		1.0		3.0		2.0								10
17 Women's 4 x 300m	4.0		2.0		3.0		1.0								10
	<b>61.0</b>	<b>56.0</b>	<b>40.0</b>	<b>29.0</b>	<b>42.0</b>	<b>32.0</b>	<b>35.0</b>	<b>22.0</b>					<b>2</b>	<b>21</b>	<b>340</b>
15 Girls' 100m	3.0	3.0	2.0	2.0	1.0	1.0	4.0	4.0							20
15 Girls' 200m	3.0	4.0	2.0	3.0	1.0	2.0	4.0	1.0							20
15 Girls' 800m	4.0	4.0	2.0	3.0	1.0	1.0	3.0	2.0							20
15 Girls' 1500m	4.0	4.0	3.0	3.0	2.0	2.0	1.0	1.0							20
15 Girls' 75m Hurd	2.0	4.0	3.0	3.0	1.0	1.0	4.0	2.0							20
15 Girls' Long Jump	4.0	2.0	2.0	3.0	1.0	1.0	3.0	4.0							20
15 Girls' High Jump	3.0	4.0	4.0	3.0	1.0	1.0	2.0	2.0							20
15 Girls' Discus (1.1)	3.0	4.0	2.0	2.0	4.0	3.0	1.0	1.0							20
15 Girls' Javelin (60)	4.0	4.0	2.0		3.0	3.0	1.0	2.0						1	20
15 Girls' Shot Putt	4.0	4.0	1.0	1.0	2.0	3.0	3.0	2.0							20
15 Girls' 4 x 100m	3.0		2.0		1.0		4.0								10
	<b>37.0</b>	<b>37.0</b>	<b>25.0</b>	<b>23.0</b>	<b>18.0</b>	<b>18.0</b>	<b>30.0</b>	<b>21.0</b>						<b>1</b>	<b>210</b>

13 Girls' 75m	3.0	4.0	4.0	1.0	1.0	3.0	2.0	2.0							20
13 Girls' 150m	3.0	4.0	4.0	2.0	1.0	3.0	2.0	1.0							20
13 Girls' 800m	3.0	3.0	1.0		4.0	4.0	2.0							3	20
13 Girls' 1200m	2.0	3.0	1.0		4.0	2.0	3.0	4.0						1	20
13 Girls' 70m Hurd	3.0	3.0	4.0	4.0	1.0	1.0	2.0	2.0							20
13 Girls' High Jump	2.0	3.0	4.0	4.0	1.0		3.0	2.0						1	20
13 Girls' Long Jump	4.0	3.0	3.0	2.0	2.0	4.0	1.0	1.0							20
13 Girls' Shot Putt	3.0	4.0	1.0	1.0	2.0	2.0	4.0	3.0							20
13 Girls' 4 x 100m	4.0		1.0		3.0		2.0								10
	<b>27.0</b>	<b>27.0</b>	<b>23.0</b>	<b>14.0</b>	<b>19.0</b>	<b>19.0</b>	<b>21.0</b>	<b>15.0</b>						<b>5</b>	<b>170</b>

### FINAL MATCH SCORES AND POSITIONS

	1	3	2	4	5	5	5	5	UNUSED	TOTAL
Points Summary	B'ht & B	Herts P	Hav M	WG&EL						
Boys	257.0	157.0	200.0	129.0					67.0	810.0
Girls	245.0	154.0	148.0	144.0					29.0	720.0
Officials	25.0	16.0	12.0	25.0					22.0	100.0
Total	<b>527.0</b>	<b>327.0</b>	<b>360.0</b>	<b>298.0</b>					<b>118.0</b>	<b>1630.0</b>
Position	<b>1</b>	<b>3</b>	<b>2</b>	<b>4</b>	<b>5</b>	<b>5</b>	<b>5</b>	<b>5</b>		

### ATHLETES OF THE MATCH

#### FEMALE ATHLETES

#### FEMALE ATHLETES

<b>TRACK</b>	Kitty Eleyae	U15G 100
	WGEL	12.2 sec
<b>FIELD</b>	Sarah Smith	U17W HT
	WGEL	38.08 m