

300m H

Melody	Kane	59.72	U17W
--------	------	-------	------

400m H

Katie	Murray	63.89	U20W
-------	--------	-------	------

800 Heat 1

Robert	Yates	2:18.56	U15B
Sonia	Woolhouse	2:46.12	U13G
Helen	Philips	2:47.66	U13G
Louise	Davison	2:48.10	U13G
Daniel	Waller	2:50.25	U13B
Ellie	Lawrence	2:55.67	U13G
Elouise	Edwards	3:01.58	U15G
Brianna	Barwell	3:06.51	U13G

800 Heat 2

Alex	Gibbins	1:59.00	SM
Colin	Norris	2:05.09	SM
Ben	Parkin	2:06.11	U17M
Matt	Hill	2:08.39	SM
James	Clack	2:10.93	U17M
Jonathan	Halls	2:18.07	U17M
Danielle	Webb	2:39.37	U17W

300

Holly	Fletcher	44.89	U13G
Rachel	Robinson	46.63	U15G

100 Heat 1

Jardine	Shelley	13.8	U15G
Irene	McIntosh	14.2	U13G
Aine	Hurlock	14.6	U13G
Sam	Wills	15.1	U13B
Shannon	Cordell	15.8	U13G
Daniel	Waller	16.8	U13B

100 Heat 2

Matt	Fletcher	11.3	U17M
Kieran	Daly	11.6	U17M
Ellis	Zorro	11.8	U17M
Ben	Hopkins	11.9	U17M
Abs	Jolaoso	12.1	U17M
Jonathan	Pettet	12.2	U15B
Joshua	Clark	12.4	U17M

100**Heat 3**

Dan	Putnam	11.1	U17M	
Andre	Haughton	11.3	?	Cambridge Harriers
Neil	Francis	11.4	U20M	
Jermaine	Alexander	11.5	U20M	
Arthur	Tanoh	11.6	?	Cambridge Harriers
Aaron	Broderick	11.9	U23M	
David	Thacker	12.6	SM	
Clem	Leon	13.6	M50	

3000

Hector	Kurtyanek	9:52.69	U17M
Sam	Jackson	10:18.28	U15B
Will	Mercer	10:18.64	U15B
Danielle	Critchley	10:46.49	U17W
Amrullah	Azzi	11:08.18	U17M
Amber	Reed	11:08.62	U15G
Lauren	Heria	12:28.85	U15G

4x100 Relay

Team Neil	48.62
Team Isobel	53.03
U13G	57.42
Team Dan	DQ
Team Ben	DQ

Javelin

Ellie	Lawrence	19.00	U13G
Dina	Asher-Smith	13.03	U13G
Sonia	Woolhouse	8.62	U13G
Daniel	Waller	11.51	U13B
Rhiannon	Jones	19.94	U15G
Jonathan	Pettet	28.60	U15B
Charlie	Turvey	28.45	U15B
Sarah	McGuire	35.51	U20W
Alex	Pope	44.71	SM
Elouise	Edwards	21.15	U15G

High Jump

Alex	Pope	1.85	SM	
Clem	Leon	1.45	M50	
Paul	Ashsmith	1.55	U15B	
Oliver	Newport	1.45	U15B	Crawley
Adam	Willis	1.30	U15B	
Lara	Lalemi	1.45	U15G	
Rhiannon	Jones	1.20	U15G	

Long Jump

Dina	Asher-Smith	4.10	U13G
Helen	Philips	3.82	U13G
Irene	McIntosh	3.79	U13G
Shannon	Cordell	3.69	U13G
Aine	Hurlock	3.67	U13G
Ellie	Lawrence	3.61	U13G
Oliver	Newport	4.98	U15B
Adam	Willis	4.87	U15B
Alex	Pope	5.72	SM
Clem	Leon	4.27	M50