

Cork - Cobh

'15'

April 29th

ONE of the most popular road races in the country, this annual race for many years incorporated the National Fifteen Mile Championship, but in the last few years the National has been held in different venues throughout the country, therefore taking some of the big names from the race.

However, a good entry was received this year, including two former winners, Pat O'Riordan who holds the course record of 73.45 and Dick Hodgins. Another interesting entry was Gerry Staunton, the Galway man who runs for Liffey Valley and who has a number of first class road performances to his credit this year.

Staunton and O'Riordan, along with Mick Lawton of Leevale, headed the field from the start and shortly before halfway O'Riordan was dropped. Staunton and Lawton battled on, against a strong wind at times, but with two miles to go Staunton finally broke clear to finish in a time of 76.54 over a minute ahead of Lawton, who improved considerably on his time of last year. O'Riordan was an isolated third with Hodgins fourth. Paul Mulholland of Midleton had a great run to finish in fifth position ahead of another Leevale runner, Gene Mealy. Gerald Walsh, who recently ran in the Essone Marathon in Paris was seventh. Leevale had an easy win in the team race with neighbours St. Finbarrs second and Reenavanna of Limerick third.

John Walshe

Results

1, G. Staunton, Liffey.....	76.54.5
2, M. Lawton, Leevale	77.58.0
3, P. O'Riordan, Leevale.....	79.19.9
4, D. Hodgins, Leevale.....	80.53.8
5, P. Mulholland, Midleton.....	81.26.4
6, G. Mealy, Leevale	82.23.9
7, G. Walsh, Dohenys	82.43.8
8, S. Cregan, Croom	84.17.4
9, F. McInerney, Limerick.....	84.57.3
10, F. O'Leary, St. Finbarrs	85.31.2
11, M. Joyce, St. Finbarrs, 86.16.4; 12, W. Hayes, Reenavanna, 87.33.5; 13, B. Kearney, Leevale, 87.38.1; 14, M. McDermott, Mayo, 88.08.9; 15, D. O'Sullivan, Ballymore, 88.23.9; 16, J. O'Leary, St. Finbarrs, 88.37.9; 17, W. Cronin, Leevale, 88.50.9; 18, C. Brennan, Reen, 89.52.7; 19, D. Burke, St. Finbarrs, 90.14.1; 20, J. Walshe, Midleton, 90.33.0; 21, G. Walsh, Youghal, 91.00.0; 22, D. Rooney, Skibb, 91.56.7; 23, C. Cronin,	

Farran, 93.32.4; 24, A. Doyle, Dundrum, 95.15.0; 25, P. Arnott, Youghal, 96.04.0; 26, J. Laffan, Reen, 96.05.0; 27, R. O'Brien, Grange, 96.37.4; 28, T. O'Flynn, Unatt, 99.04.9; 29, J. O'Flynn, Leevale, 99.40.2; 30, P. Lee, Youghal, 99.40.2; 31, D. Ainscough, St. Finbarrs, 105.55.0; 32, J. Mohally, St. Finbarrs, 110.38.0; 33, A. Crowley, Togher, 111.00.0; 34, O. Fitzgerald, Togher, 111.00.0; 35, M. O'Shea, Drumcoll, 114.30.0; 36, W. O'Mahony, Youghal, 114.42.0; 37, T. Houlihan, Midleton, 115.00.0; 38, J. Lyons, Midleton, 116.05.0; 39, C. Lankford, Ballymore, 119.35.0; 40, L. O'Leary, St. Finbarrs, 121.10.0; 41, P. Meehan, Ballymore, 127.02.0;

Team Results

1, Leevale.....	9pts
2, St. Finbarrs	37pts
3, Reenavanna Harriers	56pts
4, Midleton.....	62pts
5, Youghal.....	76pts
6, Ballymore-Cobh	95pts

RACE JULY 79

Ted Pepper 'Seven'

7th May 1979

EDWARD 'TED' PEPPER will be known personally to many athletes. He joined Blackheath Harriers in 1961 and represented the Club with success on the road, track and cross country.

He was a person who never shirked a duty and who always sought a challenge; it was this latter spirit which led him to compete in the 1978 Three Peaks race, 23 miles over the mountainous region of the North Yorkshire Peaks. In weather conditions as bad as the race organisers had ever known Ted lost his way after passing the final check point and died from hypothermia before he could be found by the rescue parties.

Ted throughout his running career was especially prominent on the road and it was on the road that he won a Kent County vest. In recognition of these achievements and to commemorate his memory the Blackheath Harriers Committee decided to stage the 'Ted' Pepper Memorial Race which it is hoped will become an annual event. The race was sponsored by Collingwood of Conduit Street Ltd, the company of which Ted was a director.

Collingwood have presented the magnificent Silver Edward Pepper Memorial Trophy which will be awarded annually to the individual

winner who will also receive a replica to retain.

The race was started by Mrs. Pepper, Ted's widow.

So to the race itself . . .

Despite a warm sun and a strong breeze the field was split from the very start of the race. A group of five contested the lead on the first lap of three circuits, including Mick Gratton, Richard Coles, Mick Russell, Paul Caden and tucked in behind these four — Barry Watson. Just before the start of lap two Russell accelerated and quickly built up a lead of some twenty yards on his immediate pursuer, Barry Watson. Gaden followed ten yards in front of Coles and Gratten with the rest of the field well spread out. At this stage the Vets Race being run in conjunction looked interesting with John Oliver, (Cambridge Harriers) and Barry O'Gorman (Blackheath) neck and neck, whilst former British International Hugh Foord (Brighton) had made well and truly sure of the over fifty prize.

Up front Watson appeared to strike up a conversation with the Croydon man — however all speculation as to whether or not they planned to finish together was dispelled near the finish when the former A.A.A. Marathon Champion sprinted to the front to come home a worthy winner. Barry told me after the race that he felt the need of some speed training in view of his forced lay-off last year and his planned marathon races for this coming season, and since he felt that this race deserved backing he was most pleased to take part.

Mick Russell came home comfortably in second spot having tried his best early on to front run to victory. The race for the minor placings proved most absorbing and it was only in the last mile that Gaden of Torbay managed to prise open a gap on Gratten and Coles who in turn had a fine 'dust up' for fourth and fifth places.

The team race was an easy thing for a powerful Invicta squad for whom Peter Brenchley missed out on the premier team award by a blink of an eyelid.

In the Vets race John Oliver ran well to clinch first place — a great effort after a week of pain and dental treatment due to an abscess under the tooth.

Lastly, congratulations to Black-

heath and organiser Mick Peel who put together a splendid race on as safe a course as one could find nowadays.

1, B. Watson, Cam	34.06
2, M. Russell, Cro	34.16
3, P. Gaden, Torbay	34.43
4, M. Gratton, Invicta	34.49
5, R. Coles, BI	34.52
6, J. Dryden, Shafts	35.00
7, M. Knapp, Inv	35.11
8, F. Fota, Crawley	36.05
9, L. Slater, Inv	36.16
10, P. Brenchley, Inv	36.16
11, J. Davy, Ind, 36.21; 12, D. Feisentein, Shafts, 36.34; 13, D. Townsend, Inv, 36.41; 14, A. Douglas, Crawley, 36.42; 15, A. Orr, Ran, 36.43; 16, S. Livingstone, Verlea, 36.53; 17, S. Webb, Herc, 36.53; 18, R. Dickson, Croy, 36.54; 19, J. Oliver, Cam, 37.03; 20, S. Littlewood, Herc, 37.10; 21, I. Wilson, Black, 37.13; 22, B. O'Gorman, Black, 37.21; 23, P. Horwood, Black, 37.24; 24, P. Shephard, Black, 37.24; 25, K. Harrison, Ran, 37.31; 26, G. Taylor, Cam, 37.34; 27, A. Davis, Black, 37.40; 28, S. Mummery, Ran, 37.43; 29, V. Monk, Thurrock, 37.47; 30, G. Walsh, Ranelagh, 38.05; 31, D. Sutton, Verlea, 38.20; 32, R. Lines, Ind. SLH, 38.22; 33, C. Moulton, Herc, 38.23; 34, T. Maclean, Ind. SLH, 38.34; 35, W. Wade, Black, 38.44; 36, H. Foord, Bri 0/50, 38.45; 37, P. Biddlecombe, LSE, 38.47; 38, I. Young, Black, 38.49; 39, P. Hammelton, Black, 38.54; 40, M. Sherman, Croy, Ind, 38.59; 41, D. Wright, Rane, 39.05; 42, M. Lane, Rane, 39.07; 43, R. Cliff, Black, 39.16; 44, B. Warr, Dart, 39.18; 45, K. Jackson, LSE, 39.21; 46, J. Gray, Thurrock, 39.23; 47, S. Rowland, Rane, 39.26; 48, D. Amner, Black, 39.28; 49, S. Cluney, Black, 39.31; 50, Ehterton M. Ind, 39.32; 51, P. Mulholland, Herc, 39.35; 52, Field M. Ton, 39.39; 53, W. Gilham, Met. Pol, 39.41; 54, P. Banck, Herc, 39.53; 55, Paskhurst T, Croy, 39.55; 56, C. Haines, Black, 40.05; 57, <u>Peel M. Black, 40.07</u> ; 58, B. Swift, Black, 40.09; 59, Davies, M, Ind. Vit, 40.17; 60, R. Harding, Invicta, 40.20; 61, I. McKenzie, Met. Pol, 40.27; 62, P. Collins, Croydon, 40.31; 63, W. Cralway, Horsham, 40.32; 64, B. Moore, Thurrock, 40.36; 65, S. Hedger, Rane, 40.37; 66, G. Crowder, Black, 40.39; 67, Allen D. Black, 40.43; 68, S. Robinson, Black, 40.44; 69, J. Adams, E. Kent, 40.45; 70, D. Horsop, Thurrock, 40.51; 71, R. Williams, Faversham, 41.03; 72, R. Cosens, Dartford, 41.03; 73, D. White, Black, 41.16; 74, P. Johnson, Black, 41.22; 75, I. Isherwood, Herc, 41.27; 76, M. Marchant, Ton, 41.30; 77, D. Jenkins, Verlea, 41.34; 78, K. Middleton, Rane, 41.41; 79, Shorter C. Black, 41.42; 80, Hill, W, Black V, 41.44; 81, Pearce R. Verlea, 41.47; 82, Trowbridge, M. Dart, 41.48; 83, L. Mann, Bel, 41.49; 84, M. Cother, Rane, 41.53; 85, M. Burrows, Black, 41.59; 86, Phimister G, Thurrock, 42.02; 87, P. Haywood, Dart, 42.06; 88, Rowen J. Mitcham, 42.07; 89, Balfour F, LSE, 42.14; 90, Daniels G. Rane, 42.16; 91, Burke J, Havering, 42.16; 92, Barnett B, Berlea, 42.25; 93, Curtis R, Tonbridge, 42.30; 94, Clarke B, Dart, 42.34; 95, Soutar T, Black, 42.42; 96, R. Hale, Kent AC, 42.43; 97, Skeet B, C'Wood, 42.44; 98, Hobson G, Verlea, 42.55; 99, Clark D, Ton, 43.07; 100, Bunyon P, Black, 43.08; 101, C. Collins, Thurr, 43.08; 102, J. Gordon, LSE, 43.12; 103, J. Kavanagh, Black, 43.14; 104, R. Gibson,	

Newham, 43.21; 105, K. Kenway, Cam, 43.22; 106, P. Hunter, Black, 43.26; 107, J. Braughton, Black V50, 43.30; 108, N. Dolden, Dart, 43.33; 109, F. Farish, Black, 43.37; 110, B. Powell, Verlea, 43.59; 111, A. Suckling, Camb, 44.04; 112, W. Crabb, Crawley, 44.09; 113, P. Vetterlein, Orion, 44.17; 114, G. Gibbons, Black, 44.21; 115, D. Debnam, Dart, 44.23; 116, B. Pearce, Black, 44.25; 117, R. Deakin, Crawley, 44.43; 118, E. Jones, Camb, 45.06; 119, R. Keep, Essex, 45.15; 120, S. Davis, Black, 45.26; 121, N. Archer, Rane, 45.47; 122, B. Collins, Croydon, 45.57; 123, R. Norton, Black, 46.05; 124, P. Hopgood, Black, 46.20; 125, I. MacMillan, Invicta, 47.05; 126, J. Cook, Crawley, 47.12; 127, G. Wright, Black, 47.19; 128, M. Keene, Mitcham, 47.31; 129, No.241, 48.18; 130, A. Green, Wycombe, 48.54; 131, P. Hannell, Black, 48.57; 132, P. Critchley, Black, 49.07; 133, A. Newman, Dart, 55.24;

Team Results

1, Invicta AC	39
2, Blackheath A	72
3, Ranelagh A	98
4, Hercules	121
5, Blackheath B	139
6, Ranelagh B	195
7, Blackheath C	196
8, Thurrock AC	209
9, Cambridge A	243
10, Blackheath D	248
11, Crawley	251
12, L.S.E	273
13, Dartford	356
14, Ranelagh C	373

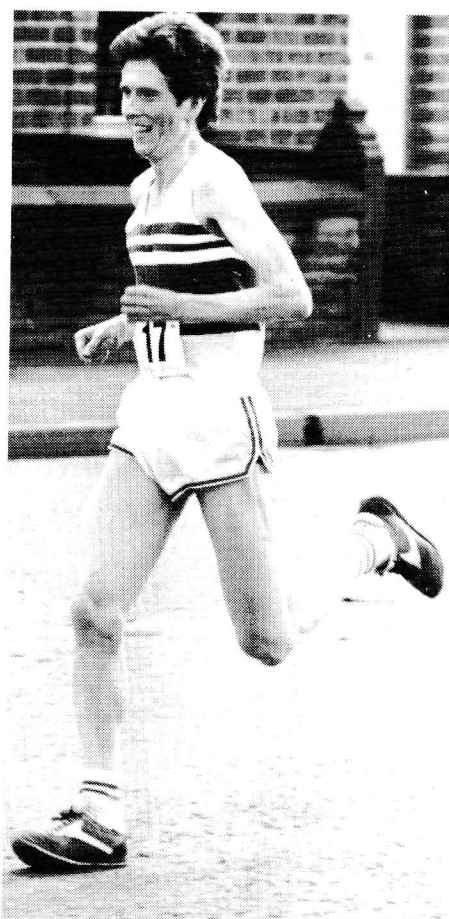
Surprise Win by Dewhirst in Longwood 10 21st April, 1979

ALWYN DEWHIRST, the England international who is to leave Aire-dale and Spen Valley AC for Holmfirth Harriers at the end of the month, gave his old and new club-mates a run to remember in the Longwood '10' sponsored by Paddock Motors, at Huddersfield.

The 27-year-old schoolteacher, who lives in the Holme Valley, scored an upset win in 48min 30sec over fellow international Graham Ellis who will be his new captain when he switches clubs.

Ellis, 23, the Yorkshire CCA champion and one of the most formidable road racers in the country was in contention until the six mile mark but slumped to fifth at the end in 49min 56sec.

The Holmfirth skipper said after-



Eventual winner Alwyn Dewhirst. Photo E. North

wards that he did not feel that the midweek 3,000 metres on the track at Cleckheaton contributed to his downfall yet he did admit to feeling tired from the word 'go'.

Robert Harbisher of Longwood, who is breaking through into top class, also competed in that mid-week track race; but produced a career best ten mile time of 48min 49sec.

It was Harbisher, 25, who set the pace at Cleckheaton and he showed the same enterprise at Huddersfield, zipping through the first three miles well inside five minute mile pace.

The chasing pack, headed by Dewhirst, Ellis and a fit-looking Mike Baxter of Leeds caught the Longwood man by four miles and Dewhirst led into the wind up the only hill on the course.

The leaders went through five miles in 24min 48sec—14sec faster than last year when Ellis set the course record at 48min 4sec—and Dewhirst made his crucial break at the top of the hill. He said afterwards that he wanted to make the pace as uncomfortable as he possibly could for Ellis and his tactics paid off.