

RESULTS - ALPHA BETA TROPHIES MATCH - 7TH APRIL 2012

ALPHA SENIORS

100M A (WIND = 4.8)

1. Thorema Thompson (E&H)	11.62
2. Serita Solomon (B&B)	12.27
3. Lois Waknell (Rad)	12.53
4. Jaitila Reavil-Blake (D&T)	12.54
5. Abi Griffiths (Herts P)	12.74
6. Aimee Jones (S&NH)	13.64

200M A (WIND = 2.1)

1. Thorema Thompson (E&H)	24.81
2. Tara Kafke (RAD)	24.94
3. Grace Sheppard (B&B)	26.15
4. Alex Hill (Herts P)	26.63
5. Jaitila Reavil-Blake (D&T)	26.75
6. Chloe Van Wulven (HAV)	28.06
7. Jess Barber (S&NH)	29.16

400M A

1. Tara Kafke (RAD)	55.68
2. Shakeitha Henfield (B&B)	57.15
3. Michelle McNamara (E&H)	58.25
4. Sandra Reed (S&NH)	64.59
5. Elena Crompton (D&T)	65.09
6. Nina Brenna (HAV)	67.11

800M A

1. Lois Bowles (E&H)	2.20.79
2. Vicky Smith (HAV)	2.20.83
3. Holly Fletcher (B&B)	2.21.85
4. Jess Barber (S&NH)	2.28.58

100m B (WIND = 3.5)

1. Grace Sheppard (B&B)	12.5
2. Amy Greenaway (Rad)	12.83
3. Sarah Driver (E&H)	12.83
4. Laura Clark (D&T)	12.87
5. Felicity Clarke (HAV)	13.63
6. Millie Phelan (S&NH)	13.81

200M B (WIND = 3.4)

1. Ama Pipi (E&H)	25.53
2. Amara Lalleme-Jacobs (B&B)	25.88
3. Gina Sunderland (RAD)	26.66
4. Abi Griffiths (Herts P)	26.68
5. Laura Clark (D&T)	27.61
6. Aimee Jones (S&NH)	28.33
7. Rachel Kerr (HAV)	28.98

400M B

1. Krystal Galley (B&B)	58.7
2. Akeesha Smith (E&H)	58.8
3. Elena Cervi (S&NH)	62.7
4. Jemma Gregory (RAD)	64.6

800m B

1. Jess Jones (B&B)	2.27.96
2. Solen Du Repaire (E&H)	2.28.23
3. Jess Anstice (RAD)	3.01.73
Sarah Feely (S&NH)	DNF

1500M A

1. Vicky Smith (HAV)	4.56.86
2. Lois Bowles (E&H)	4.56.98
3. Hannah Dewhurst (S&NH)	5.14.28
4. Danielle Critchley (B&B)	5.17.52
5. Charlotte Harris (RAD)	5.19.19

100m HURDLES A (WIND = 1.9)

1. Chloe Van Wulven (HAV)	15.06
2. Moe Sasegbon (STEV)	15.3
3. Rosie Kingston (RAD)	15.66
4. Sian Duffy-Smart (B&B)	15.75
5. Nat Farman (Herts P)	16.87

400m HURDLES

1. Sam Brown (B&B)	64.37
2. Claire Brennan (HAV)	68.01
3. Sarah Driver (E&H)	69.25
4. Gina Sunderland (RAD)	69.55
5. Sophie Lee (D&T)	69.66
6. Sandra Read (S&NH)	73.49
7. Eloise Meakins (Herts P)	83.17

4 x 100 RELAY

1. B&B	49.85
2. RAD	49.92
3. E&H	50.92
4. HERTS P	54.8
5. HAV	55.11
6. S&NH	55.28

JAVELIN A**1500M B**

1. Gemma Phillips (HAV)	5.09.66
2. Rebecca Harris (S&NH)	5.18.45
3. Bethany Frost (B&B)	5.34.08

100m HURDLES B (WIND = 0.0)

1. Rhiannon Jones (B&B)	15.5
2. Claire Brennon (HAV)	15.6
3. Claire Ward (S&NH)	16.1
4. Stacey Hazell (RAD)	16.2

1. Felicity Clarke (HAV)	69.8
2. Rosie Kingston (RAD)	73.56
3. Chelsea Crouser (B&B)	76.07
4. Sarah Feely (S&NH)	83.88

JAVELIN B

1. Kike Oniwinde (E&H)	44.04
2. Eloise Meakins (Herts P)	42.67
3. Claire Ward (S&NH)	35.75
4. Kate Cowley (HAV)	33.82
5. Laura Britane (TVH)	31.21
6. Ellie Duffy-Penny (B&B)	29.67
7. Aislinn Baird (RAD)	27.03
8. Elena Crompton (D&T)	20.56

DISCUS A

1. Shaunagh Brown (B&B)	42.87
2. Mel Harrison (E&H)	37.89
3. Laura Britane (TVH)	34.46
4. Kathryn Woodcock (RAD)	34.09
5. Rachel Williams (S&NH)	29.45
6. Sophie Baggs (HAV)	28.48
7. Eloise Meakins (Herts P)	22.26
8. Elena Crompton (D&T)	17.74

SHOT A

1. Shaunagh Brown (B&B)	13.58
2. Kate Cowley (HAV)	10.08
3. Ann Reeve (S&NH)	9.44
4. Gina Sunderland (RAD)	8.73
5. Eloise Meakins (Herts P)	7.72
6. Izzy Krassismenou (E&H)	7.7
7. Elena Krompton (D&T)	6.65

LONG JUMP A

1. Hayley Perrin (RAD)	4.98 w= 1.9
2. Evie Syron-Russell (B&B)	4.98 w=3.0
3. Elena Crompton (D&T)	4.88 w=3.1
4. Natalie Farman (Herts P)	4.83 w=4.5

1. Izzy Krassismenou (E&H)	34.85
2. Rachel Williams (S&NH)	34
3. Sam Milner (B&B)	22.24
4. Kay Reynolds (RAD)	21.2
5. Sophie Lee (D&T)	20.01
6. Claire Brennan (HAV)	19.57

DISCUS B

2. Sam Milner (B&B)	39.47
2. Jess Anstice (RAD)	26.51
3. Erin Baggs (HAV)	26.43
4. Izzy Krassismenou (E&H)	23.97
5. Megan Breen (Herts P)	18.08
6. Laura Feely (S&NH)	15.64
7. Laura Clark (D&T)	10.8

SHOT B

1. Liz Hughes (B&B)	9.68
2. Aislinn Baird (RAD)	8.42
3. Nina Brennan (HAV)	7.68
4. Beth Grimsey (E&H)	7.04
5. Abi Griffiths (Herts P)	5.03

LONG JUMP B

1. Lucy Hooper (RAD)	4.79 w=2.4
2. Milie Phelan (S&NH)	4.70 w= 3.2
3. Sophie Lee (D&T)	4.48 w= 2.7
4. Bethan Siddons (HAV)	4.42 w=2.0

5. Anne Rees (S&NH)	4.77 w= 2.3	5. Helena Scotland (E&H)	4.16 w=4.6
6. Hannah Connor (HAV)	4.72 w=3.5	6. Amara Lalemi-Jacob (B&B)	3.98 w= 2.3
7. Sara Ogbonah-Godfrey (E&H)	4.57 w=3.9	7. Alex Hill (Herts P)	3.96 w= 2.4

HIGH JUMP A

1. Moe Sasegbon (S&NH)	1.65
2. Kate Cowley (HAV)	1.65
3. Beth Grimsey (E&H)	1.6
4. Christine Lyston (B&B)	1.5
5. Hayley Perrin (RAD)	1.5
6. Sophie Lee (D&T)	1.45

HIGH JUMP B

1. Bethan Siddons (HAV)	1.6
2. Helena Scotland (E&H)	1.5
3. Alex Weelwright (B&B)	1.5
4= Janet Browne (S&NH)	1.45
4= Amy Greenway (RAD)	1.45
6. Abi Griffiths (Herts P)	1.4

Senior Result

1st Blackheath & Bromley	191
2nd Radley	164.5
3rd Enfield & Haringey	156
4th Havering Mayesbrook	150
5th Stevenage & North Herts	139.5
6th Herts Phoenix	78.5
7th Dacorum & Tring	68.5
8th Thames Valley Harriers	14

ALPHA u15

100m A (WIND = 2.6)

1. Maya Bruney (B&B)	12.43
2. Modupe Shokunbi (HAV)	12.7
3. Tyla Beckles (E&H)	12.77
4. Olivia Green (Herts P)	13.16
5. Alex Cross (RAD)	13.41
6. Charlotte Gleave (S&NH)	13.68

100M B (WIND = 1.6)

1. Jamilya Robinson-Pascal (B&B)	13.39
2. Ellie Bandy (Herts P)	13.73
3. Tashaan Daniel (E&H)	13.89
4. Chenice Constable (HAV)	13.96
5. Stephanie Mott (RAD)	14.49
6. Bethanay Dean (S&NH)	14.5

200m A (WIND = 3.4)

1. Maya Bruney (B&B)	25.08
2. Tyla Beckles (E&H)	26.53
3. Modupe Shokunbi (HAV)	26.62
4. Pia Davis (D&T)	27.85
5. Charlotte Gleave (S&NH)	28.7
6. Ellie Bandy (Herts P)	28.8
7. Stephanie Mott (RAD)	30.6

800m A

1. Charlotte Rhule (B&B)	2.28.14
2. Heidi Surman Wells (HAV)	2.30.16
3. Faith Brew (RAD)	2.30.39
4. Pia Davis (D&T)	2.32.84
5. Lauren Dowling (E&H)	2.37.74
6. Erin Breen (Herts P)	2.47.58
7. Rebecca Pickard (S&NH)	2.52.68

1500M A

1. Jessica Keane (B&B)	5.03.70
2. Emma Hatchett (E&H)	5.13.69
3. Charlie Duke (S&NH)	5.26.91
4. Daisy White (RAD)	5.38.43
5. Zoe Rudgley (HAV)	5.54.11

75m HURDLES A

1. Michelle Hughes (HAV)	11.89
2. Courtney Hill (D&T)	12.59
3. Caroline Earle (E&H)	12.66
4. Isabella Hilditch (B&B)	12.84
5. Alex Cross (RAD)	12.93
6. Zoe Benton (Herts P)	13.55
7. Rebecca Pickard (S&NH)	13.56

200m b (WIND = 3.7)

1. Parris Johnson (B&B)	27.61
2. Katie Dawson (HAV)	28.46
3. Salome Japal (E&H)	28.72
4. Sarah McDonnel (Herts P)	29.1
5. Bethanay Dean (S&NH)	30.88
6. Faith Brew (RAD)	31.08

800m B

1. Naomi Kingston (B&B)	2.30.99
2. Amy Baggs (HAV)	2.40.62
3. Amelia Perrin (RAD)	2.45.87
4. Bethany Harley (S&NH)	2.50.29
5. Becky Farrow (D&T)	2.50.46
6. Georgia Chambers (Herts P)	2.55.72
7. Katie Hatchett (E&H)	2.57.44

1500m B

1. Shannon Risky (B&B)	5.12.51
2. Melissa Herridge (S&NH)	5.39.96
3. Erika Davies (RAD)	5.40.33

75m HURDLES B

1. Martha Huggins (S&NH)	13.05
2. Coco Day (D&T)	13.28
3. Akuia Gondwe Onabrauche (B&B)	13.34
4. Katie Dawson (HAV)	13.7
5. Emma Martin (E&H)	13.88
6. Erin Breen (Herts P)	14.92
7. Abbey Cottam (RAD)	16.73

4 X 100 RELAY

1st Enfield & Haringey	52.53
2nd Dacorum & Tring	54.34
3rd Havering Mayesbrook	54.74
4th Herts Phoenix	54.91
5th Stevenage & North Herts	57.51
6th Radley	58.5

JAVELIN A

1. Alisha Levy (S&NH)	28.57
2. Courtney Hill (D&T)	20.67
3. Emma Hatchett (E&H)	19.81
4. Millie Perrin (RAD)	17.46
5. Georgia Chambers (Herts P)	12.84
6. Freya Gutteridge (HAV)	11.23
7. Brooke Hollett (B&B)	10.96

DISCUS A

1. Hannah Johnson (E&H)	27.11
2. Nicole Darcell (Herts P)	24.13
3. Alisha Levy (S&NH)	22.53
4. Emily Kiernan (D&T)	20.56
5. Anna Barnett (B&B)	20.09
6. Freya Gutteridge (HAV)	19.85
7. Abbey Cottam (RAD)	13.65

SHOT A

1. Akina Gondwe-Orobrauche (B&B)	10.03
2. Roya Goddard (E&H)	9.96
3. Coco Day (D&T)	9.18
4. Nicole Parcell (Herts P)	8.28
5. Alisha Levy (S&NH)	7.97

JAVELIN B

1. Siobhan Rapacchi (S&NH)	24.66
2. Abbey Cottam (RAD)	15.48
3. Erin Breen (Herts P)	9.84
4. Zoe Rudgley (HAV)	7.67
5. Emily Kiernan (D&T)	6.81
6. Shannon Risky (B&B)	6.79

DISCUS B

1. Siobhan Rapacchi (S&NH)	19.53
2. Amy Baggs (HAV)	17.62
3. Brooke Hollett (B&B)	16.13
4. Louise Faulk (E&H)	14.13
5. Georgia Chambers (Herts P)	12.8
6. Erika Davies (RAD)	12.76
7. Pia Davis (D&T)	11.83

SHOT B

1. Emily Kiernan (HAV)	7.79
2. Kate McRoy (S&NH)	7.48
3. Hannah Johnson (E&H)	7.39
4. Anna Barnett (B&B)	6.25
5. Daisy White (RAD)	4.03

6. Freya Gutteridge (HAV)	6.05
7. Erika Davies (RAD)	5.76

LONG JUMP A

1. Chenice Constable (HAV)	4.73 (w=2.6)
2. Coco Day (D&T)	4.70 (w=1.1)
3. Isabella Milditch (B&B)	4.62 (w=1.9)
4. Rebecca Pickard (S&NH)	4.49 (w=1.7)
5. Olivia Green (Herts P)	4.37 (w=1.9)
6. Carolina Earle (E&H)	4.21 (w=2.3)
7. Millie Perrin (RAD)	3.89 (w=2.9)

HIGH JUMP A

1. Alex Cross (RAD)	1.5
2. Liza Holder (E&H)	1.45
3. Michelle Hughes (HAV)	1.45
4. Bethanay Harley (S&NH)	1.4
5. Toyin Orelaja (B&B)	1.35
6. Olivia Green (Herts P)	1.3

RESULT -ALPHA U15

1ST Blackheath & Bromley	145
2nd Havering Mayesbrook	135
3rd Stevenage & North Herts	133
4th Enfield & Haringey	129
5th Radley	105
6TH Herts Phoenix	98
7th Dacorum & Tring	96

Combined Results Seniors & U15

1st Blackheath & Bromley	336
2nd = Enfield & Haringey	285
Havering Mayesbrook	285

LONG JUMP B

1. Katie Dawson (HAV)	4.37 (W=1.9)
2. Temi Awodiya (B&B)	4.04 (w= 1.9)
3. Courtney Hill (D&T)	3.90 (w=1.8)
4. Bethany Harley (S&NH)	3.88 (w=2.0)
5. Zoe Benton (Herts P)	3.86 (w=2.6)
6. Tashaan Daniel (E&H)	3.82 (w=1.7)
7. Faith Brew (RAD)	3.64 (w=2.3)

HIGH JUMP B

1. Chenice Constable (HAV)	1.45
2. Martha Huggins (S&NH)	1.35
3. Tinukle Falejan (E&H)	1.35
4. Jamilya Robinson-Pascal (B&B)	1.35
5. Zoe Benton (Herts P)	1.25
6. Stephanie Mott (RAD)	1.25

4th Stevenage & North Herts	272.5
5th Radley	269.5
6th Herts Phoenix	176.5
7th Dacorum & Tring	164.5
8th Thames Valley Harriers	14

Dacorum & Tring & Thames Valley Harriers are relegated to the Beta Trophy next year

BETA SENIORS

100M A (WIND = 2.4)

1. Fatima Bangura (VPTH)	12.34
2. Vanessa Le Fon-Hoyte (HHH)	12.52
3. Anna Crowley (WPHX)	12.92
4. Nicola Tikare (HILL)	12.95
5. Natalie Le Beau (Thurrock)	13.63
6. Emma Beardsmore (MMK)	14.88

200m A (WIND = 5.1)

1. Rachel Osietutu (WPHX)	26.1
2. Nicola Tikare (HILL)	26.45
3. Imani Daley (HHH)	27.23
4. Natalie Le Beau (Thurrock)	27.58
5. Sheila Amadasun (VPTH)	27.68
6. Alana Slater (MMK)	29.16

400m A

1. Hannah Edwards (HHH)	61.34
2. Jordanna Wetenhall (WPHX)	62.63
3. Alana Slater (MMK)	66.03
4. Georgie Floyd (HILL)	69.78
5. Rebecca Barnard (Thurrock)	70.37

100M B (WIND = 3.1)

1. Sophie Matthews (WPHX)	12.77
2. Rosenta Yarde (HHH)	12.84
3. Syrstina Meade (VPTH)	13.53
4. Heather Gibbons (HILL)	13.63
5. Sadie Watts (MMK)	16.63

200M B (WIND = 3.4)

1. Heather Gibbons (HILL)	27.85
2. Kyanne Cornwall (HHH)	28.09
3. Lucy Brady (MMK)	28.11
4. Anna Lipman (WPHX)	28.92
5. Sakinah Muhammed (VPTH)	29.27
6. Lynn Talbert (Thurrock)	32.23

400m B

1. Michelle Watson (HHH)	61.97
2. Kirsty Atkins (WPHX)	63.97
3. Lucy Brady (MMK)	66.92
4. ?? (Thurrock)	73.26

800m A

1. Sue Apergis (WPHX)	2.29.45
2. Alana Slater (MMK)	2.35.62
3. Sarah Driver (Thurrock)	2.38.16
4. Samantha Soloman (HHH)	3.08.93

1500M A

1. Lucy Rodgers (WPHX)	4.55.34
2. Lara Bromilow (MMK)	5.03.30
3. Sarah Driver (Thurrock)	5.31.71

100m HURDLES A (WIND= 4.0)

1. Rebecca Zelic (HHH)	15.92
2. Serlina Swaby-Constantine (VPTH)	17.55
3. Amelia Sumun (Thurrock)	20.36

400m HURDLES A

1. Rachel Kellerher (WPHX)	67.99
2. Serlina Swaby-Constantine (VPTH)	74.09
3. Rebecca Barnard (Thurrock)	77

4 x 100m RELAY

1st Wycombe Phoenix	51.96
2nd Herne Hill Harriers	53.96
3rd Victoria Park Tower Hamlets	57.41

JAVELIN A

1. Lauren Head (WPHX)	38.46
2. Sadie Watts (MMK)	37.94
3. Briony Phillips (HHH)	29.54
4. Georgie Floyd (HILL)	28.43
5. Gerry Heapy (Thurrock)	18.54

800m B

1. Lucy Rodgers (WPHX)	2.29.79
2. Diane Baldwin (MMK)	2.56.85

1500M B

1. Maggie Allen (WPHX)	5.18.75
2. Diane Baldwin (MMK)	6.04.23

100m HURDLES B (WIND 4.0)

1. Rebecca Barnard (Thurrock)	22.25
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400m HURDLES B

1. Marissa Robertson (WPHX)	72.46
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JAVELIN B

1. Aislinn Darvell (WPHX)	24.32
2. Emma Beardmore (MMK)	16.02
3. Barbara McAnas (HHH)	14.58
4. Sakinah Muhammad (VPTH)	9.53

6. Serlina Swaby-Constantine (VPTH) 14.6

DISCUS A

1. Briony Phillips (HHH) 35.48
2. Sadie Watts (MMK) 32.39
3. Ije Enwerem (VPTH) 31.07
4. Julie Baker (HILL) 21.62
5. Lauren Head (WPHX) 21.16

SHOT A

1. Briony Phillips (HHH) 10.33
2. Emma Beardmore (MMK) 9.73
3. Esther Gbenebor (VPTH) 9.34
4. Lucy Howes (Thurrock) 8.78
5. Claire Thompson (HILL) 7.91
6. Sophie Matthews (WPHX) 6.64

LONG JUMP A

1. Sophie Wilkinson (MMK) 5.43 (w=2.9)
2. Amelia Sumum (Thurrock) 4.87 (w=4.1)
3. Rebecca Zelic (HHH) 4.39 (w=3.1)
4. Chioma Simonetta Ifeji (VPTH) 4.64 (w= 2.7)
5. Lisa Fitzpatrick (WPHX) 4.31 (w=2.2)
6. Carys Tetlaw (HILL) 4.09 (w=3.8)

HIGH JUMP A

1. Lucy Howes (Thurrock) 1.55
2. Nicole Whitchurch (MMK) 1.45
3. Jordanna Wetenhall (WPHX) 1.4
4. Sheila Amadasun (VPTH) 1.35

Senior Beta Result

1st Wycombe Phoenix 175

DISCUS B

1. Emma Beardmore (MMK) 30.82
2. Aislinn Darvell (WPHX) 18.8
3. Barbara McAnas (HHH) 18.41
4. Claire Tompsett (HILL) 17.74
5. Esther Gbenebur (VPTH) 16.69

SHOT B

1. Sadie Watts (MMK) 9.27
2. Ije Enwerem (VPTH) 8.32
3. Julie Baker (HILL) 7.52
4. Daniela Chalobah (HHH) 6.89
5. Gerry Heapy (Thurrock) 6.74
6. Marissa Robertson (WPHX) 6.21

LONG JUMP B

1. Natalie La Beau (Thurrock) 4.82 (w=5.1)
2. Serlina Swaby-Constantine (VPTH) 4.54 (w=2.7)
3. Lucy Brady (MMK) 4.39 (w=1.5)
4. Rosanta Yarde (HHH) 4.31 (w=1.4)
5. Marissa Robertson (WPHX) 3.97 (w=2.9)

HIGH JUMP B

1. Natalie La Beau (Thurrock) 1.5
2. Kirsty Atkins (WPHX) 1.4

2nd Marshall Milton Keynes	134
3rd Herne Hill Harriers	133
4th Thurrock	126
5th Victoria Park & Tower Hamlets	110
6th Hillingdon	72

Beta U15

100m A (WIND = 3.9)

1. Precious Ejims (VPTH)	12.8
2. Dorothy Oduguwa (MMK)	13.1
3. Tiquilla Smith (HHH)	13.9
4. Nicole Massey (Thurrock)	14.2
5. Georgina Haley (WPHX)	14.5

200M A (wind = 4.6)

1. Previous Ejims (VPTH)	26.07
2. Dorothy Oduguwa (MMK)	28.82
3. Tiquilla Smith (HHH)	29.52
4. Nicole Massey (Thurrock)	30.53
5. Georgina Haley (WPHX)	32.15

800m A

1. Emma Delgado (WPHX)	2.27.85
2. Nannetta Mbonu (VPTH)	2.34.42
3. Elle Smith (Thurock)	2.41.96
4. Izzy Lamport-Went (HHH)	2.43.07

1500m A

1. Francesca Reid Lloyd (HHH)	5.16.29
2. Nomedla Laukute (VPTH)	6.04.78
3. Brittany Abbott (Thurrock)	6.19.87

100m B (WIND=3.7)

1. Toni Ann Malcolm (MMK)	13.96
2. Damilola Alabebe (Thurrock)	15.04
3. Alice Setyabule (HHH)	15.1

200m B (wind = 3.2)

1. Olivia Fletcher (MMK)	30.24
2. Alice Setyabule (HHH)	31.45
3. Damilola Alabebe (Thurrock)	34.4

800M B

1. Megan Styles (WPHX)	2.35.56
2. Elena March (Thurrock)	2.55.32

75m HURDLES A

1. Olivia Fletcher (MMK)	13.26
2. Shannon Jameson (Thurrock)	13.35
3. Emma Delgado (WPHX)	13.8
4. Alice Setyabule (HHH)	16.06

4 X 100 RELAY

1. Herne Hill Harriers	58.73
2. Thurrock	59.08

Javelin A

1. Alice Martin (Thurrock)	17.22
2. Paige Barnes (MMK)	13.45

DISCUS A

1. Paige Barnes (MMK)	22.78
2. Beth James (Thurrock)	20.15
3. Gbemisola Olaosebikan (VPTH)	16.61
4. Francesca Reid-Lloyd (HHH)	14.14

SHOT A

1. Gbemisola Olaosebikan (VPTH)	8.4
2. Paige Barnes (MMK)	6.81
3. Nicole Massey (Thurrock)	6.61
4. Francesca Reid-Lloyd (HHH)	5.96

LONG JUMP A

1. Emma Delgado (WPHX)	4.54 (w=2.1)
2. Olivia Fletcher (MMK)	4.35 (w=3.0)
3. Tiqulla Smith (HHH)	3.83 (w=1.7)
4. Beth James (Thurrock)	3.56 (w=3.3)

75m HURDLES B

1. Toni Ann Malcolm (MMK)	13.54
2. Alyssa Suman (Thurrock)	13.58

Javelin B

1. Brittany Abbott (Thurrock)	8.71
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DISCUS B

1. Alyssa Sumun (Thurrock)	16.82
2. Izzie Lamport-went (HHH)	7.3

SHOT B

1. Alyssa Sumun (Thurrock)	6.47
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LONG JUMP B

1. Megan Styles (WPHX)	3.83
2. Izzie Lamport-Went (HHH)	3.63 (w=2.0)
3. Toni-Ann Malcolm (MMK)	3.61 (w=3.6)
4. Shannon Jameson (Thurrock)	3.42 (w=2.2)

HIGH JUMP A

1. Megan Styles (WPHX)	1.35
2. Beth James (Thurrock)	1.21

HIGH JUMP B

1. Elena March (Thurrock)	1.1
2. Georgina Haley (WPHX)	1.1

Result U15 Beta

1st Thurrock	155
2nd Herne Hill Harriers	99
3rd Marshall Milton Keynes	95
4th Wycombe Phoenix	73
5th Victoria Park & Tower Hamlets	56

Overall Combined Beta Result

1st Thurrock	281
2nd Wycombe Phoenix	248
3rd Herne Hill Harriers	232
4th Marshall Milton Keynes	229
5th Victoria Park & Tower Hamlets	166
6th Hillingdon	72

Thurrock and Wycombe Phoenix will be promoted to the Alpha Match next year

