



"Perfer et Obdura"

Blackheath Harriers' Gazette

113th/114th SEASON, 1982-83

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but alas, we lost 2—1 in the Mob Matches, not good news.

The road runners began placing teams and individuals in a number of open races, and there can be little doubt the Club is developing overall strength in depth as well as quality at the top, and with increased effort can look forward to another fine year.



Jim Day — the new President

EDITORIAL

"To be a Blackheathen is to belong to the most exclusive club there is."

(Ogden Nash—apologies for misquote)

The 1982 AGM again saw P.P. Brian Stone and his Wine Committee clean up on the Presidential book as 10—1 outsider Jim Day took the chair for the forthcoming season. Being elevated to such heights should prove little problem for a man who has scaled such heights before, albeit at the end of a fibreglass pole. Failing all else Jim should be accustomed to wielding the big stick when the occasion demands.

He set one record fairly rapidly by managing to introduce 'any other business' and close the meeting in the same breath, such speed could gain him great favour amongst the Committee.

The Club has again concluded a successful track season, this time as Champions of Division 3 of the British League and fourth place on our debut in the GRE Gold Cup Final. The Cross-Country squad placed second in the Kent to start 1982 off right

SUBSCRIPTIONS

Please remember these were due at the beginning of October. **HAVE YOU PAID.** Seniors £14; Full-time students over 18 £7; under 18 £5.

Without *your money* the Club cannot be run. Send them to the Treasurer or to the Clubhouse, **IMMEDIATELY PLEASE.**

LIFE MEMBERS

Two new Life Members have been elected, they are V.P. Jack Orr and Alan Chappell.

THE PRESIDENT'S CLOSING MESSAGE

FOR 1981/82

Dear 'Heathens,

By the time you read this I will be at the end of my year as President. My rallying call, to be Involved, to Co-operate, and to Win, I am pleased to say, has been fulfilled to some extent by most of you. I thank you for this as through your efforts the Club is still fit, well, and in fine shape, and I have had a year to remember for the rest of my life! Surely we must now have more 'truly' active members than ever?

There are however four areas in which we do need more regular help in order that we can maintain our normal high standards. All four really centre around activities at or near our Club headquarters. Most of our events, be they cross-country or social at Hayes, or track at Norman Park (just down the road from Hayes) go smoothly, but their success is due to tremendous effort by a very few, already hard working, members and friends.

Cross-country events will be reduced to chaos unless the trail layers (most of whom are over 70!) get help from younger members. If you can help please contact Ken Johnson (Otford 2917).

As the number of competitors in events grows so does the need for officials (some 41 ran in the Club 10,000m Championship and there were two 5000m and 1 mile races!) Please contact P.P. John Baldwin (01-856 3011) if you can help.

Teas and drinks do not, in spite of popular belief, serve themselves and even the President has been seen to wash up this year. The wine committee would like to have sufficient firm offers of help so that they can arrange a ROTA. (See letter in Gazette 604 No. 84).

Finally the younger athletes—oh no, I hear you groan. But they ARE the FUTURE of the Club, and if they continue to perform as they did towards the end of this season then our future success must be assured. However they do need coaching, encouraging, and managing, and I am sure John Powell will welcome ANY help you can give.

I am sure that I can rely on you all to help with ONE of these things, trail layers, officials, wine (hic) committee, or young athletes. If so then I can hand over to my successor confident that the foundations of the Club are still sound.

Yours 'Heathenly,

Ian C. Wilson.

Editor's Note—Anyone possessing a photograph of the President in action at the sink should forward it at once to the Gazette.

CLUB OFFICERS 1982-83

President, Jim Day; *Hon. Secretary*, W. F. Lake; *Hon. Treasurer*, R. Ebbutt; *Hon. Asst. Secretary, Cross-Country*, R. Cliff; *Hon. Asst. Secretary, Track*, C. Bird; *Hon. Asst. Secretary, Road*, M. Williams; *Officials*, J. Baldwin; *Membership*, D. White; *Press*, J. Powell; *Trophies*, G. R. Last; *Hon. Sec. Wine Committee*, B. G. Stone; *Asst. Sec.*, G. Hickey, P. C. Hannell; *Asst. Treas. (vacant)*, R. Green; *Hon. Asst. Sec. Coaching*, R. Lyston; *Winter Capt.*, R. Coles; *Vice-Capt.*, R. Farish, G. Crowder; *Summer Capt.*, A. Frankish; *Vice-Capt.*, J. Wilkinson, R. Ebbutt, R. Montgomery; *Hon. Editor*, S. Cluney; *Asst. Ed.*, L. Roberts, C. Woodcock (Courier); *Hon. Archivist*, R. Thompson, C. J. Ware (N/C); *Hon. Handicapper, Cross-Country*, D. Hopgood (N/C); *Track*, R. Green (N/C); *Field*, C. Ellis (N/C); *Hon. Auditors*, J. Bennett, J. K. Young (N/C).

General Committee: G. Brooks, K. Daniel, P. Davies, R. Soutar, K. Whicheloe, C. Ellis, T. Soutar, K. Brunsden. *Past Presidents*—S. C. Wooderson (1947 and Centenary Year), G. H. Wilkinson (1948), S. A. Field (1953), C. A. Wiard (1954), W. H. M. Vercoe (1957), V. W. W. Beardon (1959), J. R. D. Cockburn (1961), L. E. Hammill (1963), R. H. Thompson (1966), A. J. Brent (1967), D. G. Child (1968), G. F. Brooks (1971), P. J. G. Baigent (1972), R. A. Morley (1973), A. A. Oldfield (1974), A. E. Ball (1975), J. R. Baldwin

(1976), R. E. D. Taylor (1977), T. T. Sullivan (1978), C. Brand (1979), B. G. Stone (1980), I. F. Smith (1981), I. C. Wilson (1982). *Vice-Presidents*—J. H. Kitton (1927), C. L. Mobbs (1935), J. C. Stevens (1949), E. J. Reed (1949), R. H. Gollan (1949), C. E. Clowser (1950), N. W. Page (1954), D. J. Tingey (1956), G. Waller (1956), L. G. Towers (1957), P. E. Sims (1958), H. R. Howard (1959), B. G. Parrott (1959), A. A. Tweedy (1959), L. E. Piper (1960), G. H. Smith (1960), N. Dudley (1961), J. W. Orr (1961), J. H. Scott-Wilson (1961), J. E. Lindblom (1962), L. G. King (1962), M. A. Walker (1962), P. H. Francis (1964), D. F. E. Hogg (1964), K. J. Johnson (1964), J. B. Herring (1965), G. Monshall (1966), A. J. Weeks-Pearson (1967), W. S. Norton (1967), A. V. Hayday (1968), T. W. F. Mountford (1968), R. J. Edmonds (1969), R. Richardson (1969), D. H. Hopgood (1970), I. M. Ross (1971), D. L. Gregory (1972), J. Lissaman (1972), B. M. Shapcott (1973), G. R. Last (1974), F. J. Dyter (1975), C. R. Haines (1975), G. Hickey (1975), G. Botley (1976), F. C. Rogers (1976), J. C. W. Friend (1977), F. G. W. Dudman (1978), S. F. H. Glynn (1978), M. L. Peel (1978), A. W. Frankish (1979), M. J. Mahoney (1979), P. E. Shephard (1979), J. Clear (1980), J. Braughton (1980), D. Amner (1980), P. Hannell (1980), T. Mallott (1980), M. A. Winch (1981), R. J. Coles (1981), J. V. F. Bennett (1981), T. Cavanagh (1981), S. Cluney (1982), W. F. Lake (1982), R. E. Green (1982), I. C. Young (1982), J. F. Parrott (1982).

HON. SECRETARY'S REPORT, 1982

Mr. President and Gentlemen,

I have the honour to present the 113th Annual Report of the Blackheath Harriers for the year ending 30th September, 1982.

I use this traditional form of words in all sincerity; for, whilst there was certainly no competition for the post of Hon. Secretary at last year's AGM, I do count it an honour to have been asked to take it on when I remember those — several of them still happily with us — who have filled it with such distinction in the past. It is a particular privilege to be doing the job at a time when the Club is such a hive of activity and its leading athletes are achieving so much success.

At the end of last September membership of the Club stood at 710, including 147 Life Members. During the year 4 deaths were reported and there were 119 deletions and 19 resignations, making a total of 152 losses, compared with 106 elections. The unusually high number of deletions included many whose subscriptions had been in arrear for a good deal longer than the six months specified in the Rules, so now that we are up to date again with the deletion procedure we have a more realistic membership figure than before. Our list still includes, however, about 20 Life Members for whom we have no address, and I should like to reinforce the appeal in page 35 of the last Gazette for news of any of these (I have, incidentally, heard from one of those named gently pointing out that he was in the list of donors in the same issue! — but news of the others is still awaited).

Our four deceased members all had records of long service:—

Vice-President Arthur Nye, who had over 50 years of involvement in athletics, much of it at County and higher levels — and who still found time in recent years to appear at our DHSS sports days in his old role of starter. His generous bequest to the Club has enabled us to provide the smart new racks in the changing room.

Vice-President A. G. V. Allen, Cross-Country Captain from 1927 to 1929, and one of the pioneers of BH involvement in the marathon. Appropriately the bequest he made to the Club, and which his brother Bim kindly supplemented, has been devoted to the purchase of a Club Marathon Trophy, and it was a pleasure to have Bim with us at the recent Annual Dinner to present the Trophy to its first holder.

Vice-President John Rogers, who had been a V/P for 45 years, and who continued to take a keen

interest in our affairs after he moved to Wales.

S. H. Claydon, a Life Member with over 60 years' membership of the Club.

Our total of new members was much the same as in recent years, but we achieved a more balanced intake in terms of age. Thanks in very large measure to the energy and enthusiasm of John Powell we have continued to recruit a steady flow of really young athletes, many of them already of a high standard of performance. At the same time the greatly increased popularity of road running, and of the marathon in particular, has brought into our ranks many not quite so young runners for whom this is their main interest. One of the pleasures of my job is the number of telephone calls I receive from would-be members, and the opportunity this gives me of telling them how much the Club has to offer.

Since the amendment of Club Rules two years ago Life Membership has no longer been obtainable by purchase, but may be awarded by the Committee on the recommendation of the President, Hon. Secretary or Hon. Treasurer. During the year it has been awarded to two members in recognition of long and distinguished service to the Club: Alan Chappell, who was one of my heroes during my schooldays at Colfe's during the thirties, and Vice-President Jack Orr, who served as Track Vice-Captain and Track Secretary at about the same period.

Our cross-country season, in a winter when the severe weather began earlier and lasted longer than usual, was as usual one of much enjoyment even though of somewhat patchy success. We won only one of the three main mob matches, though that one convincingly, against Orion over their own course by 414 points to 673. Our home defeat in the Nicholls Cup fixture against SLH was equally convincing (6123—5533), largely through a dearth of black vests in the first twenty and in the middle of the order: but one encouraging feature of this race was the unusually high turnout by both Clubs — 161 in all.

Against Ranelagh away, in very wet conditions after a sudden thaw, there was again a large field (99), and the Club did well to limit the adverse margin to 69 points (2014—2083).

Our three senior individual cross-country trophies have this time been shared around. In the Club '5' Richard Coles was 1st for the second year in succession, with Robert Farish a close 2nd and our about-to-be-President Ian Wilson 3rd. In the Club 7½ mile Championship, run as usual in conjunction with the Nicholls Cup fixture, Les Rober's this year got the better of Richard, with Bob Richardson 3rd. Because of a heavy early morning snowfall the Rowland '10' had hurriedly to be transferred to Sparrows Den; I give here the bare result — 1st Tim Soutar, 2nd Chris Haines, 3rd Bill Wade — but for the real lowdown on what happened I refer those of you who have missed it to the account in the Gazette — one of the most entertaining reports I have read in many a long year!

The Club's performance in the Kent County Championships at Dartford was one of its best overall for some time: 2nd team in the Senior race, 3rd in the Junior and 3rd (one point behind the 2nd club) in the Youths. Foremost among the individual performances were Richard Coles's 7th in the Senior race and Robert Farish's 2nd in the Youths. By no means the least of our heroes on a very wet and windy day was the Referee, Past-President Alan Brent, who was out there braving

the elements several hours before most of us arrived!

Five of our members were selected to represent Kent in the Inter-Counties Championships. Richard Coles finished 26th (3rd scorer for Kent) in the Senior race, Robert Farish 9th (2nd for Kent) in the Youths race, and there were also creditable performances by Stephen Thompson, James Adams and Clive Suckling in the Junior, Boys and Colts races respectively.

In the South of Thames Junior Championship at Basingstoke the Club was placed 10th, and in the Senior Championship at Fooks Cray it was 6th. Richard Coles also being the 6th individual finisher. In the Southern Counties Championship at Parliament Hill Fields Richard Coles finished 10th in the Senior race and the Club was also placed 10th (one point behind the 9th club) and retained the Camden Cup; Robert Farish was 2nd in the Youths race and James Adams 11th in the Boys race. In the National Championships at Leeds Richard Coles finished 66th in the Senior race and the Club was 30th; but, not for the first time, we did not have a full team in the Junior or Youths race.

The Club was also fully engaged in the Kent League, the Kent Colts, Boys and Youths Cross-Country League and the Herne Hill Harriers Young Athletes League; time does not permit me to go into all the details but a good measure of success was achieved in each. There was, too, the usual busy programme of Veterans' fixtures, culminating in the Southern Counties Championships at Romford and the National Championships at Parliament Hill Fields. In the Southern our age 40 to 50 team were placed 2nd on the basis of 6 to score, and in the National they were 4th; in the over 50 races Jack Braughton was the 2nd runner over 60 to finish on each occasion.

Road running fixtures have multiplied so rapidly that one can hardly do more than point out some of the highlights. On the eve of this year's Kent '20' we recall that last year Richard Coles was the first Kent man home and that the Club not only won the Kent team race but had the first two places in the Open race. Three weeks later the Club's marathon runners were engaged simultaneously (give or take a few time zones) on both sides of the Atlantic, seven of them in New York and six at Harlow; Tim Soutar and Peter Shephard respectively were our first men home. Tim, incidentally, had been getting in some speed work the previous week, finishing 3rd in a 10km race at Boston, Mass. In the Walton '10' the same month Bill Foster came 22nd out of a vast field in the fastest time by a Blackheath Harrier for some years. Passing rapidly on to New Year's Day, Chris Woodcock finished 7th in the Erith 10km race at the head of a strong BH contingent. In the Tonbridge '10' in March, BH A' finished 7th of the 35 teams that closed in, Ken Pike being our first man home. The following day Graham Martin finished 11th in the Worthing '20'; and a couple of weeks later he was 9th in the Romford ½-Marathon. In April BH were 3rd in the Southern Counties Championship run in conjunction with the Finchley '20'.

Our own promotion, the Ted Pepper Memorial Race on 3rd May, was a success for the Club in more ways than one. As to results, John Baldwin finished 12th, and the Club's 'A', 'B' and 'C' teams were placed 2nd, 3rd and 4th respectively. In the hands of Vice-President Mike Peel the organisation of the event again went smoothly, with the inevit-

able result that he has been invited to take the job on again in 1983!

The London Marathon — not only a race, but something of a military operation and a carnival too — cannot really be adequately described in a few sentences. The amount of effort put by Club members into this event, beforehand as well as during the race itself, was very considerable: sessions at County Hall in November and April, registration at the Piccadilly Hotel in the week before the race (our contribution to all this being organised by Past-President Tony Oldfield) and the arrangements for the start under the direction of Vice-President John Herring. Also, at the beginning of April, we had a seminar on the subject organised by Past-President Alan Brent and Graham Martin, which was not limited to our own members and which proved invaluable to those of us who were "first-timers". As to the race itself, the Gazette report lists 82 BH competitors, but I have since been told that even that is not quite the full score, and these all finished the course, as indeed did 96% of the whole field of 16,350. Our particular congratulations go to Mervyn Brameld, our second-claim member running on this occasion in an Invicta vest, who finished 11th of this vast throng; to Les Roberts (118th), the first winner of our Club Marathon Trophy, and to Chris Haines (123rd) and Tim Soutar (162nd), the next BH men home: but those of us who "also ran" had our moments too, and are never likely to forget the warm-hearted encouragement we received from the crowds all the way round the course.

Of course for the road runner there is really no close season, and a few of the more notable achievements during the summer must be briefly recorded. In the Whitchurch '5' the Club team was placed 1st. In the Dartford half-Marathon Steve Rutherford finished 9th. In the Cornwall '10' Les Roberts was 4th in a faster time than when he won the race last year, and Steve was 9th. In the Folkestone '6' Keith Whicheloe finished 2nd, Tony Nana 7th and Paul Barrington-King 9th in a field of about 800; and in the Edenbridge '10' the same three formed our winning team and, together with Peter Varcoe, all finished in the first 25.

My immediate predecessor described 1981 as "without doubt the finest track season in the Club's history." I don't know of any precise way — such as a Decathlon scale — for measuring such things, but my "gut feeling" is that 1982 must be ranked at least as high.

The continued progress of our first team up the British League is most impressive, particularly bearing in mind that the competition gets tougher the higher one goes. This year the team gained promotion to Division 2 in most convincing style, winning three of its four fixtures and coming 2nd in the other one when four of our leading athletes were competing in an international match in Sweden. Our record in the GRE Cup competition was again one of success: 1st in the 2nd round (into which we had a bye) by a large margin; 1st again (by one point) in the semi-final; and 4th (a mere half-point behind the 3rd club) in the final — this last result being better than even our Summer Captain had dared to hope. Again, in the GLC Championships the Club was placed 1st, and provided 5 of the individual winners, three of whom set new meeting records. If our two Southern League teams this year simply maintained their places in their present Divisions, it must be remembered that on occasion some of their members were "called to higher things", and those that remained — of whom our Treasurer is one conspicuous example — found

themselves tackling a great many different events in the course of an afternoon!

Our young athletes were handicapped in their early fixtures by shortage of numbers, but as the season progressed they went from strength to strength, and in their final fixture, at Brighton, beat the host club by 80 points, having 45 1st places in 77 events.



Andy Frankish — Track Captain Photo N. Warner

Our hearty thanks are once again due to Vice-President Andy Frankish and John Powell for all their labours in organising and carrying through such a heavy programme.

Turning to individual performances, "time would fail me," as the writer to the Hebrews puts it, to tell of all the Club records and personal bests that have been notched up during the season. Some of the more conspicuous of these will be mentioned later this evening when we come to the presentation of awards. Meanwhile I should mention that in the AAA Championships we had 10 members competing, the largest number for a decade or so, and their performances included Mike Winch's first place in the Shot, Luke Watson's 2nd in the 200 metres (his time of 20.90 being a Club record) and Peter Yates's 3rd in the Javelin. We also had 6 competitors in the AAA Under 20 Championships in which Paul Ashen came 2nd in the Juniors 100 and 200 metres and Derek Wilson, one of our new members, came 1st in the Youths 100 metres Hurdles, his time of 13.26 being a Club Youths record.

During the season up to the end of July, 7 of our members — Mike Winch, Luke Watson, Peter Yates, Trevor Llewelyn, Paul Ashen, Steve Green and Kevin Horne — represented Great Britain or England a total of 25 times, and with a great measure of success. It was therefore surprising that none of them was selected for the European Games. By contrast, the three first-named were selected to represent England, and Trevor to represent Wales.

in the Commonwealth Games at Brisbane, and put in some splendid performances: Mike Winch won the Silver Medal in the Shot, Peter Yates was 6th (the highest UK position) in the Javelin, and Luke Watson battled through three rounds of the 200 metres to take part in a memorable final — though his 20.88 was a further improvement on the Club record and only 0.45 behind the joint winners.

We had two other points of contact with the Commonwealth Games that deserve a mention. We were one of the London clubs invited to take part in the opening stages of the Queen's Relay from Buckingham Palace to Heathrow on 24th June: the President carried the baton along a 1½-mile stage in Chiswick, escorted by 3 girls and 3 boys from the Association of London Youth Clubs. Later the AAA invited some of our members, in return for free admission, to take part in collections for the Commonwealth Games Appeal at their Championships and at the Talbot Games; the total amount collected on these two occasions was just over £3,500.

Before leaving the track I must mention our 25 x 1 mile relay, organised on that basis (the pattern of Silver Jubilee year) because we had found that many clubs could not raise a team of 100. Nike International were our sponsors this year for what proved a very successful event; 70 teams were entered and the Club's 'A' team came 2nd. We are grateful to John Facer for all his work of organising the meeting.

Apart from providing individual athletes to represent their country, we have again had a measure of international competition as a Club, both on the track and over the country. Readers of the Gazette (and I make no apology for "plugging" it again) will have enjoyed, perhaps more than the participants did, the saga of the visit to Roeselare: the local Club at our invitation brought two teams to take part in last month's Cross-Country Relay, and one of them finished 3rd. On the track, BH again took part in the Wellington relays at Ostend in March, being placed 6th out of 50 teams; jointly with Bromley Ladies we invited the Hermes Club back to a meeting at Norman Park in August, at which they were placed 1st in the ladies' events and Blackheath 1st in the men's. Our thanks go to Dave White and Vice-President Jack Braughton respectively for organising overnight accommodation for our guests on these two occasions, and to all those who actually provided it.

Mention of Jack reminds me of a "happening" that I was in danger of omitting, the National Fun Run in Hyde Park. It was he who won the over 60 race, leading home a strong team of Blackheath Geriatrics who had four in the first 12, and were placed 14th — their best yet — out of some 1,400 teams competing in the various age groups. Although the over 60 group was the only one in which we entered a team, I was pleased to see some of our much younger members competing as individuals, and I hope they will let one of the Gazette staff know their results.

We have had only two issues of the Gazette since the last AGM, but that is not the fault of the Editor. Ironically it was through trying to make use of modern technology that we ran into difficulties. One of our members has access to the computer of a national newspaper as a means of streamlining the production process before actual printing: but no sooner had we committed ourselves to this than the Falklands crisis broke, the computer was required wholly for that and we found ourselves back at Square 1, perhaps even Square minus 1! However, "normal service has now been resumed",

and we look forward to the next issue within the next month or so.

As a former winner of the trophy, albeit many years ago, I must not omit mention of the Johnson Bowl walking race. Held in conjunction with a match against Surrey Walking Club, it was won again this year by Peter Selby, with Roger Michell 2nd and Dickie Green 3rd.

You will be hearing later about the finances of the Wine Committee, but meanwhile I should pay tribute to all that they have continued to do during the year for our creature comforts — as you will be told, they could do with more help. With them of course we associate Mrs. Daniels and her band of helpers and Stan Selby, our Club Steward. It was a pleasure, by the way, to have Stan as our guest at the Annual Dinner and so have him installed for a change on this side of the bar!

Others who do much for our comfort are the ladies of the BH Social Club, who have had their usual full programme of social and fund-raising events. We are particularly grateful to Brenda Brent and her friends for the refreshment service at Norman Park throughout the summer.

The Table Tennis section has also had another full year, with three teams in serious league competition during the winter (the 'A' team winning promotion in the Beckenham League) and two teams in the more relaxed Summer League.

On the day of the Club '5' I must both pay tribute to the trail layers for all the work they do in often uncomfortable conditions, and pass on their urgent plea for more recruits to their number. One of the troubles, I suspect, is that many of us who in times past might have graduated to their ranks now persist in continuing in competition! We are also often short of officials for Club fixtures, and would urge active athletes who are temporarily unable to race to offer their services, e.g., as points-men without waiting to be asked.

This report is about the past year: but I should say a word about our more ancient history. We have records going back to the earliest days of the Club; many are irreplaceable, and must not be allowed to moulder away for want of proper storage. The Bromley Central Library are prepared to provide this for us, on the understanding that the records remain Club property and can be called for whenever we require them. The Hon. Archivist and I, with the help of one of our younger members, Chris Ware, have begun sorting and listing what we have, and will in due course put up a list on the notice board so that members generally can have a better idea of our heritage. Meanwhile if any member has any Club as distinct from personal records in his possession we should be glad to know about them.

Before sitting down I must add a further heartfelt word of thanks. It must be unusual to take on the Secretaryship without any previous service on the Committee (it so happens that my first Mondays in the month had been committed to another society for the past 30 years and more); and my task would have been much harder if I had not had from the outset the utmost help and encouragement from our President, his immediate predecessor, Past-Presidents George Brooks and Alan Brent, and all the other members of the Committee. I have always known that this was a great Club to belong to; but I have accumulated a great deal more evidence of the fact during the past year.

Steve Green is the British record holder for the 200m, run on a Thursday that is.



COMMONWEALTH SILVER FOR MIKE WINCH

Four Blackheath Harriers made their National Teams for the Commonwealth Games in Brisbane. Mike Winch (Shot), Luke Watson (200m), and Peter Yates (Javelin) for England, and Trevor Llewelyn (High Jump) for Wales.

October 6th was Mike Winch's day as he won his second Commonwealth Games Silver Medal in the Shot. His series of throws culminated with his launching the 16lb ball 18.25m, some 39cms clear of the third placed Canadian. Mike's series went: 18.18m, 17.35m, 17.88m, 18.25m. Additional congratulations are due to Mike as coach to Judith Oaks who the previous day won the Gold Medal in the Ladies Shot. Another Heathen in action on the 6th was Peter Yates in the Javelin with a fourth round throw of 77.04m which placed him 6th and the highest placed Briton. Earlier in the Games Luke Watson had battled his way through 4 rounds of the 200m to finish 8th in the final, a mere 0.33s away from a medal.

the 6th was Peter Yates who placed 6th in the Javelin with a fourth round throw of 77.40m which placed him 6th and the highest placed Briton. Earlier in the Games Luke Watson had battled his way through 4 rounds of the 200m to finish 8th in the final, a mere 0.33s away from a medal.

Trevor Llewelyn placed 13th in the High Jump with a clearance at 2.05m, which may well have disappointed Trevor after a successful season at greater heights.



Mike Winch in action

JAMES ANDREWS/ADAMS

In our last issue we printed a fine action photo of one of our up and coming young runners, James Adams. Unfortunately, however, the picture was labelled James Andrews. The editorial team are confident that increased vigilance in the future will prevent such an error occurring again and we offer our humblest apologies to John.

CLUB 1 HOUR RACE

3rd June, 1982

Norman Park

Involved in this mass production were 42 competitors, 17 recorders, 1 timekeeper, 1 starter, 1 number steward, and a lot of lap splits. Quite a Club occasion.

1. John Wigley 18k 665m, 2. S. Rutherford 17.820, 3. I. Wilson 17.550, 4. A. Davis 17.400, 5. C. Woodcock 17.290, 6. B. Swift 17.198, 7. R. Cliff 17.150, 8. K. Whicheloe 17.150, 9. S. Robinson 17.004, 10. P. Barrington-King 16.900, 11. A. Bounds 16.600, 12. M. Cronin 16.428, 13. T. Nana 16.115, 14. P. Pagdon 15.410, 15. A. Edwards 15.400, 16. A. Calton (Snr.) 15.380, 17. J. Bailey 15.310, 18. J. Robinson 15.230, 19. D. Cordell 15.125, 20. P. Davis 14.940, 21. D. Appleton 14.810, 22. C. Fereson 14.785, 23. N. Churchill 14.750, 24. J. Braughton 14.700, 25. M. Carney 14.560, 26. G. Smith 14.520, 27. R. Chambers 14.500, 28. N. Churchill 14.440, 29. M. Gasson 14.300, 30. S. Ridgewell 14.40, 31. D. Crowdon 13.800, 32. G. Botley 13.750, 33. G. Wright 12.00, 34. K. Price 12.650, 35. Ian ? 12.620, 36. S. Leeson 12.300, 37. R. Mitchell 11.865, 38. J. Partington 11.720.

Did not complete 1 hour—J. Oliver 10k, 34.14; M. Yetton 6.4k, 28.15; M. Peel 4k, 15.06, Allen 2.8k, 9.59.

BRITISH ATHLETICS LEAGUE

Saturday, 5th June, 1982.

Aldershot

Hammer 'A' 2. M. Winch 45.76. 'B' 2. C. Ellis 39.04.

400m. Hurdles 'A' 4. M. Carroll 55.0. 'B' 2. P. Austridge 56.4.

800m. 'A' 4. J. Wilkinson 1m. 55.1s. 'B' 2. R. Farish 1m. 54.7s.

100m. 'A' 1. L. Watson 10.7. 'B' 1. S. Green 10.9.

Long Jump 'A' 4. T. Maltby 6.73m. 'B' 2. P. Davies 6.58m.

110m. Hurdles 'A' 5. J. Pyman 15.9. 'B' 4. M. Carroll 16.3.

400m. 'A' 2. D. Emery 48.4. 'B' 4. J. Shaw 50.2.

Discus 'A' 1. M. Winch 51.54m. 'B' 1. K. Horne 43.76m.

3000m. S/C 'A' 3. T. Soutar 9m. 09s. 'B' 5. A. Frankish 10m. 27.2s.

Pole Vault 'A' 3. A. Williams 4.40m. 'B' 3. P. Aubrey 4.00m.

1500m. 'A' 5. B. Foster 3m. 56s. 'B' 2. P. Irvine 3m. 56.7s.

200m. 'A' 2. P. Ashen 21.7. 'B' 1. S. Green 22.1.

5000m. 'A' 2. J. Wigley 14m. 29.1s. 'B' 3. R. Coles 15m. 00.8s.

Shot 'A' 1. M. Winch 18.77m. 'B' 2. C. Ellis 13.00m.

High Jump 'A' 1. M. Cannon 2.08m. 'B' 5. T. Maltby 1.80m.

Triple Jump 'A' 2. F. Gaynes 14.21m. 'B' 2. P. Davies 13.10m.

Javelin 'A' 3. D. Brand 55.08m. 'B' 5. I. Kavanagh 44.60m.

4 x 100m. Relay 1. B.H. 41.7.

4 x 400m. Relay 5. B.H. 3m. 25.3s.

Match Result—1. Blackheath 253; 2. TVH 239; 3. AFD 205; 4. Brighton 194; 5. Southampton 189; 6. Sheffield 176.

League Position—1. Blackheath 12; 2. TVH 10; 3. AFD 8; 4. Southampton 5 (388); 5. Brighton 5 (376); 6. Sheffield 2

SOUTHERN ATHLETICS LEAGUE DIVISION 2

Saturday, 5th June, 1982.

Bognor

Pole Vault 'A' 3. R. Ebbutt 2.75m. 'B' 1. J. Cunningham 2.75m.

High Jump 'A' 3. I. Holder 1.65m. 'B' 4. R. Ebbutt 1.50m.
 Hammer 'A' 4. C. Brand 19.02m. 'B' 4. R. Ebbutt 15.28m.
 Long Jump 'A' 2. R. Weaver 6.30m. 'B' 4. I. Holder 5.40m.
 400m. Hurdles 'A' 4. R. Ebbutt 63.0s. 'B' 3. I. Holder 63.5s.
 100m. 'A' 3. J. Phillips 11.8s. 'B' 5. R. Weaver 13.0s.
 800m. 'A' 1. D. Cocker 1m. 59.7s. 'B' 2. G. Fernandez 2m. 01.8s.
 Javelin 'A' 4. C. Brand 39.70m. 'B' 3. R. Weaver 47.14m.
 Shot 'A' 4. D. Cocker 9.16m. 'B' 4. C. Brand 8.85m.
 5000m. 'A' 3. J. Baldwin 15m. 31.6s. 'B' 3. S. Rutherford 16m. 12.0s.
 Triple Jump 'A' 3. I. Holder 12.47m. 'B' 2. D. Cocker 12.28m.
 400m. 'A' 1. R. Ward 51.6s. 'B' 2. D. Cocker 53.0s.
 110m. H. 'A' 3. I. Holder 16.8s. 'B' 4. R. Ebbutt 19.9s.
 200m. 'A' 2. J. Phillips 23.6s. 'B' 1. R. Ward 23.6s.
 Discus 'A' 4. C. Brand 26.52m. 'B' 5. R. Weaver 18.57m.
 1500m. 'A' 5. G. Martin 4m. 10.7s. 'B' 2. M. Athawes 4m. 12.8s.
 4 x 100m. Relay 2. Blackheath 45.5s.
 3000m. S/C 'A' 3. R. Cliff 9m. 38.8s. 'B' 3. C. Haines 10m. 22.8s.
 4 x 400m. Relay 3. Blackheath 3m. 37.4s.
 Teams—1. Haringey 146; 2. Fareham 113; 3. Blackheath 106.

SOUTHERN LEAGUE DIVISION 5

Saturday, 5th June, 1982.

High Wycombe

Fourteen Heathens travelled to a very warm and thundery High Wycombe for the 'C' team's third match of the season in Division 5. Despite the promotion of Roger Ebbutt and Colin Brand to the 'B' team, both of them prolific points scorers in the field events, the team finished 2nd to local rivals Cambridge Harriers, losing out by just 7 points after a close fought competition that lasted the whole afternoon.

As usual to cover every event some gentle persuasion was needed, Mike Davies who travelled down to judge the field events found himself making a competitive appearance in the Hammer and Discus. Neil Wise, who made a comeback after 3 years absence from the sport the previous Wednesday in the Club Championships, gained two good second places in the 400m. and 800m. plus a storming anchor leg in the 4 x 400 relay. Most prolific points scorer on the day was Nick Latchem with 3 firsts, in the Pole Vault, Long Jump, and 110m. Hurdles plus a sprint relay leg. Gordon Hickey took an extended lunch hour from work and won both the shot and javelin.

This was again a good result and if we can muster larger teams for the last 3 fixtures the team is still in with a chance of promotion.

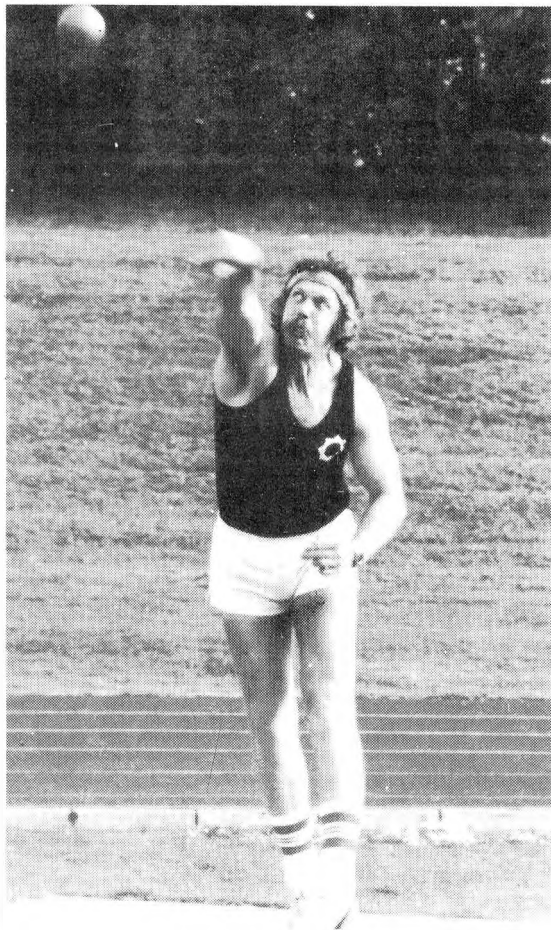
Result—1. Cambridge H. 129; 2. Blackheath 122; 3. Eton Manor 102½; 4. V. of Aylesbury 89; 5. East Grinstead 88½.

100m. (11.5) M. Mahoney 3rd 11.7. 'B' (12.0) I. Dibbens 3rd 12.2.
 200m. (23.4) M. Mahoney 3rd 23.8. 'B' (23.9) I. Dibbens 4th 25.1.
 400m. (52.6) N. Wise 2nd 53.6. 'B' (54.9) C. Bird 4th 61.4.
 800m. (2m. 2.1) D. White 2nd 2m. 3.5. 'B' (2m. 5.2) N. Wise 2nd 2m. 9.7.

1500m. (4m. 9.4) M. Laws 4th 4m. 26. 'B' (4m. 11.9) C. Bird 3rd 4m. 34.0.
 5000m. (16m. 09) C. Ware 2nd 16m. 22. 'B' (16m. 40) P. Shepherd 1st.
 3k S/chase (10m. 38) D. White 2nd 10m. 43. 'B' (11m. 02) J. Phelan 1st.
 110m.H. (16.1) P. Hicks 5th 23.3 'B' (20.7) N. Latchem 1st.
 400m.H. (62.9) C. Bird 5th 79.5. 'B' (64.2) M. Laws 2nd 72.3.
 Pole Vault (3.12) N. Latchem 1st. 'B' (3.00) I. Dav 1st.
 High Jump (2.00) G. Hickey 5th 1.60. 'B' (1.60) P. Hicks 3rd 1.50.
 Long Jump (6.34) P. Hicks 5th 5.90. 'B' (5.87) N. Latchem 1st.
 Triple Jump (13.24) N. Latchem 4th 11.52. 'B' (12.16) P. Hicks 3rd 11.02.
 Shot (10.72) G. Hickey 1st. 'B' (8.42) J. Phelan 5th 6.40.
 Discus (27.64) M. Davies 3rd 26.64. 'B' (22.36) J. Day 5th 19.42.
 Javelin (37.12) G. Hickey 1st. 'B' (26.52) C. Bird 1st.
 Hammer (27.74) M. Davies 2nd. 'B' (16.04) J. Day 2nd.
 4 x 100m. (47.1) 2nd 47.2
 4 x 400m. (3m. 37.5) 3rd 3m. 45.3.

Winning distances/times are shown in parenthesis.

CHRIS ELLIS HEAVES ONE OUT



KENT SCHOOLS CHAMPIONSHIPS

12th June, 1982 *Broadstairs*

As always the Club was well represented throughout the age range by Club members running for their respective districts.

Junior Boys 100m.—There were two competitors from the Club, Robert Montgomery who finished 2nd. in the final in 12.0s dead after a superb 11.8s in his semi-final, a time that was equal to that of the winner in the final. Yet another who reached the final was Brian Elliott who placed 4th in 12.3s, after a 12.5 heat and 12.3s semi-final.

Junior Boys 200m—Neil Carpenter placed 3rd in his heat in 26.4s, just missing a place in the semi-final.

Junior Boys 400m—Both Raoul Codd and Kevin Mulligan made the final, recording 58.0 and 58.1s for fifth and sixth place respectively.

Junior Boys Shot—Darren Cussen performed superbly to win the event with a putt of 13.07m, surely the first throws victory by a Club member for quite a few years in the Kent Schools.

Intermediate Boys 200m—Robin Ashdown ran a fine 51.1s to place third in the final.

Inter. Boys Triple Jump—Another first in the field as Lawrence Bobb leapt 13.16m for victory.

Senior Boys 100m—Paul Ashen cruised to an easy victory recording 10.9s.

Senior Boys 400m Hurdles—Young Athletes captain Paul Austridge produced a Championship Best Performance of 57.1s to win the final in fine style.

Senior Boys 400m—Ray Ward ran well to record 51.1s to place third in the final.

Senior Boys 800m—Gavin Fernandes finished third in the final in 2m 3.8s.

Senior Boys 1500m—Bob Farish, already a seasoned Schools International competitor had little trouble in establishing his superiority in this race cruising to victory in 4m 5.6s.

It indeed bodes well for the Club's future to see so many athletes performing so well at such a variety of events in the County Schools competitions.

KENT BOYS AND COLTS LEAGUE

12th June, 1982 *Norman Park*

Victory in this League match saw the Boys Team go to the top of their division. Darren Cussen recorded an impressive double victory in the Shot and Discus, throwing 12.15m and 26.50m, whilst Stuart Green did likewise in the 'B' string of these events with 10.56m and 21.14m. Jason Flory had a fine debut for the Club winning the Boys 'A' string Javelin with a throw of 38.74m.

Robert Montgomery had a busy afternoon running the 100m in 11.7s, 200m in 24.5s and recording a personal best of 5.65m in the Long Jump.

The Colts team didn't fare as well and managed to finish sixth overall.

Boys—1. B.H. 117pts. Colts—6 B.H. 50pts. Overall result—3. B.H. 167pts.

BRITISH LEAGUE DIVISION 3

Saturday, 3rd July, 1982 *Brighton*

Saturday, 3rd July saw Blackheath take another important step in the Club's revival as a major force in domestic athletics as a team weakened by international duties took a day trip to the sea, or more accurately Withdean Stadium, home of Brighton Athletic Club. This was the third of four fixtures in the British League and in the knowledge that the correct finishing order of the teams would ensure our promotion to Division 2 even before the final League match in Cleckheaton, which was timetabled to clash with the Jubilee Games and thus rob us again of valuable team members. Thus a good result in Brighton was imperative.

The initiative was however taken by TVH who rapidly amassed points in the early events. Undeterred the Blackheath squad performed consistently and slowly collected points led again by Mike Winch returning to his home territory who collected 16 of these points ably supported by Chris Ellis in the throws. Trevor Llewelyn took time out from his 1.95m 2nd place in the High Jump to play in the Brighton sand and collect valuable points in the Long Jump. Peter Brookes, freshly returned home to Jersey from Australia, was spirited away, at 24 hours notice, from the Channel Isles to Withdean via Gatwick Airport, to gather more invaluable points placing 3rd in the 'B' Long Jump, 2nd in the 'B' High Jump, and as a stop gap Pole Vaulter as the team found itself one 'Pole' short.

The younger element of the Club was also well to the fore with Paul Austridge clocking 55.8 in the 400m Hurdles 'B' in a personal best and Rob Farish running 1m 53.1s in the 800m, another personal best. Whilst from the 'more mature' athletes we had Doug Cocker (a 2.40m marathon man) returning 1m 54.8s in the 800m, another personal best. Dominic Emery ran a superbly judged 400m to win the 'A' string in 48.5s. The 1500m 'A' and 'B' were ran as one race, and it proved to be a race for the brave as the slow early pace left the field bunched, but Bill Foster and Richard Coles were well positioned as 'sharpened elbows' became the order of the day. Bill Foster then took the initiative with 800m remaining and clocked 3m 51.7s in second place.

The assembled crowd were treated to a classy and exciting race as Aldershot's British International Bernie Ford and Heathens John Wigley and Merv Brameld contested the 5000m and victory only went to Ford after a race long struggle in a fast 14m 00.9s with John Wigley second in 14m 04.3s and Merv Brameld 3rd. The large crowd, drawn with the prospect of an afternoon of fine athletics (and the presence of a fine track-side hostelry), were not disappointed despite the occasional drenching from the unpredictable weather, with the presentation by hosts Brighton being excellent. Blackheath finally succumbed to TVH for the first time this season and for once we had to be content with second, but Aldershot's fifth ensured us of Second Division athletics next season.

Mike Winch showed what Club athletics is about as he set about organising his transport arrangements for the Cleckheaton match on a Saturday and then compete in the important Jubilee Games in London on the Sunday, once again fine organisation by the powers that arrange the fixtures each year.

Full results not available.

100m—A—3. P. Ashen 10.8s. B—2. G. Garland 10.9s. 200m—A—P. Ashen 22.0s. 400m—A—1. D. Emery 48.5s. 800m—A—4. R. Farish 1m 53.1s. B—D. Cocker 1m 54.8s. 1500m—A—2. B. Foster 3m 51.7s. 5000m—A—2. J. Wigley 14m 04.3s. B—1. M. Brameld 14m 16.0s. 400m Hurdles—A—3. M. Carroll 55.1s. B—2. P. Austridge 55.8s. High Jump—A—2. T. Llewelyn 1.95m. Triple Jump—A—3. F. Gaynes 14.03m. Shot—A—M. Winch 18.38m. B—C. Ellis 13.38m. Hammer—A—3. M. Winch 46.38m. 4 x 100m—3. B.H. 43.0s. 4 x 400m—3. B.H. 3m 18.6s.

Match result—1. TVH 250, 2. Blackheath 234, 3. Southampton 215, 4. Aldershot 191, 5. Sheffield 155.

Position after 3 matches—Blackheath 17, TVH 16, Aldershot 10, Southampton 9, Brighton 8, Sheffield 3.

SOUTHERN LEAGUE DIVISION 2

3rd July, 1982

Hornchurch, Essex

The outstanding Blackheath performances of the day came in the field with a double victory in the Pole Vault with John Wakeman placing first in the 'A' string vaulting 3.25m and Nick Latcham winning the 'B' with 2.60m. The team performed well to place second behind local rivals Dartford Harriers.

Teams—1. Dartford H. 125. 2. B.H. 106.

Full result not available at time of going to print.

SOUTHERN LEAGUE DIVISION 5

3rd July, 1982

Stevenage, Herts.

The Blackheath 'C' team with 6 newcomers headed North of the river to Stevenage in the 'wilds' of Hertfordshire to contest the fourth match in Southern League Division 5, confident of maintaining their bid for promotion with a second victory of the season.

Roger Ebbutt had his usual active afternoon and was again top points scorer, needing a single vault to win the 'B' pole vault, gaining two second places in the hurdle events and a third in the hammer, and to complete the afternoon contributed a lap in the 4 x 400m relay. Gordon Hickey again used his 'lunch hour' to boost Blackheath's points score by winning the 'B' Javelin and placing second in the High Jump and Shot. Peter Hicks, using his own technique, won the 'B' 100m Hurdles as well as gaining second and third places in the High and Long Jumps.

On the track, newcomers to the team, Steve Rutherford and Brian Swift, who led from gun to tape, took the 'firsts' in the 5000m. Steve Thompson secured victory in the 'B' 400m and also finished second in the 'B' 1500m less than 40 minutes later and rounded off his afternoon with a stint in the 4 x 400m Relay. Mike Mahoney, who was as he put it, "feeling poorly" with indigestion, nevertheless won the 100m and was second in the 200m, before anchoring the sprint relay team to victory.

Despite the many good performances we were not able to overhaul Stevenage who gained a narrow lead from the outset and held it throughout the afternoon. This means we will have to win the two remaining matches, both at Norman Park, to gain promotion, but the opposition includes all the top teams in the division.

100m—A—1. M. Mahoney 12.4s. B—2. I. Dibbens 12.6s. 200m—A—2. M. Mahoney 24.5s. B—2. I. Dibbens 25.8s. 400m—A—2. P. Wood 55.7s. B—1. S. Thompson 56.3s. 800m—A—2. M. Laws 2m 5.6s. B—2. R. Coe 2m 10.0s. 1500m—A—2. C. Bird 4m 22.2s. B—2. S. Thompson 4m 31.1s. 5000m—A—1. S. Rutherford 16m 08s. B—1. B. Swift 16m 38s. 110m Hurdles—A—2. R. Ebbutt 20.8s. B—1. P. Hicks 20.4s. 400m Hurdles—A—2. R. Ebbutt 63.0s. B—4. C. Bird 78.7s. 3000m S/C A—3. J. Phelan 10m 58.8s. B—2. D. Searby 11m 39.6s. High Jump—A—2. G. Hickey 1.65m. B—3. P. Hicks 1.65m. Long Jump—A—1. P. Mycroft 5.77m. B—2. P. Hicks 5.56m. Triple Jump—A—2. R. Coe 12.07m. B—1. P. Mycroft 11.47m. Pole Vault—A—2. J. Cunningham 3.40m. B—1. R. Ebbutt 2.20m. Shot—A—2. G. Hickey 10.82m. Discus—A—2. M. Davies 25.22m. B—2. J. Phelan 17.16m. Javelin—A—2. R. Coe 38.38m. B—1. G. Hickey 37.08m. Hammer—A—3. M. Davies 26.22m. B—3. R. Ebbutt 16.76m. 4 x 100m Relay—1. Blackheath 47.6s. 4 x 400m Relay—2. Blackheath 3m 50.7s.



Jon Wigley — GRE Cup 2nd Round

Teams—1. Stevenage 153pts, 2. Blackheath 144, 3. Wycombe A.C. 90, 4. Queens Park Harriers 66, 5. Havering 35.

ENGLISH SCHOOLS TRACK AND FIELD CHAMPIONSHIPS

9/10th July, 1982 Alexander Stadium, Birmingham

For three years Paul Ashen has been dogged by bad luck at the English Schools, 1979 his blocks slipped, 1980 he got injured, 1981 he had 2 false starts, but 1982 proved to be his year for the honours. A fine 10.6s semi-final saw him qualify for the final of the Senior Boys 100m where he ran 10.7s to become the English Schools Champion.

Elsewhere in the timetable Derek Wilson, a Blackheathen representing Somerset placed second in the Intermediate 100m Hurdles in 13.6s. Rob Montgomery placed 4th in the Junior Boys 100m in 12.0s and Darren Cussen threw 13.35m in the Junior Boys Shot. A series of results that augur well for the Club's future.

GRE CUP—2nd ROUND

10th July, 1982

Crystal Palace

The Club's debut in this year's competition came on home territory which would hopefully render a slight advantage as we were missing a number of key team members for various reasons.

The outstanding performance again came from Mike Winch, this time in the Hammer where he set a new Club record of 52.60m, whilst Tony Maltby recorded a lifetime best in the Long Jump with a leap of 7.13m. With 2 teams to qualify the Heath turned out clear winners with a fine scrap for second place between Crawley and the Met. Police, the former qualifying by virtue of superior event victories after a points tie.

1. Blackheath 156. 2. Crawley 113 (4 first places). 3. Met. Police (2 first places).

SOUTHERN LEAGUE DIVISION 5

Saturday, 17th July, 1982

Norman Park

For once the Division 5 team found they had Norman Park to themselves for a league meeting and were not required to share it with the Division 2 team and the normal bustle required at the joint fixture meetings was definitely absent but the presence of two of the Division's strongest teams, Aldershot F & D and Guildford certainly made up for that. The team notched up six firsts, the Long Jump 'A', both Pole Vaults, Triple Jump 'B', 400m 'A', and the final event of the day, the 4 x 400m Relay. It was an afternoon that saw Roger Ebbutt contest ONLY 3 individual events, plus a relay, the Club Track Captain, Andy Frankish, do a stint in the 3000m Steeplechase, the President take third place in the 5000m, and Jeff Salmon needing to run 50.8s to win the 'A' string 400m, there is no easy league match nowadays. Naturally enough Gordon Hickey took another of his EXTENDED lunch breaks (how does ITV survive) to collect points in the Shot and High Jump. Despite all these efforts the Heath only managed third spot in the final analysis behind the two strong opponents Aldershot (second team), and Guildford.

400m Hurdles—A—5. N. Keogh 64.7s. B—2. R. Ebbutt 61.5s. 100m—A—3. G. Churchill 11.8s. B—3. I. Dibbens 12.1s. 800m—A—4. G. Fernandes 1.59.1s. B—3. M. Laws 2.04.4s. High Jump—A—5. G. Hickey 1.65m. B—4. P. Hicks 1.50m. Long Jump—A—1. R. Weaver 6.69m. B—3. P. Mycroft 5.82m. Hammer—A—3. C. Brand 21.46m. B—5. R. Ebbutt 17.58m. 5000m—A—3. I. Wilson 15.51.5s. B—2. B. Swift 15.58.3s. 400m—A—1. J. Salmon 50.8s. B—3. J. Powell 54.1s. 100m Hurdles—A—3. R. Ebbutt 19.5s. B—5. N. Latchem 22.3s. 200m—A—4. G. Churchill 24.5s. B—5. I. Dibbens 23.5s. Pole Vault—A—1. J. Day 3.05m. B—1. N. Latchem 2.81m. Shot—A—3. G. Hickey 10.59m. B—3. C. Brand 8.98m. Triple Jump—A—3. R. Coe 12.17m. B—1. D. Mycroft 12.10m. 1500m—A—3. M. Laws 4.21.0s. B—4. D. Searby 4.28.9s. 3000m S/C—A—3. A. Frankish 9.52.0s. B—3. J. Phelan 10m 21.2s. Javelin—A—3. C. Brand 54.50m. B—4. R. Coe 32.68m. Discus—A—4. C. Brand 27.96m. B—4. S. Cluney 23.68m. 4 x 100m Relay—2. Blackheath 45.8s. 4 x 400m Relay—1. Blackheath 3.31.1s.

Match result—1. Aldershot F&D 156pts, 2. Guildford 127, 3. Blackheath 106, 4. Dartford 89, 5. Lowestoft 58.

SOUTHERN LEAGUE DIVISION 2

Saturday, 17th July, 1982

Hornchurch

Full result not available at time of printing.

Pole Vault—A. 1. J. Wakeman. B. 1. J. Cunningham. Discus—A. 1. K. Horne. 5000m—J. Baldwin 14m 57.0s. (UK over 45 age best).

A.A.A. CHAMPIONSHIPS

24/25th July, 1982

Crystal Palace

The 1982 AAA Championships saw the Club's most successful Championships both numerically and in standards achieved for over a decade. Mike Winch retained his title in the Shot with a putt of 18.90m and it took Olympic Gold Medallist Don Quarrie to stop Luke Watson from taking the 200m title. The Club's third medallist was Peter Yates who threw the Javelin 75.52m to secure third place.

100m Heat 5—3. P. Ashen 10.71s (Jnr.). Heat 6—3. S. Green 10.69s. 200m Heat 2—1. L. Watson 20.96 (PB and Club Rec.). Heat 2—P. Ashen 21.40s. Final—2. L. Watson 20.90s (PB and Club Rec.). 10.000m—35. M. Brameld 29m 20.20s. 39. J. Wigley 29m 49.89s. High Jump—11. T. Llewelyn 2.05m. Shot—1. M. Winch 18.90m. Discus—11. K. Horne 45.88m (Jnr.). Javelin—3. P. Yates 75.52m.

KENT COLTS AND BOYS LEAGUE

Sunday, 25th July, 1982

Erith

This was the culmination of a fine season for the Boys team who won the League Championship this season. Darren Cussen had a good afternoon winning the 'A' string Shot with 10.86m and the 'B' Javelin with 35.44m, while Wesley O'Neill won the 'A' Javelin with 39.96m, also winning the League award in this event, and also won the 'B' Shot with a putt of 9.49m. Another award winner was Neil Carpenter in the High Jump who in this meeting won the 'B' string with 1.50m. Kevin Brunsden extended his unbeaten string of victories in the League when he again won the 80m Hurdles recording 12.2s. The outstanding Colt of the day was undoubtedly Adrian Donnelly who won the 200m by a full $\frac{1}{2}$ second and clinched another of those League awards.

A.A.A. UNDER 20 CHAMPIONSHIPS

30th July, 1982

Cwmbran

100m—Paul Ashen ran a personal best of 10.53s in his heat to qualify for the final where his 10.55s gave him second place behind British International Lincoln Asquith. This despite a mystery bug that was making Paul violently ill.

200m—This was held on the next day and despite the fact he was still suffering from a mystery bug Paul Ashen won his heat in 22.38s. only after a bout of sickness prior to the race though. After receiving treatment he lined up for the final of the 200m where he again placed second, recording 21.40s, on finishing he promptly stepped off the track to be violently ill again. Certainly a weekend Paul may be happy to forget, he certainly won't be trying to repeat certain aspects of it.

Youths 100m Hurdles.—Derek Wilson ran an excellent race to record 13.26s for a fine victory and an AAA Gold Medal.

Discus.—On this occasion Kevin Horne had to settle for a second place and a silver medal with a throw of 47.68m.

1500m.—Robert Farish found very tough opposition and had to run a PB of 3m 50.8s to qualify for the final. In a tactical race Robert found himself in 12th place with 150m remaining but his fine turn of speed carried him through to 7th place in another personal best of 3m 50.07s.

JUNIOR INTERNATIONAL

Scotland v England v Ireland v Wales

7th August, 1982

Meadowbank, Scotland

Blackheath had one representative at Meadowbank in the form of Paul Ashen who filled the afternoon with 3 separate performances. He placed 3rd in the 100m in his fastest time ever of 10.57s. Later after confusion at the start of the 200m which left Paul slow to get into full flight he fought his way through the field to record a victory in another personal best of 23.34s. To finish off a fine afternoon of competition he ran a leg in the victorious English 4 x 100m relay.

BRITISH LEAGUE DIVISION 3

7th August, 1982

Cleckheaton, Yorkshire

A dramatic and close fought match throughout produced a narrow 4 point victory that ensured promotion to Division 2 as Champions. The much weakened team, through International duty, saw the Club lose eight internationals apart from 6 other absentees for various reasons. But a TEAM performance resulted in the very sense of the word, showing the growing strength in depth the Club is developing, the unusually modest 6 wins was well supported by a string of second and third places.

The ever present Mike Winch produced his first hat-trick of the season just when it was most needed. 'A' string victories of 49.98m Hammer, 55.34m Discus, and 18.09m Shot, 18 valuable points, as much inspiration as any team could ask for. For good measure Chris Ellis threw the Discus 46.14m for victory in the 'B' string.

On the track John Wigley, another high points scorer this season, recorded 14m 27.3s to win the 5000m, while 'super-ver' John Baldwin returned to the British League team to record 15m 24.3s for 4th place. Cross-country captain Tim Soutar paddled his way round the track to score a fine victory in the 'B' string 3000m Steeplechase, whilst Richard Coles placed 3rd in the 'A' string with a fast 9m 22.8s.

The few sprinters available certainly found plenty to do on this day as Graham Garland ran a personal best 10.7s in the 100m, and John Shaw ran a fine 200/400m double, third in the 'A' 400m in 49.2s and 'B' 200m in 22.6s. Peter Brookes, again spirited across the waters from Jersey, proved his worth again with a second in the 400m Hurdles and a third in the High Jump.

Bill Foster and the highly versatile John Wilkinson also doubled up in the individual events. Bill placed second in the 'A' string 800m and 1500m, while John placed second in the 'B' 800m and 4th in the 400m. Mark Cannon spent his afternoon launching himself over bars, firstly with the aid of a pole and later in the High Jump without such aids. Both Clive Morris and Daryl Brand found themselves promoted to the British League and performed well taking 4th and 3rd places respectively.

So the day ended in success with eyes already on 1983 and Division 2 status as a fresh challenge.

Hammer A—1. M. Winch 49.98m. **B**—3. C. Ellis 35.24m.

400m Hurdles—A—3. M. Carroll 55.5s. **B**—2. P. Brookes 58.9s.

800m—A—2. W. Foster 1m 55.3s. **B**—2. J. Wilkinson 1m 55.4s.

100m—A—3. G. Garland 10.7s. **B**—5. R. Lyston 11.5s.

Long Jump—A—4. R. Weaver 7.03m. **B**—3. T. Maltby 6.68m.

3000m S/C—A—3. R. Coles 9m 22.8s. **B**—1. T. Soutar 9m 30.2s.

110m Hurdles—A—6. J. Pyman 16.1s. **B**—3. T. Maltby 16.2s.

400m—A—3. J. Shaw 49.2s. **B**—4. J. Wilkinson 51.8s.

Discus—A—1. M. Winch 55.34m. **B**—1. C. Ellis 46.14m.

1500m—A—2. W. Foster 3m 54.5s. **B**—5. M. Athawes 4m 04.7s.

200m—A—6. G. Garland 39.8s. **B**—3. J. Shaw 22.6s.

Shot—A—1. M. Winch 18.09m. **B**—2. C. Ellis 12.94m.

High Jump—A—2. M. Cannon 2.00m. **B**—3. P. Brookes 1.85m.

Pole Vault—A—6. M. Cannon 3.80m. **B**—4. P. Davies 3.00m.

5000m—A—1. J. Wigley 14m 27.3s. **B**—4. J. Baldwin 15m 24.3s.

Javelin—A—4. C. Morris 52.70m. **B**—3. D. Brand 51.72m.

Triple Jump—A—4. P. Davies 14.17m. **B**—3. J. Pyman 12.56m.

4 x 100m—4. B.H. 44.6s.

4 x 400m—4. B.H. 3m 29.8s.

Match Result—1. Blackheath 227, 2. Southampton 223, 3. Aldershot 213, 4. TVH 209, 5. Sheffield 200,

6. Brighton 176.

Final League Positions—

1. Blackheath 23, 2. TVH 19, 3. Southampton 14 (826), 4. Aldershot 14 (810), 5. Brighton 9, 6. Sheffield 5.

SOUTHERN LEAGUE DIVISIONS 2 & 5

Saturday, 7th August, 1982.

Norman Park

Norman Park was the venue for the final round of the Southern League fixtures of Divisions 2 and 5. Blackheath fielded weakened teams in both divisions, European Games Trials and holidays being the main culprits for this shortage of available athletes, and despite arm twisting some events were noticeable by the lack of black vests.

The 'B' team finished in 4th place in their Division 2 match, the only individual winners being John Wakeman in the 'A' pole vault, Ian Kavanagh in the Javelin, and Ian Holder in the 'B' 110m Hurdles. Ian Simmons was the busiest athlete in the team placing 2nd once and 3rd on 4 occasions, amassing 16 points in the process, but unfortunately he pulled a calf muscle and had to withdraw from the relays. Ian Holder along with his high hurdles victory contested 3 other events along with the sprint relay, gathering a valuable 14 points. James Cunningham cleared 3.60m in the vault which was a personal best.

On the track Graham Martin and Steve Rutherford finished 3rd and 2nd in the 'A' and 'B' strings of the 5000m. Neil Wise, whose training consists of one session of squash and one of football per week, broke 2 minutes for the 800m for the second time in his career in a very tight finish and later finished 3rd in the 400m before adding a leg in the 4 x 400m relay. Dave White also filled his afternoon constructively doubling in the 800m and 1500m plus a 400m relay leg. This gave the team a final league position of 14th, not as good as was hoped for at the start of the season.

The 'C' team, who were in 7th place in the league prior to the start of the match but only managed a final position of 8th, after finishing in third place in the match.

Nick Latchem provided the team's only victories in the 'B' string Pole Vault and Long Jump. Colin Brand, a stalwart of the team, scored good points in all 4 throwing events. Richard Coe filled his afternoon with the Long and Triple Jumps. Javelin, and a leg in the 4 x 400m relay. A possible rival for Roger Ebbutt as the busiest athlete of the day. For a change Roger had an unusually quiet day competitively, but a great deal of work organising the fixture.

The best track performances came from Bob Minting and Andy Nelson who both gained second place in the 800m, and Les Roberts who, partnered by Chris Lord, ran a personal best in the 5000m while they gained two second places.

In a way it was perhaps fortunate that the 'C' team missed promotion this season as it is possible the team would be struggling in Division 4 by calls from the higher teams and the possibility of the usual injuries. With another season to consolidate their strength promotion should be possible next season.

Division 2

400m Hurdles—A—3. I. Simmons 59.4s. **Long Jump**—A—3. I. Simmons 6.48m. **B**—3. I. Holder 5.82m. **Hammer**—A—5. J. Wakeman 18.60m. **B**—5. I. Kavanagh 15.98m. **100m**—A—3. E. Agbanjoe 11.6s. **B**—4. G. Churchill 11.9s. **800m**—A—5. D. White 2.01.2s. **B**—3. N. Wise 1.59.5s. **400m**—A—3. J. Salmon 51.0s. **B**—3. N. Wise 53.6s. **110m**

Hurdles—A—3. I. Simmons 16.6s. B—1. I. Holder 16.4s. 5000m—A—3. G. Martin 15.26.4s. B—2. S. Rutherford 15.28.4s. Javelin—A—1. I. Kavanagh 55.09m. B—3. I. Simmons 36.48m. Pole Vault—A—2. J. Cunningham 3.60m. B—1. J. Wakeman 3.20m. 200m—A—4. E. Agbanjoe 24.3s. 5. G. Churchill 24.5s. 1500m—A—5. D. White 4.19.7s. Triple Jump—A—2. L. Bobb 13.00m. B—2. I. Holder 12.06m. High Jump—A—2. I. Simmons 1.75m. B—4. I. Holder 1.65m. 4 x 100m Relay—4. B.H. 47.5s (G. Churchill, L. Bobb, E. Agbanjoe, I. Holder). 4 x 400m Relay—4. B.H. 3.53.4 (G. Churchill 58.0, D. White 55.2, S. Rutherford 61.0, N. Wise 59.2). 3000m S/C—A—2. R. Cliff 9.39.3s. Discus—A—5. J. Wakeman 25.50m.

Match result—1. Cambridge H. 141, 2. Essex B. 116, 3. Ealing 114, 4. Blackheath 85, 5. Basingstoke 75.

Division 5

400m Hurdles—A—3. R. Ebbutt 61.4s. B—3. J. Powell 66.1s. 100m—A—3. S. Clark 12.0s. B—3. I. Dibbens 12.3s. 800m—A—2. B. Minting 2.00.1s. B—2. A. Nelson 2.03.6s. Hammer—A—3. C. Brand 22.36m. B—3. M. Peel 18.26m. Long Jump—A—2. R. Coe 6.20m. B—1. N. Latchem 5.98m. Shot—A—3. G. Hickey 10.32m. B—2. C. Brand 9.03m. 400m—A—3. M. Mahoney 53.6s. B—3. J. Powell 54.5s. 110m Hurdles—A—3. R. Ebbutt 21.3s. B—3. N. Latchem 19.2s. 5000m—A—2. L. Roberts 15.19.5s. B—2. C. Lord 15.44.0s. 200m—A—3. S. Clark 24.7s. B—4. I. Dibbens 25.0s. High Jump—A—2. G. Hickey 1.60m. B—4. R. Ebbutt 1.45m. Pole Vault—A—2. J. Day 3.00m. B—1. N. Latchem 2.60m. 1500m—A—3. M. Laws 4.30.2s. B—3. M. Peel 4.35.2s. 4 x 100m Relay—3. Blackheath 46.6s (S. Clark, M. Mahoney, I. Dibbens, J. Powell). Javelin—A—2. C. Brand 37.88m. B—2. R. Coe 37.42m. 3000m S/C—A—3. J. Phelan 10.35.3s. B—3. S. Clunev 11.15.9s. 4 x 400m Relay—3. B.H. 3.48.2s (I. Dibbens 58.7, R. Coe 56.2, J. Powell 57.1, M. Mahoney 56.0). Triple Jump—A—3. R. Coe 12.41m. B—4. N. Latchem 10.66m. Discus—A—3. C. Brand 27.48m. B—4. J. Phelan 16.92m.

Match result—1. Herne Hill 154pts., 2. Ashford 153, 3. Blackheath 118, 4. Hastings 66.

SOUTHERN LEAGUE DIVISION 5

7th August, 1982

1. Herne Hill 154, 2. Ashford 153, 3. Blackheath 118.

CLUB STEEPLECHASE CHAMPIONSHIP

Wednesday, 11th August, 1982 Croydon Arena

After much delay and confusion the 2000m Championship was eventually held in conjunction with the Croydon Midweek Trophy meeting and was described by some as the best kept secret of the year, thus it was contested by a mere four Heathens. It rapidly became a two man race as incumbent champion and cross-country captain Tim Soutar battled with John Wilkinson who patiently trailed Tim until the final straight before applying his superior speed to the occasion to secure the Championship.

1. J. Wilkinson 6m 09s. 2. T. Soutar 6m 10s, 3. R. Cliff, 4. P. Hannell 7m 56s.

GRE GOLD CUP SEMI-FINAL

Sunday, 15th August, 1982 West London

A determined team effort gained the Club its inaugural appearance in the Finals of the GRE Gold Cup to be held in late September, and this at the expense of British League Division 1 club Shaftesbury Harriers. Not merely satisfied with filling one of the two qualifying berths the team

fought its way to a dramatic 1 point victory over season long rivals TVH.

Once again it was Mike Winch who gained valuable points placing 4th in the Hammer and first in the Discus and Shot, all within two frantic hours of activity. His winning putt in the shot competition in fact placed him a full 5m clear of his nearest rival. Another 8 points came the Club's way as British International Peter Yates launched the Javelin a massive 76.84m, promptly clearing the far end of the field of bewildered officials.

Whilst all this activity was being pursued in the centre of the arena the track men were also making their contribution on the surrounding tartan oval, as Merv Brameld (5000m) and Bill Foster (1500m) provided excitement as they battled for points. The 5000m was worth the entry fee alone as British International Peter Standing established a lead of 50m during the first three laps, but Merv Brameld followed closely by Herne Hill's Bob Payne gradually reduced Standing's lead and continued on past him into a substantial lead of their own. At the bell Merv was still being closely pursued by Bob Payne and so the struggle continued around the final lap with first one and then the other looking the dominant. The battle lasted until the final strides when Payne edged Merv into second place by a mere 3/10ths of a second. A fine track victory went to John Wigley with a 30m 29.1s 10,000m.

The 1500m also produced an exciting race as Bill Foster produced a tremendous burst of speed over the last lap to pass two opponents and was gaining on race winner Tim Hutchins all the way to the line, and in the process set himself a new personal best of 3m 46.3s.

With injury and international commitments again depleting the sprint squad John Shaw was called upon at short notice to do a sprint double of 200/400m, which he duly did running 22.8s and 49.3s to gain two fourth places. Trevor Llewelyn jumped extremely well to win the High Jump with 2.08m.

The final result was still in question with only the relays remaining and numerous team managers could be seen hastily working on various permutations of finishing to assess their chances. The two places in the final were being chased by TVH. Shaftesbury and ourselves, but two fifth places by our relay teams provided not only a place in the final but also victory in the match by just one point over TVH.

100m—4. G. Garland 11.5s. 200m—4. J. Shaw 22.8s. 400m—4. J. Shaw 49.3s. 800m—5. R. Farish 1m 56.8s. 1500m—2. B. Foster 3m 46.3s. 3000 S/C—4. R. Coles 9m 21.0s. 5000m—2. M. Brameld 14m 27.4s. 10,000m—1. J. Wigley 30m 29.1s. 110m Hurdles—7. M. Carroll 16.4s. 400m Hurdles—4. M. Carroll 56.1s. Long Jump—4. R. Weaver 6.43m. Triple Jump—4. P. Davies 13.68m. High Jump—1. T. Llewelyn 2.08m. Pole Vault—3. A. Williams 4.20m. Hammer—4. M. Winch 46.22m. Shot—1. M. Winch 18.23m. Discus—1. M. Winch 52.54m. Javelin—1. P. Yates 76.84m. 4 x 100 Relay—5. B.H. 43.7s. 4 x 400m Relay—5. B.H. 3m 25.0s.

Team result—1. Blackheath 115, 2. TVH 114, 3. Shaftesbury 110, 4. Cardliff 100, 5. Windsor 78, 6. Herne Hill 75, 7. Brighton 73, 8. Crawley 73.

INTER-CLUB INTERNATIONAL MATCH

Sat. 28th August, 1982

Norman Park

Blackheath Harriers in association with Bromley Ladies invited Belgian Club Hermes to contest a

track and field match here in England, and the day was fortunately blessed with both fine weather and some excellent competition. None was more enthralling than the Discus where Swiss Junior International Erb managed only fourth with a throw of 45.53m, an event that had Mike Winch and Aldershot's Graham Savory peppering the 50m line throughout the competition, Mike finally winning with a throw of 52.20m. We were also treated to a brief appearance at very short notice from Nick Brooks, at present recovering from a broken leg. He contributed a speedy 51.0 400m relay leg.

Hammer—1. M. Winch 49.00m. 2. C. Ellis 37.06m. 400m **Hurdles**—A—1. P. Austridge 56.5s. 2. G. Folens (H) 56.6. B—2. P. Germondre (H) 61.1. 3. R. Ebbutt 62.3. 4. N. Keogh 71.1.

Long Jump—A—1. P. Davies 6.60m. 2. G. Folens (H) 6.30. B—1. G. Mitchell 6.39.

100m—1. M. Jonckneere (H) 11.2. 2. R. Lyston 11.4. 5. F. Torreborre (H) 11.9.

Pole Vault—1. M. Cannon 3.60m. 3. R. Ebbutt 2.80m.

800m—1. M. Nuneeberghe (H) 1m 54.5s. 2. J. Verbrugge (H) 1m 54.7s. 3. D. Cocker 1m 55.1s. 5. J. Wilkinson 1m 58.1s. 6. W. David (H) 1m 59.3s. 7. J. Devirndt (H) 2m 00.2s.

3000m S/C (No water jump)—1. T. Soutar 9m 36.9s. 2. B. Cliff 9m 41.7s.

Discus—1. M. Winch 52.20m. 2. G. Savory (AFD) 49.70m. 3. C. Ellis 45.94m. 4. C. Erb (Guest) 45.53m. 5. J. Bil (H) 36.94m. 6. P. Willeman (H) 34.54m.

400m—A—2. B. Rivier (H) 51.2s. B—2. F. Torreborre (H) 51.0s.

Triple Jump—1. P. Davies 14.18m. 3. I. Holder 12.75m.

High Jump—1. M. Cannon 1.85m. 2. G. Folens (H) 1.60m. 3. P. Germondre (H) 1.60m.

5000m—1. D. Van Damme (H) 14m 47.4s. 2. B. Vullentien (H) 14m 51.3s. 4. J. Baldwin 15m 06.5s. 6. M. Athawes 15m 26.1s. 8. P. Shepherd 16m 45.1s.

110m Hurdles—2. I. Holder 16.8s. 3. M. Cannon 17.4s.

Shot—1. M. Winch 17.89m. 3. C. Ellis 12.93m. 4. P. Wylleman (H) 11.71m. 5. J. Bil (H) 10.98m.

200m—A—1. M. Jonckheere (H) 22.5s. 2. P. Salmon 23.0s. B—1. R. Lyston 23.2s. 2. R. Ward 23.8s. 3. F. Torreborre (H) 23.9s. 6. P. Germonpre (H) 24.6s.

1500m—1. M. Wunsberghe (H) 3m 58.7s. 2. R. Coles 3m 59.4s. 4. G. Martin 4m 04.9s. 5. J. Verbrugge (H) 4m 06.4s. 6. K. Daniel 4m 06.6s. 7. C. Laws 4m 27.9s.

Javelin—1. D. Brand 56.76m. 2. I. Kavanagh 56.68m. 3. G. Folens (H) 44.44m.

4 x 100m Relay—1. B.H. 'A' 3m 28.3s. 2. Hermes 'A' 3m 29.2s. 4. Hermes 'B' 3m 45.0s. 6. B.H. 'B' 3m 47.8s.

Team result—1. B.H. 125, 2. Hermes 80, 3. AFD 63, 4. Surrey AC 19.

The result of the Ladies match held in conjunction was as follows:—1. Hermes 98pts. 2. Bromley Ladies 78pts. 3. Dartford 40pts. 4. Ashford 13pts.

READING TROPHIES 1982

Monday, 30th August, 1982 Palmer Park

Youths—400m Heat—A—4. N. Keogh 63.3s. 400m A—N. Keogh 56.12s. 6. Blackheath 19pts.

Mens—400m Heat—A—4. M. Cannon 60.3s. B—4. R. Ebbutt 61.8s. 800m—A—4. R. Coles 1m 59.3s. 100m—A—5. P. Davies 11.4s. B—6. M. Cannon 12.6s. 5000m—A—4. G. Martin 15m 35.4s. B—3. I. Wilson 16m 17.0s. 400m—A—6. R. Ebbutt

59.2s. 1500m—A—G. Martin 4m 00.2s. B—A. Dayton 4m 04.2s. 3000m S/C—A—5. R. Ebbutt 11m 48.2s. Discus—A—3. M. Cannon 24.56m. B—4. R. Ebbutt 20.32m. Triple Jump—A—2. P. Davies 14.10m. High Jump—A—1. M. Cannon 1.95m. B—2. P. Davies 1.60m. 4 x 100m—6. Blackheath 49.1s. Team—6. Blackheath 114pts.

SOUTHERN LEAGUE DIVISION 2

The final League table for Division 2 in which our 'B' team competes is as follows:—1. Haringey 'B' 29, 2. Cambridge H. 'A' 29, 3. Highgate H. 'A' 27, 4. Ipswich 25, 5. Bexley 23½, 14. Blackheath 'B' 17.

The first five teams are promoted to Division 1.

SOUTHERN LEAGUE DIVISION 5

Final League tables for our 'C' team were as follows:—1. Aldershot 'B' 30, 2. Herne Hill 'B' 29, 3. Ashford 28, 4. Guildford 27, 5. Dartford 'B' 25, 8. Blackheath 'C' 23. First five teams gain promotion to Division 4.

CLUB RANKINGS 1981

In the Bird's Eye Trophy for the top club in 1981 Blackheath finished ninth with 17,769 points, our position in 1980 was 19th. So back in the top ten at long last and more to come, we hope.

NATIONAL VETS CHAMPIONSHIPS

3rd July, 1982 Cudworth, Yorks.
Pole Vault—1B—1. R. Ball (Croy) 3.75m. 3. J. Day (B.H.) 3.25m.

GRE GOLD CUP FINAL

18th September, 1982 Copthall
On a scorching September afternoon in North London the Blackheath track and field team wrote another page for the forthcoming second centenary history in 2069 as the Club made its debut in the Gold Cup Final (the athletics equivalent of the FA Cup).

Lined up alongside seven of the strongest clubs in the country, a meeting graced by a percentage of the combatants of the previous evening's IAC/Coca-Cola meeting, the athletes and supporters of the Club were well aware of the task at hand. There was hardly an event without a current International and some had almost all International fields, so points were not to be come by easily.

The Club's fourth place ensures seeding in next season's competition, thus avoiding our conquerors until next year's final. There is no doubt it was overall consistency that lifted the team to such an exalted but fully deserved high spot. Close scrutiny of the final result indicates how close we were to third, a mere half point adrift of Birchfield and just 17½ points behind Division 1 Champions for the past 8 years, Wolverhampton and Bilston.

All this on a day when all the breaks were bad ones. Wales decided to fly out to Brisbane for the Commonwealth Games along with our 2.15m high jumper Trevor Llewelyn, the High Jump was won with 2.10m. Our two best pole-vaulters were unavailable, and the ever consistent Richard Coles was stricken with stomach cramps during the 10,000m.

Blackheath highlights were however numerous as Mike Winch improved as the afternoon progressed, 3rd in the opening event, the Hammer, 2nd in the Discus and finally first in his own discipline, the Shot. Twenty-one valuable points and a lot of vociferous support for the rest of the team.

Tim Soutar proved his experience of steeple-chasing was invaluable as he started slowly in the intense heat and slowly worked his way through the field to secure fourth place. Bill Foster posted another personal best as he gave chase to an early

break by Billy Dee of Luton in the 1500m but narrowly failed to catch him. Later he gave a further example of his tremendous basic speed with a leg in the 4 x 400m relay.

Buster Watson, another of our Commonwealth representatives, ran a fine 100m to place second in 10.87s. Merv Brameld toiled in the hot afternoon sun to place third in the 5000m.

Peter Yates, another bound for Brisbane, had a close tussle with Marcus Humphries of Haringey but prevailed in the Javelin by 10cms. The sprint relay team of Steve Green, Luke Watson, Paul Ashen and Graham Garland smashed the Club record with 41.39s, but still had to settle for third place in a race that boasted a plethora of 'class' sprinters. Steve Green, who had hardly run a step in 2 months due to injury and was sporting his distance runner's beard, proceeded to show his impending old age (his words) had not slowed him as he gained some two yards on the first leg which Luke Watson built upon down the back-straight and Paul Ashen held on the third leg before Graham Garland found himself battling with Mike McFarlane and Mark Holtom, both in superb form, as he finished third.

A nail biting finish was staged as all results came in prior to the final event, the 4 x 400m relay and 1½ points separated Birchfield and ourselves. Thus we needed to beat them by two places but as history will tell the Heath were 7th and Birchfield 8th, a tantalising half point difference.

Thus we ended the season as Division 3 Champions and 4th in the Gold Cup. The season as a whole was a good example of outstanding individual performances superbly supported every time out by excellent and consistent support from the whole team. One must not forget the dynamic duo in team management, Bob Taylor and Andy Frankish, without whom little would have been achieved. A final word of thanks should go to the officials who also consistently completed the League set-up of the Club.

CLUB LEAGUE AND CUP REVIEW

The Club has had an outstanding season and should not have too much trouble coping with Division 2 next year. A lot of the credit must go to the Club's international athletes, but without the support of the rest of the team the season's success would not have been possible. One of the most encouraging aspects for the future has been the way many of the younger athletes have handled senior competition. A special word of congratulation must go to the management team of Andy Frankish and Bob Taylor who contributed so much to the team.

Perhaps the best way to analyse the season is to split the events into groups.

Sprints—It has been a fantastic year for Blackheath's sprinters, the star performer being Buster Watson who reached the Commonwealth Games 200m Final. Buster has benefited greatly from the advice of John Allen, the Guildford based physio-therapist who also helps coach Alan Wells. Paul Ashen has also had an outstanding season and is certainly one of Britain's most promising athletes.

Buster, Paul and Steve Green spent two weeks in Portugal during April with the British squad, and were able to put in some hard work in the warmth of southerly climes. This was evident in the opening match at Crystal Palace where Buster ran 10.6s. and 21.0s., whilst Paul clocked 10.6s. and 21.5s. A good start, from which both progressed to greater things.

One of the most pleasing performances of the year came in the 4 x 100m relay at Aldershot where

Steve Green, Buster, Paul, and Graham Garland set a new Club record of 41.7s., and the same quartet pushed Haringey and Wolverhampton all the way in the Cup Final, setting another Club record of 41.39s.

In the one lap event Dominic Emery and John Shaw deserve special mentions. Unfortunately, Dominic missed the latter part of the season through illness but we were able to view his outstanding potential. He is still only 19. At Brighton he finished first in 48.5s. Earlier in the season he ran 47.58s. in the UK Championships. John, a very enthusiastic member of the team, improved as the season progressed, running some fast 200's in addition to the 400 and should provide Dominic with some tough competition next year.

Middle and Long Distance—Two newcomers, Merv Brameld and Jon Wigley from Invicta, have made a big difference to the distance events this year. In the League 5000m races Jon finished second on three occasions (each time behind Bernie Ford) and then won the final match at Cleckheaton. Merv, who finished 11th in the London Marathon, provided excellent back-up. It is always interesting to watch these two running as both are prepared to push the pace. Jon's 14m 6s at Brighton was particularly impressive, as was his 10,000m run in the Cup quarter final where he ran a solo 29m 49s lapping the whole field.

In the middle distance events one of the most encouraging features has been the way Rob Farish has coped with senior competition, his best performance in the League being a 1m 53.1s at Brighton. Bill Foster has provided outstanding contributions in the 1500m throughout the season with a hatful of second places including a 800/1500 second place double in Cleckheaton. He has proven equally successful front running and producing a fast finish, and displayed his turn of speed in the Gold Cup Final with an excellent leg in the 4 x 400m Relay.

John Wilkinson and Doug Cocker have also had some good runs, but the Club has missed Nick Brooks, out with a broken leg, Julian Spooner now residing in the States and Peter Irvine, also injured. New recruit Mark Jackson will improve the situation next season and so will Nick when he regains full fitness. It should not be forgotten that Nick was ranked 6th over the 800m in Britain, and it will be great to see him back in action.



Bill Foster strikes for home

Hurdles and Steeplechase—Once again the Club has relied heavily on John Pyman (110m Hurdles), Martin Carroll (400m Hurdles), and Tim Soutar (Steeplechase) who have picked up valuable points in both League and Cup matches. Also, this season we have seen Richard Coles put in some useful performances in the steeplechase, his solo run in the Cup quarter final being one of the season's highlights. If Richard continues to improve his technique we could see him break 9 minutes next year.

In the 400m Hurdles Paul Austridge has shown a lot of promise, and his second place at Brighton in 55.8s was very impressive. If Paul gets a good winter's training behind him he should produce great things next summer as he is certainly very talented and a very lively member of the team.

Throws—Our throwers are largely responsible for the overall success of the past year. Pride of place must go to Mike Winch who has been the key man in the Club during recent years. In the League this year Mike has won all four shot and discus competitions (including a shot putt of 18.7m at Aldershot), the hammer once, plus some second and third places. He has also dominated these events in the three Cup matches. There cannot be another International athlete who supports their Club as well as Mike has done. Mike has been admirably supported throughout by Chris Ellis, whilst Peter Yates has also served the Club well, setting a new League Javelin record and won all three Cup matches.

Jumps—Trevor Llewelyn has produced some excellent High Jumping this year and was rewarded with a trip to the Commonwealth Games in Brisbane with the Welsh team. In the opening League match Trevor set a new Division Record of 2.10m and followed this up with a personal best of 2.16m when winning the UK Championships. Malcolm Cannon has also had a good season, improving to 2.08m while winning the second match at Aldershot. Our top Pole Vaulter has been Alan Williams, whilst the best performers in the Triple Jump have been Peter Davies and Fitzroy Gaynes (both over 14 metres). The Long Jump has seen some close battles this year between Tony Maltby, Fitzroy Gaynes and Bob Weaver who surprised everyone with a 7 metre jump at Cleckheaton, having recovered from his injury problems.

GLC. CHAMPIONSHIPS

Saturday, 5th September, 1982 *West London*
Both Trevor Llewelyn (High Jump), and Mike Winch (Shot), set new meeting records as the Heath emerged as the top Club in the GLC Championships. Trevor cleared 2.09m, while Mike put the Shot 18.14m. The victories did not finish there as Bill Foster won the 1500m in 3m 49.8s, and Mike Winch added a second personal victory in the Discus with a throw of 52.88m. Only the leading competitors score points towards this trophy, so despite fielding a small team the quality of the competitors proved unbeatable. The victory was however something of a surprise and it was not until publication of the result in the national press the following day that we were aware the Club had won the Championship.

SCAAA OPEN MEETING

Wed., 8th Sept., 1982 *Crystal Palace*
On a near perfect night for distance running, cool but not cold and completely still, a select band of 10,000m runners lined up for this late season open race, and race it became. A select audience of officials, wives, girl friends, bewildered hockey players and the requisite man and his dog were privileged to witness this race that would have

graced any international extravaganza. Merv Brameld contested the lead throughout and only in the final stages did he succumb to the faster finishers but was delighted to break the 29 min. barrier for the first time ever. Richard Coles ran a very even paced race in amongst the second bunch of runners and finally broke down his rivals with his continued strong running in the latter stages of the race.

Bill Foster contested the 800m and produced a stunning 1m 51.1s for yet another personal best, placing second.

10,000m—3. M. Brameld 28m 59s. 10. R. Coles 30m 22.4s. 800m—2. B. Foster 1m 51.1s.

VANCOUVER TROPHY

12th September, 1982 *Woodford Bridge, Essex*
Contrary to common belief the 'old style' Trophy meeting is not quite dead, thus the perpetual moan, be it summer or winter, that one hears around the Club that various younger members, and some older ones, cannot get sufficient competition can to some degree be satisfied by this sort of meeting. The Vancouver Trophy has been staged by Woodford Green Athletic Club since 1957 and this year 11 clubs contested this match, including some delightful lady visitors from Holland.

Some of the track events were seeded and a number of the track events consisted of heats and finals, with prizes for the event winners. On the track Blackheath could field a mere 9 man team for 10 events and two per event, this left 11 vacancies, shocking for a club of our size.

John Shaw took full advantage of the occasion to establish 4 personal bests and Les Roberts looked in fine form as he ran a season's best of 15m 10.1s in the 5000m.

Considering the size of the team we fielded we did well to place 6th of the 11 clubs, but this left our season long rivals TVH winning the trophy by 40 points over their nearest rivals. Our two throwers did the Club proud on the day as Chris Ellis and Daryl Brand entered the fray on 6 occasions covering 4 events between them. Chris secured two excellent second places in the Hammer and Discus while Daryl secured third in his speciality the Javelin, besides collecting numerous other valuable points.

Results—110m Hurdles Heat—4. M. Carroll 16.6s. 100m Heat—3. J. Shaw 11.1s. Final—4. J. Shaw 11.0s. 200m Heat—2. J. Shaw 22.3s. Final—4. J. Shaw 22.0s. 400m Heat—3. P. Said 51.4s. Hammer—2. C. Ellis 36.26m. 14. D. Brand 23.03m. Discus—2. C. Ellis 45.30m. 9. D. Brand 23.84m. 400m Hurdles Heat—2. M. Carroll 58.5s. Final—4. M. Carroll 57.6s. 1500m—4. G. Martin 4m 6.8s. 8. K. Daniel 4m 13.5s. 5000m—4. L. Roberts 15m 10.1s. 11. S. Rutherford 16m 22.2s. Javelin—3. D. Brand 56.86m. Shot—4. C. Ellis 12.71m.

200 CLUB

Become one of the special people and win some money. There are some vacancies in this very special club at giveaway prices with HUGE prizes. To become one of these special people contact Chris Haines or John Baldwin.

QUARTER CENTURY

By the end of July Blackheath Harriers had represented their national teams on 25 separate occasions already in 1982.

Due to a limitation of space a number of this Summer's Road Race Reports have been held over to the next issue.

CLUB CHAMPIONSHIPS

Triple Jump

1. P. Davies 13.50, 2. M. Carroll 12.95, 3. I. Holder 12.15, 4. M. Cannon 11.92, 5. R. Coe 11.79, 6. N. Latchem 11.35, 7. D. Brand 10.75, 8. R. Ebbutt 10.61, 9. C. Brand 9.60, 10. J. Day 9.53.

Shot

1. C. Ellis 12.92 (Scr.) (2), 2. D. Brand 11.62 (1.50) (1), 3. G. Hickey 10.70 (1.50) (3), 4. C. Brand 9.20 (2.50), 5. J. Wakeman 8.82 (3.00), 6. M. Cannon 8.20 (3.50), 7. N. Latchem 8.06 (3.50), 8. I. Holder 7.78 (3.50), 9. K. Daniel 6.98 (3.50), 10. L. Latter 4.44 (5.00).

Javelin

1. D. Brand 53.34, 2. C. Brand 42.16, 3. M. Cannon 38.74, 4. J. Wakeman 32.70, 5. R. Coe 30.04, 6. P. Davies 27.00, 7. K. Daniel 26.16, 8. R. Ebbutt 24.84, 9. J. Day 24.42, 10. N. Latchem.

Pole Vault

1. J. Wakeman 3.20 (0.10) (3), 2=J. Day 3.10 (0.20) (4), P. Davies 3.10 (0.41) (1), 4. R. Ebbutt 3.00 (0.42) (2), 5. N. Latchem 2.80 (0.43) (5).

Discus

1. C. Brand 26.58 (20), (1), 2. D. Brand 25.28 (20) (3), 3. J. Wakeman 24.94 (21.50) (2), 4. N. Latchem 21.50 (22), 5. T. Mallott 19.46 (22), 6. J. Day 18.52 (22), 7. R. Ebbutt 18.36 (20), 8. G. Butlin 10.34 (20).

Hammer

1. C. Ellis 33.92 (Scr.) 33.92 (6), 2. D. Brand 24.52 (12.00) 36.52 (3), 3. C. Brand 21.66 (15.00) 36.66 (2), 4. M. Peel 19.10 (20.00) 39.10 (1), 5. R. Ebbutt 16.94 (17.50) 34.44 (5), 6. J. Wilkinson 15.94 (20.00) 35.94 (4), 7. J. Day 14.23 (16.50) 30.73 (7), 8. P. Davies 9.78 (17.50) 27.28 (8).

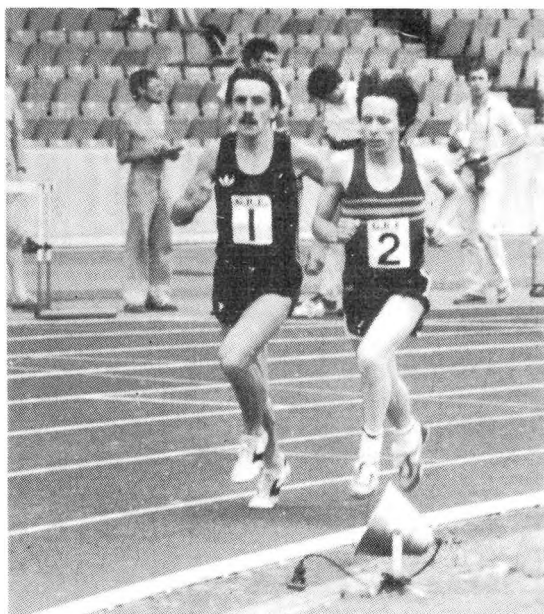
High Jump

1. C. Simmons 1.70 (0.30) 2.00 (5), 2. P. Davies 1.65 (0.50) 2.15 (4), 3. I. Holder 1.65 (1.00) 2.65 (1), 4. G. Hickey 1.60 (0.15) 1.75 (8), 5. R. Ebbutt 1.45 (1.00) 2.45 (3), 6. D. Brand 1.35 (0.50) 1.85 (7), 7. J. Day 1.30 (1.25) 2.55 (2), 8. C. Brand 1.20 (0.75) 1.95 (6).

Long Jump

1. A. Maltby 6.42, 2. P. Davies 6.19, 3. F. Gaynes 5.94, 4. N. Latchem 5.84, 5. I. Holder 5.48, 6. R. Minting 5.36, 7. R. Coe 5.35, 8. J. Powell 5.21, 9. D. Brand 4.78, 10. J. Wakeman 4.67, 11. C. Brand 4.61, 12. J. Day 4.51, 13. K. Daniel 4.05.

No handicap was formulated.



Merv Brameld (above)

Ken Johnson—Chief Trail Layer (below).



PONSFORD TROPHY 1982

	Dis	Shot	Jav	LJ	HJ	TJ	PV	Ham	Points
1. D. Brand	2	2	1	9	6	7	—	2	62
2. P. Davies	—	—	6	2	2	1	2=	8	56.5
3. C. Brand	1	4	2	—	8	9	—	3	53
4.=J. Wakeman	3	5	4	10	—	—	1	—	42
=N. Latchem	4	7	10	4	—	6	5	—	42
5. R. Ebbutt	7	—	8	—	5	8	4	5	41
6. J. Day	6	—	9	12	7	10	2=	7	37
7. I. Holder	—	8	—	5	3	3	—	—	33
8. M. Cannon	—	6	3	—	—	4	—	—	26
9. C. Ellis	—	1	—	—	—	—	—	1	24
10. R. Coe	—	—	5	7	—	5	—	—	22



Luke Watson—Commonwealth Games 200m Finalist in the GRE Cup.

RESULTS ROUND UP

The summer calendar in such a busy season as always proves quite a job for the Editorial staff to keep up with so many Club athletes, and indeed so many Club teams competing world wide each weekend. While it is virtually impossible to provide details of the how of the results we have endeavoured to provide as comprehensive as possible coverage of the where, when and figures of performances. All communications on anything overlooked or more details on the how will always be welcomed by us.

March 28th—Wellington Relays, Ostend, Belgium.
12 man 7550m Medley Relay—5. Blackheath 19m. 02s

April 24th—Iffley Road, Oxford.
400m—2. D. Emery (Oxford Univ) 48.6.

May 2/3rd—U.A.U. Championships, Crystal Palace.
H.J.—1. T. Llewelyn 2.10m (Camb U.).

May 9th—Young Athletes League, Enfield.
3. Blackheath 150pts.

May 15/16th—Kent County Championships, Crystal Palace.

Seniors—5000m—2. J. Wigley 14:28.5. 3000m S/C—2. T. Soutar 9:29.9. Pole Vault—1. P. Aubrey 4.50m. 2. A. Williams 4.40m. Discus—2. C. Ellis 40.09m.

Juniors—100m—1. P. Ashen 10.8s. 200m—1. P. Ashen 21.3s, 3. P. Said 22.0s. 400m—2. P. Said 49.3s. 1500m—2. R. Farish 3:54.4.

May 16th—Charlottesville, U.S.A.
800m—J. Spooner 1:48.62.

May 19th—AAA v WLIHE, Crystal Palace.
200m—L. Watson (AAA) 21.2s. Shot—M. Winch (AAA) 18.78m. Discus—K. Horne (AAA) 46.98m. 4 x 100m Relay—1. England 'B' (Leg 2 S. Green). 2. England 'A' (Leg 1 P. Ashen).

May 23rd—Kent County Relay Championships, Norman Park.

Seniors—4 x 100m—1. Blackheath 42.4s. Medley 1. Blackheath 3:33.1.

May 26th—SCAAA v Brit. Polys. v London Univ., Motspur Park.

Discus—2. K. Horne 47.32m.

May 30/31st—UK Closed Champs, Cwmbran, Wales.
100m—Heat 6—2. P. Ashen 10.77s. 5. R. Pinson

12.82s. Semi-Final—3. P. Ashen 10.82s. 200m Heat 1—1. L. Watson 21.57s. Heat 2—5. P. Said 22.40. Heat 3—3. P. Ashen 22.09. Semi-Final—1. L. Watson 21.46. Final—2. L. Watson 21.17. 400m—Heat 3—2. D. Emery 47.61. Semi-Final—7. D. Emery 47.58. High Jump—1. T. Llewelyn 2.16m (Welsh Rec.). Javelin—2. P. Yates 75.92m.

May 31st—Faversham 16km Road Race.
8. J. Baldwin 54.02m (2nd Vet).

June 5th—South-Western School Champs.
100m Hurdles—1. D. Wilson 13.6s.

June 9th—Phillips Night of Athletics, Crystal Palace
Including International Match England v USA v Australia v Sweden.

200m—4. L. Watson 21.32s. 4 x 100m Relay—2. England 'A' (Leg 2 L. Watson) 39.79 (AAA Nar Rec.). 6. England 'C' (Leg 2 S. Green) 40.91. Match—1. USA 136pts, 2. England 126. Invitation Shot—1. M. Winch 18.39m.

June 13th—U-BIX Challenge Cup, Gateshead.

200m—1. L. Watson (Eng) 21.10s. 4 x 100m—1. England A' 39.83 (Leg 2 L. Watson). 3. England 'B' 40.34 (Leg 1 S. Green). Shot—5. M. Winch (Eng.) 18.19m. Javelin—2. P. Yates (Eng.) 73.98m.

June 18/19th—UK v GDR v Belgium—British Meat Games, Crystal Palace

18th—4 x 100m—1. UK 39.86 (Leg 1 L. Watson). 19th—200m—1. L. Watson 21.12. High Jump—6. T. Llewelyn 2.10m. Javelin—3. P. Yates 79.68m.

June 19/20th—Southern Counties Vets Decathlon.
45-49 Group—3. J. Day 3389pts.

June 19/20th—Southern Counties Champs, Crystal Palace.

100m—3. S. Green 10.87. 5. P. Ashen 10.99 (10.88 heat). 200m—2. P. Ashen 21.53. 400m—6. D. Emery 48.17. Heat P. Said 49.36. 1500m Heats—W. Foster 3:49.88. R. Farish 3:52.55. 5000m—14. M. Brameld 14:13.41. 19. R. Coles 14:24.71. Shot—1. M. Winch 18.76m. Discus—3. M. Winch 53.98m.

June 26th—Welsh Championships, Cwmbran.
High Jump—1. T. Llewelyn 2.05m.

June 27th—Southern Vets Champs, Parliament Hill.
40-44—800m—3. M. Peel 2:07.8. 45-49—110m Hurdles—3. J. Day 21.6. High Jump—1. G. Hickey 1.65. 2. M. Davies 1.50. Pole Vault—1. J. Day 3.10. Long Jump—1. P. Davies 11.14. Javelin—1. C. Brand 38.30.

June 26/27th—Mondo Southern Counties U-20 Champs, Crystal Palace.

Juniors—200m—5. P. Said 22.30. 400m—8. P. Said 49.18. 1500m—3. R. Farish 3:56.0. 400m Hurdles—4. P. Austridge 55.93. Discus—1. K. Horne 53.04.

Youths—100m Hurdles—1. D. Wilson 13.36.

Boys—Long Jump—3. R. Wall 5.76m.

July 3/4th—Sweden v UK, Karlstad.

100m—2. S. Green 10.73 (non-scorer). 200m—1. L. Watson 21.10.

July 9/10th—English School AAA Champs, Birmingham.

Seniors—100m—1. P. Ashen (Kt) 10.7 (10.6 S-F). 400m Hurdles—Heat—P. Austridge (Kt) 56.3. 1500m—5. R. Farish (Kt) 3:56.0.

Intermediates—100m Hurdles—2. D. Wilson (Somerset) 13.6 (13.4 S-F).

Juniors—100m—4. R. Montgomery 12.0. Shot—5. D. Cussen 13.35m.

July 17th—Citizen Watch Challenge Cup, Crystal Palace.

England v Kenya v Japan v Spain.

200m—1. L. Watson 20.95. Shot—1. M. Winch

18.87. Javelin—1. P. Yates 74.82. Invitation 100m—4. S. Green 10.64.
July 17/18th—Wales v Iceland, Reykjavik.
 High Jump—1. T. Llewelyn 2.09m.
July 18th—Under 20 Inter County Match, Southampton.
 Juniors—100m—1. P. Ashen (Kt) 10.7. 200m—1. P. Ashen 21.8. 1500m—2. R. Farish 3:51.8. Discus—1. K. Horne (Sy) 53.22.
July 31st—Iveco International Games, Meadowbank, Edin.
 England v Scotland v Norway v Poland.
 100m—3. L. Watson 10.85. Shot—3. M. Winch 18.50. Javelin—2. P. Yates 79.88.
August 1st—Young Athletes Eastern Area League, Brighton.
 Div 1—1. Blackheath 259pts. Out of possible 308. Included 45 first places in 77 events.
August 4th—SCAAA v Combined Services v Achilles v Met. Police, Crystal Palace.
 High Jump—1. T. Llewelyn (Ach.) 2.14.
August 7th—Thorn EMI Video Match, Crystal Palace.
 200m—2. L. Watson 20.91. Javelin—2. P. Yates 77.52. Invitation 100m—7. S. Green 10.65. 4 x 100m—3. GB 40.40 (Leg 1 S. Green).
August 7th—Bells Junior International, Meadowbank, Edin.
 100m—1. P. Ashen 10.57 (+2.65m). 200m—1. P. Ashen (Eng) 21.34 (+2.84m). Discus—2. K. Horne (Eng) 47.16.
August 11/12th—Welsh Games, Cwmbran.
 High Jump—1. T. Llewelyn (W) 2.14. Shot—1. M. Winch 18.74. Discus—4. M. Winch 55.96.
August 6th—UK v W. Germany Junior International, Alexander Stadium, Birmingham.
 100m—2. P. Ashen 10.98. 1500m—4. R. Farish 4:06.8. Discus—1. K. Horne 49.86. 4 x 100m—2. UK 41.99 (Leg 4 P. Ashen).
August 14th—Nikaia Spectacular, Nice, France.
 4 x 100m—3. UK 39.17 (Leg 2 L. Watson).
August 20th—Talbot Games, Crystal Palace.
 100m—7. S. Green 10.87. 200m—4. L. Watson 21.13. 4 x 100m—2. England 'B' 40.51 (Leg 2 S. Green).
August 21st (a)/22nd (b)—Inter-Counties, Brighton.
 10,000m—(a)—8. M. Brameld (Kt) 30:01.05. Shot (b)—1. M. Winch (Sy) 18.19. Discus—(a)—4. M. Winch (Sy) 52.70. Javelin—(b)—1. P. Yates (Midx) 87.74. 1. Lanes 63, 2. Middx 62, 3 = Surrey & Yorks 54, 5. Kent 36.
August 29th—UK v Netherlands v Belgium v Israel, Amsterdam.—Juniors.
 100m—1. P. Ashen 10.87. Discus—3. K. Horne 47.58.
August 30th—Heinz British Games, Crystal Palace.
 Javelin—4. P. Yates 78.28.
September 5th—London Inter-Borough Champs, Crystal Palace.
 3000m S/C—4. T. Soutar (Lew) 9:30.8. High Jump—1. T. Llewelyn (Croy) 2.10.

25 x 1 MILE INTER-CLUB RELAY

Sunday, 13th June, 1982

As a change from the 100 x 1 mile spectacles of recent years, the Club this year reverted to the 25 x 1 mile event, last staged in 1977. Sponsored by Nike International and co-ordinated from Crystal Palace, the event took place at a number of venues up and down the country from Middlesbrough in the north-east to Camborne in Cornwall.

Overall winners were Aldershot, Farnham & District AC with a time of 1:53.23, just 1 min 22.8s. outside the record which they set in 1977. Included

in the winning team were Philip Ledger (4.16), Grenville Tuck (4.18), Martin Cauldwell (4.20) and Bernie Ford (4.27). The winning ladies team was Barnet Ladies AC in 2:21.44 with the opening leg being run by Joyce Smith in 5.03.

At Crystal Palace an exciting battle took place between ourselves and Belgrave Harriers. Belgrave quickly built up a lead in the early stages with the first 5 miles being run by them in 21m 51s including an opening leg by John Gladwin of 4.15 followed shortly afterwards by the fastest leg of the day run by S. Paton in 4.14.

By the start of leg 10, Belgrave had built up a lead of just over 2½ minutes but then the tide began to turn. After some fine running by Bill Foster (4.16), Richard Coles (4.18) and John Wigley (4.19), Belgrave were slowly but surely hauled back and finally overtaken in leg 21 by Les Roberts. When President Ian Wilson crossed the finishing line a lead of 1m 13s had been built up over Belgrave putting us in second place behind Aldershot with a time of 1:55.55.

In all, 6 teams were fielded by the Club including a team made up of Presidents and Vice-Presidents and an Under-12 team.

Two new world best performances for the event were established. Sutton & Cheam's 1977 record of 2:19.17 for an Under-11 team was broken by Middlesbrough & Cleveland with a time of 2:11.13.2. Only a few seconds behind were the Under-17 teams of Sale and Wigan with 2:11.21.3 and 2:11.42.0, respectively. Blackheath's 1981 record for an Under-11 team (2:59.30) also fell, this time to Sale whose Under-17 team came home in 2:44.16.

We were very fortunate in having Nike International this year as national sponsors of the event and they provided the following prizes:

Team Prizes

Aldershot, Farnham & District AC (First Team)—Nike sports holdall, vest and shorts to each team member.

Blackheath Harriers 'A' (Second Team)—Nike vest, shorts and socks to each team member.

Belgrave Harriers 'A' (Third Team)—Nike vest to each team member.

Barnet Ladies AC (First Ladies Team)—Nike sports holdall, vest and shorts to each team member.

Wycombe Phoenix Harriers Ladies (Second Ladies Team)—Nike vest, shorts and socks to each team member.

Ilford AC Ladies (Third Ladies Team)—Nike vest to each team member.

Individual Prizes (Nike Vainqueur Spikes)

Fastest Male—S. Paton, Belgrave Harriers 4.14.

Fastest Female—E. Lyons, Wycombe Phoenix, 4.58.7.

Fastest Under 17 Male*—J. Bigg, Phoenix AC 4.33. M. Peavor, Middlesbrough & Cleveland, 4.33.

Fastest Under 17 Female—E. Lyons, Wycombe Phoenix, 4.58.7.

Fastest Under 13*—M. Bigg, Phoenix AC 5.35, C. Murphy, Sale Harriers, 5.35.

* As there was a tie for both Fastest Under 17 Male and Fastest Under 13, Nike have generously agreed to double up the prizes for these categories.

BLACKHEATH HARRIERS 25 x 1 MILE

INTER-CLUB RELAY, NATIONALLY

SPONSORED BY NIKE INTERNATIONAL LTD.

Sunday, 13th June, 1982

1. Aldershot, Farnham & District AC 1:53:23
2. Blackheath Harriers 'A' 1:55:55
3. Belgrave Harriers 'A' 1:57:08
4. Ilford AC 1:58:59

5. Highgate Harriers 'A' U.25	1:59:12
6. Sale Harriers U.25	2:01:51.0
7. Veterans' AC 'A'	2:05:17
8. Halesowen AC	2:05:30
9. Hercules Wimbledon AC 'A'	2:06:27
10. Blackheath Harriers 'B'	2:08:04
11. Duchy of Cornwall AC 'A'	2:08:12.8
12. Croydon Harriers 'A'	2:08:38
13. Milton Keynes AC 'A'	2:08:51
14. Woodford Green AC	2:10:55
15. Middlesbrough & Cleveland Harriers U.17	2:11:13.2
16. Sale Harriers U.17	2:11:32.3
17. Veterans' AC 'B'	2:11:41
18. Wigan & District Harriers & AC U.17	2:11:42.0
19. Basingstoke AC 'A'	2:12:08
20. Surrey AC	2:15:43
21. Wycombe Phoenix Harriers	2:15:49.8
22. Blackheath Harriers 'C'	2:16:32
23. Epsom & Ewell Harriers U.17	2:18:20
24. Phoenix AC	2:20:20
25. Barnet Ladies AC	2:21:44
26. Belgrave Harriers 'B'	2:22:43
27. Croydon Harriers U.17	2:23:26
28. Belgrave Harriers 'C'	2:24:26
29. Preston Harriers & AC 'A'	2:24:45
30. Veterans' AC 'C'	2:27:21
31. Croydon Harriers Vets	2:27:29
32. South London Harriers	2:28:22
33. Chiltern Striders	2:28:59
34. Hercules Wimbledon AC U.17	2:29:38
35. Royal Sutton Coldfield AC 'A'	2:31:10
36. Wycombe Phoenix Harriers Ladies	2:33:53.5
37. Ilford AC Ladies	2:35:28
38. Belgrave Harriers 'D'	2:36:55
39. Croydon Harriers Ladies	2:36:56
40. Milton Keynes 'B'	2:38:52
41. Basingstoke AC U.17	2:41:58
42. Royal Sutton Coldfield AC 'B'	2:42:56
43. Sale Harriers U.15	2:43:33
44. Sale Harriers U.11	2:44:16
45. Preston Harriers U.13	2:46:08
46. Milton Keynes AC 'C'	2:48:29
47. Basingstoke AC Ladies	2:48:31
48. Duchy of Cornwall AC Ladies	2:51:54.3
49. Middlesbrough & Cleveland Harriers Ladies	3:06:30
50. Blackheath Harriers U.12	3:08:11

Teams that finished but with less than 25 members

1. Blackheath Harriers Vice-Presidents	2:29:31
2. Blackheath Harriers 'D'	2:38:18
3. Bromley Ladies AC	3:09:22

Teams that started but did not finish

- Duchy of Cornwall AC 'C'—ran out at 20.
- Hercules Wimbledon AC U.13.
- Highgate Harriers 'B'—ran out at 7.
- Middlesbrough & Cleveland Harriers, Seniors—ran out at 18.
- Middlesbrough & Cleveland Harriers, Young Athletes—ran out at 17.
- Surrey AC, Young Athletes—ran out at 16.

Blackheath 'A' Team

- T. Soutar 4.36, 2. A. Frankish 4.38, 3. C. Woodcock 4.46, 4. S. Roberts 4.42, 5. R. Savery 4.56, 6. A. Davis 4.50, 7. S. Robinson 4.51, 8. B. Swift 4.49, 9. P. Brencley 4.45, 10. M. Bramell 4.23, 11. J. Wigley 4.19, 12. P. Shepherd 5.01, 13. S. Rutherford 4.46, 14. K. Whicheloe 4.53, 15. D. White 4.35, 16. J. Baldwin 4.36, 17. K. Daniel 4.30, 18. W. Foster 4.16, 19. M. Athawes 4.30, 20. R. Coles 4.18, 21. L. Roberts 4.37, 22. J. Wilkinson 4.32, 23. S. Thompson 4.45, 24. P. Irvine 4.22, 25. I. Wilson 4.39.

Blackheath 'B' Team

- I. Young 4.56, 2. S. Dick 5.17, 3. A. Dick 5.15, 4. K. Pike 5.06, 5. I. Ketchin 5.01, 6. M. Field 4.50, 7. P. Horwood 5.04, 8. S. Cluney 4.56, 9. P. Davis 5.16, 10. M. Williams 4.57, 11. A. Hartley 5.29, 12. W. Wade 5.14, 13. P. Hannell 5.29, 14. J. Facer 5.17, 15. G. Botley 5.11, 16. M. Peel 4.55, 17. B. Swift 5.01, 18. S. Robinson 5.03, 19. S. Rutherford 4.52, 20. P. Shepherd 5.09, 21. M. Cronin 5.22, 22. R. Chambers 5.42, 23. M. Colpus 4.49, 24. K. Daniel 5.10, 25. D. White 4.45.

Blackheath 'C' Team

- R. Farish 5.25, 2. G. Gibbens 5.45, 3. D. Cordell 5.27, 4. D. Appleton 5.30, 5. D. Somerset 6.03, 6. J. Bailey 5.41, 7. G. Crowder 5.27, 8. M. Gasson 5.45, 9. M. Cronin 5.19, 10. R. Morris 5.31, 11. R. Ebbutt 5.25, 12. R. Grobecker 5.16, 13. M. Tracey 5.23, 14. J. Day 5.09, 15. P. Vetterlein 5.53, 16. P. Hunter 5.28, 17. C. Fauargue 6.01, 18. R. Farish 4.33, 19. R. Tompkins 6.16, 21. B. Todd 5.49, 22. J. Hills 5.28, 23. D. White 4.50, 24. C. Woodcock 4.49, 25. J. Facer 5.03.

Blackheath Presidents and Vice-Presidents

- P. Shepherd 4.58, 2. P. Hannell 5.20, 3. D. Hopgood 5.57, 4. A. Weeks-Pearson 5.27, 5. T. Sullivan 6.57, 6. J. Baldwin 4.42, 7. L. King 9.57, 8. I. Smith 6.24, 9. F. Dyter 6.22, 10. G. Hickey 7.22, 11. M. Mahoney 5.34, 12. J. Friend 6.30, 13. C. Haines 5.34, 14. T. Mallott 6.03, 15. G. Botley 5.27, 16. I. Wilson 4.47, 17. B. Stone 5.27, 18. R. Coles 4.26, 19. R. Edmonds 7.01, 20. D. Gregory 6.27, 21. A. Frankish 4.44, 22. M. Peel 5.00, 23. G. Botley 5.24, 24. P. Hannell 5.38, 25. A. Brent 8.03.

Blackheath Under-12

- Toby Sullivan 6.27, 2. Jonathan Vetterlein 7.57, 3. Nigel Hartley 6.37, 4. Ben Wilson 7.11, 5. Dominic Williams 8.58, 6. Mark Wilson 7.35, 7. Robert Haines 7.21, 8. Peter Kemp 6.36, 9. Andrew Smith 8.49, 10. Stuart Poole 6.31, 11. Owen Poole 7.38, 12. Matthew Pepper 8.05, 13. Jonathan Pepper 7.31, 14. Lars Hickey 8.01, 15. Stephen Field 6.57, 16. Martin Field 7.14, 17. Jonathan Mallott 8.55, 18. James Savery 6.42, 19. Dougal Davis 6.46, 20. Darrel Edmonds 7.28, 21. Andrew Peel 7.29, 22. Jonathan Woodcock 6.41, 23. Rosemary Vetterlein 8.18, 24. Julian Haines 9.24, 25. Philip Edwards 7.00.

Blackheath 'D' Team

- Dominic Sullivan 6.18, 2. Rosemary Vetterlein 8.27, 3. Allen Hartley 5.49, 4. Peter Vetterlein 5.50, 5. Morris Poole 6.34, 6. Ken Goatham 5.58, 7. Mike Field 4.52, 8. Nigel Hartley 7.14, 9. Gary Clark 6.37, 10. Brian Hartley 6.27, 11. Toby Partington 6.46, 12. Jamie White 6.39, 13. Richard Farish 5.28, 14. Roy Savery 5.06, 15. Morris Poole 6.44, 16. Cedric Edmonds 7.03, 17. Geoffrey Woodcock 6.24, 18. Jonathan Vetterlein 5.29, 19. Roger Ebbutt 7.26, 20. Allen Hartley 5.25, 21. Gary Clark 6.49, 22. Mike Mahoney 5.38, 23. John Hill 6.04, 24. Suzanne Edwards 7.56, 25. Jim Raine 5.25, 26. Matthew Raine 5.55, 27. Neil West 6.26.

NEW RECORDS ESTABLISHED

- Under 17
Middlesbrough & Cleveland Harriers 2:11:13.2.
(Previous record of 2:19:17 set by Sutton & Cheam AC on 19th June, 1977, was also broken by the following U.17 Teams:
Sale Harriers 2:11:32.2
Wigan & District Harriers AC 2:11:42.0

Epsom & Ewell Harriers	2:18:20)
2. Under 11	
Sale Harriers	2:44:16
(Previous record of 2:59:30 set by Blackheath Harriers in 1981).	

LADIES PLEASE NOTE

Ladies do you feel left out when your husband/boy friend goes out to cover himself in mud and glory on a Saturday afternoon, to hang around street corners in the name of road running, or to throw himself into some elongated kid's sand pit? Well, why not contact Brenda Brent (650 7879) or Val Peel (777 8291) and you will discover a whole new world, the secret society of Blackheath Harriers, 'The Social Club', where like-minded ladies have discovered a way to infiltrate the male confines of 'The Harriers' and in the process do a tremendous amount to keep 'The Club' operating behind the scenes; and if it weren't for them we would all be eating Club suppers off the tables lads, so don't forget to show this to your better halves!

Short News

Steve Rutherford was heard to comment on seeing the picture of Les Roberts in the last issue of the Gazette "It makes him look like a schoolboy, but I know it's a fake because in those days all the pictures had a sepia tint to them."

A Runcorn man who has never been in a marathon before romped home to victory on Sunday just half an hour behind the winner.—(Runcorn World).

ROADIES

Diaz said someone from the neighborhood probably is the killer because public transportation is not good in the area.—(Cleveland, Ohio Plain Dealer). (Could on the other hand be a psychopathic distance runner).

LONDON MARATHON 1983

Yes, no sooner have we got over the '82 version than we begin to start thinking about the 1983 edition. Many of you prospective combatants will already have received a letter from P.P. Tony Oldfield who will again be at the helm of the Club's backroom organisation again this year. For those who were not at the AGM his efforts raised £1000 for Club funds last time.

There will be special arrangements for Harriers entering the Marathon, BUT only if the correct procedure is followed and that will require you giving the race some assistance in the early days. The Club Championship will again be held in conjunction with the London, and yet again there will be no separate entry fee, your fee will be your assistance in helping the event. When you receive your entry form you DO NOT return it to Zettors Pools but return it to Road Running Secretary Mike Williams AND also contact Tony Oldfield and offer your services to assist in the sorting during November. ONLY by completing BOTH actions will the Club be able to assist your entry. Mike Williams, Tony Oldfield.

73 Lusted Hall Lane,
Tatsfield,
Westerham, Kent.

41 Eynsford Rise,
Eynsford,
Nr. Dartford, Kent,
DA4 0H5
Tel. Farningham (86) 3375
Office 01-222 8111

AMENDMENTS TO LONDON MARATHON 1982

3371	S. Davis (51)	3:15:01
3929	R. Palmer (55)	3:20:43
5921	J. Kean (62)	3:29:23
6078	I. Lavender (64)	3:35:01
6723	B. Smith (69)	3:39:33
6998	F. Oliver (70)	3:41:34
7471	C. Daly (71)	3:44:28
8260	C. Stormer (76)	3:50:09
14840	J. Williams (93)	5:22:34

NORTH KENT MARATHON

Northfleet

1. G. Meredith (Camb H.) 2h 32m 25s, 51. D. Cordell 3:18.39, 56. A. Calton (Snr) 3:20.19, 79. G. Spencer 3:27.23, 96. N. Gasson 3:33.53, 185=J. Pearce 4:05.49, 185=S. Ridgewell 4:05.49.

HALF MARATHON

1. M. Gratton (Invicta) 1h 04m 57s, 12. B. O'Gorman 1:22.08, 15. M. Totton 1:23.23, 19. R. Farish (Snr.) 1:25.52, 36. R. Tompkins 1:29.43, 38. J. Robinson 1:29.52, 40. J. Bailey 1:30.04, 58. C. Todd 1:33.58, 128. A. Tompkins 1:47.52, 130. June Hartley (Bromley L.) 1:48.24, 134. Joan Austridge (Bromley L.) 1:49.07, 165. J. Pearce 1:53.06, 175. M. Farish (Bromley L.) 1:54.38, 217. M. Treacy 2:03.11, 225, I. Lavender 2:04.27, 230. J. Partington 2:05.21, 264. M. Cordell (Bromley) 2:11.34.

EASTER IN GUERNSEY

The family and I spent the Easter break in Guernsey where we combined a holiday with a most enjoyable Athletic Event, the 1982 Easter Runs, four races in four days. Spice was added to the occasion by the presence of a number of current and past British Internationals, Steve Kenyon, Ian Thompson, Tony Simmons and Dave Bedford. Also present were a number of Norwegians, the most notable of whom was Jarl Aase.

Running four races in four days is not something I would normally contemplate but it's surprising what can be done if you put your mind to it! The first event, on Good Friday, was a cross-country, followed on the Saturday by a six mile road race, and a half marathon on the Sunday. Just for good measure they also included a 3-mile road race on the Monday for those who really hadn't had enough.

The weather was ideal, and the island itself was well worth the visit, in between the running that is.

Plans are afoot to hold the event again in 1983 and I for one intend to repeat the exercise.

Results—

9th April, 1982. *Keith Falla Memorial Cross-Country*
1. Steve Kenyon (Salford) 23m 22s. 50. Pete Catley (B.H.) 29m 28s. 90 finished.

10th April. *6 miles Stenes Road Race*
1. J. Aarse (Norway) 29m 12s. 29. Pete Catley (B.H.) 35m 57s. 70 finished.

11th April. *Midland Half Marathon*
1. Steve Kenyon (Salford) 61m 52s. 37. Pete Catley (B.H.) 81m 09s. 144 finished.

12th April. *Commodore 3 Mile Road Race*
1. J. Aase (Norway) 13m 59s. 39. Pete Catley (B.H.) 17m 03s. 78 finished.

Th: two envelope stuffers of the last Gazette (850 copies) freely admit having 'folded and stuffed', that now when they can't sleep they take to counting Terry Mallott's climbing a stile in preference to sheep jumping a fence as it's a far more sedate proceeding.

FORBANKS 10 MILE ROAD RACE

10th October, 1982

New Beckenham

1. L. Roberts 51.52, 9. P. Shephard (Lloyds Bk) 56.08, 10. S. Robinson 56.13, 11. J. Oliver (Camb H) 56.18, 14. P. Gorman (Lloyds Bk) 57.05, 15. P. Barrington-King 57.10, 19. P. Varcoe 58.11, 26. A. Nana 60.04, 34. G. Spencer 63.38, 37. J. Phelan 64.45, 41. S. Ridgewell 65.20, 43. M. Gasson 66.09, 50. M. Heinemann 72.22, 51. T. McGeough 73.12, 58 finished.

CRAWLEY 10/S.C.V.A.A.A. CHAMPIONSHIPS

Crawley, Sussex

1. J. Batchelor (Ilford) 52m 18s, 15. P. Greenwood (B.H.) 56m 46s, 20. R. Beale 57m 31s, 24. P. Catley 58m 18s, 44. J. Kavanagh 60m 41s, 56. A. J. Weeks-Pearson 62m 47s, 112. D. Hopgood 68m 00s, 119. L. Fagg 69m 35s.

Teams—1. Belgrave, 4. B.H.

THE OLD POLY AND NEW TROPHY

With the sad death of A. G. V. Allen recently and the inception of a trophy for the Club Marathon Championship in his honour this year it seemed appropriate to publish the extract below penned by A. G. V. Allen concerning his experience in the 1932 Poly Marathon and published that year in the Gazette.

THE STORY OF THE POLYTECHNIC MARATHON

Saturday, 28th May, 1932.

I had the morning off from the office. in view of the Marathon so I did not get up until 8.30 in consequence of which, by the time I had had breakfast, done a lot of odd jobs and packed my bag it was nearly time for lunch.

At 11 o'clock I had a large steak and potatoes and afterwards caught the 11.37 to Charing Cross where I waited, under Hungerford Bridge, for Mobbs and Holmes to arrive. Mobbs appeared first but Holmes came along shortly afterwards. We then went in search of the Green Line bus for Windsor but it had not arrived at the terminus. It was due to leave at 12.30 but did not arrive until after that, setting off again about 12.40. It was not a good journey down as having taken nearly an hour over the first five miles we all had wind up about not arriving in time. However, once on the Great West Road the driver made up for lost time and we arrived in Windsor only 20 minutes late at 2.05. Alighting we made our way to the Great Western Railway Station and first of all saw the doctor, who examined heart and lungs with great thoroughness. After this we changed in one of the waiting rooms allotted specially for the purpose, taking special care over greasing and shoe-tying, etc.

We were called out for the start at about 10 minutes to 3 and we marched up from the station to the Windsor Castle drive, where having lined up on the gravel path for the start, we were given a few rather unnecessary instructions and then we all stood by until the exact stroke of 3 o'clock when we were sent off by L. F. (Jimmy) Tremeer who used the pistol which started the original Windsor to London Marathon in 1908.

Holmes went ahead of us straight away as he had made out a faster schedule than we were attempting. Mobbs and I were only out to try for Standard Award (that is to cover the course inside 3 hours 15 minutes) so we intended running together throughout which we did and which proved to be

a great help to both of us. So we started quite slowly going about the same pace that we used in training for a couple of miles into Slough, then gradually increasing pace. We set out to do the first 10 miles in 67½ minutes. For a long time Holmes was in sight about 300 yards ahead — we were about 25th position or lower — but he disappeared after a while. At about 5 miles we were informed as to the time we had taken, by Wilkinson and McIvor of B.H. who were traversing the course in a car mainly for that purpose.

There were huge crowds of people out to see the race at various points en route but there was a pretty good sprinkling in even the most isolated spots on the course and what struck me was the percentage who had programmes. There must have been a huge sale. Funnily enough, too, some of the people who saw our numbers as we approached, apparently consulted the programme to see who we were for we were greeted by several complete strangers with shouts of "Good old Mobbs" or "Well run, Allen, up Blackheath!"

We passed the 10 miles mark in 65½ minutes, much faster going than we intended but as we were both running as easily as possible we did not worry. We were informed that Holmes was about two minutes ahead, he having done the first 10 in about 63½ minutes. I expected the 7 mile stretch of main London road from Uxbridge to be tedious but we did not notice it at all. We both ran without any trouble at all though I had fears of Mobbs getting cramp at one time which fortunately did not materialise.

Just before we turned off the main road we caught up Holmes! He was running very easily so we suggested that it was time to let himself go and he forged ahead gradually after running with us for a quarter of a mile. We covered 20 miles in about 2 hours 12 minutes. Excellent going in view of our proposed schedule of about 2 hours 20 minutes. I had fears that we were going too fast to last but we both seemed untroubled, having conversed gaily all the way.

Two or three times during the race we were offered sponges soaked in water and Eau de Cologne to wipe our faces. These were very refreshing.

We were still running very strongly at Kew Bridge and I personally only began to tire at all about the 23rd mile. We must both have been very fit and thoroughly trained. As we neared the end of our journey the roadside crowds grew more and more encouraging in their very enthusiastic applause, and when after the last stretch of road we arrived at the Stamford Bridge ground and still running side by side emerged on to the track for the two laps to complete the race, we were greeted with tremendous applause. The track was in an appalling condition after the afternoon's events there and very soggy but we plodded round, still running very well I think and, linking arms, ran in together at the finish of the 2nd lap in 2 hours 58 minutes 38 seconds.

I felt still quite fresh though glad it was the end. I learnt that Holmes had only got up as far as 11th. We tied for 14 place Mobbs and I, which I was very bucked about.

It has been a really great day and the most pleasing thing about the result was that by our combined efforts we put B.H. in 3rd place for team honours.

Result—1. S. Ferris (RAF) 2h. 36m. 32.4/5sec. 2. T. F. Lalande (Herne Hill) 2.43.30 2/5. 3. J. T. Slaney 2.44.6 1/5. 11. W. Holmes 2.54.09. 14 and 15. C. L. Mobbs and A. G. V. Allen 2.58.38 4/5.

WORLD RECORDS AND YOU

Before I go any further let me admit that the subject of this article is not intended to have any serious purpose — the sums and graphs are of interest to me, and I hope to others interested in track and road running, but do not purport to give any practical guidance. Such conclusions as I may draw are very much tongue-in-cheek. I make this point against a background of the kind of computer forecasting now prevalent, as in the London Marathon registration, where various sophisticated calculations are supposed to give us training routines, estimated performances, and so forth, and I assume these are meant to be scientific and useful.

The purpose of this article is to tell you a little about what I have done so far and invite you to give me more data to extend my researches — or carry on drawing pictures for fun if the truth were told.

Given a combination of an interest in athletics, some knowledge of statistics, and the availability of computing facilities it seems natural that we should try to look for patterns in athletic performance. From the regular pattern interesting irregularities immediately come to light in respect of certain events or individuals. This is not intended to be a very scientific study as I have certainly not rummaged through dusty journals looking at what other people have written and if anything I say has been said by others it is purely coincidental.

As I mentioned, this initial article is aimed at obtaining more data and telling you what I intend to do with it. However, having gone a little way already, I can give you some idea of the sort of thing I am up to. The work is really in two parts, firstly looking at World, UK, Veterans, Age-Best (men and women) records of time against distance to see how they are connected within each group and then how the groups differ. Naturally some conclusions will be merely arithmetic descriptions of well known phenomena, e.g., the mile is a very important event as it marks the sharp turning point between 400—1500 and 3000—marathon in contrast to the smooth progression within the ranges either side. No doubt there is some physiological interpretation for this. One can see clear patterns in the comparison between groups, and perhaps see the convergence of male and female performances, hopefully some unexpected facts will come to light.

The second part of the work relates to the performance of individuals relative to the established top level pattern. In some cases a clear peak performance distance stands out, whereas for other people this is not the case. Once again it is easy to compare individuals — just think of beating your rivals by drawing lines on graphs, no training required, no strenuous races, just stay in bed.

If there is sufficient interest in this mumbo-jumbo I will continue with Part 2 in a future Gazette, meanwhile I would be interested in a list of your pb's for as many distances as possible. If you have passed your peak, or never had one, then a separate list of current pb's would also be useful, especially as interest in vets athletics is ever growing.

Meanwhile you'll have to carry on training and racing the hard way! If I find the secret formula for success think I'll tell you lot, I'll just start selling sportswear like real athletes.

All those interested should forward relevant information to the Club headquarters for the attention of Peter Hannell.

LETTERS

The Editor,

Going through some old photographs I came upon the enclosed 'snap' of the B.H. 4 x 110 yards team that won the AAA Championships in 1932. We had a very good track team in those days, if I remember correctly. Actually at that time I believe the Essex sprint champion Symington was also a member of Blackheath. The AAA Championship was then held at the White City. From l. to r. the athletes are C. A. Wiard, E. L. Page (Surrey Champ), L. G. Parkes (Kent Champ) and L. W. Ellis (Middx. Champ). As it's 50 years since the photo was taken I thought it might be of interest.

It's 57 years since I first ran as a B.H. member and in that first race at Sittingbourne, I won my one and only gold medal in the Kent Junior 880 yards Championship. I joined as a schoolboy at Brockley County School with my friend R. M. Wood (still a member of B.H.), and he won the Silver Medal in the 220 yards Kent Junior Championships in 1925.

It gives me great pleasure to read of the opportunities given to schoolboys by the Club these days. I am ever grateful to the late D. J. Dyball for encouraging me to join B.H., he was then Secretary. I have so many happy memories of my active days and of the many friends made during those days.

Yours Heathenly,

Charles Woods.



The Editor,

I was surprised, indeed shocked, at the flimsy reference to the death of L. G. Toms at the very end of the last page of the Gazette. No reference was made to his taking on, for well over a decade, the secretaryship of the London Shipping Athletic Association, or to his being a member of the organising committee of the City Charities Trophy meeting, a fixture which rose to prominence, at the White City, in the middle 1950's. And which, by embracing the Banks, Insurance Companies, the Stock Exchange, the Hospitals, the Civil Service to mention only a few, included the best of London's athletes. Your Editorial staff had only to contact Norman Dudley who would have been only too willing to tell them of Len Toms' zeal for organizing athletics. He would no doubt have told them, if indeed they needed more information, to approach people like Terry Higgins, now an MP, who was an

established international quarter miler, of the early 50's, or Ron Clarke, of London Shipping, and now living in Biggin Hill, who won the AAA's Marathon in 1956.

But, speaking personally, I can remember in 1949, when I was new to the Club, I approached Len Toms, at a London Shipping meeting, and enquired of him as to whether he was a Blackheath Harrier. He seemed to grow inches, as he became erect, and proudly exclaimed: "I have that honour!"

I also recall his telling me of his move to Essex, and of the invitations he received from clubs there to join their ranks as a second claim member.

"No man can serve two masters" was always his adamant comment.

I have no doubt that Len Toms' devotion to the cause of athletics was monumental and deserved just a little more than two paragraphs in the last Gazette. I have also heard that Don Mobbs died more than 18 months ago, but I do not recall reading about his demise in the Gazette.

Surely there ought to be better ways of remembering our dead?

Yours,

Ted Purves.

Editor's Reply—We are very happy to receive and print such reminiscences of old friends. Obituaries are one of the most difficult matters to tackle and we try to do our best to trace old acquaintances of deceased members for information. Unfortunately we failed to spot the connection with Norman Dudley on this occasion, and neither Terry Higgins or Ron Clarke are nowadays members of the Club.

The obituary for Don Mobbs was difficult to obtain but Norman Dudley was our contact in this case and provided the Gazette with much information, and this appears elsewhere in this issue.

The Editor,

Thank you for my copy of the Blackheath Harriers' Gazette. I was disappointed, however, to have been omitted from the results of the London Marathon and the Star Pre-London Half Marathon.

My official time in the Star Half-Marathon was 1h.30m.07s. with the position of 400.

My official time in the London Marathon was 3h.39m.33s. with the position of 6723.

Yours sincerely,

Brian Smith.

Ed.—Sorry you've run 1½ marathons and still been overlooked, but I'm sure you appreciate how difficult it is to extract names from mass race results, especially when clubs are not listed. Mike Peel and Chris Haines spent many hours ploughing through the 'London' result, and I compiled the 'Star' which was again a difficult result to translate. We would suggest that athletes send in their own results or ensure at the time that someone from the Club in the event is doing so.

The Editor,

Blackheath Harriers Gazette.

10th July, 1982

Sir,
I am sure that in a forthcoming Gazette you will be publishing reminiscences of the London Marathon. If you do, I wonder if you could include my sincere thanks to all the Heathen supporters without whose encouragement I am certain I would not have finished the course.

It is some 12 years since I last appeared at Headquarters and I have not done any running since. I entered the London Marathon (my first but hopefully not the last) out of sheer bravado and was horror struck when I discovered I had been accep-

ted. Training from scratch in January was very hard, especially the realisation of how many tendons, ligaments, muscles, joints, etc., there were waiting to ache and swell, and was more off the road than on it. At one point I even had to submit to a tame orthopaedic surgeon putting a needle in one tendon, even more agonising than running the marathon.

With some 220 miles behind me—two weeks work for some I imagine, but four months for me, I unearthed my Blackheath vest and dragged myself to Greenwich on that fateful Sunday morning. Wearing my Club vest was the best thing I ever did. The support was absolutely tremendous and all I can say is "Thank you Blackheath Harriers for getting me round." I even got encouragement from Harold Lee in the middle of nowhere on the Isle of Dogs.

Incidentally my running number, J353, was the same as my official time 3h 53m, the actual time was 3h 46m. Next time I must give up cigarettes and train harder.

Yours 'Heathenly,

Robert Thompson.

Hythe, Kent

AWARDS 1981/82

Senior Honours—

Paul Ashen—2nd Southern Counties Senior 200m 21.53s (Paul is still a Junior).

Kevin Horne—4th UK Closed Senior Discus 49.16m (Kevin is also a Junior).

Jon Wigley—1st Kent County 10,000m.

Merv Brameld—3rd Southern Counties 10,000m, 28m.19.3s.

Junior Honours—

Derek Wilson—1st Southern Counties Youth 100m Hurdles 12.36s. (Derek went on to win Youth AAA in 13.26s with a 13.25s heat).

Lindsay Salver—Mike Winch.

Browning Salver—Robert Farish (This he won with three others in close contention).

Jack Sims Salver—Les Roberts (Les won in a close tussle with two others).

Young Athletes Colours Awards

Colts Cross-Country—Clive Suckling.

Boys Cross-Country—James Andrews.

Boys Track—Kevin Brunsden, Darren Cussen, Peter Lester, Robert Montgomery, Richard Wall.

Robert Weekes-Pearson Fund—A grant was made to Paul Ashen for a weekend's training in Portugal at the start of the season.

Six young athletes were awarded passes for training at Norman Park:—James Adams, Stuart Adams, Paul Austridge, Andrew Brett, Alan Hartley, Clive Suckling.

DONATIONS

The Club wishes to thank the following members who have donated to Club funds: J. H. Allanson, K. S. M. Allen, L. Atterbury, P. Austridge, P. J. Baigent, D. A. Barham, R. W. Beale, V. Beardon, B. Beasley, C. A. Beer, C. J. Bird, L. I. Bird, J. V. F. Bennett, D. A. Blackman, A. C. Blacknell, L. E. Blight, J. Braughton, A. Brent, C. J. Brennan, N. Burrows, W. A. Boulton, N. Campbell, T. Cavanagh, J. P. Clark, J. A. Clear, C. T. Coles, R. Cooper, B. Cliff, J. R. Cockburn, J. A. Clare, D. G. Childs, S. Creedon, C. J. Cresswell, S. Creedin, P. Critchley, N. Cunningham, N. Dale, M. J. Davies, P. J. Drever, N. Ebbutt, R. D. Ebbutt, R. J. Edmonds, D. Fiddes, R. E. Foreman, E. A. Frost, B. Colquhoun-Flannery, D. G. Gale, A. H. Gedge, G. G. Geere, R. E. Green, D. L. Gregory, P. C. Hannell, S. Hague, C. B. E.

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MARYON WILSON SWIMMING CHAMPIONSHIP 1981

Championship Result—

1. Robert Farish 36.8. 2. Mark Edmunds 40.9. 3. Brian Fincham 41.4.

Handicap—1. C. Edmunds, 2. H. Laws, 3. C. Daley, 4. Richard Farish, 5. B. Fincham, 6. Robert Farish, 7. D. Edmunds, 8. A. Brent.

Unfortunately, Past President Terry Sullivan, who is the organiser of the event, resides in the 'wilds of Essex' and used a carrier pigeon to transmit the 1981 result. It had a terrible sense of direction and took some time to arrive at Hayes.

MARYON WILSON SWIMMING CHAMPIONSHIP 1982

Championship Result—

1. Robert Farish 35.1 (Championship Best). 2. Brian Fincham 41.4. 3. Mike Williams 47.3.

Handicap—1. Jack Parrott, 2. David Somerset, 3. Mike Cronin.

After 20 years' membership this was Jack's first ever award, no doubt all the sweeter for the waiting, but the handicapper will seek revenge next year.

A "WELLCOME" SPONSOR

Robert Farish, the fastest 17-year-old in the U.K. this year has managed to arrange sponsorship for himself from the Beckenham-based "Wellcome Foundation", pharmaceutical manufacturers. This season Robert has clipped over 3 seconds off his personal best, but with success has come increasing costs, especially in travelling to contest the ever increasing number of Championships he now qualifies for. The Wellcome Foundation are to assist him and there can be little doubt that with further assistance Robert will be given further opportunities to improve.

COUNTRY ET AL TRAIL LAYERS

The Dictionary definition reads as follows:

Trail: To be drawn along; as appendage: drag (oneself) along wearily, follow the trail of.

Layer: Person that lays.

Now which combination of these definitions are we as a Club most concerned with, you ask yourselves. Those who have negotiated the Hayes cross country courses will be very familiar with the 'drag oneself along' part as they tackle 'Fox' at the culmination of a jaunt 5, but that does not appear in our

requirement of this phrase. We apply these words to those hardy, stout, and determined souls who, as the words truly suggest, 'lay the trails' that we race over during the winter months on the courses.

Without this small band of gentlemen (?) our cross country season at Hayes would rapidly degenerate into a total farce, as newcomers and visitors alike would end up wandering around the Kent countryside aimlessly searching for the mythical Holy Grail (Cafe on Hayes Common) where they were meant to finish, having strayed off course.

Without those invaluable course flags and person persons (no discrimination here), all but the old stagers would be lost, and few would ever survive to become old stagers anyway.

The trail layers' task is not as easy as you may think, with the work starting at least one hour prior to the race and often finishing after dark on a winter's evening, after even the slowest of us are fighting for a place in the showers. The trouble today is, as Ken Johnson, the leader of this merry band will tell you, his 'lads' are ageing and it's not easy when the bones creak each time you plant one of those flags. His numbers have dwindled over the past few seasons and he is desperately in need of new recruits.

He doesn't expect you to be available for every race, a couple a season would help him supplement his elite hardcore. It's certainly less rigorous than racing the courses and may be just the gentle exercise you need on a Saturday afternoon, well dressed against the elements and what better way to begin if you are coming back from an injury — fresh air, gentle exercise, and good company. If this appeals to you and you can help please contact Ken Johnson on Otford 2917 or any of the cross country officials and Ken will be delighted to get in contact with you and introduce you to his merry band.

Remember — "Your Club Needs You."

BLACKHEATH HARRIERS CROSS-COUNTRY RACE

Saturday, 18th September, 1982 Sparrows Den
6 x 2½ miles

Lap 1.—9. M. Jackson 'C' 11.44. 22. B. Smith 'B' 12.14. 26. D. Searby 'H' 12.23. 27. D. White 'A' 12.35. 28. M. Laws 'F' 12.26. 30. A. Davis 'E' 12.29. 46. J. Braughton 'G' 14.40. 47. E. Roberts 'I' 14.41. 50. R. Richardson 'D' 15.11.

Lap 2.—17. P. German 'A' 12.00. 18. J. Facey 'C' 12.42. 21. J. Adams 'F' 12.33. 22. W. Wade 'E' 12.36. 23. M. Peel 'H' 12.48. 28. J. Phelan 'I' 13.13. 37. A. Grobecker 'G' 12.44. 45. 'D' 14.11. 47. G. Botley 'I' 15.04.

Lap 3.—12. M. Athawes 'A' 11.57. 17. T. Nara 'C' 12.43. 21. N. Burrows 'H' 12.36. 22. A. Davis 'E' 12.50. 23. R. Minting 'B' 12.33. 33. R. Farish 'G' 13.21. 37. N. Hartley 'F' 17.28. 46. R. Mitchell 'D' 15.24. 48. G. Woodcock 'I' 18.33.

Lap 4.—11. M. Colpus 'A' 12.08. 19. P. Barrington-King 'C' 12.52. 21. I. Wilson 'B' 12.16. 23. W. Wade 'E' 12.45. 26. C. Daly 'H' 14.29. 34. I. Bailey 'G' 14.02. 36. P. Davies 'F' 13.20. 46. I. Pearce 'D' 17.48.

Lap 5.—9. J. Baldwin 'A' 11.28. 17. P. Shephard 'B' 12.08. 21. A. Davis 'E' 12.52. 24. R. Turney 'C' 14.26. 27. R. Tompkins 'H' 13.18. 32. J. Robinson 'G' 13.22. 36. S. Dick 'F' 14.23. 44. L. Deane 'D' 17.03.

Lap 6.—9. M. Wilkinson 'A' 12.28. 17. C. Woodcock 'B' 12.26. 22. W. Wade 'E' 12.45. 25. A. Weeks-Pearson 'C' 13.30. 29. A. Tompkins 'H' 15.12. 32. G. Spencer 'G' 13.13. 36. A. Harter 'F' 14.37. 44. J. Partington 'D' 19.33.

TRAINING ON THE COUNTRY

For Club races on the country around Hayes the Club has to get special permission to use certain stretches of land over which many of the routes cross, as much of this land is not public footpaths but private land.

It has been reported to the Club that a number of members have been stopped by farmers whilst training on some of the courses. We ask you to restrict your training to the Public Footpaths and avoid private land, which obviously means that we cannot train over many of our actual courses. The Club does not want to lose the goodwill and facilities of the farmers for racing, so please respect their privacy.

REMEMBER, IT IS OUR SPORT, BUT THE FARMER'S LIVING !

HERNE HILL HARRIERS YOUNG ATHLETES LEAGUE

2nd October, 1982 *Brockwell Park*

COLTS RESULT (approx. 2 miles)

'A' team 10th. 'B' team 19th. 113 finished. 27 teams took part.

Individual positions—22nd Stuart Adams 14.49, 36th Toby Partington 15.15, 49th Darren McGrath 15.38, 51st Adrian Donnelly 15.40, 61st Jamie White 15.54, 63rd Nigel Hartley 15.57, 74th David Patterson 16.17, 95th Andy Brett 17.23, 108th Robert Eatwell 18.30.

BOYS RESULT (approx. 3 miles)

Team 9th. 78 finished. 20 teams took part. 25th Steve Creedon 20.10, 26th Richard Mitchell 20.10, 54th Robert Montgomery 21.30, 62nd Graham Linneker 22.02, 72nd David Coleman 22.46.

YOUTHS RESULT (approx. 4 miles)

Team 9th. 55 finished. 17 teams took part. 19th James Adams 26.05, 31st Gary Niblock 27.16, 41st Simon Dick 28.11.

AND SO TO THE MUD . . .

BLACKHEATH H. v BANK OF ENGLAND

2nd October, 1982 *Hayes*

On a day quite befitting the return to our cross country season 32 hardy souls, and a number of even harder officials, locked horns for our first match of the season. Those in attendance were reassured that 'summer' had passed as they toiled around the Vets 10km course amidst 'Torrential' rain and with enough surface water on the course to hold the Maryon Wilson swimming race. Even as I write this report the washing machine is gamely tackling my 'slightly soiled' running gear. The course proved to be a true cross country course and was much appreciated by our guests from 'The Bank', who duly showed their appreciation by providing the individual winner W. Swanson (no not the cricketer variety) but relinquished the match on 'varsity scoring' to Blackheath. Although the 'stars' of the Club were absent, some at the Southern Road Relay, others 'down under' watching the Games, the Club still provided places 2 to 7 inclusive to ensure team victory. I am assured a fine race took place up front between Swanson and a guest runner, Jackson, soon to become a fully fledged Blackheathen, with Peter Shephard being the first scorer home, hotly pursued by Dave Searby and John Facer. Then came quite a gap until the appearance of Paul Barrington-King (doing a Gordon Hickey and taking an extended lunch break) and two more of the road fraternity, Mike Peel and Jim Phelan, thus closing in the 'A' team. Further down the field C. Webb, from the Bank, toured the

whole course with his dog, and was duly beaten by him, while Andy Edwards even tried rolling down hills in an attempt to overtake those in front of him.

1. W. Swanson (BE) 35.14, Jackson 35.22 (Guest), 2. P. Shephard 36.46, D. Searby 36.52, 4. J. Facer 37.04, 5. P. Barrington-King 38.01, M. Peel 38.29, J. Phelan 38.38, R. Daley 38.39, B. Smith 39.35, C. Jarrett (BE) 39.43, S. Cluney 39.51, C. Webb (BE) 40.00, N. Churchill 40.15, K. Baksh (BE) 40.21, A. Edwards 40.25, J. Nash 40.26, J. Townsend (BE) 40.42, G. Spencer 40.46, P. Farrar 43.03, D. Crowsdon 43.33, B. Stone 43.33, S. Kemp (BE) 43.33, R. Buchanan (BE) 44.30, P. Egan 44.32, B. Todd 46.11, D. Thompson 48.02, S. Thompson 48.50, J. Braughton 48.50, S. Arthur 49.03, A. J. Weeks-Pearson 53.59, B. Evans (Guest) 54.00.

Teams—(6-a-side)—B.H. 'A' 27, Bank of England 56, B.H. 'B' 88.

A HARD DAY'S NIGHT

16th October, 1982

After the excitement of the Opening 'Five' there was a breathless hush for the more cerebral deliberations of the evening.

Our man on the spot, who thinks in long words and short sentences, gave his crisp impressions as below before disappearing into the night.

Present—Goodly selection of him ancient and modern.

BHHQ—Prompt beginning, worthy deliberation of directors disclosed, queries on loan repayments dextrously disposed of by wily Hon. Sec. Continued faith in existing administration confirmed. Various votes of thanks.

BH—Minutes of previous AGM read by poker-faced P.P. Baldwin with subtle wit.

Hon. Sec's. Report comprehensive, lucid yet leavened by quiet humour and written in impeccable English. Almost understood by the audience and received with approval.

Audited accounts interpreted by Assistant Treasurer V.P. Shephard who gave bland assurances as to handling of funds (were they still in this country or with the Treasurer and gone East?) in spite of barbed questions. Reluctant vote of thanks.

Wine Committee accounts ominously preceded by smaller cigar in Hon. Sec's. beaming countenance. Confirmed by explanation of deficit due to moles and the septic burden. Much club activity in this direction. Passed with health drunk in local brew.

Rules—The almost authorised version according to and intoned by St. Ian. This was so impressive that some of the congregation sank to their knees and others covered their faces. Iconoclast V.P. Last delayed the final 'Amen' but the interval relief was eventually reached, and the stage set for the installation of the new President.

Smoke signals had been observed coming from the catacombs in the car park and when modest Jim Day emerged to full glory this was greeted with acclamation. P.P. Brian Stone, having 'cleaned up' on the "Book" thereupon conducted the Classic Club Cry preceded by explanation for simpletons. This was perfect — and all without the white handkerchief — time marches on indeed. Nothing else was 'lacking'.

At this point your reporter, not having eaten for five hours, made an excuse and left and so had to read the President's sage advice in the local press the following week.

One question remains. Did V.P. Chris Haines go down under before or after seeing the Wine Committee Report?

D. J. MOBBS

It is with much regret that we learnt of the recent death of Donald J. Mobbs. Donald joined Blackheath in August, 1923, with brother Charles following a year later. Well-trained from his running in bank circles he enjoyed an impressive inaugural season, winning the 7½ and 10 mile Championships, and numerous matches, being our first man home in the Southern (unfortunately the Club did not contest the National that season). Such a high note was sustained for three seasons with numerous Championship and match victories, including the 10 in 1925 and the Walter Steeplechase Cup in the summer. That not being enough he also rowed for the Club and served on the committee.

The 1927/8 season began to bring a few problems. He was injured in an argument with an unsafe five-barred gate in the Cambridge University match, slipped back to mid-field in some major races, and saw his position as leading Club man in the Southern and National taken over by his brother Charles. With non-club commitments pressing he never regained his former cross-country form, but his Club loyalty was evident from regular appearances for many years in the Nicholls Cup match against SLH. He also kept up another interest which he had found in that cinderella of Club Championships, the Johnson Bowl 7 mile walk. Second in 1925, he won it in 1926 and was in the fore-front of a resurgence in walking interest, helped along by the advent of the Rhodes brothers in the early and mid '30's. He, with them and P.P. Stanley Field, made up the famous staged four-man dead-heat for third place in the Kent County 10 mile walking Championship in 1936 (which went slightly wrong as Stanley Field unwillingly received the medal though all were given the same time). The four took the team award, a feat repeated by the Club 20 years later.

More recently, many will remember Donald as the link-man in that excellent relationship between the Club and the National Provincial Bank Sports Club which ran for ten years or so from 1959 until the amalgamation with the Westminster Bank. The Club supplied the officials for the N.P. sports day and in return enjoyed their excellent facilities at Lower Sydenham for our traditional Fourth Evening Meeting each summer.

On the N.P. big days Donald was in his element, allocating handicaps to senior bank officials (including a Peer of the Realm on at least one occasion), sorting out the bedlam of the children's races, and "organising" the unique 500 yards walking race for the officials (mostly Blackheathens) which was almost, if not quite "fixed." Donald's tall stature, jet black hair, commanding manner and powerful voice made him ideal as master of ceremonies at the prize distribution.

He continued as an excellent Club man, attending functions and helping where he could until, a few years after his retirement

from the bank in the early '60's, he moved to more peaceful surroundings on the edge of the New Forest. Many of his return visits to his family were timed to coincide with major Club events, particularly his favourite, the Johnson Bowl, at which he was a very welcome official only a couple of years before his death. Donald had qualities that would have made an excellent President, but surprisingly in almost 60 years' membership he was never even made a Vice-President.

A. G. V. ALLEN

It is with much regret that we must report the recent death of A. G. V. Allen, who was Club Captain from 1927-1929. He was a long time member of the Club and competed with much distinction in Club colours during the 20's and 30's.

A man who possessed much strength as a runner but was perhaps a little lacking in basic speed which meant his main successes were in the more arduous long cross-country events, and to such effect that he won the Rowland Cup on six successive occasions. He was often the winner of the annual mob matches and nearly always the first Heathen home on other occasions.

A regular competitor in the Inter-Banks Championships he was often highly placed but never quite succeeded in securing first place for himself. The Banks at this time were particularly strong and counted a number of Internationals in their ranks. Allen finally secured a major Championship when in 1930 he became Kent County Champion. A race that was run in appalling conditions, described by one as the worst he had seen in 50 years of running. In the early 30's he turned naturally enough to marathon running and produced a number of good performances (by the standards of the day), placing in the first 15 each time out and recording times in the 2h. 50m. region. Always a determined runner and continually fit he was a very difficult man to beat over any distance.

He had the misfortune of serving under a very strict bank manager and so had great difficulty in getting away early on Saturday mornings to race, and on a number of occasions, when he was late, would change on the train. He provided quite a sight charging along Bourne Way ready to race, and hurling his bag to the onlookers while he joined the field ready for the 'off'.

Ever a great supporter of Club events he was ready to give a helping hand, especially as a steward at the Bohemian Concerts and public dances. After the war he moved to the Sussex coast and for this reason his subsequent visits to Hayes became rare. He still remained a good supporter of the Club and in particular when it came to Vice-Presidents' appeals.

Our sympathies go out to his family from the Club and he is still fondly remembered by his contemporaries.