

"Perfer et Obdura"

# Blackheath Harriers' Gazette



### THE PRESIDENT'S MESSAGE

Dear 'Heathens,

After all the enjoyment I have had during four years as Hon. Secretary it is an even greater privilege to be serving the Club this year as President; and I hope to be cheering you on in all the wide variety of fixtures in which the Club is now engaged. I was greatly encouraged, a few days before writing these lines, to see a record number of 137 'Heathens running in the SLH mob match, to level the total of victories in this fixture at 38-all; and I trust that the enthusiasm shown on that day

will persist throughout the year.

We are a Club with a great history and great traditions: but we must always be looking to the future and responding to new demands. Thus, while our resources compare well with those of most clubs, your Committee is currently seeking both to enlarge our stock of equipment for track and field events and to find additional sources of finance to support our heavy programme. But our greatest resource is you, the members (and I don't mean just your cash or your athletic prowess). As one member, adapting the words of the late President Kennedy, said at a recent Open Night, "Ask not what the Club can do for you: ask what you can do for the Club". To which a very hard-working Past President added that, the more he had done for the Club, the more fun he had had. Try it and see!

Yours 'heathenly, Bill Lake

### CLUB OFFICERS 116th/117th SEASON 1985/86

W. F. Lake
D. W. Dunn
I. K. Young
B. Grant
R. D. Ebbutt
A. Nana
J. R. Baldwin
D. White
J. V. Powell
(Vacancy)
J. V. Powell
B. G. Stone
G. Hickey, P. C. Hannell
M. Gasson
G. Botley
G. B. Crowder
P. V. Barrington-King,
I. R. Dibbens
A. W. Frankish
J. A. Wakeman,
P. Barrington-King,
S. M. Green, J. V. Powell
L. Roberts
N. J. Davidson.
N. J. Keogh,
P. E. Shepheard
R. H. Thompson,
C. J. Ware
D. H. Hopgood
N. F. Ebbutt
J. A. Wakeman
J. V. F. Bennett, J. E. Day
G. Brooks, K. R. Daniel,
D. J. Farrelly,
A. M. Pickering,
R. Soutar, M. Fieldt,
J. Forrest, V. Corless





Bill Lake

Past Presidents

S. C. Wooderson (1947 and Centenary Year), G. H. Wilkinson (1948), S. A. Field (1953), C. A. Wiard (1954), W. H. M. Vercoe (1957), V. W. W. Beardon (1959), J. R. D. Cockburn (1961), L. E. Hammill (1963), R. H. Thompson (1966), A. J. Brent (1967), D. G. Child (1968), G. F. Brooks (1971), P. J. G. Baigent (1972), R. A. Morley (1973), A. A. Oldfield (1974), A. E. Ball (1975), J. R. Baldwin (1976), R. E. D. Taylor (1977), T. T. Sullivan (1978), C. M. Brand (1979), B. G. Stone (1980), I. F. Smith (1981), I. C. Wilson (1982), J. E. Day (1983), M. A. Walker (1984), L. E. Piper (1985).

Vice-Presidents

J. H. Kitton (1927), C. L. Mobbs (1935), J. C. Stevens (1947). E. J. J. Reed (1949), R. H. Gollan (1949), C. E. Clowser (1950), N. W. Page (1954), D. J. Tingey (1956), L. G. Towers (1957), P. E. Sims (1958), H. R. Howard (1959), B. G. Parrott (1959), A. A. Tweedy (1959), G. H. Smith (1960), J. W. Orr (1961), J. H. Scott-Wilson (1961), J. E. Lindblom (1962), L. G. King (1962), P. H. Francis (1964), D. F. E. Hogg (1964), K. J. Johnson (1964), J. B. Herring (1965), G. E. Monshall (1966), A. J. Weeks-Pearson (1967), W. S. Norton (1967), A. V. Hayday (1968), R. J. Edmonds (1969), R. Richardson (1969), D. H. Hopgood (1970), I. M. Ross (1971), D. L. Gregory (1972), J. Lissaman (1972), B. M. Shapcott (1973), G. R. Last (1974), C. R. Haines (1975), G. Hickey (1975), G. Botley (1976), F. C. Rogers (1976), J. C. W. Friend (1977), F. G. W. Dudman (1978), S. F. H. Glynn (1978), M. L. Peel (1978), A. W. Frankish (1979), M. J. Mahoney (1979), P. E. Shepheard (1979), J. A. Clear (1980), J. Braughton (1980), D. W. Amner (1980), P. C. Hannell (1980), T. C. Mallott (1980), M. A. Winch (1981), R. J. Coles (1981), J. V. F. Bennett (1981), T. Cavanagh (1981), S. H. Cluney (1982), R. E. Green (1982), J. F Parrott (1982), I. K. Young (1982), G B. Crowder (1983), D. E. Gillate (1984), L. Roberts (1984), P. G. Stenning (1984), J. Hills (1985), J. V. Powell (1985).

### **EDITORIAL**

The weather may have been pretty dire for the most part this year but from an athletic point of view it wasn't too bad for the Harriers. With all the hyped up athletics on the box it was very refreshing to go to League meetings and see sheer, undiluted competition for its own sake raging in all corners of the arena. I wonder when the public are going to realise that the League offers such a high standard of real head to head stuff; probably when some of the cash now in the sport filters down far enough for a bit of marketing to be done. At the last Division One meeting the crowd, my mum that is, thoroughly enjoyed herself and said she would definitely go again! The British League is the equivalent of the National Basketball League even the Football League yet at present virtually nobody, except competitors and close friends, ever attend. What an incredible state of affairs in a country which is blessed with so many stars of the world stage.

Getting back to the boys in black (well for most of the time), we successfully managed to hold onto our first division status in track and field and even scored a hatful of road race team victories with a few individual wins as well. We finally saw the cess pit installed (what on earth am I going to do for copy now?) and believe we even had victories at table tennis, football and cricket. Just for good measure we also struck

Unfortunately much of what goes on never gets disseminated through the Club. Minds at the centre are going

gold at county, national and world levels.

to have to consider this matter carefully but in the meantime may I make a plea to each and everyone of you. Please let me or any official know what you've been up to (even nonathletically if you think its worth it!) Only then can we all begin to appreciate the full range of what the Club is doing and how well it is doing it. Everyone counts so please ensure your performance is recorded and, if possible, a few words written by someone every time you compete.

Also, if it is a key event or you achieve something noteworthy at whatever level, then let John Powell know all the details immediately for the local press. His phone number is (01) 290 1823. If the event is on a Sunday and therefore the result cannot be got to him until very near his deadline then warn him during the preceeding week about your forthcoming event and he will instruct you as to the best way and time to get the news to him.

### THINGS THEY SAY:-

"Where have all the others gone?" Les Roberts to Bill O'Donnell towards the end of a 10 mile training run covered at only just outside 5 minute pace.

"The trouble with vets races is finding your track suit afterwards in a sack full of toupées, false teeth and hearing aids." Brian Buonvino, Dartford Harriers.

"Mum, I'm phoning to tell you I've won the European championship.

Reply: (pause) "Oh, that's good; when did you find out?" 'Mum, I'm just phoning to tell you I've won the World Championship.

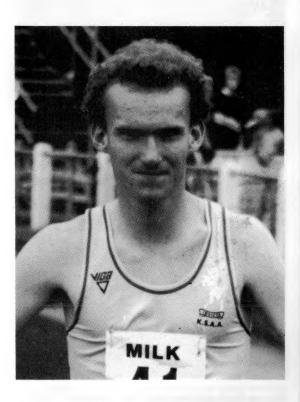
Reply: "Oh, I am pleased" (pause) "My foot has really been giving me gip this week."

### **COVER PHOTO**

Richard Coles. Back to winning form in the Club '5'. Report next issue.



Norman Davidson — your new Asst. Editor (general).



Nigel Keogh — takes over as Asst. Editor (track).

### LETTERS TO THE EDITOR

December 1984

Dear Sir,

It has been grand in recent years to see such a famous old club as ours maintaining its traditions and successfully evolving with the times. Our record in the National Athletic League speaks for itself, as does the redevelopment of the club house.

There is, however, one major area in which we are sadly lagging behind. Women's athletics has really taken off, and many clubs have a thriving women's section. The fact that we do not in 1984 is an anachronism. There are a number of families involved with Blackheath Harriers, and it is regrettable that not all their active athletes can be club members.

Would not Blackheath and Bromley A.C. be a fine name for a rejuvenated club ready to go on to even greater success over a broader field? It would also help to dispel the illusions of prospective new members about the club's precise location.

Yours 'heathenly,

Geoff Crowder



This may not be quite what Geoff had in mind but let us know what you think on this issue.

Dear Les,

I thought I should drop everyone a line as I moved home

earlier this year.

On 29th June, 1984, I completed 600 consecutive days training and decided to call it a day. A disaster in the London Marathon in May of that year really depressed me and I was no longer enjoying the sport. In March, 1985, I took over as District Manager at Colchester for the Prudential, far greener pastures than London's East End! We found a nice house and moved in finally in June.

My retirement from running lasted for 10 months.

On 20th April, I went out for a jog and since that date I have only missed one day's training. I'm running quite hard again now but it's very low key — something over 5 miles a day at the moment — I haven't raced yet. What made me start again you might ask? Mainly the fact that I'd put a lot of weight on again but there is probably some relevance in the date I started again. Yes, the next day, 21st April was the 1985 London Marathon, the first one I'd missed. I obviously needed a fix!

May I in closing offer my best wishes to all my pals at the Club — that's if anyone remembers me now. I still wear the Club gear on occasions when training so I'm still flying the flag, I wish Buster Watson did the same when he appears on

TV.

Hope to see you sometime.

'Heathenly yours,

Pete Catley



Our late Vice President, A. G. V. Allen, was in the habit of writing notes about races and giving relevant details, and the following extract will surprise those who are not used to prewar hospitality. He writes about our visit to Cambridge University in 1925:—

"We were escorted to the Livingstone Hotel where we had a ripping dinner. Tomato soup, filleted plaice and anchovy sauce. Roast goose, peas and potatoes, fruit salad and custard or apple tart and custard, cheese and coffee. The wines were Chablis and Burgundy".

Indeed those were the days!



### FANCY DRESS — BOXING DAY

P. P. A. Brent — Woad Wunners Club R. Farish — Torvill and Dean (on his own?) Bromley Ladies added colour and glamour to the scene: Snow White

Andy Pandy 4 girls from St. Trinians 2 Charleston girls

### BENNETT POINTS HANDICAP CUP

	Name	'5'	SLH	ORION	10.	RAN	CLSG	Total Points
1.	W. Wheeler	29	1	37	12	24	34	137
2.	I. Gold	14	1	32	33	23	25	128
3.	R. Morris	1	1	39	28	35	23	127
4.	J. Nash	23	35	1	37	1	28	125

### **CROSS COUNTRY**

### SOUTH OF THAMES CROSS COUNTRY ASSOCIATION JUNIOR RACE

10th November, 1984

Pos.	Name	Club	Time
1.	O. Foote	Belgrave	28.08
2.	J. Gladwin	Belgrave	.16
3.	J. Starling	Southampton	.24
51.	G. Martin	Blackheath	30.23
62.	K. Daniel	Blackheath	.46
80.	M. Athawes	Blackheath	31.26
95.	G. Spencer	Blackheath	.39
115.	S. Fitzcosta	Blackheath	32.08
128.	N. Colvin	Blackheath	.37
134.	P. Barrington-King	Blackheath	.44
137.	M. Williams	Blackheath	.51
152.	R. Ebbutt	Blackheath	33.14
168.	M. Whicheloe	Blackheath	.48
	Ť	eam Result	
	<ol> <li>Belgrave (1, 2, 6, 7)</li> </ol>		16 pts
	<ol><li>Brighton (9, 19, 22,</li></ol>	27)	77 pts
	<ol><li>Aldershot F &amp; D (1-</li></ol>	4, 16, 23, 25)	78 pts
	<ol><li>Blackheath</li></ol>		288 pts
	26. Blackheath 'B'		538 pts

### ROESELARE

25th November, 1984

Now how can I begin to find words to describe the conditions encountered this day in Flanders? For those of you who can recall the state of the lower sections of Parliament Hill Fields during the "National" in 1981 (won by Julian Goaters) all I can say is that this Belgian course was many times worse. It resembled a motorway in the very earliest stages of construction. And then there was the light brown lake!

Despite all this, world class Belgian runner Vincent Rousseau went round as if on a newly laid tartan track leaving an international field splashing and oozing in his wake (literally). The Blackheath contingent did well in view of the standard of opposition and only Bill Foster, who is far more at home on stable surfaces, succumbed to the inhospitable surroundings.

By the time the veterans race started probably something in excess of 1000 runners had raced over the circuit so, if anything, it was even worse. Nevertheless Les Roberts and company did their best to ignore the difficulties and "get on wit' game".

Les flowed away from the field almost from the start and came home nearly a minute clear despite attempts by locals to nobble him the night before with vast quantities of high quality wine till 3.00 a.m.

The lads' efforts meant the usual cache of carpets, ceramics, coffee machines, etc., etc. crossed the channel and had to be explained away at the customs.

Vets
1st Les Roberts
10th Ian Wilson
22nd Mike Cronin
23rd Chris Haines
100+ starters.

Senior 'A' Race (International) Ist V. Rousseau (Belgium) 33rd Bill O'Donnell 41st Rob Farish Bill Foster D.N.F.

Senior 'B' Race Ken Daniel about 50th.



A sniper picks off Steve FitzCosta on Hayes common.

### BLACKHEATH v CAMBRIDGE HARRIERS v SEVENOAKS A.C. v WOODFORD GREEN v VETERANS A.C.

(Club Vets Championship) (6 miles)

Hayes 8th December, 1984

This event was once again a considerable success. It was as usual coupled with an inter-club race and a self-handicap against a mark of 40 minutes for 10 kilometres.

Seventy-three veterans, 36 from Blackheath, and 2 nonveterans lined up for the start and the same number finished. The individual winner was new Blackheath member Peter Anderson. The home club placed 6 in the first 8 in times of 39.02 or better, and at least 3 runners of comparable standard were missing. It augurs well for the major championships.

Cambridge Harriers presented the only serious threat for the team prize. They packed well but rather too far back. The fact that 1 or 2 of them went off course was extremely regrettable but not decisive. It was good to welcome a total of 6 visiting clubs, particularly several for the first time. South London Harriers and Wycombe Phoenix had insufficient runners to take part in the team race.

The handicap produced a tie for 1st place, the home club tactfully not being involved. Richard Pitcairn-Knowles continued with his greedy ways. His name is the despair of recorders. It is the age of the digital watch, but we are sure that the rumours are untrue of competitors lurking behind bushes near the finish.

As in previous years, Frank Dyter helped greatly with the organization and donated a number of prizes. He may move away from the area before next year. Many thanks, Frank, you will be sorely missed.

Pos.	Name P. Anderson	Club BH	Time 37.27	H/cap. 03.00	Net Time	H/cap. Pos.
2.	G. Stock	CH	.33		40.27	16
3.	L. Taylor	CH	.34	Non-sco	rers	
4.	G. Woodcock	BH	.37	03.45	41.22	43
5.	B. Goodfellow	CH	.40	00.30	38.10	52
6.	B. O'Gorman	вн	38.04	Scratch	38.04	53
7.	D. White	BH	.34	02.00	40.34	22
8. 9.	W. Giddings (V50) M. Cronin	CH BH	.40	00.40 01.00	39.20 39.49	25 5
10.	J. Taylor	BH	39.02	Scratch	39.49	34
11.	J. Kavanagh	BH	40.04	00.35	39.29	20
12.	D. Bradley	CH	.11	00.40	40.51	31
13.	E. Jones	CH	.17	01.30	38.47	40
14.	E. Land	CH	.18	Scratch	40.18	7
15. 16.	D. Thomas P. Shepheard	CH BH	.20 .24	04.30	35.50 40.24	67
17.	R. Pitcairn-Knowles	BH	.32	Scratch 00.40	39.52	14 3
18.	P. Greenwood	BH	.35	02.00	38.35	44
19.	T. Stevens	WG	.51	01.32	39.19	26
20.	B. Swift	BH	41.20	00.10	40.20	9
21.	A. Michell	BH	42.29	04.00	38.29	46
22.	B. Saxton	BH	.35	02.00	40.35	24
23. 24.	W. Clapham S. Wright	BH SEV	.36 .42	01.00	41.36	48
25.	D. Holden	CH	.46	02.00 04.30	40.42 38.16	27 50
26.	K. Sheppard	SLH	.47	00.30	43.17	64
27.	D. Smith	CH	.57	Scratch	42.57	63
28.	A. Weeks-Pearson	BH	43.12	04.00	39.12	30
29.	J. Godber	CH	.27	03.00	40.27	£7
30. 31.	B. Hartley	BH	.27	04.00	39.27	21
32.	R. Belmore R. Saiz	VET BH	.37 .40	02.50	40.47	29
33.	A. Otto	SEV	.43	04.00 04.00	39.40 39.43	10 6
34.	J. Rook	CH	.45	01.00	42.45	62
35.	A. Redgewell	BH	.57	06.00	37.57	54
36.	R. Chambers	BH	44.00	05.00	39.00	36
37.	P. Lewis	BH	.17	05.00	39.17	28
38. 39.	R. Foreman B. Dinsley	BH BH	.44	06.00	38.44	41
40.	J. Baker	WG	45.36 .57	10.00 06.22	35.36 39.35	69 15
41.	J. Hay	VET	46.08	06.00	40.08	4
42.	T. Crisp	VET	.30	05.00	41.30	45
43.	J. Hayward	WG	.31	07.00	39.31	19
44.	M. Massey	SEV	. 34	06.00	40.34	23
45. 46.	R. Stewart	BH	.43	11.00	35.43	68
47.	J. Dalziel V. Martin	SEV WP	.57 47.29	06.00 10.10	40.57 37.19	32 61
48.	E. Smith	BH	.31	10.00	37.31	57
49.	C. Stockings	WG	.36	08.38	38.58	37
50.	C. B. Tood	BH	.46	10.00	37.46	55
51.	C. Birch	SEV	47.53	08.00	39.53	1
52. 53.	D. Lewis	VET	48.23	09.20	39.03	33
54.	M. McDowell J. Braughton	VET BH	.45 49.17	10.21 11.50	38.24 37.27	49 59
55.	P. Reed	BH	.23	12.00	37.27	60
56.	D. Simpson	SEV	.23	09.00	40.23	13
57.	J. Miles	SLH	.33	10.00	39.33	18
58.	D. Brickwood	BH	50.38	11.00	39.38	11
59.	D. Wilcox	BH	51.11	10.00	41.11	39
60. 61.	P. H. Saxton A. Chapman	BH BH	.12	11.30	39.42	8
62.	H. Martin	BH	.17	08.00 12.30	43.17 38.54	65 38
63.	J. Henning	VET	.25	01.40	49.45	73
64.	P. Khan-Panni	ВН	52.29	10.00	42.29	58
65.	I. Smith	BH	53.29	12.30	40.59	35
66.	L. Thomas	WP	.37	13.30	40.07	2
67.	G. Eastwood	WG	.47	18.40	35.07	70
68. 69.	P. Long	BH	.52	13.30	40.22	12
69. 70.	J. Cross L. Burnett	BH WG	55.28	13.00	42.28	56
71.	A. Goodwin	SLH	.35 .48	17.20 24.00	38.15 31.48	51 72
72.	B. Evans	SEV	56.21	15.00	41.21	42
73.	G. Feast	WP	59.31	17.56	41.35	47
74.	C. Megnin	WG	62.02	18.35	43.27	66
75.	E. Abbot	WP	64.38	18.00	46.38	71

### Team Result (scoring 6 per team)

	- can recent facoring o ber	· cuiii,
1.	Blackheath Harriers	27 pts
2.	Cambridge Harriers	55 pts
3.	Sevenoaks A.C.	242 pts
4.	Veterans A.C.	270 pts
5.	Woodford Green A.C.	276 pts

### Veterans' Championship

1.	P. Anderson	37.27
2.	C. Woodcock	37.37
3.	B. O'Gorman	38.04
7.	J. Kavanagh (over 50)	40.04

### Handican

	trandicap			
- 1	L. Birch (Sevenoaks)	47.53	08.00	39.53
11	L. Thomas (Wycombe Phoenix)	53.37	13.30	40.09
3.	R. Pitcairn-Knowles (Blackheath)	40.32	00.40	39.52*
	*Blackheath Harriers not allow	ed to do v	vell!	

#### Team

	I eam		
1.	Blackheath (1, 2, 4, 5, 7, 8)	27 pts	
2.	Cambridge (3, 6, 10, 11, 12, 13)	55 pts	
3.	Sevenoaks (22, 31, 42, 44, 49, 54)		
4.	Veterans (29, 39, 40, 50, 51, 61)	270 pts	
5.	Woodford Green		
	(17, 38, 41, 47, 65, 68)	276 pts	

G.B.C.



Vets Champ, Pete Anderson.

### BLACKHEATH HARRIERS v ORION H. v THAMES H. & H.

Hayes		Ist I	Decemi	ber, 198	
Pos. Name	Club	Time	Н/сар.	Net Time	H/cap. Pos.
<ol> <li>P. Gilbert</li> </ol>	T	45.33			
<ol><li>G. Martin</li></ol>	В	.36	00.30	45.06	16
<ol><li>W. O'Donnell</li></ol>	В	46.01	00.55	46.01	27
<ol><li>A. Gibbons</li></ol>	T	.04			
5. K. Pike	В	.42	00.30	46.12	32
<ol><li>R. Coe</li></ol>	В	.46	01.10	45.36	22
<ol><li>G. Spencer</li></ol>	В	47.00	01.15	45.45	24
8. K. Daniel	В	.40	01.30	46.10	31
9. M. Laws	В	.52	01.50	46.02	28
<ol><li>P Filler</li></ol>	0	.59			
11. C. Woodcock	В	48.07	01.25	46.42	46
12. A. Caisley	T	.15			
13. P. Betts	В	. 29	02.10	46.19	35
14. J. McGee	В	.45	01.30	47.15	54

15.	N. Davidson	В	.48	02.30	46.18	33
16.	S. Ridgewell	В	.58	02.40	46.18	34
17. 18.	R. Davies S. Robinson	T B	49.02 .33	04.00	45.33	21
19.	M. Turner	В		04.00	43.33	21
20.	D. White	В	.49	02.30	47.19	57
21.	A. Davis J. Eltham	В	.54	03.30	46.24	38
23.	P. Shepheard	B B	50.01 .03	02.30 02.45	47.31 47.18	63 56
24.	S. Michell	В	.05	02.00	48.05	68
25.	M. Athawes	В	.08	00.10	49.08	76
26. 27.	M. Bostlemann N. Wahla	T B	.11 .14	05.30	44.44	12
28.	J. Taylor	В	.16	0.50	45.16	19
29.	J. Robinson	В	.24	04.00	46.24	39
30.	P. Cressy	0	.29			
31. 32.	R. Connolly J. Kelly	O B	.38	05.20	45.28	20
33.	R. Solomons	T	.55	05.20	45.20	20
34.	C. Haines	В	51.09	02.25	48.44	73
35. 36.	D. Warner A. Phillips	0	.19 .25			
37.	P. Austridge	В	.31	06.30	45.01	14
38.	S. Schofield	T	.31			
39.	R. Clarke	Τ.	.33	05.40	46.00	20
40. 41.	M. Peel R. Warner	B O	.48 .49	05.40	46.08	29
42.	Raffin	Ť	52.04			
43.	R. Pitcairn-Knowles	В	.08	06.00	46.08	30
44. 45.	B. Grant	B B	.20	06.00	46.20	37
46.	J. Bailey J. Phelan	В	.30	06.00 05.30	46.30 47.08	41 50
47.	J. Nash	В	.43	05.30	47.13	52
48.	A. Stevens	T	.44			
49. 50.	P. Cowell F. Carpenter	T T	53.31 .33			
51.	M. Crisp	В	53.40	08.30	45.10	17
52.	W. Wheeler	0	.59	10.00	43.59	4
53. 54.	W. Clapham P. Greenwood	B B	54.04 .19	07.30 07.00	46.34	43
55.	B. Saxton	В	.42	07.00	47.19 47.42	58 66
56.	R. Farish Snr.	В	.46	07.30	47.16	55
57.	M. Gasson	В	55.12	06.20	48.52	74
58. 59.	J. Hazleden P. Rissen	T B	.25 .33	11.00	44.33	10
60.	R. Curtis	ő	.39	11.00	44.55	10
61.	P. Grant	0	.52			
62. 63.	Begg S. Manning	T O	.59 .59			
64.	R. Morriss	В	56.17	13.00	43.17	2
65.	R. Walsh	В	. 19	07.30	48.49	72
66. 67.	B. Hartley J. Gordon	B T	. 19 . 25	10.00	46.19	36
68.	A. Calton Jnr.	В	.29	09.00	47.29	62
69.	G. Jarman	В	.32	09.00	47.32	64
70. 71.	A. Weeks-Pearson	В	.32	10.00	46.32	42
72.	R. Chambers S. Wheelton	B O	.34 .35	10.00	46.34	44
73.	N. Walters	В	.37	10.00	46.37	45
74.	J. Hoy	0	57.03			
75. 76.	D. Palairet J. Kemp	T B	.18	10.00	47.20	60
77.	B. Conroy	Ö	.22	10.00	47.20	00
78.	W. Słack	В	.45	10.00	47.45	67
79. 80.	M. Hill D. Brookes	T B	.56	11.20	46.00	40
81.	Mrs. J. Gilbert	T	.57 58.10	11.30	46.27	40
82.	D. Redgwell	B	.13	10.00	48.13	69
83.	R. Foreman	В	.31	10.00	48.31	71
84. 85.	P. Metcalf P. Hunter	B B	.57 59.02	13.00 14.00	45.57 45.02	26 15
86.	D. Haines	В	.11	14.00	45.11	18
87.	A. Lewis	0	.25			
88. 89.	M. Treacy G. Plank	B B	.26 60.12	11.00	48.26	70
90.	D. Hopgood	В	.04	00.00	51.02	81
91.	P. Rickell	В	.12	13.00	47.12	51
92.	B. Todd	В	.13	16.00	44.13	7
93. 94.	J. Braughton R. Stewart	B B	.15 .20	11.00 16.10	49.15 44.10	78 6
95.	C. Lutman	Ö	.21	.0.10	77.10	U
96.	F. Dudman	В	61.02	12.00	49.02	75
97. 98.	A. Steadman P. King	B B	.17 .19	10.00 14.00	51.17 47.19	82 59
99.	R. Graf	В	.56	10.00	51.56	84
100.	I. Gold	В	62.26	18.00	44.26	9
101.	D. McLeod	В	63.00	19.00	44.00	5

102.	D. Dunkley	В	.02	16.00	47.02	49
103.	P. Reed	В	.11	14.00	49.11	77
104.	D. Burrell	T	.20			
105.	D. Brickwood	В	.34	19.00	44.34	11
106.	R. White	В	.48	18.00	45.48	25
107.	M. Sheppard	В	64.19	15.00	49.19	80
108.	G. Forbes	В	.19	13.00	51.19	83
109.	L. Dalmon	В	.25	16.45	47.40	65
110.	P. Saxon	В	.33	21.00	43.33	3
111.	H. Martin	В	.37	19.00	45.37	23
112.	D. Wilcox	В	65.00	18.00	47.00	47
113.	A. Calton Snr.	В	.20	10.00	55.20	86
114.	P. Khan-Panni	В	.40	23.30	42.10	1
115.	R. Defoe	О	66.45			
116.	D. Saunders	В	68.00	21.00	47.00	48
117.	S. Parsons	В	.14	21.00	47.14	53
118.	T. Greenwood	В	.18	19.00	49.18	79
119.	D. Tingey	В	69.20	25.00	44.20	8
120.	P. Long	В	.48	25.00	44.48	13
121.	R. Westwood	В	70.31	17.00	53.31	85
122.	J. Bennett	В	72.22	25.00	47.22	61

Match v Orion Harriers Blackheath H.
 Orion H. 83 pts 461 pts

Match v Thames Hare & Hounds Blackheath H 2 226 pts

632 pts

8th December, 1984

Match v Orion H v Thames Hare & Hounds
1. Blackheath H 109pts
2. Thames Hare & Hounds 374pts
3. Orion Harriers 590pts 109pts 374pts 590pts

### BLACKHEATH HARRIERS v KENT A.C.

Beckenham Place Park

2. Thames Hare & Hounds

		7½ miles		
Pos.	Name	//2 nuies	Team	Time
1.	D. Fairbrass		Kent	42.08
2.	N. Fairbrass		Kent	42.55
3.	K. Pike		BH	43.25
4.	R. Maxwell		Guest	44.44
5.	B. Buonvino		Guest	44.45
9.	J. McGee		BH	46.12
10.	M. Athawes		BH	46.27
11.	S. Ridgewell		BH	46.46
14.	C. Haines		BH	47.47
16.	S. Michell		BH	48.25
18.	M. Field		BH	48.44
20.	B. Grant		BH	49.26
21.	J. Phelan		BH	49.50
22.	C. Daly		BH	50.09
23.	W. Wheeler		BH	51.23
24.	A. Jones		BH	52.14
29.	G. Hibbert		BH	55.29
33.	D. White		BH	59.27
34.	A. Musson		BH	60.16
37 fini	shed			
Result	(13-a-side)			
Black	eath Harriers	220		
Kent A	A.C.	223		

### INTER-COUNTIES C.C. CHAMPIONSHIP

Leicester	19th January, 1985
Seniors	
141st R. Coles	
Juniors	
90th R. Farish	
Boys	
12th D. Williams	
Colts	
14th L. Bulson	
Kent won the Colts team cha	ampionship



A new dance craze sweeps Blackheath. John Baldwin demonstrates the "Wooderson".

### 10 MILE CHAMPIONSHIP

Hay	es		12th	Janua	ry, 1985
					Н/сар
Pos.	Name	Time	H/cap	Net Tin	
I.	P. Calnan	58.12	1.00	57.12	30
2.	G. Martin	.31	Sct	58.31	47
3.	K. Pike	59.20	00.30	58.50	53
4.	B. Buonvino (Kent)	.44			
5.	G. Spencer	.57	01.20	58.37	48
6.	R. Coe	.58	01.10	58.48	52
7.	P. Anderson	.59	01.00	58.59	57
8.	M. Laws	60.10	03.00	57.10	28
9.	B. O'Gorman	.39	06.30	54.09	6
10.	K. Daniel	.53	02.10	58.43	51
11.	C. Woodcock	.56	02.30	58.26	45
12.	J. McGee	61.22	02.30	58.52	55
13.	M. Cronin	.24	02.15	59.09	58
14.	S. Fitzcosta	.35	02.45	58.50	54
15.	C. Haines	.57	07.30	54.27	7
16.	P. Shepheard	62.10	06.00	56.10	15
17.	R. Cliff	.26	02.25	60.01	62
18.	P. Barrington-King	.34	06.30	56.04	14
19.	S. Michell	.49	06.00	56.49	27
20.	N. Colvin	.59	05.00	57.59	37
21	J. Eltham	63.06	05.00	58.06	42
22.	M. Williams	.13	06.30	56.43	23
23.	J. Phelan	.30	10.30	53.00	2
24.	J. Nash	.37	10.30	53.07	47
25.	R. Ebbutt	64.35	07.00	57.35	33
26.	N. Luxford (Kent A.C.)	.45			
27.	T. Nana	65.02	12.00	53.02	3
28.	D. White	.22	05.00	60.22	63
29.	D. Grant	. 28	10.30	54.58	9
30.	A. Regan (Kent)	.43			
31.	J. Turner	66.10	10.00	56.10	16
32.	P. Daniel	.13	10.00	56.13	13.18
33.	D. Crowdson	.26	10.15	56.11	17

34.	D. Croll	.29	03.00	63.29	66
35.	J. Robinson	.29	06.50	59.39	60
36.	S. Robinson	.35	03.40	62.55	64
37.	W. Wheeler	67.10	10.00	57.10	29
38.	M. Peel	.15	10.30	56.45	24
39.	J. Bailey	.16	10.30	56.46	25
40.	M. Crisp	.48	00.56	56.48	26
41.	A. Michell	.57	14.00	53.57	5
42.	R. Morriss	68.03	12.00	56.03	13
43.	R. Pitcairn-Knowles	.09	10.50	57.19	32
44.	D. Hickman	.34	12.00	56.34	21
45.	T. Macey	.38	10.00	58.38	49
46.	N. Umney	.41	11.00	57.41	35
47.	W. Clapham	69.21	11.20	58.01	38
48.	P. Greenwood	.48	10.00	59.48	61
49.	P. Davies	.52	11.00	58.52	56
50.	R. Walsh	70.18	12.15	58.03	39
51.	B. Saxton	.20	11.40	58.40	50
52.	J. Kelly	.22	07.00	63.22	65
53.	W. Slack	.26	15.20	55.06	10
54.	J. Kemp	.58	15.00	55.58	12
55.	R. Day	71.33	13.30	58.03	40
56.	N. Wahla	72.15	06.10	66.05	71
57.	R. Chambers	.22	14.10	58.12	43
58.	D. Cordell	73.04	15.00	58.04	41
59.	A. Weeks-Pearson	.13	14.00	59.13	59
60.	M. Newman	.21	16.50	56.31	19
61.	A. Musson	75.29	24.30	50.59	1
62.	I. Gold	.40	21.00	54.40	8
63.	F. Dudman	76.49	19.00	57.49	36
64.	A. Stedman	77.15	20.00	57.15	31
65.	P. Churcher	.26	10.00	67.26	72
66.	P. Reed	.38	21.00	56.38	22
67.	R. Graf	79.00	20.30	58.30	46
68.	P. Khan-Panni	80.19	24.30	55.49	11
69.	D. Brickwood	.36	23.00	57.36	34
70.	B. Todd	81.10	17.40	63.30	67
71.	D. Wilcox	.33	25.00	56.33	20
72.	J. Braughton	82.53	18.00	64.53	70
73.	B O'Flynn	83.46	11.00	72.46	73
74.	S. Parsons	.55	25.30	58.25	44
75.	J. Brown	87.23	23.00	64.23	69
76.	J. Ashton	90.01	10.00	10.08	74
77.	D. J. Tingey	91.00	27.00	64.00	68

### KENT COUNTY CHAMPIONSHIE

Mote Park, Maidst	one	5th January, 1	985
	COLTS		
<ol> <li>S. Wilson</li> </ol>	Da	artford 1	5.36
<ol><li>J. Mills</li></ol>	M	edway	.40
3. A. Whiteman	El	liott	.54
4. L. Bulson	Bla	ackheath	6.01
29. A. Rose	Bi	ackheath	8.25
34. S. Field	Bla	ackheath	.42
41. A. McEwan	Bla	ackheath 1	9.07
58. N. Hartley	Bla	ackheath	20.21
<ol><li>62. M. Shrimpton</li></ol>	Bla	ackheath	.41
<ol><li>65. M. Peters</li></ol>	Bla	ackheath	.55
79 Finished			
<ol> <li>Elliott</li> </ol>	21 pts		
<ol><li>Medway</li></ol>	54 pts		
<ol><li>Tonbridge</li></ol>	55 pts		
<ol><li>Blackheath</li></ol>	108 pts		
10 teams closed in.			
	BOYS		
<ol> <li>A. Juby</li> </ol>	Ell	liott	5.01
<ol><li>G. Osborn</li></ol>		liott	.05
<ol><li>F. Francis</li></ol>		liott	.06
<ol><li>D. Williams</li></ol>	Bi	ackheath	.14
22. J. James	Bla	ackheath :	6.19
55. T. Partington			8.10
<ol><li>58. M. Sandford</li></ol>		ackheath	.18
59. B. Brown		ackheath	.21
65. G. Crouch		ackheath	.50
71. J. White	Bla	ackheath I	9.25
75 Finished			
<ol> <li>Elliott</li> </ol>	17 pts		
<ol><li>Tonbridge</li></ol>	43 pts		
<ol><li>Dartford</li></ol>	84 pts		
<ol><li>Blackheath</li></ol>	194 pts		

11 teams closed in.

	A. Hollens		Lonbridge	26.50
	S. Newport		Tonbridge	27.17
3.	R. Farish		Blackheath	.31
15.	J. Adams		Blackheath	29.19
18.	M. Laws		Blackheath	.53
24.	P. Davis		Blackheath	31.16
34 Fi	nished			
L.	Tonbridge	10 pts		
2.	Elliott	23 pts		
3.	Cambridge	36 pts		
	Blackheath	36 pts		
6 tear	ms closed in.	•		
		SENI	ORS	
1.	N. Brawn		Invicta	38.42
2.	M. Brameld		Invicta	39.22
3.	A. Guilder		Elliott	.27
15.	R. Coles		Blackheath	41.34
27.	P. Calnan		Blackheath	42.45
32.	S. Thompson		Blackheath	43.05
40.	G. Spencer		Blackheath	.35
48.	I. Wilson		Blackheath	.56
53.	P. Betts		Blackheath	44.26
69.	R. Coe		Blackheath	45.22
72.	K. Daniel		Blackheath	.32
73.	S. Fitzcosta		Blackheath	.38
75.	P. B-King		Blackheath	.41
80.	C. Haines		Blackheath	46.09
83.	M. Athawes		Blackheath	.22
85.	M. Colpus		Blackheath	.34
87.	S. Ridgewell		Blackheath	.51
94.	R. Cliff		Blackheath	47.18
96.	J. Phelan		Blackheath	.22
97.	N. Colvin		Blackheath	.26
104.	J. Robinson		Blackheath	47.47
106.	M. Field		Blackheath	.57
107.	R. Ebbutt		Blackheath	48.11
111.	C. Bird		Blackheath	.51
113.	B. Grant		Blackheath	.56
126.	D. White		Blackheath	49.50
131.	J. Bailey		Blackheath	50.05
148.	R. Farish		Blackheath	51.44
149.	W. Clapham		Blackheath	.54
151.	M. Crisp		Blackheath	52.01
160.	M. Gasson		Blackheath	53.08
170.	B. Hartley		Blackheath	54.57
179.	<ol> <li>Gold</li> </ol>		Blackheath	56.38
202.	A. Pickering		Blackheath	73.43
	Finished			
1.	Invicta	45 pts		
2.	Cambridge	101 pts		
3.	Dartford	154 pts		
7.	Blackheath 'A'	215 pts		
10.	Blackheath 'B'	549 pts		
18.	Blackheath 'C'	855 pts		
19 te	ams closed in.			

JUNIORS

Tonbridge

26.50

1. A. Hollens

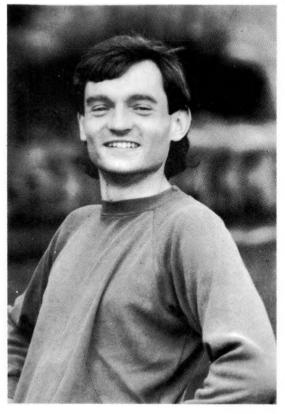
### BLACKHEATH HARRIERS v RANELAGH HARRIERS

19th January, 1985

Hayes

					N	
Pos.	Name	Club	Time	Н/сар.	Net Time	H/cap Pos.
1.	D. Wright	RAN	40.06	. c cup.		. 0
2.	B. Collingridge	RAN	.06			
- 3.	S. Pautard	RAN	.40			
4.	B. O'Donnell	BH	.43	SCR	40.43	53
5.	S. Henderson	RAN	.50			
6.	S. Rowland	RAN	41.16			
7.	K. Pike	BH	.16	01.00	40.16	47
8.	R. Coe	BH	.19	01.10	40.09	43
9.	C. Haines	BH	.19	03.00	38.19	12
10.	G. Spencer	BH	.33	01.20	40.13	45
11.	D. Muckersie	RAN	.50			
12.	S. Fitzcosta	BH	.50	02.30	39.20	23
13.	G. Jones	RAN	.58			
14.	S. Hedger	RAN	42.10			
15.	W. Harvey	RAN	.14			
16.	P. Hamilton	вн	.20	01.20	41.00	66
17.	P. Anderson	BH	. 28	01.00	41.28	74
1 *	D. Jenkins	RAN	.33			
19.	M. Laws	BH	.46	01.45	41.01	67
20.	R. Cliff	BH	.48	03.00	39.48	33

21.	J. Smith	RAN	.57			
22.	B. O'Gorman	BH	43.03	02.00	41.03	68
23.	M. Cronin	BH	.04	02.20	40.44	55
24.	P. Barrington-King	BH	.27	03.00	40.27	49
25.	M. Wilkinson	BH	.38	04.00	39.38	31
26.	M. Hill	RAN	.42			
27.	M. Riley	RAN	.44			
28.	J. McGee	BH	.45	02.20	41.25	73
29.	M. Gohar	RAN	.57			
30.	R. Wise	RAN	44.01			
31.	M. Peace	RAN	.06			
32.	D. White	BH	.13	04.10	40.03	40
33.	K. Daniel	BH	. 22	02.00	42.22	89
34.	S. Ridgewell	BH	.24	03.20	41.04	69
35.	M. Jackson	BH	.34	03.00	41.34	77
36.	S. Michell	BH	.37	04.00	40.37	51
37.	J. Phelan	BH	.38	04.30	40.08	42
38.	J. Robinson	BH	.39	04.45	39.54	36
39.	N. Colvin	BH	.39	04.40	39.59	37
40.	P. Davis	BH	.39	03.00	41.39	80
41.	I. Wilson	BH	.39	02.00	42.39	90
42.	R. Horner	BH	.47	04.00	40.47	57
43.	D. Croll	BH	.53	06.00	38.53	16
44.	J. Forrest	RAN	45.03			
45.	D. Walton	RAN	.09			
46.	P. Shepheard	BH	.15	04.20	40.55	64
47.	C. Woodcock	BH	.16	02.30	42.46	93
48.	J. Nash	BH	.22	04.30	40.52	61
49.	J. Eltham	BH	.40	04.00	41.40	18
50.	M. Athawes	BH	.43	04.00	41.43	83
51.	K. Hawney	RAN	45.47			
52.	G. Griffiths	RAN	.48			
53.	M. Field	BH	.48	07.00	38.48	14
54.	B. Skeet	RAN	.49			
55.	G. King	RAN	.50			
56.	R. Ebbutt	BH	46.09	06.00	40.09	44



"I say, Chaps, I'm in the old Mag. don't you know." Neil Colvin's solid winter paid dividends later on the track.

57.	B. Grant	BH	.10	05.20	40.50	60	
58. 59.	D. Daniels N. Wahla	RAN BH	.12	04.30	47.10	0.6	
60.	A. Orr	RAN	.49	04.30	42.10	85	
61.	I. Foster	RAN	.55				
62.	W. Wheeler	BH	47.00	08.00	39.00	17	
63. 64.	C. Naish B. Swift	RAN	.07	06.20	40.40	60	
65.	L. Panassie	BH RAN	.18	06.30	40.48	58	
66.	J. Kemp	ВН	.22	11.00	36.22	4	
67.	A. Taylor	RAN	.22				
68. 69.	D. Welch P. Dowling	RAN RAN	.25 .27				
70.	J. Turner	BH	.39	05.00	42.39	91	
71.	P. Daniel	BH	.40	07.00	40.40	52	
72.	R. Singerton	BH	.47	08.00	39.47	32	
73. 74.	J. Taylor D. Hickman	BH BH	.50 48.00	04.30 08.00	43.20 40.00	06 38	
75.	J. Adams	BH	.06	06.30	41.36	78	
76.	A. Michell	BH	.07	08.00	40.07	41	
77. 78.	K. Whicheloe	BH	.08	05.00	43.08	95	
79.	R. Morriss A. Lespinas	BH RAN	.13	10.30	37.43	6	
80.	M. Crisp	вн	.21	08.00	41.21	48	
81.	W. Clapham	BH	.21	08.30	39.51	34	
82. 83.	J. Bailey M. Peel	BH BH	.25 .30	06.45	41.40	82	
84.	D. Dunn*	RAN	.34	07.00 05.00	41.30 43.34	76 98	
85.	D. Kew	RAN	.36	02.00	15.54	20	
86.	R. Pitcairn-Knowles	BH	.40	06.30	42.10	85	
87. 88.	A. Weekes-Pearson A. Horne	BH RAN	.48 .53	10.50	37.58	10	
89.	I. Milne	RAN	.53				
90.	P. Greenwood	ВН	49.29	08.30	40.59	65	
91.	R. Walsh	BH	.34	10.30	39.04	21	
92. 93.	M. Washbrook P. Rissen	RAN BH	.36 .43	09.50	39.53	35	
94.	P. Moore	RAN	.52	09.50	37.33	رد	
95.	N. Lewis	RAN	.54				
96. 97.	J. Hanscomb	RAN	.54				
98.	R. Cunliffe I. Smith	RAN RAN	.57 50.06				
99.	J. Kirk	RAN	.10				
100.	R. Day	BH	.21	00.11	39.21	24	
101. 102.	M. Conway R. Chambers	BH BH	.25	11.00	39.25	25 26	
103.	W. Slack	BH	.33	11.00 11.30	39.30 39.03	19	
104.	B. Fisher	BH	.48	10.00	40.48	59	
105.	P. Davies	BH	.50	08.30	42.20	88	
106. 107.	E. Kilgour R. Dare	BH RAN	51.04 .10	08.00	43.04	94	
108.	B. Saxton	ВН	.15	09.00	42.15	87	
109.	C. Daly	BH	.21	06.30	44.51	101	
110.	D. Redgwell J. Dennis	BH RAN	.34	12.00	39.34	28	
112.	C. Partridge	RAN	.41				
113.	A. Calton (Snr.)	BH	.43	11.00	40.43	54	
114.	J. Averns	BH	.55	10.00	41.55	84	
115. 116.	B. Moffatt N. Walters	BH BH	52.08	10.40 11.00	41.28 41.12	75 71	
117.	P. Robinson	RAN	.19	11.00	71.12	71	
118.	P. Barlow	BH	.36	12.00	40.36	50	
119. 120.	P. Hunter A. Robinson	BH	.37	13.00	39.37	30	
121.	W. Garrod	RAN RAN	.44				
122.	K. Pouley	RAN	.52				
123.	J. Reed	RAN	53.09	14.30	20.50		
124. 125.	P. Rickell K. Fotherby	BH RAN	.22	14.30	38.52	15	
126.	B. Dinsley	BH	.24	10.00	43.24	97	
127.	R. Savery	BH	.33	05.30	48.03	104	
128. 129.	M. Boultwood	RAN	.39	12.00	40.45		
130.	M. Allen A. Hedger	BH RAN	.45 .49	13.00	40.45	56	
131.	D. Carton	BH	54.05	10.00	44.05	99	
132.		BH	.15	15.00	39.15	22	
133. 134.	D. Haines M. Smith	BH RAN	.22 .34	13.00	41.22	72	
135.	D. McLeod	BH	.38	17.20	37.18	5	
136.	I. Gold	BH	55.01	16.00	39.01	18	
137.	?????	RAN	.13	1	44.7-		
138. 139.	C. Rowe D. Dunkley	BH BH	.18 .19	11.00 17.25	44.18 37.54	100 8	
140.	J. Ashton	BH	.19	25.00	30.19	1	
141.	F. Dudman	BH	.21	15.20	40.01	39	
142. 143.	B. Todd P. Farrar	BH	.22	14.30	40.52	100	
143.	1. Pandi	ВН	.31	03.00	52.31	109	

144.	M. Cother	RAN	.36			
145.	B. O'Flynn	BH	.53	22.00	33.53	2
146.	P. Reed	BH	.57	17.30	38.27	13
147.	S. Ferrar	BH	56.00	11.00	45.0	102
148.	F. Daley	RAN	.04			
	J. Barber	RAN	.12			
150.	A. Nana	BH	.27	05.00	51.27	107
151.	E. Smith	BH	56.37	15.00	41.37	79
152.	L. Dalmon	BH	.40	18.30	38.10	11
153.	M. Rowland	RAN	.43			••
	M. Mann	ВН	57.00	10.00	47.00	103
	R. White	BH	.03	18.00	39.03	20
	D. Robinson	RAN	.07	10.00	57.05	20
157.	P. Khan-Panni	ВН	.24	19.30	37.54	9
158.	C. O'Neill	RAN	.28			-
159.	D. Brickwood	BH	.34	18.00	39.34	29
160.	M. McDonough	RAN	.36		33.31	
	P. Gregory	RAN	.44			
162.	J. Brown	BH	58.04	17.00	41.04	70
163.		RAN	.15	17.00	41.04	70
	Pedler	RAN	.23			
165.	W. Day	RAN	.39			
166.		BH	.45	21.00	37.45	7
167.	2.2,	RAN	47	21.00	37.43	,
168.	D. Wilcox	BH	.51	19.20	39.31	27
169.		RAN	59.06	.,	57.51	
	H. Martin	ВН	.13	19.00	40.13	46
171.		RAN	.23	12.00	40.15	40
172.	G. Wright	BH	.40	17.00	42.40	92
	P. Lovell	BH	.48	25.00	34.48	3
174.	M. Newsom	RAN	60.21	-5100	5	-
175.	J. Brett	RAN	.35			
176.	G. Pearce	BH	.38	10.00	50.38	106
177.	W. Bird	RAN	62.05	10100	20.20	100
	R. Averns	BH	.14	10.00	52.14	108
179.		RAN	63.25	10.00	32.14	100
180.		BH	.38	10.00	53.38	110
181.	Sue Henderson	RAN	.53	10.00	55.50	110
182.	J. Braughton	BH	64.00	14.30	49.30	105
183.	D. Tingey	BH	.34	23.40	40.54	63
	B. Tarrant	RAN	.41			
	M. Morfey	RAN	67.43			
186.		RAN	.43			
187.		BH	70.30	15.00	55.30	111
Team					50	
	ackheath Harriers	4414 nts				

1. Blackheath Harriers 4414 pts

2. Ranelaugh Harriers 6501 pts Scored 72-a-side. 187 starters and guests.

1. Provisional result included 6th position J. Wilkins (Invicta) 41.10. 30th position guest 43.57.

120th position J. Partington (BH) short course 52.23. All now deleted.
2. Positions 137 and 156 both recorded as No. 144 D. Robinson (RAN).

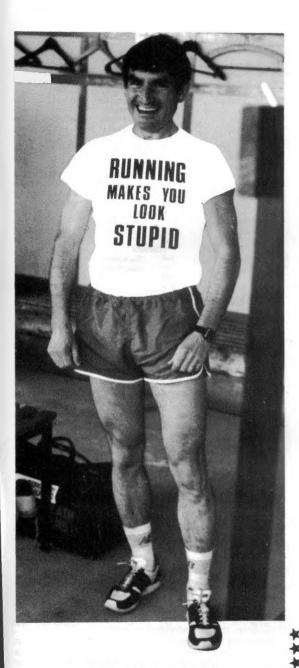
3. Position 167 late starter (RAN).

### SOUTH OF THE THAMES CROSS COUNTRY ASSOCIATION SENIOR RACE

### Wimbledon Common 26th January, 1985

Pos.	Name	Club	Time				
1.	D. McNeilly	Reading	44.39				
2.	C. Buckley	Westbury	46.02				
3.	M. Laflin	Brighton	.20				
23.	R. Coles	Blackheath	47.55				
39.	W. O'Donnell	Blackheath	48.55				
77.	K. Pike	Blackheath	50.16				
112.	I. Wilson	Blackheath	51.09				
114.	R. Coe	Blackheath	.15				
123.	J. Beck	Blackheath	.35				
126.	C. Haines	Blackheath	.46				
151.	M. Jackson	Blackheath	52.52				
166.	S. Fitzcosta	Blackheath	53.25				
172.	P. Betts	Blackheath	.35				
180.	S. Ridgewell	Blackheath	.47				
207.	P. Barrington-King	Blackheath	55.09				
Team Results (6 to score)							

1. Westbury H. (2, 4, 7, 10, 11, 14)
2. Reading A.C. (1, 17, 25, 36, 67, 93)
3. Aldershot F & D (28, 34, 40, 51, 64, 70) 48 pts 239 pts 287 pts

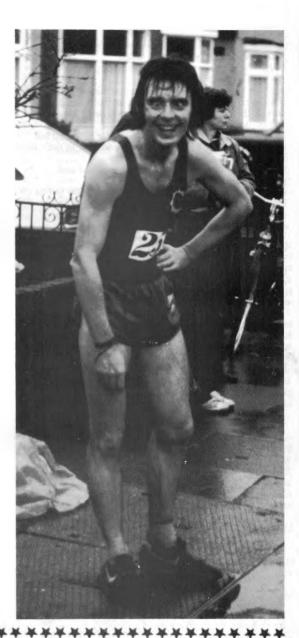


Nobody's going to argue with that! Jim Phelan confirms. \*\*\*\*\*

### Coleman Cup (12 to score)

pts

1.	Westbury	384 pts
2.	A.F.D.	1128 pts
3.	Ranelagh	1144 pts
4.	Brighton	1323 pts
5.	Blackheath	1490 pts
6.	S.L.H.	1696 pts
5.	Blackheath	1490 pts



### STILL TOOTING AFTER ALL THESE YEARS

As one who had taken part in the first fixture held at the original Tooting Bec Track (Imperial College AC v SLH on 28 April 1937) PP Harold Thompson received an invitation to attend the official opening of the new all weather track on 24th August, 1985 and he much enjoyed the hospitality provided and the excellent athletic meeting which followed (in which several 'Heathens were competing). As a finishing touch to a very pleasant afternoon he was surprised to find himself included in the Parade of Champions against such notable athletes of the past as Bill Nankeville and Jim Peters and of the present as Mike Winch and with them to receive a commemorative medal from the Mayor of Wandsworth.

### A CELEBRATION

It was early in the Autumn of '84 when Captain Botley gathered his men for battle on London's Field. It's death or glory!" Botters yelled

"We will take them on where 'ere it may be,

the boys in black won't yield."

A cheer went up and resolute we marched to meet the foe, a hundred years of head-to-head our mobs did do or die, with a "Black-lack" and a sturdy heart we gave

In familiar fields or distant hills we were bloodied but undefeated as the winter wastes bore witness to the vallant hordes so brave.

Hayes

Spirits of Heathens long since gone returned and

strength they gave.

One by one they fell before us, poor Ranelagh, falling on Hayes' virgin snow, and in the distant hills of Surrey the legion of South London succombed to our numbers strong.

We marched back home with heads held high with courage

midst the Blackheath throng.

A glorious victory as undefeated we ended our campaign but when the summer sun is waining, heralding winter's chill, we'll march as one with strength unbounded and take them on again!

P.B.K.

2nd February, 1985

### BLACKHEATH HARRIERS V HERNE HILL HARRIERS AND CROYDON A.C.

Pos Name Club Time 42. S. Allen нн .33 D. Glassborow HH 36.07 43. R. Foreman BH 35 S. Buttling-Smith GU .27 44 C. Daly RН 38 B. Buonvino 45. B. Moffatt BH .42 (D'ford) GU 37.04 46. R. Chambers BH 47 M. McEvilly нн .05 47 P Davies BH 48 M. Harris нн 30 44 18 48 R Grimshaw CR P. Yarlett 38.01 CR 49 CR R. Toomey 28 R. Cliff BH .08 50 нн S. Downes 30 .23 8 C. Haines BH 51. M. Peel RH .33 9. M. Rich BH .32 52. G. Hibbert RH 39 .36 10. P. Betts BH 53 A. Weeks-Pearson BH 45.44 11 G Barbor HH .41 54. A. Musson BH 59 12. S. Ridgewell RH 39 11 55. K. Crooke CR 46.19 13. D. White BH .21 56. G. High HH .39 14 N. Colvin BH .24 57 D. Haines BH 47.00 15. S. Michell BH .27 58. J. Dillow CR40 16 D. Manson HH .38 59. E. Medder CR 48.02 .40 17. G. Spencer BH 60 I. Gold BH .09 18. J. Hole (SLH) .45 GU 61. T. Crisp (Vets AC) GU .51 .46 19 P. Oates HH C. Rowe 50.31 62. BH 20. P. Shepheard BH 40.21 63. P. Farrar RH .32 21. J. Phelan BH .33 51.40 64 I. Rhodes HH 22. BH .39 J. Clare 65. 53.23 H. Martin BH 23. J. Robinson .41 BH 66. D. Johnson BH 55.23 24. .44 M. Mantell CR 25. 41.33 67. J. Nicholl CR 68.05 P. Greenwood BH 68 A. Nicholl CR 68.05

HH .36

BH

CR

RH 42.02

RH

RH

HH

BH

CR

нн .58

CR 43.01

BH

CR

RH

вн

45

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23

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.45

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.53

.06

.13

.20

.24

.26

Scoring 10-a-side (excluding Guests) Blackheath 'A' Herne Hill 168 Blackheath 'B 248 Croydon 348

Blackheath 'C'

### SOUTHERN COUNTIES C.C. CHAMPIONSHIP

Trent Park 9th February, 1985

	SENIORS	
N. Brawn	Invicta	46.06
R. Treadwell	Surrey Beagles	46.15
A. Bristow		47.07
R. Coles	Blackheath	49.53
W. O'Donnell	Blackheath	51.01
K. Pike	Blackheath	51.53
C. Haines	Blackheath	52.43
P. Calnan	Blackheath	53.07
I. Wilson	Blackheath	53.46
J. Beck	Blackheath	54.28
M. Colpus	Blackheath	54.43
P. Betts	Blackheath	54.47
R. Coe	Blackheath	55.44
S. Fitzcosta	Blackheath	56.08
M. Athawes	Blackheath	56.28
	JUNIORS	
R. Farish	Blackheath	34.41
J. Adams	Blackheath	36.48
	YOUTHS	
M. Wolfcarris	Blackheath	27.46
Thomas	Blackheath	29.22
	R. Treadwell A. Bristow R. Coles W. O'Donnell K. Pike C. Haines P. Calnan I. Wilson J. Beck M. Colpus P. Betts R. Coe S. Fitzcosta M. Athawes R. Farish J. Adams M. Wolfcarris	N. Brawn R. Treadwell Surrey Beagles A. Bristow R. Coles Blackheath W. O'Donnell Blackheath C. Haines Blackheath P. Calnan Blackheath J. Wilson Blackheath J. Beck Blackheath M. Colpus Blackheath M. Athawes Blackheath

### SOUTHERN COUNTIES VETERANS' ATHLETIC ASSOCIATION — 1985 CROSS COUNTRY CHAMPIONSHIP

Basildon

17th February, 1985

The club results in these races could be considered good by any standards save those very high ones set by last year's teams. The races were well organised and the changing facilities excellent, except that as so often the hot water ran out. Unfortunately, Ian Wilson did not suffer. The course was of 3 laps through extensive playing fields. It was mainly hard and frosty, with the odd heavy patch, mainly flat with two sharp undulations and one precipitous descent. Some nervousness was caused by an American football practice near the start of each lap, but in fact no one suffered the same misfortune as Zola Budd on the previous day.

No doubt all clubs could make the same excuse, but it was a fact that the Blackheath 40-49 team was short of 4 of its best runners, 3 of them unavoidably through injury. It must be said, however, that on the day it would have required a very good team to stop Aldershot. Taff Davies continued his remarkable run of individual victories by an impressive margin. The struggle for 2nd place could not have been more dramatic. In both the 3-to-run and the 6-to-score races Blackheath and Verlea had identical points each, and both times Blackheath won through higher placings of their 3rd and 6th men, by 10 and 17 seconds. Special congratulations therefore to Mike Cronin and Pete Shepheard, and to Barry O'Gorman, the 3rd individual over 45.

In the over 50 race we had 5 well placed, but with no one in the first eleven, and only 3 to score it was always going to be a struggle. It was good to see Ron Foreman back to last season's form. Richard Pitcairn-Knowles again rose to the big occasion, and John Kavanagh had a bit of a shock. It was interesting that Aldershot and Verlea did not finish a team in this race, and that in the 40-49 Barnet was 11th, Vale of Aylesbury 25th and Eton Manor 27th.

Being unfit to compete, the Veterans' Vice Captain used the breath saved to shout at everybody, with varying degrees of effectiveness. It was good also to see Jim Day, the new Chairman of the Southern Counties V.A.A.A. giving out medals with the aplomb to be expected from a Past President of the club. In the circumstances it was shameful that he should have to make the journey home in the dog house.

G.B.C.

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37.

38.

39

40.

B. Jacobs

J. Kemp

D. Bryant

A. Michell

W. Clapham

C. Bailey-Wood

K. Montgomery

R. Pitcairn-Knowles BH

R. Simpson

R. Farish

M. Crisp

C. Loizov

P Rissen

R. Morriss

B. Smith

O. Ince

1.	T. Davies	AFD 45	31.08
2.	L. Presland	AFD 45	32.00
3.	V. Smith	Med	32.14
10.	B. O'Gorman	Bck 45	33.00
13.	<ol> <li>Wilson</li> </ol>	Bck	33.13
23.	N. Cronin	Bck	34.09
29.	P. Anderson	Bck	34.39
37.	D. White	Bck	34.46
39.	P. Shepheard	Bck	34.52
56.	J. Robinson	Bck	35.37
63.	J. Clare	Bck	35.52
79.	P. Greenwood	Bck	36.25
162.	D. Whiting	Bck	40.33
164.	J. Raine	Bck	40.46
166.	R. Day	Bck	40.50
185.	F. Dudman	Bck	43.00

#### Over 45

3. B. O'Gorman

Teams three to score
2. Blackheath

Six to score.

2. Blackheath 151

		Over 50	
12.	R. Pitcairn-Knowles	Bck	37.00
15.	J. Kavanagh	Bck	37.26
19.	R. Foreman	Bck	37.41
26.	W. Clapham	Bck	38.51
31.	A. Weeks-Pearson	Bck	39.16
53.	R. Vercoe	Bck	42.33
62.	D. Hopgood	Bck	43.59

Teams 3 to score
4. Blackheath H

### **BOYS AND COLTS 2 MILES**

Hayes		23rd Fe	bruary, 1985
Pos. Name	Club Time	Pos. Name	Club Time
I T. Partington	Boy 12.11	8. M. Pearson	Colt 13.48
2. N. Parker	Colt 12.21	9. J. Reed	Colt 13.55
<ol><li>M. Sandford</li></ol>	Boy 12.26	10. N. Hartley	Colt 13.57
4. M. Bartwell	Colt 12.37	11. A. McEwan	Colt 14.18
5. G. Crouch	Boy 12.38	12. P. Berry	Colt 14.57
<ol><li>K. Loveday</li></ol>	Colt 13.14	13. J. Groves	Colt 15.05
7. A. Rose	Colt 13.22	14. A. Wheeler	Colt 15.15
8. M. Pearson	Colt 13.48	15. M. Rudd	Colt 15.28
		16. L. Hickey	Colt 19 44

### CLOSING 'FIVE'

Hay	Hayes		9th Ma	
Pos.	Name	Time	H/cap	Gross Time
1.	B. Roberts	22.23	11.45	34.08
2.	S. Parsons	24.10	13.00	37.10
3.	C. Peck	25.17	14.30	39.47
4.	B. Fisher	26.18	08.25	34.43
5.	M. Treacy	.29	09.00	35.29
6.	D. Wilcox	.38	11.30	38.08
7.	W. Wheeler	27.20	05.20	32.40
8.	P. Metcalfe	.25	07.00	34.00
9.	R. Chambers	.29	07.30	34.59
10.	D. Tingey	.32	15.30	43.02
11.	K. Daniel	.34	01.40	29.14
12.	A. Calton (Snr.)	.35	07.00	34.35
13.	J. Nash	.38	04.00	31.38
14.	R. Ebbutt	.54	04.15	32.09
15.	K. Day	.55	00.80	35.55
16	I. Gold	.56	09.00	36.56
17.	P. Hamilton	28.02	02.00	30.02
18.	R. Morriss	.05	05.30	33.35
19.	A. Weekes-Pearson	.06	06.30	34.36
20.	R. Tompkins	.09	03.30	31.39
21.	R. Coe	.10	01.20	29.30
22.	P. Long	.12	15.00	43.12
23.	J. Phelan	.15	04.00	32.15
24.	R. Cliff	.17	02.00	30.17
25.	P. Churcher	.19	10.15	38.34
26.	M. Laws	.38	01.40	30.18

27.	I. Smith	.47	12.20	41.07
28.	M. Wilkinson	.49	02.15	31.04
29.	J. Braughton	.52	09.00	37.52
30.	P. Hunter	.58	08.45	37.43
31.	A. Calton (Jnr.)	29,04	04.30	33.34
32.	A. Jones	.10	04.45	33.55
33.	S. Michell	.23	03.40	33.03
34.	C. Rowe	.24	06.00	35.24
35.	J. Kemp	.34	04.30	34.04
36.	D. Johnson	.40	13.00	42.40
37.	J. Ashton	.41	07.00	36.41
38.	J. Raine	.43	06.00	35.43
39.	B. Todd	.45	09.30	39.15
40.	G. Crowder	.52	08.40	38.32
41.	R. Pinder	30.11	10.00	40.11
42.	D. Croll	.22	03.00	33.22
43.	B. Saxton	.44	05.00	35.44
44.	P. Saxon	.49	10.40	41.29
45.	P. Davis	31.20	03.30	34.50
46.	W. Lake	.40	19.15	50.55
47.	R. Savery	.48	03.45	35.33
48.	A. Pickering	.49	14.00	45.49
49.	F. Dudman	35.51	08.00	43.51
50.	Р. Гаптаг	41.17	06.00	47.17

### **KENT CROSS COUNTRY LEAGUE 1984/85**

The 'heathen results speak for themselves and the disappointment of the two who travelled the length of Kent in December was increased later when they learned of the club swamping the opposition elsewhere that day. The extracts do not however show the quality of the leading twenty or so places, where most of the top cross country men

in the county appear.

Of the three well marked courses what can one say? The well trodden Mote Park, uneventful on a fine Autumn afternoon apart from the insistance of a nearby resident that his children should be left to play on the course about 100 metres short of the finish. The twisting, turning (and rutted) Tenterden trail run in "mild for December" weather, and, back home, an out and back course from the church specially designed for the day, though no responsibility is claimed for the snow (ice?) so picturesquely lying around the course. 13th October, Mote Park.

P Gaden (Cam) 25.35, K. Penny (Cam) 25.40, I. Patten (Dar) 25.53, 12. R. Coles 26.48, 32. G. Martin 27.57, 38. R. Cliff 28.19, 48. N. Laws (B) 28.42, 53. C. Woodcock 28.50, 64. R. Coe 29.15, 76. C. Haines (C) 29.51, 82. J. Robinson (B) 30.16, 90. K. Whicheloe (B) 30.40, 91. S. Ridgewell 30.41, 96. C. Bird 30.57, 119. B. Grant (C) 32.09, 120. \*J. Kelly 32.21, 136. G. Plank (C) 33.15, 138. B. Hartley (C) 33.52, 164. D. Hopgood (C) 36.45, 173 finished.

1. Elliotts 22, 2. Cambridge 37, 3. Invicta 47, 10 BH 135, 15 BH B 311, 26 BH C 469, 32 teams closed in.

1st December, Tenterden

P. Gaden 30.07, A. McGee (E11) 30.18, A. Guilder (E11) 30.20, 4 J. Wigley (Inv) 30.34, 15 R. Coles 32.15, 84 C. Bird 37.13, 146 finished.

1.Invicta 29, 2. Cambridge 47, 3. Tonbridge 80, 28 teams closed in.

16th February, Hayes

M. Gratton (Inv) 32.26, J. Wigley (Inv) 32.39, P. Gaden (Cam) 33.00, 5. R. Coles 33.33, 17. M. Brameld (Inv) 35.14, 20. G. Martin (B) 35.39, 25. C. Haines (B) 35.49, 38. K. Daniel (B) 36.46, 39. K. Pike 36.52, 40. M. Rich 36.57, 48. P. Betts 37.30, 53. M. Athawes 37.54, 58. S. Ridgewell 38.12, 64. J. Phelan (B) 38.39, 72. R. Ebbutt (C) 39.50, 78. N. Wahla (E) 40.38, 80. M. Peel (D) 40.55, 81. W. Wheeler (C) 40.56, 84. J. Turner (D) 41.00, 85. P. Rissen (C) 41.03, 86. R. Farish (D) 41.10, 89. C. Daly (C) 41.19, 91. M. Conway (D) 41.24, 92. P. Lester (B) 41.28, 95. J. Bailey (B) 41.46, 99. M. Gasson (C) 43.23, 106. A. Musson (D) 44.35, 108. C. Rowe (C) 44.58, 117. P. Farrar (D) 48.45, 122 finished.

1. Invicta 21, 2. Cambridge 33, 3. Tonbridge 45, 7 BH 147, 8 BH B 147, 17 BH C 327, 18 BH D 341, 22 teams closed in. League: 1. Cambridge 255, 2. Invicta 254, 3. Tonbridge 231, 14 BH 123, 17 BH B 105, 26 BH C 45, 33 BH D 18, 38 teams

listed.

Duodec League (first twelve score)

13th October: Cambridge 323, Invicta 324, Elliotts 465, 6 BH 620, 7 teams.

1st December: Invicta 219, Cambridge 233, Medway 349, 4 teams.

16th February: Invicta 156, Cambridge 288, BH 346, 4 teams.

Final: Invicta 44, Cambridge 43, Medway 37, BH 23, 7 teams listed.

### VETERANS' NATIONAL CROSS-COUNTRY CHAMPIONSHIPS

Cardiff

10th March, 1985

Blackheath was unable to recapture the glories of last year in either the 40-45 or over 50 race. Seventh position in both, however, is a creditable performance, given the number of clubs eligible to compete. As in the Southerns, four of our leading runners were absent in the younger age group. While no doubt many could advance similar excuses, it was surprising to find Taff Davis, again an excellent winner, not referring to John Baldwin and Les Roberts as missing, according to Athletics Weekly. Barry O'Gorman, 8th in the 45-49 group, maintains his high level consistency, and 4 runners between 43rd and 55th represents excellent packing, although alas too far back.

Like Davis, Gomez repeated his convincing Southern victory in the older age group. It was good to see John Kavanagh doing himself greater justice this time, and three between 40th and 51st was again good packing too far back. Our strength is in depth. Only Torbay (8th and 2nd) also finished teams in both races, and in the 40-49 we had the first

'B' team.

In a sport where the amateurism still largely reigns it is a shame to have to criticise the administration. The changing was primitive, especially for so many competitors. Race numbers were arranged for collection individually by 5 year age splits. The programmes ran out. Results did not arrive for 6 weeks and contained errors and omissions.

G.B.C.

1.	T. Davies	Aldershot	31.13	045
2.	A. Rushmer	Tipton H.	31.34	
3.	J. Norman	Altringham	31.52	
29.	B. O'Gorman	Blackheath	33.31	O45
43.	P. Anderson	Blackheath	.27	
44.	M. Cronin	Blackheath	.28	
49.	I. Wilson	Blackheath	.37	
55.	D. White	Blackheath	.58	
77.	B. Swift	Blackheath	.15	
84.	J. Taylor	Blackheath	.38	
110.	M. Peel	Blackheath	38.01	
130.	D. Whiting	Blackheath	.40	
137.	D. Redgwell	Blackheath	.11	
150.	J. Raine	Blackheath	.22	

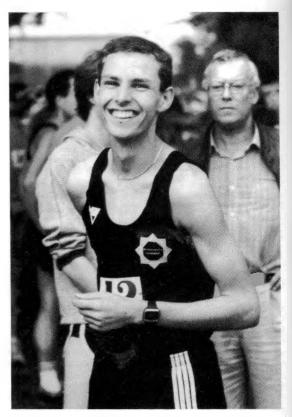
### Teams (4 to score)

1.	Aldershot	50
2.	Tipton H.	89
3.	Wirral A.C.	93
7.	Blackheath	165
12.	Blackheath 'B'	326

### MEN 50 - 54

		Age		
		Group		Race
Name	Club	Pos.	Time	Pos.
J. Kavanagh	Blackheath	20th	36.55	26th
R. Foreman	Blackheath H.	32nd	37.57	40th
R. P. Knowles	Blackheath H.	34th	38.01	42nd
W. Clapham	Blackheath	39th	38.57	51st
D. Hopgood	Blackheath H.	59th	43.22	85th

Men's Team Results over 50				
No.	Name	Positions	Points	Pos.
1.	Bingley A.C.	2:4:10	16	İst
2.	Torbay A.C.	13:14:19	46	2nd
3.	Rotherham A.C.	3:16:28	47	3rd
7.	Blackheath A.C.	26:40:42	108	7th



17 year old Gary Arthey. Already a real asset to the Club and coming on fast. His mum's gonna love this pic.

### ORION HARRIERS 15m CROSS-COUNTRY RACE

Epping Forest		23rd N	March, 1985	
1 6 1/		F 5 11 4		
1. S. Kerr		Enfield A.	1.28.47	
2. J. Goldring		Waithamstow	1.33.29	
3. R. Marriott		SLH	1.33.46	
47. J. Phelan		Blackheath 'A'	1.46.27	
<ol> <li>P. Greenwood</li> </ol>	V40	Blackheath 'A'	1.48.12	
<ol><li>S. Ridgewell</li></ol>		Blackheath 'A'	1.48.26	
<ol> <li>M. Peel</li> </ol>	V40	Blackheath 'A'	1.53.56	
114. R. Savery	V40	Blackheath 'B'	1.58.19	
122. P. Rissen		Blackheath 'A'	2.00.00	
123. B. Saxton	V40	Blackheath 'B'	2.00.31	
<ol><li>130. M. Gasson</li></ol>		Blackheath 'B'	2.02.31	
146. D. Hopgood	V50	Blackheath 'B'	2.09.33	
	20000	Results		
Borough of Enfield     Keep C		Instald	4.48.26	
S. Kerr, C. Hewins, G. Harrold  14. Blackheath Harriers 'A'				
		, S. Ridgewell	5.23.05	
27. Blackheath Harriers		, 3. Kidgeweii	3.23.03	
	B. Saxton, M.	Gareon	6.01.21	
N. Bavery,	B. SEATON, M.	Gasson	0.01.21	
	Veterans T	eam Results		
<ol> <li>Orion Harriers</li> </ol>				
	. Reavell, P.	Cressy	5.11.22	
<ol><li>Blackheath Harriers</li></ol>				
P. Greenwo	od, M. Peel,	R. Savery	5.40.27	

### **SOUTHERN COUNTIES 12 STAGE ROAD RELAY**

#### Wimbledon Common

14th April, 1985

1st Aldershot F & D 'A'	4:07:28
2nd Shaftsbury Harriers	4:09:41
3rd Basildon	4:12:04
14th Blackheath	4:21:22

Individual Blackheath performances:

Long legs: W. O'Donnell 25.55 (24th), L. Roberts 25.37 (14th), R. Coles 26.23 (14th), P. Betts 26.59 (16th), K. Pike 27.30 (17th), P. Calnan 26.49 (15th).

Short legs: W. Foster 16.23 (18th), R. Farish 16.36 (14th), M. Jackson 17.04 (16th), R. Cliff 17.25 (16th), M. Athawes 17.29 (18th), K. Daniel 17.12 (14th).

### LLOYDS BANK ATHLETIC CLUB - ROAD RELAY

#### Beckenham

17th April, 1985

### Lap 1

Marsh SLH 'A' 18.05;
 McBride Cobra Sports 18.09;
 Beauchamp Nat West 18.25;
 Roberts Blackheath Harriers 'A' 18.37;
 Anderson Blackheath Harriers 'B' 19.54;
 Fitz-Costa Blackheath Harriers 'C' 20.43;
 Edwards Blackheath Harriers 'D' 22.04.

Lap 2

1. Knight SLH 'A' 9.03 27.08, 2. Riley Nat West 8.46 27.11; 3. Glassborow Herne Hill Harriers 'A' 8.41 27.12; 5. Foster Blackheath Harriers 'A' 8.55 27.32; 10. Betts Blackheath Harriers 'B' 9.04 28.58; 17. Colvin Blackheath Harriers 'C' 9.40 30.23; 27. Searby Blackheath Harriers 'D' 9.52 31.56.

Lap 3

1. Iszatt SLH 'A' 18.27 45.35; 2. Cackett Nat West 18.25 45.36; 3. Hickin Lloyds 'A' 18.37 46.10; 5. Coles Blackheath Harriers 'A' 18.50 46.22; 10. Cliff Blackheath Harriers 'B' 19.46 48.44; 14. J. Beck Blackheath Harriers 19.46 50.09; 31. Lawton Blackheath Harriers 'D' 22.05 54.01.

### Lap 4

Pape Nat West 9.06 54.42; 2. Firth SLH 'A' 9.12 54.47;
 Griffiths Lloyds 'A' 8.54 55.04; 5. Jackson Blackheath Harriers 'A' 9.05 55.27;
 Daniels Blackheath Harriers 'B' 9.32 58.16;
 J. Phelan Blackheath Harriers 'C' 9.50 59.59;
 Botley Blackheath Harriers 'D' 10.43 64.44.

### DONATIONS - 1984 - 1985 Season

M.B. Allen, M.H. Allen, J.H. Allanson, D. Amner, E. Anslow-Wilson, B.M. Atkinson, L.J. Atterbury, J.R. Baldwin, P.J.G. Baigent, T.M. Barrett, P. Barrington-King, P. Barlow, R.W. Beale, C.A. Beer, J.V.F. Bennett, C.J. Bird, P. Betts, A.C. Blacknell, L.E. Blight, A.P. Bounds, J. Braughton, P.F. Brenchley, Geo Brooks, M.L. Brooks, P. Bray, P. Calnan, W.F. Clapham, G.M. Clark, J.A. Clear, R.P. Cliff, S.H. Cluney, D.R.G. Cocker, E.T. Coles, T.S. Conway, N. Colvin, P. Critchley, M.J. Cronin, J.L. Cross, L.G. Dalman, N.M. Dale, P.F. Daniel, N.J. Davidson, A.M. Davis, M.J. Davies, Dr. R.C. Denney, L. Dickins, M.W. Dutton, R.D. Ebbutt, M.H. Edmonds, A.W.G. Edwards,

### 200 GROUP

Firstly I would like to explain the basic principles and reasons for participation in the Group to those members not familiar with such a scheme.

In particular it presents extremely interesting challenges to those interested in a constant flow of effective information regarding the probabilities of gaining pecuniary rewards.

Similarly, a large portion of the interface coordination communication requires considerable systems analysis and trade off studies to arrive at the total system rationale.

On the other hand, a primary interrelationship between the system effects a significant implementation of the independent functional principle toward the prime motive of making money.

Thus any discrete configuration mode maximises the probability of project success and minimises the cost and time required for the acquisition of the aforesaid pecuniary

rewards.

If by now it is not abundantly clear as to the advantages of membership of the Group then a word with any of the last year's winners listed below or the Club Treasurer might persuade you.

#### 1984/85 Winners

	150	123
September	J. E. Hill	R. A. Morley, D. G. Hopgood
October	D. Millgate	Mrs. V. Cliff, E. Tunley
November	Mrs. M. Lorford	M. J. Davis, L. A. Wilson
December	£410 Mrs. S. Mallott	
January	S. Glynn	J. Oliver, L. Roberts
February	L. Roberts	R. Green, R. Savery
March	S. Glynn	J. Facer, M. Jackson
April	£400 G. Butlin	
May	Mrs. I. Parsons	B. Shapcott, R. Green
June	Mrs. I. Parsons	Mrs. J. Oldfield, G. Last
July	I. Wilson	K. Tonkin, K. McSweeney
August	£403 W. Tonkin	

Contact John Baldwin at the Clubhouse or on 01-856 3011 for application forms.

P.C. Egan, J.C. Eltham, S.D. Fagg, A. Fairbairn, S.M. Ferrar, G.S. Forbes, R.E. Foreman, J.C.W. Friend, G.E. Geere, P.J. German, G. Gibbens, S.F.H. Glynn, S. Gold, R.E. Green, D.L. Gregory, C.R. Haines, D.M. Haines, P.C. Hannell, M.J. Harley, A.V. Hayday, M. Heinimann, J. Holder, D.H. Hopgood, N.C. Jackson, T.A. Jarrold, F.J. Johnson, B.S. Jones, J.M. Kavanagh, A.H. Kempton, I.M. Ketchin, C.A. Kidd, J.A.W. King, P.E.C. King, R.A. Kirk, J.H. Kitton, P.F. Khan-Panni, W.F. Lake, P. Lovell, S.A. Mace, M.J. Mahoney, R.W. Manning, H. Martin, M.D. Martineau, M. Manley, J.P. McGowan, D.F. Millgate, G.E. Monshall, C.L. Mobbs, B. Moffatt, R.A. Morley, R.J. Morgan, R.A. Morriss, J.H. Nash, M.M. Newman, W.S. Norton, F.A. O'Gorman, A.A. Oldfield, J.W. Orr, N.W. Page, G.A. Peachey, B.F. Pearce, H.J. Pearce, J.A. Pearce, R. Pitcairn-Knowles, G. Plank, M.J. Poole, J.M. Raine, T. Raymer, P. Reed, G. Richardson, S. Robinson, V.J. Robinson, J.L. Routledge, R.H. Rudd, S.R. Rutherford, R. Saiz, W.E. Samuel, D.I. Saunders, P. Saxton, R.H. Savery, D.P.C. Searby, M.P. Shiel, M.B. Shiels, J.M. Sharp, M.J. Sheppard, M. Shrimpton, B.M. Shapcott, P. Sims, C.H. Shorter, G.H. Smith, I.F. Smith, E.E.H. Smith, R. Soutar, T. Soutar, D. Stickels, C.J. Stormer, P. Stenning, B.M. Swift, R.E. Taylor, R.H. Thompson, A.D.R. Tompkins, L.G. Towers, W.H.M. Vercoe, R. Varcoe, P. Vetterlein, D.M.W. Wade, N.T. Walters, R.G. Wasey, A.R. Weeks-Pearson, F.S.W. Wells, K. Whicheloe, W.F. Wheeler, D. Wilcox, M.N. Williams, M. Willis, G.H. Wilkinson, J.B. Wilkinson, I.C. Wilson, C.S. Wilson, D. White, C.P. Woodcock, G.D. Wright, I.K. Young.

### I COULD BE SO GOOD FOR YOU

'Leave it aht, Arfur. Whad I know abaht runnin?'

'Not runnin, Terry — joggin. Thats all you'd ave ter do — jog. Ony then in extremis, of course, and ony of a Wensdy nights.'

'I dont care if its in a fur coat of a Fridays, you can cannt me aht.'

'Terry, listen to me. You miss my point. We could be on ter a nice little earner ere.'

'Oh yeh? Earner fer oo? I seen summa your earners before. You pull us both into the teeny but you're the ony one goin in feet first.'

'You wound me, Terence, you reely do. It touches me on the rawer. When ave I ever failed to stand by my hemployees in time of need? I ask you. Anyway its too late to argue now. You're already a member and I told my friend you'll be there come Wensdy night sharp at arf pars six, runnin gear at the ready.'

'Thats a diabolical liberty! Member o what, may I ask?' 'Oh, din I tell yer? Forgetful of me. The Blackeef Arriers.'

'Never eard of em. And unless there was somefink iffy

abaht em no more would you ave.'

'Terence, Terence. Once again and not for the first time, you underrate me. Blackeef Arriers is one of the oldest and classiest afferletic clubs in the country. Fought everybody knew that. Dont take no rubbish or throwahts there. Dont ever let yer eat yer nosh with yer cap on there.'

'And since when, Flabgut, ave you been into afferletics?

You couldn't sport a runnin nose.'

'Issat so? And oo was it, may I ask, put you onto this South African kid, this Nola Whassname, and she come in at 15 to 1 fer the world record at somefin or uvver? Anyway, its you ooll be the afferletic side of the firm. I shall of course be on the more representational, negotiatin side, minglin with the nobs of Presidents and Vice-Presidents, top-level Management up in the Directors box.'

'Thats nice! An ifits not a rude answer, may I ask ow we

come to be members of this gig?'

'Ah, yes, good question, Terry. Fought youd never ask. Yer see, I got this friend on the inside. But let me digress. Ever 'eard of the London Marafon?'

'What, 20,000-odd barmies beltin rahn the Smoke from

Greenwich to Wessminister?'

Yes, Ive... No, Arfur. NO, NO, NO! I dont run 26 bleedin miles fer you nor no-one else, and thats flat.'

'Orl rite, orl rite, ole son. Keep yer Barnet on - no ones

askin ver to

I only mention the Marathon cos it 'as revelancy at this moment in time in a different context of the ongoin sitooation.'

'Like wot?'

'Like I was in this post office queue coupla weeks back, wasnt I, and got talking ter this young laugh and joke behind me. Tryin ter put is name dahn fer the Marathon. Wassat gotta do wiv the post office, Tel?'

'I dunno. Youre tellin the story. Go on.'

'E reckoned scratchin a 100,000 people apply through the GPO fer the Marathon every year so ony abaht 1 in 5 ever makes it.'

'So?'

'So e reckons you avent got a snowballs unless you belong to a club like this Blackeef Arriers where they get priorority. Then I remember this friend o mine.'

Is e a Blackeef Arrier?'

'Wot, Charlie? Not much. You dont know Charlie. Often goes dahn there of a Wensdy nights though. Takes is Noreen sometimes, an all, fer a cheap nosh in the upstairs caff. But e never joined. Bit of a moralist our Charlie. Doesnt believe in men only clubs.'

'Sure e aint just mean?'

'Thers that, an all. Anyway, Charlie says they give aht application forms over the bar like there was no tomorrow. Anyone oo wants ter run in the Marathon fer sure, and at back-of-the-lorry prices, just joins the Arriers.'

'And Charlie's a moralist? O.K., so where do we come in?'
'Ere, look upon this bit o paper — and now on this. Which
ones the genuine club form and which is Charlies forgery?'

'I dunno...orl rite...this.'

'Wrong. Its that. Better than the original, see? Like High Peril to a Shatter, as Amlet put it.'

'So Charlies done a Frankenstein job on a club application

form. Where does that leave me?'

'You're a Gawd-elp-us, Terry, you reely are. Doncher see? All thats wanted ter join is the monikas of two members on the form. So you busk the post office queues, we both sign the forms and thus alleviate a lot of mental and physical aggro on the part of afferletes oo should be concentratin their energies upon igher fings. And all fer a paltry fifty oncers — in used notes.'

'Fifty? Owdjer make that aht?'

'Club subscription, 14 nicker. Six nicker special Marathon extra, plus a score fer me and a tenner fer you.'

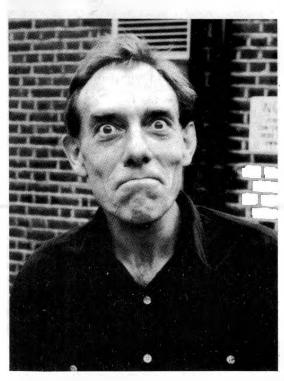
'A score fer me and a tenner fer you", eh? And I busk the queues? Wherefor the differential, Arfur? And what appens ter the special Marathon extra?'

'Terence, I shall ave exes, wont I? Presidents and Vice-Presidents dont drink beer, yer know. Gin and tonic trade, they are.'

'Serves me rite fer asking the question, dun it?...But ang abaht. Yer still avent said ow we got into the club?'

'Sorry. Wheres my memory takin me. Forgot ter tell yer...Charlie forged a coupla the members siggies, an all.'

D.G.



A tragic example of how drug abuse has now permeated through to Club level.

## **ROAD RUNNING**

### HOG'S BACK ROAD RACE

Guildford

16th December, 1984

Here are the real results of the 1984 Hog's Back! The first time this race has been held on a Sunday it proved to be a soggy experience as there were large puddles on the course and the finish soon became a mud patch.

Thirty-five Blackheath vests finished in these refreshing conditions and there were some good performances nearly in the medals, and interesting placings by J. Kelly at 147th and 168th, and B. Hartley at 140th and 167th in the V40 group; did they really do a fast second lap? It is a good, well organised race with only the one big hill and a good note to finish the year on.

R.P.K.

1. B. Ford (Aldershot	)	53.37	V40 — 44		
2. K. Penny (Cambrid	lge)	53.48	14. C. Haines	(170)	64.31
3. P. Rowland (Horsh	am)	53.52	75. D. Cordell	(552)	72.31
28. M. O'Donnell	(28)	58.05	76. R. Thornton	(581)	72.56
37. P. German	(38)	58.58	101. D. Day	(703)	75.10
108. G. Spencer	(124)	63.06	126. D. Dunkley	(824)	77.51
109. S. Robinson	(127)	63.09	136. R. Stewart	(875)	78.51
131. S. Ridgewell	(152)	64.07	140. B. Hartley	(911)	79.51
147, J. P. Kelly	(175)	64.38	167. B. Hartley	(1120)	85.06
168. J. Kelly	(206)	65.36			
190. T. Bounds	(238)	66.28	V45 — 49		
238. J. Turner	(296)	67.44	5. B. O'Gorman	(128)	63.11
255. R. Ebbutt	(319)	68.08	74. G. Plank	(913)	77.29
315. P. Rissen	(408)	69.45			
316. J. Bailey	(409)	69.46	V50 — 54		
321. N. Umney	(421)	69.55	4. J. Kavanagh	(191)	65.11
332. P. Jones	(435)	70.15	5. R. Pitcairn-Knowle	s (209)	65.38
343. M. Ellison	(449)	70.26	37. A. Mothersole	(898)	79.24
346. I. Routledge	(456)	70.39	60. D. Brickwood	(1128)	85.23
470. S. Fagg	(651)	74.16	81. J. Partington	(1365)	102.12
528. L. A. Percival	(752)	76.09			
602. A. Butcher	(899)	78.25	1399 Finished		
716 I Drown	(1122)	85 16			

Team BH 11th of 82

### ERITH "6"

1st January, 1985

The Erith 10k is a good way to clear any hang over from New Year's Eve. The start and finish are on the black cinders of the Erith Stadium track and the course is relatively kind the climb coming in the first two miles, then two miles downhill, and two miles flat. The weather was dull and damp but not as cold as might be expected on 1st January. Only six Heathens were there; were the rest at Crystal Palace?

R.P.K.

1.	Taff Davis (AFD)	31.00
29.	P. Hamilton	34.19
66.	R. Pitcairn-Knowles	36.29
67.	R. Ebbutt	36.31
73.	J. Kavanagh	36.52
76.	P. Greenwood	37.10
180.	S. Mitchell	43.32
Finisl	hed.	

228

### 1st HASTINGS HALF MARATHON

17th March, 1985

This new race, passing the door of the house I was born in fifty-two years ago, is a must! The one lap full circle course from the old Bathing Pool in St. Leonards, up to the 500 feet high Ridge behind the town, then dropping to the Old Town, with a bitterly north-east wind following along the sea front to the finish, was well marshalled and passed through very varied scenery. The finish was overcrowded after the first few hundred had finished but this should be avoided next year. It is not far down to the coast and I recommend the race to fellow Heathens.

R.P.K.

1.	Derek Stevens (Hastings)	66.58
133.	R. Pitcairn-Knowles (1st V50)	84.29
1495 Finis	shed.	

### THAMESMEAD PEARL ASSURANCE HALF MARATHON

31st March, 1985

Thirty-nine Blackheath entries! More like a mob match. A strong south-west wind slowed times on this three lap flat course. World Student Games 5000m champion Steve Harris won in 65.06, Richard Coles was well up at 13th for the second consecutive year, and Richard Pitcairn-Knowles and Jack Braughton both managed 2nd in the V50 and V60 age groups.

groups.			
1. S. Harris (Shaftshury)	65.06	647. R. Gibson	99.35
13. R. Coles	70.57	764. G. Forbes	101.53
32. P. Betts	75.59	796. M. Sheppard	102.31
53. M. Field	79.04	800. S. Nairn	102.36
108. M. Conway	82.45	811. D. Dunkley	102.48
110. W. Samuel	82.48	839. D. Cordell	103.25
126. W. Wheeler	83.53	865. A. Cooper	104.20
135. J. Turner	84.09	868. S. Parsons	104.26
185. R. Pitcairn-Knowles		900. D. Brickwood	105.09
2nd V50	86.29	916. J. Cross	105.37
188. G. Hibbert	86.36	1143. R. Rolfe	112.06
228. M. Farrell	88.06		
235. P. Metcalf	88.23		
243. A. Musson	88.38		
294. N. Winter	90.15	1675 Finished	
301. B. Disley	90.38		
349. G. Plank	92.28		
367. B. O'Gorman	92.54		
394. S. Reynolds	93.45		
436. M. McInnerney	94.40		
439. E. Smith	94.42		
450. C. Rowe	94.58		
454. I. Gold	95.04		
480. S. Fagg	95.39		
486. D. Haines	95.49		
511. A. Mothersole	96.10		
513. M. Allen	96.15		
565. A. Chapman	97.37		
597. J. Braughton 2nd V60	98.25		

98 50

#### Teams

1. Cambridge H.

617. L. Percival

- 5. BH A
- 23. BH B
- 37. BH C 49. BH D

### FLEET AND CROOKHAM PEARL ASSURANCE HALF MARATHON

24th March, 1985

The same old crowded start but a pleasant course with a bit of a sting in its tail, and excellent organisation. It was good to see John Baldwin back again after his long lay off.

D		D		L
N	•	r	٠	r

1.	Bernie Ford	63.50
54.	G. Martin	71.40
146.	J. Baldwin	77.02
376.	R. Pitcairn-Knowles	83.18
.8011	I. Gould	95.27
1325.	J. Hill	98.45
1556.	J. Enderson	102.10
2888 I	Finished	
Team	1. AFD 34. Blackheath	

### **ROCHESTER HALF MARATHON**

186 teams finished

8th April, 1985

As the whole of this course seemed to be either into the teeth of a gale or uphill, or both, I can understand why there were only 406 finishers and so few Blackheath faces! However, our only two entries bagged two trophies!

R.P.K.

1. A. McGee			
(GEC Avionics)	70.31	60. R. Pitcairn-Knowles	
25. P. Greenwood		1st V50	85.31
2nd V40	81.21	406 Finished.	

### WALTHAMSTOW VETERANS AND OVER 35's ROAD RACE

13th April, 1985

One hundred and sixteen competitors gathered for this  $4\frac{3}{4}$  mile road race for over 35 year olds.

A pre-race examination of the course by wily Geoff Crowder revealed a testing and undulating  $4\frac{1}{4}$  miles, however this inspection proved to be helpful to the Blackheath contingent. The start was delayed briefly by a hail storm which sent officials and starters running for cover.

Once the race got under way, V. Monk of Thurrock led off, the chasing pack included White, Cronin and the renegade Dave Dunn running in Ranelagh colours. The hail storm had now given way to strong blustery head winds and this made the going tough, especially at the infamous Oak Hill, but this was negotiated well by Taylor, Clapham and the head down Crowder.

Into the last hill and within 300 metres from the line Mike Cronin narrowly led Dave White, then the White supporters club came into action and shouted their man. Dave obliged with a powerful finish.

The winner was V. Monk of Thurrock in a time of 22 minutes 53 seconds.

Our placings were:

		35	40	50	60
11. Dave White	23.59		3		
12. Mike Cronin	24.02		4		
25. Dave Dunn	25.00	13			
27. John Taylor	25.04		11		
55. Bill Clapham	26.51			7	
98. Geoff Crowder	29.58			17	
Orion won the Team	Race with	18 n	ointe	(5	67)

Orion won the Team Race with 18 points (5, 6,7). Blackheath were second with 18 points (3, 4, 11).

Finally a special award was made to Geoff Crowder for his brilliant one leg finish.

### MARATHON CHAMPIONSHIP 1985 (incorporated in "the London")

Blackheath/Westminster

21 April, 1985

1. Dave White		Time 2.38.11	Position 673	Age 42	Previous PB 2.37.37
2. Barry O'Gorman	рв	2.39.27	767	47	2.39.45
3. Peter Shepheard		2.40.26	816	42	2.28.
4. William Cross	PB	2.40.34	823	23	2.43.22
5. John Nash 6. Jim McGee		2.43.30 2.44.22	987	103	2.42.02
7. Mike Field		2.44.22	1,066	38	2.43.04
8. Mike Cronin	PB	2.47.40	1,335	41	2.49.31
9. Pete Greenwood		2.51.08	1,633	43	2.41.35
10. Stan Ridgewell	PB	2.52.34	1,763	34	2.53.33
11. Craig Daly	PB	2.53.44	1,883	23	2.56.35
12. Mike Peel	nn	2.53.59	1,923	43	2.40.30
13. Ron Beale 14. Ian Young	PB	2.54.01 2.54.50	1,927 2,019	50 36	2.54.18 2.37.11
15. Jim Bailey	PB	2.55.24	2,019	36	2.58.52
16. Pete Daniel	PB	2.56.01	2,147	39	3.01.10
17. Simon Michell	PB	2.58.12	2,461	27	3.01.00
18. John Turner	PB	2.58.27	2,489	34	3.11.09
19. Richard Farish		2.59.08	2,604		
20. Bill Wheeler 21. Peter Rissen	PB	2.59.23	2,650	36	3.00.16
22. Roy Savery		2.59.32 2.59.36	2,679 2,687	34 48	2.52.59 2.42.46
23. R. Pitcairn-Knowles		3.00.03	2,770	52	2.42.40
24. Peter Hannell		3.01.36	2,939	42	2,57.50
25. Rick Singerton	PB	3.02.58	3,074	37	3.17.25
26. Ray Walsh	PB	3.04.01	3,194	28	3.21.48
27. Brian Moffatt	PB	3.04.48	3,279	35	3.05.00
28. Neil Walters	PB	3.06.26	3,470	27	
29. Mark Ellison	PB	3.07.08	3,550	24	3.08.18
30. Mark Crisp 31. Graham Hibbert	PB PB	3.07.19 3.10.39	3,575 4,006	27 37	3.08.11
32. Gordon Hayward	PB	3.11.45	4,153	37	3.38.00 3.21.07
33. John Routledge	PB	3.12.43	4,274	29	3.15.16
34. William Slack	PB	3.13.01	4,317	30	3.26.00
35. David Croll		3.15.54	4,726	36	3.12.00
36. John Taylor		3.15.55	4,727	43	3.08.40
37. Allan Jones 38. Jon Averns	nn.	3.15.55	4,730	39	2.58.42
39. Ian Cooper	PB	3.17.35 3.17.35	4,943 4,945	25 49	3.34.11 2.54.48
40. John Reynolds	PB	3.18.01	5,010	35	4.58.34
41. Brian Dinsley	PB	3.19.20	5,176	48	3.35.00
42. Nicholas Umney	PB	3.19.48	5,244	35	3.38.21
43. Philip Metcalf	PB	3.19.50	5,248	38	3.29.30
44. Tony Nana	nn	3.19.50	5,249	36	2.55.48
45. Dave Appleton 46. Jim Raine	PB PB	3.20.09	5,305	37 43	3.21.17
47. Derek Redgwell	гв	3.20.22 3.20.25	5,342 5,349	43	3.30.00 3.12.00
48. David McLeod		3.21.13	5,472	38	3.10.28
49. Spencer Fagg		3.21.53	5,582	38	3.12.42
50. Mike McInerney	PB	3.22.32	5,690	36	3.41.11
51. Harry Martin	PB	3.22.49	5,745	52	3.26.03
52. David Haines	PB	3.23.28	5,843	40	3.39.00
53. Maurice Sizer	PB	3.23.41	5,864	45	3.28.28
54. Alan Mothersole 55. Jothein Miles	PB	3.25.25 3.25.27	6,149 6,155	50 24	3.29.00 3,25.10
56. Paul Davies		3.25.34	6,173	38	3.04.19
57. Steve Greenwood	PB	3.25.58	6,220	18	3.30.00
58. Roland Tompkins		3.26.06	6,241	21	3.24.00
59. David Carton	PB	3.26.07	6,242	28	3.33.00
60. Roger Westwood	PB	3.26.47	6,320	39	3.49.29
61. Jack Braughton 62. David Dunkley	DD	3.26.55	6,371	64	2.36.44
63. Len Dalmon	PB PB	3.26.59 3.28.18	6,395	41 49	3.39.12
64. Ian Loveland	PB	3.29.06	6,609 6,717	23	3.42.32
65. Bob Manning	PB	3.29.17	6,751	55	3.34,27
66. John Sharp		3.29.29	6,780	44	3.24.20
67. Ron Denney	PB	3.30.53	7,019	48	3.58.09
68. Peter Reed	PB	3.30.57	7,034	52	3.34.47
69. John Hines	PB	3.30.59	7,040	46	3.44.35
70. Les Percival 71. Morgan Rees	PB	3,32,43	7,286	31	3.48.00
72. Brian Cowland		3.33.08 3.33.48	7,343 7,454	33 39	3.11.28 3.20.00
73. Alan Butcher	PB	3.34.16	7,533	37	3.40.00
74. Ron Stewart	PB	3.35.06	7,641	44	3.39.05
75. David Wilcox		3.35.37	7,714	52	3.29.15
76. Eric Smith	PB	3.35.53	7,763	51	
77. Derek Brand	PB	3.39.22	8,287	31	3.49.12
78. Terry Dovey	PB	3.39.47	8,356	35	4.06.43
79. Brian O'Flynn	PB	3.41.39	8,632	55	3.43.00

80. Bob Day		3.42.38	8,784	44	3.19.50
81. Mike Mann		3.44.05	9,000	44	3.39,40
82. Philip Bray		3.44.17	9,029	35	3.38.32
83. Steve Conway	PB	3.44.21	9,037	57	3.46.00
84. George Forbes		3.44.50	9,113	44	3.29.20
85. Peter Cobbett		3.44.56	9,124	41	3.38.10
86. Derrick Brickwood	PB	3.45.04	9,139	59	4.01.38
87. John McGowan	PB	3.45.05	9,142	40	3.58.08
88. Colin Rowe	PB	3.46.33	9,331	38	
<ol><li>89. John Anderson</li></ol>	PB	3.46.37	9,342	46	3.58.00
90. Robin Graf	PB	3.46.57	9,386	37	
91. Allan Chapman		3.47.26	9,468	46	3.29.22
92. Michael Treacy		3.50.29	9,925	30	3.18.46
93. Dick Averns	PB	3.51.38	10,078	21	4.48.49
94. Ray Gibson	PB	3.54.07	10,398	36	4.12.36
95. Sonny Nairn		3.54.07	10,400	45	3.53.21
96. Arthur Good		3.55,22	10,544	64	3.28.39
97. Danny Harris	PB	3.55.27	10,557	49	
98. Peter Worrell		3.55.50	10,614	31	3.21.54
99. Phillip Khan-Panni		3.57.08	10,809	44	3.47.00
100. Pete Barlow		3.57.15	10,825	28	3.06.14
101. Steve Wilson	PB	3.57.44	10,873	29	
102. Dave Cogan		4.00.23	11,236	26	3.30.00
103. Doug Stevens		4.00.53	11,295	49	3.58.10
104. Mick Manley		4.01.53	11,443	30	3.29.35
105. Richard White	PB	4.02.26	11,519	34	4.16.00
106. Jonathan Green	PB	4.08.09	12,063	28	
107. John Newth		4.11.28	12,373	55	3.57.00
108. Jim Williams	PB	4.14.57	12,679	48	4.19.00
109. Dennis Meads		4.30.17	13,836	51	4.25.17
110. Arthur Kempton	PB	4.39.06	14,355	75	4.44.10
111. John Osborn	PB	4.51.18	14,879	27	
112. John Brittain	PB	5.22.04	15,487	48	



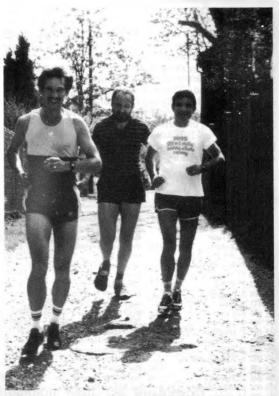
Pete Shepheard picked up a bronze medal at the end of this Sunday morning run.

### 'OTTER' HALF MARATHON

Buxton

28th April. 1985

1.	L. Roberts	1.10.33	Blackheath H.	,	/40
2.	D. Crookes	1.13.23	East Ches. H.		
3.	P. Light	1.13.27	Buxton A.C.		



Marathon victor Dave White getting a few miles in with Chris Haines (centre) and Dave Dunn (left).

### TED PEPPER MEMORIAL '7

Hayes

6th May, 1985

A record field of 405 club athletes, including 44 ladies, lined up in warm sunshine for the start of the seventh running of this popular Bank Holiday Monday event.

From the gun, Peter Jones, Cambridge Harriers, set off with great determination, trailing in his wake a group comprising team mates Keith Penny and Paul Williams, Kevin Steere — Ilford AC, Ernie Barrett — Omega, P. Ross-Davies — Hercules Wimbledon, Simon Collingridge and Dave Wright — Ranelagh, Les Roberts — Blackheath Harriers, and an unnumbered ghost runner. This group held together for 2½ miles, at which point Penny surged ahead with only the ghost runner capable of matching his pace. Simultaneously, the rest of the group broke up with Steere, Jones and Collingridge opening a gap on Wright and Roberts who, in turn, went clear of Ross-Davies, Barrett and Williams.

As the finish approached, Penny and his powerful companion were still neck-and-neck but, to the surprise of the crowd, the unknown eased up on the run-in and ran wide of the finishing funnel, leaving Penny to chalk up his third Ted Pepper win. It was later revealed that it was Australian runner, Martin Stock, a late entrant who is in this country for just a few months, who had caused Penny to run much harder than he had intended — indeed, to record his fastest time for the race.

It was nearly a minute before the next runners came into

view. Steere's power over the final 400 yards had pulled Jones clear of Collingridge and then put paid to Jones in the final straight. Wright similarly disposed of Roberts to take fifth place, although the latter had the consolidation of being out on his own in the veterans competition.

Glynis Penny kept the main honours in the family by winning the ladies race. Heather Beasley, Worcester AC, started fast and headed Glynis round the first lap but, as they started the second (2½ miles), Glynis had taken control and proceeded to pull steadily away to finish with nearly a minute in hand over her rival in a new ladies record time (38.38). Julie Barleycorn took third place, 9 seconds behind Beasley.

Cambridge easily won the Team award (4 to score) from Blackheath and Ranelagh. Their ladies made it a clean

sweep, beating Bromley Ladies and Crowborough.

					L.R.
Pos	No	Name	Status	Club	Time
		K. Penny	Status	Cambridge Harriers	33.30
		K. Steere		Ilford A.C.	34.22
		P. Jones		Cambridge Harriers	34.26
		S. Collingridge		Ranelagh Harriers	34.35
		D. Wright		Ranelagh Harriers	35.02
006	078	L. Roberts	V/40		35.05
007	279	E. BArrett		Omega R.C.	35.10
800	228	P. Ross-Davies		Hercules WimbledonA.C.	35.14
		G. Heathers		Bath & Percy A.C.	35.26
010	153	P. Williams		Cambridge Harriers	35.29
014	009	J. Baldwin	V/45		35.52
017	011	P. Betts		Blackheath Harriers	36.04
023	025	R. Coles		Blackheath Harriers	36.20
		G. Arthey		Blackheath Harriers (N/S)	36.51
		P. Hamilton		Blackheath Harriers	37.08
043	003	P. Anderson	V/40		37.35
		R. Cliff		Blackheath Harriers	38.29
063	010	P. Barrington-King		Blackheath Harriers	38.39
		I. Wilson	V/40	Blackheath Harriers	38.40
		C. Haines	V/40		38.49
		S. Fitz-Costa	17.740	Blackheath Harriers	39.07
		M. Cronin	V/40	Blackheath Harriers	39.10
070	055	J. Kelly F. Johnson		Blackheath Harriers Blackheath Harriers	39.13 39.16
			V/40	Blackheath Harriers	39.10
000	093	D. White C. Woodcock		Blackheath Harriers	39.25
		G. Spencer	V / 4U	Blackheath Harriers	39.57
		N. Colvin		Blackheath Harriers	40.02
		R. Beale	V/50	Blackheath Harriers	40.33
		P. Shepheard		Blackheath Harriers	40.42
		J. Bailey		Blackheath Harriers	41.03
120	045	P. Greenwood	V/40	Blackheath Harriers	41.04
		R. Farrish		Blackheath Harriers	41.06
124	088	B. Swift		Blackheath Harriers	41.15
129	036	R. Ebbutt		Blackheath Harriers	41.31
141	079	V. Robinson J. Taylor		Blackheath Harriers	42.02
145	089	J. Taylor	V/40		42.24
146	094	D. Whiting	V/40	Blackheath Harriers	42.25
149	067	R. Morriss		Blackheath Harriers	42.40
		W. Wheeler M. Crisp		Blackheath Harriers	42.45
		D. Crowdson		Blackheath Harriers Blackheath Harriers	42.48 42.51
		S. Michell		Blackheath Harriers	42.53
		A. Michell	V/50	Blackheath Harriers	43.02
		I. Loveland	*750	Blackheath Harriers	43.05
165	090	R. Thornton	V/40	Blackheath Harriers	43.06
		M. Shephard		Blackheath Harriers	43.13
		A. Edwards		Blackheath Harriers	43.13
178	091	N. Wahla		Blackheath Harriers	43.25
184	080	J. Routledge		Blackheath Harriers	43.48
		P. Lester		Blackheath Harriers	43.56
190	020	A. Calton (Snr)	V/40	Blackheath Harriers	44.07
		P. Metcalf		Blackheath Harriers	44.49
		A Carlton (Jnr)		Blackheath Harriers	45.03
		C. Rowe		Blackheath Harriers	45.10
		R. Jones	17/10	Blackheath Harriers	45.25
209	034	B. Dinsley	V/45		45.26
212	013	J. Braughton	V/60		45.35
		M. Gasson	17.740	Blackheath Harriers (N/S)	45.51
		I. Cayzer R. Chambers	V/40 V/50	Blackheath Harriers Blackheath Harriers	45.58 46.23
		S. Nairn	V/30 V/45	Blackheath Harriers	46.23
		G. Crowder	V/50	Blackheath Harriers	46.27
233	041	R. Graf	*/ 50	Blackheath Harriers	47.00
234	033	R. Graf R. Day E. Smith	V/40	Blackheath Harriers	47.03
237	086	E. Smith		Blackheath Harriers	47.14

239 041 I. Gold		Blackheath Harriers	47.16
241 023 P. Churcher		Blackheath Harriers	47.32
247 073 S. Reynolds		Blackheath Harriers	48.45
249 052 J. Hills	V/50	Blackheath Harriers	48.50
254 058 P. Khan-Panni	V/40	Blackheath Harriers	49.05
261 071 B. O'Flynn	V/45	Blackheath Harriers	49.44
264 017 D. Brookes		Blackheath Harriers	49.59
267 042 A. Good	V/60	Blackheath Harriers	50.20
268 083 P. Saxon	V/60	Blackheath Harriers	50.20
269 021 J. Cameron	V/50	Blackheath Harriers	50.40
274 095 D. Wilcock	V/50	Blackheath Harriers	50.59
277 029 J. Cross	V/45	Blackheath Harriers	51.06
279 051 J. Hill	V/40	Blackheath Harriers	51.13
280 026 T. Conway	V/55	Blackheath Harriers	51.20
281 054 D. Johnson	V/50	Blackheath Harriers	51.25
282 016 D. Brickwood	V/55	Blackheath Harriers	51.26
287 072 J. Osborne		Blackheath Harriers	52.13
297 059 F. Lanzalaco		Blackheath Harriers	57.26

### TEAM RESULTS — BASED ON FINISHING POSITIONS

1.	Cambridge Harriers	'A'	1	3	10	15	=	29
2.	Blackheath Harriers	'A'	6	14	17	23	=	60
3.	Ranelagh Harriers	'A'	4	5	26	29	=	64
11.	Blackheath Harriers	,B,	35	43	59	63	=	200
14.	Blackheath Harriers	,C,	64	66	75	77	=	282
17.	Blackheath Harriers	'D'	78	79	80	81	=	318
21.	Blackheath Harriers	'Ε'	94	108	118	120	=	440
23.	Blackheath Harriers	'F'	122	124	129	141	=	516
31.	Blackheath Harriers	'G'	145	146	149	151	=	591
32.	Blackheath Harriers	'H'	153	155	158	161	=	627

### ISLE OF WIGHT MARATHON

18th May, 1985

High standard of entry, especially in the vets. Hottest day of the year so far, 75°F. Notoriously hilly course. Never seen so many walking up the hills! Times slow.

But a classic race in its 29th Year.

R.P.K.

1, D. Wright
(Ranelagh)
2,32.07
100. R. Pitcairn-Knowles
232 Finished (360 Entered)
2,32.07

### **OGWR HALF MARATHON**

Bridgend

19th May, 1985

For reasons which have never been explained to me, Les Roberts was keen to enter a team in the above race which we later discovered was to be run simultaneously with the Welsh Marathon Championship.

In any case, Messrs. Barrington-King, Davidson and Roberts collected our 4th team member, Bill O'Donnell, in Bristol on the Saturday afternoon (after he had finished 3rd in the 5000 metres at the Avon County Championships) and drove on to Wales.

To my total amazement Sunday morning was very warm and this resulted in a long debate over the virtues of wearing black or white vests which was eventually settled when we discovered Bill didn't have a white vest. (No doubt a reflection of his meagre teaching income which he is always talking about.)

Over 1000 runners set off, but we all soon settled into good

positions. Les and Bill were in the small leading pack which included Alan Roper of Swansea, whilst Paul Barrington-King and myself were in a group not too far behind. However, we could see 4 Bridgend vests ahead of us so we could not relax at this stage. Martin Duff was not running but this would seem like an appropriate time to give him the obligatory name-check.

This state of affairs continued for the first 5 miles at which stage I hit the wall! Whilst I was contemplating suicide Paul continued to run well and was gradually moving through the field. Meanwhile, Les and Alan Roper had broken away and Bill, showing little effects of his race the previous day, wasn't too far away in the 5th place — the position he held until the

finish in a time of 70.30.

Les eventually came a close second to Roper in a P.B. of 67.59, and of course he also won the Vets category. What would he have run on a better course?

Paul continued his good run to finish 16th overall in 76.27 whilst I recovered sufficiently to end up 34th in 79.49 (P.W.).

Even after a long delay, the organisers could not get the results correct. Les had been awarded first Vet prize but his second place in the individuals race had been 'overlooked'. However, the matter was sorted out and Les walked away clutching various trophies and a ghetto-blaster.

To my relief we won the team prize of a barrel of beer and

a key-ring each (honest).

A good weekend and consideration must be given to the defence of our title in 1986, as I know Paul is anxious to acquire another key-ring.

N.J.D.

### RANELAGH HALF MARATHON

4	Rick	hmond			1st June,	1985
	1. 2.	I. Beauchamp M. McCarthy		Ranelagh Oxford City		66.21 66.35
	3.	M. White	7740	Aldershot		67.34
1	12. 119.	J. Baldwin A. Blacknell	V40	Blackheath Blackheath		71.10 86.22
	155.	D. Hopgood	V50	Blackheath		91.53
1	165.	R. Vercoe	V50	Blackheath		94.12
-	TEA!	MS (3 to score)				
	1.	Ranelagh 'A'	29			
	2.	Brighton & H 'A'	50			
	3.	Thames H & H 'A'	66			
	27.	Blackheath	286			

### **BRUGGE 25k**

Brugge, Belgium

16th June, 1985

This event is one of the major international vets road-races of the season. Top runners are invited from all over the world and the quality of the field would not disgrace any "open" event. Amongst the list of entrants due to appear were Barry Brown of the USA (2.15 for the marathon as a vet). Gunther Mielke (another sub 2.20 marathoner from West Germany) and Piet van Alphen, the ageless Dutchman still turning out worldclass performances at the age of fifty-four. The Blackheath contingent was headed by our own world champion Les Roberts along with former world vets 10k road champion John Baldwin, ably supported by Ian Wilson and Chris Woodcock. I was persuaded to go along as team manager-cum-lucky mascot although I objected strongly to being put on the team-car's rear parcel shelf dressed as Blackheath's answer to Roland Rat.

It was a fairly uneventful journey to Belgium. A short crossing to Calais and a quick drive up the coast soon had us arriving in the enchanting city of Brugge. One of the benefits of going on a vet's trip as a mere sprog of thirty-two is that you feel positively rejuvenated. Whilst my "uncles" talked about the good old days when "runners" were really runners I realised that insomnia was not going to be one of my problems on this trip.

I drifted peacefully off to sleep listening to "I remember when Farrington jumped a four foot high stile, stopped and had lunch, smoked his pipe and still won the club five by fifteen minutes... But what about Domleo when he was running so fast up Fox Hill his shoes caught fire and he had to run via Keston Ponds to put them out... And Bob Richardson "ran" the last mile on his hands to stop his spikes

going rusty... And zzzz...

I awoke to find us outside a nuclear bunker on the outskirts of the city, on closer inspection I saw the sign "Novotel" and realised it must be our hotel. Apart from the rather doubtful architecture it proved to be very comfortable and accommodating. After settling in we enjoyed a smashing meal to the strains (I do not use this word lightly) of a Belgian Latin American quarter. As none of us was prepared to samba we decided on an early night. Being the only one not racing the following morning I opted to sleep in a bed shaped like an ancient Roman catapult and duly settled down for the night.



Chris, Ian, John and Les. The victorious team.

I awoke early the next morning and did a perfectly passable impression of Quasimodo on my early morning run. I made the mistake of running through a swamp area and came back smothered in dead flies.

As I swung through reception, several guests complained to reception that they had just seen a giant two-legged

garibaldi biscuit!

We soon made haste to the race venue. The start and finish were at the football stadium and a large crowd had gathered to witness the forthcoming spectacle. It was not long before the race started so I grabbed my camera and ran off to find a good vantage point. Eventually a place was found with a one kilometre jog seperating two distinct points of the course. I had some extremely pleasant company during this interval session comprising of Keith Deathridge's beautiful young Dutch girlfriend. Keith is a contributor to many running magazines relaying information about the continental running scene from his base in Amsterdam.

The race itself was a real corker. Mielke, looking composed and relaxed, began to push the pace from the outset and soon only Les and Barry Brown could stay with him. Five kilometres was passed in 15.20 and shortly after he came through alone at ten kilometres in 30.30. Les and Barry were still together at 31.41. John Baldwin was looking good in a forceful group of about ten runners which included Voets (another over 45) and van Alphen. Chris and Ian were having their own battles not very much further down the field. It was only on the run-in to the stadium that Les' lack of training miles allowed Brown to get away and finish second over two minutes behind Mielke's winning time of 1.17.54. Les, in turn, finished a game third in 1.20.22. I, for one, was not surprised to find that John had pulled through the field to finish in eighth place only thirty-eight seconds behind our Les. With thoughts on the team competition we waited anxiously for our next man. It turned out to be Ian Wilson in thirty-eighth place in 1.28.40. Shortly afterwards Chris came charging into the stadium only just failing by one second to take an off-form Guy Ogden (ex British vets cross-country champion) on the line. Chris's time was 1.30.28 for fifty-first place.

Later, in the presentation hall, Les picked up his prize for third overall with John coming second to Voets in the over/45. Piet van Alphen's performance should be noted as at the age of 54 he came nineteenth overall in a time of 1,21.07.

Soon the team prizes were announced and not only did we win first prize for the club team category but Les and John

formed two-thirds of the winning G.B. team.

Later that evening much wine and beer was sunk in the company of various international runners. It was interesting to find that the American runners in particular were truly shocked to find such quality veteran runners in Europe. As these chaps regularly pick up large pay cheques for good, if not particularly stunning performances back in the USA, it will be interesting to see how affluent young Les becomes during his proposed two trips to America this winter.

Back at the hotel, much later that evening, a pleasant, elderly Canadian runner resembling "Mr. Magoo" told us of his connections with a certain place called West Wickham in Kent. He and some fellow mature athletes were "doing Europe" in a V.W. camper and spending the summer in his own words "like a bunch of hippies". Suspecting that this septegenarian might try to sell me some L.S.D. or hashish I retired early to bed.

The journey back home was interupted by a very thorough search at the border by French customs officials. God knows what they suspected we were smuggling but one sniff of my soiled running gear dampened their enthusiasm a bit

and soon we were on our way.

A very successful trip indeed and another victory to add to the prestige surrounding our Blackheath "super-vets". At home, and indeed worldwide, we have the talent and strength in-depth to continue this tradition and I hope that the club will encourage and continue to support our activities in this field.

Now I must put down my pen to rest and go to sleep. Farrington, Domleo, Farrington, Domleo, Farring...zzz.
P.B.K.

### **80 MILES SOUTH DOWNS WAY RUN**

29th and 30th June, 1985

Now for something completely different! More an experience (to be repeated?) than a race, although at the sharp end it is very serious and the course record was shattered by ultra expert Martin Daykin's winning time of 9.52.46, reducing previous record by over  $1\frac{1}{4}$  hours! Blackheath enumbered two, and three makes a team, so what about

The start is at 9.00 a.m. on the Saturday for this jaunt free Petersfield to Eastbourne. I am told there is a total of 12.00 feet of climb, but looking at the views proves hazardous at is easy, as I found to my cost, to catch a toe on a face especially with the economical shuffle required to avoid fatigue. My eight minute mile pace eventually dropped to an average ten minute pace, excluding stops, for the whole race Slow? You try it!

The organisation is tremendous. At about seven intervals, and shorter intervals towards the end, come check points with drinks (hot and cold), and food (fruit cake, and sandwiches, etc.), and at 411/2 miles a meal of stew, mashed potato, fruit salad and rice pudding eaten sitting on a charwe learn by our mistakes. After a twenty minute stop for the meal (about 61/2 hours into the race) it was a question of getting the legs going again. Hobbling down a gentle slope for half a mile and attempting to jog up the next hill I was immobilished by cramp in the right hamstring. Dilemma :: back half a mile or on forty! Keeping the left leg on a nige and trailing the right stiffly in a rut seemed to do the trick onwards until a few miles later a gate which did not appear un open had to be climbed. Sudden cramp when half-way over a gate is inconvenient and I fell off on to my back in the mud but on the wrong side. A group of following runners nodded to me as they climbed the gate; at least they avoided treading on me. Climbing the gate a second time and tucking in behind my new found friends (?) seemed to clear the crame

There are few marshals on the course and it is not uncommon to hear of two hours or more lost by a runner off course. When I reached Alfriston (73½ miles) it was nearly dark and this is where a personal back up team of wife and daughter is really essential with extra sweat shirt, torch whistle, and compass. The course directions sometimes read for example "... follow track for 75 yards and, if you are lucky, you will see a s.d.w. marker in the grass, strike half right across the field...", and this is running in the dark! It was nice to reach Eastbourne Rugby Club and the finish at 11.40. But I can thoroughly recommend the race for endurace as opposed to speed, to be done "because its there"

There is a time limit of 33 hours!

R.P.K.

M. Daykin
 R. Pitcairn-Knowles
 M. P. Rawlins
 Started, 376 Finished

9.52.46 (record) 14.42.50 19.11.50

### RAIDERS OF THE LOST ARC (European Championship Hill Race)

Bourg-St-Maurice is a small town high up in the French Alps. After a week touring the South of France we had driven north to do battle with the local snow covered mountain.

The race was to take us from the Hotel De Ville, through the local streets, and then out onto the open road leading to the foot of the mountain. From there it was to be a long slow climb to 'Les Arc 1600', a purpose built sports complex, 9½ miles and 2500ft ahead of us.

The previous few days in the mountains had been cool and cloudy, ideal running conditions but as luck would have it Sunday morning arrived bright and sunny.

At 10.30 with the sound of the local brass band playing in our ears 254 runners were set on their way by the local town cignitary. As seen so often before on a Wednesday night Stephen Fitzcosta and Paul Barrington-King did much of their running together opting for the slow steady start and then moving through much of the field on the uphill section.

It was the former who scored a rare road race victory over is mentor as both of them finished a creditable 13th and 15th place, just a mere 8 places and 3 minutes behind the 1980 Pars Marathon champion Sylvain Cacciatore. Credit must go to Neil Colvin, more noted for his exploits over the control of the sylvain cacciatore. The distance on the track, who finished in 29th position and Tony Nana who finished 84th off only I week's training.

A fine race was finished off in true French style as the the true were invited to take part in a post-race buffet with true of cold meat, salad, fresh fruit and wine.

Everyone received a medal and certificate after the buffet the winners being presented with their prizes by Michael the ex-world record holder for the mile.

arch a race fee of less than £3 per person it only leaves the soon of why can't more races like this be found at home?

(Bags of local sponsorship I expect, old chap. Ed.)

	Result	
ī.	Eric Angelier	59.02
2	Andre Granger	59.31
13	Stephen Fitzcosta	1.06.52
14.	Paul Barrington-King	1.07.08
39.	Neil Colvin	1.10.30
i.	Tony Nana	1.20.48

S.F-C

J.B.

### **GUERNSEY MARATHON**

26th August, 1985

Guernsey each year for my family and myself can marathon—the feeling of relief marathon at coming to the end of the journey.

there. When I heard they were organizing their there. When I heard they were organizing their there. When I heard they were organizing their there were than I could not resist. So the hard work started all the latest me out on training runs, when I did not feel like it. The latest wasn't flat like London. The first 4 miles were hally. At 8 miles we came down onto the coast road we followed round until 22 miles when we turned and on the east side of the island. The locals and holiday were were out in numbers lining the route. As I turned into arez Park, where we started at 9.30 a.m. a clock showed in just had to keep going for one lap of the park and I through the finish for a P.B. — 2 hrs 53.18.

As we left to go to the beach and a soak in the sea I saw the minimar face of Ron Hill. This was his 96th marathon and he minimar face of Ron Hill. This was his 96th marathon and he minimar face of Ron Hill. This was his 96th marathon and he minimar face of Ron Hill. The first man home was Tony is more from Luton in 2 hrs 33 mins. Second, was Jose in 2 hrs 26 mins, a Portuguese working in Jersey, who is trained with Lopes. They were running together until 22 is when Frias got stomach cramp. In third place was 40 minimar for the second 
the evening I went on the usual Monday night ritual the Guernsey Hash House Harriers; always a must for a laugh and a few beers.

have the memories of another great holiday and my

don't you come and sample the Guernsey way of life, beaches and a good marathon — with a larger than medal, and Certificate — next year.

### SOUTHERN VETERANS' 10 MILE ROAD CHAMPIONSHIP

Crawley

15th September, 1985

This event turned out to be a clean sweep for Blackheath Harriers. Les Roberts, our home grown world champion, and indeed our editor, showed the field a clean pair of heels. He came home over a minute clear in the indecently fast time of 50 minutes 43 seconds. He was excellently supported by Chris Woodcock, Peter Anderson and Barry O'Gorman. With three to score in the team race, Blackheath won by a comfortable margin. Barry was unlucky not to score in this, but gained a medal as the third individual V.45.

This year saw the introduction of a new course from the centre of Crawley. This caused considerable traffic jams, but the runners were only inconvenienced by a stretch of narrow pavement, several sharp plunges down and up pedestrian underpasses, and two steep inclines, in contrast to what we had been used to. The marshalling was good, but it would have been helpful to have had the 5 mile point marked. Most people were pleased with their times, given the blustery day and the intermittent sunshine, and were left to argue that they would have gone faster on a flat course, three minutes 23 seconds faster in the case of your correspondent.

It was good to have the support of the Calton family, Tony in good heart and good voice although still immobile.

50.43	
54.15	14 points, 1st team.
54.54	
55.31	
60.35	
60.41	
61.28	
63.23	
64.45	
66.05	
66.25	
	54.15 54.54 55.31 60.35 60.41 61.28 63.23 64.45 66.05

Provided we can field our strongest team, there seems little reason why Blackheath Veterans should not have a very successful winter season.

G.B.C.



A warm welcome is always guaranteed at Blackheath.

### **OBITUARIES**

### NORMAN DUDLEY

Vice-President Norman Dudley, who died on 21st January this year after a long and courageous fight against a painfull

illness, was a unique character.

First and continuously a member (and VP) of Coventry Godiva Harriers, he came down to London shortly after the war and joined South London Harriers in 1947 and Blackheath in October 1949. Until 1955 when he gave his whole allegiance to BH he ran for SLH in the Nicholls Cup but always made a point of entering for the BH Handicap as well!

An enthusiasm for walking commenced in 1950 when, "after some pressure had been brought to bear" he consented to turn out in the Johnson Bowl race and walked extremely well to win. Joining Surrey Walking Club, he walked enthusiastically for them and revived the walking section of Blackheath in the Kent County 10 mile walk in 1955, and cajoled many unsuspecting 'heathens to compete for the Johnson Bowl. He contributed regular notes on walking results for the Gazette and several major articles, including one of BH Links with the Walking World and another on The Race Walking Association.



In the Club's main cross country events, which he continued to support, he gained first handicap spoon in "The Rowland" of 1958 and second handicap spoon in the "Nicholls" of 1961 among other items. His enthusiasm extended to 'open' events such as the Mitcham "15" and the National Vets championships, on these occasions wearing Godiva colours.

For the two seasons 1959/61 he served as Hon. Secretary for the Club and worked unstintingly for it despite the difficulties of having to travel to remote corners of the world in the course of his work as a mining engineer. The influence of this profession was seen in his hobby of producing profile maps of the Club courses showing the heights reached and the steepness of notorious inclines. But the most noteworthy example of this skill was to be found in his organisation of the Centenary Commemorative run from Peckham to Blackheath to Ladywell to West Wickham and finally to

Hayes for which he devised three separate courses for each stage to permit fast, medium and slow packs to rendezvous at the same time. The accompanying maps represented a cartographical triumph.

It was in fact as an inaugurator of odd encounters that his talent was strongest. He had a hand in the Four Clubs Vets Mob Match of 1955, Vets Self-handicap, Tooting Bec Hospital Match (in conjunction with Tommy Richards) and the Sunday Times Fun Run. But, as spontaneous tributes amply testify, he will chiefly be remembered as a concerned man, both for his friends and the Club. Many will have reason to be grateful to him for visits during illness and for suggestions and help in problems. And the greater the complication the more concerned he would be.

Our sympathy goes out to his widow Eileen, and family.

### D. F. G. HARROLD

News has come to us belatedly that Dennis Harrold died ten years ago on 12th October, 1974. He joined the Club in March 1940 having already shown great promise as an athlete when he won the South London Schools cross country championship. As a wartime pilot he ran for the RAF on numerous occasions often partnering or competing against Arthur Wint. Although the quarter mile was his best event he was equally at home at middle distances and sprints — and indeed won the Clubs' Rampley Challenge Cup in 1946. Business commitments then took him over to Canada for quite a few years. Upon his return he took up residence in Keston in 1962 where his wife Sheila still lives.

### **GLADYS TAYLOR**

It is with regret that we report the death of Gladys Taylor in

Many older members will remember with affection Gladys, widow of the late P. P. Sidney Taylor. Before, during and after the war she was always to be found supporting club activities, especially social functions. Many will remember the wonderful teas she provided after the farmers walk which took place every year just before Christmas. We extend to her family our sympathy in their great loss.

### A. T. G. TRUMBLE

Alec Trumble, whose death was reported in July, joined the Club in September 1919 and took part in a wide range of the Club's fixtures though his best performances were on the track where he won the "Barclay Esson" 880 yd Cup in 1922 and served as track captain in 1923. Later that year he went out to Nigeria where he was to serve with distinction in the Colonial Police Service for the next 28 years and was awarded The Colonial Police Medal in 1946.

On retirement in 1951 he settled in the Isle of Wight and was able to develop his love of horses by entering into partnership in a riding school, starting with six horses and ponies increasing to thirty or so. He never lost interest in the Club and was always proud to say that he was a member of Blackheath Harriers and had once been summer captain though he confessed that in later years he did find the look of wonder in the other person's eyes a little disconcerting! Distance made visits to Hayes impracticable but he was able with other 'Heathens in the IOW and in mainland Hants to support the Club at fixtures such as the Ryder Trophy meeting at Southampton.

We mourn the passing of a devoted Blackheath Harrier and send our deepest sympathy to his family.

Alec Trumble

### C. L. WESTLEY

We are sorry to report the death early in 1984 of Charles Westley who joined the Club in October 1923. His main interest was in cross country running and he was in the Southern team at Beaconsfield in 1925. Consistent running in that season in fact enabled him to win the Points Handicap and he also served in the administration of the Club as Assistant Secretary. Later his career took him to many parts of the country and opportunities for participation in Club events were few.

In recent years he lived at Wittersham near Tenterden on the edge of Romney Marsh and it was there that he received a 50 years' membership pot from one of the Club's Past Presidents to add to a much valued Club pewter from his earliest days in the Club. He came to Hayes from time to time and when the Club celebrated its 50 years at Hayes in 1977 was able to pay tribute to his life long friend the late PP D. K. Saunders through whom he came to join the Club.

Of activities outside athletics he was a lay reader in the Church of England and it gave him much pleasure to have had the opportunity to take service in nearly all the churches in Romney Marsh.

We extend our sympathy to his family.

### T. J. G. HAYNES

We were sorry to hear of the death early in August of T. J. G. Haynes, who joined in the "Green Man" days at Blackheath in October 1920. He ran regularly over the country in the twenties and like so many others kept up his interest in the Club after giving up running. We were pleased that he was able to join many other older members in coming to the Club House when we celebrated 50 years at Hayes. His latest communication was gently to query how the Gazette managed to acknowledge a donation from him and in the same issue put him down as a "lost address" (but to show no ill-feeling he sent another donation!). A Novices Pewter from 1920 proudly shared a place on his mantlepiece with his 50 years' membership pot.

Our sympathy goes out to his family.

### **FOOTBALL**

On a sunny Sunday morning in early December the Blackheath Senior Football XI turned out in Norman Park to answer to a challenge by the young upstarts of the club. The seniors mustered the best squad available whilst the juniors were scraping the 'youth' barrel somewhat, judging by one or two selections!

The seniors were soundly thrashed by the juniors 4-1.



The Senior Squad.



The "Junior?" Squad.

### BLACKHEATH HARRIERS v CHIPSTEAD F.C.

Chipstead

23rd December, 1984

After the Christmas Supper on the previous evening, the appearance of a grey mist before the eyes on this morning was to be expected; but as this continued throughout the match it was proved (with some relief) to be of meteorological origin. The Blackheath strip of white vests coupled with a white ball rendered spectating difficult but it had its uses, making recognition difficult for our opponents too.

A strong supporters group appeared (some coming straight from the supper, including indefatigable, multitalented Brian Stone). So the 'Heathens weren't short of advice, comment, cheers, sympathy, and where necessary, abuse; all of which spurred them on to a three goal lead at half-time! Wisely ignoring the advice coming from the 'goalmouth', the 'Heathens played with flair and combination which disconcerted the Chipsteadians. The tackling speed, ball control and enthusiasm of the 'Heathens

sometimes led them to fall into the offside trap, but this was a minor fault. The second half saw a resurgence from our rivals which produced an awkward lofting shot, forcing the goalkeeper into an exaggerated backward lean on slippery mud to concede a goal. Thereon the 'Heathens, urged on by the now baying crowd, pressed the Chipsteadians hard and another goal was secured after a few near misses. The final result of four ghostly goals to one put Blackheath one up in the series.

In the comforting warmth of the pavilion, victory was duly celebrated with our adversaries in joint goodfellowship — beer.

Blackheath Team

Colin Brand

Richard Coe — 2 goals Mike Cronin

Ken Daniel

Bruce Grant

Gordon Hickey

Ken McSweeney (4 uprights, 2 crossbars)

Steve Rutherford

Garry Spencer

Keith Whicheloe - 2 goals

Dave White

Subs: George Butlin, John Hills, Ron Lakeman.



### BLACKHEATH HARRIERS V SURREY WALKING CLUB JOHNSON BOWL 7 MILES

Hayes

30th March, 1985

Pos. Name	Club	Time
1. S. Lightman	S	57.27
2. P. Hannell	BH	59.56
3. P. Selby	BH	62.29
4. W. King	S	66.09
5. N. Simmons	S	67.50
6. B. Cottrell	S	69.40
7. P. Crane	S	71.19
8. R. Green	BH	72.03
9. A. Goodwin	S	73.25
10. S. Bennett	S	73.51
11. F. Butler	S	74.37
12. B. Todd	BH	75.55
13. D. Johnson	BH	82.23
14. J. Ashton	BH	82.23
15. H. Neilson	S	87.30
6 a side.		

- 1. Surrey Walking Club 32
- 2. Blackheath Harriers 46



### ROWING MATCH v RANELAGH v SOUTH LONDON HARRIERS

Kew

2nd December, 1984

On a bleak, moist morning at the Horseferry R.C. Boathouse by Kew Bridge, the preliminary negotiations were early under way, being of the three crews, two boats order. It was thus decided to divide the two trophy challenges into two distinct races. As the 'Heathens were so keen as to be afloat before the other crews had changed, they were naturally selected to row off against South London Harriers (making a

welcome re-appearance after some years) and the winners to meet Ranelagh.

Here it should be explained that there was usually one race between the three clubs for the Frankeiss Cup including a "side-encounter" between Blackheath Harriers and S.L.H. for the St. John Mathews Cup. So the hardy supporters were doubly rewarded by being able to view the finish from the comfort of the clubhouse and see two races for the price of one.

The start being upstream and round the bend gave pause. but soon a neck and neck (or should it be bow and bow?) tussle was evident with both the lead and water hotly disputed from the sharp barks which echoed across the river. From this close encounter the 'Heathens were adjudged the winners by a canvas. Our gallant lads were duly applauded and proceeded to dry off (roughly), take a few deep breaths and remind each other of the necessity for rhythm and balance in oarsmanship. During this "breather" Ranelagh crew paddled off to the start shortly followed by our crew. Then followed another wait while anxious eyes scanned the swirling stream to view a crew as yet unidentified, rowing with apparent ease, followed by an equally smooth crew. This pattern was preserved to the finish, Ranelagh being the worthy winners, continuing their run of success.

Back in the boathouse, the warm hospitality was enjoyed and soon the respective cups were presented, with only S.L.H. being bereft. There is no doubt that they will be better prepared next year. Thanks are due to Bill Bird, Ranelagh president for "master-minding" the whole enterprise, and due recognition given him. Vigourous support for the 'Heathens came from our President and his lady and a sprinkling of interested spectators, including Chris Haines, who raised speculation as to whether his undoubted talents might take a watery course.

All praise to the 'Heathen team comprising cox, Sunny Nairn, stroke, Phillip Metcalf, Bob Cliff, Morris Poole and bow Garry Spencer, (some of whom met for the first time that morning). They estimated that one way or the other (up stream or down) they had covered some seven miles in the two one-mile races. Undeterred they were, after the fourth pint discussing the finer points of oarsmanship. This leaves the final question — "Is there a third 'Clinker' on the river?".



### **B.H.H. CRICKET XI 1985 SEASON**

**Prologue** 

Eighty one years ago after a game of cricket played between B.H.H. and S.L.H. at the London C.C. ground at Crystal Palace, by courtesy of W. G. Grace, and having seen J. C. Stevens of Blackheath score 100 not out in a drawn game, W. G. himself did remark after observing the teams for a little while, "Got some cricketers in the teams." This from the greatest authority of this or any other day. (Thanks to P. P. J. Walker for researching the above facts).

Ironically, the only ingredient missing from the two games played this summer by the B.H.H. Cricketing XI was indeed 'Grace' itself.

### **B.H.H. v THE GROUNDHOGS**

26th May, 1985

This was a warm-up match in preparation for the "Kent A.C. Challenge Trophy" match to be contested the following month and annually thereafter.

The teams took the field at 2.30 and upon winning the toss, the Groundhogs elected to bat. The B.H.H. captain's

objective, being that all team members should participate to the full in all aspects of the game, ignored plaintive cries of "I haven't done this since I left school", "since the war" or "since I got married", and called on C. Brand and S. Gibson to open the bowling. And a most effective attack it proved to be — restricting the 'Hogs' opening batsman to 16 runs in the first 8 overs for the loss of two wickets. In fact Colin finished with the amazing figures of 5 overs 2 runs for 3 wickets.

Despite further protestations from the rest of the bowlers and a break of 40 minutes for the inevitable rain to interrupt play, the opposition managed the formidable score of 129 runs for 9 wickets off 32 overs. Dismissals included two excellent stumpings from wicket keeper Garry Spencer and the 'Hogs' top scorer being R. Thomas with 52 not out.

Blackheath bowling figures were:

U	M	ĸ	W
5	3	2	3
4	0	14	0
4	0	14	1
4	0	18	0
4	0	18	1
3	0	15	2
4	0	17	0
	5 4 4 4 4 3 4	5 3	5 3 2 4 0 14 4 0 14 4 0 18 4 0 18

After a break for tea and the inevitable repeating cucumber sandwiches, it was the Heath's turn to grasp the willow in the shape of Bill O'Donnell and Mike Cronin. Whilst Bill made an excellent 20 before being caught, Mike was unfortunately run out for 1, but in his brief sojourn at the wicket, displayed an obvious familiarity with the bat. He was followed to the crease by Garry Spencer who also showed a good deal of cricketing finesse by hitting a rapid 18 runs before being bowled by a certain D. Underwood!

Here followed your captain, who despite his lack of stroke play, top scored with a dour 22 runs and saw a succession of batsmen at the other end unfortunately stuccumb to the Groundhogs attack; John Brown caught for a duck, Stuart Gibson caught after a creditable 15 and Steve Fitzcosta also caught for 3.

It was at the captain's demise, run out with the score at 100, with the run total still tantalisingly close to the target, that the game seemed over. Two batsmen remained, both self professed novices and only a handful of overs left... but not so! Indeed, the scene was set for a remarkable finish. Brand and Ebbutt set about the bowling attack with relish, runs flowed from the bat and pad and with successive overs of 7 and 10, fourteen runs off the last over stood between us and victory. Two 4s and 3 singles off the next 5 balls left us needing a four off the last ball to win. Colin could but manage a single and we lost by 3 runs; he remained 18 not out and our score closed at 125 with Roger contributing seven valuable runs.

It was an excellent match enjoyed by all and a fixture which will certainly be repeated in coming seasons.

J.P.



JP, JB, SG, RE, Helen Spencer (scorer), MC, GS, CB. Front Row — SFC, BO'D.

Warren Avenue

30th June 1985

One month later, adjustments having been made for holiday absentees and selectors having taken note of current form, a revised and strengthened B.H. team took to the field against a formidable Kent A.C. team lead by the feared, fiery and ferocious Fairbrass twins. The Kent A.C. challenge trophy being offered as the spoils to the victors of this epic contest.

Upon loosing the toss it was B.H. who were invited to bat first and Malcolm Walker, making his debut appearance for the 'Heathens, came to the wicket with John Brown.

After a steady start against an aggressive attack, it was Malcolm who settled into an early rhythm whilst John succumbed to the accurate seam bowling of Fairbrass N. but not before accumulating a valuable five runs. It was now the turn of Fairbrass D. to continue the assault and having dismissed skipper Jim Phelan for a duck, homed in on javelin thrower extraordinaire, Clive Morris, our next man at the wicket. And it was here that the tide was turned in Blackheath's favour. Runs flowed from the bat as Clive quickly overtook Malcolm's run total, and stroked his way to a very speedy 31 before being bowled by Brown.

With the exception of M. Walker who remained to the bitter end with a superb 40 not out, few of the remaining 'Heathens troubled the scorer. Steve Brown was bowled by B. Brown for 3, Roger Ebbutt was caught off the bowling of Fairbrass D. for 1 whilst Mike Allen was skittled for 0, a

victim of the same bowler.

Next to the crease came Ken Pike, and despite heavy side bets being laid on his not surviving the first ball, he remained for a further few overs before being caught, also off the bowling of Fairbrass D. for the unfortunate duck. A brief stand then took place with Stan Ridgewell hitting 2 before he too fell in the same manner as Pike and Ebbutt before him, caught off the bowling of Fairbrass D.



Back: P. Betts, M. Cronin, S. Ridgewell, M. Allen, S. Brown, M. Walker, M. Pearce. Front: K. Pike, J. Phelan (Capt.), R. Ebbutt, J. Brown, C. Morris.

Mike Pearce failed to trouble the scorer, being caught off the bowling of Brian, whilst Mike Cronin was dismissed in a similar fashion for 1. To complete the Blackheath innings Paul Betts was converted from spectator to reluctant 12th man, to add his personal contribution of one run to the Blackheath total of 100; that being the final score on Paul's dismissal, l.b.w. to Brian, with only one of the allotted overs remaining. The pick of the Kent bowling attack was Fairbrass D. who conceeded twenty runs for his four wickets in six overs.

Now it was the turn of Kent to occupy the crease and with a highly regarded batting line up, the ton looked well within their grasp; the required scoring rate being 3.3 runs per over. Morris and Cronin opened the bowling for the Heath, whilst Fairbrass D. and Brian faced for Kent.

After three successive maidens from Morris at the pavilion end, Walker was brought into the attack whilst at the other end Cronin was making a breakthrough. Having dismissed Fairbrass D. caught and bowled for a solitary run, to take his first wicket for 20 years, Mike went on to dismiss Brian for 10 (a superb stumping by wicket keeper Roger Ebbutt), and to cause Stan Ridgewell to make a scintilating catch to dismiss N. Dickens for a duck. Meanwhile Baron was bowled by Malcom Walker for nought and Brown became his second victim, a caught and bowled chance, after making seven.

Mike Allen now entered the attack and he too helped himself to three wickets: Gilbally I.b.w. for 2, Sellers caught and bowled for 7 and Curtis, bowled for 2. With the score at 29 for 9, Kent needed a miracle to save the match. Ken Pike was brought, reluctantly, to bowl and with his first delivery came a wicket. Only to have the umpire declare no ball!

Norman Fairbrass now took up the challenge on behalf of Kent and played a captain's innings scoring twenty four superbly crafted runs before falling victim to Paul Bett's lively bowling. Fear was the last man to fall, to Brown for two runs, Kent's total being 72 including 17 extras. It was at this point that a most unusual pitch invasion began. Successive spectators, all wearing pads and carrying bats, appeared at the crease and on being dismissed, were immediately followed by another and another until the Kent score finally crept up to a total of 89 for 14, when the last, last man was removed.

Man of the match with his 40 not out and three wickets for 7 runs, was Malcolm Walker and Roger Ebbutt made a fine debut behind the timbers with his three dismissals, two catches and a stumping.

The Blackheath bowling figures were:

	O	M	R	W
C. Morris	3	3	0	0
M. Cronin	5	0	12	3
M. Walker	4	1	7	3
S. Brown	4	0	10	0
J. Brown	4	0	6	1
M. Allen	3	0	12	3
K. Pike	1	0	6	0
S. Ridgewell	3	0	12	2
P. Betts	4	0	7	1

And so, after an absence from the hallowed turf of some years, a victorious B.H. Cricketing XI brought home yet

another trophy for the club to proudly display.

There are those amongst you who have not played for decades, there are those who have not played for years and there are some who have not played before. If you are interested in a game next season, please make yourself available for what could be a fuller fixture card, by contacting Jim Phelan.

J.P.

### NOW BACK TO ATHLETICS



# TRACK & FIELD 1985

After establishing themselves in the First Division of the British League in 1984 Blackheath were keen to make a bigger impact this year and improve on last year's position of fifth. However with the League having been enlarged from six to eight, Sale, Edinburgh Southern and old rivals Thames Valley had replaced the relegated Essex Beagles so things would be tough.

Our task was not made any easier by the amalgamation of Invicta and East Kent as this cost us the services of top 5000/10000m men Jon Wigley and Merv Brameld whose first claim club now had a track section. Further, Mike Winch would miss the beginning of the season due to a knee operation, and club High Jump record holder Trevor Llewelyn was out for the whole season. But the arrival of decathlete Brad McStravick, eleventh in the Los Angeles Olympics, certainly improved the overall strength and depth of the team.

The team was further strengthened throughout the season with the arrival of 800m runner Giles Clifford, 5000m man Jerry Barton and hammer thrower Nigel Spivey, all of whom made impressive starts to their Blackheath careers.

The season was to begin at the Perry Barr Stadium, Birmingham and via the long trek to Edinburgh to hopefully culminate in the G.R.E. Gold Cup final at Copthall at the end of August.

N.K.

### MATCH ONE - BIRMINGHAM

11th May, 1985

It was a cold and rather miserable day at Birmingham which saw the beginning of the 1985 British League Season. As far as Blackheath were concerned it was a rather miserable day all round, as it was more a case of who wasn't there rather than who was and what went wrong rather than what went right. This should not however be allowed to take away from the performances of those who did compete. A number were making their British League debut.

As so often in the past the Javelin proved to be the club's strong point, with Pete Yates throwing 82.10m for second in the 'A' string and Darryl Brand winning the 'B' string with 71.86m. The other star performance came from Graham Savory in the discuss where he came second in the 'A' string shot with a putt of 16.67m only 8cm behind the winner.

On the track it was a different story with only one Heathen making the top 3, that being Paul Austridge, 3rd in the "A' string 400m Hurdles in 54.09. But with so many top track men missing Blackheath could not really have expected much more. The strength of the British League Division One is emphasized by the fact that Colin Hamplett finished only sixth in the "A' string 110m Hurdles in a new PB and very fast time of 14.89.

Brad McStravick had a debut he would probably rather forget. In difficult conditions Brad failed at his opening height of the pole vault, and could not quite find his form in the 110m Hurdles.

Things were made worse when on the final changeover the  $4\times100\text{m}$  relay team dropped the baton and thus scored no points. So in the end the 'Heath' finished a disappointing eighth just 5 points behind seventh placed Edinburgh Southern.

#### Results:-

1. Birchfield (357) 8 pts, 2. Wolverhampton & Bilston (352) 7 pts, 3. Haringey (351) 6 pts, 4. Shaftesubry (269) 5 pts, 5. TVH (252) 4 pts, 6. Sale (233) 3 pts, 7. Edinburgh Southern (194) 2 pts, 8. Blackheath (189) 1 pt.

### MATCH TWO - WEST LONDON

1st June, 1985

The British League arrived at West London for the second match of the season to be greeted by a very warm and sunny day. After the disasters of Birmingham, Blackheath were keen to remedy their present predicament of propping up the rest of the division. The problems of Birmingham however seemed to be continuing with the late withdrawals of top javelin throwers Pete Yates and Darryl Brand due to injury, meaning the loss of a great many points.

However the club got off to an unexpectedly good start with seventeen year old debutant Neil Haffenden placing second in the 'B' string hammer throwing a PB and junior

club record of 41.78m.

Graham Savory again proved to be a valuable points scorer winning the 'A' string discus with a throw of 52.70m placing fourth in the 'A' string shot with 15.37m and sixth in the 'A' string hammer with 43.12m. The shot also saw the welcome return of Mike Winch to the British League team where he finished second in the 'B' string with 15.03m.

West London also saw a sharp upturn in the fortunes of the club's sprinters, with Dominic Emery and John Shaw placing fifth and fourth respectively in the 400m 'A' and 'B' strings and Jel Phillips finishing fourth in the 200m 'A' string behind olympians Mike McFarlane and Phil Brown. The star of the day on the track however was not for the first time, Phil Davies in the 'B' string 200m. In a desperately close race Phil snatched victory on the line clocking 21.3 secs the same as the 2nd and 3rd placed men, Steve Heard and Paul Dunn.

In the hurdles events GB junior international Derek Wilson scored valuable points placing third in both the 110m

and 400m 'B' strings.

So a much better all round team performance ensured that Blackheath hung onto sixth place and therefore improved to seventh in the League overall. There was still however the hope of much better things to come.

Results:

1. Wolverhampton & Bilston 348, 2. Birchfield 344, 3. Haringey 332, 4. Shaftesbury 289, 5. TVH 242, 6. Blackheath 225, 7. Edinburgh Southern 215, 8. Sale 201.

Aggregate after 2 matches:

1. Birchfield (701) 15 pts, 2. Wolverhampton & Bilston (700) 15 pts, 3. Haringey (683) 12 pts, 4. Shaftesbury (558) 10 pts, 5. TVH (494) 8 pts, 6. Sale (434) 4 pts, 7. Blackheath (414) 4 pts, 8. Edinburgh Southern (409) 4 pts.

### MATCH THREE — EDINBURGH

29th June, 1985

If Blackheath were to remain in Division One it was clear than they would have to live up to their reputation for travelling long distances successfully. True, we could not match the style of rivals Haringey and travel up by air on the morning of the match. But when the team assembled at Kings Cross station the day before the match it was clearly by far the strongest team of the season.

On the day, Edinburgh lived up to its reputation for being the windy city, though the wind did subside during the course of the afternoon. The first result of the day could not have been much better with Gary Pullen finishing 3rd in the 'A' string long jump and Bob Weaver winning the 'B' string with a jump of 6.80m. This was followed by the rare sight of a Heathen leading a British League 800m down the final straight — however it was not to be and in the end debutant Giles Clifford finished a very creditable 3rd in 1 min 51.69 secs. This was followed by Blackheath's first 'A' string track victory of the season with Buster Watson pipping European Junior Champion Elliott Bunny on the line in the 100m. Colin Hamplett and Derek Wilson were both 3rd in the 'A' and 'B' strings respectively of the 110m hurdles.

In the javelin Peter Yates and Darryl Brand proved to be as reliable as ever winning their respective 'A' and 'B' strings. Another debutant, Jerry Barton, ran in the 5,000m and in a very close finish Jerry hung on for 3rd place overall and 2nd

in the 'A' string in a PB of 14 min 10.35 secs.

Mike Winch continued his comeback finishing 2nd in the 'A' string shot putt with a putt of 15.72, just 18cm behind the winner. Unfortunately, Malcolm Cannon seriously injured

his ankle whilst competing in the pole vault.

So an outstanding all round team performance meant that Blackheath finished the match in 4th place, just 26 points behind league champions Haringey. This was a performance based on real team spirit, a fact obvious to all those present.

#### Result:

1. Birchfield (381), 2. Wolverhampton & Bilston (299), 3. Haringey (287), 4. Blackheath (261), 5. Sale (250), 6. Shaftesbury (250), 7. Edinburgh Southern (248), 8. Thames Valley Harriers (221).

Aggregate after 3 matches:

1. Birchfield (1082) 23 pts; 2. Wolverhampton & Bilston (999) 22 pts; 3. Haringey (970) 18 pts; 4. Shaftesbury (808) 13.5 pts; 5. Thames Valley (715) 9 pts; 6. Blackheath (695) 9 pts; 7. Sale (684) 7.5 pts; 8. Edinburgh Southern (657) 6 pts.

### GRE CUP SEMI FINAL

Luton 4th July, 1985

The entire country suffered appalling weather conditions on this particular day — high winds whipped up the rain and

launched it across the nation in rods of steel.

Luton had it as bad as anywhere, but what made it harder to bear here was the almost total absence of shelter. Despite all the discomforts the club spirit remained high and no-one let the side down. In fact, some very respectable performances were produced. Buster Watson attempted, and very nearly succeeded, in drying out the water logged track with a scorching 20.5 in the 200m. (Although unacceptably wind assisted, he proved his form the following week with 20.4 under good conditions at Wigan.)

Phil Davies won the triple jump and only lost the long jump by 1cm in the last round. Darryl Brand won the javelin and Graham Savory both the shot and discus. These field athletes must be particularly commended. Such conditions

affect them far more than the runners.

The one contestant who revelled in it all was Les Roberts, jubillant to be able to race the "long one" for once without a high sun. He charged round to finish 2nd in his fastest time of the year, 30 mins 27 secs, beating ex-England international Andy Holden in the process.

We gave Wolverhampton and Bilston a good run for their money but we never really expected to beat them. Second spot and a place in the Final was a job well done.

### MATCH FOUR — HARINGEY

10th August, 1985

After the good results at Edinburgh had lifted Blackheath out of the relegation zone another good performance would be needed at Haringey to ensure Blackheath's place in

Division One for next year.

In the first event, the hammer, Nigel Spivey made his club debut with an impressive throw of 51.56m in the 'A' string but only gained 6th place in a very high standard competition. Phil Davies and Paul Ashen scored valuable points in the 100m, both gaining 4th places in the 'A' and 'B' strings respectively. Graham Savory continued a successful season by placing 2nd in the 'A' string discus with a throw of 54.48m. Paul Betts produced his best ever British League performance finishing 3rd in the 'B' string 3000m steeple chase and Jerry Barton ran impressively again, this time in the 1500m gaining 3rd in the 'A' string in a time of 3.54.72. Meanwhile, Bill Foster moved up in distance to gain 2nd place in the 'B' string 5000m. However, a number of below par performances amidst strong opposition meant that half way through the meeting Blackheath were languishing in last place and on our way down to Division Two. But how things can change.

Buster Watson produced an outstanding performance to win the 200m 'A' string in a PB of 20.55 beating Donovan Reid who had just been selected in preference to Buster to run the 200m for Great Britain in the European Cup Final. As the 'B' string runners lined up on the track, memories came flooding back of Phil Davies' great victory over Mike McFarlane at Haringey the year before and another victory would have been most welcome. Phil duly obliged running away from the opposition to win in an impressive 21.33. This was followed almost immediately by the result of the javelin where Blackheath again enjoyed a double success, Peter Yates winning the 'A' string with 80.94m and Darryl Brand the 'B' with 70.44m. Suddenly the thoughts of relegation seemed a long way away. A third and fourth in the shot further strengthened the position and Blackheath held on to clinch sixth place in the match thus securing our place in Division One for 1986 at the expense of our rivals Thames

Valley.

N.K.

Result:
1. Birchfield (371), 2. Wolverhampton and B (327), 3. Haringey (298), 4. Sale (274), 5. Shaftesbury (256), 6. Blackheath (248), 7. Thames Valley (223), 8. Edinburgh Southern (291).

Final league positions:

1. Birchfield (1453) 31 pts; 2. Wolverhampton and B (1326) 29 pts; 3. Haringey (1268) 24 pts; 4. Shaftesbury (1064) 17.5 pts; 5. Sale (958) 12.5 pts; 6. Blackheath (923) 12 pts; 7. Thames Valley (938) 11 pts; 8. Edinburgh Southern (858) 7 pts.

### **GRE CUP FINAL**

Copthall Stadium

31st August, 1985

On a wet and windy day at Copthall under the eyes of ITV's World of Sport cameras, Blackheath's first team completed the season with the GRE Cup Final. The competing teams were the eight from Division One, minus Thames Valley who were replaced by Southampton and Eastleigh. Blackheath's aim therefore was to improve on their league position of sixth.

Once the commentator had been convinced that the young man running for Blackheath in the 10 000m really was veteran Les Roberts, proceedings on the track began. In a slow race Les got the 'Heath' off to a good start finishing fourth in 30.56.82. Phil Davies, as usual, scored valuable points finishing fifth in the 100m, sixth in the 200m, and fourth in the triple jump with a seasons best of 14.14m. Whilst Nigel Spivey threw close to his best in the hammer with 52.94m for fifth place, hurdling star Nigel Keogh came close to a superlative best with 55.18m for sixth place in the 400m hurdles. (Thats what Alan Parry said so it must be right — mustn't it?)

Blackheath's best performance on the track however came from Bill Foster with a gutsy performance for third place in the 1500m in a time of 3.57.08. Graham Savory rounded off a consistently successful season with second place in the discus. Blackheath's two wins of the day came from Peter Yates in the javelin with a throw of 73.36m, just 32cm ahead of second, and Mike Winch in the shot with a season's best of 17.02m. Colin Hamplett was as reliable as ever placing fifth in the 110m hurdles and Tim Foulger ran a season's best of 48.66 for sixth in the 400m. Jerry Barton ran well for fourth in the 5000m behind an impressive winner in the form of Shaftesbury's Steve Harris, while two sixteen year olds, Andy Hodge and Dave Coleman did the club proud competing in the high jump and pole vault respectively.

In the end it was to be Shaftesbury's day, a popular and well deserved victory. Southampton, with individual winners like Todd Bennett and Roger Black, proved too strong for Blackheath, pipping us for fifth place. So with sixth place in both league and cup, it may not have been a spectacular season but it proved to be very satisfactory.

N.K



### SOUTHERN LEAGUE DIVISION 1

New River Stadium, Haringey

4th May, 1985

A cool showery day in north London was the setting for Blackheath's newly promoted second team's baptism into a powerful division occupied by the first team as recently as 1979.

As clubs are not permitted two teams in the British League, Blackheath B team had now reached the highest division available, and although promotion was for once not the target, individual match performances and the opportunity for athletes to compete at such a high level promised much interest.

The sight of Brian Hooper in the pole vault did not deter Blackheath vet and P.P. Jim Day. "I've beaten him before" claimed Jim, although admitting Brian was 13 at the time. Unfortunately Mr. Hooper had the edge on this occasion by a mere 2.25m.

Highlights of the day other than Jim's youthful enthusiasm included a win and PB for Nick Terry (High Jump) completing in Blackheath colours for the first time, and for Jerry Phillips in the 100m. He also ran second in the 200m defeating Harry King, Chris Ellis took the No. 1 spot in the discus.

With Les Roberts and Bill O'Donnell competing in the 5000m were were treated to the rare sight for Blackheath in the Southern League of two athletes comfortably under 15 mins. Unfortunately with neither winning their category it was a clear warning of the tough season ahead.

		40	0m		
	_ A			В	
3. P. Byfield	Blackheath	60.2	3. L. Wright	Blackheath	61.7
		10	0m		
I I DESIGN	A Blackheath	11.1	2 D C	B	11.7
I. J. Phillips	niackneatn		•	Blackheath	11.7
	A	80	0m	R	
5. M. De'Ath	Blackheath	2.01.9	3. G. Fernandez		1.57.2
or m. De m.		40		2.20	1.57.2
	A	40	um	В	
4. M. Allen	Blackheath	52.1	3. P. Byfield	Blackheath	52.5
		110m I	Hurdles		
	A			В	
5. N. Terry	Blackheath	17.8	2. G. Holder	Blackheath	17.4
		500	10m		
	A			В	
3. L. Roberts	Blackheath	14.48.7	2. W. O'Donnell	Blackheath	14.53.2
		20	0m		
	A			В	
2. J. Phillips	Blackheath	22.1	3. R. Pinson	Blackheath	22.9
		150	00m		
	Α			В	
3. M. Lane	Blackheath	4.03.4	2. L. Wright	Blackheath	4.09.4
		3000m 5	S/Chase	_	
3. R. Cliff	A Blackheath	10.05.0	2. J. Beck	B	10.23.3
3. R. Citti	Біаскпеаці			Blackheath	10.23.3
		High	Jump		
1. N. Terry	A Blackheath	1.95	2. A. Hodge	B Blackheath	1.80
1. 14. 10119	Diackincalii		-	Diackincatii	1.00
	A	Shot	Put	B	
1. C. Ellis	Blackheath	13.07	4. G. Hickley	Blackheath	10.77
		Ноп	nmer		
	A	11411	illier	В	
5. N. Haffenden	Blackheath	39.34	2. C. Ellis	Blackheath	38.06
		Long	Jump		
	A			В	
3. G. Holder	Blackheath	6.40	5. R. Pinson	Blackheath	5.89
		Triple	Jump		
	A	-	· / -	В	
4. A. Hodge	Blackheath	13.00	2. P. Byfield	Blackheath	12.25
		Dis	icus		
I. C. Ellis	A Distribution	40.54	5 C H-14	B	26.70
I. C. EIIIS	Blackheath		5. G. Holder	Blackheath	26.70
	A	Pole	Vault	R	
5. G. Holder	A Blackheath	3 20	4. J. Day	Blackheath	3.00
J. G. Holder	Diackiicutii			Didexilediii	5.00
	A	Jav	elin	В	
4. G. Holder	Blackheath	44.46	4. C. Ellis	Blackheath	37.70
		Final	Scores		
		rinal	orne.	1001/	
	<ol> <li>Haringey</li> <li>Bracknell</li> </ol>			128½ 123	
	3. Blackheath			1061/2	
	4. Woking			99	
	5. Hownslow			79	

Norman Park

25th May, 1985

As a home fixture for league leaders and favourites, Croydon, this match looked from the outset as a competition for second place and after an engrossing afternoons athletics, Blackheath secured the 4 point target. Outstanding performances of the day came from our new member, Cambridge University's 800m man Giles Clifford. Having recently given G.B. international Chris McGeorge a tough race, Giles produced a devastating burst of acceleration to win in 1 min 52 sec a performance which promises much for the future.

Other winners for Blackheath included Tim Foulger in the 400m B race. Full match details will appear in our next issue, don't miss it!

On the day that saw all three senior track teams in action, this fixture was already threatening to be the season's most difficult. Unfortunately circumstances were exacerbated by injuries and late withdrawals and this left team manager Brian Stone reaching for the Paracetamols and somewhere quiet to lie down.

However, young high jumper Andrew Hodge, having recently set a new championship best in winning the County Youths title, showed what he could also do in the triple jump. His performance in this match of 13.48m will surely place him highly in the National Youths rankings. Andrew also having shown outstanding ability in sprints up to 400m and long jump is undoubtably a star of the future, and his progress will be watched with the greatest of interest.

Another young athlete to have made great strides this season is 800m and 1500m man Mike Laws. Mike will have been disappointed with his performance this day, having tried to stay with the hot pace set by Hercules's Dave Clarke. But having previously run his first sub 4 min 1500m and having reduced his 800m time to around 1.52, Mike has time on his side and will benefit from this experience.

Well done to Mr. Stone. He did eventually persuade 800m runner Peter Lester that pole vault and long jump are only basically running events, and James Cunningham that the steeplechase was ideal training for his pole vaulting! It was worth it; we did, after all, defeat Thames Valley Harriers,

didn't we Brian?

	400m Hurdles						
3. P. Byfield	A Blackheath	59.3	2. S. Munday	B Blackheath	58.3		
			0m		5015		
	A		···	В			
5. R. Pinson	Blackheath	12.5	5. P. Sparks:	Blackheath	11.9		
		80	0m				
	A			В			
4. D. Cocker	Blackheath	1.56.6	3. P. Lester	Blackheath	1.59.2		
		Han	nmer				
4. A. Paffett	Blackheath	30.90	4. C. Morris	Blackheath	14.48		
		High	Jump				
	A			В			
2. A. Hodge	Blackheath	1.92	2. P. Brookes	Blackheath	1.85		
		500	00m				
2 11/ 0/10	A	15.00.0		В			
3. W. O'Donnel	Blackneath	15.00.9	2. P. Betts	Blackheath	15.08.0		
		40	0m	_			
5. P. Byfield	A Blackheath	55.0	1. M. Allen	B Blackheath	51.6		
J. T. Byrield	mackileatii			Біаскпеатп	31.0		
	A	Pole	Vault	В			
2. J. Cunninghan		3.40	2. P. Lester	Blackheath	2.20		
and the same of th				Diackincuin	2.20		
	A	Long	Jump	В			
3. P. Brookes		6.18	4. P. Lester	Blackheath	4.79		
		110m l	Hurdles				
	A		· · · · · · · · · · · · · · · · · · ·	В			
4. S. Munday	Blackheath	17.5	2. P. Brookes	Blackheath	16.9		
		20	0m				
	A			В			
<ol><li>P. Sparkes</li></ol>	Blackheath	23.9	4. M. Allen	Blackheath	24.1		
		SI	hot				
	A	10.63		В			
5. G. Hickey	Blackheath	10.63	4. D. Cocker	Blackheath	9.89		
		Triple	Jump				
3. A. Hodge	A Blackheath	13.49	3. D. Cocker	B Blackheath	12.20		
5. A. Houge	Diackiicatii			Biackiicatii	12.20		
	A	150	)0m	В			
5. M. Jackson		4.02.9	4. M. Laws		4.12.7		
			elin		,		
	A	Jav	eun	R			
2. C. Morris	Blackheath	49.28	3. G. Hickey		38.68		

		3000 S	/Chase		
	A			В	
4. P. Betts	Blackheath	9.53.0	5. J. Cunningha	m Blackheath	12.23.8
		Dis	scus		
	A			В	
4. J. Overall	Blackheath	30.02	4. R. Pinson	Blackheath	22.62
		4 × 100	m Relay		
	A		•	В	
5. Blackheath		45.4	4. Blackheath		1.82.6
		Match	Result		
	1. GEC Avid	onics		138	
	2. Hercules \	Wimbledo	ก	129	
	<ol><li>Norfolk O</li></ol>	ıly.		99	
	4. Blackheatl	h		90	
	5. TVH			75	

### Colindale

20th July, 1985

This was the outstanding team performance of the season by far, and included 10 individual wins, 5 PBs, a senior club record, a British veteran record and an exciting 4 × 400m relay win which clinched the match.

Personal bests were achieved by David Coleman in winning the pole vault B string and John Kitching while scoring a win in the javelin A string. Nigel Spivey, who was competing in club colours for the first, shattered Mike Winch's club hammer record with his opening throw. Chris Ellis, not content with winning shot and hammer B strings. produced his best ever discus throw to re-capture the British vets record from arch rival John Hillier.

It was not only field eventors to hit peak form. Haves school teacher Bill O'Donnell scored a stirring victory in the 5000m. Faced with a near gale force head wind on the back straight, Bill gradually burnt off all opposition to score his first track win for Blackheath. With the match finally balanced, 16 year old high jumper Andrew Hodge ran the opening leg in the 400m relay and to everyone's delight accelerated way from the field in the home straight to hand over a lead that was never lost. Blackheath B team thus recorded their first ever Southern League division one victory.

•					
		100 N	Aetres .		
	A			В	
4. Salmon	Blackheath	11.3	4. Pinson	Blackheath	11.6
		200 N	Aetres		
	A			В	
2. Shaw	Blackheath	22.5	1. Salmon	Blackheath	22.8
		400 N	Aetres		
	A			В	
5. Ailen	Blackheath	51.7	3. Lester	Blackheath	53.7
		800 N	/letres		
	A			В	
<ol><li>Cocker</li></ol>	Blackheath	2.01.4	3. Kemp	Blackheath	2.00.7
		1500	Metres		
	A			В	
4. Calnan	Blackheath	4.07.4	<ol><li>Jackson</li></ol>	Blackheath	4.26.2
		5000	Metres		
	A			В	
<ol> <li>O'Donnell</li> </ol>	Blackheath	15.01.9	1. Betts	Blackheath	15.23.4
		3000 Me	etres S/C		
	A			В	
4. Betts	Blackheath	9.59.2	2. O'Donnell	Blackheath	10.16.6
		110 Metro	es Hurdles		
	_A			В	
2. Fisher	Blackheath		3. Holder	Blackheath	17.7
		400 Metro	es Hurdles		
	A			В	
4. Lester	Blackheath		3. D. Cocker	Blackheath	65.8
			EVENTS Vault		
	_ A			В	
3. Gascoigne	Blackheath	3.40	1. Coleman	Blackheath	3.40

		High	Jump		
	A			В	
2. Hodge	Blackheath	1.90	<ol> <li>Holder</li> </ol>	Blackheath	1.70
		Long	Jump		
	A			В	
2. Holder	Blackheath	6.39	4. Pinson	Blackheath	5.52
		Triple	е Јитр		
	A			В	
2. Hodge	Blackheath	12.74	<ol><li>Holder</li></ol>	Blackheath	12.46
		Наг	mmer		
	A			В	
1. Spivey	Blackheath	54.34	1. Ellis	Blackheath	36.40
		S	hot		
	A			В	
1. Ellis	Blackheath	12.93	<ol><li>Spivey</li></ol>	Blackheath	11.01
		Dis	scus		
	A			В	
1. Ellis	Blackheath	49.08	<ol><li>Spivey</li></ol>	Blackheath	32.28
		Jav	velin		
	A			В	
<ol> <li>Kitching</li> </ol>	Blackheath	54.18	<ol><li>Ellis</li></ol>	Blackheath	38.64
	4 2	× 100 N	Metre Relay		
	A			В	
3. Blackheath		44.5	1. Blackheath		3.25.5
		Final	Result		
	1. Blackheath			125	
	2. Shaftesbury			119	
	3. Bedford			107	
	4. Met. Police			90	
	5. Oxford			87	
Norman Pa	ırk			3rd August,	1985

World veteran bronze medalist, Chris Ellis was again the shining light for Blackheath in their 5th fixture of the season at Norman Park. Unbeaten in all six matches last season, Chris again won both shot and discus against strong opposition and is proving as prolific a points scorer in the Southern League as Mike Winch has been in the British League matches. Let's hope the first team keep their hands off him. Sorry Andy, just a little joke.

A seven second improvement for Paul Betts in the steeplechase and Paul says he wants to establish himself as No. I chaser in the club. Now he has graduated from breaststroke to crawl at the water jump — beware King Coles.

PBs also for Steve Fitz-Costa in the B string chase and Mike Laws in the 1500m, under 4 mins at last.

Congratulations also to Jeff Salmon for a PB in the hammer, proving conclusively that sprinters do have a sense of humour, even though the technical events are a little confusing for them.

Hammer						
	A		anne.	В		
5. S. Williams	Blackheath	28.72	5. J. Salmon	Blackheath	4.30	
		Long	Jump			
	A	_	-	В		
2. G. Holder	Blackheath	6.35	1. P. Brookes	Blackheath	6.26	
		SI	hot			
	A			В		
<ol> <li>C. Ellis</li> </ol>	Blackheath	13.24	<ol><li>G. Hickey</li></ol>	Blackheath	10.60	
		High	Jump			
	A			В		
2. P. Brookes	Blackheath	1.85	4. G. Holder	Blackheath	1.75	
		Pole	Vault			
	A			В		
2. J. Cunninghan	n Blackheath	3.60	<ol><li>G. Holder</li></ol>	Blackheath	3.40	
		Triple	Jump			
	A	•	-	В		
3. D. Cocker	Blackheath	12.29	3. G. Holder	Blackheath	11.74	
		Jav	elin			
	A			В		
2. J. Kitching	Blackheath	50.48	<ol><li>S. Oxlade</li></ol>	Blackheath	38.48	

			Dis	cus			
		A				В	
1	. C. Ellis	Blackheath	46.82	3. S.	Oxlade	Blackheath	31.94
			400 Metre	s Hur	dles		
		A				В	
4	l. Fisher	Blackheath	57.5	3. S.	Munday	Blackheath	59.0
			100 N	1etres			
		A				В	
4	I. J Evans	Blackheath	11.5	2. J.	Salmon	Blackheath	11.5
			800 N	1etres			
		_ A			_	В	
- 2	2. D. Cocker	Blackheath	1.57.3	3. P.	Lester	Blackheath	2.00.0
			5000 N	Vietres			
		A			4.4	В	
	K. Pike	Blackheath	15.42.3	5. M	. Athawes	Blackheath	16.11.1
			400 N	1etres			
		A		1.0		В	60.7
-	M. Allen	Blackheath	31.4	3.G.	rernandez	Blackheath	52.7
			110 Metre	s Hur	dles		
	I. M. Fisher	A Blackheath	160	2 D	Brookes	B Blackheath	17.2
	i. Wi. risher	Віаскпеатп			Brookes	biackneath	17.2
			200 N	1etres			
	J. Salmon	A Blackheath	22.6	2 10	Pinson	B Blackheath	23.4
•	. J. Salmon	віаскнеаці				Біаскпеаці	23.4
			1500 !	Metres		_	
	5. M. Laws	A Blackheath	2 50 7	5 D	Calnan	B Blackheath	4.05.6
•	o. M. Laws	Diackticatii				DIACKIICALII	4.03.0
			3000 Metre	es S/C	hase		
	2. P. Betts	A Blackheath	0 35 0	15	Fitz-Coeta	B Blackheath	10.59.2
	z, i. Betts	Diackficatii				Diackilcatii	10.37.2
		A	4 × 100 M	etres l	Relay	В	
	2. Blackheath	A	43.8	4 B	lackheath	В	3.26.2
	z, Biackiicatii		45.0	ч. ы	dekileatii		3.20,2
			Match	Result			
		1. Old Gayı	onians			1371/5	
		2. Sutton &				112	
		3. Blackhea				1071/2	
		<ol> <li>Highgate</li> </ol>				104	

### McMillan Stadium

5. Basildon

17th August, 1985

68

Blackheath arrived at Essex and Newhams track for their final fixture, assured of a strong position in the top half of the league. With this relaxed no pressure situation some outstanding performances were recorded.

Nick Terry who started the season with a PB of 1.90m in the high jump produced an impressive display to win with 2.05m and earn himself a high position in the British rankings. Nick also achieved another PB in the 110 hurdles to win in 16 seconds dead.

Two former Great Britain internationals were also in action, Steve Green who won the 100m dash and then dashed off to a wedding and Tim Foulger the former England National high jump record holder, who on this occasion ran three 400m races. Tim won the 400 hurdles B race finished second in the flat 400m A race and also ran anchor leg in the 400m relay.

Former World Veteran 10km road champion John Baldwin arrived as usual to time keep, but after much verbal abuse from the team manager and several Chinese burns, John volunteered to run the 5000m B race and produced the goods to win in 15 min 31 secs.

I would like to thank everyone concerned, officials and athletes alike for making it such an enjoyable season but if I may pick out just one in particular it has to be decathlete Garth Holder who was frequently found dashing about the track and field and competing in many events. I must find out what he means when he mumbles about the three card trick and something about a blue bottomed fly.

		400m	Hurdle	5		
	A				В	
3. A. Fisher	Blackheath	57.7	1. T.	Foulger	Blackheath	56.9
		10	0M			
	A				В	
<ol> <li>S. Green</li> </ol>	Blackheath	11.3	4. J.	Salmon	Blackheath	11,9
		80	0M			
	A				В	
<ol><li>G. Fernande</li></ol>	zBlackheath	1.56.6	4. P.	Galloway	Blackheath	1.58.0
		500	00M			
	A				В	
3. B. O'Donne	llBlackheath	15.13.4	1. J.	Baldwin	Blackheath	15.31.9
		40	0m			
	_A				В	
2. T. Foulger	Blackheath	50.1	2. R.	Pinson	Blackheath	51.6
		110m I	Hurdle	s		
2 4 511	A	150			В	
2. A. Fisher	Blackheath	15.8	1. N.	. Terry	Blackheath	16.0
		20	0m			
5. J. Salmon	A	22.0	4 B	n:	B	2.0
J. J. Salmon	Blackheath			Pinson	Blackheath	24.0
		150	00m			
4. L. Wright	A Blackheath	4 08 9	4 P	Galloway	B Blackheath	4.23.8
t. E. Wilgin					Diackiica(ii	4.23.8
	A	3000m St	eeplect	1256	R	
4. C. Haines	Blackheath	10.46.8	4 C	Fitzcosta	Blackheath	11,11.3
			Vault			
	A	roie	v auit		В	
2. S. Gasgoigne	Blackheath	3.20	2. D	. Coleman	Blackheath	2.80
			Jump			
	A	1 II gii	Jump		В	
1. N. Terry	Blackheath	2.05	3. G	. Holder	Blackheath	1.70
		Han	nmer			
	A				В	
<ol><li>T. Walhen</li></ol>	Blackheath	39.60	4. J.	Wakeman	Blackheath	19.56
		Long	Jump			
	A	-	-		В	
2. G. Holder	Blackheath	6.44	3. N.	Terry	Blackheath	5.95
		SI	not			
V	Α				В	
4. T. Walhen	Blackheath	12.53	2. G	Holder	Blackheath	11.07
		Jav	elin			
4 C H-14	A Dischilensel	45.00		<i>c</i> .	В	40.50
4. G. Holder	Біаскпеатп	45.08	4. 5.	Gascoigne	Blackheath	42.78
entre/		Triple	Jump		_	
5. N. Carpente		11.09	4 G	Holder	B Blackheath	11.97
J. IV. Curpente	Diackiicatii			. Holdet	Diackiicatti	11.7/
	A	Dis	scus		D.	
5. T. Walhen		36.24	4 G	. Holden	B Blackheath	26.14
					Biackiicatii	20.14
	A	4 × 100	m Kela	ıy	В	
5. Blackheath		46.1	2. BI	ackheath		3.24.6
			_,			
		Res	sults			
	1. Newham &	Essex			131	
	2. Havering				1221/2	
	3. Blackheath				103	
	4. Portsmout	n			91 90½	
	5. Ipswich				9072	

### NATIONAL VETERANS TRACK & FIELD CHAMPIONSHIPS

M	eadowbank			20th July, 1985
3.	P. Baigent	200m	M55 Blackheath	13.06
3.	P. Baigent	200m	M55 Blackheath	28.01

5. S. Davis	400m M40 Heat 2 Blackheath	58.05
9. J. Robinson	800m M40 Heat 2 Blackheath	2:14.50
2. R. W. Farish	10,000m M45 Blackheath	36:38. <b>00</b>
2. D. J. Gale	110m Hurdles M50 Blackheath	17.03
1. P. C. Hannell	3000m Walk M40 Blackheath	13:16.01
I. P. C. Hannell	5000m Walk M40 Blackheath	22:38.04
2. D. G. Gale	Long Jump M50 Blackheath	05.64
2. J. E. Day	Pole Vault M50 Blackheath	03.10



### SOUTHERN VETS DECATHLON CHAMPIONSHIP

Norman Park 24/25th August, 1985 100m L.I Shot HJ 400m 110H Disc PV Jav 50 - 54 yrs J. Phillips, 13.6 4.89 9.76 1.44 62.2\* 20.7 29.24 2.10 42.02\* 5.40\* Trowbridge 680 608 553 615 752 768 481 315 800 G. Hickey, 13.5 5.21\* 11.92 1.56 74.6 22.5 29.04 2.00 37.42 7.03 Blackheath 700 724 760 795 256 660 476 270 685 210 5536 C. Knowles14.0 4.76 7.93 1.44 69.5 19.5 22.86 2.30 25.50 6.12 V. of A. 562 377 615 460 840 321 405 387 5032 465 14.0 4.56 8.44 1.41 70.3 20.3 20.00 2.90° 26.62 DNF Blackheath600 490 426 570 428 792 250 675 415 0 \*Championship best performance



### **SOUTHERN LEAGUE DIVISION 4**

1st Fixture

4th May, 1985

On a cold damp day at Colchester the first division 4 fixture took place and like the weather our performances on the track were very poor. In only two events did out athletes get near to the top, John Kemp, making his Southern League debut, ran a sensible race to take 2nd place in the 'b' string 800 m, and 3rd team stalwart Jim Phelan also ran very well, to be placed second in the 'b' string 1500 m.

In the field, however, we were far more successful, recording no less than ten first places and four second places. in all, only 8 points being lost. A tremendous performance.

Our two young highjumpers, Simon Tolson and John Novelli took 2nd and 3rd places, clearing heights of 1.75 m and 1.70 m respectively. In the long jump, Richard Coe jumped 5.87 m to win the 'b' string and followed this with a 2nd place in the 'a' string triple jump. John Novelli won the 'b' string with a jump of 12 m. Whilst this had been going on, our two vaulters David Coleman and Nick Latcham, both won their strings with vaults of 3.20 m and 2.80 m to give us maximum points.

In the discus another double first was obtained by Steve Oxlade and Colin Brand. Steve propelled the discus to 32.30 m and Colin followed this with 26.80 m. Colin then partnered Mark Clark in the javelin, where Mark, using the senior implement to very good effect, recorded a throw of 47.66 m to take the 'a' string with Colin throwing 38.16 m to win the 'b'.



Buster Watson on his way towards a 20.55 beating of Donovan Reid in Division 1.

Earlier, in the hammer Mike Davies made a good start to the season by winning the 'a' string, with a very good throw of 33.86 m and was well supported by the 'b' string thrower Roger Ebbutt who secured 2nd place with a throw of 18.46 m.

Alas though, all the good work put in by the field athletes was undone on the track, where our relay team in the  $4\times100$  (who must be said hadn't run together before) were unfortunately disqualified. This left Tendering and Cambridge Harriers tieing for first place with Blackheath behind in 3rd.

	A		В	
100	Paul Stack 4th	12.4 sec	Bob McGowen 5th	13.0
200	Paul Stack 4th	25.2 sec	John Kemp 3rd	25.1
400	Paul Groves 3rd	60.5 sec	Derrek Farnelly 4th	56.3
800	Richard Coe 3rd	2.03.5	John Kemp 2nd	2.06.2
1500	Neil Colvin 3rd	4.15.0	Jim Phelan 2nd	4.29.4
5000	Ken Pike 4th	15.40.5	Paul Barrington-King 3rd	16.21.4
110H	Roger Ebbutt 4th	19.9	Nick Latchem 4th	23.2
400H	Derrek Farrelly 3rd	64.6	Roger Ebbutt 4th	65.3
3000S/C	Chris Haines 5th	10.40.8	Andy Blacknell 3rd	10.51.8
HJ	Simon Tolson 2nd	lm.75	John Novelli 1st	1m.70
LJ	Stewart Gibson 3rd	5m.97	Richard Coe 1st	5m.87
TJ	Richard Coe 2nd	12m.27	John Novelli 1st	12m.00
PV	David Coleman 1st	3m.20	Nick Latchem 1st	2m.80
Shot	Steve Oxlade 3rd	10m.90	Nick Latchem 2nd	8m.38
Discus	Steve Oxlade 1st	32m.30	Colin Brand 1st	26m.80
Jav.	Mark Clark 1st	47m.66	Colin Brand 1st	38m.16
Hammer	Mike Davies 1st	33m.86	Roger Ebbutt 2nd	18m.46
$4 \times 100$	Blackheath (Disq.)	49.6	_	
$4 \times 400$	Blackheath 3rd	3 40 3		

Match result: 1st equal Tendring, Cambridge H. 121 pts; 3rd Blackheath 120 pts; 4th Colchester 115 pts; 5th Bedford.

2nd Fixture

25th May, 1985

In complete contrast to Colchester, the weather for the Eastbourne fixture was sunny and hot, ideal for athletics, and although the track was cinder it was in very good condition. Unfortunately though the home team and London Athletic Club fielded very strong teams which we never quite came to grips with.

On the track only one first place was achieved; this was by Andy Blacknell in the 'b' string 3000 m steeple chase, with a

time of 11 min. 12 secs.

However some useful 2nd places were achieved. In the 800 John Kemp and Peter Davies took that place in their respective 'a' and 'b' strings. Lance Edmondson with a time of 24 secs. came second in the 'a' 200 m, Garry Spencer achieved 2nd place twice in the afternoon, the first in the 400 m hurdles, a completely new event for him and where he was only beaten by one tenth of a second, to record a time of 62.6 secs. Later he ran the 'b' string 1500 m in a time of 4.18.2.

In the field our star was Nick Latcham, who had to turn his hand to four events having already run the 110 hurdles on the track. He started well in the pole vault where he partnered Jim Day. Jim won the 'a' string with a vault of 3m.10 and Nick the 'b' string, clearing 2.30m. Nick then went on to take two second places, the long jump 'b' string with 5.75 m and the discus 'b' string with 22.58m. He finished his afternoon's work by gaining third place in the 'b' string shot, with a put of work by gaining third place in the 'b' string shot, with a put of 7.67 m. Alas, though, Nicks efforts were to no avail. match and were to finish the clear winners with 132 points with L.A.C. taking second place with 120 points and ourselves finishing third with 112 points. Tower Hamlets were fourth with 95 and Highgate fifth with 79.

It was now left to our coach driver to lift our spirits, which he managed well, by taking a small diversion on our way home, stopping off for some liquid refreshment that soon

replenished the inner man!

	A		Б	
100	Lance Edmondson 4th	12.4 sec.	Clive Wilton 5th	12.4
200	Lance Edmondson 2nd	124.0 sec.	Mike Mahoney 3rd	25.0
400	Mike Allen 4th	54.4 sec.	Paul Groves 2nd	54.3
800	John Kemp 2nd	2.04.9	Peter Davies 2nd	2.08.8
1500	Ken Daniel 3rd	4.22.4	Garry Spencer 2nd	4.18.2
5000	Peter Hamilton 4th	16.14.3	Martin Athawes 5th	16.27.0
110H	Roger Ebbutt 3rd	20.2	Nick Latcham 5th	22.8
400H	Roger Ebbutt 3rd	64.6	Gary Spencer 2nd	62.6
3000S/C	Jim Phelan 2nd	11.07	Andy Blacknell 1st	11.12
HJ	Simon Tolson 4th	1m.70	John Novelli 3rd	1.65
LJ	Stewart Gibson 4th	6m.22	Nick Latcham 2nd	5m.75
TJ	John Novelli 5th	12m.07	Stewart Gibson 3rd	11m.08
PV	Jim Day 1st	3m.10	Nick Latcham 1st	2m.30
Shot	Colin Brand 4th	8m.90	Nick Latcham 3rd	7m.67
Discus	Colin Brand 4th	26m.50	Nick Latcham 2nd	22m.58
Jav	Stewart Gibson 2nd	39m.0	Colin Brand 2nd	37m.81
Hammer	Andy Paffett 3rd	29m.52	Colin Brand 5th	24m.68
$4 \times 1000$	Blackheath 5th			
$4 \times 400$	Blackheth 3rd	3.37.7		

Match result: Eastbourne 132; L.A.C. 120; Blackheath 112; Tower Hamlets 95; Highgate 79.

3rd Fixture

29th June, 1985

For our third fixture of the year we travelled to Walton on Thames to the Stompond Lane track, which I must say has seen better days. The condition of the track and its equipment were poor to say the least, which only adds to the excellent performance put up by the team.

In a very close match, some very good results were achieved. In the 800 m both our runners recorded first places. John Kemp in the 'a' string ran a storming race, always leading the pack and finally killing them off with a charge to the line from 100 m out, to win with 5 m to spare. Peter Davies in the 'b' race played a more cautious game, waiting until the bell before surging away to open up a considerable gap, which he maintained right to the line.

The 5000 m was a real joy to watch especially as John Baldwin was making a welcome return to the track. Both John and Ken Pike from the gun settled into an even pace, behind the eventual winner, Pigot of Great Yarmouth. Ken was quite happy to match John stride for stride and Ken's tactics paid off very well as they both pulled steadily away from the rest of the field, for John to finish second in the 'a' race and Ken to win the 'b' race by a clear 35 secs.

In the field also, we were doing very well. John Novelli cleared 1.85 m in the 'a' string high jump, a P.B. to finish third and Simon Tolson in the 'b' string, cleared 1.65 m to win. As if this wasn't sufficient they both went on to accumulate more points in the triple jump, John winning the 'a' string with a jump of 11.94 m and Simon coming fourth in the 'b' string.

Earlier on in the afternoon, David Coleman, continued to show good form in the pole vault, by winning the 'a' string, with a vault of 3.30 m. He was well supported by Nick Latcham in the 'b' string who finished second with a vault of 2.65 m.

With only the final 3 events of the afternoon to come — the 3000 m s/c,  $4 \times 100$  and  $4 \times 400$  relays, the position of the match was very close. In the 'chase Chris Haines and Steve Robinson both ran well, with Chris finishing third in the 'a' string and Steve winning the 'b' string, in his first race of the season.

The  $4 \times 100$  relay was a close fought race between ourselves and Great Yarmouth. Both teams were equal up to

the last changeover, where Yarmouth's better change gave them the edge to win in 46.6 secs. to our 46.8 secs. However, more important was the fact that Walton came in fourth giving us a three point advantage, going into the  $4 \times 400$  relay.

Though Walton were on paper a stronger team than us. = new that the three point advantage over them gave us some leaway and as long as we came in third, we would win the match. From the gun Walton ran well and won with superior strength and style, but we hung on and our determination gave us second place, winning us the match by two points. A splendid team performance.

	A		В	
100	Lance Edmondson 3rd	12.3	Clive Wilton 4th	12 e
200	Paul Stack 4th	24.3	Mike Mahoney 2nd	24.5
400	Paul Groves 3rd	55.0	Pete Davies 4th	56 €
800	John Kemp 1st	2.03.0	Pete Davies 1st	2.09."
1500	Garry Spencer 4th	4.12.0	Ken Daniel 2nd	4.14.4
5000	John Baldwin 2nd	15.48.9	Ken Pike 1st	15.49.2
110H	Roger Ebbutt 3rd	19.7	Stephen Oxlade 3rd	19 ~
400H	Garry Spencer 4th	63.0	Roger Ebbutt 3rd	64.3
3000S/C	Chris Haines 3rd	10.43.8	Steve Robinson 1st	10.48 5
HJ	John Novelli 3rd	1m.85	Simon Tolson 1st	lm.65
LJ	Richard Chitty 3rd	5m.71	Nick Latcham 4th	5m.2e
TJ	John Novelli 1st	11m.94	Simon Tolson 4th	9m.83
PV	David Coleman 1st	3m.30	Nick Latcham 2nd	2m.65
Shot	Steve Oxlade 2nd	10m.87	Nick Latcham 2nd	9m 22
Discus	Steve Oxlade 3rd	30m.32	Mike Davies 3rd	24m.6.
Jav	Steve Oxlade 2nd	42m.48	Stirling Davis 2nd	33m.44
Hammer	Mike Davies 3rd	29m.64	Stan Williams 3rd	28m.62
$4 \times 100$	Blackheath 2nd	46.8		
$4 \times 400$	Blackheath 2nd	3.36.5		

Match result: Blackheath 125; Walton 123; East Grinstead 108; Great Yarmoute 103; Oxford 63.

4th Fixture

20th July, 1985

After our win at Walton, we now new that if we were going to achieve promotion we would have to win all of our last three fixtures. As it happened this was too much to ask of such a young team. However at Croydon we came very close to emulating the Walton result.

Having obtained average results i.e. third and fourth places early on in the afternoon, things picked up when both our 1500 metre runners, Mike Laws and Neil Colvin destroyed the field to win both the 'a' and 'b' strings. This was closely followed by another double success in the 5000 metres, Ken Pike and Peter Hamilton winning the 'a' and 'b' races. In the field first places were achieved by Simon Tolson in the 'b' string high jump, Steve Oxlade 'a' string shot, Colin Brand 'b' string javelin and Andy Paffett 'b' string hammer in the pole vault Roger Ebbutt and Steve Oxlade won the 'a' and 'b' strings

Unfortunately, though, disaster befell us in the 3000 steeple chase, where only one runner, Jim Phelan, managed to finish in fifth place. This meant that we sacrificed the two points that were available for last place in the 'b' race, as Croydon hadn't fielded an athlete. Had our runner finished, the two points obtained at this stage of the afternoon would almost certainly have given us first place in the match. As it was we finished second to Mitcham by just 'one point'.

	A		В	
100	David Barlow 4th	12.0	Clive Wilton 3rd	12.3
200	Vaughn Corless 3rd	24.1	Paul Stack 3rd	24.5
400	Derek Farnelly 3rd	55.4	Pat Squires 3rd	54.6
800	Paul Groves 5th	2.10.8	Garry Spencer 2nd	2.06.5

Main Lawi 1st	4.08.6	Neil Colvin 1st	4.15.9
non Pine Let	15.34.9	Pete Hamilton 1st	15.52.0
Demde 3rd	19.0	Roger Ebbutt 2nd	19.3
Bugger Enburn 4th	68.0	Garry Spencer 3rd	65.1
lim Pholian 5th	10.55.6	Mike Williams	D.N.F.
Jim 3rd	1m.70	Simon Tolson 1st	1m.60
Blumm Pope 2nd	5m.75	B. Gibson 2nd	5m.46
Man 2nd	12m.14	John Novelli 2nd	11m.32
Ebourt 1st	2m.80	Steve Oxlade 1st	2m.60
Direct Connect list	11m.39	Jim Overall 3rd	9m.72
4th	29.98	Steve Oxlade 2nd	28m.84
Description 2nd	44m.58	Colin Brand 1st	42m.24
Tem Williams 2nd	31m.14	Andy Paffett 1st	28m.74
Reckbooth 3rd	47.0		
Washingth 2nd	3.32.8		

ш

 129; Blackheath 128; Croydon B 109; Poly 104; Dartford

3rd August, 1985

Park match, being our home fixture, we were again to put out a strong team, especially as a second place in the division and were a good all round team.

got off to a good start. In the sprints, Paul

e a' 100 m and Clive Wilton came second in

In the 200 m Lance Edmondson won the 'a'

E Paul Stack was second in the 'b' string.

P.B. 1.59.4 to finish second in the 'b' string.

The property of the property

= saw Paul Galloway or 'Herb' to his friends,

A		В	
The Typerks (si	11.7	Clive Wilton 2nd	12.0
Lame Edmondson 1st	24.4	Paul Stack 2nd	24.7
Plan Septimes 3rd	52.9	Derek Farrelly 3rd	53.2
Peel Galloway 1st	2.03.5	John Kemp 2nd	1.59.4 P.B.
Sed Colvin 4th	4.16.7	Ken Daniel 2nd	4.19.6
Furnition 3rd	15.45.6	Mark Colpus 2nd	16.15.3
Magaz Ebburt 5th	20.9	Nick Latcham 5th	23.1
Ebbutt 5th	65.1	Darren Pope 3rd	62.4
Sin Phelan 3rd	10.56.3	Paul Barrington King	3rd 11.10.0
Draw Briggs 1st	lm.75	Simon Tolson 1st	1m.65
Servar Gibson 4th	5m.78	Darren Pope 4th	5m.36
Wel Moss 4th	12m.08	Pete Davis 5th	10m.03
Sim Day 4th	3m.0	Nick Latcham 2nd	2m.80
Tim Overall 5th	9m.30	Nick Latcham 4th	8m.96
Code Brand 4th	40m.52	Stirling Davis 4th	33m.66
Collin Brand 3rd	29m.26	Jim Overall 4th	26m.92
Name Faffett 2nd	31m.84	Mike Davies 1st	31m.44
Murabeath 1st	46.2		
Markheath 2nd	3.28.2		

134 Blackheath 1101/2; Havant 107; Harlow 981/2; W.S.E.

As it turned out neither ourselves, Ashford or Dacorum were able to stop them completing a grand-slam.

It was nice to see some of the old guard turning out for the club in this fixture. Doug Cocker showed tremendous form to win the 'a' string 800 m in 1.59.8, this gave John Kemp the incentive to also win, which he manged quiet comfortably in the 'b' race in 2.02.2. In the 1500 m it was a case of the young showing the old the way home. Neil Colvin in the 'a' race coming 2nd in 4.14.4 and Ken Daniels following him closely over the line to win the 'b' race in 4.16.4. Having consistently struggled all season to obtain points in the 110 hurdles it was really pleasing to see us obtain the double this time out. Ian Holder winning the 'a' string in 17.3 sec. and ex-British league man John Pyman winning the 'b' string in 17.7 sec.

But the performance of the afternoon had to be that of Pat Calnan in the 5000 m. He ran a really well paced race from the front to win the 'a' string in 15.47.4 ably supported by Paul Barrington-King in the 'b' string who finished second in 16.13.6.

When approached by yours truly and asked to help out in the 3000 chase Pat said he'd run but only as a warm, down. Some warm down! Pat started at the back of the pack but as the laps passed to our amazement he was slowly moving through the field. Need I say there was plenty of encouragement from the rest of the team around the track, enough that Pat finally found his way to the front with two laps to go. From here he then really started to "warm down". A gap soon opened and Pat by now had "cooled" those behind, to win in 10.17. Not bad for first attempt at this event and having already won the 5000.

And so the season came to an end. Not on as high a note as we had hoped, but nevertheless our team is young and will get better, stronger, fitter and faster. I would like to thank all the officials, athletes and supporters for their efforts during the summer of '85. And I hope to see you all in '86.

G.S

	A		В	
100	Clive Wilton 4th	12.3	Paul Stack 3rd	12.2
200	Paul Stack 4th	24.8	Mike Mahoney 3rd	24.8
400	Pete Lester 2nd	53.2	Paul Groves 2nd	54.2
800	Doug Cocker 1st	1.59.8	John Kemp 1st	2.02.2
1500	Neil Colvin 2nd	4.14.4	Ken Daniels 1st	4.16.6
5000	Pat Calnan 1st	15.47.4	Paul Barrington King	2nd 16.31.6
110H	Ian Holder 1st	17.3	John Pyman 1st	17.7
400H	Pete Lester 2nd	62.2	Roger Ebbutt 3rd	65.1
3000S/C	Pat Calnan 1st	10m.17	Roger Ebbutt 4th	11m.42.4
HJ	John Novelli 4th	lm.75	Simon Tolson 2nd	1m.70
LJ	Doug Cocker 4th	5m.81	John Pyman 3rd	5m.77
TJ	Doug Cocker 2nd	12m.46	John Novelli 2nd	11m.92
PV	Jim Day 3rd	3m.00	Roger Ebbutt 2nd	2m.80
Shot	Jim Overall 4th	9m.68	Doug Cocker 3rd	8m.76
Discus	Jim Overall 4th	30m.14	Colin Brand 2nd	28m.54
Jav.	Colin Brand 4th	40m.32	Mike Mahoney 4th	29m.40
Hammer	Mike Davies 2nd	28m.62	Colin Brand 4th	18m.18
$4 \times 100$	Blackheath 2nd	47.2		
$4 \times 400$	Blackheath 2nd	3.33.8		

Result: Crawley 'B' 151; Blackheath 'C' 125; Ashford 124; Dacorum 104; Par 0 (failed to show up).

### 17th August, 1985

is fixture of the Summer at Sutcliffe Park we played the ail conquering Crawley 'B' team who until this is one every match.

### **DREAMERS MILE 1985**

Many are the ideas discussed over pints, salted nuts and stale crips on a Wednesday night. Such was the origin of the Dreamers' Mile, a competition devised by Garry Spencer with the help of track guru Franky Anguish. The main aim

was to devise a means by which people would have the chance to improve their mile times. As an incentive two trophies were up for grabs. Firstly, there was an award for the individual who showed the greatest improvement in his mile time. The second award was slightly more complex. Using a decathlon scale each runner was awarded points for his time. Having completed another mile, points were either added or deducted depending on whether he improved or not. Thus, someone who ran 4.41 in his first mile would be awarded 659 points. If he then ran 4.39.7 he would receive 668, a 9 point improvement. If he then ran 4.58.9 he would receive 542 points, a 126 point deterioration. This would be subtracted from his 9 points and he would be left with a total of — 117, giving an average over two races of — 58.5. The best points average won the second award. Each number had to compete in at least four races to be eligible for the prizes.

Ten runners made up the field in the inaugural race in May with Bill O'Donnell moving down in distance to finish seven seconds clear of his nearest rival in 4.33.8. Numbers subsequently increased and by Race Three improvements were being made all round. Bruce Grant had lopped nine seconds off his time, and Paul Betts and Neil Colvin had both run seven seconds faster. These were overshadowed by the sensational fifteen second reduction in Jim Phelan's time, a feat which sent the statisticians rushing for their decathlon tables.

By the end of Race Four Paul Betts had chalked up three wins in a row and the spread of athletes was ever widening. The series was graced with fleeting glimpses of Gary Arthey, Mike Laws, whose 4.25.4 was the fastest winning time of the eight races, and Paul 'Herb' Galloway, who was beaten into

second by Garry Spencer in Race Seven.

Jim Phelan's improvement seemed unbeatable and so it proved to be. However, others also made significant progress. Both Craig Daly and Colin St. Alban lowered their times by thirteen seconds. If the Greatest Improvement Award was relatively clear cut, the Higher Average Points Award was always in the balance. Modest, steady improvement proved the key here and resulted in Pat Calnan, winner of Races Five and Six, taking the title by a hair's breath from Simon Parsons.

The series would never have got off the ground had it not been for the efforts of Garry Spencer and club stalwart George Brooks who organised the timekeeping at each of the races. As far as it being a success, the statistics speak for themselves. Thirty members of all standards competed at various times and a number of personal bests were recorded. The Dreamers Mile is now to become an annual event.

### GREATEST IMPROVEMENT AWARD

	Slowest Time	Points Awarded	Fastest Time	Points Awarded	Points Difference
Jim Phelan	4.56.4	557	4.41.1	659	102
Craig Daly	5.14.3	451	5.01.8	524	73
Paul Betts	4.37.3	685	4.28.2	753	68
Neil Colvin	4.39.7	668	4.31.4	729	61
Pete Barlow	5.07.6	489	4.56,7	549	60
Garry Spencer	4.42.4	650	4.34.2	708	58
Colin St. Alban	6.01.4	222	5.48.2	280	58
Pat Calnan	4.32.8	718	4.25.5	774	56
Simon Parsons	5.21.7	411	5.11.7	466	55
Bruce Grant	5.10.5	473	5.01.2	521	48
Paul Barrington King	4.48.9	606	4.42.2	651	45
Steve Fitz Costa	4.57.0	553	4.50.2	597	44
Richard Farish	5.09.8	477	5.02.5	520	43
Bill Wheeler	5.19.5	422	5.14.4	451	29
John Kelly	4.54.5	569	4.50.0	598	29
Ken Daniel	4.41.0	659	4.37.3	685	26

#### HIGHEST AVERAGE POINTS

Pat Calnan	18.66	Jim Phelan	7.8
Simon Parsons	18.33	Steve Fitzcosta	6.5
Garry Spencer	16.33	Ken Daniel	6.25
Pete Barlow	14.75	Neil Colvin	4.5
Craig Daly	11.25	Paul Barrington King	2.0
		Paul Betts	-0.25

P.C.





Brian Hartley on the point of running into two short planks.

### VIth WORLD VETERANS GAMES

Rome

22-30 June, 1985

The VIth World Veterans Games attracted over 4,000 athletes, including four Blackheath Harriers, from 47 nations to Rome at the end of June for seven days of hectic competition. This surpassed the previous record and with over 20 different age groups covering the full range of track and field events it was perhaps not suprising that the Italian organisation was fully stretched leading to a myriad of technical difficulties. To accommodate the numbers it was necessary to utilise four stadia plus the Capannenelle horse race track on the outskirts of Rome for the cross-country and the Villa Borghese for some of the walking events. When faced with the evitable local problems the favourite response appeared to be 'impossible' or from the very rare English speaking official 'not possible'. Poor lap counting in the 5,000 and 10,000 metres, particularly the latter, caused some competitors to run extra laps; inspite of being metricated there appeared to be a mental block about counting accurately beyond 24! Another source of irritation concerned the sprinters who were unable to find out who had qualified for the semi-finals until a very late stage and even suffered lane changes after having set up their blocks. Perhaps the whole situation is best summed up by the report that the eventual marathon winner was knocked down by the lead motorcycle. However, despite all these deficiencies arising from the casual attitude and obvious inexperience of some of the officials, the Games were overall well run and generally enjoyable, particularly the good fellowship and friendships made.

A majority of the events took place in the Olympic Stadium and the adjacent Marmi Stadium, which was used as the warm-up track for the 1960 Olympics. The latter has Fascist origins and it is said that all the numerous figures surrounding the track have Mussolini's head. I thought you should know that! The outstanding performance from the Club's point of view and perhaps one of the highlights of the whole Championships was the performance of Les Roberts in winning the M40 5,000m. Taking charge of the race from the first lap Les towed the field along at a consistent 71 second place and at the bell he led from Ireland's Pat Murphy and Italy's Michele Ieva. With some 350 metres to go Les moved up a gear and sprinted away from the others turning in a last lap of under 61 seconds for a final time of 14:40.03. His winning margin of some 5 seconds over Pat Murphy in second place illustrates the effectiveness of his devastating last lap and the correctness of his decision to forego the 10,000 metres two days earlier to concentrate on the 5,000 metres. This time is his best as a veteran and only just below his all time best. It was regretable that the medal presentation ceremony was delayed until early the following evening when all the atmosphere and excitement built-up during the race had disappeared. This was one aspect where it was felt the organisers could have gained valuable publicity with improved presentation.

In the sprints Peter Baigent qualified for the semi-finals of both the 100m and 200m in the M55 class returning 13.65 and 28.6 seconds but failed to qualify for the final in either event. In the M40 5km track walk Peter Hannell in his well known impetuous style, blasted a 46.7 second opening 200m; his only response after the race — "was I that slow"! However, at the kilometre he had been caught by the leading group and from then on slipped down the field to finish a very creditable 10th in 25:10.7. Three days later Peter was in action again for the 20km Road walk held on a twisting and undulating 2km circuit around the Villa Borghese a pleasant area of parkland in the centre of Rome. With the M40 and M45 age groups being combined, the standard of walking amongst the leaders was high with Peter doing well to finish 8th with a time of 1:49.01.

In the field Chris Ellis picked up an excellent bronze medal in M40 Discus with a 5th round throw of 46.70 against the winning throw of 48.36. This proved to be a very competitive age group with some 5 metres covering the first eight places.

At the end of the Games, which take place bi-annually, athletes were already talking about the 1987 Games scheduled for Melbourne, Australia. These World Veteran Games are the athletics equivalent of the Olympics for older athletes where everyone competes seriously win or lose and the spirit of Baron de Conbertin is clearly evident. At the conclusion the small Blackheath contingent all agreed they had enjoyed the atmosphere and experience of the Games, particularly the weather with the temperature in the 80's and sunshine almost every day!

P R





John Robinson never seems to go anywhere these days without his pet giraffe. Animal lovers look on with great interest.