

## **BLACKHEATH HARRIERS' GAZETTE** No. 622 Vol 95 May '91-May '92

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contributors to this isue of the Gazette, without whom etc. etc. Many thanks.

Front Cover photo by Pat Calnan shows Team Captain Jamie Quarry receiving his 110mH Gold Medal in Athens Back Cover photo is an archival mystery we'd like you to solve. Any ideas ?

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## SUBSCRITIONS FOR 1993/94

Subscriptions for the 1993/94 year are due on the first of September 1993. To remind you the current rate are: Seniors £32.00 Juniors £2.00 Full time Students over 18 on 1/9/93 £20.00 Joining Fee (Snrs) £10.00 over 18 and Students £8.00

As always, any donations will be gratefully received. This year we need money to offset the general day-to-day expenditure on the club house, and the refurbishment of the showers and toilets. Those of you who subscribe to the Courier know what a great job Bill Clapham is doing. If you would like to receive it, simply add a small donation and you will be included on the next mailing. The cost for producing the Courier in 1992/93 will be £1.30 (six numbers). If posted the additional cost is £1.30 p.a. A donation to Mike Peel with your annual subscripton helps your club's finances.



#### NEW PRESIDENT

Alan Pickering joined Blackheath Harriers in 1974. His main athletic activity at the time was race walking. He represented the Club in many Kent League fixtures in 1974 and 1975. He then rambled further afield wearing the vest of Surrey Walking Club. He competed at all distances from 3,000 metres to 100 miles. He became a Centurion in 1976 by completing 403 laps of the Woodford track in a time of 22 hours and 3 minutes.

In 1984, he ran the London Marathon in a time of 4 hours 11 minutes. Since then, his main sporting activity has been as stoker on the back-end of a racing tandem.

#### Message from the President

When debating the proposition that the Club should accept lady members, those attending the Annual General Meeting made sure that every aspect was explored and, in so doing, gave voice to deeply held emotions. To the credit of all concerned, there was a welcome absence of vitriol. Now that the decision has been taken, I sincerely hope that all those who believe that Blackheath Harriers deserves a future which is as illustrious as its past, will play their part in writing what will hopefully be the next exciting chapter in the Club's history. None of the problems which face the Club during this period of transition need be insuperable. Our aim is to ensure that, while offering a warm welcome to new members, existing members must be able to draw from the Club that which encouraged them to join in the first place.

My theme for the year is "Blackheath in the Community - the Community in Blackheath". I would like the local community to share our pride in Blackheath, its traditions and its future. I would like the community within Blackheath to provide athletic and pastoral support for those members who might need such support on a long-term basis or in the face of a particular problem.

Athletically, I would like the Club to be successful at all levels with this success being achieved in a spirit of which we can be proud. Socially, I would like the clubhouse to be a focal point for events that will suit all tastes.

Being President of Blackheath is an unparalleled honour. In many ways, it is a daunting responsibility too. In retrospect, the year will have flown by. At this stage, I am determined to enjoy my presidency and use the opportunities which the office provides to play my part in preserving our traditions and accepting new challenges.

Alan Pickering

#### FOLLOW THE FLAG

At the final Members Night of the 91/92 season, tribute was paid to P.P. Ken Johnson, retiring Chief Trail Layer, in recognition of his twenty-five years devotion to this demanding task. To follow in the footsteps of the great Keith Wilcockson was a challenge which he accepted and fulfilled admirably.

To celebrate the occasion, his loyal band of "Johnson's Redcoats" presented him with a compass. No doubt he will use this to good effect to take short cuts when viewing cross country events in the future. When asked for advice by Don Hopgood, his successor, Ken merely replied "Bring 'em back alive."

J.W.



#### DICK CHOAT

Dick Choat, who carried the Olympic torch for three miles through Kent on the way to London for the 1948 Olympics, re-enacted that historic moment at the Gloucester Carnival (which started 48 hours after the Barcelona Olympics) when he ran round Gloucester Park with an Olympic torch to the theme of Chariots of Fire, played by a lone piper. He then mounted a winner's podium to address the youth of the city, represented by dozens of young athletes.

Dick, who is now 75 years of age, said running round the park was no problem as he still runs three to five miles at least twice a week from his home at Hucclecote, Gloucester.

He pointed out, however, that the vest he is wearing in the photograph is not the original, although the badge is just pre-World War Two. The vest most probably finished up as a duster decades ago!

B.A.S.

As we go to press, it is with great sadness we have to inform readers of the deaths of Alastair Duthie, Cyril Kidd, Ian Gold and Laurence Westacott. Obituaries to these four members will appear in the next issue of the Gazette.



Flying the flag on Everest at 18,000ft before the start of the Everest Marathon
Photo by Mark Walling

## A MESSAGE FROM THE EDITOR

Firstly apologies for the delay in the appearance of your Gazette. Fully written up and on course for November '92 it now finally slithers out almost a year late. Reasons for the delay? Not quite as novel as last year, but equally irksome: Our printer parted company with his typesetter, who took his equipment with him thus holding all our copy in limbo for almost a year!

Secondly: about this issue. It is an attempt to catch up on a lot of activity in a short space of time. There is a whole year's worth of results starting with Summer '91 and finishing in May '92: The results are courtesy of Bill Clapham's computer and the reports are mostly from Mick Hamlin and Philip Khan-Panni. In future issues we intend to embrace modern technology more fully and the whole issue will be done on Apple Mac. Any of you who have access to computers will greatly assist in reducing time and costs by typing your accounts and results directly onto disc.

And finally - when reading this issue, you will have to cast your minds back a whole two years - forget that we have female members, forget that we are back at Norman Park and all of this will begin to make some sort of sense.

It's Summer '91 and the Juniors finish their first year in Division One of the National Junior League as champions. They then went on to take fourth place out of twenty two in the European Juniors Club Cup in Athens. The whole team performed magnificently and won this accolade from Mike de Silva Y.A. league chair "BH ... are the World Best Age Team" in his experience.

The British league team finished 3rd in Division Two whilst in the Southern League the B team were 10th in Division One. The C team 16th in Division 3 and the D team 10th in Division 7. The Vets finished at the top of their Kent League and went on to win the final in the Southern Vets League. Among the outstanding performances, of the Summer which are too numerous to mention here was Jamie Quarie's 7000+performance in the Decathlon which qualified him for the European Juniors Championships in which he finished 7th with 7016 points.

The Cross Country season started well with a 2nd place in the Cross Country relays at Sparrows Den. We were 7th in the SCAAA road relays at Aldershot where the Vets finished 8th. Unfortunately we slumped to 27th in the National 6 stage. In the National fun run in Hyde Park our seniors did extremely well. Our 50, 60 and 70 year olds finished 19th out of 809 teams.

Dave Taylor won the Club 5 and Blackheath won the Kent Championships. We were fourth in the S.O.T. Junior and won the High Peaks Relay in Derbyshire. The legendary S.L.H. runner Gordon Pirie died and just before Christmas the Vets won the Cambridge Harriers' relays at Rochester by dint of an outstanding performance by new Vet Richard Coe. Taking off two seconds down on Keith Penny, he caught him, stalked him and out-sprinted him over the windy Airport course.

Just before New Year Alan Guilder won the Centre Sports 10K and went on to figure in the team that came third in the Southern and National Cross Country Championships. Dave Taylor was our first man home in both of these: 4th in the Southern and 17th in the National. He went on to finish 19th in the Inter Counties and 26th in the U.K. Championships. Mark Steinle won the Youth's National as he also did in the Kent and Southern Championships.

We also won the Kent Clubman's Championships (from which the elite are barred) at Margate, where the Vet's took bronze in the County Championships.

In the "big three" Mob Matches we beat Ranelagh and Orion, but finished runners up to SLH at home!

Barry O'Gorman was first V.50 in the Hogs Back road race, and Mark Watling won the Club 10.

Terry Brightwell won the Maryon-Wilson swim and Derek Dhammaloka won the newly extended Bennett Cup Championship.

Towards the end of the period covered by this issue Gold. Silver and Bronze medals were collected at the National Vets indoor championships. The club were 6th in both the Southern and National 12 stage road relay championships where Spencer Newport recorded the fastest short leg of the day in the latter. The Wellington relays gained the Vets a further Gold Medal with the seniors settling for 3rd and Daryl Smith won the Ted Pepper Memorial race, and lastly Jack Clear, trail-layer extraordinaire died.

#### SPURT AROUND THE WORLD

From "The Times" dated February 17th 1992 we glean the following information regarding our over-seas division of Blackheath Harriers. "Athletics: Tim Soutar, a Briton living in Hong Kong, yesterday recorded 2hr 43 mins 26sec in 90f heat to win the first marathon run in Vietnam".

This was an excellent performance by Tim in exacting conditions. The field of 350 included 70 Americans many of whom were veterans of the US-Vietnam war. Others had intended to compete in the wheelchair division of the Ho Chi Minh City Marathon but were disappointed when that section of the race was called off because, according to organizers, the Vietnamese do not take part in sports for the disabled.

The Americans nevertheless presented their hosts with three racing wheelchairs to "extend the Vietnamese a hand of friendship". B.S.



Tod Amner and wife Carol

Photo by Dwayne Senior

#### TOD AMNER

And from down-under comes a tale of excitement and adventure, almost culminating in tragedy for Tod Amner. From the Daily News of New Plymouth under the front page heading "Climber fought sleep to survive "comes the following article:-

A climber who survived a 450m fall on Mt. Egmont and a night in the open says he knew that sleep could have meant death.

"Keeping awake means keeping alive." the climber, Tod Amner, said yesterday.

"You just do anything to keep going and stop panicking - keep yourself calm - talk to yourself."

He left North Egmont at 7am on Friday and by 11am reached the top of the Shark's Tooth near the summit. He climbed down to shelter from the wind and called his wife Carol on a cellphone, describing the view.

"I thought I would go down to The Policeman and have a mooch around as there was plenty of daylight left." He was nearing the feature when he fell.

"I don't know what happened - I was foot-pointing down and had my axe in - I think I threw myself off-balance. anced on his side by the pack he was wearing. "I remember trying to get my crampons in, but you haven't got much of a chance."

Eventually the slide stopped, although Mr. Amner remembered there was still plenty of slope ahead of him. He was left with no axe,one crampon and a damaged pack. The cellphone and food had disappeared and the only liquid left was in a thermos that was too damaged to open.

"When I got myself oriented I knew I had done some damage to my ribs. But, I felt not too bad, surprisingly." However heavy breathing combined with the bruising and rib injuries left him worried about a punctured lung. He inched his way 60m back up the mountain to recover the missing crampon before heading down towards the snowline. Because of the pain he moved slowly, taking the easiest line down the slope, but by the time he cleared the snowline he was too exhausted to go on.

"I could see people in the skifield car park but they were too far away. I tried shouting for quite a long time."

The weather clouded over and he knew he would be spending the night on the mountain. "I found a position in the bracken out of the wind, put on every piece of clothing I had and wrapped myself in a space blanket, and waited."

He moved his feet, toes and fingers continuously throughout the night. "I was worried about a couple of things - about the cold and about falling asleep and not waking up in the morning."

Luckily Doug was found by mountain recuers about 7.45am and flown by helicopter to hospital from where he made a full recovery.



Caballero Steve Fitzcosta and bride Sheila Photo by Pat Calnau



## Peter Stenning Memorial Bookcase

As we all know, Peter Stenning, who was President of the club in 1988, sadly died in July 1990.

At a committee meeting, it was decided that a fund should be set up, under the guidance of P.P. Ken Johnson, to enable a suitable memorial to be established in Peter's name. After a discussion between Ken and Vi Stenning (Peter's widow), it was felt that a bookcase would be an ideal tribute, and this was achieved in December 1991. We quote below a letter sent to Bill Clapham from Vi Stenning dated December 14th, 1991, for publication in the Courier. Since not all members receive the Courier, we are taking the opportunity to again publish this letter of thanks.

"Yesterday I went to the Clubhouse, where George Brooks, Ken Johnson and Brian Saxton were already present, to see a bookcase made by Jim O'Conner, a brother-in-law of Bob Taylor, installed by him in memory of my late husband, Peter Stenning (President 1988). Beautifully crafted in oak, it is a perfect tribute to Peter-two of his loves were the Club and local history. I hope the President, the Committee and Club members will be as impressed as I am - it is a beautiful addition to the Clubhouse where treasured records of the Club can be safely kept for future generations of athletes and historians.

As I am anxious that all who contributed, in any way, should know how grateful I am, I am writing to ask whether you would kindly insert the contents of this letter in the next issue of The Courier."

Vi's wish has partly been fulfilled inasmuch as we now have bound copies of Athletics Weekly installed in the bookcase, with further copies ready for binding (Brian Stone will shortly be contacting Past Presidents with regard to this matter). In addition, P.P. Harold Thompson, Club Archivist, is in the process of selecting material for both display and storage in the bookcase.

BAS



OBITUARY V.P. JOHN ARTHUR CLEAR

Jack died in early February 1992 at the age of 85. He joined the club on the 22nd November, 1930, having previously been a member of the Essex Athletics section of the GPO; at that time he was living in Forest Gate, East London.

He had been connected with scouting for most of his life, supporting a local Air Scout group and the District Association, and was awarded the Chief Scout's Commendation and Medal of Merit, both for distinguished services to the movement.

Jack also belonged to Toc H, and during the 1939-45 war was a member of the London Scottish Regiment until discharge on medical grounds in 1944. He then joined the Auxillary Fire Service until its disbandment.

He was a member of St. John the Baptist Church, West Wickham, for over 50 years and was a sidesman for the greater part of that time. For many years he faithfully tended the church gardens and only stopped when he was mugged one morning whilst working in the churchyard.

Although Jack was not a great cross-country runner, he had supported the club in mob matches until he became a regular trail-layer. He also provided the marker flags, which are still used on the cross-country courses; P.P. Ken Johnson estimates that at least 2,500 were made by Jack over the years.

A loyal member of the club, he could always be relied upon. He had a good sense of humour, and will be greatly missed, especially at the top of Boundary Wood, his regular pointsman position.

Some 15 members of the Club, including President, Graham Botley, attended the funeral service held at St. John the Baptist Church on the 17th February, 1992.

To his sons, Ian and Nigel and their families, we offer our sincere condolences.

## TRACK & FIELD 1991

Reports on the British and Southern League Campaigns and the GRE Cup.



11th May. BRIT LGE DIV 2 (1) @ CARDIFF

Results								
	A				B			
100m	4	P	N Davies	10.8	1	М	R Williams	10.7
200m	6	М	Williams	n.t	1	P	Davies	22.4
400m	4	Ρ	Crossan	50.2	4	Ρ	Byfield	52.2
800m	1	Α	Geddes	1:53.5	2	P	Galloway	1:55.3
1500m	2	S	Newport	3:54.1	1	Α	Guilder	3:54.5
5000m	3	D	Taylor	14:50.5	3	Ρ	Calnan	15:38.0
110H	2	J	Quarry{J}	15.0	5	N	Keogh	17.6
400H	3	N	Keogh	55.0	5	Α	Algeo{J}	62.7
3000mSC	1	D	Lee	8:59.5	2	М	Watling	9:39.7
HJ	1	Α	Hodge	2.00	3=	J	Jackson{Y}	1.75
PV	2	Α	Hardy	4.30	3	S	Tolson	3.15
LJ	3	J	Quarry(J)	6.69	5	Α	Hodge	6.02
TJ	6	Α	Hodge	12.72	5	P	Byfield	11.66
SP	6	С	Ellis{V}	11.62	6	J	Quarry	10.12
HT	6	С	Ellis	28.08	6	Α	Brown{J}	19.30
DT	4	С	Ellis	40.86	3	A	Brown	34.92
JT	3	R	Samuel{J}	52.42	3	Α	Hodge	47.50
4X100m	6	B	H 44.3(Cros	san,Quarry	Ву	fie	ld & Davies	)
4X400m	2	B	H 3:20.5 (B	yfield,Gallov	ay	,C	rossan & Ke	ogh)
Match	1	C	al'd Pk 245	; 2 Card 22	26½;	3	O Gayt 215	i; <sup>-</sup>
	4	B	H 214½; 5 E	nf 194; 6 E	dir	1 5	3 167;	

#### 22nd Jun. BRIT LGE DIV 2 (2) @ HARROW

Results	
	A B
100m	2 M R Williams 11.0 6 P Crossan 11.8
200m	2 P Davies 22.0 1 M Williams 21.9
400m	6 P Crossan 51.1 6 R Bates 53.3
800m	5 P Galloway 1:55.2 4 J Murray 1:57.6
1500m	5 J Jefferies 4:04.7 4 M Lawton 4:10.7
5000m	4 W Foster 15:16. 3 A Baldock 15:43.9
110H	5 A Hodge 16.3 5 N Keogh 18.1
400H	3 L Rogers 55.0 1 N Keogh 54.3
3000mSC	3 M Watling 9:48.0 5 A Algeo 10:27.7
HJ	3 A Hodge 2.00 4 J Jackson 1.75
PV	3 A Hardy 4.20 3 S Tolson 3.40
LJ	3 P Davies 7.04 1 R Weaver 6.99
TJ	6 A Hodge 12.60 6 S Timmins 12.28
SP	3 J Mulcahy 13.93 6 S Timmins 9.32
НŤ	6 S Timmins 37.36 6 S Tolson 14.30
DT	4 C Ellis 44.26 5 A Brown 34.00
JT	4 S Harrison 55.96 5 A Hodge 46.04
4X100m	3 BH 42.2 (Rogers, Williams, Bates & Davies)
4X400m	3 BH 3:20.0 (Rogers, Galloway, Davies & Keogh)
Match	1 Cal Pk 280: 2 O Gayt 232: 3 Enf 223:
	4 BH 184; 5 Edin S 180; 6 Card 158;
	1 211 101, 0 2021 2 100, 0 0014 100,

British League Team at Edinburgh

L to R Darrell Smith, Alexis Sharp, Paul Featherstone, Chris Ellis, Mark Williams,
Phil Davies, Andrew Brown, Tony Weeks - Rearson, Steve Harrison,
Martin Lobb, Ben Eldred, Nigel Keogh, Jamie Jefferies, Mark Colpus

#### 20th July. BRIT LGE DIV 2 (3) @ EDINBURGH

Results								
	Α				В			
100m	4	М	R Williams	11.10	1	P	Davies	10.93
200m	2	P	Davies	21.89	1	М	Williams	22.03
400m	3	В	Eldred{J}	49.29	4	N	Keogh	49.24
800m	4	A	Geddes	1:51.6	2	J	Jefferies	1:52.57
1500m	6	Dl	Smith	3:58.54	4	Α	Linford	4:01.84
5000m	1	A	Guilder	14:38.27	1	W	Foster	14:45.86
110H	6	A	Sharp(J)	15.68	4	Α	Hodge	15.93
400H	2	N	Keogh	53.40	5	М	Lobb	59.19
3000mSC	2	S	Newport	8:57.09	3	М	Colpus	9:35.70
HJ	2	A	Hodge	2.00	5	S	Tolson	1.65
PV	5	5	Tolson	3.60	4	S	Foster{Y}	3.40
LJ	2	P	Davies	6.98	1	Α	Sharp	6.71
TJ	3	E	Clarke{Y}	14.10	4	Α	Hodge	13.18
SP	6	Α	Sharp	12.58	3	C	Ellis(V)	11.60
HT	6	S	Timmins(Y)	38.28	5	С	Ellis	34.98
DT	2	С	Ellis	43.20	1	Α	Sharp	40.32
JT	3	S	Harrison(J)	62.12	2	S	Foster	53.64
4X100m	2	BI	H 41.71 (G I	Proctor, Wil	lia	ms	, Sharp &	Davies)
4X400m	6	В	H 3:21.35 (L	obb, P Fea	the	ers	ston, Keogh	. &
	E	ldr	red)				-	
Match	=	1 (	Gavt & Ca	ldn Pk 229	9: 3	3 E	3H 224:	

## 4 Enfd 205; 5 Edin S 186; 6 Card 185; 7th Sep. BRIT LGE DIV 2 (4) @ CRYSTAL PAL

Results	
	A B
200m	1 M R Williams 21.7
800m	1 P Galloway 1:55.3
5000m	1 A Guilder 14:27.3 1 Dl Smith 14:27.9
400H	1 N Keogh 54.0 1 J Quarry 55.3
3000mSC	1 D Lee 8:59.8 1 S Newport 9:00.5
LJ	1 P Davies 6.89
TJ	1 B Essein 13.31
SP	1 J Mulcahy 13.87
JT	1 P Yates 67.96
4X400m	1 BH 3:18.9 (P Featherston, J Quarry, P Galloway
	& N Keogh)
Match	1 BH 258; 2 Caln Pk 248; 3 Enf 217;
	4 O Gayt 214; 5 Card 171; 6 Edin S 149;

Final Posl Cal Pk 22½; 2 0 Gt 17½; 3 BH 16; 4 Enf 13; 5 Card 9; 6 Edin S 6;

#### 2nd Jun. GRE GOLD CUP 2nd ROUND @ HAVERING

Results	
100m	3 P N Davies 11.0
200m	1 M R Williams 22.1
400m	3 R Lashley{J} 50.8
800m	1 P Galloway 1:51.5
1500m	1 J Jefferies 3:57.3
5000m	4 P Calnan 15:56.9
10000m	3 A Baldock 31:58.7
110H	4 N Keogh 17.0
400H	1 N Keogh 54.4
3000mSC	4 M Watling 9:51.6
HJ	1 A Hodge 1.90
PV	1 A Hardy 4.00
LJ	4 A Hodge 6.37
TJ	1 P Davies 14.26
SP	4 C Ellis(V) 11.69
HT	5 C Ellis 32.70
DT	4 C Ellis 41.74
JT	3 A Hodge 45.46
4X100m	1 BH 42.3 {B Allen, M Williams, K Hart & P Davies}
4X400m	2 BH 3:21.3; {R Lashley, P Squires, P Galloway &
	N Keogh}
Match	1 Hav 1422; 2 BH 137; 3 Tonbr 121;
	4 Cov 1162; 5 Achilles 85; 6 Holbeach 70;

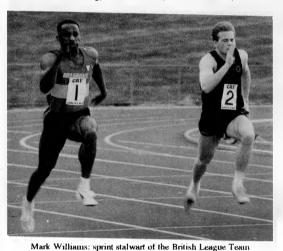


Photo by Pat Calnan

6th July.	GRE	GOLD	CUP	SF	0	DUDLEY	
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Results		
100m	4 M R Williams	10.9
200m	5 M Williams	22.0
400m	7 B Eldred	50.8
800m	7 J Jefferies	1:54.4
5000m	2 A Guilder	15:10.
10000m	4 W Foster	31:46.2
110H	5 A Hodge	16.0
400H	l N Keogh	53.4
НJ	2 A Hodge	2.00
LJ	8 A Hodge	
TJ	8 A Hodge	
SP	7 A Hodge	
JT	8 A Hodge	
4X400m	5 BH (N Keogh	48.4)
Match	1 Belgr 134; 2	Woodf Gr 1
	3 Caldn Pk 11	

#### SOUTHERN LEAGUE DIVISION 1 : MATCH 1

4th May 1991

Croydon Arena

Q: Where did Scott of the Antarctic go to experience conditions of extreme exposure?

#### A: Croydon arena

It was a chill north wind that blasted from Crystal Palace down the hill onto the Croydon Arena track, only broken by a wire fence and a man walking his dog! making this first fixture a very cold, windy affair, unlike the sunshine of this time last year.

The team was up against Belgrave, newly promoted from Division 2, and North London dropping out of the British league, along with Ilford and Harlow this was looking a tough first fixture (shades of last years experiences looming blackly in the darkest recesses of the mind). Nevertheless, the reserve of Phil Davies, Chris Ellis from British League fame with many regulars including Kevin Hart, Giles Clifford, David Greerson, Simon Royson and Lee Redgrave. The Welcome Return of Andy Paffett and the evergreen Jim Day with some new blood to the team from Jon Murray, Mark Stillwell, John Jackson and Jamie Jeffrey the squad was looking quite good. What a start, a win for the A and 2nd in the B from that dynamic duo of Andy Paffett and Chris Ellis in the Hammer was to set us off on a trail of success in the jumps and throws, with wins from Phil Davies in the long and triple and seconds from Lee Redgrave, Jim Day winning the B string pole vault with 2.85 (there's life in the old dog yet!) A 50.10m throw in the Javelin from another Stalwart Carl Longley with a pb from Simon Tolson of 38.98m gave us 2nd and 4th. Chris Ellis and Andrew Brown (still a junior) on both A and B discus with two 2nd's in the shot ...

The track was a tougher show, especially the wind which blew Kevin Hart to a new pb of 11.1, and good runs from another youngster Ben Eldred and our welcome newcomer Mark Stilwell. Giles Clifford won the B string 800 metres following Jon Murray's first appearance at this level with a solid 3rd performance, so, in complete contrast to last years 1st fixture it was a decisive win by 7 points over Belgrade, with Ilford third and North London and Harlow fourth equal. The only thing I would like to ask for now is a few more steeple chasers .......please!!!

Results				
	A		В	
100m	4 M Stillwell	11.4	2 K Hart	11.1
200m	3 B Eldred	22.6	2 M Stillwell	22.8
400m	5 G Clifford	55.	4 D Grierson	55.
800m		2:00.	1 G Clifford	2:01.4
1500m	2 J Jefferies	4:08.1	4 M Dyson	4:18.2
5000m	4 D Hassall 1	5:49.	B Saddler	15:53.9
110H	4 L Redgrave	16.9	2 S Tolson	18.4
400H	5 N Davidson	66.9	4 D Grierson	64.8
3000mSC	4 B Saddler 1	0:24.7	4 D Hassall	10:52.8
HJ	2 S Tolson	1.65	2 J Jackson	1.65
PV	3 S Tolson	3.50	l J Day	2.85
LJ	1 Ph Davies	7.05	2 L Redgrave	6.39
TJ	l P Davies	14.25	2 L Redgrave	13.61
SP	2 C Ellis	12.09	2 A Brown	10.72
HT	l A Paffett	42.62	2 C Ellis	32.28
DΤ	1 C Ellis	44.72	l A Brown	37.44
JT	2 C Longley	50.10	3 S Tolson	38.98
4X100m	2 BH 43.9 (Hart,	Stillwell, I	Eldred & Davies	)
4X400m	2 BH 3:29.2 (Hart	, Murray,	Jefferies & Eld	red)
Match	1 BH'B' 123; 2 Be	lgr 116; 3	Ilford 104;	
	4= Harlow & N.Lo	ndon 94;		

#### S. LEAGUE DIV 1: MATCH 2

25th May Dartford

A discussion of high intensity was carried out in the quiet surroundings of the Swan and Mitre to finalise the teams for the second southern league of the season. The resultant piece of paper, over many hours of discussion and liquid refreshment, looked pretty impressive, the opposition would surely be in dead trouble.

regulars the reliable backbone of the team some deciding to make a decision after the Kent County Championships (understandable of course), postpone calls till the weekend. Sunday evening showed the first few cracks appearing in the team, some hours later and a red hot telephone confirmed my suspicions mid-week, only a couple of days to go and the team looked like a collander (too many holes)!!. By Friday it was a cut and paste job.

The fixture was not a particularly strong one with Herne Hill, Chelmsford, Portsmouth and Old Gaytonians and this would have provided us with our opportunity to build on the successes of the last fixture but alas this was not to be the case. Apart from three 1sts in the A and B long jump and 4 x 100m relays, we struggled to hold our own on the track and field. Nevertheless, there is, as always within Blackheath, a spirit of competitiveness that outshines a dull day, with noteable performances from Jamie Jeffries in the 800m, a creditable 400 m from Rob Bates in 50.2 (considering he spent the previous hour and a half in a M25 traffic jam!) and an impressive 15:22.9 from the young Mark Steinle who is only 16. Also newcomers to the team were Brian Allan in the 200m and 4 x 100m relay and Paul Haywood in the steeple chase (P.S. thanks Nick May for turning up....this time I did not have to get my feet wet!) and the return of a new Dad to the track Tim Nash. So, a frustrating day which could have gone our way with just a couple of additions to the team. Our 4th place was a disappointment considering our potential (must try not to get too excited when looking at next piece of paper). Lets pick ourselves up and try to do better next time.

## DGH

Results		
	A B	
100m	3 K Hart 11.4 3 M Stillwell 11.5	
200m	3 B Allen 23.5 2 K Hart 22.7	
400m	3 R Bates 50.2 3 P Squires 52.48	
00m	3 J Jefferies 1:55.0 3 N Wise 2:01.1	
1500m	4 D Hassall 4:02.5 2 A Baldock 4:08.7	
5000m	4 M Steinle 15:22.9 3 T Nash 16:01.9	
110H	4 L Redgrave 16.8 2 I Holder 17.3	
400H	5 N Davidson 65.8 4 L Anderson 61.8	
3000mSC	5 P Heywood 10:08.0 2 N May 10:14.9	
HJ	4 L Redgrave 1.70 2=I Holder 1.65	
PV	4 J Day 2.90 3 S Oxlade 2.80	
LJ	1 R Weaver 6.77 1 L Redgrave 6.13	
TJ	4 L Redgrave 12.25 2 S Oxlade 11.14	
SP	5 S Oxlade 10.02 4 A Elgy 9.42	
HT	3 A Paffett 39.12 4 P Squires 15.86	
DT	4 S Oxlade 30.28 A Elgy 29.12	
JT	2 S Oxlade 46.84 5 I Holder 29.30	
4X100m	1 BH 43.5 (Allen, Hart, Stillwell & Bates)	
4X400m	2 BH 3:25.9 (Wise, Jefferies, Squires & Bates )	
Match	1 Old Gavt 114%; 2 HHH 112%; 3 Ports 109;	

#### 29th Jun. STH LGE DIV 1 (3) @ BRACKNELL

BH'B' 103½; 5 Chelmsford 100½

Results								
	Α				В			
100m	4	В	Allen	11.3	2	K	Hart	11.3
200m	3	K	Hart	23.0	2	В	Allen	22.9
400m	4	Ρ	Squires	51.9	5	М	Dyson	54.3
800m	5	М	Dyson	2:03.6	4	T	Nash	2:07.2
1500m	5	Т	Nash	4:12.7	3	A	Draper	4:16.7
5000m	1	D	Smith	14:27.6	3	P	Calnan	15:27.
110H	3	P	Austridge	16.8	3	s	Oxlade	18.1
400H	5	Р	Calnan	81.1	5	P	<b>Haywood</b>	76.5
3000mSC	5	P	Heywood	10:21.5	3	P	Calnan	10:36.1
HJ	2	z	Brewster	1.85	2	G	Murphy	1.80
PV	4	J	Wakeman	3.45	2	S	Oxlade	3.35
LJ	5	Z	Brewster	6.14	3	S	Oxlade	5.92
TJ	3	G	Murphy	11.93	2	S	Oxlade	11.87
SP	4	S	Oxlade	10.42	3	R	Samuel	9.78

DT 5 S Oxlade 29.10 5 J Wakeman

JT 3 S Oxlade 47.34 3 R Samuel

4X100m 4 BH 45.4 (Allen, Hart, Brewster & Squires)

4X400m 5 BH 3:53.0 (Draper 57.8; M Mahoney 58.1;

Bournem 128; 2 Eal 118½; 3 Medw 105;

Austridge 53.7 & Squires 63.4)

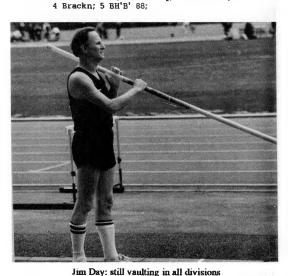


Photo by Pat Cainan

#### S. LEAGUE DIVISION 1: MATCH 4

13th July 1991

Match

Basingstoke

21.76

40.00

What do local councils do when they have a large, open area of unused land? find the most exposed place and build a track on it! and when they are not doing this they are increasing the roundabout population for good measure, add Blackheath trying to find the place and the result is Basingstoke, an outcrop of human endeavour, where you drive round ring roads (and roundabouts) in ever decreasing circles till you drive up your own exhaust pipe!

....so who gave the directions for this place? was the most common opening remark (including timekeepers and president alike) as athletes converged from several different and opposing directions for the 4th Southern League Division 1 fixture. The weather as always amused itself with a spell of cold wet and windy weather (just to make a change) and Paul Austridge was given a free shower in the back of John Wakeman's car (open sunroof full of poles).

The fixture comprised Highgate, Basingstoke, Luton, Thurrock and ourselves. With Basingstoke on home territory and a strong track team from Highgate the fixture was looking challenging. Available points were picked up in the sprints by Brian Allen, Kevin Hart and Dave Galvin in the 100m A and B, 200 A and B and 400m B with wins and second places from "I say there's an athlete" Pat Calnan, Paul Byfield, Paul Austridge and Carl Longly. However "men of the match" awards must go to Ezra Clarke with a pb in the long jump and triple jump improving by some 50 cm+ in the triple. Also, the most impressive piece of front running I have seen in a long time from "Alf Tupper" Mark Colpus with a pb in the 5000m, coming back from 30m down with a lap to go to win and a second place in the chase. These two clearly demonstrate our strength and future potential. The pressure of some of our "core" team gave us third overall, behind Highgate 'A' and Basingstoke 'A' with Luton 'A' and Thurrock 'A' not too far behind. .....not bad for a 'B' team.. This gave us 11 match points with two fixtures still to go and a very tough fixture ahead.

DGH

Results			
	A	В	
100m	2 B Allen	11.7 1 K	Hart 11.7
200m	2 K Hart 2	23.4 1 B	Allen 23.1
400m	4 P Byfield 5	51.3 1 D	Galvin 51.5
800m	4 M Dyson 2:0	02.0 5 L	Bulson{J} 2:02.3
1500m	5 L Bulson 4:1	L6.5 3 D	Hassall 4:17.2
5000m	1 M Colpus 14:4	17.4 3 P	Calnan 15:39.3
110H	4 L Redgrave(J)	18.1 2 P	Austridge 16.8
400H	4 M Lobb	59.8 2 P	Byfield 63.3
3000mSC	2 M Colpus 9:4	45.4 1 P	Calnan 10:12.4
HJ	5 L Redgrave	1.65 -	
PV	4 J Wakeman(V)	3.20 3 J	Day{V} 2.75
LJ	3 L Redgrave	6.45 2 E	Clarke(Y) 6.19
TJ	2 E Clarke	14.09 3 L	Redgrave 11.85
SP	4 A Sharp{J}	12.36 5 C	Longley 8.91
HT	4 A Paffett	37.86 5 J	Wakeman 22.88
DT	3 A Sharp	36.18 2 C	Longley 31.80
JT	3 C Longley	45.26 4 K	Hart 31.76
4X100m	2 BH 45.1 (Allen, G	alvin, Lobb	& Byfield)
4X400m	4 BH 3:28.9 (Lobb !	53.9; S Sing	ham 53.1; Galvin
	50.6 & Byfield 51.3	)	
Match	1 Highgate 137; 2 I	Bas'ke 121;	3 BH'B' 103;
	4 Luton 96; 5 Thur	rock 85;	

#### S. LEAGUE DIVISION 1: MATCH 5

Feltham

n - ---14 -

3rd August1991

Feltham, a plane spotters haven, where the jumbo jets bank over for Heathrow and the anorak brigade swap pilot name badges, clearly visible during their final approach, is possibly one of the most exotic places to compete. Another windy and blustery day had encouraged the populous of greater London to take time out to picnic in that great circular car park called the M25 making our approach to the fixture a slow tedious affair. In fact Jim Day was enjoying the drive so much he decided to stay on the M25 for several more junctions and come in at a height that would clear the tail plane of an inbound DC-10.

The arrivals hall was filled with the opposition in their kiss-me-quick hats and tropical shirts comprising no less than Peterborough, Norfolk Olympiads and Hounslow the top three clubs in the division along with ourselves and the Royal Navy, it looked like some tough opposition. However, Andy Frankish, managing to bend right round corners to peek at the team lists spied that the Royal Navy entry looked like Swiss cheese (except with more holes) so any points they might have had we had to make sure that all our events were covered so we could pick them up! This fixture had provided us with a bonus in the form of Jamie Quarry who was just limbering up before flying out to Greece to represent Great Britain in the decathlon and with a host of regulars, we did what we do best and that is to provide cover by doing events that are sometimes not our particular favourities or speciality to stay competitive.

Some minor mishaps did occur during the day ...a wayward hamstring kept John Wakeman from robbing Sergey Bubka of his crown, a valiant N.T. from a new arrival Richard Ans in the hammer, with a bit of practice I am sure it will all come together (not his event I might add) and what can only be decribed as a baton-chaging extravaganza in the 4 x 100m left us out of the first changeover box.

The competition between the first three was good to watch but was too hot to handle on this particular occasion, so we settled for 4th, respectable under the circumstances but a few more points on the day would have been nice. This now gave us 13 match points going into the last fixture, with so many clubs in a similar position this did not necessarily keep us out of a relegation battle so we would like to find a little lift for our last fixture. DGH

Results								
	A				В			
100m	4	K	Hart	11.6	4	P	Byfield	12.1
200m	3	ĸ	Hart	23.0	3	N	Levy	23.5
400m	2	P	Galvin	50.9	3	P	Byfield	51.5
800m	4	L	Bulson	2:00.5	5	D	Hassall	2:04.0
1500 m	4		Dyson	4:05.3	4	М	Steinle	4:10.9
5000m	4	Т	Nash	15:24.9	1	Α	Baldock	15:26.8
110H	3	L	Redgrave	16.9	-			
400H	-	P	- 2	61.7	5	D	Hassall	70.8
3000mSC	4		May	10:17.6	4	D	Hassall	10:52.2
HJ			Murphy	1.85	3	$\mathbf{z}$	Brewster	1.70
PV			Wakeman	3.20	4	J	Day	3.00
LJ			Redgrave	6.40	3	Z	Brewster	5.75
TJ	4		Bobb	13.21	3	L	Redgrave	12.42
SP			Quarry	10.90	3	Α	Brown	10.90
HT	4	J	Wakeman	21.64	-			
DT			Brown	35.40	3	С	Longley	32.50
JT	4	С	Longley	46.24	4	L	Redgrave	33.04
4X100m	ВІ	1 (	dnf				-	
4X400m	4	BI	H 4:37.6 (G	alvin, Bulso	n,	Ву	field & Has	sall)
Match			ouns 151; : H'B' 76; 5 :	2 Peter'b 14 RN 30;	13;	3	Norf 114;	



Andy Hodge half the GRE semi-final team!
Photo by Pat Calnan
S. LEAGUE DIVISION 1: MATCH 6

Bracknell

31st August 1991

Bracknell is one of our most popular locations to be defeated, in fact, the last two fixtures at this jewel, nay ruby in the crown of the Thames Valley, has led to our demise with last place on both occasions. Not this time though, not if I could help it! This time we would not settle for anything less than a win or it would be cat-food time! Over the past two weeks of phone calls the team was shaping up nicely with Crossan, Galvin, Hart, Lee, Galloway, Llewelyn, Baldock, Watling, Brewster, Hardy, Oxlade, Essien, Bobb, Paffet, Brown Redgrave, Longley, etc. etc. At one point even McGeorge and Heath were pencilled in, only to be lost to injuries and Bob Weaver to work commitments (a minor hiccup came to light midweek prior to the fixture when Mr. Llewelyn reported a rusty bolt on his zimmer frame ...luckily someone came to the rescue with the 3 in 1 and he was pronouced fit at the 11th hour).

Another hot day with a circling wind did not deter our track and field onslaught with no fewer than 10 wins, 12 seconds and eight thirds that took us comfortably into the lead with a 27 point margin. Once again the team produced a solid performance and the other teams were left to fight it out for the minor places. It is interesting to note that the addition of no more than three or four athletes can make a big difference to the squad. My thanks go to all those who competed and once again did more than their specialist event to cover up the gaps.

"Stalwarts" ...and no this is not some peculiar ailment

that occurs from rubbing on too much deep heat, but a way of summing up the heart of any team. Without the

regular presence of many of the names listed, who turn out time and time again, our teams may not continue to remain at such a level. In conclusion, ending the season on a high (as well as starting the season in a similar manner), is a good feeling of achievement. This result placed us 10th in the division overall, respectable by anybodys standards. The final match result was Blackheath B 132, Plymouth A 105, Guildford A 103, Bedford A 101 and Newham and Essex Beagles B 95 points. With a strong junior squad, slowly being introduced to senior competition in the southern leagues, our future looks bright and we can look forward to further successes.

D.G. Hassall, Team Captain S. League Division 1.

## 100m

200m	2	K	Hart		23.0	2	P	Crossan	23.5
400m	1	P	Crossan		51.3	1	D	Galvin	51.4
800m	1	P	Galloway	1	:55.4	3	Α	Algeo	2:05.0
1500 m	1	D	Lee	4	:05.4	2	D	Hassall	4:10.7
5000m	4	A	Baldock	15	:27.6	4	M	Steinle	16:04.2
110H	2	L	Redgrave		16.4	2	Т	Llewelyn	17.4
400H	2	D	Lee		57.3	3	D	Grierson	59.7
3000mSC	2	М	Watling	9	:47.	2	P	Calnan	10:40.
HJ	1	Ť	Llewelyn		1.95	2	Z	Brewster	1.85
PV	1	A	Hardy		4.30	1	s	Oxlade	3.40
LJ	3	L	Redgrave		6.61	1	Т	Llewelyn	6.42
TJ	2	В	Essein		13.75	1	S	Bobb	13.56
SP	5	A	Brown		10.77	4	S	Oxlade	9.69
HT	3	A	Paffett		38.40	4	Α	Brown	20.46
DT	2	Α	Brown		38.10	3	S	Oxlade	29.66
JT	4	С	Longley		45.90	1	S	Oxlade	45.42
4X100m	3	В	H 45.6 (Har	t, C	rossan,	Re	de	rave & Ga	lvin)
4X400m	2	В	H 3:26.9(Gr:	iers	on, Gall	lowa	Ŋ,	Lee & Gal	vin)
Match	1	B	H'B' 132; 2	Ply	m 105;	3 G	ui	ldf 103;	

11.6

3 D Galvin

12.1

## SOUTHERN LEAGUE DIVISION 1

4 Bedford 101; Newham EB 95;

1.	Hounslown/a	30
2.	Peterborough 832	28
3.	Bournemouth 771.5	28
4.	Belgrave n/a	27
5.	Norfolk Olympiadsn/a	25
6.	Herne Hill n/a	22
7.	Basingstoke 689.5	21
8.	llford 652	21
9.	Highgate 655	18
10.	Blackheath 626.5	18
<b>10.</b> 11.	North London	<b>18</b> 17.5
11.		
11. 12.	North London n/a	17.5
11. 12. 13.	North London	17.5 17
11. 12. 13. 14. 15.	North London n/a Old Gaytonians 632 Bedford 626.5 Ealing 607 Guildford n/a	17.5 17 17
11. 12. 13. 14. 15.	North London         n/a           Old Gaytonians         632           Bedford         626.5           Ealing         607	17.5 17 17 17
11. 12. 13. 14. 15.	North London         n/a           Old Gaytonians         632           Bedford         626.5           Ealing         607           Guildford         n/a           Thurrock         n/a           Luton         n/a	17.5 17 17 17 17
11. 12. 13. 14. 15. 16. 17. 18.	North London         n/a           Old Gaytonians         632           Bedford         626.5           Ealing         607           Guildford         n/a           Thurrock         n/a           Luton         n/a           Medway         n/a	17.5 17 17 17 16.5 16
11. 12. 13. 14. 15. 16. 17. 18.	North London         n/a           Old Gaytonians         632           Bedford         626.5           Ealing         607           Guildford         n/a           Thurrock         n/a           Luton         n/a	17.5 17 17 17 16.5 16 15.5

20. Portsmouth ...... 615.5

25. Roval Navyn/a	6
	-
120	
19	
	-

Plymouth ...... 579

22. Bracknell ...... n/a

23. Chelmsford ...... n/a

Harlow

14

12

11

۵

Mark Steinle: and Anthony Algeo struggling in the Steeplechase
Photo by Pat Cainan
SOUTHERN LEAGUE DIVISION THREE

#### 4th May. STH LGE DIV 3 (1) @ MILE END

Results

					-				
100m	3	s	Pearse	11.5	4	s	Oxlade	12.0	
200m	4	S	Pearse	23.7	4	P	Featherston	23.8	
400m	3	P	Featherston	53.3	2	L	Anderson	54.7	
800m	2	Α	Algeo	2:00.8	4	A	Draper	2:07.7	
1500m	3	N	Wise	4:19.5	1	S	Thompson	4:19.6	
5000m	-						_		
110H	2	I	Holder	17.6	2	P	Austridge	17.1	
400H	3	L	Anderson	64.2	5	М	Trevisan	66.9	
3000SC	-								
нз	3	I	Holder	1.70	3	L	Anderson	1.50	
PV	3	s	Oxlade	2.30	_				
LJ	5	I	Holder	5.55	5	S	Pearse	4.96	
TJ	4	P	Austridge	10.58	4	N	Wise	9.29	
SP	5	S	Oxlade	10,22	4	A	Fairbairn	8.44	
HT	4	А	Fairbairn	21.98	4	N	Wise	9.52	
DT	4	s	Oxlade	32.16	3	A	<b>Fairbairn</b>	31.30	
JT	4	S	Oxlade	43.70	5	М	Trevisan	35.58	
4X100m	3	В	i i	46.5					
4X400m	3	BI	H	3:35,8					
Match	1	Da	corum 142;	2 Walton	133	: 3	Haslemere	103:	
			H'C' 78; 5 Co						

# 25th May. STH LGE DIV 3 (2) @ DARTFORD K Daniel 4:11.1

Match	1 Solent 150; 2 Herc W 110; 3 Braint 98; 4 Huntingdon 88; 5 BH'C' 85;

1500m

#### 29th Jun. STH LGE DIV 3 (3) @ YEOVIL

Results					_			
	A				В			
100m			Byfield	11.8			Pearse	11.9
200m	4	P	Byfield	24.1	2	s	Pearse	24.3
400m	1	P	Byfield	50.7	3	R	Minting	53.0
800m	3	N	Wise	2:02.2	3	P	Featherston	2:02.2
1500m	5	K	Daniel	4:18.1	4	N	Wise	4:29.
5000m	1	М	Colpus	14:54.7	1	М	Farrell	15:56.
110H	4	R	Chitty		4	M	Trevisan	
400H	5	М	Trevisan	65.5	3	R	Minting	63.7
3000msc	1	М	Colpus	9:59.9	-		_	
HJ	4	R	Chitty	1.60	-			
PV	4	P	Feathersto	n 2.20	3	R	Chitty	2.0
LJ	3	R	Chitty	6.26	2	Р	Byfield	6.0
TJ	1	P	Byfield	13.00			Chitty	12.1
SP	5	S	Leishman	9.35			Chitty	9.0
HT	4	R	Chitty	20.14			Leishman	19.6
DΤ			Chitty	20.21	_	_	Leishman	13.0
JT			Trevisan	39.74			Leishman	30.2
4X100m	3		H (Byfield,					30.2
4X400m	_		H (Minting,					
Match			H'C'	HLEC, FEEL	HEL	20	DII +1 )	

Results				
	A		В	
100m	5 P Squires	11.7	5 R Hunter	12.2
200m	5 R Hunter	24.5	3 M Champion	24.0
400m	2 P Squires	51.9	5 N Wise	58.4
800m	2 N Wise	2:02.2	3 P Heywood	2:03.3
1500m	4 P Calnan	4:15.9	4 M Farrell	4:34.1
5000m	4 M Farrell	15:46.	1 P Calnan	16:07.
110H	2 I Holder	17.4	l S Oxlade	17.8
400H	5 M Trevisan	67.6	3 S Oxlade	62.0
3000mSC	1 J Beck	10:05.4	l P Heywood	10:17.9
HJ	2=M Champion	1.70	2 I Holder	1.65
PV	2 S Oxlade	3.30	4 R Chitty	2.10
LJ	2 R Chitty	5.84	l I Holder	5.80
TJ	3 S Oxlade	12.39	1 R Chitty	11.91
SP	2 S Oxlade	11.12	2 A Fairbairn	9.42
HT	4 A Fairbairn	27.20	2 C Brand	25.48
DT	1 S Oxlade	32.38	l A Fairbairn	31.08
JT	l S Oxlade	47.62	1 C Brand	42.34
4X100m	5 BH 47.2 (Tre	visan, Hold	ler, Hunter & Ch	ampion)
4X400m	1 BH 3:35 (R H	olt, Wise,	S Hitchcock & So	uires)
Match	1 BH'C' 1231; 2	Richmond	& Tw 115;	
	3 Brentwood 10	07½; 4 Stev	enage 97; 5 TVH	94;

## 31st Aug. STH LGE DIV 3 (6) @ IPSWICH

Results				
	A	В		
100m	2 A Browne	11.6 1	P Byfield	11.7
200m	2 A Browne	23.5 2	M Champion	24.0
400m	3 P Byfield	52.1 1	J Murray	52.0
800m	3 A Draper 1	:59. 3	N Wise	2:05.1
1500 m	3 M Dyson 4	:10.1 2	N Wise	4:19.0
5000m	3 H Morten 15	:58.5 2	M Farrell	16:02.9
110H	2 I Holder	18.0 2	M Champion	19.7
400H	5 C Huntley	65.9 5	I Holder	78.8
3000mSC	3 C Huntley 10	:41.8 2	D Williams	11:14.4
HJ	3 J Jackson	1.85 3	M Champion	1.75
PV	4 R Chitty	2.20 3	J Jackson	1.55
LJ	3 R Chitty	6.08 2	I Holder	6.08
TJ	3 R Chitty	12.24 1	= ?	11.84
SP	5 R Chitty	9.40 4	A Fairbairn	8.40
HT	4 A Fairbairn	26.14 3	R Chitty	19.58
DT	4 A Fairbairn	32.74 5	R Chitty	18.20
JT	2 J Jackson	41.74 1	A Browne	41.02
4X100m	2 BH 46.1			
4X400m	2 BH 3:28.4			
Match	l Basildon 141; 2	Ipswich 11	16; 3 BH'C' 112	7
	4 Bexley 88; 5 F	areham 51;		

## SOUTHERN LEAGUE DIVISION THREE

2. 3. 4. 5. 6. 7. 8. 9. 10. 11. 12. 13. 14. 15. <b>16.</b>	Richmond & Twickenham         613           Braintree         611.5           Haslemere         634.5	30 27 26 26 25 25 27 29 19 18 18 18 17 17 17 17 16 14.5 14
20		
20. 21.		12
20. 21. 22.	Colchester & Tendring 573	
21.		12
21. 22. 23.	Colchester & Tendring	12 12
21. 22. 23. 24.	Colchester & Tendring         573           Stevenage         556           Brentwood         n/a	12 12 10



Paul Betts working hard at West London Stadium Photo by Jim Phelan

## SOUTHERN LEAGUE DIVISION SEVEN

4th May. STH LGE DIV 7 (1) @ COLINDALE

Results					
Kesuics	A		В		
100m	l R Pinson	12.6		Robinson	15.1
200m	1 R Pinson	25.3			26.8
400m	3 M H Allen	54.5		Povey	
800m	2 K Daniel			Povey	57.6
		2:09.1		Povey	2:10.6
1500m	2 G Spencer	4:23.8		Betts	4:24.2
5000m	2 J Phelan	15:58.4	1 R	Coe	15:59.4
110H	-				
400H	3 P Betts	70.1		Robinson	84.7
3000msc	3 B Mellish	11:09.6	2 J	A Cooper	11:41.6
НJ	4 J Phelan	1.15	4 P	Betts	1.15
PV	3 A Jones	2.40	-		
LJ	3 R Pinson	5.35	3 P	Lonergan	3.96
TJ	3 R Pinson	10.26	4 J	Robinson	7.61
SP	2 P Lonergan	9.07	3 J	Phelan	6.04
HT	2 P Lonergan	23.54	3 J	Phelan	18.34
DT	2 R Pinson	23.32	1 P	Lonergan	22.08
JT	1 R Coe	37.36		Moore-Fay	35.68
4X100m	1 BH 49.7 (Pin:	son. Povev.			
4X400m	1 BH 3:46.5 (A)				5.9:
	Povey 57.4):			,	,
Match	1 Lowes 130; 2	Sern 126	3 84	'D' 124:	
	4 Swind 108; 5		J Bn	D 117,	
	4 DWIII 100, 3	Teo dila,			

### 25th May. STH LGE DIV 7 (2) @ W.LONDON ST

Rest	ılta		
		АВ	
100π	n	3 R Pinson 12.2 2 S Green 12.7	
200n	n	4 M H Allen 25.6 4 S Green 26.0	
400n	n	2 M H Allen 54.0 2 D Cocker 54.6	
800n		3 R Coe 2:01.0 4 D Cocker 2:08.5	
1500	m	2 R Coe 4:19.7 3 P Betts 4:31.5	
5000	m	4 J Phelan 16:25.9 4 S Povey 17:16.7	
110H	ı	•	
400H		2 D Cocker 65.9 2 P Betts 69.9	
3000	mSC	3 J Phelan 10:49.5 2 J A Cooper 11:00.6	
НJ		5 J Phelan 1.20 2=P Betts 1.20	
PV		5 J Robinson 1.60 -	
LJ		5 R Pinson 5.24 4 S Green 4.80	
TJ		5 J Phelan 8.42 5 J Robinson 7.32	
SP		2 P Lonergan 8.46 2 J Phelan 7.08	
HT		2 P Lonergan 23.54 2 J Phelan 17.90	
DT		5 P Lonergan 19.04 5 J Phelan' 13.20	
JT		1 R Coe 39.26 1 S Green 34.04	
4X10		3 BH 48.3 (Povey, Allen, Green & Coe)	
4X40	00m	2 BH 3:43.4 (Allen 55.6, Povey 55.9, Coe 57.0 &	
		Cocker 54.9 )	
Matc	:h	1 Musw H 129½; 2 Southend 125; 3 Lond Irish 122;	;

4 BH'D' 95; 5 Kent'B' 592;



Mike Allen tries a new discipline at Reading Photo by Jim Phelan

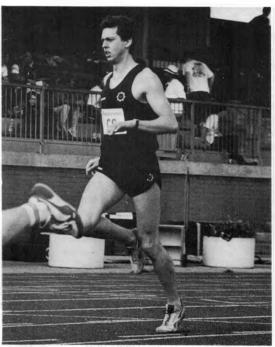
### 29th Jun. STH LGE DIV 7 (3) @ DARTFORD

A         B         B           100m         4 S Green         12.8         2 M H Allen         12.6           200m         3 M Allen         25.7         3 P Comber         26.7           400m         3 M Allen         53.9         1 D Cocker         53.4           800m         1 E Prendergast 2:05.7         1 D Marks         2:07.5;           1500m         1 J Phelan         4:22.2         1 C McCarthy         4:35.7           5000m         1 D Bright         15:44.1         2 P Betts         16:42.5           110H         3 P Lester         21.8         -           400H         4 D Cocker         65.6         3 P Comber         68.5           3000mSC         1 B Mellish         11:01.44         1 J A Cooper         11:09.8           HJ         3=P Betts         1.20         4 J Robinson         1.25           LJ         4 D Cocker         5.43         5 S Green         4.80           TJ         3 D Cocker         11.76         5 J Robinson         7.88           SP         1 J Robotham         10.26         3 J Phelan         6.95           HT         3 P Lonergan         22.74         3 J Phelan         18.42
200m         3 M Allen         25.7         3 P Comber         26.7           400m         3 M Allen         53.9         1 D Cocker         53.4           800m         1 E Prendergast 2:05.7         1 D Marks         2:07.5;           1500m         1 J Phelan         4:22.2         1 C McCarthy         4:35.7           5000m         1 D Bright         15:44.1         2 P Betts         16:42.5           110H         3 P Lester         21.8         -         68.5           3000mSC         1 B Mellish         11:01.44         1 J A Cooper         11:09.8           HJ         3=P Betts         1.20         4 J Robinson         1.20           PV         1 J Day         3.00         2 J Robinson         1.50           LJ         4 D Cocker         5.43         5 S Green         4.80           TJ         3 D Cocker         11.76         5 J Robinson         7.88           SP         1 J Robotham         10.26         3 J Fhelan         6.95           HT         3 P Lonergan         22.20         2 J Robotham         19.18           DT         4 P Lonergan         22.74         3 J Phelan         19.42           2 S Green         34.12
400m         3 M Allen         53.9         1 D Cocker         53.4           800m         1 E Prendergast 2:05.7         1 D Marks         2:07.5;           1500m         1 J Phelan         4:22.2         1 C McCarthy         4:35.7           5000m         1 D Bright         15:44.1         2 P Betts         16:42.5           110H         3 P Lester         21.8         -           400H         4 D Cocker         65.6         3 P Comber         68.5           3000mSC         1 B Mellish         11:01.44         1 J A Cooper         11:09.8           HJ         3=P Betts         1.20         4 J Robinson         1.20           PV         1 J Day         3.00         2 J Robinson         1.55           LJ         4 D Cocker         5.43         5 S Green         4.80           TJ         3 D Cocker         11.76         5 J Robinson         7.88           SP         1 J Robotham         10.26         3 J Phelan         6.95           HT         3 P Lonergan         22.20         2 J Robotham         19.18           DT         4 P Lonergan         22.74         3 J Phelan         19.18           3T         1 Phelan         19.18
800m         1 E Prendergast 2:05.7         1 D Marks         2:07.5;           1 500m         1 J Phelan         4:22.2         1 C McCarthy         4:35.7           5000m         1 D Bright         15:44.1         2 P Betts         16:42.5           110H         3 P Lester         21.8         -           400H         4 D Cocker         65.6         3 P Comber         68.5           3000mSc         1 B Mellish         11:01.44         1 J A Cooper         11:09.8           HJ         3=P Betts         1.20         4 J Robinson         1.20           PV         1 J Day         3.00         2 J Robinson         1.55           LJ         4 D Cocker         5.43         5 G Green         4.80           TJ         3 D Cocker         11.76         5 J Robinson         7.88           SP         1 J Robotham         10.26         3 J Phelan         6.95           HT         3 P Lonergan         22.74         3 J Phelan         19.18           DT         4 P Lonergan         22.74         3 J Phelan         18.42           JT         2 S Green         34.12         2 P Lonergan         27.46
1500m
5000m         1 D Bright         15:44.1         2 P Betts         16:42.5           110H         3 P Lester         21.8         -           400H         4 D Cocker         65.6         3 P Comber         68.5           3000mSC         1 B Mellish         11:01.44         1 J A Cooper         11:09.8           HJ         3=P Betts         1.20         4 J Robinson         1.20           PV         1 J Day         3.00         2 J Robinson         1.55           LJ         4 D Cocker         5.43         5 S Green         4.80           TJ         3 D Cocker         11.76         5 J Robinson         7.88           SP         1 J Robotham         10.26         3 J Phelan         6.95           HT         3 P Lonergan         22.74         3 J Phelan         19.18           DT         4 P Lonergan         22.74         3 J Phelan         18.42           JT         2 S Green         34.12         2 P Lonergan         27.46
110H     3 P Lester     21.8     -       400H     4 D Cocker     65.6     3 P Comber     68.5       3000mSc 1 B Mellish     11:01.44     1 J A Cooper     11:09.8       HJ     3=P Betts     1.20     4 J Robinson     1.20       PV     1 J Day     3.00     2 J Robinson     1.55       LJ     4 D Cocker     5.43     5 S Green     4.80       TJ     3 D Cocker     11.76     5 J Robinson     7.88       SP     1 J Robotham     10.26     3 J Phelan     6.95       HT     3 P Lonergan     22.74     3 J Phelan     19.18       DT     4 P Lonergan     22.74     3 J Phelan     18.42       JT     2 S Green     34.12     2 P Lonergan     27.46
400H         4 D Cocker         65.6         3 P Comber         68.5           3000mSC 1 B Mellish         11:01.44         1 J A Cooper         11:09.8           HJ         3=P Betts         1.20         4 J Robinson         1.20           PV         1 J Day         3.00         2 J Robinson         1.55           LJ         4 D Cocker         5.43         5 S Green         4.80           TJ         3 D Cocker         11.76         5 J Robinson         7.88           SP         1 J Robotham         10.26         3 J Phelan         6.95           HT         3 P Lonergan         22.20         2 J Robotham         19.18           DT         4 P Lonergan         22.74         3 J Phelan         18.42           JT         2 S Green         34.12         2 P Lonergan         27.46
3000mSC     1 B Mellish     11:01.44     1 J A Cooper     11:09.8       HJ     3=P Betts     1.20     4 J Robinson     1.20       PV     1 J Day     3.00     2 J Robinson     1.55       LJ     4 D Cocker     5.43     5 S Green     4.80       TJ     3 D Cocker     11.76     5 J Robinson     7.88       SP     1 J Robotham     10.26     3 J Phelan     6.95       HT     3 P Lonergan     22.20     2 J Robotham     19.18       DT     4 P Lonergan     22.74     3 J Phelan     18.42       JT     2 S Green     34.12     2 P Lonergan     27.46
HJ 3=P Betts 1.20 4 J Robinson 1.20 PV 1 J Day 3.00 2 J Robinson 1.55 LJ 4 D Cocker 5.43 5 S Green 4.80 TJ 3 D Cocker 11.76 5 J Robinson 7.88 SP 1 J Robotham 10.26 3 J Phelan 6.95 HT 3 P Lonergan 22.20 2 J Robotham 19.18 DT 4 P Lonergan 22.74 3 J Phelan 18.42 JT 2 S Green 34.12 2 P Lonergan 27.46
PV         1 J Day         3.00         2 J Robinson         1.55           LJ         4 D Cocker         5.43         5 S Green         4.80           TJ         3 D Cocker         11.76         5 J Robinson         7.88           SP         1 J Robotham         10.26         3 J Phelan         6.95           HT         3 P Lonergan         22.20         2 J Robotham         19.18           DT         4 P Lonergan         22.74         3 J Phelan         18.42           JT         2 S Green         34.12         2 P Lonergan         27.46
LJ 4 D Cocker 5.43 5 S Green 4.80 TJ 3 D Cocker 11.76 5 J Robinson 7.88 SP 1 J Robotham 10.26 3 J Phelan 6.95 HT 3 P Lonergan 22.20 2 J Robotham 19.18 DT 4 P Lonergan 22.74 3 J Phelan 18.42 JT 2 S Green 34.12 2 P Lonergan 27.46
TJ 3 D Cocker 11.76 5 J Robinson 7.88 SP 1 J Robotham 10.26 3 J Phelan 6.95 HT 3 P Lonergan 22.20 2 J Robotham 19.18 DT 4 P Lonergan 22.74 3 J Phelan 18.42 JT 2 S Green 34.12 2 P Lonergan 27.46
SP     1 J Robotham     10.26     3 J Phelan     6.95       HT     3 P Lonergan     22.20     2 J Robotham     19.18       DT     4 P Lonergan     22.74     3 J Phelan     18.42       JT     2 S Green     34.12     2 P Lonergan     27.46
HT 3 P Lonergan 22.20 2 J Robotham 19.18 DT 4 P Lonergan 22.74 3 J Phelan 18.42 JT 2 S Green 34.12 2 P Lonergan 27.46
DT 4 P Lonergan 22.74 3 J Phelan 18.42 JT 2 S Green 34.12 2 P Lonergan 27.46
JT 2 S Green 34.12 2 P Lonergan 27.46
4X100m 3 BH 50.2 (Green, Cocker, Allen & Comber)
4X400m 2 BH 3:49.8 (Allen, Comber, Phelan & Cocker)
Match 1 Solent 143; 2 Herc W 1412; 3 BH'D' 123;
4 Weym 74½; 5 O Gayt 29;

#### 13th July. STH LGE DIV 7 (4) @ HORSHAM

Results				
	A		В	
100m	4 S Green	12.6	4 S Parsons	13.1
200m	3 D Cocker	25.0	l Js Brown	24.9
400m	l D Cocker	54.3	3 S Parsons	61.2
800m	2 E Prendergasi	t 2:09.7	3 C Hallworth	
1500m	2 J Phelan	4:23.9	1 C McCarthy	4:27.8
5000m	4 B Mellish	16:22.9	2 N Colvin	16:54.4
110H	-			
400H	2 D Cocker	64.7	l P Comber	68.0
3000mSC	2 N Kinsey	10:47.3	l J A Cooper	11:10.1
HJ	5 P Comber	1.35	4=C Hallworth	1.00
PV	-			
LJ	5 S Green	4.88	4 S Parsons	4.63
TJ	4 C Hallworth	10.25		9.56
SP	1 J Robotham	10.36		7.05
HT	3 J Phelan	17.04	5 J Robotham	3.66
DT	2 J Robotham	26.75	4 S Parsons	15.55
JT	3 R Coe	39.12	2 S Green	33.84
4X100m	2 BH 50.1 (Parse			
4X400m	1 BH 3:50.2 (Bro	wn 56.0;	Comber 58.4; Par	csons
	61.7; Cocker 54.			
Match	l SevenO 115; 2			
	3 Trent Pk104;	4 BH'D' 10	)2½; 5 Hayw Hth	84;

Results		
	A B	
100m	4 S Leishman 12.6 4 S Parsons 13	.6
200m	4 S Leishman 25.6 3 N Davidson 26	.0
400 m	2 M H Allen 57.1 2 K Daniel 57	.2
800m	1 D Cocker 2:05.6 1 K Daniel 2:11	.6
1500m	1 C McCarthy 4:17.1 2 X Rees 4:32	.8
5000m	1 Roy Smith 15:57.0 1 N Colvin 16:58	.2
110H	2 S Freemantle 23.6 2 P Betts 24	.2
400H	1 N Davidson 65.2 1 P Betts 71	.7
3000mSC	1 N Kinsey 10:48.4 1 J A Cooper 11:05	٠.
HJ	2 S Leishman 1.65 2 D Marks 1	50
PV	2=G Hickey 1.65 2=J Phelan 1	.65
LJ	4 S Freemantle 4.85 3 S Leishman 4	.69
TJ	2 S Leishman 11.17 3 J Marks 9	.18
SP	1 G Hickey 10.65 4 J Phelan 7	.17
HT		1.66
DT	2 S Leishman 31.44 3 G Hickey 22	.32
JT		30
4X100m	4 BH 49.3 (Parsons, Allen, Davidson & Leishman	1)
4X400m	1 BH 3:45.4 (D Marks 56.4, Daniel 56.5, Davidson	a
	56.3 & Allen 56.2)	
Match	1 BH'D' 136; 2 Swale 130; 3 Oxford 105;	
	4 Harlow 97; 5 IEK no score;	



Steve Green sprinting at West London Stadium
Photo by Jim Pholan

### 31st Aug. STH LGE DIV 7 (6) @ READING

.2		
Results		
	A	B
100m	5 M Mahoney 13.2	2 M H Allen 12.8
200m	5 N Davidson 25.9	4 P Comber 26.5
400m	3 M Allen 55.8	2 R Minting 53.7
800m		2 R Holt 2:19.4
1500m	1 K Daniel 4:20.0	2 G Spencer 4:31.5
5000m	2 Roy Smith 16:02.3	2 C McCarthy 17:39.4
110H	1 R Holt 19.0	1 P Lester 21.9
400H	2 N Davidson 63.9	1 P Comber 68.5
3000mSC	2 P Betts 10:37.0	2 J A Cooper 11:01.0
НJ	2 C Hallworth 1.40	2 P Comber 1.3!
PV	1 J Day 2.60	2 C McCarthy 1.56
LJ	1 R Coe 5.51	1 P Lester 5.03
TJ	1 R Coe 11.51	2 C Hallworth 10.10
SP	5 M Allen 8.86	5 J Phelan 6.98
HT	4 J Phelan 19.26	4 R Coe 14.6
DT	5 J Phelan 19.84	4 P Lester 16.9
JT	4 C Hallworth 36.84	1 R Coe 35.9
4X100m	1 BH 47.7 (Minting, Allen,	Holt & Coe)
4X400m	1 BH 3:36.2 (Lester, Mintin	g, Davidson & Holt);
Match	1 Maid'hd 150; 2 BH'D' 131	; 3 Trow'br 80;
	4 Braintree 74; 5 Herts &	W 32;

	COUTHERN LEAGUE DIVISION 7		
4	SOUTHERN LEAGUE DIVISION 7	,	-00
1.		n/a	29
2.		366.5	27
3.		363.5	27
4.		838	27
5.	Southend	329.5	27
6.	London Irish	n/a	26
7.	Serpentine	n/a	22
8.	T.ent Park	n/a	21
9.		n/a	20
10.	Blackheath	n/a	19
11.	Haywards Heath	633	18
12.	Stevanage	612	18
13.	Swindon	655	17
14.	Swale	634.5	17
15.	Kent	575.5	16
16.	Oxford City	567.5	16
17.		n/a	14
18.	Braintree	494.5	13
19.	Weymouth	454.5	13
20.	Hertford & Ware	n/a	12
21.	Harlow	390	8
22.		216	8
23.		n/a	7
24.	Invicta & Yeovil	n/a	0

UK NA	TIO	NAL LIST 1991					
				Dave Lee: clu	ıb rec	ord holder for 3000m S/	C
100m	36	Michael Nartey (y)	10.67		Photo	by Pat Calnan	
	40	Phil Davies	10.72				
	47	Mark Williams	10.76	100m Hurdles (3'6")	2	Jamie Quarry	14.51
200m	41	Michael Nartey (y)	21.69	110m Hurdles (3'3")	1	Jamie Quarry	14.01
1500m	17	Andrew Geddes	3.42.30		25	Jonathan Tullett	15.2
3000m	19	Andrew Geddes	7.58.15	400m Hurdles	9	Laurence Rogers	54.19
	26	Darrell Smith	8.00.02		10	Noel Levy (y)	54.20
	50	Spencer Newport	8.08.06		15	Jamie Quarry	55.3
10000m	31	Alan Guilder	29.38.03	Long Jump	8	Jamie Quarry	7.19
	38	Dave Taylor	29.47.56	Triple Jump	12	Ezra Clarke (y)	14.54
3000m Steeplechase	13	Dave Lee	8.44.3	Shot (7.26 Kg)	8	Jason Mulcahy	14.16
	20	Spencer Newport	8.57.09	Shot (6.25Kg)	7	Jason Mulcahy	15.71
	45	Paddy Brice	9.08.9		24	Alexis Sharp	13.68
110m Hurdles	20	Jamie Quarry	14.51	Discus (1.75Kg)	17	Alexis Sharp	43.06
400m Hurdles	27	Nigel Keogh	52.89	Javelin	6	Stephen Harrison	64.34
High Jump	39	Andrew Hodge	2.05				
Long Jump	30	Dwayne Heard	7.23				
	34	Phil Davies	7.22	YOUTHS			
	41	Jamie Quarry	7.19	100m	1	Michael Nartey	10.67
Triple Jump	28	Dwayne Heard	15.10		19	Sam Appiah	11.1
Shot Putt	5	Neal Brunning	17.74	200m	- 1	Michael Nartey	21.69

53.46

45.84

77.06

64.34

7.018

10.67

21.69

48.8

400m

3000m

100m Hurdles

400m Hurdles

Pole Vault

Shot Putt

Hammer

Discus

Javelin

Triple Jump

Noel Levy

Noel Levy

24

2

18

Mark Steinle

Abimbola Ilo

Steven Foster

Steve Timmins

Steve Timmins

Steve Timmins

Steven Foster

Ezra Clark

Sam Bobb

49.8

8.39.3

13.39

53.58

3.70

14.54

13.60

14.43

43.00

53.72

61.28

Discus

Javelin

Decathlon

**JUNIORS** 

100m

200m

13

50

8

32

Neal Brunning

Stephen Harrison

Michael Nartey (y)

Michael Nartey (y)

Darryl Brand

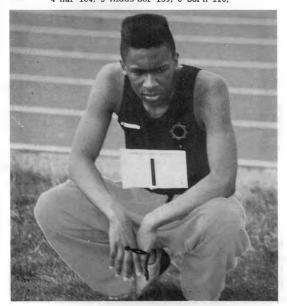
Jamie Quarry

Ben Eldred

Peter Yates

## 6th May 1991. NATL JUN LGE DIV 1 (1) @ CRYSTAL PAL

Results				
	A		В	
100m	3 R Lansiquot	11.1	4 B Gardener	11.6
200 m	1 M Nartey	21.9	3 M Stillwell	23.0
400m	2 B Eldred	50.2	l R Lashley	51.3
800m	3 L Bulson	2:01.4	5 A Dennison	2:06.5
1500m	3 J Murray	4:09.7	2 M Steinle	4:12.2
3000m	1 A Draper	8:55.0	6 S Hough	10:02.6
110H	l J Tullett	15.4	3 L Redgrave	16.3
400H	l N Levy	56.9	1 L Redgrave	60.4
2000mS	3 A Algeo	6:21.3	3 C Huntley	6:50.6
HJ	5 G Murphy	1.75	4 Z Brewster	1.70
PV	4 A Jones	2.40	3 B Essein	2.20
LJ	3 L Redgrave	6.34	4 Z Brewster	5.77
TJ	4 B Essein	12.93	6 G Murphy	11.07
SP	l J Mulcahy	14.91	1 S Timmins	11.80
HT	4 S Timmins	44.96	4 G Kane	27.86
DT	2 S Timmins	36.62	6 N Gardener	20.08
JT	l R Samuel	52.94	1 R Drury	45.22
4X100m	2 BH 43.9			
4X400m	1 BH 3:24.6			
Match	1 BH 205; 2 O	Gayt 192;	3 Bir'f 172;	
	4 Har 164: 5 M	idds'bor 1	39: 6 Sol'h 126:	



Sam Bobb: Junior League Triple Jumper Photo by Pat Calnan

#### National Junior League Match 2.

Harrow

16th June 1991

After our good start at Crystal Palace, we came down to earth on a rainy day at Bannister Stadium. We stuttered at this date in the season in 1990 and it happened again this year. Like the previous June we were missing a large number of athletes due to injury, internationals, exams and the Southern youths championships. What again sabotaged our team on the day was the non-appearance of athletes without any warning. The whole season could have been ruined but for a fortunate reversal of the positions of the top clubs from the first fixture. Haringey, fourth at Crystal Palace came through to win with Birchfield in second.

Despite our weaknesses there were some heroic displays from a number of adhletes who filled in gaps in the team. Bassey Essein competed in the high jump, pole vault, and triple jump at the same time. Neil Gardener eagerly took up the chance to throw the hammer and was Jonathan Tullett ran a good third in the B200m only twenty minutes after winning the 110 hurdles A string, and Lee Redgrave scored well in the 3,000m and 2,000s\chase, as did Anthony Algeo in the 800 and chase.

As well as these great examples of team spirit there were some excellent performances in individual events particularly in the throws. Jason Mulcahy recorded a club record of 15.71 in the shot putt for which he was awarded 'Man of the Match' and presented with a 'baggy' T shirt proclaiming this feat. Needless to say it was not baggy on Jason. Steve Harrison was also in contention for, man of the match' with his 58.38m victory in the javelin. Here he was ably backed up with a B string victory from Richard Samuel who threw well despite injury. Good points were scored in the discus by Harrison and Andrew Brown. It must be good for future teams to see our seniors scoring so well in the throws.

On the track good points were scored by Jonathan Murray and Roger Lashley in the 400m, Roger thus made some amends for missing the start of the 400 hurdles when he forgot to take his vest over to the start and the track referee refused to hold up the race. Ben Eldred missed the 400m as he was carrying an injury. Instead he opted for the 800m for the first time in two years, but was disappointed to be outside two minutes.

Special mention should be made of three youths in the team. Peter Kane gave up a place in the Southern youths championships to compete at Harrow, Sam Bobb triple jumped two days in a row despite a back injury. And Paul Comber enthusiastically filled in at the pole vault to score valuable points.

All these efforts were in vain and we slumped to fourth place. However, our emphatic victory in the 4x400 showed that we were not buried. This was just an off day and we would be back to show the other clubs who was the best.

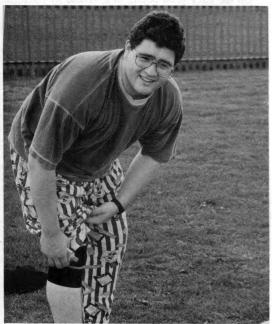
100	4	R Lansiquot	11.4	6 B. Gardener	12.0
200	6	B. Gardener	24.2	3. J. Tullett	23.4
400	2	J. Murray	51.1	1. R. Lashley	51.6
800	4	B. Eldred	2.02.7	1. A. Algeo	2.03.5
1500	5	J. Murray	4.18.4	5. S. Hough	4.28.2
3000	5	C. Huntley	9.25.2	<ol><li>A. Dennison</li></ol>	9.40.5
110H	1	J. Tullett	15.9	<ol> <li>L. Redgrave</li> </ol>	16.8.
400H	4	L. Redgrave	61.9		
2000s/c	2	A. Algeo	6.18.5	<ol><li>C. Huntley</li></ol>	6.52.9
НĴ	5	B. Essein	1.60	<ol><li>N. Gardener</li></ol>	1.45
IJ	5	L. Redgrave	6.26	<ol><li>N. Gardener</li></ol>	5.50
ŢJ	4	S. Bobb	12.74	<ol><li>B. Essein</li></ol>	12.10
PV	4	B. Essein.	2.00	4. P. Comber	1.30
SP	1	J.Mulcahy	15.71	2. A. Brown	11.17
DT	2	A. Brown	39.92	2. S. Harrison	37.92
JT	1	S. Harrison	58.38	1. R. Samuel	47.36
HT	5	P. Kane	32.52	5. N. Gardener	20.46
4x100	4	45.1 (L	ansiquot,	Tullett, Gardener, C	ardener)
4x400	ì	3.26.2 (H	lough, Mi	irray, Lashley, Eldre	ed)
			_		

## MATCH AFTER 2 MATCHES

					league pts	neatch pts		
	1. Haringey	198	1.	Old Gaytonians	9	378		
	2. Birchfield	193	2.	Blackheath	9	374		
	3. Old Gaytonians	186	3.	Birchfield	9	365		
	4. Blackheath	169	4.	Haringey	9	362		
	5. Solihull&Small Heath	141	5.	Solihull&Small Ho	eath 3	267		
	6. Middlesborough	107	6.	Middlesborough	.3	246		

#### <u>28th July 1991</u> NATL JUN LGE DIV 1 ( 3 ) @ MIDDLESBOROUGH

Results				
	A		В	
100m	2 M Nartey{Y}	10.9	l A Sharp	11.1
200m	3 M Nartey	22.9	6 S Bobb(Y)	25.3
400m	5 N Levy{Y}	49.8	2 R Lashley	50.6
800m	4 L Bulson	2:00.4	3 A Dennison	2:02.6
1500m	4 L Bulson	4:16.1	4 A Dennison	4:26.9
3000m	4 M Steinle(Y)	8:53.5	2 A Draper	8:59.8
110H	1 A Sharp	15.3	1 L Redgrave	16.4
400H	l N Levy	56.6	1 R Lashley	60.6
2000mSC	5 C Huntley	6:38.8	<pre>6 P Comber{Y}</pre>	7:45.9
нј	5 J Quarry	1.80	2 G Murphy	1.80
PV	3 J Quarry	3.85	1 S Foster{Y}	3.55
LJ	l A Sharp	6.58	2 L Redgrave	6.14
TJ	3 S Bobb	12.91	4 L Redgrave	12.42
SP	l J Mulcahy	15.54	1 A Sharp	13.68
HT	6 J Mulcahy	26.10	5 A Brown	21.50
DT	1 A Sharp	43.06	1 A Brown	38.48
JT	1 S Harrison	63.90	1 S Foster	44.58
4X100m	3 BH 44.9 (Narte	y, Ouarr	y, Lashley & Shar	
4X400m	6 BH 3:32.5 (Las			E //
	Sharp 52.0 & Qu			
Match	1 BH 200; 2 O G			
	4 Har 159: 5 Mid			



Jason Mulcahy: S.P./D.T. U.17, record holder
Photo by Pat Calnan

## National Junior Athletic League Match 4

Solihull

25th August 1991

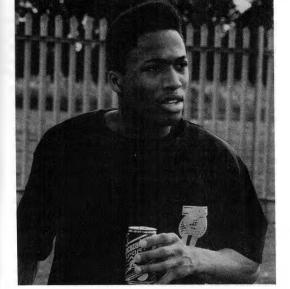
This was one of the most dramatic days in athletics history. We woke to find that Steve Backley had been climinated in the qualifying heats of the javelin at the World Championships in Tokyo. Half way through breakfast and there was another shock. President Tony Weeks Pearson's car had broken down at Keston and he and George Brooks would be missing the final as well. Although it was a league match, the fourth fixture of the NJAL could be regarded as a final as things could not have been much more closely balanced. Blackheath led the table by one league point and had a four and a half match point advantage, from Old Gaytonians.

At 11.05 nothing stirred around the world. The World Championship 100 metre finalists were in their blocks. At 11.06 the fastest sprint race in history was over with

six athletes under ten seconds including Carl Lewis winning in a world record time, and at the Great Barr Hotel athletes burst from their rooms to get to the coach to take them to Solihull. Absent from the Blackheath squad was Alexis Sharp, who after his exploits in match three, had returned to the University of Southern California. Also at American colleges were Stephen Harrison and Jonathan Tullett. In addition Michael Nartey was on international duty in Germany and Jonathan Murray was out with a virus. Despite missing these stars we were on the whole stronger than in the previous fixture as we welcomed back Messrs. Grierson, Lansiquot, Clarke, Timmins, Kane, Algeo, Eldred, Jackson and Samuel into the team. Old Gaytonians also looked strong. They had flown back their two big point scorers Terry Machin and Malcolm Good from the international match in Germany but their third representative, 400 metre man Andy Hart, had injured himself and so was unavailable. Pre match conversations with the team managers of Haringey and Birchfield confirmed it was going to be a two horse race as both felt their teams could at best only get third.

By the start of the meeting Tom McKean had made his exit from the World Championships, foolishly easing up before the line in his heat. Nobody did that at Solihull. Old Gaytonians started with their customary maximum points in the hammer, to which we responded with a double win in the triple jump from Ezra Clarke and Sam Bobb. Noel Levy destroyed the field in the 400 metre hurdles and is obviously capable of going faster. David Grierson achieved a hard earned pb of 59.5 in the B string to take second place. He actually finished in the same time as the winner. If his hurdling improves he will take at least two seconds off his time. Richard Lansiquot with a hamstring niggle and some strong competition came in 5th in the 100 metres A string, while Jamie Quarry, who had been ill during the week and had been sick on the morning of the match, comfortably ran the Bstring in 11.2. The 800 metre races were the fastest of the season. Both strings, Anthony 'Algeo and Adrian Dennison, finished fourth and were just outside their best times for the event. After five events Old Gaytonians led with 64 points. Blackheath had 57 while Haringey were third with 47, Gaytonians were scoring better than in previous fixtures and also worrying was an injury to Richard Samuel in the very first round of the javelin This was a points banker all season, having won both strings in the previous three matches but with Richard struggling to throw at all we would not be getting maximum points this time. Old Gaytonians lead increased after the 3,000m where Anthony Draper paid the price for setting too fast an early pace finishing fourth . Chris Huntley ran a good p.b of 9.18.5 in the B. string but, like Anthony, he was beaten by an Old Gaytonians athlete. Six Events! 1st Old Gaytonians 77 2nd Blackheath 65.

Just when things were looking bleak, Blackheath's habitual mid-match surge began with devastating effect. In event seven, the 400 metres, Ben Eldred stormed off in search of a sub 49 second clocking. He did not get it but he left the opposition trailing to win by one and a half seconds in 49.7. In the B string Roger Lashley ran his normal well paced race to win in 51.0 to clinch maximum points. Old Gaytonians got two last places. Jason



Roger Lashley: 400m specialist in the Junior Team
Photo by Pat Calnan

Mulcahy was surprisingly beaten in the shot by U.K. Junior discus record holder Glen Smith, but his second place and Steve Timmins B string victory kept the points coming in. Jamie Quarry and Lee Redgrave then produced two victories in the sprint hurdles. Prior to the match Jamie had been looking at the league records to see if he could make his mark in his last ever junior league match. After a good opening in the long jump, he produced a leap of 7.19 to equal his PB and break the league record by four centimetres and of course win the competition. Lee Redgrave was a joint victor in the B string.

In the high jump Guy Murphy cleared 1.90 for the first time in three years and John Jackson continued his good season with 1.80 in the B string. Non scorer Zeon Brewster jumped higher than both of them with a PB of 1.95. Then in the javelin, Richard Samuel rallied and with his last throw moved up from fourth to second with 48.36 as well as injuring his arm even more badly in the process.In six events (twelve strings) we had scored eight victories, two second places and two thirds. After twelve events the score stood at Blackheath 155 - Old Gaytonians 131. Some of this gap was closed in the 200m where Noel Levy came 5th in the A string but with a PB of 23.0. Ben Eldred still with his legs full of lactic from the 400, gained a good second place in the B string with 22.8. The 1500m, proved an exciting race with the pace slowly winding up and a mad sprint down the home straight between Terry Mackin of Old Gaytonians (3.50 this year) and Liam Bulson, Machin just prevailed but in the B string Mark Steinle took victory as the top two team positions were reversed. Another B string win came in the pole vault where Steven Foster set a youth clubs record of 3.60 to back up Jamie Quarry's 3.80 fourth place in the A event. From here on, barring disaster, the National title was going to be ours. Andrew Brown set a p6 of 42.24 in the discus to take second behind Glen Smith, with Steve Timmins taking second in the B event. A second place, from Anthony Algeo and PB for Adrian Dennison in the chase gave us a twenty six point advantook third place in the  $4 \times 100$ m. It only remained to finish the 1991 league season in the best, or should I say, the only possible way - a league record in the  $4 \times 400$  metres of 3.23.3, over six seconds clear of second place.

This was our biggest win of the season and our highest points score. It was a great team effort as had been the whole season. We won the title because we had greater strength in depth. We were never able to put our our strongest team all season, but where there were athletes missing we were able to bring in people to do a good job. The same was true of the team management. In this last fixture Pat Calnan had to leave with two events remaining to get the last possible train to take him off on holiday.

100	5	R.Lansiquot	11.4	1	J.Quarry	11.2
200	5	N.Levy	23.0(PB)	2	B.Eldred	22.8
400	1	B.Eldred	49.7	1	R.Lashley	51.0
800	4	A. Algeo	2.00.7	4	A.Dennison	2.03.4
1500	2	L.Bulson	4.04.7	1	M.Steinle	4.08.6
3000	4	A.Draper	9.09.8	3	C.Huntley	9.18.5(PB)
110 <b>H</b>	1	J.Quarry	15.0	1	L.Redgrave	16.2
400H	I	N.Levy	55.8	2	D.Grierson	59.5(PB)
2000s/c	2	A. Algeo	6.20.6	6	A.Dennison	6.55.1(PB)
HJ	3	G.Murphy	1.90	3	J.Jackson	1.80
[J=Record	]	J.Quarry League	7.19(PB)	1	L.Redgrave	6.34
TJ	1	E.Clarke	13.90	i	S.Bobb	13.60(PB)
PV	4	J.Quarry	3.80	1	S.Foster Club You	<sup>th</sup> 3.60( <b>PB</b> )
SP	2	J.Mulcahy	14.21	1	S.Timmins	11.60
DT	2	A.Brown	42.24(PB)	2	S.Timmins	34.50
JT	2	R.Samuel	48.36	1	S.Foster	45.88
HT	3	S. Timmins	46.40(PB)	5	P.Kane	33.22(PB)
4x100	3	44.0 (Lansigo	t,Eldred,Lasl	nley	(Quarry)	
4x400	1	3.23.3 (Quari	y,Lashley,La	evy	Eldred) Leagu	e Record

#### MATCH

IAX	A1CII					
1	Blackheath Harriers	227	ı	Blackheath Harriers	21	(801)
2	Old Gaytonians	194	2	Old Gaytonians	19	(762.5)
3	Birchfield Harriers	155	3	Birchfield Harriers	17	(685.5)
4	Solihull & Small Heath	153	4	Haringey	14	(661)
5	Haringey	140	5	Solihull & Small Heath	7	(561)
6	Middlesbrough & Cleveland	118	6	Middlesbrough & Cleveland	6	(505)

## Top points scorers in the National Junior Athletic League 1991 (does not include points for relays)

1	Lee Redgrave	56	11=	Ben Eldred	27	
2	Alexis Sharp	44	11=	Stephen Harrison	27	
3=	Jamie Quarry	40	13	Richard Samuel	25	
3=	Jason Mulcahy	40	14=	Jonathan Tullett	24	
5	Stephen Timmins	37	14=	Michael Nartey	24	
6	Noel Levy	36	16	Liam Bulson	22	
7=	Roger Lashley	33	17=	Bassey Essein	19	
7=	Anthony Algeo	33	17=	Anthony Draper	19	
9	Andrew Brown	30	19	Sam Bobb	18	
10	Steven Foster	28	20	Jonathan Murray	17	

# Best Points scoring events in NJAL 1991 (Maximum poss 68 (10 for A string win 7 for B win)

1	Javelin	66	11	1500m	38
2	110 Hurdles	65	12	200m	3.5
3	Shot Putt	64	13	800m	34
4	400m	55	14=	3000m	33
5	Discus	54	14=	2000s/c	3.3
6	400H	53	16	High Jump	29
7	Long Jump	45	17	Hammer	24
8=	100m	39	Relays #10pts	for a win) Max poss	40
8=	Triple Jump	39	100m =24		
8=	Pole vault	30	400m = 32		

## EUROPEAN JUNIOR CLUBS' CUP



Blackheath's own physiotherapist Dave Galvin treating
Anthony Algeo in Athens
Photo by Pat Calnan

Athens 28th September 1991

It had been a long year waiting for this fixture. A huge amount of fund raising and organisation had been put in by all sorts of people. This had allowed the team to travel over on the Tuesday before the fixture and train in the heat. The contrast between last years muggy overcast day at Copthall and the heat of the Greek Olympic Stadium could not have been much greater. The day of the competition was probably the hottest of our stay. We were almost at full strength for the match, the only absentees being Alexis Sharp, studying in the United States, and Lawrence Rogers, recovering from injury. Despite an increase in participating teams from 14 to 22 on the previous year, we were looking for an improved position.

It must be a great thrill to compete in the Olympic Stadium, Steve Timmins and Jason Mulcahy must still be wondering what it feels like. We found out on the day of the competition that in the European Junior Clubs Cup the hammer and shot contests would take place outside the main arena. To reach the hammer circle took a long 600m walk through a tunnel underneath the main stand until the warm up track was reached. At the 200m point there was a gap in the bushes behind which was a field with a hammer cage. Down the far end of the field was the shot putt circle. In such circumstances it would be easy to lose motivation and offer the below par facilities as an excuse for an average performance. Alternatively you can just get down to the job in hand. We ensured that we got as many supporters as possible out to these competitions, something which every other club failed to do. We were not to be disappointed either. A solid opening throw from Steve Timmins was surprisingly judged a foul. We were then informed by officials that competitors would have three throws with the top eight in the pool having a further three. The rules clearly stated every athlete, would have six attempts. None of the judges had a copy of the rules but Blackheath did. The competition

was then able to continue as intended. This interlude may have distracted the athletes' attention but it had no adverse effect on Timmins who smashed through the forty metre barrier for the first time to record a best of 41.18 with the senior implement. In round four he did it again. This time he threw 42.24, and just to show this was no fluke he produced exactly the same distance again in the final round. With his other legal throw of 40.96m all throws had been further than his previous best of 38.14. He was the only athlete in the competition to achieve a personal best. Back in the stadium another personal best was being set. Andrew Brown, in the dicus sent out his first throw to 38.22 to improve his best with the senior implement by 12cms. Forty metres must surely be attainable next season. Like Timmins, he finished higher in the competition than the list of athletes' pb's prior to competition would have indicated. However, both were a long way off winning their events. Eugenev of Russia took the hammer with 63.40 with second and third also both over 60 metres, while the discus competition was won by the Warsaw athlete in 48.72m. This high standard in the field events was again reflected in the pole vault. Here Steven Foster cleared his first four heights at the first attempt but went out at 3.80, largely because his pole was not long enough. The top ten all cleared four metres and the top eight all cleared 4.40. Four metres will be Steven's first target for next season.

After our reserves had gone through their paces in the non scoring events which included pb's for Roger Lashley and Zeon Brewster in the 400m and Adrian Dennison in the 1500m, Liam Bulson took to the track for the first event in the main competition, the 1500m. This was actually the B race. Last year Liam's time easily made the A race. This year it got him nowhere near it. With the A and B race times being combined to give overall positions, B pool athletes, deprived of the competition to bring them round to a fast time, were in a difficult position. The only tactic was to get round as fast as possible and see what happened in the A race. This was exactly what Liam did and over the last 600 metres the B race was just a time trial with the Blackheath team, managers and supporters screaming and exhorting their runner to dig deeper to shove those extra second off his time. Liam was rewarded with a seasons best time of 4.03.50 nearly six seconds clear of the runner up. Undoubtedly he would have been quicker in the A race and when the two sets of times for the races were combined later in the afternoon, it was clear that he should have been in the other heat. There were some quality athletes in the A race with Loginov of Moscow winning in 3.49.72 over five seconds outside his best of 3.44.00

There was another gutsy performance in the 2,000m steeplechase from Anthony Algeo. The race again contained some high class juniors but a well judged race produced a fine sixth place only two seconds outside his best but in scorching hot conditions. Interestingly Shaftsbury's McHugh who has a 5.55 time to his credit this season finished a tired tenth in 6.21. The winning time, from the Lanes of Spain athlete, was 5.55 while slowest of the day was the Liechtenstein athlete in 9.35.93!

We had high hopes of medals in the 400 metre hurdles

is were not disuppointed. Second year youth 140ci Levy, recovered from a moped accident earlier in the week, lined up as the fourth fastest in the race. Coming off hurdle nine in fifth place, he powered down the home straight to finish stronger than anyone, to finish in second place. This took well over a second off his previous best over the senior hurdles. Noel's performance heralded the start of a large haul of medals. In the 100m, Michael Nartey roared down the straight to shake up the G.B. all time rankings. Parhomovski of Moscow won in a sparkling 10.53 but Michael's second place in 10.67 was equally sensational. He still has three years to go in the junior age group and his time moved him up to second in the youths 100m all time rankings. The only athlete to run faster as a youth was Lincoln Asquith. Coach Steve Green has a 10,70 to his credit. In the 200m Michael set another personal best. His 21.69 gave him second overall, again behind his Moscow rival whose 21.26 was recorded in another heat. When one considers the length of the season it is impressive to see an athlete performing at such a high level for such a long period of time. His previous 200m best was set in the first Junior League match in early May while his previous 100m best was set



Ben Eldred: third in the 400 in Athens Photo by Pat Calnan

Ben Eldred had been lined up all week for the 400m and had gold medal ambitions. The race seemed wide open on paper but was dominated by Obarek of Warsaw who destroyed the opposition with a 47.82 clocking with Giepos of the host club in second with 48.21. Ben would have needed to have run over half a second faster than ever before just to have got second. However, he still got a fine third. He has a third year as a junior in 1992 so he could gain an international vest in the coming season.

It had been a long time coming but mid afternoon we gained our first gold medal. Having rallied to produce a 7.15 final round long jump to finish fourth. Jamie Quarry lined up in the hurdles against a field which had all had the opportunity to warm up properly. He had been

ranked seventh in the long jump and took fourth. This ranked in the hurdles he produced a dip Colin Jackson would have been proud of to take victory by 0.01 of a second. It was a proud moment as he stood on the victory rostrum with the National Athem playing and the Union Jack flying.

Class performances, personal bests, club records, just kept coming. Back in the outside arena, Jason Mulcahy, enthusiastically cheered by a group of Blackheath supporters, was busy revising his club junior shot putt records. His fourth round 14.12 added a couple of centimetres and his fifth round 14.16 increased it further. Only one other athlete in the competition improved his personal best. The winner was over two metres down on his best, and second place was just under two metres down.

Another club record came from Steve Harrison in the javelin. Steve started a course at Mississippi State University during the summer but flew back especially for this fixture. It proved a fruitful journey. He had been working on his speed and altering his technique and this was his first competition for some time. Warming up with a couple of sixty metre throws his opening competitive efforts fell in the 56-58 metre range. In the fifth round he pulled out a big one, his 64.34 breaking his club record set earlier in the summer and moving him up to second place. The Warsaw athletes 69.40 was out of reach but Seve stayed second to finish ahead of Shatesbury's Nick Neiland, who had gained international honours earlier in the season. Unfortunately Steve just misses out on having a third year as a junior.

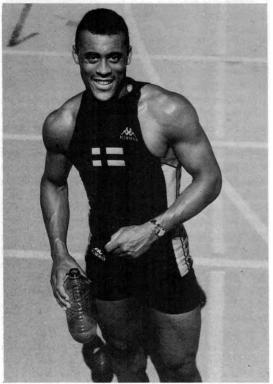
More good points were scored in the triple jump where despite what can only be described as incompetence by the officials Ezra Clarke jumped a good 14.09. Despite it being stated explicitly in the rules that the A pool would be off the 13 metre board the athletes were forced to go off the 11 metre board. This meant run ups had to be possibly readajusted while the competition was under way. In the circumstances Ezra's was a good effort. He now seems to be jumping over 14 metres regularly and some more top class performances are likely next season.

By the law of averages there will be one or two athletes who for one reason or another will not perform at their best on a given day. Jonathan Murray has had a few health problems during the summer and just when he was starting to look more like his old self he went down with a cold. He was unable to stay with the pace in the second lap and trailed home in 2.02.38, a time which a lot of us would be quite happy with. Guy Murphy was also perhaps a little below par, possibly because he trained on the Thursday before the competition. To my knowledge this must have been the first time he had trained for three years, relying on his basketball matches to stay fit. Nevertheless, he will surely be back up to 1.90 again next year and continue to be a valuable member of the senior teams.

Lacking speed Mark Steinle ran the 3000m in the only way he could. As the pace slackened after a couple of laps Mark edged to the front of the pack and picked up the pace on lap four to shake up the field significantly. Going into the final lap, however,, there was still going to be burn up. 8.41.67 won the race and Mark's 8.53.62

probably included his slowest last 200 metres ever. However he had given everything and his brave front running undoubtedly gave him a better position than if he had remained in the pack moving at a sedate pace for six laps. The heat during the race was stifling.

As if we had not had enough to celebrate our relay teams finished off the afternoon with another two club records. The 4 x 100 team was a difficult one to choose but was eventually settled on as Eldred, Levy, Nartey and Richard Lansiquot, a squad which had never raced together before. Solid changeovers and a blistering final leg from Michael Nartey took nearly a second off the previous club record. 42.54 compared to 43.5. All the team are still juniors next year and with the likes of Bany and Neil Gardener, Mark Stillwell and Abimbola Ilo to call upon this time should be revised further.



V.P. Jamie Quarry winner of the 110mH in Athens
Photo by Pat Calnan

The 4 x 400m record has stood for too long, and has been under threat for the last couple of years. After an epic battle which saw five teams under 3.20 and Shaftsbury seventh with 3.20.78 over two seconds had gone from the record. Blackheath's 3.19.19 was also the fastest time by a British Junior club team in 1991. It gave the club second place behind the Warsaw teams 3.17.79.

With there being A,B and C races on the track and A and B pools in field events, it was near impossible to get an up to date score. We reckoned we would be in the top six and it was eventually announced we had closed fourth behind Warsaw, Larios and Red Star Belgrade, the 1990 champions. Shaftsbury were fifth, five and a half points behind and, like the 1989 and 1990 Young Athletes Finals the 4 x 400 had decided which club could beat the other.

It is difficult to put the Blackheath position into context as we do not really know what constitutes a 'club' in the other countries. We beat the National teams of Albania, Luxembourg, Lichtenstein and Iceland. We beat clubs that are sponsored up to their eyeballs or who, like P.S.V. Eindhoven and Red Star Belgrade, are part of a much larger sporting club. Our host club for example boasted that it catered for 50,000 people through its unions teams in various sports. I strongly suspect that some clubs are the focal clubs in a particular area of their country and are supplied with athletes by a number of smaller feeder clubs. It would appear also that Shaftsbury have a different perception of what constitutes a junior club team. Invited to this competition each year by virtue of the fact that they helped organise the original event, they appeared in Athens with two athletes. Stuart Sprotley and David Condon who had never competed for the club before, but were eligible to compete by virtue of the fact that the nine month rule does not apply outside Britain A number of their other athletes do not appear to have completed for the junior team in 1991, a fact reflected in their relegation from division two to division three of the National Junior League, and their rumoured withdrawal from the League in 1992. The shortest time any of our team had been a member of the club was fifteen months. Liam Bulson has been a member since 1984 and the majority have been members for at least three years. What we do know is that this was, by Blackheath standards, an outstanding team performance, following on a long tradition of team spirit, fine athletic performances and great sportsmanship. Seven personal bests were fecorded and eight club records set the afternoon totally justified the huge fund raising activities which had taken place over the previous year. This is only the beginning, however. Only four of this team are too old to compete for the club next year in Liege. Watch this space for more reports or, better still, get along to watch the club in

#### Match Result

action.

100m	2	Michael Nartey	10.67 PB club Yths record
200m	2	Michael Nartey	21.69 PB Club Yths record
400m	3	Ben Eldred	49.27
800m	18	Jonathan Murray	2.02.38
1500m	10	Liam Bulson	4.03.50
3000m	7	Mark Steinle	8.53.62
110 <b>H</b>	1	Jamie Quarry	14.56
400 <b>H</b>	2	Noel Levy	54.20 PB> club Yths record
2000s/c	6	Anthony Algeo	6.11.60
HJ	17=	Guy Murphy	1.80
LJ	4	Jamie Quarry	7.15
TJ	8	Ezra Clarke	14.09
PV	15=	Steven Foster	3.60
SP	7	Jason Mulcahy	14.16 PB club jun record
DT	1.1	Andrew Brown	38.22 PB
JT	2	Stephen Harrison	64.34 PB club jun record
HT	15	Stephen Timmins	42.24 PB club yths record
4x100	3 (	Eldred.Levy,Lansiqu	ot,Nartey)
		42.24 Club Record	

4x400 2 (Quarry,Lashley,Levy,Eldred) 3.19.19 Club Record



Steve Harrison: Club Junior record holder for Javetin
Photo by Pat Calnan

## TEAM POSITIONS

(Poland)

367

S.K.R.A. Warsaw

2	Larios Madrid	(Spain)	338.5
3	Red Star Belgrade	(Yugoslavia)	324.5
4	Blackheath Harriers	(Great Britian)	301.5
5	Shaftesbury Barnet		296
6	Dynamo Zagreb	(Yugoslavia)	294
7	Panhellinios	(Greece)	275.5
8	Znamenski Moscow	(USSR)	250.2
9	Slavia Praho	(Czechoslovakio)	244
10	T.A.Rennes	(France)	232.5
11	A.A.C. Amsterdam	Holland)	232
12=	Snia Milano	(Italy)	229
12=	PSV Eindhoven	(Holland)	229
14	Vesqprem	(Hungray)	191
15	Herakles	(Greece)	171.5
16	Iceland National Team		151.5
17	Esbjerg A Fasening	(Denmark)	137.5
18	R.F.C. Liege (Belgium)		127
19	Liechtenstein National Te	am	114
20	Cimentas Izmir	(Turkey)	113.5
21	Luxembourg National Team		

## OTHER TRACK RESULTS

Albanian National Team

4/5 May. DECATHLON @ ACOTEAIS
2 J Quarry 6799 ( 100m/10.9; LJ/6.97; HJ/1.96; 400m/50.8; 110H/14.7; DT/33.52; PV/3.70; JT/42.98; 1500m/4:41.4 )

25/26 May. SCAA U20 CHAMPS. CRYSTAL PAL Jun 100m 2 M Nartey 10.97; 6 R Lansiquot 11.07; 400m 4 B Eldred 49.25; 800m 5 J Murray 1:55.01; 400H 3 L Rogers 54.14; 2000SC 8 A Algeo 6:09.44pb; Youth JT 2 B Martin 48.08pb; Boy HJ 2 N Brewer 1.75m =pb; 3 A Woodhouse 1.70pb; SP 3 SK Burman-Roy 11.96m pb; DT 4 SK Burman-Roy 32.60m pb;

## SENIOR TRACK & FIELD WARM-UP

17th Apr 91 BH SENSYA 'WARM-UP' @ CRYSTAL PAL

100mColt N Hamilton 13.9; L Burrell 14.6; M Bird 14.9; P Freeman 14.9; N Cross 15.0; P Jenkins 15.0; P Bond 15.2; N Thrall 15.9; J Wearing 16.2; A Bristow 16.3: G Hood 16.7:M Cole 17.1; Dv Smith 17.8; Th Smith 18.7; Boy A Daniel 13.6; I Cockburn 14.5; S Wearing 15.4; N Hood 15.7 200m Colt N Hamilton 28.6; N Thrall 29.9; M Bird 30.5; N Cross 31.4; L Burrell 31.5; M Clarke 32.2; J Wearing 35.3; P Bond 35.7; M Cole 38.5; Dv Smith 39.2; Th Smith 40.3; Boy S Wearing 31.2; Jun M Stillwell 23.5; Sen D Tibbott 25.4 400m Colt P Jenkins 74.3; A Woodcock 74.8; N Thrall 75.2; Boy D Pipe 61.6; J Phillip 70.8; S Wearing 77.2; Youth P Murray 56.8; G Nkrumah 61.9; I Thomas 63.7; Sen M H Allen 56.1 800m Colt T Rosetti 2:50.1; J Ryecroft 2:57.9; Boy S Hennelly 2:27.4; J Burrell 2:32.6; B Townsend 2:38.5; Youth D Marks 2:12.7 1500m Colt T Rosetti 5:35.9; D Ball 5:56.7; Boy A Newman 5:04.1; E Moore 5:09.4; Youth C Hallworth 5:03.6; Jun C Huntley 4:28.1; Sen S Povey 4:24.4; N Wise 4:26.3; P Betts 4:30.6; N Colvin 4:37.2 3000m(8:55.7) 3 P Barlow 9:26.2; 4 J Phelan{V} 9:28.8; 5 C Woodcock{V} 10:18.0; 6 M Athawes{V} 10:23.7; 7 G Riggs{B} 10:33.6; 8 A Card{Y} 10:36.6; 9 P Medlock 11:29.9 80H G Hood (Colt) 17.6; N Hood (Boy) 17.6 100H Youth J Jackson 15.6; R Drury 18.2; G Nkrumah 20.2; 1500mSC Youth T South 5:16.9; P Comber 5:29.6; J Marks 5:30.1; S Jewell 5:45.9 HJ Colt P Jenkins 1.35m; J Ryecroft 1.25; M Clark 1.15; Boy B Townsend 1.20; N Hood 1.10; A Benn 1.10 PV S Tolson (Sen) 3.00m; A Jones (Youth) 2.35 LJ Colt M Bird 4.14m; P Freeman 4.10; P Jenkins 4.09; E Lucas 3.38; G Hood 3.33; S Burman-Roy 2.75; Boy R Carey 5.07; A Woodhouse 5.04; A Daniel 4.64; I Cockburn 4.42; N Brewer 4.41; Youth J Jackson 5.56; G Nkrumah 5.00; I Thomas 4.38; L Redgrave{J} 6.29; R Chitty (Sen) 6.02 TJ Boy I Cockburn 9.78m; Jm Philip 9.77 SP Colt K Drury 5.42m; S Burman-Roy 3.94; Boy B Martin 10.89; N Brewer 10.17; L Drury 4.95; J Jackson (Youth) 7.33; S Tolson (Sen) 8.05 HT Boy S K Burman-Roy 24.12m pb; A Benn 18.76; Youth S Timmins 45.44; P Kane 38.66; N Townsend {Sen} 41.30 DT Colt K Drury 13.39m; Boy S K Burman-Roy 30.71; L Drury 13.21; S Tolson(S) 22.42 JT Colt A Bristow 16.04m; Boy A Daniel 23.76; A Benn 20.38; K Vincent 9.84; G Nkrumah {Youth} 19.40; S Tolson (Sen) 33.20; 18/19 May. COUNTY T&F CHAMPS ESSEX @ WOODFORD PV 4 A Hardy 4.10m; KENT @ CRYSTAL PAL 100m(10.8) 2 M R Williams 11.0; 7 K Hart 11.6 (Ht

ESSEX @ WOODFORD PV 4 A Hardy 4.10m;
KENT @ CRYSTAL PAL
100m(10.8) 2 M R Williams 11.0; 7 K Hart 11.6 {Ht
11.3}; Hts: A Browne 11.6;S Pearce 12.0; R Hunter
12.2; G Stephens 12.2; S Green 12.5; A Wallington
12.8; Jun 1 R Lansiquot 11.3; 2 J Quarry 11.3; 5
M Stillwell 11.6; Ht: W Chambers 11.9;Youth
1 M Narty 11.3;
200m(21.5) 3 P Davies 22.0; 4 M Williams 22.0; 5
K Hart 22.9; 8 P Byfield 23.2; Hts: A Browne 23.7;
P Squires 23.9; P Featherston 24.2; S Pearce 24.5;
R Hunter 25.0; G Stephens 25.1;S Green 25.6;

A Wallington 25.8; Jun 1 B Eldred 23.0; 3 M Stillwell

23.3; Youth 1 M Narty 22.4; 400m 1 N Keogh 49.6; Hts: P Galloway 51.3; P Squires 51.4; A Browne 52.0; P Byfield 52.2; P Featherston 52.4; M H Allen 53.8; A Wallington 57.1; Jun 1 B Eldred 49.3; 4 R Lashley 50.3; Youth(49.7) 2 N Levy 50.4; 4 D Tyler 53.6;

D Marks 2:13.1; S Algeo 2:22.3;

800m(1:52.3) 6 P Galloway 1:54.7 {Ht 1:54.2}; 8 J Jefferies 1:58.9 {Ht 1:56.6}; Youth(2:01.2) 4 R Sedgwick 2:02.6 {Ht 2:01.1}; 8 L Anderson {Ht 2:04.1}; Hts: M Steinle 2:05.6; P Comber 2:10.2; 1500m(3:51.3) 4 J Jefferies 3:53.3; Hts: A Baldock 4:12.0; K Daniel 4:13.3; M Dyson 4:19.6; P Betts 4:20.8; N Colvin 4:31.7; D Dhammaloka 5:18.6; Jun(3:52.6) 5 L Bulson 4:06.6; 10 A Algeo 4:15.7 (Ht 4:12.0); Hts: A Dennison 4:21.6; C Huntley 4:22.2; 5 Hough 4:24.3; Youth(4:09.3) 6 M Steinle 4:17.3; Ht: J Marks 4:36.1;

5000m(14:01.7) 6 A Baldock 15:27.4; 7 K Pike(Kt)

15:31.4; 13 D Dhammaloka 20:25.0;

110H 1 J Quarry 15.4; Jl10H(15.6) 2 J Tullett 15.6; Y100H(14.3) 3 J Jackson 15.0; 5 D Barker 16.0; 400H(53.5) 2 N Keogh 54.4; Jun(54.8) 2 L Rogers 55.2; Youth 1 N Levy 55.5;

3000mSC(9:07.4) 5 M Watling 9:39.6; J2000mSC (6:12.6) 2 A Algeo 6:22.3; 4 C Huntley 6:45.5;

HJ 1 A Hodge 2.00m; Youth(1.80m) 3 J Jackson 1.80; PV 1 S Tolson 3.40m; 4 J Day 3.00; Jun(4.10) 2 J Quarry 4.00; Youth(3.30) 3 An Jones 2.60;

LJ(7.32) 2 P Davies 7.13m; 3 R Weaver 6.82; Jun(6.53) 8 W Chambers 6.03; Youth(6.36) 3 S Bobb 6.09; 6 J Jackson 5.72;

TJ(14.20) 2 P Davies 14.06m; Youth 1 E Clarke 13.38m; 2 S Bobb 12.79;

SP 1 N Brunning 16.42m CBP; Youth 1 S Timmins 13.32; 3 L Holder 11.46;

HT Youth 1 S Timmins 52.28m; 2 P Kane 40.56; DT(48.78m) 2 N Brunning 47.02; 7 J Quarry 34.64; Jun 1 A Brown 40.14pb; 2 S Harrison 39.06; Youth 1 S Timmins 41.14;

JT(57.96m) 6 C Longley 44.38; Jun 1 S Harrison 51.28; Youth(52.20) 2 R Drury 48.50;

### CLUB CHAMPIONSHIPS PART 1

5th Jun 91. CLUB T&F CHAMPS (1) @ CROYDON 400m 1 N Keogh 50.2 (Reay Cup); 2 K Daniel 57.8; 3 S Parsons 59.0; 4 M Martineau(V) 62.8; 5 W Clapham(V) 72.6; Jun 1 J Murray 51.9 (Burley Cup); 2 J Tullett 53.5; 3 S Hough 53.7; Youth. 1 P Comber 59.1; 2 S Jewell 63.9; Youth. 1 F Comber 59.1; 2 S Jewell 63.9; Boy. 1 D Hunter 63.8; 2 N Russell 66.1

5000m 1 T Soutar 15:35.2 (Reynolds Bowl); 2 C Huntley{J} 15:50.3; 3 J Phelan(V) 15:53.2; 4 M Farrell 16:20.8; 5 B Mellish{V} 16:25.5; 6 N Wise 16:55.1; 7 M Cronin(V) 16:55.8; 8 B O'Gorman{V} 16:58.6; 9 N Colvin 16:59.2; 10 J R Turner 17:43.1; 11 J E Turner{V} 17:54.1; 12 R Brown{V} 18:11.8; 13 S Pairman 18:15.3; 14 P Shepheard{V} 18:40.4; 15 M Martineau 19:25.6;16 D Dhammaloka 20:41.4; 17 A Weeks-Pearson(V) 21:44 9:

17 A Weeks-Pearson(V) 21:44.9; TJ 1 R Chitty 11.92m; 2 S Tolson 11.41; 3 J Day{V}

8.70; Youth P Comber 9.38 DT 1 R Chitty 24.16m; 2 S Tolson 23.22; 3 J Day 16.92; Youth P Comber 19.24;

## **CLUB CHAMPIONSHIPS PART 2**

19th Jun 91. CLUB T&F CHAMPS (2) @ CROYDON 100m 1 M R Williams 11.0 (Rampley Cup) 800m 1 J Jefferies 1:56.0 (Barclay-Esson Cup); 2 J Murray 1:56.4 (Howard Cup) Kent AAA & BH 10000m(31:15.1) 4 K Pike 32:10.7
(Whitbread Tankard); 5 D Hassall 32:20.5; (other results lost)

## CLUB CHAMPIONSHIPS PART 3

17th July 91. CLUB T&F CHAMPS (3) @ CROYDON 200m 1 M R Williams 22.0 (Wood Cup); 2 B Eldred 23.1; 3 S Pearse 23.3; 4 P Byfield 23.3; 5 P Squires 23.7; 6 A Browne 24.9; Hts: P Featherston 24.0; S Hitchcock{J} 24.1; D Grierson 24.4; S Hough{J} 24.7; R Hunter 25.2; A Wallington 26.2; P Hamilton{V} 27.8; Youth P Comber 26.4; Boy I Cockburn 29.8; Colt N Hamilton 27.9;

Mile (A) 1 P Calnan 4:28.3 (Pash Cup); 2 A Algeo(J) 4:28.7 (Wooderson Cup); 3 P Hayward 4:32.4; 4 M Dyson 35.0; 5 J Murray{J} 4:37.8; 6 N Wise 4:38.6; 7 J Phelan(V) 4:39.0; 8 C McArthy C Huntley{J} 4:43.0; 10 S Thompson 4:45.2;

Mile {B} 1 E Knox{G} 4:37.5; 2 D Marks{Y} 4:46.4; 3 M Farrell 4:47.7; 4 B Mellish 4:50.9; 5 J Marks(Y) 4:56.7; 6 N Colvin 4:57.9; 7 M Cronin 5:00.2; 8 S Freemantle 5:04.4; 9 R Brown 5:05.8; 10 S Clark 5:07.8; 11 S Hollindale 5:23.5; 12 G Dutchett 5:33.7; 13 M Martineau 5:43.7; 14 W Clapham 5:45.5; 15 D Dhammaloka 5:54.9; Boy 1 S Hennelly 5:06.8; 2 D Dodds 5:34.5; 3 D Whitter 6:39.6; Colt 1 M Skinner 5:11.5; 2 Blackers 5:11.5; 2 A Blackwell 5:15.2;

400H 1 A Hodge 57.6; 2 S Ox 3 P Comber{Y} 65.6; 4 J Jackson{Y} 67.6; S Oxlade 64.5:

LJ 1 P Davies 6.98m; 2 R Chitty 6.02; 3 S Oxlade 5.63; 4 S Tolson 5.52; Jun L Redgrave 6.33; Youth 1 J Jackson 5.63; 2 P Comber 4.40; Boy I Cockburn 4.07: Colts 1 N Hamilton 4.27: 2 P Freeman 4.00:

SP 1 G Hickey(V) 9.81m; 2 S Oxlade 9.78; 3 A Hodge 9.52; 4 R Chitty 9.08; 5 S Tolson 8.04; Youth 1 J Jackson 7.77; 2 P Comber 7.16; Boy S Burman-Roy 11.93;

JT 1 S Oxlade 45.84m; 2 R Coe 39.74; 3 M Trevisan 38.36; 4 S Tolson 35.98; 5 G Hickey(V) 35.22; 6 R Chitty 31.16; 7 K Daniel{V} 24.24; 8 S Parsons 20.00; Yth 1 S Timmins 42.14; 2 J Jackson 38.10; 3 C Hallworth 37.28; 4 P Comber 10.22; Boy S Burman-Roy 25.76; Colt N Hamilton 14.54;



Club 10,000m Championship at Croydon. Unfortunately, no results available Photo by Jim Phelan

## **CLUB CHAMPIONSHIPS PART 4**

4th Sep 91. CLUB T&F CHAMPS (4) @ CROYDON 100m 1 P Comber(Y) 13.5; 2 C Hallworth(Y) 13.6; 3 I

Cockburn(B) 14.6; 4 N Russell(B) 15.3; 400m(1) 1 D Pipe(B) 55.8; 2 D Marks(Y) 56.3; 3 S Hennelly(B) 60.4; 4 C Hallworth 62.7; 5 G Riggs(B) 65.2; N Russell 68.4;

400m(2) 1 J Murray(J) 52.6; 2 R Sedgwick(Y) 54.9;

3 S Clark 57.7; 4 M Martineau (V) 62.6; 3000mA 1 J Jefferies 8:35.5 (Morgan Cup); 2 9:18.3; 5 M Farrell 9:18.9; 6 A Dennison 9:23.1; 7 C Griffin 9:25.0; 8 B Mellish 9:33.4; 9 B O'Gorman 10:22.7; 10 S Cluney 10:44.6; 11 L Dennison 10:58.4; 3000mB 1 Gl Morgan 9:53.7; 2 R Barker{BH6NZ} 10:03.2; 3 I Wilson 10:06.4; 4 R Brown 10:17.8; 5 D Marks 10:22.7; 6 P Rissen 10:25.5; 7 J E Turner 10:32.4; 8 S Pairman 10:55.6; 9 M Martineau 11:03.4; 10 W Clapham 11:11.1; 11 S Parsons 11:40.1; 12 S Wheeler 11:47.9; 13 LyG 12:13.3;

3000m WK P Hannell 14:01.4; 2000SC 1 M Watling 6:09.1 (Walter Cup); 2 A Algeo(J) 6:10.8; 3 C Huntley 6:34.5; 4 J Marks(Y)

1302.5; 1-Hour Run 1 A Kilgour 15.782 Km; 2 J R Turner 15.488; 3 J E Turner{V} 15.238; 4 R Brown 15.140; 5 G Fee 14.618; 6 A Weeks-Pearson 12.692; 5 Freemantle 12.400/ 47.16; C Woodcock 8.400/ 31.46; PV 1 S Tolson 3.70; 2 S Oxlade 3.60; 3 D Coleman 3.60; 4 J Wakeman{V} 3.30; 5 J Day 2.60;

( 100m/11.31; LJ/7.08; SP/11.02; HJ/1.86: 400m/50.66;110H/14.94; DT/33.10; PV/4.00; JT/42.88; 1500m/4:44.90 ) 9th Jun. UK CHAMPS. CARDIFF 100m Sf; M R Williams 11.21; P Davies 11.22;

Ht. G Proctor 11.73; 200m Ht. P Davies 22.15; M Williams 22.34;

800m Ht. P Galloway 1:53.41; 3000m(8:07.52) 3 A Geddes 8:11.73:

10000m 25 D Taylor 31:30.84; 3000SC(8:49.54) 9 S Newport 9:15.40 (Ht. 9:03.67); JT(76.90m) 4 P Yates 69.58;

26/27 July. AAA CHAMPS. BIRMINGHAM 100m M R Williams 10.88: P Davies 10.90: 200m M Williams 22.01; P Davies 22.01; 1500m A Geddes 3:45.12:

3000SC S Newport 8:57.15: LJ P Davies 6.87m; JT P Yates 70.24m;

14th Aug. BH REEBOK CHALLENGE @ CROYDON Yth 1500m 1 M Steinle 4:09.06; Sen Mile(3:58.83) 13 A Geddes 4:10.5; Sen 3000m(7:59.59) 7 A Guilder 8:05.02; 9 S Newport 8:08.06; 11 Dl Smith 8:11.65;



Steve Foster ranking No. 3 in the Javelin and Pole Vault Photo by Pat Caluan

8th Sep. NAT YA LEAGUE FINAL

@ BIRMINGHAM

HJ J Jackson 1.85; PV S Foster 3.70; Match 1 BH 473; 2 Bir'd 387; 3 OGay 355; 4 Liv'p 350½; 5 Enf 329;6 Midds'b 291;7 Sale 287;8 Card 284;

8th Sep. KENT RELAYS @ TONBRIDGE Sen 4X100 1 BH 42.7 (P Davies, M R Williams, N Keogh & K Hart); 4x400 1 BH 3:17.0 (N Keogh, B Eldred, P Davies & M R Williams); Medley 1 BH 3:32.2 (Davies, Williams, Keogh & J Jefferies);

8/11 Aug. EURO JUN CHAMPS @ SALONIKA, GR Dec(7813) 7 J Quarry 7016 (100m/11.14; LJ/6.96; SP/11.84; HJ/1.99; 400m/49.59; 110H/15.00; DT/30.18; PV/3.90; JT/45.82; 1500m/4:33.40;

Williams MR 107 Geddes A 1:51 6 HarrisonJ 14:18.08 JefferiesJ 1:52.57 Guilder A 14:27.3 Davies P N 10.8 Quarry J 10.9 Lee D 1:54.90 Smith Dl 14:27.6 Lansiquot R 11.0 Murray J 1:55.01 Lee D 14:27.6 11.1 Hart K Algeo A 1:59.2 Foster W 14:45.86 Draper A 1:59.7 Colpus M 14:47.4 Sharp A 111 Appiah S 11.1 Bulson L 2:00.4 Taylor D 14:50.5 110H 1500m 10000m Quarry J 14.51 Geddes A 3:43.56 HarrisonJ 29:29.41 Sharp A 15.68 Newport S 3:48.0 Guilder A 29:38.03 Hodge A 15 93 Guilder A 3:49.7 Taylor D 29:47.56 Foster W 31:46.2 Redgrave L 16.4 Lee D 3:50.0 JefferiesJ 3:53.3 Austridge P 16.8 Baldock A 31:58.7 Smith Dl 3:54.4 Pike K 32:10.7 200m 1 Mile 3000SC 21.69 Geddes A 4:07.83 Narty M Lee D 8:44.3 Williams MR 21.7 Galloway P 4:13.1 Newport S 8:57.09 Davies P N 21.89 Lee D 4:13.5 Brice P 9:08.9 Quarry J Calnan P 4:28.3 9:35.70 22.2 Colous M Crossan P Watling M 9:39.6 22 4 Algeo A 4:28.7 Eldred B 22.6 Haywood P 4:32.4 Beck J 10:05.4 400m 3000m 400H Geddes A 7:58.15 Eldred B 48.8 Keogh N 52.89 Keogh N 49.24 Guilder A 8:05.02 54.14 Rogers L Newport S 8:08.06 54.2 Quarry J 49.59 Levy N Crossan P 49.67 Smith Dl 8:11.65 Quarry J 55.3 Levy N 49.8 Lee D 8:21.34 Lee D 57.3 50.2 Harrison J 8:25.0 Hodge A 57.6 Bates R Þν нл SP Hodge A 2.05 Brunning N 17.48 Hardy A 4.35 Llewelyn T 2.00 Mulcahy J 13,93 Ouarry J 4.00 3.70 Ouarry J 1.99 Sharp A 12.58 Foster S Ellis C 12.09 Brewster Z 1.95 Tolson S 3.60 Murphy G 1.90 Quarry J 11.64 Wakeman J 3.45 Brewer N 1.85 Oxlade S 11.12 Oxlade S 3.40 Jackson J 1.85 Brown A 10.90 Rudd M 1.85 Hickey G 10.65 нт 1..1 DT 42.62 7.23 53.46 Paffett A Heard D Brunning N Timmins 5 38.28 Davies P N 7.22 Ellis C 44.72 Ellis C 34.98 Quarry J 7.19 Sharp A 40.32 Fairbairn 27.20 Weaver R 6.99 Brown A 38.10 Davies M 26.90 Sharp A 6.71 Quarry J 34.64 Hickey G 25.16 Redgrave L 6.61 Longley C 32,50 Heard D 15.10 Yates P 77.06 Clarke E 14.54 HarrisonS 64.34 Davies P 14.26 Foster S 53.64 Essein B 13.75 Samuel R RedgraveL 13.61 Longley C 50.10 Bobb S 13.60 Oxlade S 47.62 SPECIAL AWARDS 1991 Lindsay Salver - A Hodge; Browning Trophy and Hornal Trophy - L Redgrave; Jack Sims Salver -A Baldock; Ponsford Trophy - S Tolson; Lester Award - S Timmins; the new British Gas 'Striving for Excellence' Cup - M Narty; the new Robert Weeks-Pearson Trophy (Junior Cross-Country) - C Huntley; John Powell Trophies - D Kelly (C), J Phillip (B), M Steinle (Y) & S Timmins (Team Manager): PONSFORD TROPHY 1991 (Awarded to the member who scores most points from any 7 of the 8 Club Senior Field Events al

Narty M

10.67

Galloway P 1:51.1

Newport S 14:14.2

Championships.	POI	nts	SCOL	ea./					
	ТJ	DΤ	HT	НJ	LJ	JΤ	SP	PV	Tota
1 S Tolson	11	11	10	11	9	9	8	12	73
2 R Chitty	12	12	12	9	11	7	9	-	72
3 S Oxlade	-	-	11	10	10	12	11	11	65
4 J Day	10	10	9	7	-	-	-	8	44
5 P Davies	-	-	-	12	12	-	-	-	24

6 G Hickey 12 20 7 R Coe 11 11 10

=8 A Hodge 10

S Trevisan 10 10 10 10 D Coleman

ll J Wakeman 9 12 J Robinson 8

6 13 K Daniel 14 S Parsons

## SOUTHERN COUNTIES VETERANS' A.C. INTER-CLUB TRACK & FIELD LEAGUE 199

26th Apr 1991 SCVAC T&F LGE KENT DIV: (1) @ DEANGATE

1	Resul	ts								
(	A,B	å	M50	Track:	Α	δ	M50	Field	)	

	A		В	
100m	4 J Robinson	14.3	4 M Martineau	14.1
			3 J Day M50	14.7
400 m	5 M Martineau	64.5	4 C Rowe	64.9
			2 R Turney M50	63.7
1500m	5 C Woodcock	4:46.8	4 P Rissen	5:03.7
			3 R Turney M50	5:10.5
2000WK	l P Hannell	9:16.6	l J Phelan	13:03.4
			5 D Johnson M50	13:21.2
HJ	2=J Robinson	1.30	1 J Day M50	1.25
HT	3 J Phelan	17.78	1 C Brand M50	28.60

10.42m 1 C Brand

M50

8.94

36.70

JT 2 G Hickey 35.66 1 C Brand M50 4X100m BH disqu; Match 1 Dartf 194; 2 Medway 179; 3 BH 174; 4 Cam H 148; 5 Kent AC 84; 6 Tun W 64;

1 G Hickey

#### 13th May 91 SCVAC T&F LGE KENT DIV:(2) @ BATTERSEA PK

Results	

SP

	A	В	
200m	5 M Martineau 28.0	3 J Robinson	28.6
		3 P Baigent M50	30.8
800m	1 G Spencer 2:07.4	1 K Daniel 2:	12.5
		1 R Turney M50 2:	24.1
3000SC	1 J Phelan 10:30.1	1 B Mellish 10:	56.3
		- M50	
PV	l=J Day 2.60	2 C Brand M50	1.65
LJ	2 M Martineau 4.51	l J Day M50	4.16
TJ	4 M Martineau 8.59	l J Day M50	8.69
DT	1 C Ellis 41.58	1 C Brand M50	31.26
Medley	Relay 1 BH 4:08.0		
Match	1 BH 178; 2 Dart 144; 3	Med 117; 4 Kent 115;	

## 10th Jun 91 SCVAC T&F LGE KENT DIV: (3) @ DARTFORD

5 CambH 101; 6 Tun W 87; 7 BrV 12;

Results			
	A	В	
100m	1 D Cocker	13.0 3 M Martineau	1 14.3
		2 J Day	M50 14.8
400m	1 D Cocker 5	54.3 1 K Daniel	58.0
		5 J Day	M50 78.2
1500m	2 J Phelan 4:2	25.3 1 K Daniel	4:33.4
		3 W Clapham	M50 5:20.7
5000m	1 B Mellish 16:3	38.1 1 P Hamilton	16:46.3
		2 R Savery	M50 18:59.7
HJ	2 J Robinson	1.40 l J Day	M50 1.25

SP 1 G Hickey 10.54 1 C Brand M50 9.29 нт 2 M Davies 26.90 1 C Brand M 50 26,24 2 G Hickey ידינ. 35.92 1 C Brand M 50 33.76 4¥400m 1 BH 3:53.5; Match 1 BH 222; =2 Dart 165; =2 Medw 165; 4 Camb H 150; 5 Kent AC 144; 6 TW 121; 7 BrV 8;

## 26th Jun 91 SCVAC T&F LGE KENT DIV: (4) @ DARTFORD

## Results

кезшсэ							
	Α			В			
200 m	1 1	Cocker	25.2	1 K	Daniel		26.8
				3 P	Baigent	M50	30.3
800m	1 1	Cocker	2:05.2	1 K	Daniel		2:11.8
				6 W	Clapham	M50	2:41.7
3000m	2 E	Hamilton	9:24.9	1 B	Mellish		9:32.6
				1 B	O'Gorman	M50	10:08.6
PV	1 3	Wakeman	3.30	1 J	Day	M50	2.80
LJ	5 N	1 Martineau	2.58	2 J	Day	M50	4.05
TJ		Hickey	9.63	2 J	Day	M50	8.78
DT	2 (	Hickey	27.78	1 M	Davies	M50	25.04
4 X 200m	1	1 BH	1:46.3				
Match	1 F	3H 185; 2 Ca	ambH 153;	3 D:	art 146; 4	Medw	122;
5 Tun W 97; 6 Kent 85; 7 Br V 4;							
Kent Div	Fir	al Pts1BH	30; 2 Dart	27½;	3 Med 24½;		

4 Cam H 21; 5 Kent 16; 6 Tun W 13; 7 BrV 6;



Bob Minting BHV record holder for 100/200/400 and 400 H
Photo by Jim Phelan

8th Sep 91 SCVAC T&F LEAGUE FINAL @ CROYDON DIVISION A

Results	
	A B
100m	1 R Minting 12.3 7 J Robinson 14.1
	7 P Baigent M50 14.5
200m	2 D Cocker 25.2 1 K Daniel 26.5
	6 R Turney M50 30.2
400m	1 R Minting 53.9 2 K Daniel 57.4
	5 R Turney M50 62.1
800 m	1 D Cocker 2:08.4 1 K Daniel 2:12.5
	1 R Turney M50 2:17.8
1500m	1 H Morten 4:19.1 1 G Spencer 4:22.8
	3 J Baldwin M50 4:46.9
3000m	1 J Phelan 9:23.8 1 B Mellish 9:28.
	1 B O'Gorman M50 56.3
200H	3 R Minting 30.4 5 J Robinson 37.0
	6 J Day M50 38.4
HJ	2 R Minting 1.55 1 G Hickey M50 1.50
PV	1 J Wakeman 3.20 2 J Day M50 2.60
LJ	2 D Cocker 5.60 3 G Hickey M50 4.54
TJ	1 D Cocker 11.47 1 G Hickey M50 9.85
SP	1 C Ellis 11.91 1 G Hickey M50 11.44
HT	5 C Ellis 30.50 2 M Davies M50 32.30
DT	1 C Ellis 40.12 6 C Brand M50 28.38
JT	4 C Brand 42.44 1 G Hickey M50 35.10
4X100m	BH disq
4X400m	1 BH 3:40.3 (V Rec club team) (Cocker, Daniel,

Match (Div A) 1 BH 366; 2 Havant 288; 3 Enf 283; 4 Croy 270; 5 Eps & E 218; 6 Dart 216; 7 Rich & Tw 206; 8 Worthing 149;

#### 2nd Jun 91 SCVAC CHAMPS @ KINGSTON

Spencer & Minting);

100m V45 J Robinson 14.6; V60 3 P Baigent 14.8; 200m V45 5 J Robinson 28.8; V60 2 P Baigent 30.0; 1500m V40 3 K Daniel 4:15.9; V60 1 W Clapham 5:12.3; J Day (V55) 1 100H 19.9; 1 LJ 4.19m; 1 PV 2.70m; 1 HJ 1.32m SP 1 G Hickey (V55) 11.55m; TJ 1 G Hickey 10.25m; JT 1 C Brand{V55} 41.76m CBP; 2 G Hickey 35.58; HT 4 G Hickey 27.58m;

DT 4 G Hickey 30.76m; 6 C Brand 29.02;

6/7 July. NATIONAL VETS' (BFAV) CHAMPS @ BIRMINGHAM 3K / 5K Walks 1 P Hannell {M45} 13:49.23 / 24:09.75; HJ 3 G Hickey {M55} 1.52; PV 2 J Day {M55} 3.00; SP 1 G Hickey 10.90; DT 1 C Ellis {M45} 41.16; JT 2 C Brand {M55} 43.66;

20/28 July. VETS' WORLD CHS @ TURKU, FIN PV {M55} 14 J Day 2.80m;

12/6/91 Ashton Fld

23/2/91 Surrey 10M Champ @ Bexley (75.10) 7 P Hannell 84.07; 24/2/91 Middx 10M @ Hendon. Champ (81.16) 2 S Lightman 85.30; 2/3/91 Sth Champs @ Wimbledon. (10M/94.00) 7 P Hannell 110.21; 9/3/91 Camb H @ Bexley (10K/46.13) 3 P Hannell 50.51; 16/3/91 National 20Km @ Sheffield (85.36) 45 P Hannell 108.27; 49 S Lightman 109.29; 23/3/91 Battersea Pk.(10M/68.27) 13 P Hannell 86.02; 27/3/91 Ex 10Km @ Hornchurch. 7 S Lightman 52.11 7/4/91Bromsgrove

(10K/43.47) 12 P Hannell 50.23; 16 S Lightman 51.24;

2/5/91 SC @ Battersea(10K/41:39.8) 8 P Hannell 50:13.9; 9 S Lightman 51:48.7; 11/5/91 Natl 10M @ Victoria Pk. 36 S Lightman 85.07; 51 P Hannell 88.20; 21/5/91 Brighton 5Km: 3 P Hannell 23.42; 8/6/91 Selsdon Cup 6M. 1 P Hannell 49.09;

(3Km/13:00.1) 2 P Hannell 14:14.6; 9/7/91 Vets AC 5 Battersea Pk. 2 P Hannell 41.26; 10/7/91 3Km Woodford 5 P Hannell 14:18.9; 6 S Lightman 14:38.5; 13/7/91 Basildon. Natl 50Km. 13 S Lightman 5:25.10; 24/7/91 Postal 9Km Blackheath Pk: 2 P Hannell 46.15; 30/7/91 Hove 10Km 2 P Hannell 52.42; 7/8/91 Vets' 3Km Battersea Pk. 2 P Hannell 14:06.7; 11/8/91 Br Vets' 10Km Solihull. 4 S Lightman 52:34.6; 5 P Hannell 53:48.3; 13/8/91 Vets' 5M Battersea Pk. 3 P Hannell 41.05;

8/9/91 Leicester 20K: 28 S Lightman 2:01.47; 11/9/91Woodford 3K: 2 P Hannell 13:45.5; 21/9/91 Blackheath 9K: 2 P Hannell 46.26; 12/10/91 Chippenham/Calne (6M/39.44) 27 P Hannell 50.53; 31 S Lightman 51.32; 26/10/91 Bexley 10K: 3 P Hannell 49.42; 4 S Lightman 52.12;

2 P Hannell 57.11; 16 Rd Green 70.04; 9/11/91 Enfield 7M. 7 P Hannell 56.20; 10 S Lightman 57.36; 12/11/91 Track 3Km Brighton. 2 P Hannell 14:20.4; 3 S Lightman 14:40.8; 16/11/91 Brighton 10Km. 4 P Hannell 49.30; 5 S Lightman 51.07; 23/11/91 Belgrave 7M. 9 P Hannell 56.20; 11 S Lightman 57.58; 30/11/91 Sy W Cl 10K Croydon. 2 P Hannell 50.22; 7/12/91 Bexley 10K. 5 P Hannell 50.04; 6 S Lightman 51.06; 10/12/91 Brighton Lge 3K. 1 S Lightman 14.36; 14/12/91 Ilford 10K. 5 P Hannell 50.47; 7 S Lightman 51.30;

2/11/91 Sy W Cl Addington 7M.

22/12/91 Brighton 5Km. 2 P Hannell 23.53; 26/12/91 Brighton 5½M. 4 S Lightman 46.35; 1/1/92 Victoria Pk 10Km. 5 P Hannell 50.59; 6 S Lightman 51.37; 12/1/92 Met Pol, Imber Crt 11Km. 10 P Hannell 55.35; 14/1/92 Brighton 3Km. 2 P Hannell 13.40; 18/1/92 Bexley 10M. 4 P Hannell 83.02; 1/2/92 Brighton 10Km 3 P Hannell 48.27; 7 S Lightman 53.45; 8/2/92 London Chs, Battersea Pk 10M. 8 P Hannell 83.42; 15 S Lightman 89.15; 11/2/92 Brighton 3Km. 2 P Hannell 13.55;

TOLLING DEVICE 3 P Hannell 48.58; 6 S Lightman 53.50; 23/2/92 Surrey 10M @ Croydon. 2 P Hannell 83.24;

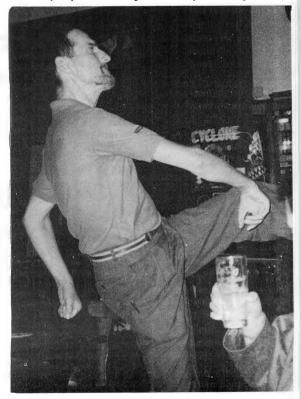
TOTORE

29/2/92 Coventry 10Km. 2 P Hannell 49.08;

7/3/92 Sth. Ch, Wimbledon 10M. 4 P Hannell 83.54; 12 S Lightman 92.57; 10/3/92 Brighton 3Km. 2 P Hannell 13.41; 15/3/92 Bexley 10Km. 6 P Hannell 48.55; 21/3/92 Birmingham RdW Chs 10M. 23 P Hannell 84.13; 48 S Lightman 91.51; 1/4/92 Essex 10Km Hornchurch. 5 P Hannell 48.33; 4/4/92 Sth 20Km Basildon. 5 P Hannell 1:46.17;



George Brooks, Ken Johnson and Jack Parrott doing a spot of Race Walk Judging at Crystal Palace! Photo by Brian Boulton and one they disqualified for lifting Graham Botley declines to give a sample



## CROSS COUNTRY CHAMPIONSHIPS



Many of the winning Kent XC Championship Team already to the fore at the start
Photo by Bill Graham

#### KENT XC CHAMPS

Mote Park

December 14th 1991

For the first time since 1986 the County Championships returned to what many people regard as the best Championship course in Kent, Maidstone's Mote Park. But you had to go back even further to when Blackheath last won the Kent senior team title, all the way back to 1974. It is a long day now at the County Champs with the Ladies races also being run at the same venue on the same day. I guess this is one of the prices you have to pay for approaching amalgamation.

The Colts race, one of the earlier races, was one that we figured in from the start with two of our youngsters showing well for the whole race. Both Blackwell and Skinner had figured well on their recent Belgian trip and were again showing that they were in good shape. They gave us the start to the day that we had hoped for and together their second and third places gave us the hope of a team victory. It was very close but we had to wait until 31st and 33rd for the other two scorers. The team finished a very close third as both Andrew and Michael found Ashford's Oxland too strong for them. The colts gave us a good start to the Championship season, the boys did not fare as well as their younger team mates. With our first scorer, G. Riggs back in 19th place they did well to place 5th team.

G.E.C. usually dominate the Youths age group at County level and were expected to do so again, but they finished only third in the team event as we romped to a somewhat surprising win. Mark Steinle had been in good form all seaon and was expected to be given a good battle by G.E.C.'s Willson, seventh in last seaon's National. But the battle never really materialised and went the same way as the expected G.E.C. dominance. After the small lap Willson was left as the Blackheath runner led the field by 21 seconds at the finish and led the team to an unexpected win. Behind these two there was another large gap and John Marks finished 6th within a few seconds of 4th place. Not too far behind them Eammon Prendergast and Phil Burch completed the team. It also kept alive

Mark Steinle's string of Kent XC Champs. He has now won the Colts, Boys and Youths. It was here in 1986 that he made his Championship debut, third in the Colts race behind Murray and Draper!.

Which leads us on to the Juniors, where Murray and Draper now compete. The field was again woefully small and in this Championship they have just three to score. I personally don't think that having three to score will solve the problem of small numbers in this age-group. Thirty-one started and we supplied none of them. The standard at the front was supposed to be of note but a half minute gap behind the winner doesn't suggest that, whoever he may be. As for ours, we suffered here and seemed to contribute only bulk (or width) to the field. The competition for the bronze medals should not have been beyond us but it was on this occasion. Jonathan Murray led us in with 13th place.

The Senior race is usually the one that draws the most attention and rightly so as well. Here we have a cast of hardened runners who don't merely rely on their natural talent but have had the sense to realise that having that talent is not enough. Those still performing well in this age group have also worked to do so. There is no hiding up here. We were without Darrell Smith and Tony Baldock, both likely scorers, but we still felt the time was right to get where we belong, on top in Kent

Not many looked past Roydon as the possible winner and it soon became apparent why not. The Medway man spread the field early on and left Spencer Newport isolated in second from an early stage. Not too far back we had the sight of a large number of black vests holding the likes of Guilder, Taylor, Colpus, Nash and Lawton. Not too far back at this stage was Hollens, scemingly opting for a slower start. Roydon stayed there for the rest of the race while Newport was given a bit of a fright in the middle stages by Invicta's Hamilton. By the close of play the Invicta man had been dispatched comfortably. Dave Taylor and Alan Guilder had come through to 8th and 9th though at one time it had looked as if Alan was going

through. His early lap turned out not to be by design after all but he had worked up to 15th by the close. Tim Nash completed the scorers with 23rd place. This was enough to get our hands on the trophy and beat Invicta by 11 points. About time too! (Some ) Results:

Colts: 1.D.Oxland (Ash) 12.57 2.A. Blackwell (BH)

13.02 3.M.Skinner (BH) 13.05

Teams: 1.Bexley 63 2.G.E.C. 65 3.Blackheath H.69

Boys: 1.R. Clark (Ton) 16.45 ....19.G.Riggs (BH)

18.25

Teams: 1 Tonbridge 23 2.Medway 25 3.G.E.C. 46

5.Blackheath 100.

Youths: 1.M. Steinle (BH) 17.23 2.J. Willson (GEC)

17.44 ....6.J. Marks (BH) 18.32......13. E. Prendergast (BH) 18.51 ....15.P. Burch (BH) 18.56 ....19.D. Marks (BH) 19.11

Teams: 1. Blackheath H.35 2. Invicta 52 3.G.E.C. 54 Juniors: 1.S. Barden (GEC) 30.39 ....13.J. Murray

(BH) 33.57

Teams: 1. G.E.C. 10.....4. Blackheath 48

Seniors: 1. B.Roydon (Med) 37.50 2. S. Newport (BH)

38.15.....8. D. Taylor (BH) 39.00 9. A. Guilder (BH) 39.06....14. A. Hollens (BH)40.00.......
21. M.Colpus (BH) 40.27 ....23. T.Nash(BH) 40.34....24.M.Lawton (BH)40.40.....27.
M. Watling (BH)40.51 ....30.R.Smith (BH)

(BH) 43.46

Teams: 1. Blackheath H. 78 2. Invicta 89

3. Medway 143.



Darrell Smith: Second 'Heathen home in this year's Southern
Photo by Bill Graham

#### SOUTHERN XC CHAMPIONSHIPS

Parliament Hill Fields

11th January 1992

Our reputation as one of the top Cross Country clubs in Britain was further enhanced by our results in the annual Southern Championships on a clear mild day in London, on the Countries most famous course. The Seniors finished third to make it five years in the top four. The juniors surprised many by placing a close second and the Youths, where we supplied a runaway winner, placed a close fourth. To field and complete a team in all four age-groups has often proved too much for us in the past and we did it here for an all-too-rare time. Our boys were our weakest team but they placed 21st out of 34 finishing teams. The teams finishing behind us included S.L.H. and Belgrave so things are obviously starting to go in the right direction. It almost goes without saying that many of the teams that beat our boys were nowhere in the Senior races.

The Youths, having won the Kent Championships, looked an outside bet for medals before the race, but more likely to place fourth to sixth. So it eventually proved as they were fourth. There was something to cheer though as we provided the individual winner in Mark Steinle, who added this to his Kent title. Two years ago he placed second here as a boy and this time the issue was not in doubt after a mile as he gradually pulled away from the field. Parliament Hill Fields added to its reputation as a course where a leader can get away, the right leader that is, Mark was the right leader on this day and he came home 25 seconds clear. Our other scorers ran together for a way before Phil Burch went clear to place 44th with Eammon Prendergast 53rd and John Marks 54th. Unfortunately this left us a mere 10 points short of third place medals.

The Kent team we had out in the Junior Championships bore little resemblance to our Southern team. In came Tim Dickenson, a Lancashire qualification, and Liam Bulsom, who missed the Kent Champs. They were to make all the difference as they led us to a creditable second place finish. The smallest of the championship fields got smartly away and our runners were noticable from the start. Tim worked his way through from the teens and into the top ten to eventually place ninth. He was not too far ahead of Liam, who's 15th was his best run of the winter so far, though most of his races have been for his University. With Jon Murray 31st and Chris Huntley 40th we actually came close to winning it. We finished just seven points behind G.E.C. Avionics, an annual challenger in the young age groups.

So to the large field in the Senior race. We regularly place in the top five and usually we end up just getting third place medals or just missing them. So it looked here for the whole of the race. The large field of close to 2000 got away up the first hill and we were treated to the sight of Dave Taylor up with the leaders. Roydon (medway), Bannister (Shaftesbury) Manners (Highgate) and Goater (Shaftesbury). He was getting plenty of support and there were going to be a few tired throats at the supper later in the evening.

Further back, in the twenties, Spencer Newport was having one of those bad times that he seems to save for races at Parliament Hill and Darrell Smith was having one of those races that some of us dream about. Spencer Newport and Alan Guilder were beginning to come through. We had four in thirty and Colpus and Hollens were running well enough, but we still seemed to be about fourth behind Shaftesbury, Highgate and the Irish. At the close Dave Taylor finished a magnificent fourth, having been passed by Manners (Highgate) on the final

Trial. Darrell Smith came through for our second scorer in 21st place. A very satisfactory performance from a runner still woefully short of mileage. His training had not suggested that placing and it was good to see him coming back so quickly (again). Wait to see him in the National. Just six seconds down on him was Spencer. He had not gone back as Darrell came through and at one stage on the final lap had seemed like regaining the intitiative. With Alan Guilder in 30th we had a good start but we could not compete with London Irish or the winners, Shaftesbury on this day. Our fifth scorer was Mark Colpus, running as well as he has for a few seasons he placed 66th with Andrew Hollens closing the team in with 79th after finding the final lap hard.

We were placed third team as Highgate let us squeeze in for third! (Mark Chapman ....wasn't it he who shot John Lennon?) Out of the scorers but performing well for our seventh was Jamie Jefferies in 141st, he could yet be persuaded that he can run country.

Results:

Juniors: 1. K.Toher (Newquay) 31.00 .....9. T.

Dickenson 32.07 .....15. L. Bulson 32.41 31. J. Murray 33.38....40. C. Huntley 34.07....78. R.Weatherstone 36.04

Teams: 1. G.E.C. Avonics 88pts 2. Blackheath H. 95pts 3. Portsmouth 143pts

13 teams finished.



Scott West (235) leads Mark Steinle and Bruno Witchalls in the Inter Counties XC Champs Photo by Mark Shearman

Thorough Mark Shearman

Youths: 1. M.Steinle (BH) 22.47 2. J. Willson (GEC) 23.12.....44. P. Burch 25.20..... 53. E. Prendergast 25.39 54. J. Marks

25.41

Teams: 1. Shaftesbury H. 83pts 2. Thurrock H. 117pts. 3. London Irish 142pts 4. Blackheath H. 152pts.....20 Teams finished.

Seniors: 1. B Roydon (Medway) 44.44 2. D.
Bannister (S.B.H.)44.48 3. 1. Manners
(High) 44.52 4. D. Taylor 44.58.....21. D,
Smith 46.07 .....25. S. Newport 46.13......
30. A. Guilder 46.20.....66. M. Colpus

Jefferies 49.11.....160. M. Watting 49.29 .....164. T. Nash 49.32.....180. R. Coles 49.46 201. T.Baldock 50.02

Teams:

1. Shaftesbury H, 133pts. 2. London Irish 149pts. 3. Blackheath H. 225pts 96 Teams tinished.



Blackheath "Groupies" at this year's National Photo by Bill Graham

## NATIONAL CROSS COUNTRY CHAMPIONSHIPS

Newark Showgrounds February 29th 1992.

It is 8.00 a.m. on Monday 2nd March and I am just going into the confectioners on the way to work for a packet of throat sweets to help get me through a day of teaching enthusiastic children after using my voice a lot at the National on Saturday. The sky this morning is clear and cold.

1948 apart this has probably been the most successful day Blackheath have ever had at the National. The Senior team captured the bronze medals for only the third time in the club's history and we also had a champion in one of the younger age-groups. The weekend did not finish after the races either, Blackheath go on longer, as the bumper stickers might say one day.

We settled into three hotels on the previous evening. We travelled up throughout the day and I was actually one of the last to arrive. Darrell Smith, Mark Steinle and his parents and myself were also spread over three hotels and Darrell and I set off to check out the recommended pubs in the Good Beer Guide and hopefully meet up with Jamie Jefferies, Tony Baldock and Andrew Hollens as they were also working from the same list. Mark was shut up in the Appleton Hotel by now and we took his belt and shoes just in case.



Dave Taylor (320) leads the field in the Inter County XC Championship.

Photo by Mark Shearman

We did run them down between pubs and after a couple of Merrie Monks and Owd Rodgers we headed for the sack. The next morning should have been a good day. We made the most of the breakfast and then drove to the course. When it was announced that Newark was to be the course for 1992 we received this with mixed feelings. The Seniors were third there in 1988, Darrell, Andrew and Spencer Newport were winners there as Youths in 1984 so that seemed a couple of good omens. But what about Mark? He has the reputation for running well on hilly, muddy courses. We'll see.

The Youths started at 1.30 but no numbers were anywhere to be seen until 1.10. I went to the registration to see if they had been picked up ... they had... where were they? We walked the course. It was flat, it was firm and fortunately the loose part of it was tough, as I kept on saying over and over again (I'm told.) Too bad the rough part was in the first half. So anyway, the numbers did turn up but a bit of nervous energy must have been lost somewhere in that half hour. I cannot remember when I last saw either the start or the finish of a Cross Country Championship. For this one the crowds obscured the view. When the hordes hove into view Mark Steinle was already well placed in the pack. Round the small lap Mark was at the front already. Ian Wainwright, an old friend of mine who was at Graves Park in 1948 asked me 'what is his plan?'. 'YOU'RE LOOKING AT IT.'

Newbury's Steve Smith took the lead briefly between one and one and a half miles but this intervention was brief. The photo's in Athletics Today later revealed that Smith ran with his boxer shorts hanging out below his shorts, how could anyone so attired be taken seriously? But he did hang on for fourth place.

Mark was soon back in the front and coming off the loose stuff about halfway he had already opened up a gap but the followers were having the advantage of running together. It was perhaps fortunate that they split up because that had the effect of making them all push on in isolation. On the firm fast grass Mark kept his lead to eventually come home with five seconds to spare. The announcer gave him a good talk-up as he approached the finish and it was nice to hear that someone knew as much about him as those who might have done well ... but didn't. At the finish the scene was of jubiliation among the heathens present and there were quite a few around. The Press went to work waiting for him to make a fool of himself with some outlandish predictions but they never happened. He probably said it was 'alright.' It looked alright to us, all right even.

Great to also see the Youths team get on the sheet with Steve Wada having a good run to place 92nd. He has only been running a year so he can feel pleased about that.

The Juniors were next in action and after their second

place in the Southern we hever really knew what to expect here. As it was they did not show as well as they did at Parly Hill but with Tim Dickenson we have a Junior of promise. He has only been with the club a short time since his starting at Loughborough, but we have known him longer than that. He did go on a couple of Belgian trips the previous winter and knows a good club when he sees one. He followed up his 9th in the Southern with a 21st place here and still has another year in this Championship. The following day he was suffering from a heavy cold and his main problem could well be knowing when to rest. He looked a strong runner both here and at P.H.F. Liam Bulsom ran well also and placed 47th but he has placed around there before. He has had a couple of strong runs this winter and it's a shame that next season he goes out of this team. Chris Huntley was 91st and he is a steady reliable runner who returns next season. The team placed 8th in what was the smallest field of the day.

Throughout the previous week we had summarised the potential of the Senior team and generally thought that we had the ability to be from third to fifth. We could be a close and frustrating fifth or a close and grinning third. We ended up grinning by two points.

Right from the start Eamonn Martin was well to the fore but also, right from the start, we had five of our team well-placed. True we did not have the early showing of Tipton or Shaftesbury but we had Dave Taylor, Spencer Newport, Darrell Smith, Alan Guilder and Dave Lee high enough to give us the start we had hoped for. But on the initial lap we had a long wait for our number six scorer. On Southern form it should have been Mark Colpus but Andrew Hollens had recently been showing glimpses of his old self in training and it turned out to be him. But he was down in the high 300's after getting caught up in the traffic on the first lap.

Dave Taylor has had a great season, especially since the New Year and it was great to see him right up there in the first 20 of the National early on. Encouraging also to see Spencer Newport attacking a race of this length with a start in keeping with his promise. Here he was up in the first thirty and his highest National placing was only both at Leeds. Alan Guilder was also keeping up his start and Darrell Smith was progressing well in the first hundred with Dave Lee close behind. The vital sixth man, Adrew, was moving through but the traffic was still deep.

Into the final lap and Taylor and Newport showed no signs of tailing off. Guilder was maintaining his position and Smith was moving ever closer to the first 50. Dave Lee was beginning to slip just a bit but the score was coming down thanks to Andrew reeling them in as sixth man.

Into the final half mile up to the finish and we had the heartening sight of Dave Taylor coming home a great 17th and outkicking John Downes (L.I.) in the straight. Spencer also did the deed on the Irish as he held off Nugent, their number two as he finished 30th. Alan Guilder was our third home in 45th and Darrell Smith gave glimpses of his gradual return to form as he finished 55th. Dave Lee slipped a bit to 106th but the slack was pulled up with Andrew Hollens moving up to 162. On the initial lap he was behind second-claimer Andy Howie



Andrew Hollens: last B.H. scorer in the National XC Championships
Photo by Bill Graham

who finished 401st. that's how much he moved through. Eventually we heard that this gave us third team and that was great news. We narrowly held off the Irish and were close up to Shaftesbury. Remember this was without Barton and Foster who hopefully will be racing next season and not supporting, but this team may take some getting back into! So the antics of the Seniors and Mark Steinle made this an afternoon to remember for all who were up there for the races and the evening at the hotel.

I put the throat sweets into my pocket and think about work. The young man waiting to be served behind me requests twenty Benson and Hedges and a copy of the Sun. I am astounded to hear that this comes to in excess of £2 but he doesn't seem bothered. I briefly wonder where he was on Saturday afternoon, consider the time until next years National and join the bus queue. MH Youths: 1. M. Steinle 21.21 92. S. Wada 23.24 171. P. Burch 24.14 237 J. Marks 25.05

Teams: 1. Shaftesbury H. 186 pts. 18. Blackheath H. 501 pts.

Juniors: 1. A. Person (Longwood) 28.36 21. T. Dickenson 30.52 47. L. Bulsom 31.36 91. C. Huntley 32.33 122. J. Murray 33.22 174. A. Algeo 34.29 241 R. Weatherstone 37.16

Teams: 1. Sale H.125 pts. 8. Blackheath H. 281 pts. Seniors: I.E. Martin (Basildon) 40.29 17.D.Taylor 42.28 36. S. Newport 43.04 45. A. Guilder 43.16 55. D. Smith 43.27 106. D. Lee 44.15 162. A. Hollens 45.00 215. M. Colpus 45.34 393. A. Baldock 46.56 399. M. Watling 46.58

Teams: 1. Tipton H.229 pts. 2. Shaftesbury H.374 pts. 3. Blackheath H. 421 pts.

Just for interest, as it may be to some, here is the complete Cross Country season 1991-1992 of Mark Steinle. His aim for this seaon was to perform well in the major domestic Championships, get a run in the UK Trial and gain an England Junior vest. This he accomplished.

Oct. 19th Blackheath H.5m Champs 5th 1st Junior

Nov.2nd Reigate Priory CC Relay 13.38

Nov.24th Roeselare JM CC 3rd

Dec 7th Herne Hill CC relay 12.25 fastest

Dec 14th Kent Youths CC Champs 1st

Dec 22nd TAAF Cross Challenge(Mol) 13th 3rd Englishman

Jan 11th Southern CC Champs youth 1st

Jan 25th Inter Counties CC Youth 2nd

Feb 9th UK JM champs (World Trial) 13th (1st Youth)

Feb 29th National CC Champs Youth 1st

Mar 7th English Schools Senior CC Champs 9th

# BENNETT CUP & MOB MATCHES



Jamue Jetteries: 8th in the opening 5 Photo by Bill Graham

#### CLUB FIVE CHAMPIONSHIP

Haves 19th October 1991

A bit of a wind but otherwise these were perfect conditions for the race for one of the oldest of our trophies. In fact is is the oldest of trophies almost anywhere and seeing the cup in the Clubhouse and on the photograph just inside the door that shows the 1897 winner reminds us of the history of this trophy. When David Taylor brings the trophy back to the clubhouse for the 1992 Championship take a close look and you will see the name of W.G. George there twice in the 1880's. Walter George was a miler of extreme note. In 1886 he recorded the time of 4.14.75 (or 4 mins  $12^{\frac{1}{4}}$  seconds as it was then recorded.) H , Splits were 58.2, 2.01.7, 3.07.7 and it was not until almost forty years later that this was beaten. He was on hand in 1937 when another name on the trophy, Sydney Wooderson, broke the World Mile Record. The trophy is living history.

Having not raced since May, one did not expect David Taylor to be in the race, much less a prominent contender. Many reckon that this was one of the strongest club fives in history and certainly it was a very good field. The contenders quickly got to the front after a few 'gib players' had tried to fill this role. Tony Baldock, second last year, wanted a fast pace and made sure of that by taking on that role himself. A group of seven quickly asserted itself in Baldock, Watling, Jeffries, Steinle, Nash, Taylor and Smith. Watling, the holder, was anticipated as being 'up' for this race. Tim Nash was a latecomer and many of the leaders were surprised to see him in the group with them. Soon after this Richard Coles joined the group. On the return journey David Taylor broke away from the group as it thinned out and seemed to catch them by surpise. Only Darrell Smith, in his first Club Championship, but nonetheless with a pedigree on the country, gave chase and this he had to do from the back of the group. Still in the leading pack Mark Steinle had already assured himself of the Junior Championship barring something spectacular. And so it was, with Taylor losing some yardage to Smith in the closing stages but prevailing by the length of a chain. Watling, the defending Champion, finished third ahead of Tim Nash. Mark Steinle moved up to fifth, his previous placings in this event being 9th, 9th and 6th. He won the junior championship for the third time in a row having been second to Darrell Smith in 1988. Taylor and Smith both broke 30 minutes on this course for the two fastest times in memory and the man who carved out the fast initial pace, Tony Baldock, finished seventh just behind the hardy perennial Richard Coles. Smooth striding Hugh Morten was the first veteran home in a high placing.

Results

1 D Taylor 29.53 (Club '5' Trophy) (H'cap posn 23); 2 Dl Smith 29.56 (26); 3 M Watling 30.21 (22); 4 T Nash 30.31(30); 5 M Steinle 30.38 (1st J. Retains King-Morrison Trophy)(17); 6 A Baldock 31.01 (55); 7 R Coles 31.04 (59); 8 J Jefferies 31.08 (49); 9 T Cherchuck 31.11 (44); 10 Roy Smith 31.15 (47); 11 P Calnan 31.27 (52); 12 D Hassall 31.32 (57); H Morten 31.43(1stV) (54); 14 A Hollens 31.59 (46); 15 M Farrell 32.15 (68); 16 P Hamilton 32.31 (56); 17 J Phelan 32.59 (38); 18 M Cronin 33.08 (62); N Wise 33.24 (73); 20 A Draper(J) 33.28 (15);K Daniel 33.34 (65); 22 C Griffin 33.43 (20);S Povey 33.47 (14); 24 R Weatherstone(J) 33.52 (2); 25 D White 33.56 (37); 26 D Williams 34.01 (72); J A Cooper 34.06 (48); 28 M Laws 34.22 (34); T Brightwell 34.31 (69); 30 J Murray(J) 34.50 (60); 31 N Colvin 35.10 (75); 32 N Keogh 35.24 (50); 33 R Richardson 35.26 (67); 34 J R Turner 35.30 (64); 35 Gl Morgan 35.31 (31); 36 J Hough(J) 35.33 (6); 37 A Kilgour 35.35 (71); 38 I Wilson 35.41 (19); E Prendergast (J) 35.54 (8); 40 S Capey 36.13 (27); 41 X Rees(J) 36.18 (77); 42 S Cluney 36.18(12); 43 D Hunt 36.19 (78); 44 B Wilson 36.53 (63);Shepheard 36.56 (51); 46 R Cliff 37.04 (70);47 C Fincham 37.16 (92); 48 D Galvin 37.24 (25);49 P Metcalf 37.28 (85); 50 B Swift 51 (79); M Peel 38.06 (66); 52 Kr Morris 38.20 53 C Haines 38.34 (42); 54 J Taylor 38.36 (43);R Savery 38.40 (35); 56 Rc Farish(G) 38.49: 57 B Hartley 38.56 (9); 58 S Hutson 39.00 Morten(J) 39.05 (4); 60 A Musson 39.09 (18);61 C Painter 39.11 (10); 62 B Saxton 39.14 (28);63 J E Sullivan 39.17 (41); 64 J Hills 39.25 J Copley 39.35 (16); 66 S McEvoy 39.49 (13): 67 R Ebbutt 39.56 (45); 68 D Grierson (76);R Chambers 40.06 (83); 70 C Rowe 40.09 (74);A Pontifex 40.18 (58); 72 M Martineau 40.32 (h'cpr); 73 A Weeks-Pearson 40.56 (11); 74 Roy Green 41.13 (5); 75 A Richardson 41.22 (93); 76 J Cross (21); 77 G Payne 41.50 (94); 78 A Edwards 42.13 (95); 79 D Dhammaloka 42.14 (39); 80 P Squires 42.38 (1); 81 W Graham 43.06 (33); 82 R Varcoe 43.09 (80); 83 J Tateson 43.14 (91); 84 L Dalmon 43.35 (7); 85 I Gold 43.53 (24); 86 M H Allen 44.06 (89); 87 N Cross(FG) 44.08; 88 M Gasson (53);89 44.12 C Hamblen 44.25 (84); 90 M Wade (90);91 W Wheeler 45.00(32); 92 D Wilcox 46.40 (61):M Farish(FG) 47.05; 94 G Geere 47.25 (36); 95 K Coombs 47.29 (40); 96 P Prisley 97 M Wynes 48.24 (96); 98 D Brickwood 48.50 (87); I Smith 50.30 (82); 100 D Tingey 53.48 (86);

(incl Club 7 M Champ) A Hollens 44.33 (Davis Cup) (H'cap postn 2); 2 M Watling 44.56 (9); 3 Roy Smith 45.06 (8); 4 T Mash 45.25 (11); 6 R Coles 45.46 (16); 8 P Calnan 46.32 (17); 9 J Beck 46.41 (27); 10 M Farrell 46.51 (19); 13 H Morten(V) 47.17 (24); 16 C Huntley 48.59 (55); 17 M Cronin 49.00 (22); 18 C Griffin 49.14 (36); 19 K Daniel 49.25 (26); 20 Gl Morgan 50.20 (50); 22 J Phelan 50.32 (40); 24 T Brightwell 50.46 (23); 27 J R Turner 51.17 (13); 28 W Lonergan 51.19 (7); 32 N Colvin 52.12 (39); 33 D Henry 52.24 (20); 34 P Betts 52.25 (52); 35 A Kilgour 52.29 (31); 38 C Fincham 52.41 (46); 40 L Roberts 53.04 (59); 41 S Ridgewell 53.08 (53); 42 Pa Taylor 53.49 (63); 43 S Pairman 53.57 (28); 44 S Cluney 54.03 (33); 47 P Metcalf 54.35 (34); 49 R Brown 54.43 (12); 50 P Lonergan 54.49 (18); 51 P Barrington-King 54.49 (56); 55 Kr Morris 55.47 (30); 57 N Wheeler 55.56 (15); 58 S Capey 56.06 (47); 59 M Crickett 56.21 (25); 63 A Musson 57.17 (37); 64 R Randall 57.20 (14); 65 J Hills 57.28 (10); 66 J Clare 57.33 (62); 67 S McEvoy 57.34 (4); 68 J Tateson 57.42 (5); 70 C Poole 58.21 (1); 71 C Rowe 58.30 (32); 73 B Hartley 58.33 (45); 75 J E Sullivan 58.52 (35); 76 B Saxton 58.54 (38); 78 J Copley 59.12 {Lanterne Rouge (29); 80 A Pontifex 60.23 (41); 82 J Cross 60.46 (48); 83 R Wood 60.49 (60); 84 M Martineau 60.55 (H'cpr); 87 C Dale 62.02 (51); 88 A Weeks-Pearson 62.12 (44); 90 C St.Aubyn 62.37 (21); 91 P Lovell 62.55 (42); 93 W Graham 63.02 (49); 94 S Parsons 64.15 (64); 95 R Pitcairn-Knowles 64.20 (65); 97 W Wheeler 64.28 (6); 98 D Dhammaloka 64.56 (57); 103 B Todd 65.48 (3); 108 L Dalmon 67.29 (54); 109 B O'Flynn 67.55 (61); 111 I Gold 68.55 (58); 117 D Tingey 77.56 (43); Teams (Scoring 48 ) BH 1819; ORION 2232;

25th Jan 92. MOBMATCH v RANELAGH @ PETERSHAM 1 H Jones { Ran.H - Thompson Medal } 7½M/38.55; 3 A Baldock 40.30 (H'cap postn 22); 4 S Fury 41.14 (38); 8 R Coles 41.42 (25); 11 M Watling 42.17 (51); 12 P Calnan 42.46 (29); 14 D Hassall 43.06 (48); 15 A Howey 43.19 (20); 16 K Daniel 43.30 (45); 18 Thelan 43.53 (35); 24 B O'Gorman 44.28 (55); 25 R Coe 44.33 (70); 27 W Lonergan 44.40 (7); 28 R Richardson 44.41 (9); 30 C Griffin 44.47 (31); 32 Gl Morgan 44.54 (30); 35 M Cronin 45.58 (50); 36 R King 46.08 (74); 37 G Spencer 46.11 (61); 38 P Betts 46.13 (10); 39 N Wise 46.17 (6); 40 T Brightwell 46.18 (59); 43 Pa Taylor 46.36 (33); 44 S Freemantle 46.42 (36); 47 C Fincham 47.04 (42); 51 A Kilgour 47.23 (63); 52 C Woodcock 47.27 (13); 53 S Ridgewell 47.39 (17); 55 I Young 47.52 (66); 56 Pairman 48.02 (32); 58 J E Turner 48.22 (24); 59 Shepheard 48.34 (46); 61 N Nuttall 48.47 (19); 63 Rissen 49.26 (39); 64 B Swift 49.38 (52); 65 R Brown 49.54 (21); 66 P Metcalf 50.03 (23); 67 S Cluney 50.06 (34); 70 B Wilson 50.20 (47); 71 M N Williams 50.26 (72); 74 R Walsh 50.45 (76); 76 S Capey 50.51 (16); 77 M Peel 50.58 (56); 83 W Clapham 51.40 (54); 84 G Fee 51.51 (2); 88 C Haines 52.16 (26); 90 J Tateson 52.20 (27); 93 A Musson 52.35 (68); 96 S Parsons 52.42 (73); 99 Kr Morris 52.59 (57); 101 C Dale 53.06 (11); 102
D Dhammaloka 53.10 (28); 103 J Brown 53.11 (71); 104 R Wood 53.17 (67); 108 R Griffin 53.44 (12); 110 J McGowan 53.58 (18); 111 B Hartley 53.58 (44); 112 J Copley 53.59 (58); 114 C Poole 54.03 (40); 116 A Weeks-Pearson 54.43 (37); 117 A Pontifex 54.47 (15); 118 W Orton 54.54 (53); 120 R Ebbutt 55.06 (60); 122 P Lovell 55.23 (3); 125 B Weatherill 56.05 (75); 126 M B Allen 56.12 (14); 128 W Wheeler 56.21 (1); 129 W Graham 56.37 (49); 131 M Martineau 57.08 (H'cpr); 134 B Todd 58.44 (8); 138 B O'Flynn 60.10 (4); 141 M Gasson 61.45 (69); 142 D Lawrie 62.29 (62){ Lanterne Rouge }; 143 D Brookes 63.01 (77); 144 A Mothersole 63.33 (41); 146 I Gold 66.16 (64); 148 D Tingey 68.27 (5); 149 Kt Morris 68.37 (43); 152 J Bennett 71.47 (65); Match (Scoring 72) BH 4866 (Pelling-Ratcliff Cup);

Ranelagh.H 5306;



Richard Coles: first 'heathen home in the SLH, Mob Match
Photo by Bill Graham

8th Feb 92, MOBMATCH v SLH @ HAYES (44.04) 3 R Coles 44.22 (13); 4 M Watling 44.34 (33); 5 J Jefferies 44.36 (22); 8 A Howey 45.06 (3); 10 P Calnan 45.27 (15); 11 H Morten 45.47 (12) {Ponsford Pewter}; 13 D Hassall 46.12 (19); 14 A Scriminger 46.38 (42); 16 Roy Smith 46.58 (77); 19 J Phelan 47.28 (26); 21 W Lonergan 47.49 (16); 25 T Cherchuck 47.58 (78); 27 R King 48.08 (2); 28 B Mellish 48.28 (30); 30 M Cronin 48.37 (35); 31 C Griffin 48.43 (27); 36 T Brightwell 49.25 (57); 39 R Richardson 49.48 (52); 40 N Wise 49.56 (24); Pa Taylor 50.01 (31); 46 A Kilgour 50.27 (64); 50 D White 50.51 (61); 51 S Ridgewell 50.58 (21); 52 C Fincham 51.03 (59); 53 P Betts 51.06 (46); M Ellison 51.32 (71); 60 N Nuttall 51.57 (20); 63 B Swift 52.09 (9); 65 S Pairman 52.29 66 Gl Morgan 52.43 (82); 69 P Shepheard 52.52 (69); 71 R Brown 52.58 (11); 75 S Hollingdale 53.04 (54); 76 J R Turner 53.09 (73); 77 P Metcalf 53.22 (18); 78 J Mills 53.24 (86); 81 Kr Morris 54.07 (10); 85 B Wilson 54.38 (28); 87 A Musson 54.43 (37); 89 A Bounds 54.53 (72); 95 D Galvin 55.27 (44);, 96 S Carder 55.35 (88); 97 S Capey 55.38 (47); 98 R Turney 55.39 (50); 100 C Poole 55.53 (8); 101 D Flagg 55.59 (84); 102 S Cluney 56.01 (74); 103 M Peel 56.04 (76); 106 C Rowe 56.30 (25); 109 J Taylor 56.50 (45); 111 J E Sullivan 56.58 (5); 113 R Randall 57.10 (23); 114 C Haines 57.18 (40); 115 N Wheeler 57.24 (63); 116 M Hamlin 57.36 (17); 117 J Tateson 57.38 (48); 118 R Chambers 58.07 (36); 120 D Dhammaloka 58.22 (41); 121 C Dale 58.42 (58); 122 D Carton 58.44 (81); 125 J McGowan 59.01 (39); 126 I Cayzer 59.15 (75); 127 J Robinson 59.17 (66); 128 C St.Aubyh 59.32 (1) {Scotting Salver}; 129 N Webb 59.46 (32); 130 A Weeks-Pearson 59.51 (62); 131 C Hall(Snr) 59.59 (38); 134 J Cross 61.12 (70); 135 W Graham 61.21 (67); 136 P Lovell 61.36 (68); 137 M B Allen 61.41 (43) (Lanterne Rouge); 138 D Popely 61.43 (65); 141 B Dinsley 62.09 (83); 142 D Churchus 62.30 (6); 145 J Routledge 63.36 (56); 146 J Mullett 63.41 (85); 147 G Fee 63.47 (87); 150 B Todd 64.33 (53); 151 M Gasson 65.37 (14); 152 D Lawrie 65.48 (7); 153 B O'Flynn 66.05 (55); 154 D Larcombe 66.38 (49); 156 P Prisley 67.40 (29); 157 D Wilcox 67.51 (34); 158 P King 68.45(-); 159 Kt Morris 71.06 (4); 160 A Mothersole 71.43 (79); 163 J Bennett 76.35 (60); 164 D Tingey 77.11 (80); Match (Score 71 ) SLH 4801 (Nicholls Cup); BH 5372;

22nd Feb 92. BH 10M XC CHAMP @ HAYES 1 M Watling 57.39 (Rowland Cup) (H'cap postn 37); 2 H Morten(V) 57.52 (15); 3 Roy Smith 58.25 (24); 4 D Hassall 59.11 (33); 5 T Cherchuck 60.15 (25); 6 G Spencer 61.02 (3); 7 W Lonergan 61.27 (29); 8 B Mellish 61.29 (19); 9 M Cronin 61.49 (16); 10 B O'Gorman 62.20 (27); 11 C Griffin 62.55 (38); 12 T Brightwell 63.31 (30); 13 N Wise 63.50 (35); Pa Taylor 63.51 (23); 15 D White 63.52 (10); 16 S Ridgewell 64.40 (18); 17 J R Turner 65.28 (4); 18 S Freemantle 65.34 (26); 19 C Fincham 66.06 (36); 20 P Metcalf 66.35 (8); 21 B Swift 66.50 (31); R Brown 67.53 (32); 23 P Shepheard 68.04 (34); 24 A Bounds 68.15 (7); 25 Kr Morris 69.05 (22); 26 M Peel 69.30 (21); 27 S Parsons 70.24 (9); 28 B Wilson 70.38 (39); 29 D Dhammaloka 71.18 (1); 30 M Reynolds 71.35 (48); 31 C Haines 72.48 (13); 32 A Musson 73.02 (46); 33 J Tateson 73.13 (11); 34 B Hartley 74.14 (20); 35 C Hall(snr) 74.47 (6); 36 A Weeks-Pearson 76.19 (14); 37 M Wade 77.52 (5); 38 D Churchus 79.52 (17); 39 W Graham 80.12 (40); 40 J Cross 80.17 (43); 41 B O'Flynn 81.52 (2); 42 D Larcombe 84.17 (12); 43 D Davies 85.16 (51); 44 P King 85.20 (52); 45 D Wilcox 87.24 (28); 46 J Braughton 88.50 (50); 47 D Brookes 90.14 (42); 48 B Todd 91.20 (49); 49 A Mothersole 93.41 (47); 50 Kt Morris 94.02 (45); 51 D Tingey 98.53 (41); 52 J Bennett 99.48 (44);



Len Dalman and friend sleeping off many pints of King & Barnes Festive (which one is Len ?)

21st Mar 92. BH CLOSING 5 YACHT H'CAP @ HAYES Finishing 1st D Brookes 41.51 (Timing 35th) (D K Saunders Cup); 2 W Wheeler 38.15 (30); 3 D Dunn 39.11 (31); 4 I Smith 47.19 (39); 5 J Bennett 49.08 (41); 6 S Parsons 34.11 (14); 7 D Dhammaloka 34.31 (16); 8 J Hills 36.50 (23); 9 D Tingey 48.43 (40); 10 D Galvin 35.37 (19); 11 R Brown 33.59 (13); 12 N Wise 31.48 (7); 13 J Marks 32.18 (8); 14 D Marks 33.07 (11); 15 B Wilson 34.55 (17); 16 D Wilcox 44.41 (37); 17 C Huntley 29.58 (4); 18 Roy Smith 29.30 (1); 19 P Calnan 29.37 (3); 20 P Rissen 35.42 (20); 21 A Howey 29.31 (2); 22 J Tateson 37.35 (24); 23 T Cherchuck 30.38 (5); 24 T Brightwell 32.26 (10); 25 A Kilgour 33.29 (12); 26 S Cluney 36.16 (22); 27 Kr Morris 35.31 (18); 28 P Metcalf 34.24 (15); 29 C Haines 37.42 (25); 30 R Chambers 37.58 (28); 31 M Cronin 32.22 (9); 32 J Braughton 42.59 (36); 33 M Farrell 31.30 (6); 34 A Musson 37.43 (26); 35 M Athawes 36.13 (21); 36 C Brand 51.28 (42); 37 N Brightwell {LG} 37.44 (27); 38 G Pearce 44.49(38);39 D Pipe 38.12(29);40 B Hartley 40.39(=33);41 C Poole 40.39(=33);42 L Dennison 40.04(32)



Derek Dhammaloka receives the Bennett Cup from Tony Weeks - Pearson

BENNETT CUP WINNER 91/92 - DEREK DHAMMALOKA - a Note by Mike Martineau

There can scarcely have been a more popular winner than Derek, as we all take great delight in every bit of success that he has.

It has never been easy to win the Bennett Cup and now, with another 4 races giving points, it certainly has to be more difficult. It helps if you run in all 10 races and only two competitors achieved this: Derek and Adrian Musson.

The Bennett Cup rewards consistent improvement during the season and Derek's has been quite stunning. For the Club 5 last October he had a handicap of 11:45. This October for the Club 5 he will get a mere 5:30, such is the degree of advance. In 5 of the 10 races he bettered the handicap given him, and in another 3 he ran within 30 seconds of his handicap. All good point-scoring! His only bad performance was at Orion, and I'm sure we can all sympathise with that! A bad run there doesn't encourage generosity from the Handicapper though !! { Oh, Really? - Edt}.

His best performance was in the Club 10, where he cut a massive 4:15 from his handicap to win the 1st Prize Handicap pot, his time being an excellent 71:18. Even in the Closing 5, where it actually turned out that he didn't need to run, he had an epic struggle with Simon Parsons as they scythed through the yacht handicap field to finish 6th & 7th.

I'm sure there's more improvement to come at all distances and what a London Marathon he had! - cutting his time by 17mins to 3:26.30. He had to wait over 10mins to get over the start line and then run a couple of slow miles with time-consuming effort in overtaking slower runners. What would he have achieved with a better starting position? My guess is - under 3:10! That will now have to wait until Apr 1993, but by then, if the improvement continues there is no reason not to expect a sub- 3 hours performance. Well done Derek and keep it up!

# **CROSS COUNTRY RELAYS**



Mark Farrell leads home the H team in the XC relays
Photo by Pat Calnan

21st Sep 91. BH XC RELAYS @ SPARROWS DEN 6X2M 1 Boxhill 63.14; 2 BH'A' 64.53 (4 A Baldock 10.45; 4 M Watling 10.42; 5 D Hassall 11.10; 5 M Steinle 11.02; 2 Dl Smith 10.21; M Colpus 10.53); 3 IEK 65.18; 4 Medw 65.42; 5 A.V.Roeselare 65.42; 7 Dartf 66.11; 8 Ports 66.13; 9 Br & Hv 66.44; 10 Cam H 68.28; 11 Kent A.C 68.56; 12 GEC 68.59; 15 Craw 69.45; 16 BH'B' 70.06 (18 C Huntley 11.40; 17 A Draper 11.54; 16 T Cherchuck 11.16; 16 R Coe 11.35; 15 C Griffin 11.40; P Barlow 12.01); 17 BH'D'{V} 71.36 (19 G Spencer 11.51; 19 B O'Gorman 12.09; 18 K Daniel 11.35; 18 I Wilson 12.27; 18 T Brightwell 12.11; J Phelan 11.23); 20 BH'C' 73.01 (23 M Laws 12.13; 20 P Cappelle 11.48; 21 S Hough 12.37; 22 N Colvin 12.15; 19 P Lester 12.09; N Wise 11.59); 27 BH'F' 76.09 (21 M Cronin 12.04; 23 Dn Marsden 12.30; 23 Dv Marsden 12.28; 24 J Kelly 12.33; 24 M Hamlin 14.10; S Freemantle 12.24); 29 BH'E' 78.44 (24 D Marks 12.16; 31 D Pipe 13.45; 27 D Hunt 12.50; 29 S Wheeler 14.33; 29 G Riggs 13.02; J Marks 12.18); 31 BH'G' 84.16 (31 D Flagg 13.14; 30 S Cluney 12.45; 29 J Copley 14.18; 32 A Weeks-Pearson 14.53; 30 B Hartley 13.31; D Dhammaloka 15.35); 32 BH'H' 88.22 (17 M Farrell 11.36; 32 W Wheeler 15.50; 33 A Musson 14.58; 33 S Parsons 13.56; 32 D Popely 14.39; P Popely 17.23; Fastest legs M Gratten, IEK 10.11; N Gates, B&H 10.11; M de Freitas. Ports 10.17; Fastest BH Dl Smith 10.21;

28th Sep. SAAA RD RELAYS @ ALDERSHOT Sen(6X6Km / 1:50.17; Fastest lap 17.19) 7 BH'A' 1:51.43 (M Colpus 19.09; A Guilder 18.12; Dl Smith 18.32; T Nash 19.13; S Newport 18.37; G Arthey 18.00); 32 BH'B' 1:59.08 (A Baldock 18.54; D Hassall 19.55; R Coles 19.27; M Farrell 20.31; T Cherchuck 19.50; C Griffin 20.31); Also K Pike(Kt) 19.55; Vets(M40 4X6Km / 1:17.54; Fastest lap 18.50) 8 BH'A' 1:21.12 (J Phelan 20.09; K Daniel 20.04; P Hamilton 20.16; B Mellish 20.43); 38 BH'B' 1:26.42 (I Wilson

21.46; G Spencer 20.41; M Cronin 21.25; M Athawes 22.50); (M50 4X6Km / 1:25.33; Fastest lap 20.57) 10 BH 1:32.20 (R Turney 22.47; G Plank 24.06; B O'Gorman 21.20; W Clapham 24.07);

2nd Nov 91. PRIORY XC RELAYS @ REIGATE (78.44) 7 BH'A' 82.01 (A Baldock 13.38; D Taylor 13.57; R Coles 13.50; M Steinle 13.38; J Jefferies 13.20; M Watling 13.38); 17 BH'B' 84.49 (P Calnan 13.55; D Hassall 13.57; G Clifford 13.58; A Hollens 14.07; M Farrell 14.23; P Heywood 14.29); 34 BH'C' 89.59; Fastest leg 12.19;

10th Nov 91. HIGH PEAK RELAY, DERBYSHIPE {As the leader finishes at any stage, All runners of the next stage start. Finishing positions in each stage are given & overall team placings). 1 BH'A' 3:05.00cr (1 D Lee 4M/22.59cr; 3 A Algeo 2 M/12.12; 1 S Newport 5 M/28.34cr; 1 G Clifford 2 M/12.54cr; 1 M Watling 3 M/18.50cr; 1 A Geddes 3 M/18.25cr; 1 M Colpus 2 M/12.57cr; 1 D Taylor 5 M/29.03cr; 1 J Murray 2 M/11.11; 1 T Dickinson 4M/17.55cr); 2 BH'B' 3:09.44 (incl S Fury 4M/22.59cr; 2±M/12.43; M Lawton 5 M/29.24; Draper T Cherchuck 3 M/19.20; BH'C' G Spencer 4M/25.34; R Coe 2 M/11.30; I Wilson 5 M/34.38; K Daniel 2 M/13.06; L Roberts 3 M/21.54;

7th Dec. HHH XC RELAY @ BROCKWELL PK {4X2.2M} (48.49) 3 BH'A' 50.19 (A Baldock 12.33; M Steinle 12.25; T Nash 12.35; P Calnan 12.46); 6 BH'B' 52.22 (K Daniel 12.55; R Coe 13.05; G Clifford 12.52; A Draper 13.30); 19 BH'C' 60.26 (A Browne 15.32; D Grierson 15.56; S Parsons 15.28; J Phelan 13.30) Also P Betts 14.03; Fastest lap 11.53 cr

22nd Dec. CAMB.H RD RELAYS @ ROCHESTER 4 X 2½M (incl Kent Chs) Sen 5 BH 47.58 {4th Kent} (A Baldock 12.14; A Hollens 12.26; S Newport 11.16 {fst}; M Lawton 12.02); Vets 1 BH 50.58 (K Daniel 12.53; H Morten 13.01; J Phelan 12.55; R Coe 12.09 {fst V}

#### WELLINGTON RELAY

Ostend

Sunday 5th April 1992

Blackheath Harriers pulled off a successful double medal haul when they hopped over to Belgium for the annual Wellington relays on Sunday April 5th.

Set in the ornate M.M.V. Stadium in Ostend, this unique relay is run entirely on the horse racing course and is unusual in that legs are run over distances varying from 300 to 1200 metres, making team selection a very exact science indeed.

First off for Blackheath were the Veteran men for whom Jim Phelan took the opening leg of 350m. He handed over to Doug Cocker, who promptly powered his way into the lead over his leg of 600m and passed on a small advantage to Ken Daniel. Despite strong opposition from the large field of international competitors, Daniel increased the lead on his 900m leg and handed the baton on to Richard Coc. Coc had a full lap of the course to run and did so with style, handing over an ever increasing lead to Bob Minting for his 600m leg. Timing was essential throughout the first five stages as last man, Peter Rissen, was a specialist Marathon runner and definitely

does not see himself as a sprinter. However, in the event, he did us proud. Bob, handed over a fifteen second lead along with the baton and Peter set off as if pursued by the hounds of Hell. The finish was in front of an ecstatically cheering grandstand crowd, and although Peter's legs started to tie up towards the end, he came through with five seconds to spare to claim the trophy and a full set of Gold medals for the highly delighted squad.

Within the hour howeve, the first five in the vet's team were back on duty running legs for the senior men's B team in the main event of the day, and what a race that turned out to be.

When asked on the podium what sort of team Blackheath had got for the senior A race, Richard Coe had announced to the crowd that it was a "good one", so we had something to live up to before the contest had even begun.

We were not to be out-done however, at the end of his 800m opening leg, Jamie Jefferies fresh from his run at Wimbledon in the previous days Southern 12 stage, handed over the baton in 5th spot to Nigel Keogh who promptly put his recently acquired distance stamina into action to build up a good lead over a field of some fifty or so teams in his 600m stint. This lead was maintained over the next three short legs of 200, 350 and 300m by Kevin Hart, Paul Byfield and new member Peter Marstan.

Over the next three long legs of 1200, 1200 and 1100m, the lead changed several times as the top teams jockeyed for position. On these legs three more of our Southern twelve stage squad were pressed into action. Tim Dickenson dropped a few places which were quickly regained by an aggressive leg from Mark Colpus who then handed on to the prodigious Mark Steinle who was obviously unperturbed by his two days back to back racing.

Steinle handed over in 3rd spot to Jonathan Murray for his 800 metre stint and though the crowd thought it was all over, Pat Crossan, a four hundred specialist on a 400 leg, thought otherwise. He hared over the turf and handed over in equal second place to a startled Pat Squires. The big guns were out now, and although he ran a superb leg, Pat was to hand on the baton in 3rd spot after his 400m leg. On the last leg of only 200m Ghent cruised home to victory but it was oh, so nearly second for the heath as David Grierson drew level with only a hundred to go. Unfortunately his man got away again, but we fulfilled our podium promise in gaining bronze medals.

Local London rivals Belgrave also made the trip to Belgium but their challenge for a medal spot evaporated as the race hotted up and they settled for a minor placing.

For the B team 'Ernie' Wise, Gavin Fernandes and Simon Parsons opened with 800,600 and 200 metre legs respectively before the involvement of the vets from the previous race. As well as these five stalwarts a welcome return to the turf was made by Pete Lester running 300m, and Damon Williams on an 1100m leg. Pete Davis finished off leg twelve to bring us home very well placed in a large field, in a splendidly organised event.

Thanks must go to Simon Parsons for organising the tour and to both Simon and Nigel Keogh for a superb job of team selection.

JP

6th Apr. WELLINGTON RELAYS @ OSTEND
Sen 3 BH'A' (J Jefferies 800m; N Keogh 600m;
K Hart 200m; P Byfield 350m; P Marston 300m;
T Dickinson 1200m; M Colpus 1200m; M Steinle
1100m; J Murray 800m; P Crossan 400m; P Squires
400m; D Grierson 200m; BH'B' (N Wise; G Fernandes;
S Parsons; R Minting; P Lester; J Phelan;
C Huntley; D Williams; K Daniel; D Cocker; R Coe;
P Davis)

Vets 1 BH (J Phelan 350m; Cocker 600m; Daniel 900m; Coe 1200m; Minting 600m; P Rissen 300m;

14th Mar. XC RELAYS @ HAYWARDS HEATH Sen 4 X 2000m 1 BH 23.37 (A Hollens 5.58; M Steinle 6.04; Dl Smith 5.45; J Jefferies 5.50)



Blackmail Corner: £20.00 each to the club funds please... or we print the next photo in the sequence ... you know the one I mean!



## CROSS COUNTRY ROUND-UP

## KENT CROSS COUNTRY LEAGUE I

5th Oct 91. KENT XC LGE (1) @ HOO (27.09) 8 M Watling 28.35 (Bennett pos'n 7); 25 Roy Smith 29.31 (8); 48 K Pike{Kt} 30.29; 124 A Kilgour 33.31 (10); 148 S Cluney 34.39 (4); 177 B Saxton 36.20 (2); 179 A Musson 36.29 (1); 181 S Parsons 36.38 (3); 185 J Copley 37.06 (6); 186 M Peel 37.10 (11);204 A Weeks-Pearson 38.45(5);212 D Dhammaloka 39.41 (9); Teams(Scoring 4 ) 17 BH'A'; 34 BH'B';

## KENT CROSS COUNTRY LEAGUE II

Canterbury

16th November 1991

A virtual dead heat between two Blackheath Harriers carried our A team to 10th place in the second Kent League Cross Country fixture at Canterbury. Con Griffin and Glen Morgan crossed the line together in 27.59 after a gruelling race which featured some 300 contestants.

It was a new course, through the bird sanctuary at St Edmund's school, because the usual University course was unavailable. Flat all through, and including woodland tracks and paths, the new course enabled runners to record some very fast times. GEC's G. Saker was first over the line, closely followed by Ben Reynolds of Sevenoaks. Blackheath Harriers were led in by our new Cross Country captain, Mark Watling, whose 26.12 placed him more than half a minute ahead of clubmate Roy Smith (26.48).

Twelve other Harriers competed, including Past President, Tony Weeks-Pearson (35.29). The other Harriers were: Andy Kilgour (30.06), Steve Cluney (30.23), Simon Parsons (returning to form with 31.48), Mike Peel (31.51), Bill Clapham (31.59), Adrian Musson (32.44), Brian Hartley (33.14), Brian Saxton (33.48), John Cross (34.05), Bill Graham (35.45) and Derek Dhammaloka (35.53).

Winning teams were: 1. GEC - Avionics 27 points; 2. Invicta East Kent 52 points; 3. Medway 56 points.

PKP

(24.54) 17 M Watling 26.12 (H'C position 11); 41 Roy Smith 26.48 (13); 76 C Griffin 27.59 (4); 77 Gl Morgan 27.59 (1); 135 A Kilgour 30.06 (15); 149 S Cluney 30.23 (6); 178 S Parsons 31.48 (2); 179 M Peel 31.51 (9); 184 W Clapham 31.59 (12); 192 A Musson 32.44 (7); 197 B Hartley 33.14 (8); 209 B Saxton 33.48 (14); 214 J Cross 34.05 (3); 225 W Graham 35.45 (5); 223 A Weeks-Pearson 35.29 (16); 225 D Dhammaloka 35.53 (10); Teams(Scoring 4 ) 10 BH'A'; 38 BH'C'; BH'B' dnc;

## KENT CROSS COUNTRY LEAGUE III

18th Jan 92. KENT XC LGE (3) @ FOOTSCRAY (27.41) 22 M Watling 29.58 (H'cap postn 25); 24 A Baldock 30.01 (24); 29 K Pike(Kt) 30.08; 43 R Coe 30.38 (14); 51 K Daniel 30.58 (6); 67 J Phelan 31.45 (9); 84 G Spencer 32.24 (18); 85 C Griffin 32.25(22); 91 Gl Morgan 32.40 (19); 92 T Brightwell 32.40 (20); 106 N Wise 33.17 (2); 107 A Kilgour 33.20 (10); 117 C Fincham 33.39 (11); 122 S Freemantle 33.48 (16); 126 Pa Taylor 33.50 (3); 150 P Shepheard 34.50 (17); 153 S Pairman 34.57 (23); 178 S Hollingdale 35.58 (28); 185 M Peel 36.14 (15); 193 S Cluney 36.34 (26); 198 A Musson 36.43 (7); 199 W Clapham 36.44 (8); 222 J Copley 38.23 (13); 227 B Hartley 38.48 (21);

231 D Dhammaloka 38.55 (4); 238 A Weeks--Pearson 39.37 (1); 241 C Dale 40.15 (12); 249 J Cross 40.31 (27); 250 W Graham 40.40 (5); 260 R Chambers 41.43 (29); Teams(Scoring 4) 8 BH'A';19 BH'B';27 BH'C'; 39 BH'E';45 BH'D';Duodec 7 BH.

## KENT CROSS COUNTRY LEAGUE IV

7th Mar 92. KENT XC LGE (4) @ HAYES (27.13) 11 M Watling 29.05 (H'cap postn 7); 13 R Coles 29.11 (12); 29 Roy Smith 30.10 (16); 44 T Cherchuck 30.43 (13); 77 S Freemantle 32.44 (4); 84 T Brightwell 32.58 (20); 88 Pa Taylor 33.07 (19); 97 J R Turner 33.31 (14); 102 A Kilgour 33.42 (18); 105 C Fincham 33.49 (11); 110 S Pairman 34.28 (10); 113 P Shepheard 34.37 (8); 127 B Wilson 35.28 (5); 128 J Taylor 35.38 (1); 133 M Peel 35.55 (17); 136 D Dhammaloka 36.10 (6); 142 J Copley 36.46 (2); 153 R Chambers 37.39 (3); 154 J Tateson 37.54 (15); 157 A Musson 38.43 (24); 174 A Weeks-Pearson 41.04 (23); 181 J Braughton 43.25 (22); 182 P King 43.38 (9); 184 D Wilcox 46.02 (21); Teams(Scoring 4 ) 4 BH'A'; Series: 9 BH;

(Scoring 12) 3 BH; Series: 7 BH;

16th Jun. NORTH DOWNS RUN
(31.34 Km / 1:53.29) 11 Roy Smith 2:05.09; 27
C Griffin 2:11.17; 46 P Crawford 2:14.48; 80
R Wheatland 2:21.56; 108 M N Williams 2:25.31; 111
M Peel 2:26.33; 141 M Crickett 2:30.35;180 G Canfield 2:35.23; 187 C Poole 2:36.00; 207 M Rawlins 2:38.30; 213 J Pearse 2:38.52; 214 P Lovell 2:38.54; 216
B Hartley 2:39.18; 296 K Pearson 2:48.03; 343
D Haines 2:54.21; 344 I Gold 2:54.42; 354 N Webb 2:56.21; 355 R Griffin 2:56.28; 437 B Todd 3:11.11; 473 P Prisley 3:24.53; 486 K Coombs 3:28.40; 488 C Hamilton 3:29.19; 496 R Gibson 3:31.20;520 Fin.

#### PADDOCK WOOD XC

13th October 1991

At Paddock Wood, on an American-style 8K course, complete with straw bale obstacles and a stream to run through, Blackheath took the 3rd team prize as well as second and third places in the vet's race.

The Harriers, team was led home by Con Griffin, his 27:29 placing him 15th overall. His teammates were David Hunt, at 18 still only a Junior, and David Popely. Ahead of the team, but running as vets, were Ken Daniel, 8th overall in 26:24 and Jim Phelan, 13th overall in 27:20. The race winner was P. Marsh of Phoenix in 25:05, with P.Ross-Davis first vet home, three places behind in 25:56.

13th Oct. XC @ PADDOCK WOOD Sen, Jun & Vet comb 8Km. (25.05) 8 K Daniel 26.24 {2nd V}; 13 J Phelan 27.20 {3rd V}; 15 C Griffin 27.29; 41 D Hunt{J as Sen} 32.10; 73 D Popely 34.50; 34.50; Sen Teams: 3 BH;

26th Oct. XC MARATHON @ SEVEN SISTERS (2:45 cr) 57 J E Turner 3:24; 112 M Peel 3:38; 179 A Nicholis 3:49; 264 B Hartley 4:03; 288 D Cordell 4:05; 289 N Webb 4:05; 316 G Payne 4:10; 319 C Poole 4:11; 354 S McEvoy 4:15; 422 M Walker 4:24; 432 D Lawrie 4:25; 457 B O'Flynn 4:30; 536 I Gold 4:40; A Mothersole 4:40; D Hopgood {Walked} 7:25; 1470 Fin.



Con Griffin: working hard in the Kent XC Championships
Photo by Bill Graham

#### SEVEN SISTERS MARATHON

Saturday 26th October 1991

Never before has Colin Poole attempted a cross country marathon until on Saturday 26th October 1991 with a high contingent of 'heāthens (the right term for this race) set off at 09.00. With the prospect of a very hilly course, a total ascent of 3000 ft, 32 gates and stiles to be negotiated, together with cattle grids, bridges and the infamous 320 steps made the course "one to be remembered". Fancy starting a Marathon by running up the side of a hill!! This makes even the Hastings half seem quite acceptable but wow!! with about 8 hills to climb NO mini mountains! (sure was some ice caps and snow on the top of a couple of them) and then to climb the first sister at 19 and a half - 20 miles knowing she has 6 others to add to the pain was really some experience.

Never before have I been treated with samies, sticky buns, coffee, tea, squash, biscuits cakes - the lot, from the mobile resturants out in the sticks, but without the knife and fork you really couldn't indulge too much.

The day was good, not too cold just "embracing" especially the wind off the sea as the sisters were conquered and beachy head loomed ahead. The painful descent to the finish didn't do the quads a lot of good - mind you from 20 miles on, they had slowed me down quite a bit, but at 4 hours - 10 minutes not too unhappy for the First Cross Country Marathon. Don't know how it compares with the Tough Guy 10 or The Eye of the Storm 14 - must have a pretty high "Grunt Rating" - nevertheless I will be there again on Saturday October 24th 1992.

Why not join me and our party who used the Imperial Hotel as the base on Saturday night - good food, good bed - good atmosphere at the "Right Price."

Colin Poole

9th Nov 91. SOUTH of THAMES JUNIOR @ COULSDON (27.52) 7 J Jefferies 28.54; 30 Roy Smith 29.38; 31 D Hassall 29.42; 50 M Farrell 30.17; 55 T Cherchuck 30.20; 124 C Griffin 32.10; 176 N Colvin 33.18; 280 A Musson 38.33;

Teams (Scoring 4 ) 4 BH;

9th Nov 91, BH & INTER-CLUB XC 10Km @ HAYES M Watling 35.16; 2 A Scriminger 36.09; 4 M G Harrold (Brom V) Cronin 6 T 5 N Davidson 37.48; Brightwell 38,37; 8 S Cluney 41.12; 9 B Wilson 41.38; 10 P Shepheard 41.45; 11 D Galvin 42.18; 12 M Peel 43.02; 13 J Hills 43.33; 14 M Crickett 43.38; 15 C Haines 43.40; 16 C Rowe 43.57; 17 W Clapham 43.59; 18 C Poole 44.31; 19 R Chambers 45.25; 20 B Hartley 45.34; B Saxton 45.48; 22 J Cross 45.52; 24 M Martineau 45.52; 25 A Weeks-Pearson 46.25; 26 A Edwards 46.27; 27 G Plank 46.42; 28 A Cross (Brom V) 46.54 {1st L}; 29 C St.Aubyn 48.21; 30 W Wheeler 48.29; 32 Dhammaloka 48.54; 33 M Gasson R Pitcairn-Knowles 49.04; 36 G Payne 49.48: J Mullett 49.51; 38 B Todd 49.53; 40 I Gold 50.28; 41 D Wilcox 53.10; 43 A Mothersole 53.52; 44 S Jones 59.26:

#### INTER AREA XC

Margate

17th November 1991

Blackheath Harriers were in action again, at a bleak and wind-swept Margate, in the 11-race International and Inter-Area Cross Country meeting.

In the 8K Men's Inter Area and Team Race, heathen Spencer Newport ran an excellent race to finish only half a minute behind the winner, Adrian Passey, the man who won the UK World Championships Cross Country Trial last year. Passey's time of 23.08 was just four seconds faster than that of Medway's Barry Royden, a runner poised to join the very best in Britain. Newport's time was 23.37. With six scoring for each area, the South won with 66 points, ahead of Midlands on 75, North on 84, East on 108 and Wales on 144.

In the 8K Men's and Veterans' Open that followed, four Blackheath Harriers ranked in the first 7. Garry Spencer (26.46) was the first of the black-vested group to cross the line, just ten seconds behind Invicta's C. Fairbrass and race winner, J. Temperton (26.31), a former international from Bradford & Airdale.

Spencer, in his first season as a vet, was chased to the line by his incredibly fit (and older clubmate, Hugh Morten (26.50 and Jim 'Iron Man' Phelan (27.22) who once ran two consecutive cross country races for his club on the some afternoon. Only two places behind, despite being sick on route Editors note: Sick as a parrot at being overtaken by yours truly, was Ken Daniel in 28.13. In 16th place was pre-vet Derek Dhammaloka (33.19), who had run at Canterbury the previous day.

17th Nov. INTERNATIONAL XC RACES @ MARGATE

Inter-Area(8Km/23.08) 7 S Newport{S} 23.37; M & V (8Km/26.31) 3 G Spencer{V} 26.46; 4 H Morten{V} 26.50; 5 J Phelan{V} 27.22; 7 K Daniel{V} 28.13; 16 D Dhammaloka 33.19; Jun(5Km/14.56) 29 J Murray 16.41; 31 A Draper 16.57; 32 A Dennison 17.34; 33 A Weatherstone 17.55; Boys(3Km) 1 E Prendergast 10.05; 12 C Hallworth 11.29; Corp(4X1Km) I Wilson {SEAACCMC} 3.30;

#### BLACKHEATH V. BANK OF ENGLAND

Roehampton

23rd November 1991

On a weekend when the majority of the club sought the cultural delights of the Waltons, an clite band of traditionalists and free loaders, travelled west to Roehampton.

This fixture v the Bank of England has much to recommend it. Not least, the unlimited facilities, the free tea and the beer at give away prices.

However, the Bank insists on turning up half an hour late every year, by which time Roy Smith had circumnavigated Richmond Park four times warming up,terrorising courting couples and the itinerant deer-alike.

Once the race was underway Smith (Heath) resumed his tussle with Mills. (Bank), who led the pack out at a brisk pace. Smith once again demonstrated his resistance and reasserted himself on the home strainght to win by 13 seconds in 25.13 over the undulating parkland course.

After the night before Mark Farrell woke up for just long enough to come third ahead of the improving Con Griffin and the evergreen Mike Cronin.

Having closed the required 6 in the first 11 home and demolished the opposition, 34 points to 44, the happy travellers retired to the club house and proceeded to demolish the refreshments, before returning home triumphant.

23rd Nov. XC v BANK of ENG @ ROEHAMPTON {4 M} 1 Roy Smith 25.13; 3 M Farrell 25.43; 5 C Griffin 26.19; 6 M Cronin 26.30; 8 J R Turner 28.19; 11 T Lyons{BHG} 29.22; 13 J Hills 30.37; 19 M Reynolds 33.23; 20 D Dhammaloka 33.52; Teams(Scoring 6 ) BH 34; Bank 44;

#### ROESELARE

24th November 1991

This was the largest contingent of Blackheath Harriers to travel to the West Flanders town for about five years and they made their presence was felt at the first of the European races. Their running in the Junior, Senior and Veterans events underlined the strength of the club in these age groups and we also had a winner in one of the younger races.

With in excess of thirty finishers, Blackheath had as many participants as many Belgian clubs here and their standard easily outstripped that of the locals. From the outset we made an impression as the Miniemen (born 1979-80) featured two of our youngest runners in a race far shorter than what they are used to. With a winning time of only 3 minutes and 27 seconds a cross country race seems a bit of a Joke but Andrew Blackwell looked serious enough as he won by three seconds. I suppose that represents a crushing victory over this distance. He certainly looked in control as fellow 'heathen Michael Skinner fought for third place but was beaten into 4th. In the next age group we had only Gareth Riggs in 25th as the Kadetten (born 1977-78) ran for all of four and a half minutes!

The first really large contingent competed in the next age group up, the Scholerin (born 1975-76). Here we had the Marks brothers, (note the spelling), who have run regularly in League races thus far this winter with good effect. We have had a good team in this race for some



Ken Daniel: first 'heathen home at Roeselare Photo by Jim Phelan

years now and this year we placed third in the team race behind some team that appeared on the result sheet as AVMO. Winner Bjorn Voet ran 10.07 and our team followed about half a minute back. John Marks led them home in 13th with his brother Danny 24th. Hopefully this team can make some impression in the Kent youths championship where they will be joined by Mark Steinle, a junior in Europe.

Which brings us to the junior race. For some years we have had perhaps our strongest representation in these races from our runners born in 1974. This includes the Marsdens, Murray, Steinle and Draper. The team has progressed up the age groups regularly winning at Roeselare and this year proved no exception. The dominance of previous years was not so obvious this year. In recent years we have placed 1,2,7 twice and even 1,2,3 but our leaders placing 3,9,15 was good enough to lead us to another team win in 1991. Let us not forget they all have another year in this race. Mark Steinle even assumed an early lead before letting it go to the two English International runners who eventually beat him. At one stage he slipped back to fourth, but was able to regain third place, aiming to beat the locals (or perhaps split the Internationals) he did achieve that ambition and that was sufficient to gain him an International vest at Mol next month. Almost a minute back Jon Murray, himself a winner twice here in previous years, finished 9th and Anthony Draper 15th. Both surprisingly ahead of Anthony Algeo who placed 21st. This team performance retained the trophy we won last season.

The result sheet claims that Blackheath finished third in the Veterans race but closer examination of the results and more careful addition, shows that we did actually win. Ken Daniel had an excellent run to finish exactly a minute behind the winner. A good battle ensued between the next 'heathens as Hugh Morten just got the better of Garry Spencer at the finish. With Richard Coe close behind them we totalled 58 points, the same as the team declared the winners. But somehow we were given 101 points. As our fourth placer beat the fourth placer from AVMO (there is that team again) by eleven places we surely won? One strange feature of this race was that of the 66 finishers only 7 were born prior to 1941. A fact that was probably appreciated by our immediate Past President. So where do they all go to on a Saturday after-

noon? Is this why the gardens of Flanders are immaculate?

It was Polling Day in West Flanders and so the Senior races were run as one. Apparently it is compulsory to vote and those who do not can expect to be fined for the privilege of the abstention. Now that is Democracy in Action. So all our ten runners found themselves in the International event. As it was we did not do too badly, finishing second in the team event to England. Almost a perpetual runner-up, Jos Maes won this time. He chose to take off his woolly hat on the penultimate lap and eventually outsprinted Rudy Walen by two seconds. Steve Fury, a second claimer for us, led us home with a fine 20th place while Dave Taylor and Alan Guilder waged a good battle over the final lap, Dave eventually caught Alan on the track at the finish and they both got entangled in a group of five sprinting for the finish. Jamie Jefferies continued his march towards respectability as a cross country performer with a fine 37th for our fourth finisher.

It was, as usual, a fine day of racing and the course, spectators and races were great as was the usual flawless organistion from the local club A.V. Roeselare. If this is not one of your regular winter stops I just cannot understand why. Many of us will be returning next year.

International Race: 1. J. Maes (Belgium) 25.37 20.S. Fury 27.11 26. A. Guilder 27.26 28.D. Taylor 27.27 37. J. Jefferies 28.17 39. M. Watling 28.20 57. T. Baldock 29.08 64. P. Calnan 29.47 65. P. Heywood 29.56 113. S. Parsons 37.01

Juniors (b.1973-4) I.K. Toher (Eng) 18.49
3. M. Steinle 19.32 9. J. Murray 20.28 15. A. Draper
21. A. Algeo 24. A. Dennison 29. Duncan Marsden 32. David Marsden 36. X. Rees 38 R. Westherstone.

Scolerin (b.1975-6) 1. V. Bae Voet 10.07 13. J. Marks 24. D. Marks 34. A. Gibbons 37. A. Card

Kadetten (b.1975-6) 1. V. Baert 4.32 25.G. Riggs

Miniemen (B.1979-80) 1. A. Blackwell 3.27 4. M. Skinner 3.33

Veterans: 1. J. Mispolon 19.23 7. K. Daniel 20.23 12. H. Morten 13. G. Spencer 16. R. Coe 60.T. Weeks-Pearson

7th Dec 91. BH & INTER-CLUB XC 10Km @ HAYES 1 M Watling 37.01; 2 K Pike 37.47; 3 M Cronin 38.29; 5 T Brightwell 39.18; 7 C Fincham 40.48; 9 P Taylor 40.59; 11 S Cluney 41.45; 12 S Capey 42.04; 13 P Shepheard 42.27; 15 M Peel 42.48; 17 J Hills 43.53; 20 J Tateson 44.36; 22 S Carder 44.55; 26 D Carton 45.31; 27 D Dhammaloka 45.35; 28 B Saxton 45.46; 29 A Edwards 46.26; 30 I Cayzer 46.34; 31 J Cross 46.58; 32 W Wheeler 47.10; 33 C Hall{Snr} 47.12; 34 N Webb 47.42; 36 R Pitcairn-Knowles 47.53; 37 A Weeks-Pearson 48.25; 40 W Graham 48.49; 41 R Griffin 48.54; 42 D Churchus 49.07; 45 B Todd 50.48; 46 B O'Flynn 51.13; 49 D Wilcox 52.10; 51 A Mothersole 55.36; 53 C Brand 63.02;

21st Dec 91. BH CHRISTMAS 5M YACHT H'C @ HAYES Finishing lst K Brown {Croy H} 35.28 (Running time, 21st); 2 N Cross {Brom V: 1st lady} 41.27 (42); 3 C Poole 38.33 (32); 4 J Murray 31.50 (7); 5 W Lonergan 32.53 (12); 6 N Keogh 32.55 (13); (12); 6 N Keogh 32.55 7 J Hills 37.26 (28); 8 J Tateson 38.08 (=30); L Dalmon 42.09 (43); 11 N Davidson 31.51 12 S Pairman 34.57 (19); 13 J R Turner 33.49 (16); 14 M Martineau 40.05 (38); 15 C Rowe 38.08 (=30); 17 D Dhammaloka 40.48 (40); 18 P Long 49.09 (45); 19 M Watling 29.55 (1); 20 E Knox (Croy H) 29.59 (2); 21 J Bennett 51.04 (46); 22 D Wilcox 45.37 (44); 23 Roy Smith 30.26 (3); 24 T Brightwell 33.28 (15); 25 M Cronin 32.24 (10); 27 D Tingey 52.16 (47); R Chambers 39.01 (34); 31 H Morten 31.36 (5); 32 J Cross 39.54 (37); 33 A Kilgour 35.10 (20); 34 C Griffin 32.26 (11); 36 M Peel 37.23 (27); C Huntley 31.09; (4); 38 S Cluney 36.13 (26); 37 P Calnan 31.58 (9); 40 D White 34.53 (18); 42 B Saxton 40.13 (39); 43 W Clapham 38.42 (33); 44 S Ridgewell 35.51 (23); 45 R Morriss 39.32 (36); 46 N Wise 35.47 (22); 47 A Bounds 37.28 (29);

#### I.A.A.F. World Cross Challenge

Mol, Belgium 22nd December 1991

Mark Steinle, still a youth in the British Cross Country scene this winter, made his debut in an England Vest when he ran at Mol for the English Junior team. The course was a typical Continental twisting affair made up mostly of sand. Those of North African persuation loved it and proceeded to dominate the race, with Algerians supplying the first four finishers, all barefoot! Mark ran strongly for most of the race and going into the last lap was challenging for ninth place. However, he finished 13th and did express a touch of disappointment over what was really a fine performance. After the race he was having difficulty in deciding what to do that evening. He was either going out for a run or going out for some entertainment. The presence of his coach and two of his regular training partners on the trip helped him made the right decision. MM

28th Dec 91. BH & INTER-CLUB XC 10Km @ HAYES.
1 D Taylor 35.47; 2 K Daniel 36.28; 3 C Hughes {ThHH} 36.32; 7 Roy Smith 37.29; 8 N Davidson 37.53; 12 T Brightwell 39.05; 14 N Wise 39.43; 17 J R Turner 40.10; 18 S Freemantle 41.08; 25 A Bounds 43.22; 26 J Hills 43.25; 27 M Peel 43.42; 28 S Carder 43.54; 31 J Copley 46.44; 32 A Pontifiex 47.52; 33 J Cross 47.58; 34 P Lovell 48.52; 36 A Weeks-Pearson 53.13; Teams (Score 7) 1 BH 61;2 Thames HH 66; 3 HHH 104

#### KENT CLUBMAN'S CHAMPIONSHIP

Margate 4th January 1992

This championship, held here for the third year, bars those runners who have finished. In the top 15 of the County Championships. Despite this there are still some good runners competing, especially those still in the Junior ranks or who have missed out in recent seasons and are still to make an impact as Seniors. Our entire team could have thus been classed, as the oldest was Matt Lawton at 21! Lawton was prominent but not as prominent as the Athletics Today claimed, that runner was Jamie Jefferies and I do not think they look remotely similar. Jamie actually led at some point and began to pull away on the penultimate lap but soon he was pulled back

by Elliot (Medway) and our own guesting Tim Dickenson. (how he got into the team Lord only knows, sure he hasn't finished in Kent's top 15 but without a Kent qualification he is hardly likely to). Anyhow, Lee Elliot, himself a classy junior when he is going well, won in a time that would have seen him second in the Vets race (!) Tim followed him home but he was declared as a guest. After an Ashford runner, that moved Jefferies up to 3rd with Lawton coming home behind him. Jon Murray had a respectable run to place 9th on a course that hardly suited him and Chris Huntley closed the team in with 19th. this was good enough for a 5 point victory. MM

Results: 1.L. Elliott (Medway) 30.47

J. Jefferies 31.10
 M. Lawton 31.23
 J. Murray 31.40
 C. Huntley 32.48
 P. Calnan 32.48
 C.Griffin 34.40

Teams: 1. Blackheath H.34 2. Kent AC 39

3. Invicta EK44

25th Jan. INTER-COUNTIES XC
CORBY. Sen (12½Km/36.32) 19 D Taylor{Kt} 37.45; 25
Dl Smith{Kt} 37.56; 28 S Newport{Kt} 38.01; 3 Kent;
Jun (10Km/29.32) 18 T Dickinson{Lancs} 31.21; 52
L Bulson{Kt} 32.19;
Youths(7Km/20.33) 2 M Steinle{Kt} 20.44; 2 Kent;
SHREWSBURY. Colts 29 A Blackwell{Kt};

lst Feb 92. STH of THAMES SENIOR @ WIMBLEDON (39.17) 5 M Colpus 39.40; 49 K Pike{Kt} 42.13; 53 M Watling 42.23; 75 H Morten 43.05; 90 K Daniel 43.35; 112 J Phelan 44.19; No team.

8th Feb. UK XC CHAMPS @ BASINGSTOKE Sen(12Km/36.46)26 D Taylor 38.10; 51 S Newport 39.27; 62 Dl Smith 41.06; Jun(25.58) 13 M Steinle 26.48:

### JUNIOR XC RESULTS

19th Oct. KENT CBY XC LGE @ CHATHAM
Yth(15.53) 7 J Marks 16.43; 10 P Burch 16.45; 21
D Marks 17.39; 22 A Card 17.40; 27 S Jewell 18.32;
Boys(16.35) 34 D Dodds 18.49; 43 P Mudlock 19.32;
60 D Whitter 21.19; 69 A Kempton 22.55;
Clt 1 A Blackwell 14.22; 33 D Kelly 16.37; 44
N Thrall 17.35; 45 T Pynor 17.36;
TeamsYouths 2; Boys 13; Colts 7;

2nd Nov. KENT CBY XC LGE @ DANSON PK Youths(12.58) 6 J Marks 13.51; 9 D Marks 13.55; 19 S Jewell 14.58; Teams 2 BH; Boys (13.42) 19 D Dodds 15.11; 30 D Hunter 15.45; 66 D Whittor 18.44; 69 P Popely 19.10; Teams 10 BH; Colts 1 A Blackwell 11.32; 2 M Skinner 11.47; 29 D Kelly 12.54; 57 G McIntyre 14.09; 59 P Taylor 14.16; 66 M Clark 15.36; 75 E Lucas 16.17; Teams 7 BH;

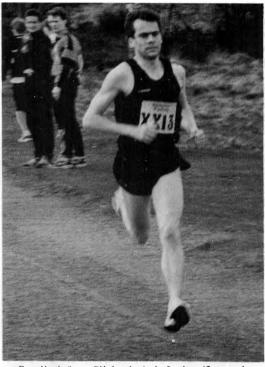
9th Nov. HHH YA XC LGE @ BROCKWELL PK Youths 6 J Marks; 8 D Marks; Teams Youths 2 BH; Boys 4 BH;

8th Dec. KENT YA XC LGE @ CANTERBURY Youths(16.14) 5 J Marks 16.43; 6 P Burch 16.44; 17 D Marks 17.17; Teams. 4 BH; Boys(16.32) 15 G Riggs 17.57; 21 S. Henny 18.44; 23 D Pipe 18.53; Teams. 6 BH; Colts(15.09) 41 T Pyner 18.30;

21st Dec. HHH YA XC LGE @ BROCKWELL PK Youths(4M) 3 J Marks; 6 C Wada; 9 D Marks; Teams: 3 BH; Boys(3M) 11 G Riggs; Teams: 4 BH;

4th Mar. BH SCHOOLS' XC @ SPARROWS DEN 1 T McCallum {Trinity} 18.24; 2 A Whitwam {Judd} 18.39; 3 S Fleck {Roch Maths} 18.47; 7 C Wada {BH/Whit'g}; 14 J Marks{BH/Coopers} 19.41; 22 D Marks{BH/Coopers} 20.04; Teams: 1 Skinners 52 (Parrish Cup); 2 Rochester Maths 55; 3 Judd 81; 4 Whitgift (RAGS Trophy).

## **ROAD RELAYS**



Dave Heath: fastest BH short leg in the Southern 12 stage relay
Photo by Pat Calnan

#### SOUTHERN SIX STAGE RELAY

Aldershot

28th September 1991

Well, at least we were here this year. We went into the Senior race with a strong team and looked confident of a top placing. Whether we ran to form who knows but we felt a bit disappointed to finish seventh in an extremely tight race only 1.26 down on the leaders while the Northern 6 Stage was won with a 2 minute margin!

The Rushmoor course at Aldershot is reckoned to be a good championship course not but on a day like this!

The course is fine but after a day of unremitting rain a Championship course should extend to showers and changing rooms as well. There were a lot of soggy bodies after this one and a lot of steamed up windshields on the way home. It was a day for the spiked coffee and we didnot expect that to be needed in September. I wondered on many occasions throughout the afternoon what the weather was like in the Athens Olympic Stadium! (Think back, the Junior team were there.)

The race got off in the rain and both our teams were well placed up the initial hill. Tony Baldock (B) was at this point in front of Mark Colpus (A) but they were evenly matched usually and Tony often starts fast. We waited for the (A) to gain on the (B) but it did not happen as the field of over 100 teams wound its way round the picturesque Rushmoor Area. Eventually Tony came home 15 seconds ahead of Mark. Lap two gave Alan Guilder the opportunity to do what he enjoys doing, running through the field. It didn't take too long for him to catch Dave Hassall (B) and in the process of his stage Alan advanced the cause from 27th to 9th but significantly we gained only one second on London Irish, the eventual winners.

The third stage was entrusted to Darrell Smith, returning to good form but in no hurry to do it just yet. He has only had half a Summer but remains hungry to race. He advanced through to fourth place by the end of the leg. By now we were 54 seconds down on the leaders, still London Irish. We waited for them to run out of runners as they had done in the Vets race previously, surely it must come Soon. But we were to get no closer to the front than this. through we didn't know it yet. For the (B) Richard Coles maintained the good showing. Several teams employed big guns on stage 4, a fact appreciated by Tim Nash (or not appreciated as the case may be). Shaftesbury, Highgate, Box hill and Plymouth came past us as we slipped a bit back to ninth, 1.45 behind the leaders, still London Irish. We wondered who Seamus Kerr was, we still do. Mark Farrell ran in different conditions to his recent African adventure.

Spencer went round for the fifth leg. After a none too successful Summer these conditions were not really what he needed and it was now difficult to guage where he was due to the lapped runners. Brighton moved to the head of things, and we gained a place but slipped to 1.50 behind the leaders. London Irish lurked still in second place but the gaps were growing and we looked doubtful for a much higher placing. For the (B) Tom Cherchuck looked a good prospect as he paddled round in a fast time. Perhaps Philadephians have webbed feet. Finally we had Gary Arthey out on the final stage. After a great performance in the GNR for the second year he was rewarded w 'h a trip to Greece for a 20km race for the second year. Well, as we have already remarked.... the rain. Only Ian Manners (Highgate) ran faster than Gary on the final stage and what a boost Gary is to our road relay teams. In unhelpful conditions and almost isolated all the way he pulled us up to seventh and at this end of the race that wasn't easy. Don't be a stranger, Gary.

There was no post-race discussion as everybody wanted to get away from Aldershot to avoid the rains and the crowds coming out of Aldershot F.C. Hopefully this weather won't repeat itself for the rest of the winter.

Result:: 1. London Irish 1:40,17 2. Shaftesbury H. 1:41,43.... (M. Colpus 19,09, A Guilder 18,12, D. Smith 18,32, T. Nash 19,13, S. Newport 18,37, G. Arthey 18,00).....32. Blackheath H. B (T. Baldock 18,54, D. Hassall 19,55, R. Coles 19,27, M. Farrell 20,31, T. Churchuck 19,50, C. Griffin 20,31) 1:49,08......100 teams listed.

[11297]
26th Oct. AAA 6-STAGE RELAY @ CHORLEY
(1:47.32) 27/37 BH 1:54.25 (22 Dl Smith 18.40; 15
S Newport 18.11; 23 D Heath 19.26; 25 A Geddes
19.11; 27 D Taylor 19.26; T Nash 19.30;)

[11539]

29th Mar. TVH Rd RELAYS @ CRANFORD Vets 3X3½M (51.59) 11 BH'A' 55.17 (25 B O'Gorman 18.49; 15 K Daniel 18.01; J Phelan 18.27); 35 BH'B' 59.15 (32 M Cronin 19.07; 35 B Swift 19.49; C Woodcock 20.19); Also K Pike {KtAC} 18.01; Sen P Betts {KtAC} 18.28;



Tim Dickenson: first short leg in the Southern 12 stage
Photo by Bill Graham

#### Southern 12 Stage Road Relay

Wimbledon Common

4 April 1992

After what had seemed like a winter of speculation, argument, changes of opinion and protest the Southern 12 Stage went off at Wimbledon Common for probably the last time. But wait and see.

Hopes were high before the event and in the week leading up to the race a medal, maybe even first, was spoken of. Up until Thursday the talk was still in the air but the absence of Darrell Smith, on the way to recovery but still short of time by about a week, made us re-draw our lines. But a high place was still possible with Shaftesbury said to be weak.

(1) Nene Valley led from Shaftesbury at the close of the first Long leg and Mark Colpus brought us home 1.28 behind. This was a scene familiar to the year when we won it and it provoked the usual discussion about whether to run a stronger runner first. Whatever the order, the team all has to run some place but certainly different circumstances may affect the outcome. Talk amongst yourselves after you have read the report. Mark was in the twenties somewhere.

- (2) Tim Dickenson went up a couple of places with a run of 16.30 as Nene Valley began to slip back and Shaftesbury went to the front for the first time. The gap between us and the leaders still managed to grow despite our advance through the field.
- (3) Alan Guilder put us in motion through the field. Alan always enjoys the prospect of running through runners and has employed it to his liking in many major races. Brighton took over in front but the 'heath were up into the teens.
- (4) Somehow Brighton stayed in front as Mark Steinle ran what should be the first of his appearances in the Senior Championship team. Mark moved up two places and in doing so, cut the distance between the leaders and us by 45 seconds. His 16.11 compared well with short stages run over the past few seasons but it apparently did not impress Martin Duff, that learned correspondent from the Athletics Weekly. We were up to eleventh.
- (5) Dave Lee continued the forward movement as we advanced to seventh. His time of 25.06 being the fastest of our long legs to date and we were about a minute down on the leaders. This was developing into one of the closest Southerns for a long while.
- (6) Another making his debut was Jamie Jefferies on stage six. He will be one of the first to admit he was a shade too enthusiastic and fell victim to the deceptiveness of the first hill. He pulled back places early on only to lose them again in the final stages of his stint. But we staved seventh...
- (7) Spencer Newport gave us our highest placing of the race. He has had a good winter with his highest position in the National. He showed good form here to move us all the way up to third place right close to the leading teams. He got good support from the mass of supporters outside the Hand in Hand. Were we on the way now?
- (8) Unfortunately we were not. Liam Bulsom could not maintain this advance, or even hold it. He ran considerably slower than last season and his 17.04 saw us slip down to ninth. It was doubtful that our final runners could pull that back.
- (9) Andrew Hollens was on a short leg until the Thursday night when he took the long leg vacated by Darrell Smith. His 25.58 was solid enough but it was not fast enough to move up the places we had lost. We remained in seventh place.
- (10) Dave Heath looked composed as he went past the pub on the way out and looked much the same when he returned. His effortless style hiding the fact that he had run the third fastest time of the afternoon! Heath's time was only sufficient to move us up one place.
- (11) Dave Taylor did not look the runner he has been right through the Winter. His Winter season has been well managed and he has avoided the unnecessary events. But taking us back into contention was asking a lot of him and on a day when he was obviously not at his best it was not to happen.
- (12) Pat Calnan had a lonely run round Wimbledon to maintain the position at sixth. Actually this was lower than last season and a disappointment. But we were again in the National Road Relay and we still had a chance to make amends if suitably inspired.

Result: 1. Shaftesbury Barnet H. 4.07.58

> 2. London Irish AC 4.09.00

3. Brighton and Hove AC 4.09.08

6. Blackheath H. 4.11.31

	BH Short legs:	
25.52	Tim Dickenson	16.30
25.24	Mark Steinle	16.11
25.06	Jamie Jefferies	16.37
24.36	Liam Bulson	17.04
25.58	Dave Heath	15.23
26.02	Pat Calnan	16.48
	25.24 25.06 24.36 25.58	25.52 Tim Dickenson 25.24 Mark Steinle 25.06 Jamie Jefferies 24.36 Liam Bulson 25.58 Dave Heath

5th Apr. YA RD RELAY CHAMPS @ SUTTON COLDFIELD

Youths(48.40) 41 BH 55.18 (J Marks 13.01; A Card 14.18; S Jewell 14.21; D Marks 13.38); Boys(51.05) 52 BH 56.35 (A Newman 13.31; D Hunter 14.52; D Dodds 13.54; G Riggs 14.18); Colts(55.12) 73 BH 67.29 (I Barnes 15.47; E Lucas 17.57; T Rosetti 16.40; T Pyner 17.05)

#### NATIONAL 12 STAGE ROAD RELAY

25th April 1992 Sutton Park

It certainly is true when people claim that the two best days in the calendar are the National CC Champs and the National 12 Stage Relay. They have such a sense of occasion and they have a something that bigger Championships, International Championships, don't have. These two races are about Club running and the team events in these two make a world of difference over International events. We travelled to Sutton Park with a sense that at last we could do ourselves justice in an event that has previously not brought the best out of Blackheath Harriers. Our best placing of twelfth (twice) is a fine achievement but we are an institution that demands a better pedigree than that. A beautiful day, sunny with only a few spots of rain throughout the four hours of the race. A crowded park with no cars but a lot of spectators, a slightly larger field of qualified teams promised an afternoon to remember. We were destined to make an impression on that afternoon. An impression that no doubt surprised many who were there.

- (1) As down at Wimbledon, Nene Valley made their showing early on as they probably reckoned they would not do so later. Rizzo gave them the lead as he had done in the Southern but we adopted the other tactic this time and began with Alan Guilder. He brought us home seventh, 31 seconds down on the leaders. Of the major contenders we had Tipton, Omega and Westbury between us and the lead.
- (2) Dave Lee was entrusted to the second stage and did a good job with it. The short legs were to prove one of our strengths here and Dave moved us up to third behind Westbury and Tipton. Nene Valley slipped back to 16th on their way through the field towards an eventual 32nd. When Dave handed over we were 9 secs behind the leaders and no doubt the spectators were wondering when we would slip back.

(3) Darrell Smith, who unfortunately missed the Southern and still has a long way to go before getting as fit as would satisfy him, maintained the third place. All was not the same ahead of him though. Tipton kept the lead but Darrell passed Westbury to gain second only for Bingley's Colin Moore to pass him. At the close of his lap Darrell had kept the gap to 31 seconds.

(4) Nor was Andrew Geddes in the team at Wimbledon and by now he was making unsuspecting spectators scratch their heads and wonder if Blackheath were going to be up there much longer. Andy moved us past Bingley and into second place, only 19 seconds down on the mighty Tipton when he handed over. People begain to ask who we had still to come.

(5) Well, it was Dave Taylor. Despite being 17th in the National Cross Country he still is a face that many don't know. With Milosorov in front for Tipton, Dave had a tough job but Tipton were only able to squeeze another 12 seconds and finished the stage half a minute clear. Behind us there was a 28 sec gap back to Omega, Coventry and Westbury. Aldershot were the next Southern club in 6th a minute behind us.

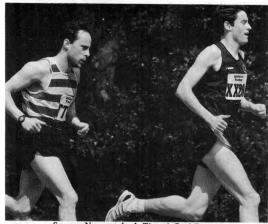
(6) Spencer Newport has run some good legs at this venue, right from when he was a Youth. He has been the equal fastest here before in the 12 Stage with 13.59 (faster than the Conservative MP for Falmouth ever ran on this course). Here, despite the windy conditions, he ran even faster with 13.57 to make the unbelievable happen. We led Tipton, and everybody else, at the halfway stage. Many people thought that Tipton were on their way to another crushing win. They were, but we were on the way to making a name for ourselves as well. We were 2 seconds ahead of the legends!!

(7) Well, we never expected it to last and sure enough Tipton were back in front at the end of Stage 7 as Andrew Hollens found himself running about 40 minutes earlier than he had planned for. He was shifted from stage nine when James Harrison arrived later than he had hoped for. Hartigan put Tipton back in front for good and Andrew was able to hold on to second, though 1.23 down on the leaders. He would be the first to admit that he is not as fit as he could have been, but after a years break he has got back well this winter.

(8) Dave Heath ran the fastest on the ninth stage but reckons that it was not as good as his run in the Southern. That is probably true when compared to the fastest of the day but we were now 65 seconds down on Tipton and 38 seconds clear of Coventry in third. Swansea, Morpeth and Gateshead followed them with still no sign of Shaftesbury, who had won at Wimbledon.

(9)James Harrison was having his first taste of that peculiarly British tradition, a road relay. Not only that but he was unsure of the route and had a bloke called Moorcroft behind him. Dave might be a bit long in the tooth nowadays but he is still extremely fit and these races are now the focus of his attention. Harrison stayed ahead of him as Tipton now had a lead of 1.17. Behind us there was a 9 second gap back to Coventry with Swansea and Gateshead a minute behind them.

(10) With all credit to the final three Blackheath runners, we did expect to struggle over the final quarter of the race. It was here that we started to slip as Jamie Jefferies



Spencer Newport leads Tipton's Paul Fowler Photo by Mark Shearman

was passed by Coventry. At the close Tipton were most definitely on their way and the main question was probably how many more we could hold off. We were third but hardly expected to remain there.

(11) Swansea's Shaun Tobin is a classy performer over 10km and it showed as he hauled in Mark Colpus over the final long stage. With one to go we were fourth but on the last two stages Shaftesbury had come to life and were now up to sixth place.

(12) Poor Tim Dickenson, running just 19 seconds quicker would have kept us in fifth, but he didn't and Shaftesbury went past.. But sixth was better than we had ever been before. While Shaftesbury were first Southern club in fifth they would have found that disappointing while we were chuffed with our sixth. We have shown that we are as good a bet as any to knock Tipton off their perch. Next season they may well be expecting Blackheath to be up there. providing we get our entry in on time!

Result: 1. Tipton H. 4.04.51 2. Coventry Godiva H. 4.07.47 3. Swansea H. 4.08.08 4. Gateshead H. 4.09 23 5. Shaftesbury Barnet H. 4.049.33 6. Blackheath H. 4.09.41 7. Sale H. 4.10 54 8. Westbury H. 4.11.19 9. Morpeth H. 4.12.18 10. Boxhill Racers 4.12.54 ...44 teams fin.

BH Long legs	3:	Short legs:	
A. Guilder	26.24	D. Lee	14.22
D. Smith	26.39	A. Geddes	14.36
D. Taylor	26.27	S. Newport	13.57
<ul> <li>A. Hollens</li> </ul>	27.55	D. Heath	14.24
J. Harrison	26.31	J. Jefferies	15.25
M. Colpus	27.49	T. Dickenson	15.12

[10608]
1st May. LLOYD'S BANK RD RELAY @ BECKENHAM ( 4 X 3Km )

(36.29) 6 BH'A' 37.15 (5 P Calnan 9.10; 2 J Jefferies 9.09; 4 A Baldock 9.19; P Barlow 9.37) 12 BH'B' 38.44 (19 C Huntley 9.46; 13 P Betts 9.33; 10 P Haywood 9.41; S Thompson 9.44) 13 BHV 38.48 (20 G Spencer 9.48; 19 B Mellish 9.55; 14 K Daniel 9.32; J Phelan 9.33; 34 BH'C' 43.17 (50 A Musson 12.05; 45 M Cronin 10.21; 39 P Rissen 10.39; N Colvin 10.12; 44 BH'D' 45.05 (53 W Wheeler 12.31; 51 V Hamlin 11.33; 49 M Athawes 10.49; P Calnan 10.12) Also:-D Hassall 9.26; P Shepheard 10.59; J Tateson 11.35; A Izzard 11.43; ( Fastest leg 8.34 )

## ON THE ROADS

12th May. HALF-MARATHON @ COBHAM HALL (incl Kent Ch )

(69.18) 16 Roy Smith 78.10; 47 P Shepheard 83.26; 51 J R Turner 83.56; 55 P Crawford 84.08; 69 G Canfield 85.18; 90 S Hollingdale 92 87.06; R Morriss 87.15; 113 Kr Morris 89.29; 114 R Brown 89.30; 115 A Bruce 89.31; 122 S Capey 90.06; 127 N Wheeler 90.36; 179 B Wilson 94.09; 226 J Pearse 96.35; 237 P Lovell 97.05; 254 S Reynolds 98.09; 266 D Popely 98.58; 268 N Brooks 99.05; 284 I Marsden 100.09; G Payne 102.30; 345 I Gold 105.04; 423 P Taylor 107.49; J Bennett 119.52; 505 A Mothersole 113.3: 571 586 C Hamilton 121.18; G Pearce 121.34; 626 S Jones 127.19; 636 J Cameron 130.16; Teams(Scoring 3 ) 5 BH

16th Jun. 10M RdR @ GREENWICH (54.48) 18 D Bright 60.01; 19 J R Turner 60.03; 23 T Brightwell 60.57; 30 S Capey 62.13; 39 R Morriss 64.14; 43 A Bruce 64.45; 78 G Crowder 69.18; 101 R Denney 71.30; 115 D Dhammaloka 73.10; 239 Fin.

23rd July. FORBANKS 5M @ BECKENHAM (26.04) 12 M Farrell 27.20; 21 C Griffin 28.19; 29 M Ellison 29.09; 37 T Brightwell 29.41; 44 G Canfield 30.19; 48 R Brown 30.30; 52 B Wilson 30.44; 53 S Hollingdale 30.45; 58 R Morriss 31.04; 83 D Carton 32.45; 87 A Krywko 32.55; 90 J Tateson 33.12; 91 A Musson 33.20; 98 J Hobbs 34.05; 116 J Cross 37.17; Vet Teams(Scoring 3) 1 BH.

28th July. HALF-MARATHON @ DARTFORD (69.45) 37 T Brightwell 83.24; 59 M Saunders 86.57; 61 G Lloyd 87.10; 72 M Crisp 87.44; 75 G Canfield 88.05; 102 N Nuttall 90.53; 107 D Henry 91.36; 201 N Webb 99.27; 255 P Gray 103.32; 273 J McGowan 105.32; 342 D Larcombe 112.06; 361 W Buttinger 113.25; 510 Fin.

8th Sep. HALF-MARATHON @ MAIDSTONE (65.35) 16 Roy Smith 76.04; 19 C Griffin 76.55; 44 C Knowles 82.01 (2ndM40); 81 G Canfield 86.11; 88 P Shepheard 86.44; 118 N Wheeler 88.52; 134 J Pearse 89.39; 140 M Bean 89.52; 149 J Hines 90.18; 157 Al Jones 90.54; 170 J Kavanagh 91.30; 223 R Saiz 95.31; 224 J McGowan 95.33; 241 K Pearson 96.25; 245 J Tateson 96.31; 266 G Payne 97.54; 313 J Briffa 100.30; 333 A Foreman 101.21; 342 D Churchus 102.02; 355 C StAubyn 102.53; 373 N Webb 103.26; 579 H Hill 116.43; 750 Fin

22nd Sep. HALF-MARATHON @ HADLOW (69.52) 24 C Knowles 80.10; 27 W Lonergan 80.32; 28 D White 80.35; 50 G Lloyd 83.36; 60 A Kilgour 84.29; 74 P Shepheard 85.17; 106 J Kavanagh 88.59; 112 B Fincham 89.23; 126 A Bruce 90.04; 135 S Pairman 90.39; 165 G Crowder 93.40; 178 K Pearson 94.43; 185 R Saiz 95.25; 204 J Briffa 97.18; 210 G Payne 98.05; 213 B Todd 98.35; 220 D Churchus 99.19; 254 J McGowan 102.39; 275 I Gold 104.54; 280 D Larcombe 105.29; 286 D Popely 106.31; 310 A Mothersole 111.02; 316 P Taylor 111.49;

29th Sep. 'PURSERS' 10Km RdR @ DULWICH PK (31.55) 3 T Nash 32.01; 7 Roy Smith 33.00; 26 N Kinsey 35.18; 32 T Brightwell 35.41 {2nd V}; 36 T South 36.09 {2nd J}; 37 R King 36.11; < 39 P Anderson {Presteigne} 36.26 >; 43 J E Turner 36.35; 60 S Ridgewell 37.56; 65 P Shepheard 38.16; 108 G Agnew 40.17; 122 P Metcalf 40.39; 155 J McGowan 42.17; 160 D Popely 42.28; 171 K Pearson 42.54; 178 C Rowe 43.18; 197 D Dhammaloka 44.14; 202 L Smith 44.29; 237 D Farrelly 46.02; 357 A Nairn 53.40;433 Fin. Teams(Scoring 4) 1 BH;



'HEATHENS IN LUXEMBOURG LOOKING FOR THE NEAREST BAR Back (L to R) Jim Tateson, Mark Crisp, Neil Wheeler, Chris Hamblen, Alex Krwyko, Bernard Wilson.

Front (L to R) Ian Cayzer, Mike Martineau, Dave Carton, Brian O' Flynn, Eric Smith

#### ROUTE DU VIN, LUXEMBOURG,

22nd September 1991

There was thunder, lightning, and heavy rain with only 45 minutes to the start but along with about 1200 other wet idiots we set off in the thirtieth Luxembourg Half Marathon. Eleven 'heathens and a couple of strays from elsewhere had started with this vast throng on a rather damp jog through the vineyard by the side of the Moselle river.

Early on Saturday we had gathered in Biggin Hill outside Jim Tateson's house prior to setting off to the Channel ferry at Dover. Jim drove one car while Ian Cayzer and Mike Martineau drove the other two, each carrying 4 eager and highly tuned athletes!? The drive to Dover and the crossing was uneventful with the early morning fog clearing as the temperature rose towards an eventual 26 degrees. Jim lost touch with Ian and Mike outside the docks at Calais but we were eventually reunited over 4 hours later just prior to reaching Luxembourg. We finished the last few miles together with Jim leading the way to the first stop at the Cactus supermarket just outside Luxembourg city.

The stop at the supermarket was essential to purchase the prize in our competition. Dave Carton was organising the activity and purchased a bottle of champagne for the runner who guessed the closest to his finishing time. The prize for the worst guess was the rubber bootie, won the previous year by Bernard Wilson. After the purchase of other essential supplies we all set off to gallant hosts for the weekend, Mark and Julia Crisp. Mark is a 'heathen who lives in Luxembourg helping the Commissions to swim wine lakes and climb butter mountains. After a quick refreshing cup of tea, we set of with Mark to the city for a quick drink or two of beer. John Morgan received some marked comments as he appeared to be taking the event seriously and keeping his alcohol consumption down. By 9 o'clock we were all sat down around two joined tables in Mark's front room eating a delicious pasta meal, expertly cooked by Julia, washed down with wine especially imported by Jim for the occasion. We all agreed, except for John who was still taking the event seriously, that the meal was an excellent and ideal pre-race feast.

The weather on the Sunday morning was cool and overcast with a threat of rain. We spent the morning visiting various places in and around the city as standard issue sightseers. The weather improved with the sun beginning to show as the morning progressed. After returning to Itzig we had a light lunch and changed for the main event. As we drove to the start at Remich, the sky began to look cloudy and overcast. By the time we had found a parking space near the start, the rain was coming down by the bath full. The heavens opened and the complete kit of rain, thunder and lightning seemed to be aimed at us sheltering in the cars while we tried to summon the courage to run. With 20 minutes to go we came out as the rain eased slightly so that we could place our kit in the luggage coach. We then jogged the half mile to the start by which time the rain had stopped. We set off at 3 o'clock with the conditions now ideal, low cloud and a mild temperature. The rain re-appeared briefly and lightly after about an hour but by that stage it was very welcome. It's not often you finish a race drier than when you started but that day was the exception. The first of our group to finish was John Morgan who justified his serious approach be being the first British runner home. The last of our group was the lady team member, Ann Taylor, who was using the event as a warm up for the New York Marathon.

That evening, after a refreshing shower, we set off to a local Spanish restaurant. The meal was excellent. The amount of wine drunk meant that the results of the competition had to be calculated by both Dave and Jim. Most had performed better than predicted but the rubber bootie went to Eric Smith for being 7 minutes 35 seconds faster. He must have set his pacemaker on 'fast'. The champagne went to Dave! Of course there was an immediate call for a recount as he was the competition organiser, but the dispute was settled by sharing the champagne between us. After the meal we adjourned to the nine pin bowling alley conveniently sited within staggering distance. Two teams competed for no prize but all enjoyed the excitement of watching some other drunken idiot try to hit the pins at the end of a very long runway. Both teams won. Neil Wheeler

#### **PARTICIPANTS**

John Morgan	1:17:24	Wellcome Laboratories
Neil Wheeler	1:21:59	Blackheath
Mark Crisp	1:22:14	Blackheath
Bernard Wilson	1:24:57	Blackheath
Dave Carton	1:28:14	Blackheath
Jim Tateson	1:29:26	Blackheath
Ian Cayzer	1:30:15	Blackheath
Mike Martineau	1:31:15	Blackheath
Alex Krwyko	1:33:27	Blackheath
Chris Hamblen	1:38:46	Blackheath
Brian O' Flynn	1:41:19	Blackheath
Eric Smith-	1:46:28	Blackheath
AnnTaylor	2:02:08	Unattached

#### BERLIN MARATHON

Berlin

September 29th 1991

Steve Brace won the Berlin Marathon on September 29th 1991 in a time of 2.10.57 and Reneta Kokowska the ladies Marathon in 2.27.36, out of a total field of finishers of 22805 (13373 men and 9432 women).

But what did Colin Poole think of the Berlin 1991 Marathon with a time of 3.26.40 arriving 5048 places behind Steve Brace and 368 in his age group out of 1315 50 years olds.

Apart from nurturing a strained left hamstring (developed some 3 weeks previous) the excitement of running from West Germany into East and back into the West was fantastic.

A clean start at the Charlottenburg Gate with 2.5 miles of straight avenue ahead" "Strasse de 17 Juni" and through the Brandenburg gate into the East side cheered on by thousands of Germans was fantastic. Whether it was in the East side from km3 to km24 or the West to finish in the Kurfurstendamn the atmosphere was superb and time to take in the unchanged culture of the East side was a must. Plenty of organisation - water and help all along the way - a fine day but not over-powering made the whole total atmosphere a tingling one.

Prior to the Marathon and the day following was taken up with absorbing the atmosphere and culture of both the West and East, with the hotel Shirley and I stopped at being the largest in the East. Hotel "Stadt Berlin" - ex communist luxury but with spy eyes, two way cameras and listening devices removed (I hope!)

My only advice to offer is do NOT go to the Marathon by coach - "catch the plane or train to take the strain" - 21 hours going and 24 hours returning doesn't add to the atmosphere of the Marathon.

Advice - give this one a whirl it's great - 1991 was the first year Berlin became the capital of the United Germany and the race was well subscribed - pressures will be less in the future so give it a go!

COLIN POOLE

6th Oct. JULIE ROSE 10Km @ ASHFORD cf [11272] (30.09) 2 Dl Smith 31.10; 4 A Baldock 31.28; 12 P Calnan 32.54; 13 T Cherchuck 32.59; 31 C Griffin 34.38; 76 Gl Morgan 36.16; 81 I Wilson 36.23; 92 T Brightwell 36.34; 160 A Bruce 38.42; 170 R Beale 38.57; 211 M Hamlin 39.39; 244 J Kavanagh 40.22; 326 R Saiz 42.11; 384 J Briffa 43.05; 414 C Canty 43.45; 445 A Foreman 44.25:

#### SEVENOAKS HALF MARATHON

Sevenoaks

13th October 1991

18 Harriers showed the flag in the annual Sevenoaks Half Marathon, which was won by Ben Reynolds of Tonbridge in the very respectable time of 1:10:04, from Ian Hamilton (1:10:18) and Steve Birkin (1:12:49). Soon after the start, in heavy mist, Pete Shepheard was up among the leaders, but he was to fall back after the first five miles. At this point, near Chevening Cross,

Reynolds and Invicta's Hamilton were already a quarter of a mile clear of a group of four led by Chris Ashbee, also of Invicta.

Through the mist padded the 427 runners, their footsteps strangely muffled as though in snow, the road's long undulation taking them towards the bridge over the M25, where they went anti-clockwise around a rough rectangle to Sundridge, then back to Chevening Cross and a right hand turn to cut through Chipstead Village. There a cruel, steep hill sapped the remaining strength from their legs, before the runners could coast gently back towards Riverhead and sprint for the line at the Sevenoaks Girls' School.

By the 10-mile mark, Blackheath's charge was being led by Gareth Lloyd, with Mike Lodwig four places behind and suffering. Pete Shepheard followed, still short of training this season, and just holding off teammate Robert Brown. Not far behind was the cheerful figure of John Hines, a broad smile acknowledging the cheers for Blackheath. Philip Metcalf and James Sullivan ran together most of the way, but Metcalf pulled away in the final mile.

Blackheath's finisher's were: Gareth Lloyd 1:23:13; Mike Lodwig 1:24:15: Pete Shepheard 1:25:31; John McGowan 1:33:59; Ron Denney 1:34:36; Ian Marsden, Keith Pearson, Steve McEvoy, Neil Brooks, John Hines, Philip Metcalf, James Sullivan, Ian Cayzer, George Payne, Nigel Webb, Peter Taylor, Alan Mothersole and Harold Hill.

PKP

13th Oct. HALF-MARATHON @ SEVENOAKS (70.04) 39 G Lloyd 83.13; 48 M Lodwig 84.15; 52 M Beane 84.59; 58 P Shepheard 85.31; 62 R Brown 86.59; 86 J Hines 88.31; 92 P Metcalf 89.46; 96 J E Sullivan 90.13; 102 T Cayzer 91.27; 105 J Tateson 91.57; 134 J McGowan 93.59; 144 R Denney 94.36; 157 I Marsden 95.50; 162 K Pearson 96.05; 171 S McEvoy 96.44; 197 N Brooks 98.46; 233 G Payne 101.41; 241 N Webb 102.14; 318 P Taylor 109.53; 332 A Mothersole 111.48; 334 H Hill 111.59; 387 J Elliot 121.35; 425 Fin.

20th Oct. 10Km RdR @ CROYDON (30.03) 6 A Scriminger 32.43; 10 D Bright 33.00; 38 T Brightwell 35.34; 75 G Enright 37.38; 114 D Carton 39.17; 145 J Tateson 40.16; 153 J McGowan 40.34; 167 I Cayzer 41.29; 182 J Hobbs 42.01; 185 C Canty 42.03; 210 J Niewiarowski 42.57; 221 G Payne 43.10; 265 M B Allen 44.10; 421 J Hill 49.29; 640 C Poole 56.57; 791 Fin;

20th Oct. HALF-MARATHON @ BARNS GREEN (incl SCVAC Ch) (68.03) 250 C Dale 89.26; 365 G Crowder 93.50; 676 D Larcombe 105.50; 724 W Buttinger 107.42; 868 J Johnson 117.19; 871 J Bennett 117.52; 894 S Jones 119.37; 1000+ Fin.

3rd Nov. 10.66 @ HASTINGS {10M 66yd} (52.41) 32 N Kinsey 59.51; 148 D Henry 64.45; 176 M Beane 65.23; 196 R Brown 66.06; 200 R Beale 66.13; 224 J McConville 66.50; 264 N Nuttall 67.41; 341 J Ingram 69.16; 452 C Poole 71.48; 461 J Tateson 71.58; 511 K Pearson 72.54; 556 J Briffa 73.47; 594 M Wade 74.26; 598 L Smith 74.32; 617 A Foreman 74.53; 852 P Gray 79.11; 1272 S Jones 87.59; 1424 J Johnson 93.20; 1657 Fin.



John (Kasputin) Turner: star of Spanish T.V. Photo by Barry Saddler

#### Benidorm 91

In far away May when winter fixture cards were but a twinkle in Botley's eye and the printer was wondering when the recession was going to end, a small group of harriers wondered where they could travel to in order to run a winter marathon.

Diary's were consulted, shifts and duties changed and finally Benidorm in November was the chosen venue. Blackheath Harriers really were on Tour!!.

On the morning of Thursday 21st November 5 of the Group met at Terminal 2 H'row. (We were minus Chris Dale travelling Saturday because "her indoors" would not give him home leave). However, the 5 John (Rasputin) Turner, Roy Parris, Steve Freemantle and guests Colin and Dennis Brummel were soon drinking coffee and brandies in a very sumptuous Iberian VIP Lounge.

Friday 22nd

When we awoke the sun was shining, the view from the balcony was stunning and we felt good to be alive. We runners had decided that the next 2 days were to be t-

In the evening we registered, collected numbers etc., and saw the biggest collection of silverware outside of the Crown Jewels.

Sunday 24th

The day of reckoning had arrived. We were all up early and eagerly? awaiting our fate. As the flat was a 2 minute walk to the start we sauntered over at about 8.20. where we registered by having our arms stamped, for our 9 a.m. start. The start was on Benidorm's 8 Lane tartan track and it was covered by national Spanish T.V. Pre start we were all picked out by the cameramen who had special mention for John (Rasputin)Turner. I can't think why he got such special treatment!!.

Anyway back to the race, it was well marshalled, policed and organised and quite well supported. 271+ competitors toed the line at the start and we were soon racing downhill for the first few kilometers. The course took us out of Benidorm for around 10k before we turned around and headed back through the Old Town, down the sea front prom and out of town again in the other direction. A turn around a mock castle at about 17k, brought us back into Benidorm proper and the half way point.

At the half way point all 4 'heathens were running well and enjoying both the scenery and the support, but not the heat, which was now well into the 70's

On the 2nd lap the heat took its toll of most runners with the winning time some 10 minutes down on last year. John (Rasputin) Turner finished as he normally does under 3 hrs in 2-55.10, but even he admitted to suffering in the heat. Steve Freemantle who ran the last 3k in bare feet because of blisters and who finished up in the First Aid Tent finished in 3.11.57, Chris Dale finished in 3.44.42 suffering in the last 6 miles and Roy Parris although again suffering in the heat, and running although under threat of the surgeon's knife re a hernia, finished in a PB of 3.48.36.

Dennis and Colin our supporters and cameramen also finished with breakfasts, lagers and brandies!.

After an afternoon's sojourn of feet up and whisky we all went back to the Magic Roundabout Bar where at low cost we ate a scrumptious Sunday dinner following by lots of replacing fluids. Later on in the evening after a short walk to let our dinner go down we started to party (which continued for the next 24 hours.)

Tuesday 26th

The sun was still shining as we said our goodbyes to Benidorm. The six of us had really enjoyed our short break, and I would recommend the idea to all. We intend to run abroad again, finance and other halves permitting. But for the moment it's goodbye from Blackheath Harrier's Tour 91.

24th Nov. HALF-MARATHON @ ROCHESTER (68.59) 23 N Kinsey 79.43; 40 G Lloyd 82.11; 52 J McConville 83.56; 66 R Brown 85.07; 96 J Hines 88.14; 101 P Metcalf 88.32; 103 J Tateson 88.54; 121 S McEvoy 90.44; 147 C Poole 93.14; 150 G Crowder 93.22; 155 J Briffa 93.42; 195 G Payne 97.58; 293 A Mothersole 108.02; 361 Fin.

15th Dec. HOG'S BACK RdR @ GUILDFORD (46.05) 56 B O'Gorman 52.56 {1st V50}; 66 B Mellish 53.35; 71 L Smith 53.54; 158 M Marsh 56.41; 199 J McConville 57.45; 196 M Lodwig 57.42; 222 B Swift 58.28; 254 P Metcalf 59.29; 320 J Tateson 61.22; 360 R Thornton 62.13; 411 R Graf 63.06; 417 B Hartley 63.16; 423 C Poole 63.31; 450 R Saiz 64.04; 471 G Crowder 64.28; 477 J Copley 64.33; 490 K Pearson 64.48; 602 D Dhammaloka 66.53; 655 L Dickins 67.54; 701 N Webb 68.52; 715 R Varcoe 69.01; 777 G Pluckrose 70.44; 788 L Dalmon 71.04; 883 J Ingram 73.29; 906 P Cobbett 74.08; 916 P Prisley 74.25; 1041 P Long 79.29; 1043 S Jones 79.39; 1138 R Beacham 85.20; 1161 Gl Morris 89.45; BH Teams. Sen 27. Vets 5.

29th Dec 91. CENTRESPORT 10KRd. CRYSTAL PAL PK 1 A Guilder 31.05; 6 A Hollens 31.47; 20 M Watling 32.57; 25 Roy Smith 33.09; 28 P Calnan 33.19; 36 C Huntley 33.51; 40 H Morten 34.18; 43 P Galloway 34.29; 50 C Griffin 35.03; 61 B Mellish 36.07; 62 T Brightwell 36.07; 68 J E Turner 37.02; 69 C Woodcock 37.06; 70 C Fincham 37.08; 79 D Henry 37.39; 82 J R Turner 37.51; 86 S Pairman 37.57; 96 R Brown 38.14; 99 S Freemantle 38.24; 101 S Cluney 38.29; 102 J Mills 38.29; 103 P Shepheard 38.36; 104 S Hollingdale 38.37; 110 G Canfield 38.50; 114 M Beane 38.58; 116 P Rissen 39.02; 121 R Turney 39.14; 138 A Bruce 39.42; 139 G Lloyd 39.43; 147 J Taylor 40.09; 156 N Writer 40.53; 188 D Carton 41.53; 190 J Hobbs 41.58; 194 C Poole 42.02; 204 S Mitchener 42.23; 208 I Cayzer 42.32; 211 B Hartley

42.43; 219 R Chambers 42.59; 221 A Musson 43.02; 233 L Dickins 43.24; 243 J Ingram 43.50; 255 W Graham 44.04; 275 M B Allen 44.34; 285 L Smith 45.03; 296 D King 45.17; 298 A Pontifex 45.24; 352 R Hogwood 47.07; 357 D Grady 47.22; 361 D Dhammaloka 47.31; 425 G Forbes 50.56; 448 P Long 52.14; 457 S Jones 52.48; 466 J Bennett 53.11; 480 R Beacham 54.04;

26th Jan. 10M RdR @ CANTERBURY (49.48) 88 B Mellish 58.10; 157 C Knowles 60.58; 193 J Mills 61.59; 203 J E Turner 62.16; 225 M Beane 63.10; 540 S Carder 70.11; 556 K Pearson 70.42; 616 G Crowder 71.56; 684 A Foreman 73.30; 698 J Briffa 73.50; 731 A Bunch 74.37; 737 C Messent {Unatt} 74.44; 738 M Watling {Mostly attached to luggage of C Messent} 74.45; 820 D King 77.03; 1126 A Izzard 91.47; 1209 Fin.

1st Mar. FORBANKS HALF-MARATHON @ BECKENHAM

(72.45) 6 Gl Morgan 76.38; 17 S Ridgewell 82.58; 23 R Walsh 85.19; 31 W Slack 87.13; 33 T Brightwell 87.32; 48 J McGowan 90.46; 50 M Wade 90.58; 52 J Ingram 91.20; 71 A Pontifex 96.37; 78 R Griffin 98.15; 108 D Lawrie 105.15; 125 Pt Taylor 109.07; 136 G Forbes 112.36; 139 Kt Morris 115.36; Teams 1 BH;

15th Mar. HALF-MARATHON @ HASTINGS (62.36) 39 W Lonergan 77.43; 42 B O'Gorman 77.49 {1st V50}; 86 D Henry 80.48; 89 C Griffin 80.58; 134 Pa Taylor 83.18; 144 C Fincham 83.46; 148 J E Turner 83.54; 188 N Nuttall 85.17; 200 S Hollingdale 85.47; 294 Kr Morris 88.28; 401 D Dhammaloka 91.03; 452 J McConville 92.11; 455 J Tateson 92.17; 466 W Orton 92.27; 532 J Ingram 93.44; 622 S Reynolds 95.34; 653 R Saiz 96.19; 741 K Pearson 98.11; 764 N Webb 98.30; 793 G Sharpe 99.07; 846 L Smith 100.15; 914 D King 101.28; 972 R Hogwood 102.31; 1210 D Larcombe 107.18; 1599 Kt Morris 113.45; 1636 P Prisley 114.29; 1701 Pt Taylor 116.03; 1709 J Johnson 116.12; 1770 S Jones 117.37;

22nd Mar. HALF-MARATHON @ SWANLEY (68.26) 13 K Pike {KtAC} 74.30 (2nd V); 36 R King 80.13; 42 T Brightwell 80.35; 68 S Ridgewell 83.46; 81 D Dhammaloka 84.48; 97 R Turney 86.49; 100 P Shepheard 86.57; 134 P Metcalf 89.00; 178 J McGowan 91.44; 185 R Randall 91.56; 190 J Ingram 92.00; 238 S Reynolds 95.01; 254 A Pontifex 95.57; 269 K Pearson 96.27; 305 R Hogwood 97.57; 311 N Brooks 98.20; 312 P Lovell 98.21; 328 R Counter 99.10; 333 N Webb 99.24; 341 D Popely 99.41; 597 Pt Taylor 112.22; Teams(Scoring 3 ) 10 BH.

29th Mar. KENT A.C 10M RdR @ SIDCUP (49.11) 4 Roy Smith 53.29; 11 H Morten 55.38 {2nd V}; 30 T Brightwell 59.47; 48 D Flagg 65.10; 56 C Dale 68.38; 59 A Musson 69.33; 77 G Forbes 81.16; 87 Fin. Teams(Scoring 3 ) 4 BH; 13 BH'B';

29th Mar. HALF-MARATHON @ PADDOCK WOOD{official Results incomplete} (69.35) 9 A Baldock 73.06; 76 D Henry 82.15; 98 C Fincham 83.21; 168 D Dhammaloka 86.49; 179 J McConville 87.16; 213 S Pairman 88.20; 241 A Jones 89.21; 267 W Orton 90.26; 333 J Tateson 92.29; 336 A Foreman 92.42; 386 J Ingram 94.39; 422 G Crowder 95.40; 428 K Pearson 95.46; 429 P Lovell 95.47; 463 N Brooks 97.16; 490 R Hogwood 98.02; 1108 L Dalmon 112.22; 1146 J Johnson 116.10; 1206 P Long 119.31;

5th Apr. 5M RdR @ TATSFIELD (25.00) 18 D White 30.03; 23 D Dhammaloka 30.50; 24 M N Williams 30.56; 25 A Bounds 30.58; 27 J A Cooper 31.03; 51 C Rowe 34.06; 52 G Plank 34.09; 57 R Savery 35.20; 77 A Izzard 38.06; 82 G Forbes 39.46; 99 P Hannell 41.29;

#### HARROW 10k ROAD RACE

Harrow April 11th 1992

An odd assortment of runners went to the Harrow 10km race on what turned out to be an unseasonably warm day in April. It may have only been high sixties but it seemed warmer. Darrell Smith (8th) returned in an effort to get a bit fitter for the AAA 12 stage and recorded 31.22. He looked over his shoulder a few times coming up to the finish though as Mark Steinle, due to go on holiday in a couple of days, ran 31.27 for 11th place and said he enjoyed it. Pat Calnan ran 32.29 for 32nd place and Jamie Jefferies closed in the second placed team with 33.20. Shaftesbury (don't you get fed up with them?) won the team event.



Steve Freemantle: "enjoying" the London Marathon
Photo by Jim Photon

4th May. TED PEPPER 10 Km @ LANGLEY PK fincl Kent Ch}

Dl Smith 31.17; 2 H Mountcastle {Hast} 32.03; 3 K Penny {Camb.H}{V} 32.05; 13 Roy Smith 33.05; 15 S Birkin{Camb.H}{M45} 33.13; 18 M Farrell 33.32; 23 G Harrold {Brom.V}{M50} 34.06; 47 T Brightwell 36.50 {Chief Whips Tr}; 48 J R Turner 36.52; T Markova {Ukraine}{lst F} 36.53; 56 M N Williams 37.42; 57 P Rissen 37.46; 60 D Pettet {Camb.H}{M55} 38.03; 62 A Kilgour 38.11; 64 P Shepheard 38.19; 69 S Cluney 38.37; 70 S Capey 38.54; 73 G Fee 38.45; J E Turner 38.46; 79 J Taylor S Pairman 39.03; 94 J Hobbs 39.57; 97 B Wilson 40.20; 98 J Copley 40.28; 100 C Poole 40.57; 107 D Crowdson 41.23; 110 J Brown 41.39; 114 J White 42.00; 115 B Hartley 42.05; 116 A Pontifex 42.05; 119 J Wilkinson 42.32; 123 M J Allen 42.51; 124 C Rowe 43.07; 125 Roy Green 43.26; 126 G Crowder 43.30; J Cross 45.00; 138 S Wheeler 45.15; 139 137 W Wheeler 45.22; 142 B O'Flynn 46.02; 143 R Watkins 46.02; 144 M Gasson 46.08; 147 Kt Morris 46.22; 166 P Daniels 51.17; Teams(Scoring 3 ) 1 SLH 29; 2 BH 32; 3 Camb.H 37; Kent. 1 Camb.H;

# Vet's results



The Famous Four go walking!

#### COTSWOLD WAY WALK - 4TH /11TH JUNE 1991

Chipping Campden to Bath - 100 miles

Derrick Brickwood - Len Dalmon - Ray Gibson - Peter Long

Preparations for the walk took place during the winter months. Ideal daily mileages were agreed and were then matched against accommodation available. This factor really determined our daily walking distances which varied between  $14.\frac{1}{2}$  miles to 20 miles.

A 13 mile walk two months previously demonstrated that it was sensible not to exceed a 14lb back pack.

On the 4th June we journeyed to Chipping Campden, the last 4 miles being completed in a taxi because of the lack of any public transport.

Our first days walking, Chipping Campden to Winchcombe - 17. miles was completed in pouring rain. Ray developed a very bad blister and received expert medical attention from Derrick who produced a wonderful padding called 'mole skin' (obtainable from any Boots outlet) and was used on Ray's foot throughout the entire walk.

June 6th dawned fair and we completed 14  $\frac{3}{4}$  miles with out rain from Winchcombe to Charlton Kings. Halfway through the day Ray discarded his walking boots and donned trainers. We had dinner that night in a splendid Chinese restaurant in Cheltenham. It certainly took Rays mind off his feet.

June 7th was us on the road to Painswick by 9 o'clock. The rain started at 11.a.m. and continued on and off all day. Painswick after 14 miles looked good and we were pleased to meet our welcoming hostess. The accommodation was quaint although cramped in our sleeping quarters. The bottom of Len's bed was separated from the Pen suite thunderbox by a flimsy piece of hardboard, so what with the noise of the rain outside and Peter's thunderous overture, sleeping was to say at the least difficult.

Pinswick to North Nibley was a  $19\frac{1}{2}$  mile slog. Derrick was obliged to carry out intensive first aid before we started the days trek. The rain again did not fail us and we reached our farmhouse in the late afternoon. Highlights of our stay here included a broken down central heating system, Peter in a state of prostrate panic trying to relieve himself in a wardrobe and Derrick mistaking the leg of Len's bed for a football. Consolation came in the form of a jolly good meal in the local pub.

June 9th started off with a stiff climb onto the escarpment before pushing on to Old Sodbury 14 \(^\frac{1}{4}\) miles. The weather started fine but by lunchtime it was torrential rain and by the time we reached our guesthouse we all looked like drowned rats. For the first time we were welcomed by hosts who were fellow walkers, they knew exactly what was important for our comfort and soon had us dried out.

The final day Old Sodbury to Bath  $17\frac{1}{2}$  miles only a little rain by comparison fell on us. Ray's blisters were holding up well and Peter's prostrate seemed to have repositioned itself causing less frequent stops. After a good night's sleep in Bath we toured the city in the morning before boarding a coach after lunch for London.

Facts: 1. Average B&B cost £14.50 - 2. We recommend 10-12 miles per day if you wish to stop at places of interest. - 3. Send main pack on by taxi to next overnight stay and travelling light seems to be the coming thing. 4. All accommodation from R.A Handbook.

PL



Yet another indestructible line up Photo by J. Walker

## NATIONAL FUN RUN The Indestructibles

Hyde Park

6th October 1991

There were some changes to the event this year, a government sponsored Japanese Garden Festival delayed it by one week, and the Sunday Times could no longer support it (although remaining responsible for the 'mechanics'). Thus we were under the aegis of The Royal Parks, The Sports Council, City of Westminster and the Patron Sir Roger Bannister. Our numbers had to be affixed very horizontally! There was a bonus, instead of suffering the rain-soaked Sunday of the previous week we enjoyed a brilliantly sunny day.

Changes too to our entry, losing three but adding two which gave hopes of some improvement to last year. Jack Parrott, active octogenerian, our doyen, had the honour of a mention in the Programme which so engrossed him that he nearly missed the start. There he was interviewed as to his robust health, race-tactics, and advice whereon with national modesty he said 'go off when the klaxon sounds and keep running forwards'. This was heartily applauded and the field surged on. In particular Jack Braughton in a new category, but with his usual "Rolls-Royce" style and "Junior Senior" Bill Clapham were with the early finishes - an encouraging omen.

With Jim Bennett improving and Bill Lake repeating his last years time, this was heart-warming. Jack Parrott, pursued by what seemed to be two "heathen" minders, came through valiantly and Peter Long with an improved time completed the scoring six. A total points score of 117 gives a target to aim at next year.

Warm support, succour and congratulations came from the loyal ladies, Messdames Bennett, Braughton, Lake and Walker and we could all relax and enjoy the summer pleasures of what appeared to be ten man canoe races on the Serpentine.

M70(16.52) 3 J Braughton 17.21; 10 J Bennett 20.10; 17 W Lake 22.20; 32 J Parrott; M60(14.55) 5 W Clapham 15.23; 12 P Gray 16.10; 50 P Long 19.00; 56 D Brickwood 19.15; 58 G Geere 19.20; 111 P Saxon 24.10; M50(13.11) 4 B O'Gorman 13.30; 20 R Turney 14.40; 66 C Poole 16.10; 166 L Dalmon 18.00; 43-49(12.49) 9 B Mellish 13.25; 11 M Cronin 13.40; 348 D Larcombe 17.38; 376 R Gibson 17.55; 39-42(12.44) 256 Dv Smith 17.58; Teams BGs 19/809.



Hugh Morton: winner of the Bromley Vets 5ml XC
Photo by Pat Calnan

#### **BROMLEY VETS XC. 5ml**

Beckenham Place Park

12th October 1991

It was Cross Country running at its best: a beautiful, varied course, mixing hills, woodland tracks and flat grass, with the sun warming up a bright autumnal day. There was one lap of the 2.5 mile, figure of eight course for the ladies, and a second lap for the men. Stuart Rackstraw of Forbanks was fancied by some, but he dropped out after the first lap, suffering from a respiratory infection. Hugh Morten dogged the footsteps of Geoff Harold for most of the way, then sped ahead on the final stretch to cross the line in 28.32, eleven seconds in front of Harold. Mike Cronin, another consistent performer was third by the same margin.

These two were well in front of clubmates Terry Brightwell and Dave White who were themselves split by Steve Freemantle, a pre-vet running for the Bromley Town Squash Club, to honour the memory of the man who first gave Bromley Vets the use of the club's facilities. Tony Weeks-Pearson, Blackheath's outgoing President, turned out for his last race as President, and it was his 60th birthday too. His finishing time of 35:10 was a superb achievement.

12th Oct. BROMLEY VETS' XC 5M @ BECKENHAM PLACE PK

29.58; 6 S Freemantle(035) 30.18; 7 D White 30.32; 8 S Cluney 31.41; 11 B Wilson 33.27; 15 J Hills 34.40; 16 A Weeks-Pearson 35.15; 17 J Cross 36.03; Team BH:

12th Oct. SCVAC XC LGE(1) @ WORMWOOD SCRUBS (4\(\frac{1}{2}\)M/23.51) 9 W Clapham 27.50; 19 C Woodcock 32.07 {Late st}; Teams: 1 Barnet 'A' 47pts; 2 Medw 'A' 45; 6 BH 12;

26th Oct. VETS.A.C XC 5M @ WIMBLEDON CMN (26.19) 8 M Cronin 27.33; 19 C Woodcock 28.51; 36 W Clapham 31.01; 41 J Hills 32.11; 44 J Cross 32.42

2nd Nov 91. VETS MOBMATCH @ COULSDON (7½M/46.42) 2 P Hamilton 46.55 (V40 H'cap pos'n 2); 3 R Coe 47.39 (7); 6 M Cronin 48.51 (1); 12 G Spencer 50.00 (18); 13 J Phelan 50.15 (=13); 17 T Brightwell 51.22 (19); 25 C Woodcock 53.44 (11); 30 B Swift 54.03 (20); 32 P Shepheard 54.18 (17); 41 W Clapham 55.44 (V50 H'cap pos'n 502); 43 M Crickett 56.30 (32); 49 J Taylor 58.06 (29); 52 R Chambers 58.42 (5011); 54 B Saxton 59.21 (5016; 55 J Hills 59.38 (5013); 58 J Cross 60.53 (5022); 59 C Hall 61.01 (37); 60 A Weeks-Pearson 61.04 (5012); 65 R Varcoe 64.47 (5026); 68 B Todd 66.26 (5021); 70 P King 68.55 (41); 71 D Larcombe 69.25 (42); W Buttinger 69.29 (43); 75 D Wilcox 71.45 (5031); 79 D Tingey 80.00 (5032); 80 J Bennett 80.28 (late start) (5028); 80 Fin.

Teams (Scoring 12 ) 1 SLH 176; 2 BH 272; 3 Ranelagh 409; 4 Orion 481;

24th Nov. SCVAC XC LGE (2) @ CAPSTONE PK (5M/28.01) 16 W Clapham 34.01; 24 J Robinson 36.10; Teams 1 Medway 'A' 85; 3 Barnet 70; 9 BH 28;

1st Dec. SCVAC XC LGE (3) @ HADLEY WOOD (5M/29.23) 17 W Clapham 35.04; 22 J Robinson 36.52; 26 J Cross 40.00; Teams 1 Barn 'A' 74; 2 Medw 'A' 69; 9 BH 25;

7th Mar 92. SCVAC XC LGE (4) @ LLOYD PK (5M) (28.55) 2 G Spencer 29.03; 3 K Daniel 29.06; 19 B Swift 33.11; 29 W Clapham 34.51; Teams (Scoring 2V40s + V50) 1 SLH 102 pts; 2 BH 98; 3 Barnet 89; 4 Medway 80; Series Teams. Medw 279; Barnet 266; BH 163; Indiv. V40(103 pts) G Spencer 42; K Daniel 41; B Swift 25; J Robinson 18; C Woodcock 1; V50(77) J Cross 4; V60 1 W Clapham 57;

#### KENT VETERANS CC CHAMPS:

Margate

4th January 1992

Something of a surprise waited for those travelling to Margate for the Kent Veterans and Clubman's Championships. although the venue was listed and advertised as Hartsdown Park the races were actually held across the road from the rather flat Margate course and included an amount of plough which, on this drizzly day, became sticky. The races were somewhat short of the advertised 10,000m, many were grateful for that. The vets race gave Jon Wigley (Invicta) the opportunity to show that he has stayed ahead of natural decay to good effect as he went round the course in 30.17 to win by no less than 1.14 and lead Invicta to a comfortable team win. Our third placed team were led in by Ken Daniel, with a solid 7th place. Jim Phelan and Richard Coe (not as reported Cole in the weeklies) followed in 10th and 11th with Terry Brightwell in 18th completing the team. Further down the field Ian Wilson showed the gains from not working full-time as he made something of a return to form in 26th..



lan Wilson: purrued by John Turner in the County Championship
Photo by Bill Graham

Results: 1.J.Wigley (IEK) 30.17 7.K Daniel 32,40 10.J.Phelan 33.06 11.R.Coe 33,20 18.T.Brightwell 34.25 22.B.Mellish 34.50 26. I. Wilson 35.31 33.S.Ridgewell 36.19 55 S. Cluney 38.16 74.B. Clapham 40.04 (14th O-50) 98.P. Lovell 43.11 100.B.Graham 43,26 119 fin. Invicta EK19 2.Cambridge H.39 3. Blackheath H.46

17th Jan. MARYON WILSON SWIM @ BECKENHAM BATHS 66 2/3 yds. 1 T Brightwell 49.41 (H'cap postn 5); 2 C Brand 51.09 (3); 3 A Brent 69.50 (4); 4 P Saxon 69.78 (2); 5 W Clapham 70.29 (H'capr); 6 V Beardon 92.07 (1);

15th Feb 92. BH VETS' XC CHAMP, SELF-HANDICAP & INTER-CLUB @ HAYES, 10Km 1 L Riley (Kent AC non-vet) 36.23; 2 H Morten {Browning Tankard} 36.31; 3 D Fairbrass {Kt V} 36.48; 5 K Daniel 37.26; 6 J Phelan 38.34; 7 M Cronin 38.50; 8 G Spencer 39.42; 10 D White 40.01; 11 T Brightwell 40.07; 12 S Ridgewell 40.14; 19 P Shepheard 43.02; 23 M Peel 43.32; 24 B Wilson 43.33; 25 W Clapham 44.02; 27 J Taylor 44.44; 28 J Hills 45.05; 29 J Tateson 45.17; 30 J Copley 45.29; 34 J Robinson 45.56; 35 C Rowe 46.12; 36 C Haines 46.48; 37 R Chambers 46.53; 39 C Hall(snr) 47.34; 40 B Hartley 48.12; 41 A Weeks-Pearson 48.20; 42 J Cross 48.49; 44 J Raine 50.15; 46 B Todd 51.52; 52 J Braughton 54.06; 53 P King 54.33; 56 D Wilcox 56.05; 60 D Tingey 59.59; 61 J Bennett 61.16; Teams (Scoring 5 ) BHVets 28; Kent A.C Bank of Eng 55; Woodford Gr Vets 87; Self-Handicap M McDowell (VAC) 13"; J Hills (BH) 5"; J Cross {BH} 11"; 1st lady: M Farish 53.45;



Richard Coe: racing for National Indoor Silver Photo by Jim Phelan

#### NATIONAL VETS INDOOR CHAMPS

R.A.F. Cosford

21st March 1992

On a bleak Winters day, six Blackheath Vets travelled to R.A.F. Cosford and came away with a total haul of eight medals. Two Gold and six Silver.

First to score was Richard Coe in the V40 1500m. Running on the banked 200m track he quickly got himself into a good position and sat on the shoulder of the leader. The pace was phenominal as the file of runners sped round and round and up and down the switchback track. Ken Daniel was only seconds behind, but such was the quality of the field, he was already in 7th spot with little hope of improving his position.

With 200m to go Wetherburn, an ex international athlete, broke away from the field leaving Richard with the choice of attempting to follow and go for Gold or settle for Silver. He chose the latter and finished one and a half seconds down in 4.11.5. There was but a second gap between each of the next five finishers leaving Ken Daniel with an excellent time of 4.16.2 in only 7th place.

The 3000m also provided an exciting tussle, this time for second spot as No.1 ranked 3000m outdoor performer Peter Duhig ran away from the field with 10 laps to go, Jim Phelan then sat in on the shoulder of the second placed runner and with a lap to go took off to claim the Silver Medal in a personal best time of 9.13.0

In the 400m Peter Browne was given the fright of his life as Bob Minting, himself a former Kent 400m champion, lead all the way to the final bend only to miss the Gold by a whisker. Brown finished in 53.8 with Bob clocking 54.2 for the Silver.

Meanwhile, over in the field events Gordon Hickey was powering himself to a Gold Medal in the V.55 shot after managing to avoid disqualification by a whisker. Could it have been something he said? He also propelled himself to a height of 1.40 in the V.55 high jump for second spot but missed out on a medal as there were no further competitors.

Peter Hannell turned up later on, ( he had already completed a 10 mile race walk earlier in the day ) and took the Gold Medal in his V.45 category 3000m walk with a British age group best time of 14.29.9.

And so to the climax of the afternoon the V.40 3X300m relay with Minting, Daniel and Coe lining up for the 'heath. We looked like winners all the way with Bob powering into the lead with a 38.4 split, he handed over to Ken who increased it with a 40.2 time and just when it looked like Richard could coast home for the Gold, Shearer of Rugby set off on the fastest 300m imaginable (by a vet !) He ate up the ground between himself and Richard and just pipped him on the line.

This produced a world best time of 1.58.5 for Rugby with Blackheath second in 1.59.2 We later found out that Shearer had in fact recently beaten Peter Browne over 400m to gain the Vets World Championship at that distance.

It was a very pleasant drive back down the motorway with our haul of medals.



Ken Daniel, Bob Minting, Richard Coe take the Silver Photo by Jim Phelan

21st Mar. NATIONAL VETS' INDOOR @ COSFORD M40 200m {Ht} R Minting 25.1; 400m(53.8) 2 R Minting 54.2; 1500m(4:10.1) 2 R Coe 4:11.5; 7 K Daniel 4:16.2; 3000m(9:02.3) 2 J Phelan 9:13.0; 3 X 300m(1:58.5) {Wld best}; 2 BH 1:59.2 (R Minting 38.4; K Daniel 40.2; R Coe 40.0); M45 3000mWlk 1 P Hannell 14:29.9 {Br Rec}; M55 HJ(1.50) 2 G Hickey 1.40; SP 1 G Hickey 11.52;

#### OBITUARY G.H. WILKINSON

George Wilkinson joined the Club in October 1931. After a modest start - he was 19th in the Club 5 in 1932 and 16th in the Club 10 in 1933 - he came into prominence in the Kent Championship in 1934. The Club Coach, Olympic champion A.G. Hill, commenting on the performances of the Clubs team remarked "the best performance of all was a young Wilkinson who showed speed, stamina and grit; he deserves the congratulations of all in finishing third for the Club. Here we have a youngster who, if only he will train hard enough, will be a credit to the Club, ..."

This prediction was amply fulfilled in the remaining pre war years when he was regularly first or second man home for the Club in major fixtures and was Winter Captain in 1939. After service in the Royal Artillery during the war he resumed the winter captaincy in 1945 and was in the "Southern" teams in 1946 and 1947 which were placed fifth and fourth. In 1947 he succeeded Sydney Wooderson as Club President. It was fitting therefore that in that season the Club was third in the National its highest position to that date and not equalled until 1988.

His services to the Club went far beyond active athletics however. From 1921 -1961 his family firm printed the Gazette and he himself acted as editor or sub-editor for several years. In later years his appearances at Hayes were few but older members will long remember his lanky frame and genial manner and will mourn the passing of a great Blackheath Harrier.

PP Ken Johnson contributes a personal recollection which illustrates George's love for the Club and his rapport with and hospitality to its members:

In 1944 as a young sailor I was on shore leave in Gibraltar. With my mail I had received the Gazette which contained many references to a Captain G.H. Wilkinson who appeared to be in charge of defences on

the "Rock". I had never met him but having learnt from an enquiry at the Officers Mess that he was on the beach the other side of the Rock I decided to go and see what he was like. When I arrived at the beach the sentry pointed out to me a tall wiry figure in army uniform. I saluted and introduced myself. His reaction to the mention of Blackheath Harriers was instantaneous. No longer was the senior officer confronted by a humble Able Seaman but by someone who could bring news of friends at home. He asked me to accompany him back to his Mess and invited me to dinner when next I was on leave. Two days later I reported as arranged expecting to be taken to the only small restaurant in the main street which was still operating. Not a bit it, I was ushered into the Officers Mess where I was seated at a table with 2 Admirals, a Brigadier and a Colonel among other officers. George and I talked mainly about Blackheath and I was able to bring him up to date news of the Club as I had just arrived from England. We became very good friends and that most enjoyable evening was the first of many I was subsequently to have with George in the Club House after the war.

We also report with regret the deaths of two other senior members whose passing has not previously been recorded in the Gazette:

C.V. SPARROWE joined the Club on 8th March 1923. He competed in various events in Club evening meetings but particularly enjoyed his membership of the Club Cricket team which before the war had regular fixtures with the Private Banks at Catford and against West Wickham C.C. In later years, Bowls became his game.

R.E. CLISBY joined on 5th December 1938 and later became a life member as an opportunity to repay some of the hospitality he had received from various members and for many a good evening at the Club. He followed the achievements of old friends for many years and in a letter written only a year or two before he died in his late eighties he sent his best wishes for the Club's continued success.

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A group of relaxed Harriers prior to embarking on a 15 mile cross country run as a part of their training for this year's ADT London Marathon L to R: Brian O'Flynn, John MacKay, Nigel Webb, Darren Henry, Colin St. Aubyn, the late Ian Gold, Brian Hartley

Photo by Bill Graham