



BLACKHEATH & BROMLEY vs. JERSEY AC vs Guernsey

VENUE: Florence Boot Stadium, Jersey, Channel Islands

DATE: 10-12 April 2015

Itinerary:

- **Friday 17 April; flight to Jersey (EasyJet, Gatwick, times tbc)**
 - **Flight costs approx. £80.00**
- **Accommodation – Ambassadeur Hotel (overlooking track)**
<http://www.hotelambassadeur.co.uk/>
 - **Hotel costs £35.00 per night, bed & breakfast**
- **Saturday 11 April; match vs Jersey AC vs Guernsey AC, Florence Boot Stadium, Jersey**
- **Saturday evening: Dinner in function room, Ambassadeur Hotel – £22.50, set menu**
 - **Sunday 12 April - return to Gatwick, time tbc**

Contact – Paul Byfield (byfieldpaul@gmail.com)

to confirm participation and pay deposit (£50)

See next page for match timetable

**Timetable: Jersey AC vs Guernsey AC vs Blackheath & Bromley Harriers AC,
10-12 April 2015
Florence Boot Stadium, Jersey**

Track (see notes below)			Field (see notes below)		
Time	Event	Men / Women	Time	Event	Men / Women
13:00	400mH	Women Men	12:00	Hammer Hammer	Men Women
13:20	800m	Women Men		Pole Vault Pole Vault	Men Women
13:35	100m	Women Men	13:00	High Jump Javelin Triple Jump	Men Men Women
13:50	2000/3000mSC	Women Men	14:00	Shot Long Jump Javelin	Men Men Women
14:15	100mH/110mH	Women Men	15:00	Discus Long Jump Shot	Women Women Men
14:35	400m	Women Men	16:00	High Jump Triple Jump Discus	Women Men Men
14:50	1500m	Women			
15:10	400m	Men Women Men			
15:30	5000m	Women Men			
16:15	4X200m relay	Women Men			
16:45	Results confirmation				

Notes:

Timing – electronic timing will be provided

Non Scoring – where required, open races will take place immediately after scoring races