



## **Presidents News 10 Sept 2025**

### **Headlines**

- Records, Results and Park Run participation,
  - a. Club Records
  - b. YDL Finals
  - c. Big Half and GNR
  - d. Fixtures
  - e. AOB and Bonus Ball

### **Results**

*Please let me know of any results that need correcting or adding.*

*Please also share news & results with me that you wish publishes in the News.*

### **Records & Rankings**

This weeks records (as identified at time of issue of Newsletter):

- 3.55 PV Ella Brooker @ YDL LAG in Liverpool. Ella broke the record twice!

### **Results**

#### **YDL Finals – 6/7 September 2025**

Congratulations to the UAG team for their win, and the LAG team for their second place!

I also want to thank all the officials that gave up their time, especially on the Sunday where the conditions were so much poorer than Saturday. So, thank you to:

- **Sarah Regan , Ashley Pearson, Ashley BurrIDGE, Sarah Nancollas, Steve Hollingdale, Karen Cosby, Mark Desborough, Chris Ruby,.**

I also want to acknowledge the effort and focus provided by all the Team Managers, without whom there would be no team and no success.

#### **LAG, Saturday 6<sup>th</sup> September 2025**

Thanks to Jo Martin and the Team Managers for producing a fantastic report on the LAG final, where we were a very narrow 2<sup>nd</sup> in a very tight competition! You can find the report at the end of the newsletter.

*“To sum things up this was a weekend full of passion, teamwork, and outstanding performances. Every athlete gave their best, scoring crucial points and showing what BBHAC is all about.*

From record-breaking jumps to gutsy middle-distance runs, the whole squad should be proud of how they performed on the biggest stage. The energy and determination shone through in every event. It was also lovely to see all the athletes cheering each other on throughout the day, the team spirit was fantastic. We did sadly pick up a few injuries, but there was genuine concern and support from everyone, showing just how much this team cares for one another.

We are especially proud to finish 2nd overall in the country, missing out on 1st place by just 1.5 points, such fine margins.

A memorable trip to Liverpool, and the perfect way to round off the season. 🧡💛”



## Presidents News 10 Sept 2025

We had 4 of the top 10 scoring performances: **Piers Spencer- Simms** (100m), **Ella Brooker** (PV – and a YDL record of 1.55), **Alessia Scala** in the U15 High Jump and **Sebastian North** in the U15 javelin.

- In the age group tables, the U15 Boys were 1<sup>st</sup>, U13 boys 3<sup>rd</sup> and the U15 girls 1<sup>st</sup> and U13 girls 4<sup>th</sup>

### Final Table

Posn	Team Name	Points
1	Rugby & Northampton AC	623.0
2	Blackheath & Bromley H AC	621.5
3	Woodford Green AC with Essex Ladies	621.0
4	Liverpool Harriers & AC	530.5
5	City of York AC	476.0
6	Cheltenham & County Harriers	473.5
7	Edinburgh AC	424.5

### **UAG**

We were winners with 866 points, although the match was close for most of the afternoon.

### Final Table

Posn This Match	Team Name	This Match Points
1	Blackheath & Bromley H AC	866.0
2	Rugby & Northampton AC	807.5
3	Harrow & Dacorum @	582.5
4	City of York AC	570.5
5	North Wales @	533.0
6	Team Avon @	496.5

We had 3 in the top 10 scoring athletes:

- Jospeh Hill** for his win in the 3000m, **Divine Iheme** in the 200m and **Ben Ogrady** in the 1500 steeplechase.
- Other A race winners for the boys were **Jed Starvis** in the 300m (**Alex Middleton** won the B race), **Harry Fage** in the 2000m steeplechase double in the triple jump from **Oreanuoluwa Adepgga** and **Euan Lai** and the 4x400m relay.
- Aidan Williams** and **Alex DCruz** with a double win in the 400m hurdles. **Ben Ogrady** and **Oliver Ward** won the 1500m steeplechase and **Omari Anderson** and **Alex Giles** doubled in the High jump.
- More pole vault wins for **Charlie Platt** and **Rory Whitcomb**, double in shot for **Oliver Coulibaly** **Olu Lana** (they both were 2<sup>nd</sup> and 1<sup>st</sup> in the discus)
- With contributions from all the other team members the U20 finished 2<sup>nd</sup> and the U17 1<sup>st</sup>. Very well done!

### UAG Girls – report from Tim Soutar

Unfortunately, the weather that blessed Saturday's LAG Final was replaced by grey and, for most of the match, wet conditions, which made most field events a real challenge.

Our almost clean sweep in the women's pole vault (**Maddy Dodd**, 2nd U20, **Elsa Pawson** 1st U17A and **Luna Corry** 1st U17B) was therefore doubly impressive. There were nevertheless many other good results in the field –



## Presidents News 10 Sept 2025

- another near clean sweep in the hammer (**Captain, Sapphire Houston-Ball**, won the U20A, **Lacee Webb** the B and **Jackie Nzekwe** was 2nd in the U17);
- **Qi-Chi Ukpai** won the U20 LJ, while **Annabelle Waite** won the U17B LJ and was 2nd in TJ; **Emilia Adese** won the U17A shot (and was 3rd in the javelin) and **Ella Reece** the B (as well as the A discus); **Tallulah Ndikanwu** was 2nd in the U20 shot and 3rd in the javelin – and many more on the track:
- **Alyssa Firla and Gracelyn Kendeck** won both U20 400s, with Gracelyn also winning the A 400hurdles (with **Julia Newman** winning the B).
- In the U17s, we won all 4 sprints (**Ruby Rogers and Nevie Tamblyn** in the A 100 and 200 respectively with **Cheyenne Nketia** taking 1st in both B races), were 2nd and 1st in the 300s (**Sophie Tran and Alice Witherspoon**) and 1500s (**Aoife McDonagh and Naimah Mossi**), and 1st in the sprint hurdles (**Izzy Rae**).
- The highlights were, though, the U17 4x100 (Chizam Boniface, Cheyanne, Sophie and Nevie) and, perhaps best of all, the 4x300 (Beth Regan, Faith Sagoye, Alice and Sophie).

When it comes to contribution to the team performance, however, **Caitlin Hough** (1500 and 3000) and **Niamh Stanley** (1500sc and 3000) must be mentioned in despatches for their laps covered in a winning cause.

And, with the help of the boys, we won both mixed 4x400s.

Both the U20 & U17 women topped their table!

For much of the match it was a lot closer than the final scores suggest, with Rugby leading at one stage and trading blows throughout the day but dropping away at the end.

## SAL

An update from last week – the final table confirmed relegation was avoided by 2 league points! Thank you to Holly and her team for making this happen!

## 2025 League Tables

Division 1 - Final Table			
#	Club	Match points	League points
1	Thames Valley Harriers	1315.5	21
2	Windsor, Slough, Eton & Hounslow	1219	20
3	City of Norwich	1095	16
4	Wycombe and Chiltern	1044.5	15
5	Woking	1035	15
6	Harrow	986	15
7	Chelmsford	1055	14
8	Ipswich and Colchester & Tendring	1026.5	14
9	London Heathside	997	14
10	Brighton & Hove	993	13
11	Havering	950.5	11
12	Medway & Maidstone	913	11
13	Blackheath & Bromley	754	10
14	Epsom & Ewell	791	9
15	Basingstoke & Mid-Hants	889	8
16	Reading	828	8
17	Bracknell	797	7
18	Southampton	399	4



## Presidents News 10 Sept 2025

### Other Races

- Results are awaited from the Kent County Masters, U13 and Combined Events Championships 2025 held at Norman Park on Sunday

### Big Half, London Sunday 7<sup>th</sup> September

Member	Time	Comment
Rita Awatefe - Aydin	2.02.59	
Nigel Bewsher	1.46.40	Warm!
Jane Bradshaw	1.48.24	my legs just weren't having it today unfortunately.!
Matt Bullen	1.32.23	first half marathon @ v60
Andrea Clement	1.22.06	17th female 2nd age group
Steve Evenden	1.29.46	Sneaked a sub 1:30
Richard Hall	1.55.56	
Simon Harris	1.35.00	Those cobble stones
Damian Hayes	1.32.10	had to back off a little in the second half. Just a bit warm, but a lovely Sunday morning at the Greenwich Tavern 🍺
Seva Ivanov	1.44.13	I have not had a single long run since spring ☹️ it felt so great
Dan Kennedy	1.16.41	112th - it was hell
Nick Kibblewhite	1.31.19	training run for Berlin marathon. I now see the benefits of a negative split!
Paolo Lancini	1.26.18	Struggled with the heat
Alastair Love	1.21.34	I was on the struggle bus with a 1:21
Jason Meers	1.42.13	easy first third running with Lily and then steady clop after that.
Lisa Meers	2.18.57	apparently not running for the three months before wasn't the optimal training regime!
Trang Nguyen	1.33.30	Enjoyed being cheered out "Blackheath" without wearing the club vest - thought wow people know me! Then realised Damian and Simon were around me!
Jon Pairman	1.37.26	Good first 15k then wheels off
Steve Pairman	1.41.33	enjoyed first 10 miles then heat took its toll 🤯
Islay Pearson	1.59.27	first time and on short notice 🤔 not recommended !!
Colin Pearson	1.45.24	Colin ran 1.45 First time over half marathon
William Redman white	1.20.50	talking myself off a DNF ledge for 10km
Harry Schmidt	1.34.01	Very hot day
Paul Sharp	1.25.37	Didn't conquer it blowing up at 8 miles trying Roger pacemaker pace and then stopping and walking a bit but still 1:25:30 . Enjoyed beers 🍺 with the gang at Greenwich tavern and on Blackheath on way home
Katy Sugden	1.57.02	my first half marathon completed 🎉 Enjoyed the atmosphere and most of the running!

### Adrian Stott (baggage)

- Well done all running in the heat. Possibly a PB for the baggage crew 5h30.



## Presidents News 10 Sept 2025

### Great North Run

**Dylan Mitchard** - 73:35 at the Great North Run and 51st in the UK Half marathon championships - tough tough course with a headwind 12/13 miles

**George Collins** ran the Great North Run 2:06:51 - all part of his preparation for a marathon in October 😊

### Park Run 6 September 2025

Numbers slightly down this week, no doubt due to the busy weekend race wise.

59 ran in 25 events

Furthest from the clubhouse was Barry Wetherlit who ran at Hikarigaoka koen in Japan.

Podiums for 6 September

<b>Ollie Knowles</b>	1 <sup>st</sup> M	Bromley	15.33
<b>Philip Bunn</b>	2 <sup>nd</sup> M	Hoblingwell	19.50
<b>Trang Nguyen</b>	2 <sup>nd</sup> F	Leamington	21.15
<b>Jennie Butler</b>	1 <sup>st</sup> F	Lloyd	21.37
<b>Peter Brooks</b>	3 <sup>rd</sup> M	Orpington	18.30
<b>Akul Gurunathan</b>	3 <sup>rd</sup> M	Swanley	20.00
<b>Joseph Georgiadas</b>	3 <sup>rd</sup> M	Tamar Lakes	18.36

*\*numbers do include runners who have marked the club on their Park Run profile but mat not have paid subs for 2025*

Runners can be seen here - [parkrun | Consolidated club](#)

### EA YTP Selection

Many Congratulations to Joseph Hill, Joe Scanes, Ben O'Grady and Oliver Ward for being selected for the England Athletics YTP Youth Talent Programme.

*The YTP programme is the first step on the Talent pathway designed to meet the needs of identified, talented English athletes/para athletes aged between 16 and 18 years of age and their coaches.*

*The programme focuses on developing a dual career for the athlete/para athlete through fulfilling their potential within the sport and also in their education and employability*

Source – England Athletics - [Youth Talent Programme - England Athletics](#)



## Presidents News 10 Sept 2025

### Cross Country

It is time to think about Cross Country season! The fixtures are now on the website - [Fixtures – Blackheath & Bromley Harriers AC](#) (select “winter”). Team managers are emailing more details of the season, and a general email will be sent to all members in the coming days to ensure everyone who wants to compete can get their name listed with Team Managers.

**The cost for the season will be £40 and payment can be made through your joinin account. 101 members have done so already!**

If you only wish to run the Kent League, then the fee is just £10 – this option is now in the Club Shop on joinin. Other races can also be paid individually.

First Kent League fixture is on 11 September.

#### ● Meeting Details.

<u>Fixture</u>	<u>Date</u>	<u>Venue</u>	<u>Host Club</u>
1	Sat. 11 Oct. 2025	Footscray Meadows, Sidcup	Cambridge Harriers
2	Sat. 18 Oct. 2025	Somerhill School, Tonbridge	Tonbridge AC
3	Sat. 15 Nov. 2025	Danson Park, Bexleyheath	Bexley AC
4	Sat. 6 Dec. 2025	Swanley Park, Swanley	Dartford Harriers AC
5	Sat. 13 Dec. 2025	Norman Park, Bromley	Blackheath & Bromley Harriers AC

#### ● Race Details and start times.

<u>Age Group</u>	<u>Fixture 1</u>	<u>Fixture 2</u>	<u>Fixture 3</u>	<u>Fixture 4</u>	<u>Fixture 5</u>	<u>Dist.</u>
U13 Girls	1200	1200	1200	1200	<b>No Race</b>	3000m
U13 Boys	1220	1220	1220	1220	<b>No Race</b>	3000m
U15 Girls	1240	1240	1240	1240	<b>No Race</b>	4000m
U15 Boys	1300	1300	1300	1300	<b>No Race</b>	4000m
U17 Women	1320	1320	1320	1320	<b>No Race</b>	5000m
U20 Women	1320	1320	1320	1320	<b>No Race</b>	5000m
Women Veteran 65+	1320	1320	1320	1320	<b>No Race</b>	5000m
Men Veteran 70+	1320	1320	1320	1320	<b>No Race</b>	5000m
U17 & 20 Men	1350	1350	1350	1350	<b>No Race</b>	5000m
Sen. & Vet. Women	1410	1410	<b>No Race</b>	1410	1200	8000m
Sen. & Vet. Men	1500	1500	1410	<b>No Race</b>	1300	8000m

Registration has to be completed by 25 September so please ensure your Team Manager knows you

Other forthcoming Fixtures this weekend

- World Athletics Championships
- KCAA Combined Events Championships & Open, Medway Park Gillingham, [13 & 14 September 2025](#)
- SEAA - South of England U20/Senior Inter Counties Championships 2025 (members representing Kent)





## Presidents News 10 Sept 2025

### Zuiderpark parkrun Trip – February 2026

As many members will know, the parkrun alphabet challenge is a popular goal, and the elusive “Z” is one of the trickiest letters to tick off. To help members complete their alphabet (or simply enjoy a weekend away running an overseas parkrun), BBHAC is organising a trip to Zuiderpark parkrun in the Netherlands.

Dates: 6–7 February 2026

Provisional cost: £200 per person

The package includes:

- Return coach travel from Norman Park
- Ferry crossing
- One night’s hotel accommodation near the parkrun (twin/double room, breakfast included)

The trip is open to BBHAC members as well as friends and family.

If you wish to participate, please complete the form below for each person wishing to join:

<https://forms.gle/SH6PdyWZbRuEhF4f7>

It promises to be a memorable weekend — whether you’re chasing your “Z” or just looking for a fun overseas running experience with fellow members.

### Social Events

Two dates for forthcoming social events, If they’d like a table reservation please email Alice on [bbharriersac.volunteers@gmail.com](mailto:bbharriersac.volunteers@gmail.com):

1. Quiz Night on Saturday 13<sup>th</sup> September
2. Bingo on 26<sup>th</sup> September



There’s also an **academy competition** on Sunday 28th between 12.30 -2.30pm if anyone is available to help or wants to have a go at officiating message myself or John Hubbard, we’d be delighted to see them.

**Bonus Ball** winner from last week – Bernie Bater!

Steve Pairman,  
President BBHAC





## **Presidents News 10 Sept 2025**

### **\*YDL LAG National Finals Write Up– Liverpool - Saturday 6th September from Jo Martin**

#### **What a weekend!**

The journey up on Friday was full of excitement, with the team buzzing for the big day ahead. We shared a brilliant team dinner, followed by an inspirational talk from Paul Austridge. The evening finished with the team managers proudly announcing this year's U15 team captains Jericho and Kara both thoroughly deserved.

A special mention also to Ken and Richard too who cleared the shelves at Morrison's on Saturday morning to keep the squad well fed throughout the day!

#### **U13 Boys – Track**

- The day began with some thrilling sprint hurdles. Freddie, in the A string, fought hard in a very quick race, while Emery showed real determination in the B string to secure valuable points for the team.
- In the 75m, Oscar lined up in the A string, running a new PB of 9.95s in a quality race narrowly missing out on a bronze by 1/1000th of a second in a photo finish, whilst Rohan stormed through the B string with another PB of 9.72s – an excellent, strong performance.
- In the 150m sprints, Jonathan ran a gutsy race in what was a very fast A string race and Calum looked fantastic in the B string, keeping his focus to storm home for bronze. Emery showed real heart in the 800m, despite carrying a bad heel, and dug deep to win gold. Anthony followed with one of the most exciting 800m races of the day, saving his energy for the final 200m to surge past Woodford Green and take gold in style.
- The 1200m boys continued the winning streak. Harry in the A string led from the gun and never looked back, pacing perfectly to take gold, while Zach matched him in the B string, dominating from the front to win gold as well.

#### **U13 Boys – Field**

- Freddie cleared 1.40m in the A string high jump to place 4th, while Zach was delighted with a new PB of 1.30m in the B string. Oscar produced a strong series in the shot put, earning himself a bronze medal. Ethan and Alex worked hard in a tough javelin competition, bringing home more valuable points. Anthony and Freddie also competed in the long jump, Freddie almost matching his seasons PB and with Anthony showing great form despite his earlier 800m heroics. Daniel competed in the A string and Oscar in the B for the shot put. It was a tough contest for Daniel, but he battled well to secure valuable points, while Oscar put in a strong performance with his throws.

#### **U13 Girls – Track**

- Pearl stormed to 3rd place in the hurdles A string, a fantastic effort as she continues to recover from injury. Faye looked confident in the B string hurdles, running brilliantly to take 1st place with a new PB.
- Etse impressed in the 150m, looking sharp from start to finish to grab bronze, while Faye returned in the B string with another excellent run, just piped on the line to claim silver.
- Lucy was sensational in the 800m A string, pacing it perfectly and kicking strongly down the home straight to win gold. Elsa was equally impressive in the B string, running a mature race to secure silver.





## **Presidents News 10 Sept 2025**

- Arianne and Holly took on the competitive 1200m race, it was a tough but they held their own to the finish line.
- Etse and Faye in the 100m had strong races, performing well with great form, Faye taking the win in the B string and taking home that all important gold medal.

### **U13 Girls – Field**

- Pearl in the A string and Jasmine in B both competed well in the high jump, holding their own against a strong field. A busy day for Pearl who then went on to long jump along with Olivia both gaining those all important points for the team. Jasmine and Isabelle got valuable points in both Javelin and Shot Put, Isabelle placing 3rd in the B string Javelin with a great PB of 13.59, taking home a bronze medal.

### **U15 Boys Track**

- Jake looked superb in the hurdles A string, taking silver with a fantastic run out of the blocks. Jack unfortunately cramped just before his race but still fought hard against a strong field and gained a superb confident win taking home the gold. Unfortunately, though for Jack, he did sustain an injury and had to pull out of the rest of his events which was extremely gutting for him, but he stuck around and supported the rest of the team in BBHAC style.
- In the 100m, Piers was on fire, storming to gold in 11.07s with great form and control. Jake followed up in the B string with another strong race. Double gold for Piers! He returned in the 200m, once again showing his class to dominate the A string and take gold, with Jericho backing him up in the B string for another gold, both races so exciting to watch.
- Jericho was equally impressive in the 300m A string, running a brilliant 37s to take gold, with Matthew storming home in 39.27s to win the B string comfortably and impressively.
- In the 1500m, it was great to see Zacchaeus back and looking on form in what was a quick A string race finishing 4th, with James in B string running with great composure and pacing to secure silver.

### **U15 Boys – Field**

- The discus produced one of the moments of the day, with Evan smashing his PB by 4 metres to win gold in the A string. Aathi matched him in the B string with another gold – a superb double victory.
- In the javelin, Seb launched 49m for silver in the A string, a throw that moves him into the UK top 10 rankings. Aathi also threw well for silver in the B string – another double medal performance.
- The shot put was equally impressive, with Evan throwing 11.99m for his second gold of the day a new PB whilst Oliver produced 10.69m for silver, battling through a migraine to perform brilliantly.
- In the long jump, Zach recorded a superb new PB of 5.12m in the B string, while Aathi leapt 5.10m in the A string.
- The high jump saw Seb dash between events, clearing 1.60m for silver. Jericho also stepped in for Jack, jumping 1.55m before running across to compete in the 300m, a fantastic effort from all.
- Luca initially competed in the B string Pole Vault, but when Jack Ruby had to step down, he confidently stepped up to the A string. He wasn't phased by the change and went on to secure an impressive bronze medal. He was very close to silver, equalling the winning height,



## **Presidents News 10 Sept 2025**

but Woodford Green cleared it on their first attempt, while Luca managed it on his second. He's definitely one to watch next season.

### **U15 Girls – Track**

- Matilda had an outstanding day, first powering to bronze in the hurdles A string, before heading straight to the long jump and taking gold with a stunning PB of 5.35m, an incredible jump, Amelie in the B string gaining a great 5th place. Freya backed her up with a strong run, looking comfortable in her stride in the B string hurdles, earning silver.
- Kara produced a brilliant 300m in the A string, battling hard to take silver, while Aoife also ran strongly in the B string for silver.
- Kara was excellent in the 800m A string, pacing her race beautifully to claim silver, whilst Alba stormed away from Liverpool in the final 200m of the B string to win gold in superb style.
- Noelle in A string 200m, had a tough race but she positioned well coming an impressive 5th, with Omasan taking on the B string, looking comfortable and on form to come 2nd.
- India produced a rapid run in the A string 100m, holding her own against fierce competition, while Noelle who stood in at the last minute to cover the B string brought home silver in a superb race.
- In the 1500m Harriet had a fantastic race, taking the lead from almost the start, pacing so well to bring home gold, Evie followed closely behind in yet another superb race to come 3rd place and taking bronze. .

### **U15 Girls - Field**

- Alessia competed well in the shot put, throwing 5m a new PB against strong opposition with Kaweng in A string coming 4th and gaining those all-important points. Kaweng then represented BBHAC in the discuss coming 3rd in the A string taking home the bronze and Isla in the B string with a fantastic performance winning gold. In the high jump, both Leela and Alessia had outstanding performances, Leela getting a new PB of 1.45m winning the B string, and Alessia soaring to gold with an outstanding 1.70m clearance that had the crowd behind her.
- Ella delivered one of the most memorable moments of the weekend in the pole vault, clearing a record-breaking 3.55m. The whole stadium was on their feet cheering her on – an incredible, emotional achievement.
- Dulcie and Isla had brilliant performances in the Hammer, both with fantastic technique, they brought home Bronze (Dulcie) and Silver (Isla) medals.

### **Relays**

- The relays rounded off the day in style. The U13 boys, Rohan, Oscar, Calum and Jonathan were slick in the 4x100m, executing superb changeovers to storm to gold, fantastic to see and so happy for them. The 4x100m Girls relay were brilliant, great handovers and confidently taking silver.
- The U15 girls' 4x100m battled hard, showing great teamwork to finish 3rd and take bronze. The U15 boys ran strongly in their 4x100m, with Zach stepping in for Jack on the day, they finished 4th but unfortunately were sadly disqualified.
- In the 4x300m, the U15 girls ran bravely in a tough race, they worked hard and looked on from throughout to claim a fantastic bronze, while the U15 boys – Aathi, Jack, Johnny and



**Presidents News 10 Sept 2025**

Jericho – delivered a flawless race to storm to gold, rounding off the track programme in style.

To sum things up this was a weekend full of passion, teamwork, and outstanding performances. Every athlete gave their best, scoring crucial points and showing what BBHAC is all about.

From record-breaking jumps to gutsy middle-distance runs, the whole squad should be proud of how they performed on the biggest stage. The energy and determination shone through in every event. It was also lovely to see all the athletes cheering each other on throughout the day, the team spirit was fantastic. We did sadly pick up a few injuries, but there was genuine concern and support from everyone, showing just how much this team cares for one another.

We are especially proud to finish 2nd overall in the country, missing out on 1st place by just 1.5 points, such fine margins.

A memorable trip to Liverpool, and the perfect way to round off the season. 🟡🖤

I hope I've managed to capture all the events from what was an incredibly busy day. I've done my best, but apologies if I've missed anyone out, every performance was hugely valued and contributed to such a brilliant team effort.

Jo xx



**Presidents News 10 Sept 2025**

A sample from the numerous photos taken at the YDL finals

Plenty more on the clubs Instagram site - @bbharriersac

Official photos were taken by Pat Scaasi – *website is down as at time of issue of newsletter*

