



## **Headlines**

1. Results and Park Run participation ,
2. Forthcoming fixtures
3. Calls for volunteers ([see below](#))
4. "And Finally...." (a short extract sample, from John Turners book "The Badge We All Hold Dear")

## **Results**

### Tonbridge Open Meeting -Monday 21 April

#### Highlights included:

- Joseph Hill won his 3000m in 8.49.85
- Dillon Claydon won the discuss with a throw of 50.67
- **George DeBruyn** won U13B 1500m in 5.08.01 PB!
- Alex Smith was 3<sup>rd</sup> in 1500m in 4.46.39
- **Johnny Lee** was 2nd in his heat with 4.37.60 - a PB!
- **Alex Smith** U15B was 3<sup>rd</sup> in his heat with 4.46.39 – a PB!
- Dulce Simpson was 2<sup>nd</sup> in the hammer with a throw of 28.36
- Rory Witcombe was 2nd in the hammer with a throw of 41.71
- **Emery Aldridge** scored a PB in the 150m with 21.98 and another in the 600m with 1.38.15!
- **Jamie Ellerton** won his 150m heat with a 18.14 PB!
- Melody Lindsay was 2<sup>nd</sup> in her 600m heat with 1.53.77
- **Eva John** was 2<sup>nd</sup> in her 600m heat with a 1.47.17 PB

### Walking Event – 3000m

- Jonny Ellerton 2nd in at PB of 15m 23.40
- Florence Watson in a PB of 16m 57.90 first time under 17 minutes.
- Mathew Ellerton 11th in 18m 50.90

Results can be found [here](#)

### Club Records

U17M 1500 S/CH (2'9") 4.33.02 Oliver Ward 19/4/25 at the Yeovil Spring Open meeting.  
Congratulations Oliver!



### **Boston Marathon (USA)**

We had two runners taking part in this iconic event, one of the Abbotts Majors Six Star

1. Nick Kibblewhite – 3.06.26
2. Steve Evenden – 3.13.50



### **Park Run**

A healthy 76 runners\* ran Park Runs on Saturday 5th April 2025 at 35 different locations.

This weeks UK furthest from the clubhouse was Richard Webb at Crinan Canal in Scotland but overall our 2 Boston participants win with their runs at Jamaica Pond in Boston

#### Podiums for April 5th

Jennie Butler	1 <sup>st</sup> F	Bethlem	20.26
Katie Sugden	3 <sup>rd</sup> F	Brentwood	24.02
Alba Homans -Yau	3 <sup>rd</sup> F	Bromley	20.08
Oliver Treasure	2 <sup>nd</sup> M	Hoblingwell	19.51
Gracie Horton	2 <sup>nd</sup> F	Lullingstone	23.13
Trang Nguyen	2 <sup>nd</sup> F	Newborough	21.14
Joseph Georgiadas	1 <sup>st</sup> M	North Yorkshire	17.25
Aibhe Barnes	1 <sup>st</sup> F	Portrush	19.17
Jake Leng	1 <sup>st</sup> M	Squerryes Winery	17.38
Eloise O'Shaughnessy	2 <sup>nd</sup> F	Tooting Common	21.01

*\*numbers do include runners who have marked the club on their Park Run profile but mat not have paid subs for 2025*

Runners can be seen here - [parkrun | Consolidated club](#)

### **Forthcoming fixtures and news**

It is the real start of the track season at the weekend with 2 key fixtures for our teams!

- Sat 26 April Kent Young Athletes League Ashford
- Sun 27 April UKYDL U17/U20 Norman Park

Good luck to all! I look forward to seeing the results!



**Weekly News 23 April 2025**

### London Marathon

The club has 23 runners taking part in the London Marathon on Sunday. Good luck to all! Weather forecast at the time of writing in a tad warm – but ideal for spectators!

We also have a number of members taking part in the mini marathon on Saturday – we hope they all enjoy the day. We've got 36 runners representing Bromley schools, consisting of 6 teams of 6:

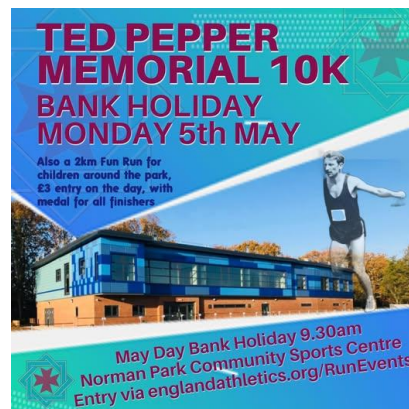
- U13 Boys & Girls
- U15 Boys & Girls
- U17 Boys & Girls

Keep your eyes on Joe Scanes who won the U15 B race last year - although now a first year U17. In addition watch out for Luciana Smith and Joseph Hill who both finished top 10 but also move into under 17s this year.

### Ted Pepper – Run or Volunteer!

The annual Ted Pepper 10k is due to be held on Monday May 5<sup>th</sup>. We have over 200 entries so far, and encourage members to either:

- Enter online asap or,
- Marshal. Please contact Steve Pairman ([stevepairman13@gmail.com](mailto:stevepairman13@gmail.com) if you can help)



### Open Day – Monday May 5<sup>th</sup>

After the Ted Pepper, the club is hosting another Open Day. If you are able to help out at the event, please contact John Hubbard.

### Parris Handicap

Entries are open for the summer series - enter via your joinin account& the Blackheath & Bromley Harriers AC shop.

!!! We do need a few more helpers for this series – please contact Iain Swatton if you can help –

[iain.swatton@btinternet.com](mailto:iain.swatton@btinternet.com)





**Weekly News 23 April 2025**

I would also like to remind you that the club are always seeking volunteers to help run our fantastic club. You can see current vacancies here - <https://bbharriersac.org.uk/volunteer-vacancies/> , or let Alice Platt know you would like to help with something else!

SVAC League fixtures have been published – and are attached:



SVAC League 2025  
Timetables.pdf

**England Athletics** fees for 2025/6 were due on 1 April – please make sure that is you compete for the Club you have paid the £20 EA fee – through the Shop on your join in ac

**Forthcoming Social Events**

- Bingo @ Trackside – 25<sup>th</sup> April
- Marathon Supper – 30<sup>th</sup> April – please let Steve Evenden know if you are coming along, or Ashley Pearson for the mini marathon celebrations

**And Finally....**

Today's is from 6 Feb 1909 (please note this was a Saturday night)

.....At the HQ in the evening an extra powerful rendering of the club cry completely shattered a gas globe!!



**300 Club**

Tony Pontifax held the monthly 300 draw. Winners were

- £150 was won by Tim Ayres,
- £100 by Bill Foster and
- £50 by Pippa Watling.

There is still a number of places to be filled, so please support the young athletes by subscribing to a number. It is 92p a week or £48 per year. Apply to Tony Pontifex on [apontifex@hotmail.com](mailto:apontifex@hotmail.com)

*Steve Pairman*

President

23 April 2025