



## Presidents News 25 June 2025

### Headlines

1. Results and Park Run participation,
  - a. Club Records
  - b. SAL
  - c. London Youth Games
  - d. Other Races
  - e. Park Run
2. Fixtures, including Johnson Bowl
3. AOB



### Results

*Please let me know of any results that need correcting or adding.*

### Sam Reardon ran in Ostrava with a season's best of 44.99!

Sam ran a seasons best, and his second fastest competitive 400m at the in Ostrava on Tuesday. Finishing in second place Sam recorded an impressive 44.99!

You can watch the race [here](#) (World Athletics website) – Sams race is at 13.45 mins.

### New Club Records!!

M65. 100 13.33, from new member Kevin Ansell! Kevin ran the time at the Club Open Day on 16 June.

### SAL

#### Southern Athletics League: Division 1 - Round 2 - Eton - 22 June :

	Team	Score
1	Thames Valley Harriers	332
2	Windsor, Slough, Eton & Hounslow	307
3	City of Norwich	237
4	Blackheath & Bromley	197
5	Havering	193
6	Southampton	97

A report of the event will be published on the website but a few highlights that caught my eye:

- **Tom Sugden** won the 800m in 1.58.06
- **Roger Platt** won the B string Pole Vault with a jump of 3.35m
- **Cleo Agyepong** won the women's shot putt with a throw of 15.73m

And again, I would like to call out Ian Firla – multi event or what! 6 events – thanks you Ian – and his daughter Alyssa also contributed with 2 events!

Results are attached – updated league positions after 2 events are still awaited.



SALresultsfile D1R2  
Eton June2025 v2.pc



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### Inter Counties Cunliffe Cup @ Crawley

Two winners,

- **Ella Brooker** with 3.20 and
- **Elsa Pawson** with a huge pb of 3.65

**Charlie Platt** clinched 2nd place using a track pole, but he has national standard so all three are expected to be selected for the Kent Schools Team, plus **Madeline Dodd** for Surrey

### London Youth Games

Congratulations to our medallist's from yesterday's London Youth Game at the Hillingdon sports centre:

**Emery Aldridge** -1500m Gold and pb of 4.35

**Harriet Hughes** -1500m silver and pb of 4.54

**Dexter Mein** - 800m Gold and pb of 2.15

Our sprinters: Nico, Calum, Maya and Lauren, all made the A or B finals and we had PBs from our shot putters Faye and Luke, plus long jump PBs from Olivia and Emery.

Unfortunately, no team medals this year, but great performances from a young squad on another really hot day



### Academy Day

Thanks to all those that stepped up and helped. We couldn't do it without you. The academy kids gave it their all with a good few pb's despite the hot weather.

### Park Run 14 June 2025

Saturday saw 54\* members run at 25 different events.

Furthest from the clubhouse was Roger Beswick at Minehead

#### Podiums for 31<sup>st</sup> May

<b>Jennie Butler</b>	1 <sup>st</sup> F	Bethlem	20.57
Katie Sugden	2 <sup>nd</sup> F	Bethlem	23.58
Trang Ngyuen	1 <sup>st</sup> F	Bromley	19.52
Ellie Knowles	2 <sup>nd</sup> M	Hoblingwell	18.53
Carys Firth	2 <sup>nd</sup> F	Orpington	22.23
<b>Eloise O'Shaughnessy</b>	2 <sup>nd</sup> F	Tooting	20.38

*\*numbers do include runners who have marked the club on their Park Run profile but mat not have paid subs for 2025*

Runners can be seen here - [parkrun | Consolidated club](#)



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**Parris Handicap Summer Series**

The 3<sup>rd</sup> race in the series was held on 25 June. A report will be published on the website.

Thank you to all who ran or marshalled! Final race is on Tuesday 15 July.

**Other News**

**English Schools Qualification – a large number of our athletes made the Kent team – out of 70 selected so a great ratio!**

- |                              |             |
|------------------------------|-------------|
| 1. <b>Alessia Scala</b> -    | high jump   |
| 2. <b>Daisy Snell</b> -      | long jump   |
| 3. <b>Ella Brooker</b> -     | pole vault  |
| 4. <b>Elsa Pawson</b> -      | pole vault  |
| 5. <b>Charlie Platt</b> -    | pole vault  |
| 6. <b>Maddie Dodd</b>        | Pole vault  |
| 7. <b>Qi Chi Ukpai</b> -     | triple jump |
| 8. <b>Jo Scanes</b>          | 3000m       |
| 9. <b>Joseph Hill</b>        | 3000m       |
| 10. <b>Jed Starvis</b>       | 1500m       |
| 11. <b>Oliver Ward</b> -     | 1500m SC    |
| 12. <b>Ben O'Grady</b>       | 1500m s/c   |
| 13. <b>Rayhan Mourtada</b>   | 400m H      |
| 14. <b>Cheyenne Nketia</b>   | 100m        |
| 15. <b>Max Clark</b>         | 100m        |
| 16. <b>Gracelyn Kendrick</b> | 400m h      |
| 17. <b>Jericho Senior</b> -  | 300m        |
| 18. <b>Troy Ogedengbe</b> –  | 200m        |

**Representing London**

- |                            |       |
|----------------------------|-------|
| 1. <b>Alexander D'Cruz</b> | 400mH |
| 2. <b>Oliver Driscoll</b>  | 200m  |
| 3. <b>Emilia Adese</b>     | Shot  |

**Representing Surry**

- |                               |         |
|-------------------------------|---------|
| 1. <b>Matilda Murray</b> -    | hurdles |
| 2. <b>Florence Holman</b>     | Javelin |
| 3. <b>Piers Spencer-Simms</b> | 100m    |

**Plus representing Cornwall**

- **Nevie Tamblyn** 200m

In addition, a number of club members are on the reserve lists, including Sophie Tran, Omari Anderson, Kaya Bryan, Micah Salmon, Zuriel Nwogwugwo, Kian Farrell, Rory Whitcombe, Aatinarth Gananathan and Chizam Boniface.



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### Fixtures & Volunteering /

- Kent Masters , again at Dartford
- SEAA U20/ Senior Champs
- The Lower Age Group YDL on the 29th June at Norman Park
- Good luck to those running the North Downs 30k!
- Johnson Bowl 2<sup>nd</sup> July - 4 miles – who can walk 4 miles in an hour?
- South East Regionals Combined Events Championships this weekend at Carshalton
  - Alex Giles representing Surrey in the U17 Octathlon and Jack Ruby representing Kent in the U15 boys Pentathlon



### Special Call for help

We really need people to help at the

1. **YDL LAG** at Norman Park on Sunday 29<sup>th</sup> June.
2. **NAL match on 19th of July.** As many of our officials who aren't already signed up elsewhere and an army of reserve volunteers to help with little things like: taking results from track/field to the recorders hut, an announcer, hurdle movers, rakers, car park marshals etc.

Bring family to spectate and help out for an hour or two. It will really make a huge difference and be a great day out! Contact Alice Platt at [bbharriersac.volunteers@gmail.com](mailto:bbharriersac.volunteers@gmail.com) if you can help!

### Social News

Next Bingo event is on 27<sup>th</sup> June ! Please do come along! Tickets from [bbharriersac.volunteers@gmail.com](mailto:bbharriersac.volunteers@gmail.com)

### 300 Club Draw

Tony Pontifax conducted the latest 300 club draw. Winners were

- £400 Martin Longstaff
- £200 Nic Corry
- £100 Peter Elliot
- £50 Bob Cliff
- £50 Nick Swatton



The 300 club raises a lot of money for the club, used for many of the athletes' trips to finals etc. So , please consider taking a number if you don't have one at present. Contact Tony on [apontifex@hotmail.com](mailto:apontifex@hotmail.com) for details.

Steve Pairman,  
President BBHAC

