



Presidents News 29 October 2025

Headlines

- Records, Results and Park Run participation,
 - Club Records
 - Key Notes
 - Results
 - Fixtures
 - Bonus Ball & AOB

Results

Please let me know of any results that need correcting or adding.

Please also share news & results with me that you wish publishes in the News.

Records - TBC

Notes

- Thank you to Past President, David Appleton, for hosting the News on Wednesday evening at the Clubhouse.
- **Annual Dinner** – another reminder of the Clubs Annual dinner will be held on **November 21st** at the clubhouse. Around 20 places remain available. Please do consider coming along to this enjoyable occasion. Let Steve know if you want a place reserved. As a reminder the special guest is Tim Hutchings, the British middle- and long-distance runner best known for his performances during the 1980s. He represented Great Britain and England at multiple major international competitions, including the Olympics and World Championships. Notably, he won bronze medals in the 5000 meters at the 1986 European Championships and Commonwealth Games, to add to silvers at the 1984 and 1989 World Cross Country Championships. Please contact me if you would like to reserve a place.
- **Annual Athletics address – November 7th**
 - A reminder and encouragement to attend this interesting event discussing the future of our wonderful sport
- **Astronomy at the Clubhouse!**
 - Friday afternoon, 24th October, saw a good turnout at the clubhouse for a presentation from local astronomer, Hugh Alford.

England Athletics YTP Programme

As a follow on to the announcements in previous President's News we have 5 middle distance athletes: Ben O'grady, Oliver Ward, Joe Scanes, Joseph Hill and Niamh Stanley from Mike Reeves's group Qualify for the England Athletics YTP programme. It is worth highlighting this again to show just what an achievement this is - only 60 middle distance athletes accepted across all of middle distance and including para athletes. Fully funded 2 yr course that also delivers a diploma in sporting excellence worth 63 UCAS points at the end.

Athletes have to be in top 5 in the country to apply. Well done to all 5!

**ANNUAL
ATHLETICS
Address**

**FRIDAY
NOV 7th
AT 6 PM**

Athletic Clubs: Future challenges
and how we might address them

PANELLISTS:
**SHAUNAGH BROWN, ADAM GEMILI,
MELANIE ANNING, MIKE WINCH &
TONY SHIRET**

HOSTED BY
BLACKHEATH & BROMLEY HARRIERS
Come, learn about and debate some of the key
issues affecting our Club and Athletics in
general with our panel of expert panelists.
For further information and to register your
interest please use QR code or email
iankyoung1464@gmail.com

Free Parking
Norman Park Community Sports Centre, Norman Park, Hayes Lane, Bromley, BR2 9EG

**Presidents News 29 October 2025****Abbots 6 Star Marathon - [Abbott World Marathon Majors](#)**

Three members (Steve Evenden, Matt Bullen and myself) are running the New York marathon this Sunday to complete their Abbots 6 star series (London, Berlin, Tokyo, Boston, Chicago and New York) and join a few other members who have already done so. I will be writing an short article on the Abbots (pros and cons) after the run, so welcome any other members contributions! Please contact me if you have run all 6 (or 7 as Sydney is now included), or would just like to contribute!

Results**Club 5 Saturday 25 October**

Thanks to Dave Beadle and fellow marshalls and volunteers for arranging the Club 5. Reports are on the website - [Results Club 5m XC Champs – Blackheath & Bromley Harriers AC](#)

Out of 25 starters, there were 21 finishers as a handful of the younger starters only ever intended to do around half the distance, having ran parkruns (quickly!) in the morning. Great to have them involved though, and see the club spirit is strong among the junior contingent.

Jennie Butler is the ladies Club 5 mile champ while **Micah Evans** added the 5 mile to his collection of victories across various distances over recent years. Aiofe and Johnny won the Junior events. Jennie first won the women's event in 2001!

In the Bennett Cup, William Reedman-White was the day's winner, which moved him up to 2nd overall after 3 events, a point behind Micah and just ahead of Angelina Stephens, Jennie and David Adams.

Top 10 Bennett cup positions as below

Runner	Foots Cray KL	Tonbridge KL	Club 5m	Total
Micah EVANS	26	37	35	98
William REEDMAN-WHITE	28	29	40	97
Angelina STEPHENS	33	38	24	95
Jennie BUTLER	27	34	33	94
David ADAMS	30	32	30	92
Gregory FIRTH	20	36	29	85
Jonathan PAIRMAN	29	39		68
Douglas VARNEY		28	39	67
Chloe TAYLOR-COSTIN	31	33		64
Sam PARSONS	34	27		61



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Maidenhead Half Marathon

Sam Douglass ran in 72:20 and finished in 10th place (of 1724!)

Angerienne Trail, France 26 October

Well done to Jane Bradshaw who ran the 11km Angerienne Trail - still the chocolate medal 4th woman 1st M3

Also Jason Short, 3 mins quicker than last year

Park Run 25 October 2025

Furthest from the clubhouse was Barry Wetherlit , running Sunshine Beach which is a town in.....you guessed it...Australia. However thankfully I checked with Barry and turns out Sunshine Beach is a park run in Kyoto, Japan! He still wins!

This beats your President who thought he might be Furthest by running at Coal Creek Trail in Cedar City, Utah. He tells us that this was a rather unusual park run with only 17 participants (including 5 from UK). Numbers were down (a bit) due to the local sheep parade!!! Anyone have other interesting stories of PRs they have toured at??

Podiums for 25 October

Leon de bruyn.	1st M	Beckenham.	17.09
Nick Kibblewhite	2ndM	Bethlem.	19.30
Katy Sugden	2nd F	Bethlem.	23.09
Harriet Hughes	1st F	Bromley	19.46
Alba Homans Yau	1st F	Clevedon	20.27
Jed Starvis	1st M	Darlington S	16.54
Doug Varney	2nd M	FootsCray.	19.22
Ollie Knowles	2nd M	Hoblingwell.	19.54

Numbers do include runners who have marked the club on their Park Run profile but mat not have paid subs for 2025

Runners can be seen here - [parkrun | Consolidated club](#)

Fixtures

- Mansfield XC relays 1st November
- New York marathon 2nd November – we have at least 5 members running
- London SEAA Champs 8th November
- Bromley Schools Championships 8th November
- London Youth Games 8th November

Bonus Ball winner TBC

Steve Pairman,
President BBHAC