



## Headlines

- Records, Results and Park Run participation,
  - Club Records
  - Key Notes
  - Results
  - Fixtures
  - Bonus Ball & AOB

## Results

*Please let me know of any results that need correcting or adding.*

*Please also share news & results with me that you wish publishes in the News.*

## Records – None reported

## Breaking News

### TAFI Award Winner

**Alessia Scala** had an absolutely brilliant evening at the TAFI Awards and she WON! She sat with Denise Lewis and met a tonne of hugely inspirational people. Congratulations Alessia !!

### KCAA Award Winner

**Carys Firth** is attending the KCAA annual dinner on 7 November to receive the Kent young official of the year award. Well done Carys!

## Notes

- Thank you to Past President's, Nic Corry, John Hubbard David Appleton, for hosting the News on Wednesday evening at the Clubhouse over the last 3 weeks whilst I have been away
- **Annual Dinner** – another reminder of the Clubs Annual dinner will be held on **November 21<sup>st</sup>** at the clubhouse. Around 20 places remain available. Please do consider coming along to this enjoyable occasion. Let Steve know if you want a place reserved. As a reminder the special guest is Tim Hutchings, the British middle- and long-distance runner best known for his performances during the 1980s. He represented Great Britain and England at multiple major international competitions, including the Olympics and World Championships. Notably, he won bronze medals in the 5000 meters at the 1986 European Championships and Commonwealth Games, to add to silvers at the 1984 and 1989 World Cross Country Championships. Please contact me if you would like to reserve a place.
- **Annual Athletics address – November 7th**
  - A reminder and encouragement to attend this interesting event discussing the future of our wonderful sport



## Presidents News 5 November 2025

### Abbots 6 Star Marathon - [Abbott World Marathon Majors](#)

Three members (Steve Evenden, Matt Bullen and myself) ran the New York marathon this Sunday to complete their Abbots 6 star series (London, Berlin, Tokyo, Boston, Chicago and New York) and join a few other members who have already done so. I am in the process of writing a short article on the Abbots (pros and cons), so welcome any other members contributions! Please contact me if you have run all 6 (or 7 as Sydney is now included), or would just like to contribute!

### European Masters Track Championships

Thanks to Ashley Burridge we have an interesting report now published on the website and social media – do have a read of our fantastic “master” athletes success in Portugal.

### London Marathon Draw

The core initial requirement for Members wishing to enter the Club draw, is to forward me their TCS London Marathon general ballot rejection email, received on or around 19th June – to [nbarber25@btinternet.com](mailto:nbarber25@btinternet.com). The draw will take place towards the end of November.

You must have been unsuccessful in the marathon ballot, be a first claim member, paid your subs and EA fee and did not win a Club place in 2025.



**LONDON MARATHON DRAW**  
3 PLACES AVAILABLE  
2 CLUB PLACES & 1 BAGGAGE

To be eligible for the Club draw, you will need to comply with all the following:

- Unsuccessful in the TCS London Marathon public ballot for 2026 – please locate your ‘rejection’ email (received on or around 19 June)
- B&B first claim member
- England Athletics registered athlete
- Did not use either a B&B Club place in 2025, or a baggage place in 2025
- B&B subs are up to date

Register Interest ASAP  
[nbarber25@btinternet.com](mailto:nbarber25@btinternet.com)

### Jack Petchy Awards Evening

Congratulations go to **Joseph Hill, Jericho Senior and Lewis Crick** who were presented with an Annual Achievement award at The Jack Petchey Awards Night in Bromley last night. This is a ceremony held at the Churchill Theatre to celebrate the achievements of young people aged 11-25 from local schools and clubs who have received the Jack Petchey Achievement Award.

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### Results

#### Relays at Mansfield – report from Paul Austridge

Another busy day at a National Championships, this time in Mansfield for the cross country relays, always an exciting Championships, producing great running, great results and more drama. 45 of BBHAC young athletes made the long trip up, either early Saturday morning on the mini bus or by the long 5 to 6 hour trip through Friday evening traffic, all arriving at a blowy but warm and dry, well set out course.



### **U17 boys**

The under 17 boys went one better than silver last year, this year taking a superb and well earned gold. Joseph lead us off on the competitive first leg, clocking a fast sub 9 min time for the 3k lap, handing over to Oliver in a strong 4th. Oliver sped around the course moving up two places to hand over to Joe in 2nd. With just Tonbridge AC in front, Joe set off in determined fashion and soon pulled back the small deficit and pushed on to win by a clear 15 seconds, producing the fastest leg of the day.

A great gold!!!

The C team placed a solid 26th out of 100 teams (and first C team home) with very strong runs from Daniel, James S and Aniket.

The B team saw three strong runs from Ben, Nathan and Alex M but lost time on the busy 2nd to 3rd leg change, when poor communication from the officials and Alex didn't see or hear Nathan finishing, losing a good couple of minutes.

Tough result but all part of real life sport we have to deal with.

The U17 girls and U20 girls unfortunately didn't have complete teams but this didn't stop strong runs being recorded by Libby and Islay in the U20s and Caitlin and Naimah in the U17's.

### **U13 boys**

The current National road relay champions, went into the cross country relays with confidence, hoping to medal again but despite three strong runs from Zach on 1, Harry on 2 and Emery on 3, more lost time on the changeover meant for a finish just outside the top 10.

Disappointment all round but with 83 athletes all huddled together waiting and listening on a number call from the officials, is a very intense and noisy environment.

Zach brought the team home in a strong 7th but Harry was one of the last to leave the pen but was able to catch and pass many handing to Emery in 31st.

Emery did his best to pull the team back and managed to pass 18 clubs leaving them in a still good 13th but with thoughts of what if.

There is always next when they can fight for the new U14 title, running against the same boys!

The B team trio ran superbly placing 15th and 1st B team with great runs from Akul, Anthony and George. Fletcher made his National debut taking on the tough 1st leg in an incomplete C team.

### **U13 girls**

The A team of Lucy J, Elsa and Jazzy all ran well placing a high 12th out of 80 clubs racing.

The B team of Holly T, Lucy B and Lena combined well but again lost time on one of the changeovers and the C team of Arianne, Ella and Zara competed well in a very competitive age group bringing the team home as 2nd C team to finish.

U15 girls A team of Harriet, Evie and Sofia placed a strong 15th out of 82 teams competing. The B team was made up by Isabella, Stella and Melody all running hard with Leela on leg 1 of the incomplete C team.



## U15 boys

The A team U 15 boys also placed 15th out of 96 teams running, with strong runs by Johnny on 1, Ricardo on 2 and Zacchaeus on 3. The B team and C team all finished strong with great runs from Jack B, Patrick and Alex and Dexter, Billy and Benj.

## Senior Women

So good to see our senior women and former young athletes combine well to take a superb team bronze. Hannah Clark, who has been training at Norman Park for the last 10 years, brought the team home in 12th a very high class first leg, passing onto Chloe Taylor-Costin (nee Sharp) who powered through to an impressive 3rd leaving Niamh Bridson Hubbard to consolidate 3rd, holding off many first class athletes, to win team bronze.

Niamh spent 10 years training at Norman Park before going to university and life beyond!

## Senior Men (report from Micah Evans)

We fielded a full first team and 3/4 of a second team, with a couple unfortunate withdrawals due to injury / work commitments, which is exactly 1 and 3/4 more teams than we managed last year!

Sam Parsons who's been in excellent form on the country placing Top 10 in the first two Kent Leagues was on Leg 1 for us, along with a raft of some of the country's top distance runners, including GB athlete, Olympian and mile road world record holder Elliot Giles! Sam ran our quickest leg by some distance, clocking a rapid 16:19 on a new course layout that whilst relatively firm underfoot for the most part, was softer and muddier in the woods, where two separate log jumps lay in wait.

Ryan Weston took over on Leg 2 and ran our second quickest leg in 16:50, moving us up 5 places, even more impressive given he was racing in Adidas EVO SLs, perhaps not known for their prowess on the country, especially questionable in the wooded section of the course!

Ryan handed over to me and I ran 17:23, slower than I'd have liked, perhaps on tired legs, but still managing to move us up 3 places.

Angus Harrington (1:47 800m) was on our anchor leg, with a welcome return to racing for the club after a college stint in the States (and with a new job requiring 100? hour weeks not leaving much time for training!) - he closed with a consistently paced 17:37 moving us up 4 places into our finishing position of 50th.

Our second team got off to a solid start with Will Reedman-White's form improving race by race and running 18:01 for our quickest B team leg.

Will handed over to Sam Aldridge, one of our Dads who'd also been there since around 10am, unfortunately suffering from a migraine all day, including not being able to see properly shortly before the race, so his 18:19 was a good effort and moved the team up 16 places.

Sam handed over to our third leg runner, another Dad, Barry Horgan, who closed in 23:02 as our final runner, the incomplete team finishing 149th.

So an enjoyable day's racing perhaps summed up best by Elliot Giles, who turned out for his club Birchfield and ran 14:59 for 11th place on an incredibly competitive first leg but as part of an incomplete team with his clubmates clocking 19:15 and 21:31 respectively, finishing in 147th place -

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all about the team! And then very kindly signing his spikes and giving them to two of our young U13 stars along with his race bib whilst standing there in his socks!

Onto the London XC Champs at the iconic Parliament Hill this Saturday, before we return to Kent League action on Saturday 15th at Danson Park - hope to see many of you there

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**Great to see all three still excelling at the top level of our sport.**

And a big shout out to the tent crew (Paul A, Dave C and Ken); without which we would all have been considerably colder and wetter when the weather did deteriorate!!

**New York Marathon**

Congratulations to our members who ran the New York marathon on Sunday (2 November). First across the finish line was Luca Ercaloni, who was also competing in the Abbots Masters Championships (where he finished in 36<sup>th</sup> place in V50) in 2.46.57, with Doug Varney not far behind in 2.51.12. The three others all completed their Abbott 6 star majors on the day. First home of the trio was Steve Evenden in an impressive 3.12.51 – Steve has been so consistent throughout his 6 star journey with all 6 times between X and Y. Matt Bullen and Steve Pairman both ran Chicago 3 weeks ago in order to compete their 6 star on Sunday in New York. Both therefore found the going tough with Matt finishing in 3.37.45 and Steve trailing in in 3.58.39. Steve had the compensation of appearing on the Abbott poster !



Abbott - Our latest Six Star Finisher facts after the Spring races ...

[Visit >](#)

**Park Run 25 October 2025**

59 runners 25 events

Furthest from the clubhouse was Steve Evenden who ran Delaware and Raritan Canal in greater New York area the day before the marathon!

**Podiums**

<b>Carlota Weitzel</b>	2nd F	Beckenham	21.11
<b>Jennie Butler</b>	1st F	Bethlem	20.51
<b>Leo de bruyn</b>	3rdM	Bromley	16.26
<b>Ollie Knowles</b>	1st M	Hoblingwell	19.12
<b>Greg Firth</b>	3rdM	Orpington	20.26
<b>Carys Firth</b>	3rd F	Orpington	24.10



**Blackheath & Bromley Harriers AC**

## **Presidents News 5 November 2025**

*Numbers do include runners who have marked the club on their Park Run profile but may not have paid subs for 2025*

Runners can be seen here - [parkrun | Consolidated club](#)

### **Fixtures – busy weekend ahead!**

- London SEAA Champs 8<sup>th</sup> November
- Bromley Schools Championships 8<sup>th</sup> November
- London Youth Games 8<sup>th</sup> November

**Bonus Ball** winners - Tont Pontifax

Steve Pairman,  
President BBHAC