

## President's News 25<sup>th</sup> March 2026

### Headlines

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- Bonus Ball & 300 Club

### Results

Please let me know of any results that need correcting or adding. Please also share with me any news or results you wish to publish in the news.

### Key News

- **Michael Crossan** (Trustee) is currently embarking on an exciting expedition to Everest basecamp. He is raising funds for Blackheath & Bromley Harriers AC with an aim to raise £3000. You can donate [here](#)
- **AGM is on Saturday 28<sup>th</sup> March 2026**, preceded by the Closing 5 and 3k junior cross country events , and a BBHAC Celebration and Recognition session in the clubhouse.
- **World Indoor Champs** – Huge congratulations to **Dina**, who matched her own British 60m record with a superb 7.03 in the semi-finals.  
She went on to place 7th in an incredibly tight final, where just 0.1 seconds separated first from eighth!  
To top it off, Dina answered a late call-up for the 4x400m relay and delivered an outstanding 51.2 split, an incredible performance!
- Registration for **NAL & SAL teams** is underway - ensure you are on the group WhatsApp and completing the form for the events that interest you

### Results

#### **Schools Junior Inter Counties** – Report by Paul Austridge

The very last\* cross country of the 2025/26 winter took place yesterday on a glorious, sunny spring day in the shadow of the magnificent 1846 Wellington statue, in Wellesley Woods, Aldershot. This was a great opportunity for our year seven and year eight athletes to gain county selection and schools' county vests, a great achievement. 15 BBHAC athletes ran, 13 for Kent schools and 2 for Surrey schools.

*\*Pres update – apart from the Club closing 5 on Saturday!*

#### **Year 8 boys**

**Zach Evans** continued his fine season placing a very impressive 2nd (helping Kent to the team win) follow closely by **Harry Beeraje** having a great run in the gold/yellow vest of Surrey.

## Year 8 girls

**Jazzy Stephens** continued her fine season finishing at pace in a high 5th position and great to see **Alice Bunn** winning her first County vest, running well.

## Year 7 girls

**Sofia James**, running for Surrey was first of the Blackheath & Bromley contingent home follow closely by **Zara Lett**, **Holly Tallack**, **Molly Sedgwick**, **Louise Ball**, **Ella Nickson** and **Ariana Paranjpe** all making great accounts of themselves.

## Year 7 boys

**Jacob Pearce** had a strong run finishing in a high 10th place closely followed by **Anthony Streich** and **George De Bruyn** and **Fletcher Kelly**. **Luc Jones** was selected and would have done well at this fixture but unfortunately picked up an injury in the week and was unable to run. **Akul Gurunathan**, **Lyla Virdee** and **Elsa Matthews** were also selected but didn't run.

## Kent Indoors

Well done to all athletes who competed at the Kent Indoor champs across all age events and age groups.

Age Group	Event	Athlete	Position	Performance
U15G	200m	Faye Yeomans	6th	28.38
U15G	800m	Harriet Hughes	1st	2:23.17
U15G	800m	Melody Lindsey	3rd	2:39.57
U15G	Shot Put	Faye Yeomans	4th	5.30m
U15G	Long Jump	Zamaia Dixon	6th	4.35m
U15G	Long Jump	Gabrielle Brown-Kelly	9th	4.08m
U15G	Long Jump	Ellen Hillier	11th	3.92m
U15G	60m	Zamaia Dixon	7th	8.39
U15G	60m	Faye Yeomans	8th	8.45
U15G	300m	Maya Conell	1st	44.13
U15G	300m	Isabelle Costin	2nd	44.98
U15G	1500m	Harriet Hughes	1st	4:49.48
U15B	60m Hurdles	Freddie Mooney	6th	9.82
U15B	200m	Rohan Thomas	5th	25.68
U15B	800m	Dexter Mein	4th	2:15.53
U15B	800m	Lewis Crick	7th	2:28.94
U15B	High Jump	Luca Hunstone	1st	2.80m
U15B	Triple Jump	Jalil Anderson	2nd	12.37m
U15B	1500m	Zachary Evans	3rd	4:34.36
U15B	300m	Freddie Mooney	6th	42.50

U17W	Pole Vault	Ella Brooker	2nd	3.00m
U17W	60m Hurdles	Matilda Murray	2nd	9.03
U17W	Shot Put	Emilia Adese	1st	16.78m
U17W	60m	Emilia Adese	2nd	7.96
U17W	60m	Isabella Campbell-Andou	5th	8.12
U17W	Long Jump	Matilda Murray	1st	5.15m
U17W	Long Jump	Amelie Ramdeen	8th	4.45m
U17W	300m	Aoife Stanley	5th	45.65
U17W	300m	Amelie Ramdeen	6th	46.09
U17M	Long Jump	Omari Anderson	2nd	5.39m
U17M	Shot Put	Aathinarth Gananathan	4th	11.25m
U17M	200m	Micah Salmon	2nd	22.67
U17M	200m	Jericho Senior	3rd	23.16
U17M	200m	Oscar Sadowski	5th	23.87
U17M	60m	Olufikayo Lana	2nd	7.27
U17M	60m	Oscar Sadowski	5th	7.43
U17M	Triple Jump	Aathinarth Gananathan	2nd	10.03m
U17M	High Jump	Omari Anderson	1st	1.85m
U17M	1500m	Madalitso Valema-Mwanza	1st	4:20.46
U17M	1500m	Zacchaeus Kelman	2nd	4:27.98
U17M	1500m	Benjamin Evans	6th	4:31.77
U17M	400m	Eliot Peacock	2nd	50.90
U20W	200m	Beatriz Maulicino	2nd	27.15
U20W	60m	Cheyenne Nketia	2nd	7.61
U20W	400m	Alyssa Firla	2nd	59.23
U20M	200m	Marley Byfield	1st	22.37
U20M	200m	Evan Wood	2nd	22.50
U20M	60m	Oji Okoro	2nd	7.00
U20M	60m	Marley Byfield	5th	7.20
U20M	400m	Tane Chambers	1st	53.15
SW	Triple Jump	Claudia Baker	2nd	10.73m
SW	200m	Zoe Austridge	2nd	26.01
SW	200m	Sam Williams	4th	27.95
SW	400m	Olivia Magee-Brown	5th	1:08.50

## Other Road Races

- Thames Riverside 20 – **Douglas Varney 2:08:31**
- Best Series races, Battersea 10k - **Paolo Lancini 36:18, Scott Poulter 36:41 (3<sup>rd</sup> M40)**
- BVAC 5 mile – **Benjamin O’Grady 31:56 (2<sup>nd</sup> overall), Jennie Butler 37:19 (1<sup>st</sup> Female), Luigi Acuri 46:50**

## Parkrun 21<sup>st</sup> March 2026

51 runners at 28 events.

Furthest from the clubhouse was **Alex Middleton** at Holme Pierrepont parkrun.

Podiums – 7 this week!

<b>Ellie Osmond</b>	1 <sup>st</sup> F	Peckham Rye	19:39
<b>Oliver Knowles</b>	2 <sup>nd</sup> M	Bromley	16:31
<b>Steve Hough</b>	2 <sup>nd</sup> M	Lullingstone	21:33
<b>Trang Nguyen</b>	3 <sup>rd</sup> F	Burgess	20:17
<b>Bridget Davey</b>	3 <sup>rd</sup> F	East Brighton	26:54
<b>Ryan Alford-Smith</b>	3 <sup>rd</sup> M	Frank’s Farm	18:38
<b>Steve Cooper</b>	3 <sup>rd</sup> M	Alton Water	20:07

- Bonus Ball – no 46 – **Dennis Lawrie**
- 300 Club winners - £300 – **John Baldwin**, £150 – **Matt Maddocks**, £100 – **John Wilkinson**, £50 – **Graham Coates & Ian Holder**

*Tom Brash & Steven Pairman*

*25 March 2026*

*President Sign Off – this is the last Presidents News from myself. Tom and the new president will be taking the format forward, no doubt with additional ideas.*

*Please keep reading!*