

President's News 28th January 2026

Headlines

- Key News
- Results
- Fixtures
- Bonus Ball

Results

Please let me know of any results that need correcting or adding. Please also share with me any news or results you wish to publish in the News.

Key News

- **2026 Memberships** – a reminder that Membership fees are due. Since last week another 70 or so have renewed – have you?
- Message from the track – Please remind all groups to arrive/depart from the track with care and remind parents we have hundreds of children attending the track every day so to drive with caution when dropping off. We had a couple of incidents last week of reckless driving by parents/carers dropping off athletes. It's not just their own child that could get hurt.
- Tonbridge AC have announced their annual Norman Fowler Memorial Open Meeting on Easter Monday, 6th April. More details to follow in the weeks to come.
- Keith Duffy-Penny is seeking baggage volunteers for the forthcoming London Marathon in April

Results

Dina Asher Smith won the 60m at the New Balance Indoor Grand Prix in Boston with a time of 7.08 seconds, her first indoor 60m race since 2023.

South of England Cross Country Champs – Beckenham Place Park January 24th

It was a hugely successful day at Beckenham Place Park, where we came away with four individual and one team podium finishes across the races. **Andrea Clement** delivered an excellent performance to claim second place in the senior women's race. In the U17 men's race, **Joe Scanes** and **Joseph Hill** dominated the field, taking first and second place, respectively. Rounding off our individual podium results, **Zac Evans** put in a strong run to secure third place in the U13 boys' race.

I see that Joe has called it "the hardest Cross-Country Race We've Ever Run" – Blackheath Boys [you tube link](#).

Team wise the U13Boys ran away with the team prize winning by 23 points! In addition to Zac, the team was made up of **Emery Aldridge, Luc Jones, and Akul Gurunathanan**. Narrowly missing out on 1st Team prize by just 2 points, the U17 boys did very well with **Ben Ogrady** and **Nathan Clark** backing up Joe and Jospeh.

A big thank you to around 80 of our members who ran, plus of course to the Team Managers, coaches, parents and supporters offering encouragement.

Full results at the end of the news.

Loughborough Flight Night

Daisy Snell placed 4th in the senior women's Long jump with a new season's best of 6.11m.

Canterbury 10 – Sunday 25th January 2026

The annual Canterbury 10 saw 6 members turn out in deepest Kent. First home for the club was **Ollie Knowles** in 54.26 in 6th place. **Matt Draper** was 2nd home and 20th overall in 58.51. Third home for the club and 2nd MV50 was **Doug Varney**. **Dave Beadle, Oz Adams and George Collins** completed the Club members who ran.

Event	No	Name	Gender	Category	Status	Time	Net Time
Canterbury 10	5	Austin Adams	Male	MV60	Finished	01:26:39	01:25:35
Canterbury 10	81	David Beadle	Male	MV50	Finished	01:15:35	01:15:21
Canterbury 10	280	George Collins	Male	MS	Finished	01:48:11	01:46:29
Canterbury 10	400	Matthew Draper	Male	MS	Finished	00:58:53	00:58:51
Canterbury 10	839	Oliver Knowles	Male	MS	Finished	00:54:27	00:54:26
Canterbury 10	1530	Douglas Varney	Male	MV50	Finished	01:01:39	01:01:37

Parkrun 24 January 2026

45 runners at 24 events

Furthest from the clubhouse was Anthony Pontifex at the Harkerville Parkrun in South Africa!

Podiums – just one this week with the SEAA's being run the same day!

Jake Leng 1stM Achill Greenway 17:00

Fixtures

31st January – Bucs Cross Country Champs – Charnwood College, Loughborough. Details on the bucs.org.uk website

Bonus Ball – no 29 – Etham Kempson (Bernie Bater)

SEAA Cross Country Championships 24 January 2026

Age group	Name	Position	Time
U13b	Team	1st	
	Zachary Evans	3	10:10
	Emery Aldridge	9	10:26
	Luc Jones	35	10:54
	Akul Gurunathan	41	11:01
	Antony Streitch	74	11:23
	George De Bruyn	92	11:34
	Fletcher Kelly	109	11:48
	Haydn Kenny	147	12:12
U13g	Team	5th	
	Jasmine Stephens	17	11:29
	Sofia James	32	11:49
	Lucy Junginger	39	11:58
	Zara Lett	84	12:35
	Lucy Beeraje	94	12:51
	Lena Aldridge	96	12:52
	Holly Tallack	102	12:56
	Alice Bunn	109	13:03
	Mollie Sedgwick	110	13:05
	Arianna Paranjpe	120	13:17
U15b	Team	14th	
	Johnny Lee	28	14:57
	Dexter Mein	57	15:25
	Ricardo Cervera – Tomlins	105	16:07
	Billy Pharoah	140	16:39
	Edward Ruth	165	17:06
	Teddy Hughes	168	17:08
	Oscar King	178	17:19
	Juan Tabares Vicente	181	17:27
	Lewis Crick	200	17:58
	Matthew Tootell	214	18:41
	Luke Eperon	223	22:41
U15g	Team	10th	
	Evie De Bruyn	37	17:22
	Alba Homans-Yau	41	17:31
	Ella Rae	90	18:43
	Stella Garvey	104	19:00

	Lily Day	118	19:39
	Eva John	121	19:48
	Elliott Amos	123	19:51
	Chloe Morez	124	19:53
	Melody Lindsey	145	20:42
	Leela Bhadeshia	153	21:38
	Nancie Cox	159	22:11
U17m	Team	2nd	
	Joe Scanes	1	18:35
	Joseph Hill	2	18:41
	Benjamin O'Grady	27	20:01
	Nathan Clark	35	20:13
	Kian Farrell	64	20:54
	Daniel Horgan	72	21:05
	James Shaw	78	21:13
	Aniket Iyenger	89	21:32
	Madalitso Valema-Mwanza	101	21:49
U17w	Team	12th	
	Naimah Mossi	53	25:11
	Hannah Carter	85	26:59
	Jasmine Mahoney	95	27:22
	Lily Bridgeman	101	27:54
	Freya Dinwiddy	103	28:25
U20m	Jed Starvis	13	25:34
	Harry Fage	41	27:29
	Mark Constable	46	27:49
SM	Team	14th	
	Nicholas Clegg	75	51:32
	Kevin Fini	88	51:57
	Leonardus De Bruyn	139	53:59
	Graeme Lugar	164	55:06
	David Adams	170	55:21
	William Reedman-White	178	55:42
	Tom Desborough	182	55:53
	James Todd	238	57:50
	Paolo Lancini	338	01:01:04
	Gregory Firth	349	01:02:01
	Philip Bunn	365	01:02:44
	Robert Mayers	378	01:03:12
	Ian Scott	429	01:05:42

	Jason Meers	465	01:07:35
	James Webber	514	01:10:43
SW	Team	10th	
	Andrea Clement	2	27:22
	Hannah Clark	10	28:22
	Jennie Butler	105	33:46
	Gracie Horton	120	34:29
	Sarah Belaon	177	36:54
	Katy Sugden	212	38:29