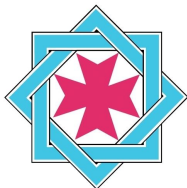


Blackheath & Bromley Harriers AC



**Winter Programme
2008/9**



President: Tim Soutar

Club Headquarters
The Sydney Wooderson Centre
56 Bourne Way, Hayes, Bromley, Kent, BR2 7EY
Tel: 020 8462 3115

www.bandbhac.org.uk

Cross-Country and Road 2008-2009

Fixtures marked **(B)** are **Bennett Cup** events.

All home fixtures start at 14:30 unless otherwise stated.

* If you want to compete in any of these events contact Con Griffin
020 8697 3579, at least 6 weeks in advance.

Date	Venue	Fixture
Sat Sep 20	Sparrows Den	Will Bolton Memorial CC Relay B1
Sat Sep 27	Aldershot	SEAA road relays Senior/Vet men
Sun Sep 28	Aldershot	SEAA road relays YA/women
Sat Oct 4	Mote Park	Kent League (all)
Sun Oct 5		X/C presentation afternoon
Sat Oct 11	Hayes	Club 5 mile Champs B2
Sat Oct 18	Capstone Park	Kent League (all)
Sat Oct 18	Sutton Park	National 6/4 stage Road Relays
Sun Oct 19	Sutton Park	National YA Road Relays
Sun Oct 26	Beachy Head	Beachy Head Marathon
Sat Nov 1	Mansfield, Berry Hill	ECCA Relays
Sun Nov 9	Knole Park	Kent League - all except senior men
Sat Nov 15	Lloyd Park, Croydon	South of Thames 5
Sat Nov 22	Crystal Palace	Bromley Primary Schools XC
Sun Nov 30	Hayes	Club 10 mile Champs B3 (10:30 start)
Sat Dec 6	Danson Park	Kent League - all except senior women

Sat Dec 13	?	Kent Masters/Clubmans
Sat Dec 14	Brussels	European X/C Champs, Gastons Roelants 5k/10k Road Races
Sat Dec 20	Hayes	Xmas Yacht Handicap B4
Sat Dec 20	Wimbledon	South of Thames Champs
Fri Dec 26	Hayes	Fancy Dress Paperchase
Sat Jan 10	Detling showground	Kent County CC Champs
Sat Jan 17	Hayes	Open 10k (inc Vets Champs) B5 Also inc Bank of England
Sat Jan 24	Hillingdon	SEAA X/C Champs
Sat Jan 31	Hayes	Ranelagh Mob Match (7½ Champs) B6
Sat Feb 14	Parkwood School	Kent League (senior men/women)
Sat Feb 21	Parliament Hill	ECAA National X/C Champs
Sat Feb 28	Hayes	Orion Mob match B7
Wed Mar 4	Sparrows Den	Schools race (inc Mayors Bromley Primary School Race)
Sat Mar 14	Coulsdon	SLH Mob match B8
Sat Mar 14	Crystal Palace	Bromley Primary Schools
Sat Mar 21	Hayes	Closing 5 mile yacht handicap B9 Annual general meeting 7:30pm
Sun Apr 4	?	SEAA 6/12 stage road relay
Sat Apr 18	Sutton Park	AAA 12/6 stage road relay
Sun Apr 26	Blackheath/London	London Marathon
Mon May 4	Langley Park School	Ted Pepper

Entry Fees

Entry for fixtures featuring a Club Championship or Bennett Cup points will cost members **£3.00**. This does not apply to athletes under 18 years old.

Handicap times are calculated by the Hon Handicapper, so members are kindly requested to blame him for the occasional(!) injustice...

Bennett Cup

This trophy is awarded to the person with the highest aggregate points' score **from the handicap competition** held as part of those events marked **(B)** – nine in total. The points for each event will be:

60 points for 1st, down to 1 point for 60th and all other finishers.

Mob Matches

All Club members are expected to compete in Mob Matches, unless in possession of a valid Doctor's Certificate or a letter from their mum.

Subscriptions

Members are reminded that Club annual subscriptions are due on 1st January of each year. Members whose subscriptions are in arrears **will not be eligible** to participate in any Club fixture or be selected to represent the Club; in particular they will not be eligible to win any Club Championship.

Those whose subscriptions are more than six months in arrears, put their Club membership at risk.

The current rates of subscription are displayed on the club website and in the Clubhouse.

For more details please contact **Hon Asst Treasurer (Membership)**:
Steve Pairman 37 Beechwood Rise, Chislehurst, Kent BR7 6TF – 020 8295 0514 (h) stevepair@aol.com



Another year, another Mob Match – this time from 1981. IPP Les Roberts leads PP Richard Coles, your current President, Tim Soutar, follows on behind...

Situations Vacant

As always, there are several vacancies for
Pointsmen (or women) - Timekeepers - Trail-layers

Are you temporarily available (through injury, resting up for a Big Event etc) or permanently (through retirement, the return of sanity or whatever) then why not become one of **The Winter Volunteers?**

They think it is more fun to stand around on the course than get mud up their legs... without them, nobody tells you the route, no times, no marked course!

Volunteers ring Terri Shotton 020 8650 6261

Social Programme

At the Club Headquarters

Sat 20 September	Relay Supper
Fri 10 October	Vice Presidents' Supper
Sat 15 November	Alan Brent's 90 th Birthday Celebration
Fri 21 November	Club Dinner (Black Tie)
Sun 30 November	Club 10 Roast Lunch (13:00)
Wed 17 December	Wednesday Nighter's Christmas (Jeans & Fancy Tie)
Sat 20 December	Christmas Dinner (Black Tie)
Sat 24 January	Southern Supper
Fri 6 February	Punch Bowl Night
Sat 21 February	National Supper
Sat 21 March	AGM (19:30)
Wed 29 April	Marathon Supper (Any/all London medals to be worn)

All functions are 19:30 for 20:00 sit down unless otherwise advertised.
Hot meals are served at 20:30 on Wednesday evenings and should be booked at the Club House by 19:30 the same day; if necessary, call 020 8462 3115.

Please note the following carefully as failure to do so can cause considerable difficulties for the Wine Committee and may lead to disappointment.

- Members wishing to attend the social functions should inform the Wine Committee, AT THE VERY LATEST, by the Wednesday evening prior to the event.
- Members must also ensure that the Wine Committee is informed whenever they book places but subsequently change their mind. Failure to do so may result in members being expected to pay the wastage costs incurred by the Club. Please bear this in mind particularly when booking for other members or allowing yourself to be booked in by others.
- Remember to sign-in your guests (non-members) in the visitors' book at the Clubhouse bar.

**Interested in helping out at the Clubhouse?
Call Denis Lawrie on 020 8462 1162**

Club Officials

Club Secretary: Duncan Flagg 22 Kimberley Drive, Sidcup, Kent DA14 4QF – 020 8300 7894 (h) duncan.flagg@btopenworld.com

Hon. Treasurer: c/o Steve Hollingdale 9 Blenheim Road, Bromley, Kent BR1 2EX – 020 8467 4104 hollingdale.s@ntlworld.com

Wine Committee Enquiries: Denis Lawrie 4 Gates Green Road, West Wickham, Kent BR4 9JW - 020 8462 1162 (h) denis162520@sky.com

Development Chairman: John Baldwin, 25 Forge Rise, Uckfield, East Sussex TN22 5BU – 01825 768193 (h) johnrbaldwin@tiscali.co.uk

Hon. Publicity and Press Officer: Pat Calnan 57 Crofton Road, Orpington, Kent BR6 8AE - 01689 828169 (h) or 07779 052286 (m) Send your results and reports immediately after the event patcalnan@zoom.co.uk

Cross Country Team Managers and Officials

Hon. Handicapper: Chris Haines 020 8777 6498 (h) C.R.Haines@city.ac.uk

Chief Trail Layer: Bob Cliff 020 8295 1295 (h) robert.cliff@btinternet.com

Officials Secretary: Terri Shotton 020 8650 6261 (h) terri@terrishotton.freemove.co.uk

Senior Men: Nick Gasson 07976 353795 (m) nicholas.gasson@soclean.co.uk

Under 20: Peter Ward 01689 853100 (h) peterward@btopenworld.com

Under 17/15/13B: Phil Mercer 07983704548 (m) pbmerc@aol.com

Senior/U20 Women: Kate Pratten 07968 323403 (m) kmpratten@postmaster.co.uk

Under 17/15/13G: TBA

Masters Men (CC & Relays): Con Griffin 020 8697 3579 (h) 07825448875
(m) corneliusgriffin@btinternet.com

Masters Men (Road Races): Terry Brightwell 020 8850 3321 (h)

Coaching

Norman Park - Various groups from 18:00 – 20:30. Monday, Tuesday, Wednesday & Thursday. Contact John Blackie (see below for details)

Ladywell - Monday and Wednesday 18:00 – 19:45 Age 11 upwards. Contact Michelle Bovell 07930 191345.

Crystal Palace - Tuesdays 18:00 – 19:30 for athletes who have been sent by team managers or other coaches. Contact Michelle Bovell 07930 191345

Bees Academy - School years 4, 5, 6 and 7. Norman Park Athletics track.
www.thebeesacademy.com for details or contact John Blackie (see below)

Coaching Co-ordinator - John Blackie 020 8325 0241 (h) 07768 120519 (m)
john@johnblackie.com

Norman Park Track

Annual season tickets for the use of Norman Park track are available to Club members at a special reduced price. Tickets run from 1 April 2008 and application forms which require a passport photo can be obtained from the Track Manager during opening times.

12 Months Adult £140.00 (£235 for non Club members) Under 18's £95.00 (£150)

6 Months Adult £95.00 (£160) Under 18's £65.00 (£105)

Alternatively, daily tickets are available as follows:

Adult £3.00 Under 18's £2.20

Please ensure your Club subscriptions are up to date when applying for a reduced rate pass, as the rejection of a pass application can offend!

Winter Opening Times

Monday	18:00 to 21:00
Tuesday, Wednesday, Thursday	11:00 to 16:00 - 18:00 to 21:00
Saturday	09:00 to 13:00
Sunday	09:00 to 13:00

Norman Park Track Tel: 020 8462 5134

normanpark@btconnect.com

Child Protection

In accordance with the guidelines issued by the England Athletics, the Club have drawn up a Policy and Procedures, and appointed a Child Officer. The procedures will apply to any Club member, or volunteer helper, who works with or is involved with children (under 18) during activities in athletics.

All our coaches have been or are being subjected to a CRB check. The Club's Welfare Officer is Brian Power 10 Shelby Court, 1 Farnaby Road, Bromley BR1 4BT 020 8290 2077 power.b@sky.com, assisted by Helen Godsell 18 Church Road, Warlingham, CR6 9NU. Tel. 01883 622573.

Club Kit

The official Club Kit is obtainable from Margaret Baldwin on 01825 768193 moo.b@tiscali.co.uk. Kit will also be available at the Clubhouse at various home matches and from Heather Williamson, in the tearoom, at Norman Park Track.

The 200 Club

A valuable contributor to Club funds. Prizes - for ten months 1 x £50 & 2 x £25 plus two biggies (summer & christmas), of around £400. Full details from Roger Counter 01689 827447 info@sdcbuilding.co.uk

Lottery

The members' National Lottery Syndicate raises funds for the Club and gives subscribers the opportunity to benefit, if or when, we are fortunate to have another big win. Details from Brian Hartley 020 8325 7984 june.brianhartley@ntlworld.com

HOW BROMLEY WILL BE AN OLYMPIC WINNER



With its emphasis on private and business charter aviation, the airport can benefit from significant Olympic traffic. To meet the challenge, Biggin Hill has plans in place to expand its terminal, passenger handling and engineering facilities - creating new jobs and much spin-off business.

The 2012 Olympics will undoubtedly give the Capital's economy a very large injection of income. With a successful local airport geared to the Games, the Bromley area will be ready to take its share.

www.bigginhillairport.com

London Biggin Hill Airport



CLOSE TO THE HEART OF LONDON



The 2007/8 Bennett Cup result was: Gary Williams (3rd), John Fenwick (1st), Gary Cook (2nd) This season, it could be you...



Prior to the start of the SLH Mob Match on 8 March 2008 – a good turn out and we WON! We need to keep this winning streak going... Please try and turn out this year. After 97 events the score is SLH 51 wins and Blackheath 46.

Club Awards – Current Holders

Men's Championships:

5 mile XC	Senior – Club '5' Trophy	J Atkinson
	Junior – King-Morrison Trophy	A Littlewood
7 ½ mile XC	Davis Cup	A Gibbins
10 mile XC	Rowland Cup	J Poole
Veterans XC	Browning Trophy	R Smith

Women's Championships:

XC	Senior	J Bradshaw
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Other Trophies

Munro Cup	1 st man home in National XC Champs	M Skinner
Rapley Cup	1 st man home in Southern XC Champs	A Conway
Fooks Cup	1 st man home in Kent XC Champs	A Rayner
Roger Smith Tankard	1 st veteran home in Kent Vets XC Champs	N Ayrton
Allen Cup	1 st home in London Marathon	P Tucker
Ponsford Pewter	1 st veteran home in SLH Mob Match	R Smith
Scotting Salver	1 st handicap in SLH Mob Match	K Pratten
Lanterne Rouge	Last scorer in 'Big 3' Mob Match	J Osman
Chief Whip's Trophy	1 st home in Ted Pepper 10km who appears in all 'Big 3' mob Matches	R Smith (men) J Bradshaw (ladies)
Bennett Cup	Overall handicap competition winner	J Fenwick
Jack Sims Salver	Senior man giving best overall contribution and example during XC season	To be awarded Sep 20
Robert Weeks-Pearson Trophy	Junior giving best overall contribution and example during XC season	A Littlewood
George Cluney Trophy	Senior women giving best overall contribution and example during XC season	To be awarded Sep 20



Every Olympic year we have a Club photo taken – if you missed it, you will have another opportunity in 2012...



The London Marathon Supper, on 16 April 2008, concluded with a show of medals. The Club members raised funds over £6,000+ for the 'Movers & Shakers', IPP Les Roberts' chosen charity.

The following sports shops normally offer a discount to members of the Club on production of this fixture list:

A Sporting Life

Offers 10% on sports items
83 High Street
West Wickham Kent BR4 0LS
Tel: 020 8777 3322

The Runners Shop

Offers 10%
106 Beckenham Road
Beckenham Kent BR3 4RH
Tel: 020 8663 0630

Run and Become

10% on non-sale items
42 Palmer Street
Victoria London SW1H 0PH
Tel: 020 7222 1314



London Biggin Hill Airport

CLOSE TO THE HEART OF LONDON