

Blackheath & Bromley Harriers AC



**Winter Programme
2011/12**



President: Denis Lawrie

Club Headquarters
The Sydney Wooderson Centre
56 Bourne Way, Hayes, Bromley, Kent, BR2 7EY
Tel: 020 8462 3115

www.bandbhac.org.uk



Cross-Country and Road 2011-2012

Fixtures marked **(B)** are **Bennett Cup** events – 9 in total.

All home fixtures start at 14:30 unless otherwise stated.

- * If you want to compete in any of these events contact Con Griffin, 020 8697 3579, at least 6 weeks in advance.

| Date | Venue | Fixture |
|---------------|--------------------------------------|---|
| Sat Sept 17th | Sparrows Den | Will Bolton Memorial XC Relay (B1) |
| Sat Sept 24th | Aldershot, Rushmoor Arena | SEAA 4/6 Stage Women/YA |
| Sun Sept 25th | Aldershot, Rushmoor Arena | SEAA 4/6 Stage Senior Men/Vets |
| Sat Oct 1st | Hayes | Club 5 mile XC Championships (B2) |
| Sat Oct 8th | Swanley, New Barn Park | Kent League (All Cat) 12:00 on |
| Sat Oct 15th | Sutton Park | National Road Relays Senior men/women |
| Sun Oct 16th | Sutton Park | National Road Relays YA |
| Sat Oct 22nd | Chingford | Orion Centenary Mob Match (B3) + Club 7 ½ mile Champs |
| Sat Oct 22nd | Eastbourne | Beachy Head Marathon (off road) |
| Sat Oct 29th | Somerhill School, Tonbridge | Kent League (All Cat) 12:00 on |
| Sat Nov 5th | Berryhill Park, Mansfield | ECCA Relays |
| Sat Nov 12th | Danson Park, Bexleyheath | Kent League (No Senior Men) 12:00 on |
| Sat Nov 19th | Crystal Palace | Bromley Primary Schools races |
| Sat Nov 26th | Richmond Park | Ranelagh Mob Match 7 ½ mile (B4) |
| Sat Nov 26th | Nork Park, Banstead | South of Thames 5 mile * |
| Sat Dec 3rd | Sparrows Den | Kent League (No Senior Women) 12:00 on |
| Sat Dec 10th | Rose Hill School, Tunbridge Wells | Kent Masters XC Champs * |
| Sat Dec 17th | Hayes | Xmas Yacht Handicap 5 mile (B5) |

| | | |
|--------------|--------------------------|--|
| Sat Dec 17th | Roehampton | South of Thames XC Champs * |
| Sun Dec 18th | Brussels | Gaston Roelants 5k/10k Road Race/Euro Cross Cup |
| Mon Dec 26th | Hayes | Fancy Dress Paperchase 11:00 |
| Sat Jan 7th | Willmington GS, Dartford | Kent XC Champs * |
| Sat Jan 14th | Hayes | Open 10k XC (inc Vet champs and match vs Beckenham road runners, Bank of England and THH) (B6) |
| Sat Jan 28th | Stanmer Park, Brighton | SEAA XC Champs * |
| Sun Feb 5th | Hayes | Club 10 mile XC 10:30 (B7) |
| Sat Feb 11th | Parkwood School, Swanley | Kent League (no YA) 12:00 on |
| Sat Feb 25th | Parliament Hill | National XC * |
| Wed Feb 29th | Sparrows Den | Schools races + Mayors Primary School Race |
| Sat Mar 10th | Hayes | South London Harriers Mob Match 7 ½ mile (B8) |
| Sat Mar 10th | Crystal Palace | Bromley Primary Schools XC |
| Sat Mar 24th | Hayes | Closing 5 mile H'cap XC (B9) and Club Photo (13:00) - + AGM (18:00) |
| Sun Apr 22nd | Blackheath | Virgin London Marathon |
| Mon May 7th | Langley Park School | Ted Pepper Memorial 10k |



Entry Fees

Entry for fixtures featuring a Club Championship or Bennett Cup points will cost members £4.00. This does not apply to athletes under 18 years old.

Handicap times are calculated by the Hon Handicapper, so members are kindly requested to blame him for the occasional(!) injustice...

Bennett Cup

This trophy is awarded to the person with the highest aggregate points' score **from the handicap competition** held as part of those events marked **(Bn)** – nine in total. The points for each event will be: 60 points for 1st, down to 1 point for 60th and all other finishers.

Mob Matches

All Club members are expected to compete in Mob Matches, unless in possession of a valid Doctor's Certificate *or* a letter from their mum.

Subscriptions

Members are reminded that Club annual subscriptions are due on 1st January of each year. Members whose subscriptions are in arrears **will not be eligible** to participate in any Club fixture or be selected to represent the Club; in particular they will not be eligible to win any Club Championship.

NOTE: Blackheath & Bromley Harriers AC are affiliated to England Athletics. Participation in events held under UKA rules requires an affiliation levy of £5.00 to be paid.

Those whose subscriptions are more than six months in arrears, put their Club membership at risk.

The current rates of subscription are displayed on the club website and in the Clubhouse.

For more details please contact **Hon Asst Treasurer (Membership):** Steve Pairman 37 Beechwood Rise, Chislehurst, Kent BR7 6TF – 07768768113 (m) stevepair@aol.com



The Senior Men's A Team won silver medals, for a second consecutive year, at the National Cross Country Relays at Mansfield held on 6 November 2010 - fantastic performance lads!!

As 2012 is an Olympic year there will be a group photograph of all members prior to the closing '5' on Saturday 24 March at 13:00

Situations Vacant

As always, there are several vacancies for
Pointsmen (or women) - Timekeepers - Trail-layers

Are you temporarily available (through injury, resting up for a Big Event etc) or permanently (through retirement, the return of sanity or whatever) then why not become one of **The Winter Volunteers?**

They think it is more fun to stand around on the course than get mud up their legs... without them, nobody tells you the route, no times, no marked course!

Timekeeper/Recorder volunteers
please ring Terri Shotton 020 8650 6261

Trail-layer/Pointsmen volunteers
please ring Bob Cliff 020 8295 1295

Social Programme

At the Club Headquarters

| | |
|------------------|--|
| Sat 17 September | Relay Supper - B & B Beer Festival with 'Pub Grub' |
| Fri 14 October | Vice Presidents' Supper |
| Fri 18 Nov | Club Dinner (Black Tie) |
| Sat 17 December | Christmas Dinner (Black Tie) |
| Wed 21 December | Wednesday Nighter's Christmas (Jeans & Fancy Tie) |
| Mon 26 December | Paper Chase – Bar open mid-day |
| Fri 27 January | Burns Night |
| Sun 5 February | Club 10 Roast Lunch (13:00) |
| Fri 10 February | Punch Bowl Night |
| Sat 25 February | National Supper |
| Sat 24 March | Club Photo (13:00) and AGM (18:30) |
| Wed 25 April | Marathon Supper (Any/all London medals to be worn) |

All functions are 19:30 for 20:00 sit down unless otherwise advertised. Hot meals are served at 20:00 on Wednesday evenings and should be booked at the Club House by 19:00 the same day; if necessary, call 020 8462 3115.

Please note the following carefully as failure to do so can cause considerable difficulties for the Wine Committee and may lead to disappointment.

- Members wishing to attend the social functions should inform the Wine Committee, AT THE VERY LATEST, by the Wednesday evening prior to the event.
- Members must also ensure that the Wine Committee is informed whenever they book places but subsequently change their mind. Failure to do so may result in members being expected to pay the wastage costs incurred by the Club. Please bear this in mind particularly when booking for other members or allowing yourself to be booked in by others.
- Remember to sign-in your guests (non-members) in the visitors' book at the Clubhouse bar.

**Interested in helping out at the Clubhouse?
Call David Cordell 07986630255 (m)**

Club Officials

President: Denis Lawrie 4 Gates Green Road, West Wickham, Kent, BR4 9JW 020 8462 1162 (h) dmlawrie162@gmail.com

Club Secretary: Hanna Cordell 35 Hayes Wood Ave, Hayes, Kent BR2 7BG **07905 458678 (m)** cordellhc@ntlworld.com

Hon. Treasurer: David Appleton 6 Elwill Way, Beckenham, Kent BR3 3AD **07768 538339 (m)** dappletonbbhac@me.com

Wine Committee Enquiries: David Cordell 35 Hayes Wood Ave, Hayes, Kent BR2 7BG **07986630255 (m)** cordellid@ntlworld.com

Development Chairman: John Baldwin, 25 Forge Rise, Uckfield, East Sussex TN22 5BU **01825 768193 (h)** johnrbaldwin@tiscali.co.uk

Hon. Publicity and Press Officer: Pat Calnan 57 Crofton Road, Orpington, Kent BR6 8AE 01689 828169 (h) or **07779 052286 (m)** Send your results and reports immediately after the event

Cross Country Team Managers and Officials

Winter Sec & Masters Men (CC & Relays): Con Griffin 020 8697 3579 (h) 07825448875 corneliusgriffin@btinternet.com

Hon. Handicapper: Chris Haines 020 8777 6498 (h)
C.R.Haines@city.ac.uk

Chief Trail Layer: Bob Cliff 020 8295 1295 (h) robert.cliff@btinternet.com

Officials Sec: Terri Shotton 020 8650 6261 (h)
terri@terrishotton.freeserve.co.uk

Head of Winter Active Athletics: John Baldwin – see above

Senior Men: Alex Gibbins, Dave Mckinlay & Richard Hall
bbcrosscountry@gmail.com to contact all 3 - mobile numbers are:
Alex – 07900 808494, Dave – 07739 338769, Richard - 07717 753147

Under 20: Phil Mercer 020 8657 5353 (h) 07949 185603 (m)
Philboy251@aol.com

Under 17/15/13 Boys: Paul Austridge 07710 094846

paulaustridge@me.com

Senior Women: Co- Managers

Jane Bradshaw 07941 698141 - 020 8560 7126

bradshort@virginmedia.com

Jennie Butler 07739 171 827 jenniezbutler@hotmail.com

Under 20/17/15/13 Girls: Andy Frankish 0208 402 7735

lomagolf8@ntlworld.com & Hannah Cordell 07905 458678

cordellhc@ntlworld.com

Coaching

Norman Park. Various groups from 18:00 – 20:30 Monday, Tuesday, Wednesday & Thursday. Contact John Blackie (see below for details)

Ladywell – Monday and Wednesday 18:00 – 19:45 Age 11 upwards.

Contact Michelle Bovell 07930 191345

Crystal Palace – Tuesdays 18:00 – 19:30 for athletes who have been sent by team managers or other coaches. Contact Michelle Bovell 07930 191345

Bees Academy – School years 4, 5, 6 and 7. Norman Park Athletics track. www.thebeesacademy.com for details or contact John Blackie (see below)

Coaching Co-ordinator – John Blackie 020 8325 0241 (h) 07768 120519

john@johnblackie.com

Child Protection

In accordance with the guidelines issued by the England Athletics, the Club have drawn up a Policy and Procedures, and appointed a Child Officer. The procedures will apply to any Club member, or volunteer helper, who works with or is involved with children (under 18) during activities in athletics.

All our coaches have been or are being subjected to a CRB check.

The Club's Welfare Officer is Brian Power 142 Sevenoaks Road, Orpington, Kent BR6 9JZ 01689 602788 07919490365 (m) power.b@sky.com, assisted by Helen Godsell 18 Church Road, Warlingham, CR6 9NU. Tel. 01883 622573

Norman Park Track

Annual season tickets for the use of Norman Park track are available to Club members at a special reduced price. Tickets run from 1 April 2010 and application forms, which require a passport photo, can be obtained from the Track Manager during opening times.

12 Months Adult £160.00 (£265 for non Club members) Under 18's £105.00 (£175)

6 Months Adult £105.00 (£180) Under 18's £75.00 (£125)

Alternatively daily tickets are available as follows:

Adult £3.50

Under 18's £2.50

Please ensure your Club subscriptions are up to date when applying for a reduced rate pass as the rejection of a pass application can offend!

Winter Opening Times

Monday 18:00 to 21:00

Tuesday, Wednesday, Thursday 11:00 to 16:00 18:00 to 21:00

Saturday 09:00 to 13:00

Sunday 09:00 to 13:00

Norman Park Track Tel: 020 8462 5134

normanpark@btconnect.com - www.nptm.co.uk

Club Kit

The official Club Kit is obtainable from Margaret Baldwin on 01825 768193 moo.b@tiscali.co.uk. Kit will also be available at the Clubhouse at various home matches and from Heather Williamson, in the tearoom, at Norman Park Track.

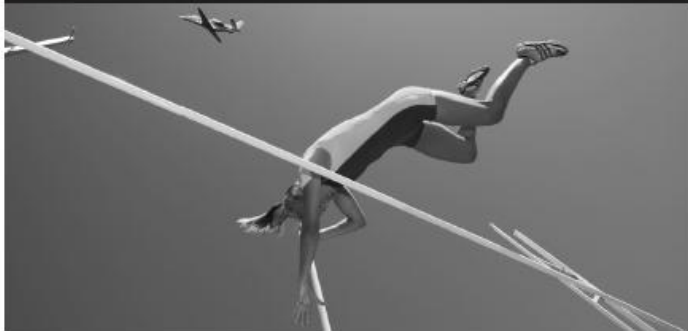
The 200 Club

A valuable contributor to Club funds. Prizes - for ten months 1 x £50 & 2 x £25 plus two biggies (summer & christmas), of around £400. Full details from Roger Counter 01689 827447 roger.counter2@virginmedia.com

Lottery

The members' National Lottery Syndicate raises funds for the Club and gives subscribers the opportunity to benefit, if or when, we are fortunate to have another big win. Details from Brian Hartley 020 8325 7984 june.brianhartley@ntlworld.com

HOW BROMLEY WILL BE AN OLYMPIC WINNER



With its emphasis on private and business charter aviation, the airport can benefit from significant Olympic traffic. To meet the challenge, Biggin Hill has plans in place to expand its terminal, passenger handling and engineering facilities - creating new jobs and much spin-off business.

The 2012 Olympics will undoubtedly give the Capital's economy a very large injection of income. With a successful local airport geared to the Games, the Bromley area will be ready to take its share.

www.bigginhillairport.com

London Biggin Hill Airport



CLOSE TO THE HEART OF LONDON



The season gets underway with the Cross-Country Relays.
This is the first of the nine Bennett Cup counting races



The 2010/11 final result was: Steve Hollingdale 2nd, Mark Compton 1st & David Carton 3rd after the Closing 5 - 26 March 2011



Last year's annual Mob Match against Ranelagh Harriers

Although the first inter-club race with Ranelagh Harriers was in 1886 it was not until 1907 that a match was run on an "all to score" or "mob match" basis. Subsequently it was agreed that the number to score would be that of the club with the smaller numerical strength, less three. This became established as the standard scoring method for all mob matches.



We also have Mob Matches against other clubs – the above was taken prior to the start of last year's Orion Match



Social functions take place at the Clubhouse throughout the year. This is the 'under the clock at one o'clock' photo from the Annual Dinner last year.



The C-C officials waiting for the last runner of the last race of last year...

Club Awards – Current Holders

Men's Championships:

| | | |
|-------------|-------------------------------|--------------|
| 5 mile XC | Senior – Club '5' Trophy | A Littlewood |
| | Junior – King-Morrison Trophy | W Mercer |
| 7 ½ mile XC | Davis Cup | A Gibbins |
| 10 mile XC | Rowland Cup | D Ryan |
| Veterans XC | Browning Trophy | N Kinsey |

Women's Championships:

| | | |
|-----------|--------|------------|
| 5 mile XC | Senior | J Bradshaw |
|-----------|--------|------------|

Other Trophies

| | | |
|-----------------------------|--|-------------------------|
| Munro Cup | 1 st man home in National XC Champs | M Skinner |
| Rapley Cup | 1 st man home in Southern XC Champs | A Littlewood |
| Fooks Cup | 1 st man home in Kent XC Champs | A Littlewood |
| Roger Smith Tankard | 1 st veteran home in Kent Vets XC Champs | K May |
| Allen Cup | 1 st home in London Marathon | K May |
| Ponsford Pewter | 1 st veteran home in SLH Mob Match | C Keen |
| Scotting Salver | 1 st handicap in SLH Mob Match | C Jones-Baldock |
| Lanterne Rouge | Last scorer in 'Big 3' Mob Match | P Lovell |
| Chief Whip's Trophy | 1 st home in Ted Pepper 10km who appears in all 'Big 3' mob Matches | S Pairman J Eastbury |
| Bennett Cup | Overall handicap competiion winner | M Compton |
| Jack Sims Salver | Senior man giving best overall contribution and example during XC season | A Littlewood |
| Robert Weeks-Pearson Trophy | Junior giving best overall contribution and example during XC season | P Sesemann |
| George Cluney Trophy | Senior women giving best overall contribution and example during XC season | Jennie Butler |

The following sports shops normally offer a discount to members of the Club on production of this fixture list:

A Sporting Life

Offers 10% on sports items
83 High Street
West Wickham
Kent BR4 0LS
Tel: 020 8777 3322

The Runners Shop

Offers 10%
106 Beckenham Road
Beckenham
Kent BR3 4RH
Tel: 020 8663 0630

Run and Become

10% on non-sale items
42 Palmer Street
Victoria
London SW1H 0PH
Tel: 020 7222 1314

The Running Hub

Offers 10%
148 London Road
Southborough
Tunbridge Wells
Kent TN4 0PJ
Tel: 01892 530559



London Biggin Hill Airport

CLOSE TO THE HEART OF LONDON